

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
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POA-558/Athletics/502
22nd December, 2020

Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Subject: **SUSPENSION OF THE RECOGNITION / MEMBERSHIP OF ATHLETICS FEDERATION OF PAKISTAN WITH PAKISTAN OLYMPIC ASSOCIATION (NOC PAKISTAN)**

Dear Sir,

1. In pursuance of the decision of the Executive Committee of Pakistan Olympic Association (NOC Pakistan) and advice of the Anti – Doping Organization of Pakistan (NADO Pakistan), the recognition / membership of the Athletics Federation of Pakistan (AFP) is hereby suspended effective immediately.
2. The suspension is based on following statutes and facts.
 - a. Three national athletes belonging to the sports of Athletics were charged with Anti – Doping Rules Violation (ADRV) as per Article 2 of the WADA Code [**Presence of a Prohibited Substance or its Metabolites or Markers in an Athlete's Sample**] in an in-competition testing conducted by the Anti Doping Committee of 13th South Asian Games, 2019 during the 13th South Asian Games, Nepal held in 2019.
 - b. Consequently upon conclusion of the Result Management Process, these three athletes falling under the jurisdiction of AFP namely Mr. Mehboob Ali, Mr. Muhammad Naeem and Mr. Sami Ullah have been banned for four years by the Anti – Doping Committee of 13th South Asian Games, Nepal from participating in any sporting activity and this ban has since been duly adopted and confirmed by the three named athletes, the World Athletics, NOC Pakistan and AFP. The competent authority had relied upon and intimated that the ban has been imposed in accordance with WADA Codes Article 7.1.1, 10.2.1, 10.2.1.1 and 10.8
 - c. While it is a fact that eventually it is the Athlete who is essentially responsible for his act of doping, in our environment, the athlete may not be acting alone and therefore the aspect of complicity should never be ruled out. The relationships between the athlete who takes the banned substances and the people who make them available to the athlete are important. The role / assistance of the coaches, trainers, sports medicine advisors, therapists, or other support personnel in determining complicity (or even otherwise) is considered essential as encouraging or assisting athletes to use prohibited substances or methods is also considered a serious doping violation. Coaches and other technical staff are a critical part of that process, with responsibilities that extend far beyond just helping an athlete develop in sport. Recognizing the profound influence coaches have, the World Anti-Doping Code outlines roles and responsibilities for these important role models, as well as other athlete support personnel, all of who help athletes engage in competition. Like the athletes they support, coaches are responsible for observing and upholding regulations outlined by the Code. It is therefore essential that “upstream perpetrators” if any, are also uncovered. This is also the essence of Article 20.4.10 of the Anti Doping Code of WADA that categorically states, [**To vigorously pursue all potential anti-doping rule violations within their jurisdiction including investigation into whether Athlete Support Personnel or other Persons may have been involved in each case of doping**].

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- d. Therefore consequent upon the issuance of notices of three ADRVs, the Executive Committee of POA exercising its power vested in it by the Article X – 6 (xvi) [*To do all such other things as may be incidental or conducive to the attainment of the aims, objects and role of the POA*] decided to hold the Probe into the doping cases.
- e. In accordance with the Article 12 of Anti – Doping Rules of Anti – Doping Organization of Pakistan (ADOP), ADOP had also advised POA to proceed with the inquiry considering Article 12.3.2 of Anti Doping Rules of ADOP [*“ADOP may elect to request the National Olympic Committee of Pakistan to take additional disciplinary action against National Federations with respect to recognition, the eligibility of its officials and Athletes to participate in International Events and fines based on the following: 12.3.2 More than one Athlete or other Person from a National Federation commits an Anti-Doping Rule violation during an International Event.”*]
- f. The Probe Committee thus formed, submitted its report and intimated that the Athletics Federation of Pakistan (AFP) has refused to cooperate or comply with the directions of the Executive Committee of POA in terms of extending cooperation with the Probe Committee by REFUSING to provide information, documents and arrange personal appearance of the Athletes, Coaches and other support personnel as was requisitioned by the Probe Committee on 19th October, 2020 and 20th October, 2020 including a request to Secretary General Athletics Federation of Pakistan to be present in the POA office on 25th October, 2020. However to the contrary, the AFP passed instructions to the concerned athletes and athlete support personnel **NOT** to appear before the Probe Committee thus hindering and obstructing the Probe into the doping offences.
- g. The Executive Committee, despite all these grave violations, still rendered a final opportunity to AFP to comply with the instruction set forth in accordance with the Constitution of POA, Anti Doping Code of WADA, Anti Doping Rules of Anti Doping Organization of Pakistan and Anti Doping Rules of World Athletics by serving AFP with a letter of instructions on 03rd December, 2020 attached as **Annex A** with an advice to comply with the instructions within fifteen days. This deadline expired on 18th December, 2020.
- h. The Probe Committee has intimated that Athletics Federation of Pakistan has even now not cooperated with the Probe Committee. It has **not** furnished the performance chart of athletes as well as has not ensured the presence of individuals requisitioned by the Probe Committee vide emails dated 07th & 08th December, 2020. Thus Athletics Federation of Pakistan has once again failed to comply with the instructions of POA despite the provision of a final opportunity.
- i. It has now been ascertained that:-
 - i. AFP failed to deliver strong doping controls and Anti-Doping Program that resulted in three Anti-Doping Rules Violations by the athletes belonging to the sports of Athletics in one international competition i.e. 13th South Asian Games, 2019.
 - ii. AFP conducted negligently by not intimating the concerned authorities of the sample collection of its athletes vide its Manager’s Report or other means that resulted in disbursement of cash awards to the three positive and five other athletes who participated in the five track events, results of which stand disqualified on account of Anti Doping Rules Violation.
 - iii. It has also been noted that despite lapse of four months, forfeiture and return of medals / cash awards etc. by the banned athletes and others who participated in the

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five track events is still pending. The athletes other than those found positive have also not been directed to return medals / cash awards. This constitutes violation of following:-

- 1) Article 9 of the World Anti – Doping Code [*An anti-doping rule violation in Individual Sports in connection with an In-Competition test automatically leads to Disqualification of the result obtained in that Competition with all resulting Consequences, including forfeiture of any medals, points and prizes*]
 - 2) Article 9.1 of World Athletics' Anti – Doping Rules [*An Anti-Doping Rule Violation in connection with an In-Competition test automatically leads to Disqualification of the Athlete's individual results obtained in that Event, with all resulting consequences, including forfeiture of any medals, titles, awards, points and prize and appearance money. In addition, further results obtained by the Athlete in other Events may be Disqualified, in accordance with Rule 10.1 (same Competition) and/or Rule 10.8 (subsequent Competitions)*]
 - 3) Article 11.1 of World Athletics' Anti – Doping Rules [*Where the Athlete who has committed an Anti-Doping Rule Violation competed as a member of a relay team, the relay team shall be automatically Disqualified from the Event in question, with all resulting consequences for the relay team, including the forfeiture of all titles, awards, medals, points and prize and appearance money...*].
- iv. In violation of the directions of the POA, AFP not only hindered / obstructed the probe proceedings by not furnishing the information and data requested by the Probe Committee but also refused to arrange the personal appearance of the athletes and officials before the Probe Committee. In fact it went to the other extreme by passing orders to concerned athletes and officials to NOT appear before the Committee. This act of AFP has been noted as a serious act of obstruction to hinder the Probe Committee from ascertaining the true facts and determining the potential risks and stumbling blocks associated with the doping controls. The reluctance to cooperate could also be indicative of an act of complicity as the Probe Committee was restricted from ascertaining how and why the internal doping control of AFP were breached. It is mandatory for the AFP to comply with the directions passed by the General Council, Executive Committee or President as is stipulated in Article VI (v-b & c) [*Any individual belonging to the Olympic Movement of Pakistan and all the affiliated units of POA and their members shall comply with the Olympic Charter, Constitution of POA and directions and the decisions of IOC and POA in letter and spirit. Failure to do so shall render them liable to actions as approved by the POA's General Council / Executive Committee / President. & To attain and retain affiliation or recognition of POA, compliance of the Olympic Charter and provisions of Constitution of POA is binding upon all the members of the General Council.*]
- v. AFP passed specific instructions to its athletes and concerned officials NOT to appear before the Probe Committee thereby obstructing not only the due process but also violated Rule 2.11.1 of the WADA Code which states [*Any act which threatens or seeks to intimidate another Person with the intent of discouraging the Person from the good-faith reporting of information that relates to an alleged anti-doping rule violation or alleged non-compliance with the Code to WADA, an Anti-*

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Doping Organization, law enforcement, regulatory or professional disciplinary body, hearing body or Person conducting an investigation for WADA or an Anti-Doping Organization.] Thus the cooperation of athletes and others who are willing to acknowledge their mistakes and are willing to step forward to bring anti-doping violations to light, an aspect, which is essential to clean sport, was denied to the Athletes and hampered an essential element of the investigation.

- vi. The right vested to the athletes in accordance with Article 10.6 of the WADA Code *[Elimination, Reduction, or Suspension of Period of Ineligibility or other Consequences for Reasons other than Fault {10.6.1 Substantial Assistance in Discovering or Establishing Anti-Doping Rule Violations}]* is being persistently denied as the Athletes have been refrained for availing the opportunity for a reduction in the athlete's period of ineligibility to be reduced significantly if he or she provides "substantial assistance" to an Anti-Doping Organization or prosecuting authority or professional disciplinary body that results in the Anti-Doping Organization bringing a new case against someone else (or discovering the possibility to do so) by fully cooperating with the authorities.
- vii. The President of AFP also approached certain members of the Executive Committee of the NOC as well as members of the Probe Committee to do away with the enquiry. This is again indicative of and reflects some sort of complicity on part of the AFP, which needs to be investigated.
- viii. It has been noted that AFP has failed to furnish the details of particular instances (decisions of WADA) to substantiate AFP's purported accusation dated 24th October, 2020 vide their letter stating that "Any probe / investigation at this stage after the conclusion of the case by WADA authorities as per WADA rules speaks of mistrust, lack of good faith and dissatisfaction with the decision of WADA authorities by POA. All and sundry must exercise good prudence and sound judgment before challenging the decision of World Authority on the subject. We also consider it an objectionable transgression by POA of its jurisdiction to probe/investigate the coaches and athletes of AFP. It tantamounts to undermining the constitutional authority and autonomy of AFP which we have pledged to preserve at all costs. AFP is the sole authority to investigate such matters of our athletes."
- ix. The failure of AFP to implement proper anti-doping policies, evident from the three anti-doping violations in one international competition, in itself is detrimental for the Olympic Movement of Pakistan, as it propagates negative image of not only the NOC but also the country and the Olympic Movement. Anti-Doping Rules violations are undesirable and unacceptable activity that brings discredit to the country and Olympic Movement of Pakistan. Three doping failures in just one international competition also establishes that AFP is not in a position to ensure compliance of its athletes with the relevant anti-doping regulations.
- x. In this context AFP's not just reluctance but an absolute resistance to any factual determination is most surprising and needs to be gone into.
- j. POA has considered following statutory authorities, obligations, documents and decisions:
 - i. Mission and Role of National Olympic Committee defined in Chapter 4 – Article 27 (2.6) of Olympic Charter *[to adopt and implement the World Anti-Doping Code]*

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- ii. Roles and Responsibilities defined in Article 20.4 of WADA Code in particular 20.4.2 [*To require as a condition of membership or recognition that National Federations' anti doping policies and rules are in compliance with the applicable provisions of the Code, and to take appropriate action to enforce that condition*], 20.4.2. [*To respect the autonomy of the National Anti-Doping Organization in their country and not to interfere in its operational decisions and activities.*] and 20.4.10 [*To vigorously pursue all potential anti-doping rule violations within their jurisdiction including investigation into whether Athlete Support Personnel or other Persons may have been involved in each case of doping*]
- iii. Anti – Doping Rules of Anti Doping Organization of Pakistan in particular
 - 1) Article 1.2.1 [*As a condition of receiving financial and/or other assistance from the Government of Pakistan and/or the National Olympic Committee of Pakistan, each National Federation of Pakistan shall accept and abide by the spirit and terms of Pakistan's National Anti Doping Program and these Anti-Doping Rules, and shall incorporate these Anti-Doping Rules either directly or by reference into their governing documents, constitution and/or rules as part of the rules of sport that bind their members and Participants.*]
 - 2) Article 12.3 reproduced in para B – 5 above.
- iv. Statutes of the POA
 - 1) Article V – 16 [*Take disciplinary action against any Member Unit for misbehavior of its athletes/officials or any undesirable activity bringing discredit to the country and sports or violating the Olympic Charter.*]
 - 2) Article V – 19 [*To adopt and implement the World Anti-Doping Code, thereby ensuring that the Pakistan Olympic Association's anti-doping policies and rules, membership and / or funding requirements and results management procedures conform to the World Anti-Doping Code and respect all the roles and responsibilities for NOC's that are listed within the World Anti-Doping Code.*]
 - 3) Article VI (v-b & c) [*Any individual belonging to the Olympic Movement of Pakistan and all the affiliated units of POA and their members shall comply with the Olympic Charter, Constitution of POA and directions and the decisions of IOC and POA in letter and spirit. Failure to do so shall render them liable to actions as approved by the POA's General Council / Executive Committee / President. & To attain and retain affiliation or recognition of POA, compliance of the Olympic Charter and provisions of Constitution of POA is binding upon all the members of the General Council.*]
 - 4) Article IX (6 – xv) [*To take suitable action against Sportsmen/ Organizers/ Member Units for misconduct.*]
- v. Statutes of the AFP in particular
 - 1) Article 4.1 (f) [*protect clean athletes in Athletics by applying and enforcing the World Anti-Doping Code including implementing rules, programs, systems and disciplinary measures*]

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- 2) Article 4.2 (i) [*To ensure the observance of Anti Doping Code of WADA and PADA duly approved by the IOC and POA and fight against doping and use of substances and procedures prohibited by the IOC or the IAAF*]
 - vi. The deliberations and decision of the Executive Committee of POA taken in its meeting held on 08th August 2020 to hold detailed probe into the cases and for the purpose constitute the Probe Committee.
 - vii. Advice of the Anti Doping Organization of Pakistan to proceed with inquiry in accordance with Article 12.3 of the Anti Doping Rules of Anti Doping Organization of Pakistan stipulating additional disciplinary measures against the Federation in case of more than one athlete is found positive in one international competition.
 - viii. The deliberations and decision of the Executive Committee of POA taken in its meeting held on 21st November, 2020 detailing compulsory actions for compliance by AFP till 18th December, 2020 failing which the AFP shall stand suspended.
 - ix. The report of the Probe Committee adopted and approved by the Executive Committee of POA in its meeting held on 21st November, 2020 in particular.
 - x. Letter of instruction served upon AFP on 03rd December, 2020.
 - xi. AFP's non – compliance with the instruction of POA communicated vide letter at Annex A and the letter received from AFP on 18th December, 2020 contents of which have been refuted accordingly.
- k. POA has also taken into account the statement of AFP that it is fully cognizant of the WADA Anti – Doping Code and that the AFP is bound to follow Anti – Doping Rules of World Athletics.
3. During the course of suspension AFP shall not be entitled to any rights, facilities and roles entrusted to the affiliates of POA. Athletes of sports of Athletics, except from those banned for doping offences, shall retain their right to participate in national as well as international competitions and be facilitated, after due process, in particular the Olympic or regional Games during the course of suspension as athletes of the NOC.
4. During the course of the suspension, any violation of the Constitution of POA or other applicable Rules and By – Laws, by Athletics Federation of Pakistan or its management shall be dealt in accordance with the applicable statutes.
5. To regain the recognition / membership, Athletics Federation of Pakistan shall have to comply with following instructions:
 - a. Establish a comprehensive whistle-blowing program that is easily accessible by their athletes, officials and concerned personnel to report any instance related to doping or doping practices.
 - b. Furnish the data and information as requisitioned by the POA.
 - c. Arrange the presence of the athletes and officials before the POA/Probe Committee.
 - d. Ensure return of the medals and cash awards by the athletes of five track events results of which stand disqualified subsequent to three adverse analytical findings of national athletes who secured medals in five track events.

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- e. Adopts policies, procedures and rules in line with the WADA Code, rules of World Athletics, Anti – Doping Rules of Anti – Doping Organization of Pakistan and directions of POA and such policies, procedures and rules shall be disseminated to all athletes their support personnel and officials of Athletics Federation of Pakistan.
 - f. Conduct at least 03 x annual programs (seminars / webinars) to disseminate the knowledge / information regarding harms of doping and the doping controls including policies, procedures and rules specially for its athletes and support staff.
 - g. Cooperate with the sports organizations and Anti - Doping authorities in terms of sharing of data, information and or appearing in person before competent forums etc. Any instance of non – cooperation under any pretext shall be treated an offence for necessary measures.
 - h. Comply in all terms with Constitution of POA.
6. POA shall constitute an inspection team to evaluate the compliance of aforementioned instructions (a-h) and in particular the doping controls enforced by the Athletics Federation of Pakistan. The inspection team will initiate evaluation within thirty days upon receiving a written request from Athletics Federation of Pakistan for reinstatement of membership with POA.
 7. The inspection team upon concluding the evaluation shall submit its report within sixty (60) days to the Executive Committee of POA for its consideration and decision as deemed appropriate.
 8. This is issued with the approval of the competent authority.


Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association



Copy to:

- Lt Gen (R) Syed Arif Hasan HI(M), President, Pakistan Olympic Association.
- Mr. Jerome Poivey, Head of Institutional Relations, IOC.
- Mr. Husain Al Musallam, Director General & Technical Director, Olympic Council of Asia.
- Compliance Unit of WADA.
- World Athletics.
- Asian Athletics Association.
- Federal Secretary, Ministry of IPC.
- Director General, Pakistan Sports Board.
- Dr. Waqar Ahmad, Chairman ADOP – referring his email dated 15th Sep, 2020.
- Affiliates of Pakistan Olympic Association.

Subject ATHLETICS FEDERATION OF PAKISTAN'S REFUSAL TO COOPERATE FOR PROBE INTO ANTI DOPING RULES VIOLATIONS AND ASSESSMENT OF ANTI DOPING CONTROLS IN THE SPORTS OF ATHLETICS



From Pakistan Olympic Association <info@nocpakistan.org>

To Athletics Federation of Pakistan <pak@mf.worldathletics.org>

Cc <president@nocpakistan.org>, <compliance@wada-ama.org>, <drwaqarahmad@live.com>, <trainingpsb@yahoo.com>, <infopsb@sports.gov.pk>, <info@worldathletics.org>, <info@athleticsintegrity.org>

Date 03-12-2020 5:17 pm

-
- 538 - AFP (Doping Controls in the Sports of Athletics).pdf (~305 KB)
 - Annex-A (Report).pdf (~23 MB)

Dear Sir,

Please find attached a letter on the above subject alongwith its enclosure for your information and further necessary action.

Best regards,

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

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POA-538/MGS/814
03 December, 2020

Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Subject: **ATHLETICS FEDERATION OF PAKISTAN'S REFUSAL TO COOPERATE FOR PROBE INTO ANTI DOPING RULES VIOLATIONS AND ASSESSMENT OF ANTI DOPING CONTROLS IN THE SPORTS OF ATHLETICS**

Dear Sir,

1. Reference is made to the three Adverse Analytical Findings of national athletes of team Athletics who were tested and found positive in one international competition i.e. 13th South Asian Games, Nepal.
2. The Executive Committee of Pakistan Olympic Association in its meeting held on 08th August, 2020 decided to constitute a Probe Committee with a mandate to hold detailed inquiry into the dope cases.
3. In accordance with the directions of the Executive Committee of POA, the Probe Committee has submitted its report attached as **Annex A** consisting of 824 pages that has unanimously been adopted and approved for implementation.
4. The Executive Committee has dismissed the contentions of the AFP sent vide its letters dated 30th August, 2020 and 24th October, 2020.
5. It has also been decided to take necessary action against AFP on the advice of Anti Doping Organization of Pakistan in terms of Article 12 of the Anti – Doping Rules of Anti – Doping Organization of Pakistan in particular Article 12.3 referring to more than one Anti – Doping Rules Violation by the athletes or other person in one international competition.
6. The Executive Committee of Pakistan Olympic Association has expressed disappointment on the blatant refusal and obstructions committed by AFP's in particular by not furnishing the information and data requested by the Probe Committee and by refusing to arrange the personal appearance of the athletes and officials before the Probe Committee as well as passing on the directions to concerned athletes and officials to not appear before the Committee. This act of AFP has been noted as an act of obstruction to hinder the Probe Committee from ascertaining the potential risks associated with the doping offences and an act of complicity as the Probe Committee was constrained from ascertaining why internal doping control of AFP were breached.
7. In pursuance of the decision of the Executive Committee of POA, AFP is hereby directed to comply with following decisions within 15 days of issuance of this letter failing which the recognition of the Athletics Federation of Pakistan shall stand suspended:
 - a. In accordance with the mandate of the NOC Pakistan vested by the Article 20.4 of the World Anti – Doping Code, furnish the data and information as requisitioned by the Probe Committee in particular the performance chart of the three athletes who tested positive
 - b. In accordance with the mandate of the NOC Pakistan vested by the Article 20.4 of the World Anti – Doping Code, arrange the presence of the athletes and officials before the Probe Committee as per

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- the schedule to be issued by the Probe Committee. It is the discretion of the Probe Committee to call athletes and officials on random basis and AFP shall withdraw its letters copied to athletes and officials intimating refusal to cooperate with the Probe Committee.
- c. In accordance with Article 9 of the World Anti – Doping Code and Article 9.1 and 11.1 of World Athletics’ Anti – Doping Rules ensure return of the medals and cash awards by the athletes of five track events results of which stand disqualified subsequent to three adverse analytical findings of national athletes who secured medals in five track events. AFP must ensure that its athletes return the medals to the POA Secretariat along with letters confirming return of cash prizes if awarded by Army Sports Directorate, WAPDA Sports Board and Pakistan Sports Board.
 - d. Submission of supplementary / updated Manager Report mentioning the Sample Collection of athletes detailing the names of eight athletes, as has been provided by AFP to POA, along with remaining three Doping Control Forms.
 - e. Submit an undertaking to comply with the Constitution of POA and directions of the competent forums of POA in all aspects.
 - f. Furnish the details of particular instances (decisions of WADA) to substantiate AFP’s purported accusation dated 24th October, 2020 vide a letter stating that ***“Any probe / investigation at this stage after the conclusion of the case by WADA authorities as per WADA rules speaks of mistrust, lack of good faith and dissatisfaction with the decision of WADA authorities by POA. All and sundry must exercise good prudence and sound judgement before challenging the decision of World Authority on the subject. We also consider it an objectionable transgression by POA of its jurisdiction to probe/investigate the coaches and athletes of AFP. It tantamounts to undermining the constitutional authority and autonomy of AFP which we have pledged to preserve at all costs. AFP is the sole authority to investigate such matters of our athletes.”***
 8. The compliance of the aforementioned points must be made and communicated on or before 18th December, 2020.
 9. POA, shall examine and continue further evaluation to ascertain the compliance status of Athletics Federation of Pakistan with the Constitution of POA and WADA Code mandatory for AFP to attain and retain membership with POA.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Copy to:

1. Lt. Gen (R) Syed Arif Hasan HI(M), President Pakistan Olympic Association.
2. Compliance Unit of WADA.
3. Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan.
4. Director General, Pakistan Sports Board.
5. World Athletics.
6. Athletics – Integrity Unit.

POA PROBE COMMITTEE (13TH SAG - DOPE TEST)

COMMITTEE REPORT

BACKGROUND

1. During the 13th South Asian Games (SAG) held in Katmandu, Nepal from 1 to 10 December 2019, sample of ten (10) x Pakistani athletes were collected for analysis by the 13th SAG Anti – Doping Committee. Details are as under:-

- a. 5 x athletes of the Athletics Federation of Pakistan (AFP)
- b. 1 x athlete of the Pakistan Boxing Federation (PBF)
- c. 1 x athlete of the Pakistan Karate Federation (PKF)
- d. 1 x athlete of the Pakistan Squash Federation (PSF)
- e. 2 x athletes of Pakistan Weightlifting Federation (PWF)

2. The 13th SAG Anti – Doping Committee in accordance with the rules and regulations of the Anti – Doping Authority of the Major Event Organization (MEO) i.e. 13th SAG, Nepal, completed the sample collection (urine) and sent it to Qatar Laboratory for Analytical Analysis.

3. Three (3) x athletes of the AFP were tested positive in an “***in – competition***” sampling conducted by the 13th SAG Anti – Doping Committee. The Adverse Analytical Findings (AAF) and related documents are attached as **Annex A**.

4. AFP Management initially intimated that they were unaware of any doping tests of their athletes during the 13th SAG 2019 and no intimation of sample collection were shared with the 13th SAG Contingent Chef-de-Mission, Contingent Secretary and POA. However, once inquired by the POA, the AFP informed the POA via WhatsApp text that the 13th SAG Anti – Doping Committee, collected samples of eight (8) x athletes. AFP WhatsApp text message is attached as **Annex B**.

5. AFP Team Manager’s Report submitted to the POA did not make a mention of any sample collection by the 13th SAG Anti – Doping Committee for doping analysis. Team Manager’s Report of AFP is attached as **Annex C**.

6. Two (2) x athletes of the AFP requested for B Sample Analysis. Whereas, one (1) x athlete did not request for B Sample Analysis.

7. Before conclusion of Result Management Process (RMP) and while the three (3) x drug positive athletes were suspended by the 13th SAG Anti-Doping Committee, the AFP on 26th May 2020 at its own constituted an inquiry committee to probe the matter and provisionally suspended already suspended athletes. However, the POA vide its letter number POA-108/MGS/13th SAG dated 29 May, 2020 advised AFP that “***Till such time that all AAFs procedures and formalities are completed the panel detailed by AFP should be put on hold pending final clearance. At this point in time, we will wait for the final conclusion of AAFs to take further measures***”. On 3rd June 2020, AFP vide their email dated 4 June 2020 intimated the POA that “***As the athletes have been placed under temporary suspension on administrative grounds further proceedings will be taken as per relevant WADA rules and AFP's Constitution in due course of time***”. All correspondence between the POA and AFP is attached as **Annex D**.

8. On 8th August 2020, the Executive Committee of the POA in its meeting deliberated upon these doping offences and unanimously decided to hold a probe into the matter. Relevant extract of the Minutes of the POA Executive Committee Meeting are attached as **Annex E**.

9. In pursuance to the POA Executive Committee directive, on 26th August 2020, the POA constituted a Probe Committee vide its Notification number POA-265/MGS/814 dated 26 August 2020. Copy attached as **Annex F**.

10. On 30th August 2020, the AFP through its email forwarded their letter number AFP/C-16/14/20 dated 30th August 2020, that was addressed to the POA with a copy to all Members of the POA Probe Committee, stating that “***notification issued vide No. POA-265/MGS/814 dated 26th August, 2020 be withdrawn as no further proceedings are necessary***”. Copy attached as **Annex G**.

PROBE COMMITTEE PROCEEDINGS

11. As a sequel to the POA's Notification, the Probe Committee continued with the proceedings, with a view to explore / investigate reasons and causes that resulted in AAF of three (3) x athletes representing AFP and to subsequently examine the doping controls in place by all NSFs of Pakistan including the awareness level of current athletes and officials as a whole sports fraternity.

12. The Probe Committee was given a deadline to conclude its investigation / inquiry / findings within thirty (30) x days from the date of issue of the POA Notification. However, upon request by the Probe Committee, POA extended the deadline due to the reason that the volume of data and information required was enormous.

13. The Probe Committee discharged its obligation within the limited powers available in the context of an investigation, information and data collected from the POA, NADO and all NSFs.

14. The Probe Committee held five (5) x meetings to probe into the matter as per the POA Notification TORs. Meeting details are as under:-

- a. 1st Meeting was held on 1st September 2020 at 4:30 pm at POA House, Lahore
- b. 2nd Meeting was held on 14th September 2020 at 4:30 pm at POA House, Lahore
- c. 3rd Meeting was held on 7th October 2020 at 4:30 pm at POA House, Lahore
- d. 4th Meeting was held on 25th October 2020 at 11 am at POA House, Lahore
- e. 5th Meeting was held on 3rd November 2020 at 4:30 pm at POA House, Lahore

15. The Probe Committee acquired information from all the NSFs through a questionnaire, which is attached as **Annex H**.

16. The Probe Committee acquired information from the ADOP/NADO through a questionnaire, which is attached as **Annex I**.

17. The Probe Committee acquired information from the POA through an email, which is attached as **Annex J**.

18. The Probe Committee asked AFP vide its email dated 19th October 2020 to arrange a session of Probe Committee with athletes (proved drug positive), their trainers, coaches and Team Officials / Leaders who participated in 13th SAG 2019. However, AFP vide their letter number AFC/C-16/15/20 dated 24th October 2020 intimated that “***we have serious reservations about the need of a probe and its outcome due to our past experience and biased attitude of the POA officials. There is no precedence of any other such probe by POA previously, whereas certain sportsmen from other Federations have been found guilty and punished in the past. In view of above, it is regretted to inform you that availability / presence of any individual cannot be confirmed at this stage***”. Copy of email and letter is attached as **Annex K**.

19. The Probe Committee also asked AFP vide its email dated 20th October 2020 to provide athlete’s (proved drug positive) performance chart intimating their performance since last five (5) x years. However, they did not provide the same. Copy of email is attached as **Annex L**.

20. During the course of Probe Committee investigation, it was revealed that the President AFP has contacted the President POA and asked for a personal meeting on ongoing doping issue. However, the meeting could not be held due to the reason that the venue of the Meeting i.e. POA House, Lahore was not acceptable to the President AFP. The Probe Committee critically examined the contents of the conversation that took place between the President POA and President AFP. Relevant extracts of conversation (on WhatsApp) are attached as **Annex M**.

21. The Probe Committee reviewed the recommendation of the ADOP / NADO made vide their email dated 15th September 2020 addressed to the POA, to proceed with the inquiry in accordance with Article 12.3 and 12.3.2 of the Anti-Doping Rule of ADOP / NADO (2015) reproduced below. Copy attached as **Annex N**:-

“12.3 ADOP may elect to request the National Olympic Committee of Pakistan to take additional disciplinary action against National Federations with respect to recognition, the eligibility of its officials and Athletes to participate in International Events and fines based on the following:-

12.3.2 More than one Athlete or other Person from a National Federation commits an Anti-Doping Rule violation during an International Event.

Since that POA is already conducting an inquiry on subject matter. POA is requested to proceed the inquiry considering article 12.3 and 12.3.2.”

22. The Committee thoroughly reviewed the applicable Rules i.e. WADA Anti – Doping Code 2015 with 2019 Amendments, WADA Guidelines for Result Management and Hearing Decisions, Anti – Doping Rules 2015 of ADOP / NADO and the Constitution of the POA.

23. The Probe Committee thoroughly reviewed all the feedbacks received.

24. Ibid facts and figures in view, the Probe Committee has concluded following findings:-

FINDINGS

25. It is found most essential to immediately enhance the Doping Controls that the UNESCO Convention against Doping in Sports and WADA Anti – Doping Code that advocates and is implemented by the Government of Pakistan (GOP), ADOP / NADO, POA and all the NSFs, in particular enactment of relevant laws to restrict the availability of banned substances in any form, separate funding of NADO and NSFs for enhancing testing capabilities and establishment of punitive laws by all the concerned authorities.

26. Athletes, Athlete Support Personnel and NSFs are found lacking in thorough knowledge on WADA Anti-Doping Code, procedures of Anti – Doping Control and implications of use of prohibited substance on the wellbeing of the players, teams and the beloved mother land. However, concluding that the elite athletes, their coaches and team officials are not aware of doping, prohibited substances and / or presence of prohibited substances in medicine they are taking will be an unfounded statement.

27. The NSFs in general have limited controls due to lack of administrative and financial resources. However, NSFs cannot be discharged of their responsibilities to protect clean athletes and prevent doping at all tiers. The NSFs are responsible to mitigate the risks of doping “as the positive result” is an act of cheating and undermines the right of clean athletes. Athletes of five (5) x NSFs were tested for doping analysis during the 13th SAG

2019. However, athletes of only one (1) x NSF were concluded positive, which although narrows down the use of prohibited substance in various sports disciplines but at the same time three (3) x AAFs of athletes of AFP confirm concentration of use of prohibited substance among their athletes.

28. The ADOP / NADO has noticeably been found inactive to discharge its duties primarily due to financial constraints. They have not arranged regular seminars to educate national athletes, coaches and team support staff. ADOP / NADO has conducted 257 x tests on the request of the NSFs and has not initiated any sampling on its own. Furthermore, their so-called website www.adopk.net is much outdated.

29. The POA should manage a strong awareness campaign and an effective monitoring system of check and balances upon the NSFs requiring them to educate their athletes, athlete support personnel and other officials about the WADA Anti – Doping Programs and Processes.

30. AFP standpoint communicated vide their letters number AFP/C-16/14/20 dated 30th August 2020 and AFC/C-16/15/20 dated 24th October 2020 i.e. challenging authority of the POA to constitute any Probe Committee and subsequently denying to cooperate with the Probe Committee investigation evidently constitutes violation of the directions of the POA Constitution, the POA Executive Committee decision taken on 8th August 2020 and in fact is an arbitrary retraction from the POA Probe Committee’s proceedings. This refusal of AFP also constitutes complicity at its part as the POA Probe Committee was constrained from ascertaining why an internal doping control of the AFP was breached. Hence, the POA Probe Committee is of the considered opinion that by refusing the POA to hold a probe into the positive cases is in fact hindering the POA from discharging its obligations in accordance with the mandate vested in the POA by the Article 20.4.10 of the WADA Anti – Doping Code 2015 with 2019 amendments and the WADA Anti – Doping Code 2021 (duly accepted by all the Affiliated Member NSFs of POA) that stipulates that **“To vigorously pursue all potential anti-doping rule violations within their jurisdiction including investigation into whether Athlete Support Personnel or other Persons may have been involved in each case of doping”**.

RECOMMENDATIONS

31. After much deliberation, the Probe Committee has unanimously concluded that:-
- a. The GOP may be approached by the POA to enact laws and rules in accordance with WADA Anti – Doping Code and UNESCO Convention on Doping in Sports and to allocate dedicated / sufficient funds to the ADOP / NADO and all the NSFs to conduct Doping Tests as and when required (essentially before any International Meet).
 - b. The POA may coordinate with the GOP, ADOP / NADO and all NSFs for implementation of WADA Anti – Doping Code in an effective, proficient and exemplary manner to save Pakistani athletes from the label of doping offenders or as a cheater in sports – undermining the Fair Play.
 - c. ADOP / NADO may be administratively reformed and its governance set up be aligned on the principle of participative and inclusive management.
 - d. Allocation of dedicated budget by the Host Olympic Association during the National Games to conduct random testing of athletes (male and female) of all NSFs.
 - e. All the NSFs may be advised to strengthen their doping controls by using human resource and effective scrutiny upon their athletes and religiously maintain Athlete's Whereabouts.
 - f. All the NSFs may be directed to arrange funds through Federal / Provincial Government, POA, Provincial Olympic Association and sponsors to conduct doping tests during their all National Level Championships.
 - g. Strict disciplinary action may be taken against the AFP Management for obstructing the probe into the cause of conviction of their 3 x athletes who proved drug positive during the 13th SAG 2019. Matter may also be reported

to the World Athletics former International Association of Athletics Federations (IAAF) and other sports authorities for this breach of conduct.

- h. The POA may explore other options to contact with the drug positive athletes, their coaches / trainers / team officials to conduct live sessions to record their experience and in case of their non-appearance take appropriate disciplinary action against all concerned.

This report has unanimous approval of all the Members of the Probe Committee.

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-265/MGS/814
26 August, 2020

NOTIFICATION

1. In pursuance of the decision taken by the Executive Committee of Pakistan Olympic Association in its meeting held on August 08th, 2020, Lt. Gen (R) Syed Arif Hasan, President POA, in accordance with the authority delegated to the office of the President Pakistan Olympic Association has constituted the Probe Committee, in context to the three positive dope cases of Pakistani athletes tested during the 13th South Asian Games 2019, of following individuals:

- | | | |
|----|---|-----------|
| a. | Mr. Muhammad Shafiq,
President, Pakistan Handball Federation
Secretary General, Asian Handball Federation | Convener |
| b. | Mr. Javaid Shamshad Lodhi
Executive Vice President, National Rifle Association of Pakistan
Vice President, Asian Shooting Confederation | Member |
| c. | Dr. Meesaq Rizvi OLY
Former Olympian & National Champion | Member |
| d. | Dr. Lubna Sibtain
Member, POA Medical Commission | Member |
| e. | Maj (R) Majid Waseem
President, Pakistan Swimming Federation
Bureau Member AASF & Member FINA Masters Committee | Secretary |

2. The terms of reference of the Committee shall be as under:

- To ascertain the awareness level of athletes about doping controls and use of medicine.
- To ascertain measures to enhance doping controls and procedures as per WADA code.
- To examine in depth dope control measures adopted by NSFs.
- To ascertain effectiveness of internal doping controls established by AFP.
- To ascertain why internal doping controls of AFP were breached.
- To ascertain the exact number of doping tests held by AFP in last three years.
- To fix responsibility upon the person(s) involved, if any except athletes (banned by the Anti Doping Organization of 13th South Asian Games).
- To recommend measures for future course.
- To ascertain necessary information / data related to measures of doping control in last five years by Anti Doping Organization of Pakistan and other actions taken to mitigate the risk of doping control violation(s) in Pakistan.

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

3. The Committee is advised to finalize its findings within thirty days for which all the relevant stakeholders should cooperate and provide information, documents and personal appearance as the case may be.

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association



Copy to

- Lt Gen (R) Syed Arif Hasan HI(M), President, Pakistan Olympic Association.
- Director General, Pakistan Sports Board.
- Chairman, Anti Doping Organization of Pakistan.
- Convener & Members of the Committee.
- All Affiliated Member Units of POA.
- Master File.

Subject Violation of Anti Doping Rules in 13 South Asian Games.
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, pak@mf.worldathletics.org <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>
Date 20-05-2020 6:15 pm



-
- RM Notification A Ali Mehbob May 20.pdf (~585 KB)
 - RM Notification A Naeem Muhammad May20.pdf (~586 KB)
 - RM Notification A Samiullah May 20.pdf (~584 KB)

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Ali Mehbob**; Kasuwor, Pakistan]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [13th South Asian Games] Anti-Doping Rules

Dear [**Ali Mehbob**],

I am writing to give you formal notice that you are being charged with a violation of the [13th South Asian Games] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [13th South Asian Games] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 6, 2019], a [13th South Asian Games] Doping Control Officer ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300904] (the "A *Sample*") and B [4300904] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti-Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] is listed as an exogenous [S1] under [s1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] in a *Sample* provided by you on [December 6, 2019] numbered A [4300904], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions, Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the *AAF* made in relation to your A *Sample*.

7.2 If you choose to have your B *Sample* analyzed, the analysis will take place at the Laboratory at a date and time to be advised. You are entitled to attend the opening and analysis of the B *Sample*, or the Laboratory will arrange for an independent third party to be present.

7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 6, 2019];
- Analysis Results Record dated [January 16, 2020];

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Naeem Muhammad**; M.Naeem, Pakistan]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [13th South Asian Games] Anti-Doping Rules

Dear [**Naeem Muhammad**],

I am writing to give you formal notice that you are being charged with a violation of the [13th South Asian Games] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [13th South Asian Games] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 5, 2019], a [13th South Asian Games] *Doping Control Officer* ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300915] (the "A *Sample*") and B [4300915] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one]

2.3 [S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one] is listed as an exogenous [S1] under

[S1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in a *Sample* provided by you on [December 5, 2019] numbered A [4300915], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions, Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the *AAF* made in relation to your A *Sample*.

7.2 If you choose to have your B *Sample* analyzed, the analysis will take place at the Laboratory at a date and time to be advised. You are entitled to attend the opening and analysis of the B *Sample*, or the Laboratory will arrange for an independent third party to be present.

7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 5, 2019];
- Analysis Results Record dated [January 16, 2020];

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Samiullah**; *Peshawar Pakistan*]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [13th South Asian Games**] Anti-Doping Rules**

Dear [**Samiullah**],

I am writing to give you formal notice that you are being charged with a violation of the [**13th South Asian Games**] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [**13th South Asian Games**] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 3, 2019], a [**13th South Asian Games**] *Doping Control Officer* ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300910] (the "A *Sample*") and B [4300910] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti-Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] is listed as an exogenous [S1] under [S1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in a *Sample* provided by you on [December 3, 2019] numbered A [4300910], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions*, *Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the AAF made in relation to your A *Sample*.

7.2 If you choose to have your B *Sample* analyzed, the analysis will take place at the Laboratory at a date and time to be advised. You are entitled to attend the opening and analysis of the B *Sample*, or the Laboratory will arrange for an independent third party to be present.

7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 3, 2019];
- Analysis Results Record dated [January 16, 2020];

Subject AAF 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Dr Saroj Shreesta <saroshmanepal@gmail.com>, Jeewan Nepal <jibanram@yahoo.com>
Date 26-05-2020 5:52 pm



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- 4300904.pdf (~103 KB)
 - 4300910.pdf (~104 KB)
 - 4300915.pdf (~102 KB)
 - DCF Naeem Muhammod.pdf (~1.1 MB)
 - DCF Ali Mehbob.pdf (~1.5 MB)
 - DCF Samiullah.pdf (~2.3 MB)

Dear Mr. Khalid:

Greetings from Nepal Olympic Committee.

Regarding the Adverse Analytical Findings of the three Pakistani athletes during the 13th South Asian Games in Nepal, we have enclosed herewith the associated documents. Please note that these documents are highly confidential and should be used for appeal purposes only and not for other purposes.

Prohibited list 2019 can be downloaded from the website: https://www.wada-ama.org/sites/default/files/wada_2019_english_prohibited_list.pdf

Should you require any further information, please let us know.

Thanking you.

Regards

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Antidoping Lab Qatar - Doping Analysis Lab
 Sports City Road, Aspire Zone PO BOX 27775
 Doha
 QATAR
 Tel: (974) 4413 2991
 Fax: (974) 4413 2997

Test Report/ Rapport de Contrôle CONFIDENTIAL / CONFIDENTIEL

SCA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute
 of Sports Abadah Ufaa Magu, Henveiru
 Grounds
 Male Male
 MALDIVES 20034

TA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute of Sports
 Abadah Ufaa Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

RMA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National
 Institute of Sports Abadah Ufaa
 Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

Test result / Résultat du contrôle	: AAF - Adverse Analytical Finding
Sample Code / Code d'échantillon	: 4300904
Sample A/B / Échantillon A/B	: A
Sample Specific gravity (ITP) / Gravité spécifique d'échantillon (PAI)	: 1.013
Sample Specific gravity (CP) / Gravité spécifique d'échantillon (PC)	: 1.012
pH	: 5.9
Lab Reference # / No de référence de labo	: AU13056
Test Mission Code / Code de mission	: SAG201915
Type of Test / Nature du contrôle	: In competition
Sport-Discipline / Sport-Discipline	: Athletics - Athletics
Collection Date / Date du prélèvement	: 06-Dec-2019
Collection Site / Lieu du prélèvement	: Kathmandu NEPAL
Date of Receipt / Date de réception	: 17-Dec-2019
Sample Type / Nature de l'échantillon	: Urine
Gender / Sexe	: M
LH Analysis / analyse	:

Analysis Details / Explanation / Opinion
 Détails de l'analyse / Explication / Opinion:
N/A

The sample was analysed using Laboratory test method(s)
 L'échantillon a été examiné selon les méthodes d'analyse du laboratoire:
The sample was analysed for stimulants, narcotics, anabolic and masking agents, diuretics, sg, pH, hCG and LH using the methods SOP009, SOP015, SOP102, SOP103, and SOP118.

Results / Résultats:

The analysis of the sample identified above has shown the presence of /
 L'analyse de l'échantillon mentionné ci-dessus par les méthodes du laboratoire a révélé la présence de:
AAF - Adverse Analytical Finding

- S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one.

Details concerning Finding:
N/A

Cc: WADA-AMA, S-ASIA-RADO, World Athletics - AIU

Lab results status / Etat du résultat de laboratoire: Submitted	Modified on / Mis à jour le: 16-Jan-2020
Submitted by / Soumis par: Georgakopoulos, Costas	Printed on / Imprimé le: 26-Feb-2020
Submitted on / Soumis le: 16-Jan-2020	Printed by / Imprimé par : Mouhandes, Ahmad Ibrahim

Antidoping Lab Qatar - Doping Analysis Lab
 Sports City Road, Aspire Zone PO BOX 27775
 Doha
 QATAR
 Tel: (974) 4413 2991
 Fax: (974) 4413 2997

Test Report/ Rapport de Contrôle CONFIDENTIAL / CONFIDENTIEL

SCA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute
 of Sports Abadah Ufaa Magu, Henveiru
 Grounds
 Male Male
 MALDIVES 20034

TA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute of Sports
 Abadah Ufaa Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

RMA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National
 Institute of Sports Abadah Ufaa
 Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

Test result / Résultat du contrôle	: AAF - Adverse Analytical Finding
Sample Code / Code d'échantillon	: 4300910
Sample A/B / Échantillon A/B	: A
Sample Specific gravity (ITP) / Gravité spécifique d'échantillon (PAI)	: 1.026
Sample Specific gravity (CP) / Gravité spécifique d'échantillon (PC)	: 1.026
pH	: 5.3
Lab Reference # / No de référence de labo	: AU12700
Test Mission Code / Code de mission	: SAG201901
Type of Test / Nature du contrôle	: In competition
Sport-Discipline / Sport-Discipline	: Athletics - Athletics
Collection Date / Date du prélèvement	: 03-Dec-2019
Collection Site / Lieu du prélèvement	: NEPAL
Date of Receipt / Date de réception	: 08-Dec-2019
Sample Type / Nature de l'échantillon	: Urine
Gender / Sexe	: M
LH Analysis / analyse	:

Analysis Details / Explanation / Opinion
 Détails de l'analyse / Explication / Opinion:
N/A

The sample was analysed using Laboratory test method(s)
 L'échantillon a été examiné selon les méthodes d'analyse du laboratoire:
The sample was analysed for stimulants, narcotics, anabolic and masking agents, diuretics, sg, pH, hCG and LH using the methods SOP009, SOP015, SOP102, SOP103, and SOP118.

Results / Résultats:

The analysis of the sample identified above has shown the presence of /
 L'analyse de l'échantillon mentionné ci-dessus par les méthodes du laboratoire a révélé la présence de:
AAF - Adverse Analytical Finding

- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17A-methyandrost-1,4,13-trien-3-one.

Details concerning Finding:
N/A

- S9. Glucocorticoids/dexamethasone.

Cc: WADA-AMA, S-ASIA-RADO, World Athletics - AIU

Lab results status / Etat du résultat de laboratoire: Submitted	Modified on / Mis à jour le: 16-Jan-2020
Submitted by / Soumis par: Georgakopoulos, Costas	Printed on / Imprimé le: 26-Feb-2020
Submitted on / Soumis le: 16-Jan-2020	Printed by / Imprimé par : Mouhandes, Ahmad Ibrahim

Antidoping Lab Qatar - Doping Analysis Lab
Sports City Road, Aspire Zone PO BOX 27775
Doha
QATAR
Tel: (974) 4413 2991
Fax: (974) 4413 2997

Details concerning Finding:

TUE Inquiry was not raised by the Laboratory due to the AAF of S1.

Cc: **WADA-AMA, S-ASIA-RADO, World Athletics - AIU**

Lab results status / Etat du résultat de laboratoire: Submitted	Modified on / Mis à jour le: 16-Jan-2020
Submitted by / Soumis par: Georgakopoulos, Costas	Printed on / Imprimé le: 26-Feb-2020
Submitted on / Soumis le: 16-Jan-2020	Printed by / Imprimé par : Mouhandes, Ahmad Ibrahim

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Test Report/ Rapport de Contrôle CONFIDENTIAL / CONFIDENTIEL

SCA: S-ASIA-RADO Hussain Mohamed
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RMA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National
 Institute of Sports Abadah Ufaa
 Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

Test result / Résultat du contrôle	: AAF - Adverse Analytical Finding
Sample Code / Code d'échantillon	: 4300915
Sample A/B / Échantillon A/B	: A
Sample Specific gravity (ITP) / Gravité spécifique d'échantillon (PAI)	: 1.018
Sample Specific gravity (CP) / Gravité spécifique d'échantillon (PC)	: 1.019
pH	: 6.9
Lab Reference # / No de référence de labo	: AU12849
Test Mission Code / Code de mission	: SAG201910
Type of Test / Nature du contrôle	: In competition
Sport-Discipline / Sport-Discipline	: Athletics - Sprint 400m or less
Collection Date / Date du prélèvement	: 05-Dec-2019
Collection Site / Lieu du prélèvement	: NEPAL
Date of Receipt / Date de réception	: 11-Dec-2019
Sample Type / Nature de l'échantillon	: Urine
Gender / Sexe	: M
LH Analysis / analyse	:

Analysis Details / Explanation / Opinion
 Détails de l'analyse / Explication / Opinion:
N/A

The sample was analysed using Laboratory test method(s)
 L'échantillon a été examiné selon les méthodes d'analyse du laboratoire:
The sample was analysed for stimulants, narcotics, anabolic and masking agents, diuretics, sg, pH, hCG and LH using the methods SOP009, SOP015, SOP102, SOP103, and SOP118.

Results / Résultats:

The analysis of the sample identified above has shown the presence of /
 L'analyse de l'échantillon mentionné ci-dessus par les méthodes du laboratoire a révélé la présence de:
AAF - Adverse Analytical Finding

- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17A-methyandro-1,4,13-trien-3-one.

Details concerning Finding:
N/A

Cc: WADA-AMA, S-ASIA-RADO, World Athletics - AIU

Lab results status / Etat du résultat de laboratoire: Submitted	Modified on / Mis à jour le: 16-Jan-2020
Submitted by / Soumis par: Georgakopoulos, Costas	Printed on / Imprimé le: 26-Feb-2020
Submitted on / Soumis le: 16-Jan-2020	Printed by / Imprimé par : Mouhandes, Ahmad Ibrahim

DOPING CONTROL FORM
FORMULAIRE DE CONTRÔLE DU DOPAGE

ATHLETE'S SIGNATURE: SARAD
 SIGNATURE OF THE DOPING CONTROL OFFICER: Dr. GIG Anti Doping Committee
 SELECT ANOTHER LANGUAGE: SARAD

1. ATHLETE IDENTIFICATION - IDENTIFICATION DU SPORTIF

FULL NAME: NAEEM SURNAME: MOHAMMAD DATE OF BIRTH: 18/02/1995
 NATIONALITY: PAKISTAN SEX: ACC OLYMPIC ATHLETE: 40371
 YEAR OF BIRTH: X MONTH: 05 DAY: 12 YEAR: 2019 TIME: 09:07
 SIGNATURE OF THE ATHLETE: Dr. SUMIT RAUT
 SIGNATURE OF THE DOPING CONTROL OFFICER: [Signature]

2. ATHLETE INFORMATION - INFORMATION CONCERNANT LE SPORTIF

DATE OF BIRTH: 09/51 NAME: M. Naeem NATIONALITY: Pakistan
 SUBJECT: PAK CONTACT NO.: 0341-685898

3. INFORMATION FOR ANALYSIS - INFORMATIONS CONCERNANT L'ANALYSE

ANALYSIS: URINE BLOOD SALIVA
 DATE: 05/12/2019 TIME: X LOCATION: 216201710
 SPORT: ATHLETICS EVENT: 110m Hurdles

NO.	TIME	TEST RESULT	LAB. FILE NUMBER	DATE	LAB. NAME	LAB. ADDRESS
1	1:60	10:10	A/B 4300915	10:17	SUMIT RAUT	B.G.
2						
3						
4						
5						
6						

EDUCATION: Optimian - Fisher (Food supplements) X 1 month
 SIGNATURE OF THE DOPING CONTROL OFFICER: [Signature]

4. CONFIRMATION OF PROCEDURE FOR URINE AND/OR BLOOD TESTING - CONFIRMATION DE LA PROCÉDURE POUR LE CONTRÔLE D'URINE ET/OU DE SANG

COMMENTS: IT WAS A GOOD PROCEDURE OVERALL
 SIGNATURE OF THE DOPING CONTROL OFFICER: [Signature]
 NAME: SANDHYA PYAKUREL DATE: 05/12/2019 TIME: 10:14
 SIGNATURE OF THE DOPING CONTROL OFFICER: [Signature]

REPORT DOPING IN SPORT: <https://speakup.wada-ama.org> • SIGNALER UN ACTE DE DOPAGE DANS LE SPORT: <https://speakup.wada-ama.org>

SRI LANKA ANTI DOPING AGENCY (SLADA)

DOPING CONTROL FORM

TEST AUTHORIZED BY: SARADO
 SAMPLE COLLECTION AUTHORITY: 13th SAG AD COMMITTEE
 RESULTS MANAGEMENT AUTHORITY: SARADO

1. ATHLETE INFORMATION

FAMILY NAME: ALI GIVEN NAME: MEHBOB DATE OF BIRTH: 10 09 1990
 NATIONALITY: PAKISTANI SPORT DISCIPLINE: ATHLETICS - 400m hurdles ATHLETE ID PROVIDED: YES [X] NO [] DOCUMENT TYPE: ACC
 ADDRESS: NUMBER/STREET: CITY/TOWN: Kaguwar STATE/PROVINCE: CHANGAMANGA DOCUMENT NUMBER: 40370
 COUNTRY: Pakistan CONTACT TEL INCL. COUNTRY CODE: 03025458903 E-MAIL: ASG4MR COACH'S NAME: DOCTOR'S NAME:

2. NOTIFICATION

TYPE OF TEST REQUIRED: URINE [X] BLOOD [] DATE: 06 12 2019 COUNTRY: NEPAL CITY: KATHMANDU TIME: 09:05
 I HEREBY ACKNOWLEDGE THAT I HAVE RECEIVED AND READ THIS NOTICE INCLUDING THE ATHLETE RIGHTS AND RESPONSIBILITIES TEXT ON THE OVERLEAF OF COPY 1, AND I CONSENT TO PROVIDE SAMPLE(S) AS REQUESTED (I UNDERSTAND THAT FAILURE OR REFUSAL TO PROVIDE A SAMPLE MAY CONSTITUTE AN ANTI-DOPING RULE VIOLATION).
 ATHLETE'S SIGNATURE: [Signature]
 DOPING OFFICER NAME: Dr. Rakesh Neupane
 DOPING OFFICER SIGNATURE: [Signature]

3. INFORMATION FOR ANALYSIS

OUT OF COMPETITION: [] IN COMPETITION: [X] DATE OF TEST: 09:15 ANTI-DOPING CONTROL STATION: GENDER: X [] [] TEST MISSION CODE: SAG201915
 SAMPLE 1 BLOOD: N/A [X] A/B [] BLOOD SAMPLE CODE NUMBER: TIME: SAMPLE 2 BLOOD: A/B [] BLOOD SAMPLE CODE NUMBER: TIME:
 PARTIAL SAMPLE: N/A [X] PARTIAL SAMPLE NUMBER: VOL. (ML): TIME SEALED: ATHLETE'S DOSE INTAKE: PARTIAL SAMPLE NUMBER: VOL. (ML): TIME SEALED: ATHLETE'S DOSE INTAKE:
 URINE: A/B [] 4300904 URINE SAMPLE CODE NUMBER: VOL. (ML): 140 TIME SEALED: 40:31 SPECIFIC GRAVITY: 1.012
 ADDITIONAL SAMPLE: N/A [X] A/B [] ADDITIONAL SAMPLE CODE NUMBER: VOL. (ML): TIME SEALED: SPECIFIC GRAVITY:
 DECLARATION OF MEDICATION USE AND BLOOD TRANSFUSIONS: LIST ANY PRESCRIPTION, NON-PRESCRIPTION MEDICATIONS OR SUPPLEMENTS, FOR E.G. BETA-2 AGONISTS AND GLUCOCORTICOSTEROIDS, TAKEN OVER THE PAST 7 DAYS (INCLUDE DOSAGE WHERE POSSIBLE) AND ANY TRANSFUSIONS RECEIVED OVER THE LAST SIX MONTHS.
 None → OPTIMAN, AVION.
 → FISH OIL
 SUPPLEMENTARY REPORT FORM? [] [] [] [] [] []
 CONSENT FOR RESEARCH (OPTIONAL): I ACCEPT [X] I REFUSE []
 IN ORDER TO HELP COMBAT DOPING IN SPORT, BY SIGNING BELOW I AGREE THAT MY SAMPLE MAY BE USED FOR ANTI-DOPING RESEARCH PURPOSES WHEN ALL ANALYSES HAVE BEEN COMPLETED, AND MY SAMPLE WOULD OTHERWISE BE DISCARDED IT MAY THEN BE USED BY ANY WADA-ACCREDITED LABORATORY FOR ANTI-DOPING RESEARCH OF ANY TYPE, PROVIDED THAT IT CAN NO LONGER BE IDENTIFIED AS MY SAMPLE.
 SIGNATURE:

4. CONFIRMATION OF PROCEDURE FOR URINE AND/ OR BLOOD TESTING

COMMENTS: ANY COMMENTS SHOULD BE NOTED HERE. IF NECESSARY CONTINUE ON A SUPPLEMENTARY REPORT FORM.
 URINE SAMPLE CODE NUMBER: [Signature] SUPPLEMENTARY REPORT FORM? [] [] [] [] [] []
 I CERTIFY THAT SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES
 URINE SAMPLE WITNESS: NAME: Dr. Rakesh Neupane SIGNATURE: [Signature] URINE SAMPLE WITNESS: NAME: SIGNATURE:
 BLOOD COLLECTION OFFICER: NAME: SIGNATURE:
 ATHLETE REPRESENTATIVE: NAME: POSITION: SIGNATURE:
 DOPING CONTROL OFFICER: NAME: GYANENDRA SHAH SIGNATURE: [Signature] DATE: 06 12 2019 10:36 TIME OF COMPLETION:
 I DECLARE THAT THE INFORMATION I HAVE GIVEN ON THIS DOCUMENT IS CORRECT. I DECLARE THAT SUBJECT TO COMMENTS MADE IN SECTION 4 SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES FOR SAMPLE COLLECTION (I ACCEPT THAT ALL INFORMATION RELATED TO DOPING CONTROL, INCLUDING BUT NOT LIMITED TO LABORATORY RESULTS AND POSSIBLE SANCTIONS, SHALL BE SHARED WITH RELEVANT BODIES IN ACCORDANCE WITH THE WORLD ANTI-DOPING CODE. I HAVE READ AND UNDERSTOOD THE TEXT OVERLEAF AND I CONSENT TO THE PROCESSING OF MY PERSONAL DATA THROUGH ADAMS.
 ATHLETE'S SIGNATURE: [Signature]

DOPING CONTROL FORM FORMULAIRE DE CONTRÔLE DU DOPAGE

TEST AUTHORIZED BY / CONTRÔLE AUTORISÉ PAR: **SARADO**
 SAMPLE COLLECTION AUTHORITY / AUTORITÉ DE PRÉLÈVEMENT D'ÉCHANTILLONS: **13th SAG Anti-Doping Committee**
 RESULTS MANAGEMENT AUTHORITY / AUTORITÉ DE GESTION DES RÉSULTATS: **SARADO**

1. ATHLETE INFORMATION • INFORMATION CONCERNANT LE SPORTIF

FAMILY NAME / NOM DE FAMILLE: **—** GIVEN NAME / PRÉNOM: **SAMIULLAH** DATE OF BIRTH / DATE DE NAISSANCE: **20 03 1992**

NATIONALITY / NATIONALITÉ: **PAK** SPORT / DISCIPLINE: **Athletics - 100m** ATHLETE ID NUMBER / PIÈCE D'IDENTIFICATION DU SPORTIF: DOCUMENT TYPE / TYPE DE DOCUMENT: **—**

ADDRESS / ADRESSE: **Peshawar** NUMBER/STREET / NUMÉRO/RUE: **—** CITY/TOWN / VILLE: **—** STATE / PROVINCE: **—** DOCUMENT NUMBER / NUMÉRO DE DOCUMENT: **40423**

COUNTRY / PAYS: **Pak (0092) 3038270200** CONTACT TEL (INCL. COUNTRY CODE) / TEL CONTACT (INCL. CODE PAYS): **—** E-MAIL / COURRIEL: **—** COACH'S NAME / NOM DE L'ENTRAÎNEUR: **40423 ASGHAR** DOCTOR'S NAME / NOM DU MÉDECIN: **—**

2. NOTIFICATION • NOTIFICATION

TYPE OF TEST REQUESTED / TYPE DE CONTRÔLE REQUIS: DATE: **03 12 2019** COUNTRY / PAYS: **NEPAL** CITY / VILLE: **KATHMANDU** TIME / HEURE: **11:28**

I HEREBY ACKNOWLEDGE THAT I HAVE RECEIVED AND READ THIS NOTICE, INCLUDING THE ATHLETE RIGHTS AND RESPONSIBILITIES TEXT ON THE OVERLEAF OF COPY 1, AND I CONSENT TO PROVIDE SAMPLE(S) AS REQUESTED (I UNDERSTAND THAT FAILURE OR REFUSAL TO PROVIDE A SAMPLE MAY CONSTITUTE AN ANTI-DOPING RULE VIOLATION).
 JE RECONNAIS AVOIR REÇU LI CET AVIS, Y COMPRIS LES DROITS ET LES RESPONSABILITÉS DU SPORTIF FIGURANT AU VERSO DE LA COPIE 1, ET JE CONSENS À FOURNIR L(ES) ÉCHANTILLON(S) TEL(S) QU'IL(S) M'EST(ONT) DEMANDÉ(S) (JE COMPRENDS QUE LE REFUS OU LE FAIT DE ME SOUSTRAIRE À FOURNIR UN ÉCHANTILLON CONSTITUE UNE VIOLATION DES RÈGLES ANTI-DOPAGE).

LAB/CAMPUS/PERSONA NAME / NOM DE L'ÉCHÉANTONNÉ: **DR AMRIT GHIMIRE**
 LAB/CAMPUS/PERSONA SIGNATURE / SIGNATURE DE L'ÉCHÉANTONNÉ: **[Signature]**

ATHLETE'S SIGNATURE / SIGNATURE DU SPORTIF: **[Signature]**

3. INFORMATION FOR ANALYSIS • INFORMATIONS CONCERNANT L'ANALYSE

OUT OF COMPETITION / HORS COMPÉTITION: IN COMPETITION / EN COMPÉTITION: DATE OF TEST / DATE DU CONTRÔLE: **03 12 2019** GENDER / SEXE: **SAG201901** TEST MISSION CODE / CODE DE MISSION DE CONTRÔLE: **—**

SAMPLE 1 - ÉCHANTILLON 1: **BLOOD/SANG** N/A A/B TIME / HEURE: **11:30**

SAMPLE 2 - ÉCHANTILLON 2: **BLOOD/SANG** N/A A/B TIME / HEURE: **—**

PARTIAL SAMPLE / ÉCHANTILLON PARTIEL: N/A A/B TIME / HEURE: **—**

URINE: A/B **4300910** VOL. (ml) **095** TIME / HEURE: **12:15** SPECIFIC GRAVITY / DENSITÉ: **1.026**

(ADDITIONAL SAMPLE / ÉCHANTILLON ADDITIONNEL): N/A A/B VOL. (ml) **—** TIME / HEURE: **—** SPECIFIC GRAVITY / DENSITÉ: **1.0**

DECLARATION OF MEDICATION USE AND BLOOD TRANSFUSIONS: LIST ANY PRESCRIPTION / NON-PRESCRIPTION MEDICATIONS OR SUPPLEMENTS, FOR E.G. BETA-2 AGONISTS AND GLUCOCORTICOSTEROIDS, TAKEN OVER THE PAST 7 DAYS (INCLUDE DOSE/TAKE WHEN POSSIBLE) AND ANY TRANSFUSIONS RECEIVED OVER THE LAST SIX MONTHS.
 DÉCLARATION D'USAGE DE MÉDICAMENTS ET DE TRANSFUSIONS SANGUINES: INDICER LES MÉDICAMENTS PRÉSCRITS / NON PRÉSCRITS OU LES COMPLÉMENTS ALIMENTAIRES, Y COMPRIS PAR EXEMPLE, LES BÉTA-2 AGONISTES ET LES GLUCOCORTICOIDES, PRIS AU COURS DES 7 DERNIERS JOURS (INDIQUER LA DOSE SI POSSIBLE) AINSI QUE TOUTE TRANSFUSION REÇUE AU COURS DES 6 DERNIERS MOIS.

vivaptad Active 8th boster shater

SUPPLEMENTARY REPORT FORM / FORMULAIRE DE RAPPORT SUPPLÉMENTAIRE: NUMBER / NUMÉRO: **—**

CONSENT FOR RESEARCH (OPTIONAL) / CONSENTEMENT POUR LA RECHERCHE (OPTIONNEL): I ACCEPT / J'ACCEPTÉ: I REFUSE / JE REFUSE:

SIGNATURE: **[Signature]**

4. CONFIRMATION OF PROCEDURE FOR URINE AND/OR BLOOD TESTING • CONFIRMATION DE LA PROCÉDURE POUR LE CONTRÔLE D'URINE ET/OU DE SANG

COMMENTS: ANY COMMENTS SHOULD BE NOTED HERE. IF NECESSARY COMPLETE ON A SUPPLEMENTARY REPORT FORM.
 COMMENTAIRES: TOUTS LES COMMENTAIRES DEVRAIENT ÊTRE INSCRITS ICI. AU BESOIN, UTILISER LE FORMULAIRE DE RAPPORT SUPPLÉMENTAIRE.

NONE

SUPPLEMENTARY REPORT FORM / FORMULAIRE DE RAPPORT SUPPLÉMENTAIRE: NUMBER / NUMÉRO: **—**

I CERTIFY THAT SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES • JE CERTIFIE PAR LA PRÉSENTE QUE LE PRÉLÈVEMENT D'ÉCHANTILLON S'EST DÉROULÉ EN CONFORMITÉ AVEC LES PROCÉDURES APPLICABLES

URINE SAMPLE WITNESS / TÉMOIN D'ÉCHANTILLON D'URINE: **SUSHAN VAIDYA** SIGNATURE: **[Signature]** NAME / NOM: **—** SIGNATURE: **—**

BLOOD COLLECTION OFFICER / AGENT DE PRÉLÈVEMENT SANGUIN: NAME / NOM: **—** SIGNATURE: **—**

ATHLETE REPRESENTATIVE / REPRÉSENTANT DU SPORTIF: NAME / NOM: **—** POSITION / FONCTION: **—** SIGNATURE: **—**

DOPING CONTROL OFFICER / AGENT DE CONTRÔLE DU DOPAGE: **SUSHAN VAIDYA** SIGNATURE: **[Signature]** DATE: **03 12 2019** TIME OF COMPLETION / COMPLÉTÉ À HEURE: **12:29**

I DECLARE THAT THE INFORMATION I HAVE GIVEN ON THIS DOCUMENT IS CORRECT. I DECLARE THAT SUBJECT TO COMMENTS MADE IN SECTION 4, SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES FOR SAMPLE COLLECTION. I ACCEPT THAT ALL INFORMATION RELATED TO DOPING CONTROL, INCLUDING BUT NOT LIMITED TO LABORATORY RESULTS AND POSSIBLE SANCTIONS, SHALL BE SHARED WITH RELEVANT BODIES IN ACCORDANCE WITH THE WORLD ANTI-DOPING CODE.
 JE DÉCLARE QUE L'INFORMATION FOURNIE DANS CE DOCUMENT EST EXACTE. JE DÉCLARE, EN TENANT COMPTE DES COMMENTAIRES INSCRITS DANS LA SECTION 4, QUE LE PRÉLÈVEMENT D'ÉCHANTILLONS S'EST DÉROULÉ EN CONFORMITÉ AVEC LES PROCÉDURES APPLICABLES. J'ACCEPTÉ QUE TOUTES LES INFORMATIONS RELATIVES AU CONTRÔLE DU DOPAGE, INCLUANT MAIS NON LIMITÉES AUX RÉSULTATS DE LABORATOIRE ET AUX SANCTIONS POSSIBLES, PUISSENT ÊTRE PARTAGÉES AVEC LES ORGANISATIONS CORRESPONDANTES SELON LE CODE MONDIAL ANTI-DOPAGE.

ATHLETE'S SIGNATURE / SIGNATURE DU SPORTIF: **[Signature]**



Subject Sanction Letter from the Anti Doping Committee of 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, tom.may@wada-ama.org <tom.may@wada-ama.org>, DG SARADO <dg@sa-rado.org>, HUSSAIN Mohamed <info@sa-rado.org>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, chiho.miki@wada-ama.org <chiho.miki@wada-ama.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, Nepal Olympic Committee <info@nocnepal.org.np>
Date 11-08-2020 2:33 pm

- muhammad naeem 1.jpg (~1.7 MB)
- muhammad naeem 2.jpg (~700 KB)

**Attn: Mr. Muhammad Naeem
 Athlete (Athletics, 100 M Hurdles)
 Pakistan**

Dear Mr. Naeem:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha
 Executive Secretary
 Nepal Olympic Committee

Tel / Fax : 977-1-5202668
 Cell : 977 9841306140
 E-mail : sujanlal_jessica@yahoo.com
 Website : www.nocnepal.org.np
 P.O. Box : 11455
 Satdobato, Lalitpur



muhammad naeem 1.jpg
 ~1.7 MB

muhammad naeem 2.jpg
 ~700 KB





च.ब./Ref.No.:

मिति/Date:
August 7, 2020

To,
Mr. Muhammad Naeem
Athlete (Athletics, 100 m Hurdles)
Pakistan

Sub : Sanctions of Individuals

Dear Mr.Muhammad Naeem:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur in December 1 to 10, 2019. You Mr.Muhammad Naeem from Pakistan Athlete 100 meter Hurdles your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300915 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300915) on 5th December 2019 in Kathmandu . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was Reported (- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol, 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.). In our record there was no TUE of yours. You were informed about the test result of A Sample and you requested us that you wanted to go for B sample analysis. We inform the Qatar Anti-doping lab. The Qatar Anti-Doping Lab gave you the date of 8th June 2020 for B sample Analysis. B sample analysis was carried out on 8th June 2020. The Lab sent the report on 16 June 2020 Stating that B Sample Test Result stating AAF – Adverse Analytical Finding. (S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol, 17A-Methyl-5B-androstane-3A,17B-diol,18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.)

The Finding of B Sample confirms the Presence of the Prohibited Substance found in the Athlete's A Sample. You were informed about it and on you wrote to us on 27 July 2020 stating that You accept the result of B sample and do not want to file any appeal.



च.नं./Ref.No.:


मिति/Date:

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.1 Mr Muhammad Naeem Your Ineligibility (Sanction) will be Four Years From 6th December 2019 to 5th December 2023.

Thanking for you kind Co-Operation.

With Regards


Dr. Saroj Krishna Shrestha
Charman, Anti-Doping Committee
13th South Asian Games, Nepal

Cc: .

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)



Subject Sanction Letter from Anti Doping Committee of 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Nepal Olympic Committee <info@nocnepal.org.np>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Chiho Miki <chiho.miki@wada-ama.org>, tom.may@wada-ama.org <tom.may@wada-ama.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, DG SARADO <dg@sa-rado.org>, HUSSAIN Mohamed <info@sa-rado.org>
Date 11-08-2020 2:38 pm

- mehbob ali .jpg (~1.7 MB)
- mehbob ali 2.jpg (~652 KB)

Attn : Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan.

Dear Mr. Ali:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha

Executive Secretary
 Nepal Olympic Committee

Tel / Fax : 977-1-5202668
 Cell : 977 9841306140
 E-mail : sujanlal_jessica@yahoo.com
 Website : www.nocnepal.org.np
 P.O. Box : 11455
 Satdobato, Lalitpur



mehbob ali .jpg
 ~1.7 MB

mehbob ali 2.jpg
 ~652 KB



च.नं./Ref.No.:

मिति/Date:

August 7, 2020

To,
Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan

Sub : Sanctions of Individuals

Dear Mr. Mehbob Ali:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur in December 1 to 10, 2019. You Mr. Mohbob Ali from Pakistan Athlete 400 meter Huddles Your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300904 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300904) on 6th December 2019 in Kathmandu . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was found.(S1.1 Anabolic Androgenic Steroids (AAS) /oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B hydroxymethyl-18-nor-2-oxy-5A-androst-13-en-3-one). In our record there was no TUE of yours. You were informed about the test result of A Sample and you requested us that you want to go for B sample analysis. We inform the Qatar Anti-doping lab. The Qatar Anti-Doping Lab gave you the date of 8th June 2020 for B sample Analysis. B sample analysis was carried out on 8th June 2020. The Lab sent the report on 16 June 2020 Stating that B Sample Test Result stating AAF – Adverse Analytical Finding. (S1.1 Anabolic Androgenic Steroids (AAS) /oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B hydroxymethyl-18-nor-2-oxy-5A-androst-13-en-3-one.)

The Finding of B Sample confirms the Presence of the Prohibited Substance found in the Athlete's A Sample . You were informed about it and on you wrote to us on 27 July 2020 stating that You accept the result of B sample and do not want to file any appeal.



च.नं./Ref.No.:

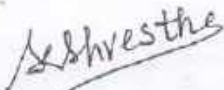
मिति/Date:

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.Mr. Mehbob Ali Your Ineligibility (Sanction} will be Four Years From 6th December 2019 to 5th December 2023.

Thanking for you kind Co-Operation

With Regards



Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)

Subject Disqualification of Results**From** sujan shrestha <sujanlal_jessica@yahoo.com>**To** Pakistan Olympic Association <info@nocpakistan.org>**Date** 11-08-2020 5:58 pm

- Disqualification of Results (Mehbob Ali).jpg (~2.4 MB)
- Disqualification of Results of Naeem.jpg (~2.3 MB)

Attn :

Mr. Muhammad Naeem
Athlete (Athletics, 100 M Hurdles)

and

Mr. Mehbob Ali:
Athlete (Athletics , 400 M Hurdles)
Pakistan

Dear sirs:

In regard to the above subject, please find the attached file which is self explanatory.

Thank you.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.comWebsite : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur



Disqualification of Results (Mehbob Ali).jpg
~2.4 MB

Disqualification of Results of Naeem.jpg
~2.3 MB





१३ औं दक्षिण एशियाली खेलकुद-२०१९
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०१९, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan

Sub : Disqualification of Results

Dear Mr. Mehbob Ali:

In addition to our previous letter, we would like to inform you that World Anti-Doping Code 2015 article 10.8 as applicable to you. Therefore as per the article 10.8, please return the medal and certificate to the South Asia Olympic Council (SAOC).

Thanking for you kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal



१३ औं दक्षिण एशियाली खेलकुद-२०७६
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०७६, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



घ.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Muhammad Naeem
Athlete (Athletics, 100 m Hurdles)
Pakistan

Sub : Disqualification of Results

Dear Mr. Muhammad Naeem :

In addition to our previous letter, we would like to inform you that World Anti-Doping Code 2015 article 10.8 as applicable to you. Therefore as per the article 10.8, please return the medal and certificate to the South Asia Olympic Council (SAOC).

Thanking for you kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal

Subject Sanctions of Individuals

From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, DG SARADO <dg@sa-rado.org>, Aaa . <sec@asianathleticsassociation.org>, Nilendra Shrestha <nilendrashrestha@gmail.com>, chiho.miki@wada-ama.org <chiho.miki@wada-ama.org>, tom.may@wada-ama.org <tom.may@wada-ama.org>, HUSSAIN Mohamed <info@sa-rado.org>
Date 11-08-2020 6:04 pm



- Sanction of Individual (Mr. Sami Ullah).pdf (~771 KB)

Attn: Mr. Sami Ullah
Athlete (Athletics, 100 M Sprint)
Pakistan

Dear Mr. Ullah:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur



१३ औं दक्षिण एशियाली खेलकुद-२०१९

एन्टि डोपिङ्ग समिति

मंसिर १५-२४, २०१९, काठमाडौं-पोखरा

13th South Asian Games (SAG)-2019

Anti-Doping Committee

Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Sami Ullah
Athlete (Athletic 100 m Sprint)
Pakistan

Sub : Sanctions of Individuals

Dear Mr. Sami Ullah:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur from 1 to 10 December 2019. You Mr. Sami Ullah from Pakistan Athlete 100 m Sprint Your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300910 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300910) on 3rd December 2019 in Kathmandu, Nepal . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was Reported (- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.) The Finding of A Sample bottle no: 4300910 confirms, the Presence of the Prohibited Substance. In our record you have not submitted any TUE. You were informed about the test result of A Sample. Since you did not request for further Analysis (B Sample analysis) in the time. We assume that you have accepted the result of Sample A .

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless



१३ औं दक्षिण एशियाली खेलकुद-२०७६
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०७६, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



सं.सं./Ref.No.:

मिति/Date:

the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.1 Mr. Sami Ullah Your Ineligibility (Sanction) will be Four Years From 3rd December 2019 to 2nd December 2023 and World Anti- Doping code article No 10.8 as applicable to you. So please return your Medal to South Asia Olympic Council.

Thanking for you for your kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games
Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)

➔ Forwarded

AoA. This is **w.r.to** our telephonic conversation. following athletes were taken for tests.

2 Mehboob Ali

Rehman

7Najma Parveen

3M Naeem

5Shamsul Haq

8Sahib e Asra

As informed by the Coaches

1 Arshad Nadeem

4Uzair

6 Sami Ullah

Regards

★ 1:20 PM

MANAGER REPORT

13TH SOUTH ASIAN GAMES 2019, KATHMANDU, NEPAL

13th South Asian Federations Games were held from 01-10 December 2019 at Kathmandu, Nepal. The following members of Pakistan Athletics Team participated in the event.

OFFICIALS		
Sr#	Name	Status
1.	Mrs. Humaira Mahmood	Team Leader
2.	Mr. Qaiser Mahmood Khan	Team Manager
3.	Mr. Asghar Ali Gill	Coach
4.	Syed Faiz Hussain Bokhari	Coach
5.	Mr. Muhammad Shahid Faqeer	Coach
6.	Miss. Seemi Rizvi Coach	Coach

ATHLETES			
Sr#	Name	Sr#	Name
1.	Mr. Arshad Nadeem	2	Mr. Umar Sadat
3.	Mr. Abdul Moeed	4.	Mr. Muhammad Ikram
5.	Mr. Sami Ullah	6.	Mr. Sohail Amir
7.	Mr. Nasir Ali	8.	Mr. Uzair Rehman
9.	Mr. Sharoz Khan	10.	Mr. Mehboob Ali
11.	Mr. Muhammad Shahbaz	12.	Mr. Muhammad Naeem
13.	Mr. Nokar Hussain	14.	Mr. Shams Ul Haq
15.	Ms. Sahib e Asra	16.	Ms. Najma Parveen
17.	Ms. Maria Maratab	18.	Ms. Rabia Ashiq
19.	Ms. Aneela Gulzar	20.	Ms. Esha Imran

PAKISTAN CONTIGENT ACCOMMODATION IN KATHMANDU, NEPAL

Pakistan contingent was provided accommodation in Skyline Hotel, Kathmandu, The hotel was located in a convenient location. The hotel Management and Staff were very co-operative and courteous, a farewell reception was given to our Team by the hotel Management.

FOOD & BEVERAGES

A variety of foods and juices were provided to the Pakistani Athletes, which were quite nutriment and sufficient for the athletes.

MEDICAL FACILITIES

The necessary and good medical facilities were available for Pakistani Contingent, which were provided by the organizing committee..

TRANSPORTATION

The proper transportation was provided by the organizing committee from Air Port to hotels, competition/warm-up and training venues.

TECHNICAL MEETING

Technical (Managers) Meetings held on 5th and 6th December 2019 in Kathmundu, Nepal.

TRAINING / COMPETITION VENUE

The best training facilities were provided to the Pakistani contingent by the organizers at the competition venue. Our Athletes took full advantages of these excellent facilities.

PERFORMANCE

The performance of Pakistani Athletes was excellent. The amazing performance of some of the team member was great like Mr. Arshad Nadeem for Javelin Throw with an amazing 86.29 meter which is a new South Asian Federation Games record, and with this new SAF record Mr. Arshad Nadeem also qualified for Tokyo Olympics 2020. Individual performance of athletes as under:-

Sr#	Name	Event	Medal
1	Arshad Nadeem	Javelin Throw	Gold
2	Uzair Rehman	200m	Gold
3	Mehboob Ali	400m Hurdles	Gold
4	Muhammad Naeem	110m Hurdles	Gold
5	Najma Parveen	400m Hurdles	Gold
6	Najma Parveen	200m	Silver
7	Sahib e Asra	4x400m Relay (W)	Silver
	Najma Parveen		
	Aneela Gulzar		
	Rabia Ashiq		
8	Samiullah	100m	Bronze
9	Sahib e Asra	400m	Bronze
10	Shams UI Haq	Discuss Throw	Bronze
11	Umar Sadat	4x400m Relay (M)	Bronze
	Mehboob Ali		
	Abdul Moeed		
	Nokar Hussain		
12	Samiullah	4x100m Relay (M)	Bronze
	Muhammad Shahbaz		
	Uzair Rehman		
	Muhammad Naeem		
13	Sahib e Asra	4x100m Relay (W)	Bronze
	Najma Parveen		
	Aneela Gulzar		
	Esha Imran		

RECOMMENDATION/ SUGGESTION

We worked as a Team which resulted in exceptionally good results. All the team members were very co-operative and most of them followed the rules set by the Federation.

Pakistan Ambassador to Nepal Dr. Mazhar Javed was part of Medal award ceremony and also greeted the Pakistani Athletes. Secretary Ministry of IPC Govt of Pakistan Mr. Akbar Hussain Durrani was also among the dignitaries who visited the Pakistani contingent.

The team performed tremendously well under the leadership of President Athletics Federation of Pakistan, Major General (R) Muhammad Akram Sahi HI(M), SI(M), and due to his vision Pakistani team were able to win number of Medals.

In the end, I suggest that the extensive training session and modern techniques should be adopted for the Athletes. The talented and capable Athletes must be sent abroad for training which can bring outstanding results in the upcoming events.

It is very strongly recommended that our Javelin Thrower, Arshad Nadeem must be trained by a foreign Coach. He is a potential medal winner in the 2020 Tokyo Olympics. It is once in a century chance for Pakistan to win a Medal in Individual event in Olympics. It needs special attention by the Govt and POA.



Humaira Mahmood
Team Leader for 13th South Asian Games

Subject Re: 13th SOUTH ASIAN GAMES 1 – 10 DECEMBER, 2019
KATHMANDU – POKHARA, NEPAL – TEAM MANAGER'S
REPORT – "ANOTHER REMINDER"
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 05-01-2020 4:25 pm



-
- Manager Report.pdf (~224 KB)
 - ResultsDocumentation.pdf (~2.8 MB)

Dear Sir,

Please refer to your email dated 16/12/2019 on the subject matter.

As desired team leader/manager report along with complete results for the athletics competition of the subject mentioned games is attached.

OBSERVATIONS/COMMENTS AND RECOMMENDATIONS OF AFP ARE AS UNDER:

OBSERVATIONS/COMMENTS

On receipt of schedule of 13 South Asian Games AFP in various meetings of POA and PSB proposed strength of 30 male athletes, 12 female athletes and 08 officials for participation. The desired strength of the athletics contingent was not allocated/ approved so we were restricted to send the entries by number and by name to participate in the maximum events but restriction of participation of one athlete in two events was there.

We also requested POA to take up the matter for inclusion of Hammer Throw & Pole Vault (Men/Women) as we had bright chances of Gold Medals in these events but the same were not included in the championships.

In spite of all odds, absence of long term national training camp and less number of athletes, as compared to other participating countries, performance of Pak athletics team was exceptional and historical. Our athletes won 13 medals as detailed in the report. Not only our male athletes but also female athletes performed exceptionally well. Ms. Najma Parveen won 4 medals (1 Gold, 2 Silver, 1 Bronze) in the Games which never happened before. Mr. Arshad Nadeem established the New National Record, South Asian Federations Games Record and also qualified for the Tokyo Olympics 2020.

RECOMMENDATIONS

1. National Training camps for longer duration to impart training on scientific lines to the athletes

are essential and the same may be arranged for participation in the further international competitions.

2. Monetary incentives may be announced and awarded to the medal winners of the Games at the earliest. It is necessary for their motivation and acknowledgement of their performance.
3. A qualified foreign Coach may be hired for the coaching of our Javelin Thrower. In this regard AFP has already taken up the matter with PSB. We also requested World Athletics (IAAF) for the training of Mr. Arshad Nadeem through a foreign Coach. It has been replied that we should contact our NOC if the athletes can benefit from a scholarship from Olympic Solidarity. In this regard necessary steps may please be taken up.

Best regards,

Muhammad Zafar
Secretary General, AFP

From: Pakistan Olympic Association <info@nocpakistan.org>

Sent: Thursday, January 2, 2020 6:57 PM

To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>; PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

Cc: President NOC Pakistan <president@nocpakistan.org>

Subject: 13th SOUTH ASIAN GAMES 1 – 10 DECEMBER, 2019 KATHMANDU – POKHARA, NEPAL – TEAM MANAGER'S REPORT – "ANOTHER REMINDER"

REMINDER

Dear Mr. Muhammad Zafar,

Kind attention is invited to below email of POA dated 28.12.2019. Required information / Report is still awaited from your side.

Please send it to POA Secretariat without fail.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood,

Secretary General, POA

On 28-12-2019 12:07 pm, Pakistan Olympic Association wrote:

Dear Sir,

Kind attention is invited to below email of POA dated 21.12.2019. Required information / Report is still awaited from your side.

Please send it to POA Secretariat without fail.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood

Secretary General, POA

On 21-12-2019 12:21 pm, Pakistan Olympic Association wrote:

Dear Sir,

Kind attention is invited to below email of POA dated 16.12.2019. Required information / Report is still awaited from your side.

Please ensure to collect the same from your manager and send it to POA Secretariat on immediate basis.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood,

Secretary General, POA

----- Original Message -----

Subject: 13TH SOUTH ASIAN GAMES 1-10 DECEMBER, 2019 KATHMANDU-POKHARA, NEPAL - TEAM MANAGER'S REPORT

Date: 16-12-2019 8:52 pm

From: Pakistan Olympic Association <info@nocpakistan.org>

To: President NOC Pakistan <president@nocpakistan.org>

Dear Sir,

As a mandatory part, each Team Manager participate in the Games has to submit his/her Report to Pakistan Olympic Association directly or through its National Federation. All Team Managers were requested to provide their report during the 13th South Asian Games which is still awaited.

It is requested to please collect the same and send it to POA Secretariat latest by **20 December, 2019**.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood
Secretary General, POA

RESULT DAY 1

03-12-2019

Page 1 of 2

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

12/3/19 - 12/7/19

KATHMANDU, POKHARA, NEPAL

Event # 1 WOMENS 100m Dash

SAG RECORDS:K V DAMAYANTHI DARSHA SRI 11.91 15

RESULTS OF FINALS Heat 1

1	ARCHANA SUSEENT .	IND	305	0:11.80=
2	THANUJI AMASHA .	SRI	357	0:11.82=
3	LAKSHIKA SUGAND .	SRI	356	0:11.84=
4	HIMASHREE ROY .	IND	308	0:11.88=
5	SHIRIN AKTER .	BAN	402	0:12.52
6	MIS SHARIFA KHA .	BAN	302	0:12.55
7	SARSWATI CHAUDH .	NEPAL	385	0:12.55
8	ESHA IMRAN .	PAK	355	0:12.69

RESULTS OF PRELIMS Heat 1

1	ARCHANA SUSEENT .	IND	305	0:11.99
2	THANUJI AMASHA .	SRI	357	0:12.07
3	MIS SHARIFA KHA .	BAN	302	0:12.55
4	ESHA IMRAN .	PAK	355	0:12.86
5	KRISHNA CHADHAI .	NEPAL	386	0:13.24

RESULTS OF PRELIMS Heat 2

1	LAKSHIKA SUGAND .	SRI	356	0:12.00
2	HIMASHREE ROY .	IND	308	0:12.11
3	SHIRIN AKTER .	BAN	402	0:12.40
4	SARSWATI CHAUDH .	NEPAL	385	0:12.57

Event # 5 WOMENS 1500m Run

SAG RECORDS:SUNITA RAN IND 4:14.23 1999

1	UDA KUBURALAGE .	SRI	364	4:34.34
2	CHANDA .	IND	321	4:34.51
3	CHITRA PALAKEEZ .	IND	320	4:35.46
4	GUNATHILAKA THU .	SRI	363	4:36.34
5	SARASWATI BHATT .	NEPAL	380	4:41.66
6	RABIA AASHIO .	PAK	339	5:05.52
7	SANU MAYA KARKI .	NEPAL	392	5:06.27
8	AISHATH JAAISHA .	MDV	344	5:28.69
	NIMALI WALIWARS .	SRI	361	DNS

Event # 7 WOMENS 10000m Run

SAG RECORDS:SURIYA LOGANATHAN IND 32:39.86 201

1	SANTOSHI SHREST .	NEPAL	393	35:07.94
2	KAVITA YADAV .	IND	323	35:07.95
3	NILANTHI LANKA .	SRI	307	35:39.02
4	HIRUNI KESARA W .	SRI	366	36:22.85
5	ARATI DATTATRAY .	IND	324	37:27.99
6	BISWARUPA BUDIJA .	NEPAL	394	38:25.03
7	MARIYAM ABDUL K .	MDV	345	42:08.62

Event # 11 WOMENS High Jump

QUALIFY STARTING HEIGHT 140M

PROGRESSION OF HEIGHTS 140-150-155

160-165-169-173-175-2CM

SAG RECORDS:SANGEETHA MOHAN IND 1.81 2004

1	JISHNA M .	IND	331	1.73m
2	DULANJALEE KUMA .	SRI	373	1.69m
3	RUBINA YADAV .	IND	330	1.69m
4	MIUDITHA MADHUS .	SRI	374	1.65m
5	PLABONI HAQIJE .	BAN	405	1.55m
	SHILA CHAUDHARY .	NEPAL	396	NM

Event # 19 MENS 100m Dash

RESULTS OF FINALS Heat 1

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13TH SOUTH ASIAN GAMES 2019

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2/3/19 - 12/7/19

KATHMANDU, POKHARA, NEPAL

Event # 19 MENS 100m Dash**RESULTS OF FINALS Heat 1**

1	SAAD HASSAN .	MDV	152	0:10.49
2	HIMASHA EASHAN .	SRI	174	0:10.50
3	SAMI ULLAH .	PAK	180	0:10.66
4	UZAIR REHMAN .	PAK	151	0:10.70
5	MD ISMAIL .	BAN	196	0:10.75
6	VINOJ SURANJAYA .	SRI	175	0:10.79
7	GURJINDERVIR SIN .	IND	115	0:10.81
8	MOHAMMED HASAN .	BAN	237	0:10.92

RESULTS OF PRELIMS Heat 1

1	HIMASHA EASHAN .	SRI	174	0:10.51
2	GURJINDERVIR SIN .	IND	115	0:10.60
3	MD ISMAIL .	BAN	196	0:10.70
4	UZAIR REHMAN .	PAK	161	0:10.74
5	AASHISH CHALDHA	NEPAL	209	0:11.01

RESULTS OF PRELIMS Heat 2

1	SAAD HASSAN .	MDV	152	0:10.66
2	SAMI ULLAH .	PAK	160	0:10.75
3	VINOJ SURANJAYA .	SRI	175	0:10.82
4	MOHAMMED HASAN .	BAN	237	0:10.96
5	YAM SAJAN SUNAR .	NEPAL	210	0:11.15

Event # 23 MENS 1500m Run

1	AJAY KUMAR SARU .	IND	125	3:54.81
2	AJIT KUMAR .	IND	126	3:57.18
3	TANKA KARKI .	NEPAL	218	3:59.20
4	SAJEEWA LAKMAL .	SRI	182	4:00.60
5	NASIR ALI .	PAK	167	4:07.11
6	KUPLN KUSHANTHA .	SRI	181	4:13.29
7	MADAV KUMAR CHA .	NEPAL	219	4:16.76
8	HUSSAIN RIZA .	MDV	153	4:22.89

Event # 29 MENS High Jump

QUALIFY STARTING HEIGHT 175 CM

PROGRESSION OF HEIGHTS 175-185-190

195-200-204-208-210+2CM

#SAG RECORDS M. WIJESEKARA SRI 2.20 2004

1	SARVESH ANIL KU .	IND	137	2.21m#
2	MAHFUZUR RAHMAN .	BAN	199	2.16m
3	CHEZHAN BALASUB .	IND	138	2.14m
4	USHAN THIWANKA .	SRI	196	2.10m
5	SHARQZ KHAN .	PAK	171	2.04m
6	SURYA BAHADUR K .	NEPAL	228	1.95m
6	SANJU THARUKA F .	SRI	197	1.95m

RESULT DAY 2

13TH SOUTH ASIAN GAMES 2019 KATHMANDU NEPAL						
RESULT DAY-2 04/12/2019						
Event # 25 MENS 10000m Run						
# SAG RECORDS:T GOPI . IND 29:10.53 2016						
1	SURESH KUMAR .	129	IND			29:33.61
2	SHANMUGESWARAN .	185	SRI			30:49.20
3	DEEPAK ADHIKARI	222	NEPAL			30:50.06
4	RANJEET KUMAR P	130	IND			31:18.54
5	GAJENDRA RAI .	223	NEPAL			31:45.95
6	SANGAY	112	BHU			32:47.22
7	HUSSAIN FAZEEL .	154	MDV			35:01.74
	SOHAIL AMIR .	166	PAK			DNF
	SAMANTHA PUSHPA	183	SRI			DNF
Event # 32 MENS Discus Throw						
# SAG RECORDS:SHAKTI SINGH . IND 57.76 1995						
1	KIRPAL SINGH BA .	147	IND			57.68m
						NMR
						55.62, 57.88, 56.64, 54.70, 56.58, 65.36
2	GAGANDEEP SINGH	146	IND			53.57m
						51.78, 52.89, 51.93, X, X, 53.67
3	SHAMS UL HAQ .	172	PAK			44.31m
						44.31, 40.54, 43.35, X, X, X
4	JANAKA THUSARA .	204	SRI			42.55m
						41.17, 40.82, X, 38.17, 41.81, 42.65
5	CHITRA BAHADUR .	230	NEPAL			39.65m
						X, 38.23, X, X, 39.65, 37.90
6	BINOD RAI .	231	NEPAL			37.84m
						37.84, X, X, 36.53, X, 36.75
Event # 28 MENS Long Jump						
# SAG RECORDS:ANKIT SHARMA . IND 7.89 2016						
1	LOKESH SATHYANA .	139	IND			7.87m
						7.74 (0.0), X (0.0), 7.69 (0.0), X (0.0), 7.87 (0.0), X (0.0)
2	SWAMINATHAN RAV .	140	IND			7.77m
						7.54 (0.0), 7.62 (0.0), 7.46 (0.0), 7.57 (0.0), 7.51 (0.0), 7.77 (0.0)
3	AL AMIN .	110	BAN			7.60m
						7.16 (0.0), 7.39 (0.0), 7.50 (0.0), 7.50 (0.0), 7.80 (0.0), 7.49 (0.0)
4	AMILA JAYASIRI .	198	SRI			7.59m
						7.56 (-0.1), X (0.0), X (0.0), X (0.0), 7.62 (0.0), 7.89 (0.0)
5	GAYAN SAMPATH J .	199	SRI			7.42m
						6.93 (0.0), 7.42 (0.0), 7.33 (0.0), 7.41 (0.0), 7.39 (0.0), X (0.2)
6	SHERBHADUR BIST .	225	NEPAL			6.85m
						6.76 (0.0), 6.85 (0.0), 6.67 (0.0), X (0.0), X (0.3), 6.68 (0.0)
7	BHUVAN MAHATO .	226	NEPAL			6.76m
						X (0.0), 6.76 (0.0), 6.53 (0.0), 6.39 (0.0), X (0.1), X (0.0)
Event # 20 MENS 200m Dash						
# SAG RECORDS:ROHAN PRADEEPKUMARA SRI 20.99 2004						
RESULTS OF FINALS Heat 1						
1	UZAIR REHMAN .	161	PAK	-0.3m/s		0:21.15
2	VINOJ SURANJAYA .	175	SRI	-0.3m/s		0:21.19
3	SAAD HASSAN .	152	MDV	-0.3m/s		0:21.22
4	MUHAMMAD SHAHBA .	169	PAK	-0.3m/s		0:21.54
5	SHASHIKANT VEER .	117	IND	-0.3m/s		0:21.61
6	SHANMUGA SRINIV	116	IND	-0.3m/s		0:21.64
7	MO SAIFUL ISMAI	101	BAN	-0.3m/s		0:21.70
8	MOHAMED SAFAN A .	179	SRI	-0.3m/s		0:22.29

RESULTS OF PRELIMS Heat 1						
1	MUHAMMAD SHAHBA .	189	PAK	-0.9m/s	0:21	Q
2	VINOJ SURANJAYA .	175	SRI	-0.9m/s	0:21	Q
3	SAAD HASSAN .	152	MDV	-0.9m/s	0:21	Q
4	SHASHIKANT VEER .	117	IND	-0.9m/s	0:22	q
5	AAASHISH CHAUDHA .	209	NEPAL	-0.9m/s	0:22.47	
RESULTS OF PRELIMS Heat 2						
1	UZAIR REHMAN .	181	PAK	-0.5m/s	0:21	Q
2	MOHAMED SAFAN A .	176	SRI	-0.5m/s	0:21	Q
3	MD SAIFUL ISMAI .	101	BAN	-0.5m/s	0:22	Q
4	SHANMUGA SRINIV .	116	IND	-0.5m/s	0:22	q
5	ANAND DEY CHAUD .	211	NEPAL	-0.5m/s	0:24.02	
Event # 2 WOMENS 200m Dash						
# SAG RECORDS:K V DAMAYANTHI DARSHA SRI 22.69 1999						
RESULTS OF FINALS Heat 1						
1	ARCHANA SUSEENT .	305	IND	+0.7m/s	0:23.68	
2	NAJMA PARVEEN .	350	PAK	+0.7m/s	0:23.69	
3	CHANDRALEKHA AN .	311	IND	+0.7m/s	0:24.27	
4	NONA SHARMILA J .	358	SRI	+0.7m/s	0:24.37	
5	SAHIB E ASRA .	351	PAK	+0.7m/s	0:24.46	
6	THANUJI AMASHA .	357	SRI	+0.7m/s	0:24.54	
7	SHIRIN AKTER .	402	BAN	+0.7m/s	0:25.59	
8	SARSWATI CHAUDH .	385	NEPAL	+0.7m/s	0:26.26	
RESULTS OF PRELIMS Heat 1						
1	NAJMA PARVEEN .	350	PAK	-1.1m/s	0:24	Q
2	CHANDRALEKHA AN .	311	IND	-1.1m/s	0:25	Q
3	THANUJI AMASHA .	357	SRI	-1.1m/s	0:25	Q
4	SHIRIN AKTER .	402	BAN	-1.1m/s	0:25	q
5	KRISHNA CHADHAU .	386	NEPAL	-1.1m/s	0:27.49	
RESULTS OF PRELIMS Heat 2						
1	ARCHANA SUSEENT .	305	IND	+0.8m/s	0:24	Q
2	NONA SHARMILA J .	358	SRI	+0.8m/s	0:24	Q
3	SAHIB E ASRA .	351	PAK	+0.8m/s	0:24	Q
4	SARSWATI CHAUDH .	385	NEPAL	+0.8m/s	0:26	q
5	AISHATH HIMNA H .	343	MDV	+0.8m/s	0:26.22	
Event # 14 WOMENS Discus Throw						
1	NAVJEET KAUR OH	338	IND		49.85m	
48.85, 48.36, 48.76, X, 49.08, X						
2	SURAVI BISWAS	339	IND		47.31m	
45.82, X, 47.16, 46.11, 44.59, 47.31						
3	ISHARA MADURANG .	381	SRI		41.29m	
38.51, 41.29, 40.93, 39.92, 39.86, 40.27						
4	VINODENI VISHAN .	330	SRI		40.77m	
39.69, X, 38.88, 38.64, 38.82, 40.77						
5	AMRITA MAHATO .	399	NEPAL		40.15m	
X, 40.15, 37.81, 36.57, 38.04, 35.34						
Event # 10 WOMENS Long Jump						
# SAG RECORDS:MAYOOKHA JOHNY IND 6.43 2016						
1	LAKSHMI SARANG .	370	SRI		6.38m	
6.13 (0.0), 6.38 (0.0), 6.16 (-0.2), 5.25 (0.0), X (0.0), 6.98 (0.0)						
2	ANJANI UTHPALA .	376	SRI		6.11m	
6.11 (0.0), 6.05 (0.0), X (0.0), X (0.0), X (0.0), 6.06 (-0.1)						
3	SANDRA BABU .	332	IND		6.02m	
5.94 (0.0), X (0.0), X (0.0), 6.02 (0.0), X (0.0), X (0.0)						
4	PRIYANKA KERKET .	333	IND		5.94m	
5.38 (0.0), 5.86 (0.0), X (0.0), X (0.0), 5.78 (0.0), 5.94 (0.0)						

6	MST RINKI KHATU .	406	BAN	5.70m
5.70 (0.0), X (0.0), X (0.0), 5.14 (0.0), X (0.0), 5.30 (0.0)				
6	SHILA CHAUDHARY .	998	NEPAL	5.33m
5.14 (0.0), 5.31 (0.0), 5.33 (0.0), X (0.0), 5.18 (0.0), 5.18 (0.0)				

RESULT DAY 3

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05-12-201

12/3/19 - 12/7/19

, KATHMANDU, POKHARA, NEPAL

Event # 26 MENS 110m Hurdles

SAG RECORDS:GHULAM ABBAS PAK 14.11 1989

1	MUHAMMAD NAFEM .	168	PAK	-0.6m/s	0:14.30
2	SURENDHAR JAYAK .	131	IND	-0.6m/s	0:14.37
3	ROSHAN DAMMIKA .	186	SRI	-0.6m/s	0:14.42
4	MAYMON POULOSE .	132	IND	-0.6m/s	0:14.56
5	HASHITH NIRMAL .	187	SRI	-0.6m/s	0:15.09
6	JEEVAN CHAUDHAR .	215	NEPAL	-0.6m/s	0:15.60
7	MIRZA HASAN .	103	BAN	-0.6m/s	0:15.73
8	CHANDRA DEV JOS .	224	NEPAL	-0.6m/s	0:16.39

Event # 30 MENS Triple Jump

SAG RECORDS:RENJIT MAHESWARY IND 16.45 2016

1	KARTHIK UNNIKRI .	141	IND		16.47m #
				15.51 (0.0), 16.25 (0.0), 16.47 (0.0), X (0.0), 15.85 (0.0), 16.34 (0.0)	
2	MOHAMMED SALAHU .	142	IND		16.16m
				X (0.0), 16.36 (0.0), X (0.0), X (0.0), 15.65 (0.0), X (0.0)	
3	SAFREEN AHMED N .	200	SRI		15.95m
				15.24 (0.0), 15.66 (0.0), 13.84 (0.0), X (0.0), 15.95 (0.0), X (0.0)	
4	SHRESHAN DHANAN .	201	SRI		15.91m
				X (0.0), 15.66 (0.0), 15.91 (0.0), 15.70 (0.0), 15.77 (0.0), 15.51 (-0.9)	
5	MD SHOHEL RANA .	111	BAN		14.29m
				13.51 (0.0), 14.29 (0.0), 14.26 (0.0), X (0.0), 14.15 (0.0), X (0.0)	
6	DILLI KHATRI .	227	NEPAL		14.01m
				X (0.0), X (0.0), 14.01 (0.0), X (0.0), 13.58 (0.0), 13.85 (0.0)	
7	BHUVAN MAHATO .	226	NEPAL		13.53m
				13.53 (0.0), 13.43 (0.0), X (0.0), X (0.0), X (-0.2), 13.40 (0.0)	

Event # 8 WOMENS 100m Hurdles

SAG RECORDS:SRIYANI KULAWANSA SRI 13.12 1999

1	LAKSHIKA SUGAND .	356	SRI	-0.7m/s	0:13.68
2	APARNA ROY .	326	IND	-0.7m/s	0:14.13
3	IRESHANI SACHIP .	368	SRI	-0.7m/s	0:14.18
4	KANIMOZHI CHAND .	327	IND	-0.7m/s	0:14.69
5	MARIA MARATAB .	354	PAK	-0.7m/s	0:15.23
6	TAMANNA AKTER .	404	BAN	-0.7m/s	0:15.47
7	PRAMILA THARU .	395	NEPAL	-0.7m/s	0:16.38

Event # 21 MENS 400m Dash

SAG RECORDS:ROHAN PRADEEPKUMARA SRI 45.77 2004

RESULTS OF FINALS

1	ARUNA DHARSHANA .	177	SRI		0:46.69
2	LAKMAL PRIYANTH .	178	SRI		0:46.79
3	JEEVAN KAREKOPP .	119	IND		0:47.42
4	NOKAR HUSSAIN .	164	PAK		0:47.73
5	UMAR SADAT .	162	PAK		0:48.05
6	RASHID .	120	IND		0:48.14
	MOHAMMAD JAHIR .	102	BAN		DNS
	MD ABU TALEB .	107	BAN		DNS

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12/3/19 - 12/7/19

, KATHMANDU, POKHARA , NEPAL

Event # 3 WOMENS 400m Dash

SAG RECORDS:K V DAMAYANTHI DARSHA SRI 52.11 1999

RESULTS OF FINALS

1	DILSHI MAHEESHA .	362	SRI	0:53.40
2	PRIYA HABBATHAN .	313	IND	0:54.31
3	SAHIB E ASRA .	351	PAK	0:54.58
4	VIJAYAKUMARI GO .	312	IND	0:54.78
5	KAWSHALYA MADHU .	360	SRI	0:55.63
6	SUMI AKTAR .	301	BAN	1:01.91
7	AISHATH HIMNA H .	343	MDV	1:02.25
	SHABIYA AL SOHA .	403	BAN	DNF

Event # 12 WOMENS Triple Jump

SAG RECORDS:MAYOOKHA JOHNY IND 13.85 2016

1	HASHINI PRABODH .	377	SRI	13.21m
				X (0.0), X (0.0), 12.68 (-0.9), 13.21 (0.0), 12.92 (0.0), 13.03 (0.0)
2	VIDUSHA LAKSHAN .	375	SRI	13.14m
				X (0.0), 12.36 (-0.3), 12.99 (0.0), X (0.0), 13.01 (-0.6), 13.14 (0.0)
3	BHAIRABI ROY .	334	IND	12.77m
				X (0.0), 12.14 (0.0), 12.35 (0.0), 12.64 (0.3), 12.77 (0.0), 12.51 (0.0)
4	SIVA ANBARASI M .	335	IND	12.58m
				X (0.0), 12.24 (0.0), X (0.0), 11.64 (0.0), X (0.0), 12.58 (0.0)
5	MARIA MARATAB .	354	PAK	12.10m
				11.93 (-1.0), X (0.0), 12.06 (0.0), X (0.0), 12.10 (0.0), X (0.0)
6	SHILA CHAUDHARY .	396	NEPAL	11.06m
				X (0.0), X (0.0), 11.06 (0.0), X (0.0), X (-0.5), X (0.0)

Event # 21 MENS 400m Dash

SAG RECORDS:ROHAN PRADEEPKUMARA SRI 45.77 2004

RESULTS OF FINALS

1	ARUNA DHARSHANA .	177	SRI	0:46.69
2	LAKMAL PRIYANTH .	178	SRI	0:46.79
3	JEEVAN KAREKOPP .	119	IND	0:47.42
4	NOKAR HUSSAIN .	164	PAK	0:47.73
5	UMAR SADAT .	162	PAK	0:48.05
6	RASHID .	120	IND	0:48.14
	MOHAMMAD JAHIR .	102	BAN	DNS
	MD ABU TALEB .	107	BAN	DNS

Event # 3 WOMENS 400m Dash

SAG RECORDS:K V DAMAYANTHI DARSHA SRI 52.11 1999

RESULTS OF FINALS

1	DILSHI MAHEESHA .	362	SRI	0:53.40
2	PRIYA HABBATHAN .	313	IND	0:54.31
3	SAHIB E ASRA .	351	PAK	0:54.58
4	VIJAYAKUMARI GO .	312	IND	0:54.78
5	KAWSHALYA MADHU .	360	SRI	0:55.63
6	SUMI AKTAR .	301	BAN	1:01.91
7	AISHATH HIMNA H .	343	MDV	1:02.25
	SHABIYA AL SOHA .	403	BAN	DNF

RESULT DAY 4

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06-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA, NEPAL

Event # 27 MENS 400m Hurdles

SAG RECORDS:GHULAM ABBAS PAK 50.14 1991

1	MEHBOOB ALI .	163	PAK	0:50.71
2	JABIR MADARI PA .	133	IND	0:51.42
3	SANTHOSH KUMAR .	121	IND	0:51.98
4	ASANKA INDRAJIT .	188	SRI	0:54.33
5	ASITHA THARANGA .	189	SRI	0:54.93
6	RAM PRASAD THAR .	214	NEPAL	0:54.95
7	NIR PRATAP MAHA .	212	NEPAL	0:55.71
8	MD EBAD ALI .	235	BAN	0:55.81

Event # 31 MENS Shot Put

SAG RECORDS:BAHADUR SINGH SAGOO IND 19.15 1999

1	TAJINDERPAL SIN .	144	IND	20.03m	#
	19.61, X, 20.03, X, X, 19.80				
2	OM PRAKASH SING .	145	IND	17.31m	
	16.26, X, 17.08, 17.31, 16.46, X				
3	SAMITH MADUSANK .	202	SRI	15.55m	
	14.68, 15.30, 15.52, X, 14.48, 15.55				
4	RADITH SAMITHA .	203	SRI	14.75m	
	14.14, 14.21, 14.75, 14.58, 14.30, 14.45				
5	TANKA PRASAD DA .	229	NEPAL	13.09m	
	X, X, 11.85, 12.96, 12.70, 13.09				
6	CHITRA BAHADUR .	230	NEPAL	12.32m	
	11.97, 11.71, 12.32, X, 12.08, 12.32				

Event # 9 WOMENS 400m Hurdles

SAG RECORDS:P.T. USHA . IND 57.18 1987

1	NAJMA PARVEEN .	350	PAK	1:00.35
2	KAWSHALYA MADHU .	360	SRI	1:00.40
3	VEERPAL KAUR .	328	IND	1:01.38
4	NIROSHIKA LAKMA .	369	SRI	1:03.36
5	JAUNA MURMU .	329	IND	1:03.41
6	KALPANA SHRESTH .	389	NEPAL	1:11.98

Event # 24 MENS 5000m Run

SAG RECORDS:MAN SINGH . IND 14:02.04 2016

1	GOPI CHAND PARK .	220	NEPAL	14:54.20
2	SUNIL DAWAR .	128	IND	14:55.21
3	HARI KUMAR RIMA .	221	NEPAL	14:57.05
4	SAMANTHA PUSHPA .	183	SRI	14:58.57
5	BUGATHA SRINU .	127	IND	15:04.02
6	SHANMUGESWARAN .	185	SRI	15:06.59
7	GAWA ZANGPO .	113	BHU	15:16.84
8	SOHAIL AMIR .	166	PAK	15:20.68
9	NASIR ALI .	167	PAK	15:58.53
	HUSSAIN FAZEEL .	154	MDV	DNS

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

06-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA , NEPAL

Event # 6 WOMENS 5000m Run

SAG RECORDS:SURIYA LOGANATHAN IND 15:45.75 2016

1	UDA KUBURALAGE .	364	SRI	16:55.18
2	PARUL CHAUDHARY .	322	IND	16:57.49
3	PRITI LAMBA .	323	IND	17:09.32
4	SANTOSHI SHREST .	393	NEPAL	17:13.68
5	GOMA PRADHAN .	304	BHU	17:24.21
6	NIMESHA MADUISHA .	365	SRI	17:40.71
	RABIA ASHIQ .	353	PAK	DNF
	BISWARUPA BUDHA .	394	NEPAL	DNS

Event # 34 MENS 4x100m Relay

SAG RECORDS:INDIA . IND 39.91 2004

1	SRI F		SRI	0:39.14	#
	174 HIMASHA EASHAN .		191 CHANUKA SANDEEP .		
	175 VINOJ SURANJAYA .		190 YUPUN PRIYADARS .		
2	IND C		IND	0:39.97	
	135 HARJIT SINGH .		115 GURINDERVIR SIN .		
	136 PRANAV KALAPPUR .		114 AMIYA KUMAR MAL .		
3	PAK A		PAK	0:40.50	
	160 SAMI ULLAH .		169 MUHAMMAD SHAHBA		
	161 UZAIR REHMAN .		168 MUHAMMAD NAEEM .		
4	BAN D		BAN	0:40.76	
	104 ABDUR ROUF .		106 MD ISMAIL .		
	105 SHARIFUL .		237 MOHAMMED HASAN .		
5	MDV F		MDV	0:42.34	
	155 IBADULLA ADAM .		157 NUJOOM HASSAN .		
	158 MOHAMED JALAAIL .		152 SAAID HASSAN .		
6	NEPAL B		NEPAL	0:42.72	
	209 AASHISH CHAUDHA .		215 JEEVAN CHAUDHAR .		
	211 ANAND DEV CHAUD .		210 YAM SAJAN SUNAR .		

Event # 13 WOMENS Shot Put

SAG RECORDS:MANPREET KAUR IND 17.94 2016

1	ABHA KHATUA .	336	IND	15.32m
	14.89, 15.04, X, 14.80, 15.29, 15.32			
2	THARIKA KUMUDUM .	378	SRI	14.35m
	13.66, 13.52, 13.79, 14.35, 13.60, 13.64			
3	KACHNAR CHAUDHA .	337	IND	13.66m
	12.84, 12.69, 12.46, 13.17, 12.52, 13.66			
4	NADEEKA DARSHAN .	379	SRI	13.25m
	12.59, 12.78, 12.66, 12.92, 12.64, 13.25			
5	CHANDRA KALA LA .	397	NEPAL	12.52m
	11.93, 12.41, 12.17, 11.59, 12.52, 12.39			

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

06-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA, NEPAL

Event # 16 WOMENS 4x100m Relay

SAG RECORDS:SRI LANKA . . 44.63 2006

1	SRI F	356 LAKSHIKA SUGAND . 371 SADEEPA HENRY H .	SRI	370 LAKSHINI SARANG . 357 THANUJAMASHA .	0:44.89
2	IND C	308 HIMASHREE ROY . 305 ARCHANA SUSEENT .	IND	311 CHANDRALEKHA AN . 306 DANESHWARI ASHO .	0:45.36
3	PAK A	351 SAHIB E ASRA . 352 ANEELA GULZAR .	PAK	350 NAJMA PARVEEN . 355 ESHA IMRAN .	0:46.74
4	BAN D	302 MIS SHARIFA KIA . 303 SOHAGI AKTER .	BAN	404 TAMANNA AKTER . 402 SHIRIN AKT .	0:47.20
5	NEPAL B	386 KRISHNA CHADHAU . 387 ARUNA RIJAL .	NEPAL	395 PRAMILA TIHARU . 385 SARSWATI CHAUDH .	0:49.87
6	MDV E	346 MARIYAM ALHAAH . 348 SARAA MASSOOD .	MDV	343 AISHATH HIMNA H . 349 RIFA MOHAMED .	0:50.16

RESULT DAY 5

LICENSED TO: INNOVATIONS INC NEW DELHI

Page 1 of 3

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

07-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA, NEPAL

Event # 36 MENS 42KM Marathon

#SAG RECORDS: B.MANANDHAR NEP 2:15.03 1987				
1	KIRAN SINGH BOG .	233	NEPAL	2:21:17.00
2	RASHPAL SINGH .	150	IND	2:21:57.00
3	SHRE SINGH .	151	IND	2:22:07.00
4	HOM LAL SHRESHT .	234	NEPAL	2:24:31.00
5	PRADEEP DHAMMIK .	207	SRI	2:28:43.00
6	SISIRA KUMARA W .	208	SRI	2:29:13.00
7	SHIFAZ MOHAMED .	159	MDV	2:58:38.00
	SOHAIL AMIR .	166	PAK	DNF

Event # 18 WOMENS 42KM Marathon

# SAG RECORDS: V SATHYABHAMA . IND 2:38.10 1995				
1	HIRUNI KESARA W .	366	SRI	2:41:24.00
2	PUSHPA BHANDARI .	401	NEPAL	2:50:11.00
3	JYOTI GAWATE	317	IND	2:52:44.00
4	MAHAMARALALAGE .	384	SRI	2:59:43.00
5	JIGMET DOLMA .	342	IND	3:07:24.00
6	MARIYAM ABDUL K .	345	MDV	3:21:54.00
	RAJPURA PACHCHA .	400	NEPAL	DNF

Event # 15 WOMENS Javelin Throw

# SAG RECORDS: SUMAN DEVI IND 59.45 2016				
1	NADEESHA DILHAN .	383	SRI	55.02m
	52.33, 49.29, X, X, X, 55.02			
2	NADEEKA LAKMALI .	382	SRI	54.41m
	48.62, 54.40, 52.05, 50.76, 50.15, 54.41			
3	KUMARI SHARMILA .	341	IND	53.64m
	49.83, X, X, 45.78, 50.34, 53.64			
4	SANJANA CHOUDHA .	340	IND	47.63m
	X, X, X, 47.63, X, 45.53			
5	LAXMI THARU .	398	NEPAL	45.27m
	38.58, 42.85, 45.27, 37.20, 43.56, X			
6	CHANDRA KALA LA .	397	NEPAL	44.42m
	37.58, 38.53, 33.81, 44.20, 44.42, 40.95			

Event # 33 MENS Javelin Throw

# SAG RECORDS: NEERAJ CHOPRA IND 82.23 2016				
1	ARSHAD NADEEM .	173	PAK	86.29m #
	78.74, X, 86.29, 83.17, 85.86, 82.13			
2	SHIVPAL SINGH .	149	IND	84.16m #
	80.24, 84.16, X, X, 82.63, 83.59			
3	SUMEDHA JAGATH .	205	SRI	74.97m
	74.30, X, X, 74.97, X, X			
4	WARUNA LAKSHAN .	206	SRI	72.33m
	71.95, 72.33, X, X, 70.23, 69.54			
5	ARSHDEEP SINGH .	148	IND	70.42m
	68.77, X, 68.04, X, 70.42, 68.49			
6	ROHIT CHAUDHARY .	232	NEPAL	59.27m
	59.15, 59.27, 51.36, X, 55.13, 53.03			

13TH SOUTH ASIAN GAMES 2019

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07-12-2019

12/3/19 - 12/7/19

KATHMANDU, POKHARA, NEPAL

Event # 22 MENS 800m Run

SAG RECORDS:RANJIT SUBASINGHE SRI 1:47.56 1993

1	INDUNIL MADUSHA .	179	SRI	1:50.52
2	MOHAMMED AFSAL .	123	IND	1:51.25
3	SOM BAHADUR KUM .	216	NEPAL	1:51.44
4	RUSIRL CHATHURA .	180	SRI	1:51.51
5	ANKIT .	124	IND	1:52.32
6	MUHAMMAD IKRAM .	165	PAK	1:54.19
7	HUSSAIN RIZA .	153	MDV	1:56.51
8	UMESH MARSANGDI .	217	NEPAL	1:59.55

Event # 4 WOMENS 800m Run

SAG RECORDS:SHINY WILSON . IND 1:59.85 1995

1	DICSHI MAHEESHA .	362	SRI	2:06.18
2	GUNATHILAKA THU .	363	SRI	2:08.52
3	LILY DAS .	319	IND	2:08.97
4	SARASWATI BHATT .	390	NEPAL	2:12.67
5	CHITRA PALAKBEZ .	320	IND	2:13.13
6	ANEELA GULZAR .	352	PAK	2:18.52
7	PHULMATI RANA .	391	NEPAL	2:23.84
8	AISHA/H JAAISHA .	344	MDV	2:38.02
	SUMI AKTAR .	301	BAN	DNF

Event # 35 MENS 4x400m Relay

SAG RECORDS:SRI LANKA SRI 3:05.28 2004

1	SRI S	177 ARUNA DHARSHANA	SRI	195 SENIRA DULAKSHA .	3:08.04
		193 RAHITHA NERANJA .		178 LAKMAL PRIYANTH .	
2	IND I	119 JEEVAN KAREKOPP .	IND	121 SANTHOSH KUMAR .	3:08.21
		122 ANGRUJ SINGH .		133 JABER MADARI PA .	
3	PAK P	162 UMAR SADAT .	PAK	163 MEHBOOB ALI .	3:08.24
		170 ABDUL MUEED .		164 NOKAR HUSSAIN .	
4	BAN B	107 MD ABU TAJEB .	BAN	108 MD MASUD RANA .	3:15.50
		101 MD SAIFUL ISMAIL .		102 MOHAMMAD JAJIR .	
5	NEPAL N	214 RAM PRASAD TIJAR .	NEPAL	215 JEEVAN CHAUDHAR .	3:23.78
		213 SIMAN PANDEY .		212 NIR PRATAP MAHA .	
	MDV M		MDV		DNS
	MDV M		MDV		DNS

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

07-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA, NEPAL

Event # 17 WOMENS 4x400m Relay

SAG RECORDS:INDIA , 3:32.35 1999

1	SRI S	372	OMAYA UDAYANGLAN	SRI	363	GUNAJITHI,AKA HIU	3:41.10
		360	KAWSHALYA MADHU		362	DILSHI MAHEESHA	
2	PAK P	351	SABIB E ASRA	PAK	352	ANEFLA GULZAR	3:41.74
		353	RABIA ASHID		350	NAJMA PARVEEN	
3	IND I	313	PRIYA HABBATHAN	IND	312	VIJAYAKUMARI GO	3:41.81
		318	MANISHA KUSHWAH		314	NANCY	
4	BAN B	403	SHABIYA AL SOHA	BAN	302	MIS SHARIFA KHA	4:00.55
		304	SUMI AKTAR		302	SUJIN AKI	
5	NEPAL N	388	SANGITA MECHE	NEPAL	389	KALPANA SHRESTH	4:04.91
		387	ARUNA RIJAL		390	SARASWATI BILATT	
6	MDV M	348	SARAA MASSOOD	MDV	344	AISHATH JAAJUA	4:31.22
		349	RIFA MOHAMED		343	AISHATH HIMNA H	



Subject **CONSTITUTION OF AFP COMMITTEE TO HEAR AND DECIDE THE ALLEGED DOPING CASES**

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

To Pakistan Olympic Association <info@nocpakistan.org>, Dr. Waqar Ahmad <drwaqar_psb@yahoo.com>, sultan satti <sultan.satti@gmail.com>, Salman Iqbal Butt <discuss786@gmail.com>, Army Sports Directorate <asdirectorate@gmail.com>, Wapda Sports Board <wapdasports@hotmail.com>

Cc 'Makram sahi' <sahi49@gmail.com>

Date 26-05-2020 7:27 pm

No. AFP/A-18/2020

Dated: 26 May 2020

CONFIDENTIAL

SUBJECT: **CONSTITUTION OF AFP COMMITTEE TO HEAR AND DECIDE THE ALLEGED DOPING CASES**

A Committee comprising the following is hereby constituted to hear and decide the Doping cases of Mr. Mehboob Ali, Mr. Muhammad Naeem and Mr. Samiullah national athletes:-

- | | |
|---|--------------------|
| 1. Brig (R) Sultan Mehmood Satti
Chairman Promotion & Development Commission AFP | Convener |
| 2. Brig (R) Dr. Noureen Satti
Chairman Medical & Health Commission AFP | Member |
| 3. Dr. Waqar Ahmad
Chairman Anti Doping Organization Pakistan | Observer |
| 4. Syed Habib Shah
Ex Deputy DG Pakistan Sports Board | Member |
| 5. Mr. Salman Iqbal Butt
General Secretary Punjab Athletics Association | Member |
| 6. Mr. Muhammad Zafar
Secretary General AFP | Member / Secretary |

The committee will hold its meeting within 7 days to hear the above mentioned athletes and finalize its findings and recommendations.

Muhammad Zafar
Secretary General AFP

Distribution: -

- Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP/Vice President AAA

- Muhammad Khalid Mehmood, Secretary General POA
- Dr. Waqar Ahmad, Chairman Anti Doping Organization Pakistan
- Brig (R) Sultan Mehmood Satti, Convener of the Committee
- Members of the Committee
- Army Sports Directorate
- WAPDA Sports Board
- Concerned Athletes

Subject **CONSTITUTION OF AFP COMMITTEE TO HEAR AND DECIDE THE ALLEGED DOPING CASES**

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

To sultan satti <sultan.satti@gmail.com>

Cc 'Makram sahi' <sahi49@gmail.com>, Pakistan Olympic Association <info@nocpakistan.org>, 'Salman Iqbal Butt' <discuss786@gmail.com>, Army Sports Directorate <asdirectorate@gmail.com>, Wapda Sports Board <wapdasports@hotmail.com>

Date 27-05-2020 8:18 pm



CONFIDENTIAL

No. AFP/C-13/20

Dated: 27.05.2020

Brig (R) Sultan Mehmood Satti

Chairman Promotion & Development Commission AFP
Convener of the Committee

Subject: **CONSTITUTION OF AFP COMMITTEE TO HEAR AND DECIDE THE ALLEGED DOPING CASES**

It is informed that name of Dr. Waqar Ahmad, Chairman Anti Doping Organization Pakistan (Observer) is hereby deleted from the constitution of Committee notified vide office order No. AFP/A-18/2020 dated 26-05-2020. Dr. Abdul Qudoos, Medical Officer PSB Islamabad is hereby included in the Committee as member.

Other contents of the earlier Notification will remain intact.

Best regards,

Muhammad Zafar
Secretary General AFP

Distribution: -

- Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP/Vice President AAA
- Muhammad Khalid Mehmood, Secretary General POA
- Dr. Waqar Ahmad, Chairman Anti Doping Organization Pakistan
- Members of the Committee
- Army Sports Directorate
- WAPDA Sports Board
- Concerned Athletes

Subject 13TH South Asian Games, 2019 –Doping Cases
From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>
Cc President NOC Pakistan <president@nocpakistan.org>, PSB <infopsb@sports.gov.pk>, Pakistan Sports Board <trainingpsb@yahoo.com>
Date 29-05-2020 1:08 pm



-
- 108 - (AFP - Violation of Anti-Doping Rules - 13th SAG).pdf (~309 KB)
 - Annex A (Manager Report).pdf (~3.1 MB)

Dear Sir,

Please find **attached** letter No. POA-108/MGS/13th SAG dated 29 May, 2020 regarding the subject.

Best regards,

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-108/MGS/13th SAG
29 May, 2020

Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Subject: **13TH South Asian Games, 2019 –Doping Cases**

Dear Sir,

Pakistan Olympic Association has already informed that it is closely reviewing the developments regarding the positive dope cases of three x athletes representing Pakistan Athletics Team in 13 SAG and the measures taken by the Athletics Federation of Pakistan.

We would like to refer the Manager Report of the Athletics Team (**Annex A**) submitted to Pakistan Olympic Association vide email dated 05 January, 2020. Unfortunately there was no mention of any Dope Test carried out by SAG Dope Testing Committee. Since the details of sample collection have not been mentioned/concealed in the Manager's Report and the Athletics Federation of Pakistan did not raise any query regarding the outcome of the Analysis of such samples prior to receipt of Adverse Analytical Findings of three athletes. On a query from the Pakistan Olympic Association the Secretary General AFP sent a message on Whatsapp dated 27th May, 2020 providing the details of the athletes whose samples were collected as part of the Doping Controls. To put the record straight, may we request AFP to please send us the list through an official correspondence giving not only the details of the Athletes whose Dope Test were carried out but also include the copies of the Athletes Doping Control Forms of each Athlete mentioned in the Whatsapp message. This should also be added to the Manager's Report already submitted as an additional document attached. As far as the matter of Government of Pakistan's Cash Awards, AFP should have first taken confirmations from all concerned organizations. POA was not informed of the awards scheduled and neither was it consulted.

Till such time that all AFFs procedures and formalities are completed the panel detailed by AFP should be put on hold pending final clearance. At this point in time, we will wait for the final conclusion of AAFs to take further measures.

Thanking you for your understanding.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Copy to:

- Lt Gen (R) Syed Arif Hasan, President, Pakistan Olympic Association.
- Director General, Pakistan Sports Board, Islamabad.

MANAGER REPORT

13TH SOUTH ASIAN GAMES 2019, KATHMANDU, NEPAL

13th South Asian Federations Games were held from 01-10 December 2019 at Kathmandu, Nepal. The following members of Pakistan Athletics Team participated in the event.

OFFICIALS		
Sr#	Name	Status
1.	Mrs. Humaira Mahmood	Team Leader
2.	Mr. Qaiser Mahmood Khan	Team Manager
3.	Mr. Asghar Ali Gill	Coach
4.	Syed Faiz Hussain Bokhari	Coach
5.	Mr. Muhammad Shahid Faqeer	Coach
6.	Miss. Seemi Rizvi Coach	Coach

ATHLETES			
Sr#	Name	Sr#	Name
1.	Mr. Arshad Nadeem	2	Mr. Umar Sadat
3.	Mr. Abdul Moeed	4.	Mr. Muhammad Ikram
5.	Mr. Sami Ullah	6.	Mr. Sohail Amir
7.	Mr. Nasir Ali	8.	Mr. Uzair Rehman
9.	Mr. Sharoz Khan	10.	Mr. Mehboob Ali
11.	Mr. Muhammad Shahbaz	12.	Mr. Muhammad Naeem
13.	Mr. Nokar Hussain	14.	Mr. Shams Ul Haq
15.	Ms. Sahib e Asra	16.	Ms. Najma Parveen
17.	Ms. Maria Maratab	18.	Ms. Rabia Ashiq
19.	Ms. Aneela Gulzar	20.	Ms. Esha Imran

PAKISTAN CONTIGENT ACCOMMODATION IN KATHMANDU, NEPAL

Pakistan contingent was provided accommodation in Skyline Hotel, Kathmandu, The hotel was located in a convenient location. The hotel Management and Staff were very co-operative and courteous, a farewell reception was given to our Team by the hotel Management.

FOOD & BEVERAGES

A variety of foods and juices were provided to the Pakistani Athletes, which were quite nutriment and sufficient for the athletes.

MEDICAL FACILITIES

The necessary and good medical facilities were available for Pakistani Contingent, which were provided by the organizing committee..

TRANSPORTATION

The proper transportation was provided by the organizing committee from Air Port to hotels, competition/warm-up and training venues.

TECHNICAL MEETING

Technical (Managers) Meetings held on 5th and 6th December 2019 in Kathmundu, Nepal.

TRAINING / COMPETITION VENUE

The best training facilities were provided to the Pakistani contingent by the organizers at the competition venue. Our Athletes took full advantages of these excellent facilities.

PERFORMANCE

The performance of Pakistani Athletes was excellent. The amazing performance of some of the team member was great like Mr. Arshad Nadeem for Javelin Throw with an amazing 86.29 meter which is a new South Asian Federation Games record, and with this new SAF record Mr. Arshad Nadeem also qualified for Tokyo Olympics 2020. Individual performance of athletes as under:-

Sr#	Name	Event	Medal
1	Arshad Nadeem	Javelin Throw	Gold
2	Uzair Rehman	200m	Gold
3	Mehboob Ali	400m Hurdles	Gold
4	Muhammad Naeem	110m Hurdles	Gold
5	Najma Parveen	400m Hurdles	Gold
6	Najma Parveen	200m	Silver
7	Sahib e Asra	4x400m Relay (W)	Silver
	Najma Parveen		
	Aneela Gulzar		
	Rabia Ashiq		
8	Samiullah	100m	Bronze
9	Sahib e Asra	400m	Bronze
10	Shams UI Haq	Discuss Throw	Bronze
11	Umar Sadat	4x400m Relay (M)	Bronze
	Mehboob Ali		
	Abdul Moeed		
	Nokar Hussain		
12	Samiullah	4x100m Relay (M)	Bronze
	Muhammad Shahbaz		
	Uzair Rehman		
	Muhammad Naeem		
13	Sahib e Asra	4x100m Relay (W)	Bronze
	Najma Parveen		
	Aneela Gulzar		
	Esha Imran		

RECOMMENDATION/ SUGGESTION

We worked as a Team which resulted in exceptionally good results. All the team members were very co-operative and most of them followed the rules set by the Federation.

Pakistan Ambassador to Nepal Dr. Mazhar Javed was part of Medal award ceremony and also greeted the Pakistani Athletes. Secretary Ministry of IPC Govt of Pakistan Mr. Akbar Hussain Durrani was also among the dignitaries who visited the Pakistani contingent.

The team performed tremendously well under the leadership of President Athletics Federation of Pakistan, Major General (R) Muhammad Akram Sahi HI(M), SI(M), and due to his vision Pakistani team were able to win number of Medals.

In the end, I suggest that the extensive training session and modern techniques should be adopted for the Athletes. The talented and capable Athletes must be sent abroad for training which can bring outstanding results in the upcoming events.

It is very strongly recommended that our Javelin Thrower, Arshad Nadeem must be trained by a foreign Coach. He is a potential medal winner in the 2020 Tokyo Olympics. It is once in a century chance for Pakistan to win a Medal in Individual event in Olympics. It needs special attention by the Govt and POA.



Humaira Mahmood
Team Leader for 13th South Asian Games

Subject Re: 13th SOUTH ASIAN GAMES 1 – 10 DECEMBER, 2019
KATHMANDU – POKHARA, NEPAL – TEAM MANAGER'S
REPORT – "ANOTHER REMINDER"
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 05-01-2020 4:25 pm



-
- Manager Report.pdf (~224 KB)
 - ResultsDocumentation.pdf (~2.8 MB)

Dear Sir,

Please refer to your email dated 16/12/2019 on the subject matter.

As desired team leader/manager report along with complete results for the athletics competition of the subject mentioned games is attached.

OBSERVATIONS/COMMENTS AND RECOMMENDATIONS OF AFP ARE AS UNDER:

OBSERVATIONS/COMMENTS

On receipt of schedule of 13 South Asian Games AFP in various meetings of POA and PSB proposed strength of 30 male athletes, 12 female athletes and 08 officials for participation. The desired strength of the athletics contingent was not allocated/ approved so we were restricted to send the entries by number and by name to participate in the maximum events but restriction of participation of one athlete in two events was there.

We also requested POA to take up the matter for inclusion of Hammer Throw & Pole Vault (Men/Women) as we had bright chances of Gold Medals in these events but the same were not included in the championships.

In spite of all odds, absence of long term national training camp and less number of athletes, as compared to other participating countries, performance of Pak athletics team was exceptional and historical. Our athletes won 13 medals as detailed in the report. Not only our male athletes but also female athletes performed exceptionally well. Ms. Najma Parveen won 4 medals (1 Gold, 2 Silver, 1 Bronze) in the Games which never happened before. Mr. Arshad Nadeem established the New National Record, South Asian Federations Games Record and also qualified for the Tokyo Olympics 2020.

RECOMMENDATIONS

1. National Training camps for longer duration to impart training on scientific lines to the athletes

are essential and the same may be arranged for participation in the further international competitions.

2. Monetary incentives may be announced and awarded to the medal winners of the Games at the earliest. It is necessary for their motivation and acknowledgement of their performance.
3. A qualified foreign Coach may be hired for the coaching of our Javelin Thrower. In this regard AFP has already taken up the matter with PSB. We also requested World Athletics (IAAF) for the training of Mr. Arshad Nadeem through a foreign Coach. It has been replied that we should contact our NOC if the athletes can benefit from a scholarship from Olympic Solidarity. In this regard necessary steps may please be taken up.

Best regards,

Muhammad Zafar
Secretary General, AFP

From: Pakistan Olympic Association <info@nocpakistan.org>

Sent: Thursday, January 2, 2020 6:57 PM

To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>; PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

Cc: President NOC Pakistan <president@nocpakistan.org>

Subject: 13th SOUTH ASIAN GAMES 1 – 10 DECEMBER, 2019 KATHMANDU – POKHARA, NEPAL – TEAM MANAGER'S REPORT – "ANOTHER REMINDER"

REMINDER

Dear Mr. Muhammad Zafar,

Kind attention is invited to below email of POA dated 28.12.2019. Required information / Report is still awaited from your side.

Please send it to POA Secretariat without fail.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood,

Secretary General, POA

On 28-12-2019 12:07 pm, Pakistan Olympic Association wrote:

Dear Sir,

Kind attention is invited to below email of POA dated 21.12.2019. Required information / Report is still awaited from your side.

Please send it to POA Secretariat without fail.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood

Secretary General, POA

On 21-12-2019 12:21 pm, Pakistan Olympic Association wrote:

Dear Sir,

Kind attention is invited to below email of POA dated 16.12.2019. Required information / Report is still awaited from your side.

Please ensure to collect the same from your manager and send it to POA Secretariat on immediate basis.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood,

Secretary General, POA

----- Original Message -----

Subject: 13TH SOUTH ASIAN GAMES 1-10 DECEMBER, 2019 KATHMANDU-POKHARA, NEPAL - TEAM MANAGER'S REPORT

Date: 16-12-2019 8:52 pm

From: Pakistan Olympic Association <info@nocpakistan.org>

To: President NOC Pakistan <president@nocpakistan.org>

Dear Sir,

As a mandatory part, each Team Manager participate in the Games has to submit his/her Report to Pakistan Olympic Association directly or through its National Federation. All Team Managers were requested to provide their report during the 13th South Asian Games which is still awaited.

It is requested to please collect the same and send it to POA Secretariat latest by **20 December, 2019**.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood
Secretary General, POA

RESULT DAY 1

03-12-2019

Page 1 of 2

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

12/3/19 - 12/7/19

KATHMANDU, POKHARA, NEPAL

Event # 1 WOMENS 100m Dash

SAG RECORDS:K V DAMAYANTHI DARSHA SRI 11.91 15

RESULTS OF FINALS Heat 1

1	ARCHANA SUSEENT .	IND	305	0:11.80=
2	THANUJI AMASHA .	SRI	357	0:11.82=
3	LAKSHIKA SUGAND .	SRI	356	0:11.84=
4	HIMASHREE ROY .	IND	308	0:11.88=
5	SHIRIN AKTER .	BAN	402	0:12.52
6	MIS SHARIFA KHA .	BAN	302	0:12.55
7	SARSWATI CHAUDH .	NEPAL	385	0:12.55
8	ESHA IMRAN .	PAK	355	0:12.69

RESULTS OF PRELIMS Heat 1

1	ARCHANA SUSEENT .	IND	305	0:11.99
2	THANUJI AMASHA .	SRI	357	0:12.07
3	MIS SHARIFA KHA .	BAN	302	0:12.55
4	ESHA IMRAN .	PAK	355	0:12.86
5	KRISHNA CHADHAI .	NEPAL	386	0:13.24

RESULTS OF PRELIMS Heat 2

1	LAKSHIKA SUGAND .	SRI	356	0:12.00
2	HIMASHREE ROY .	IND	308	0:12.11
3	SHIRIN AKTER .	BAN	402	0:12.40
4	SARSWATI CHAUDH .	NEPAL	385	0:12.57

Event # 5 WOMENS 1500m Run

SAG RECORDS:SUNITA RAN IND 4:14.23 1999

1	UDA KUBURALAGE .	SRI	364	4:34.34
2	CHANDA .	IND	321	4:34.51
3	CHITRA PALAKEEZ .	IND	320	4:35.46
4	GUNATHILAKA THU .	SRI	363	4:36.34
5	SARASWATI BHATT .	NEPAL	380	4:41.66
6	RABIA AASHIO .	PAK	339	5:05.52
7	SANU MAYA KARKI .	NEPAL	392	5:06.27
8	AISHATH JAAISHA .	MDV	344	5:28.69
	NIMALI WALIWARS .	SRI	361	DNS

Event # 7 WOMENS 10000m Run

SAG RECORDS:SURIYA LOGANATHAN IND 32:39.86 201

1	SANTOSHI SHREST .	NEPAL	393	35:07.94
2	KAVITA YADAV .	IND	323	35:07.95
3	NILANTHI LANKA .	SRI	307	35:39.02
4	HIRUNI KESARA W .	SRI	366	36:22.85
5	ARATI DATTATRAY .	IND	324	37:27.99
6	BISWARUPA BUDIJA .	NEPAL	394	38:25.03
7	MARIYAM ABDUL K .	MDV	345	42:08.62

Event # 11 WOMENS High Jump

QUALIFY STARTING HEIGHT 140M

PROGRESSION OF HEIGHTS 140-150-155

160-165-169-173-175-2CM

SAG RECORDS:SANGEETHA MOHAN IND 1.81 2004

1	JISHNA M .	IND	331	1.73m
2	DULANJALEE KUMA .	SRI	373	1.69m
3	RUBINA YADAV .	IND	330	1.69m
4	MIUDITHA MADHUS .	SRI	374	1.65m
5	PLABONI HAQIJE .	BAN	405	1.55m
	SHILA CHAUDHARY .	NEPAL	396	NM

Event # 19 MENS 100m Dash

RESULTS OF FINALS Heat 1

Easy Meet Manager www.gneogym.com

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

2/3/19 - 12/7/19

KATHMANDU, POKHARA, NEPAL

Event # 19 MENS 100m Dash**RESULTS OF FINALS Heat 1**

1	SAAD HASSAN .	MDV	152	0:10.49
2	HIMASHA EASHAN .	SRI	174	0:10.50
3	SAMI ULLAH .	PAK	180	0:10.66
4	UZAIR REHMAN .	PAK	151	0:10.70
5	MD ISMAIL .	BAN	196	0:10.75
6	VINOJ SURANJAYA .	SRI	175	0:10.79
7	GURJINDERVIR SIN .	IND	115	0:10.81
8	MOHAMMED HASAN .	BAN	237	0:10.92

RESULTS OF PRELIMS Heat 1

1	HIMASHA EASHAN .	SRI	174	0:10.51
2	GURJINDERVIR SIN .	IND	115	0:10.60
3	MD ISMAIL .	BAN	196	0:10.70
4	UZAIR REHMAN .	PAK	161	0:10.74
5	AASHISH CHALDHA	NEPAL	209	0:11.01

RESULTS OF PRELIMS Heat 2

1	SAAD HASSAN .	MDV	152	0:10.66
2	SAMI ULLAH .	PAK	160	0:10.75
3	VINOJ SURANJAYA .	SRI	175	0:10.82
4	MOHAMMED HASAN .	BAN	237	0:10.96
5	YAM SAJAN SUNAR .	NEPAL	210	0:11.15

Event # 23 MENS 1500m Run

1	AJAY KUMAR SARU .	IND	125	3:54.81
2	AJIT KUMAR .	IND	126	3:57.18
3	TANKA KARKI .	NEPAL	218	3:59.20
4	SAJEEWA LAKMAL .	SRI	182	4:00.60
5	NASIR ALI .	PAK	167	4:07.11
6	KUPLN KUSHANTHA .	SRI	181	4:13.29
7	MADAV KUMAR CHA .	NEPAL	219	4:16.76
8	HUSSAIN RIZA .	MDV	153	4:22.89

Event # 29 MENS High Jump

QUALIFY STARTING HEIGHT 175 CM

PROGRESSION OF HEIGHTS 175-185-190

195-200-204-208-210+2CM

#SAG RECORDS M. WIJESEKERA SRI 2.20 2004

1	SARVESH ANIL KU .	IND	137	2.21m#
2	MAHFUZUR RAHMAN .	BAN	199	2.16m
3	CHEZHAN BALASUB .	IND	138	2.14m
4	USHAN THIWANKA .	SRI	196	2.10m
5	SHARQZ KHAN .	PAK	171	2.04m
6	SURYA BAHADUR K .	NEPAL	228	1.95m
6	SANJU THARUKA F .	SRI	197	1.95m

RESULT DAY 2

13TH SOUTH ASIAN GAMES 2019 KATHMANDU NEPAL						
RESULT DAY-2 04/12/2019						
Event # 25 MENS 10000m Run						
# SAG RECORDS:T GOPI . IND 29:10.53 2016						
1	SURESH KUMAR .	129	IND		29:33.61	
2	SHANMUGESWARAN .	185	SRI		30:49.20	
3	DEEPAK ADHIKARI	222	NEPAL		30:50.06	
4	RANJEET KUMAR P	130	IND		31:18.54	
5	GAJENDRA RAI .	223	NEPAL		31:45.95	
6	SANGAY	112	BHU		32:47.22	
7	HUSSAIN FAZEEL .	154	MDV		35:01.74	
	SOHAIL AMIR .	166	PAK		DNF	
	SAMANTHA PUSHPA	183	SRI		DNF	
Event # 32 MENS Discus Throw						
# SAG RECORDS:SHAKTI SINGH . IND 57.76 1995						
1	KIRPAL SINGH BA .	147	IND		57.68m	NMR
	55.62, 57.88, 56.64, 54.70, 56.58, 65.36					
2	GAGANDEEP SINGH	146	IND		53.57m	
	51.78, 52.89, 51.93, X, X, 53.67					
3	SHAMS UL HAQ .	172	PAK		44.31m	
	44.31, 40.54, 43.35, X, X, X					
4	JANAKA THUSARA .	204	SRI		42.55m	
	41.17, 40.82, X, 38.17, 41.81, 42.65					
5	CHITRA BAHADUR .	230	NEPAL		39.65m	
	X, 38.23, X, X, 39.65, 37.90					
6	BINOD RAI .	231	NEPAL		37.84m	
	37.84, X, X, 36.53, X, 36.75					
Event # 28 MENS Long Jump						
# SAG RECORDS:ANKIT SHARMA . IND 7.89 2016						
1	LOKESH SATHYANA .	139	IND		7.87m	
	7.74 (0.0), X (0.0), 7.69 (0.0), X (0.0), 7.87 (0.0), X (0.0)					
2	SWAMINATHAN RAV .	140	IND		7.77m	
	7.54 (0.0), 7.62 (0.0), 7.46 (0.0), 7.87 (0.0), 7.51 (0.0), 7.77 (0.0)					
3	AL AMIN .	110	BAN		7.60m	
	7.16 (0.0), 7.39 (0.0), 7.50 (0.0), 7.50 (0.0), 7.80 (0.0), 7.49 (0.0)					
4	AMILA JAYASIRI .	198	SRI		7.59m	
	7.56 (-0.1), X (0.0), X (0.0), X (0.0), 7.62 (0.0), 7.89 (0.0)					
5	GAYAN SAMPATH J .	199	SRI		7.42m	
	6.93 (0.0), 7.42 (0.0), 7.33 (0.0), 7.41 (0.0), 7.39 (0.0), X (0.2)					
6	SHERBHADUR BIST .	225	NEPAL		6.85m	
	6.76 (0.0), 6.85 (0.0), 6.67 (0.0), X (0.0), X (0.3), 6.68 (0.0)					
7	BHUVAN MAHATO .	226	NEPAL		6.76m	
	X (0.0), 6.76 (0.0), 6.53 (0.0), 6.39 (0.0), X (0.1), X (0.0)					
Event # 20 MENS 200m Dash						
# SAG RECORDS:ROHAN PRADEEPKUMARA SRI 20.99 2004						
RESULTS OF FINALS Heat 1						
1	UZAIR REHMAN .	161	PAK	-0.3m/s	0:21.15	
2	VINOJ SURANJAYA .	175	SRI	-0.3m/s	0:21.19	
3	SAAD HASSAN .	152	MDV	-0.3m/s	0:21.22	
4	MUHAMMAD SHAHBA .	169	PAK	-0.3m/s	0:21.54	
5	SHASHIKANT VEER .	117	IND	-0.3m/s	0:21.61	
6	SHANMUGA SRINIV	116	IND	-0.3m/s	0:21.64	
7	MO SAIFUL ISMAI	101	BAN	-0.3m/s	0:21.70	
8	MOHAMED SAFAN A .	179	SRI	-0.3m/s	0:22.29	

RESULTS OF PRELIMS Heat 1						
1	MUHAMMAD SHAHBA .	189	PAK	-0.9m/s	0:21	Q
2	VINOJ SURANJAYA .	175	SRI	-0.9m/s	0:21	Q
3	SAAD HASSAN .	152	MDV	-0.9m/s	0:21	Q
4	SHASHIKANT VEER .	117	IND	-0.9m/s	0:22	q
5	AAASHISH CHAUDHA .	209	NEPAL	-0.9m/s	0:22.47	
RESULTS OF PRELIMS Heat 2						
1	UZAIR REHMAN .	181	PAK	-0.5m/s	0:21	Q
2	MOHAMED SAFAN A .	176	SRI	-0.5m/s	0:21	Q
3	MD SAIFUL ISMAI .	101	BAN	-0.5m/s	0:22	Q
4	SHANMUGA SRINIV .	116	IND	-0.5m/s	0:22	q
5	ANAND DEY CHAUD .	211	NEPAL	-0.5m/s	0:24.02	
Event # 2 WOMENS 200m Dash						
# SAG RECORDS:K V DAMAYANTHI DARSHA SRI 22.69 1999						
RESULTS OF FINALS Heat 1						
1	ARCHANA SUSEENT .	305	IND	+0.7m/s	0:23.68	
2	NAJMA PARVEEN .	350	PAK	+0.7m/s	0:23.69	
3	CHANDRALEKHA AN .	311	IND	+0.7m/s	0:24.27	
4	NONA SHARMILA J .	358	SRI	+0.7m/s	0:24.37	
5	SAHIB E ASRA .	351	PAK	+0.7m/s	0:24.46	
6	THANUJI AMASHA .	357	SRI	+0.7m/s	0:24.54	
7	SHIRIN AKTER .	402	BAN	+0.7m/s	0:25.59	
8	SARSWATI CHAUDH .	385	NEPAL	+0.7m/s	0:26.26	
RESULTS OF PRELIMS Heat 1						
1	NAJMA PARVEEN .	350	PAK	-1.1m/s	0:24	Q
2	CHANDRALEKHA AN .	311	IND	-1.1m/s	0:25	Q
3	THANUJI AMASHA .	357	SRI	-1.1m/s	0:25	Q
4	SHIRIN AKTER .	402	BAN	-1.1m/s	0:25	q
5	KRISHNA CHADHAU .	386	NEPAL	-1.1m/s	0:27.49	
RESULTS OF PRELIMS Heat 2						
1	ARCHANA SUSEENT .	305	IND	+0.8m/s	0:24	Q
2	NONA SHARMILA J .	358	SRI	+0.8m/s	0:24	Q
3	SAHIB E ASRA .	351	PAK	+0.8m/s	0:24	Q
4	SARSWATI CHAUDH .	385	NEPAL	+0.8m/s	0:26	q
5	AISHATH HIMNA H .	343	MDV	+0.8m/s	0:26.22	
Event # 14 WOMENS Discus Throw						
1	NAVJEET KAUR OH	338	IND		49.85m	
48.85, 48.36, 48.76, X, 49.08, X						
2	SURAVI BISWAS	339	IND		47.31m	
45.82, X, 47.16, 46.11, 44.59, 47.31						
3	ISHARA MADURANG .	381	SRI		41.29m	
38.51, 41.29, 40.93, 39.92, 39.86, 40.27						
4	VINODENI VISHAN .	330	SRI		40.77m	
39.69, X, 38.88, 38.64, 38.82, 40.77						
5	AMRITA MAHATO .	399	NEPAL		40.15m	
X, 40.15, 37.81, 36.57, 38.04, 35.34						
Event # 10 WOMENS Long Jump						
# SAG RECORDS:MAYOOKHA JOHNY IND 6.43 2016						
1	LAKSHMI SARANG .	370	SRI		6.38m	
6.13 (0.0), 6.38 (0.0), 6.16 (-0.2), 5.25 (0.0), X (0.0), 6.98 (0.0)						
2	ANJANI UTHPALA .	376	SRI		6.11m	
6.11 (0.0), 6.05 (0.0), X (0.0), X (0.0), X (0.0), 6.06 (-0.1)						
3	SANDRA BABU .	332	IND		6.02m	
5.94 (0.0), X (0.0), X (0.0), 6.02 (0.0), X (0.0), X (0.0)						
4	PRIYANKA KERKET .	333	IND		5.94m	
5.38 (0.0), 5.86 (0.0), X (0.0), X (0.0), 5.78 (0.0), 5.94 (0.0)						

6	MST RINKI KHATU .	406	BAN		5.70m	
5.70 (0.0), X (0.0), X (0.0), 5.14 (0.0), X (0.0), 5.30 (0.0)						
6	SHILA CHAUDHARY .	998	NEPAL		5.33m	
5.14 (0.0), 5.31 (0.0), 5.33 (0.0), X (0.0), 5.18 (0.0), 5.18 (0.0)						

RESULT DAY 3

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13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

05-12-201

12/3/19 - 12/7/19

, KATHMANDU, POKHARA, NEPAL

Event # 26 MENS 110m Hurdles

SAG RECORDS:GHULAM ABBAS PAK 14.11 1989

1	MUHAMMAD NAFEM .	168	PAK	-0.6m/s	0:14.30
2	SURENDHAR JAYAK .	131	IND	-0.6m/s	0:14.37
3	ROSHAN DAMMIKA .	186	SRI	-0.6m/s	0:14.42
4	MAYMON POULOSE .	132	IND	-0.6m/s	0:14.56
5	HASHITH NIRMAL .	187	SRI	-0.6m/s	0:15.09
6	JEEVAN CHAUDHAR .	215	NEPAL	-0.6m/s	0:15.60
7	MIRZA HASAN .	103	BAN	-0.6m/s	0:15.73
8	CHANDRA DEV JOS .	224	NEPAL	-0.6m/s	0:16.39

Event # 30 MENS Triple Jump

SAG RECORDS:RENJIT MAHESWARY IND 16.45 2016

1	KARTHIK UNNIKRI .	141	IND		16.47m #
				15.51 (0.0), 16.25 (0.0), 16.47 (0.0), X (0.0), 15.85 (0.0), 16.34 (0.0)	
2	MOHAMMED SALAHU .	142	IND		16.16m
				X (0.0), 16.36 (0.0), X (0.0), X (0.0), 15.65 (0.0), X (0.0)	
3	SAFREEN AHMED N .	200	SRI		15.95m
				15.24 (0.0), 15.66 (0.0), 13.84 (0.0), X (0.0), 15.95 (0.0), X (0.0)	
4	SHRESHAN DHANAN .	201	SRI		15.91m
				X (0.0), 15.66 (0.0), 15.91 (0.0), 15.70 (0.0), 15.77 (0.0), 15.51 (-0.9)	
5	MD SHOHEL RANA .	111	BAN		14.29m
				13.51 (0.0), 14.29 (0.0), 14.26 (0.0), X (0.0), 14.15 (0.0), X (0.0)	
6	DILLI KHATRI .	227	NEPAL		14.01m
				X (0.0), X (0.0), 14.01 (0.0), X (0.0), 13.58 (0.0), 13.85 (0.0)	
7	BHUVAN MAHATO .	226	NEPAL		13.53m
				13.53 (0.0), 13.43 (0.0), X (0.0), X (0.0), X (-0.2), 13.40 (0.0)	

Event # 8 WOMENS 100m Hurdles

SAG RECORDS:SRIYANI KULAWANSA SRI 13.12 1999

1	LAKSHIKA SUGAND .	356	SRI	-0.7m/s	0:13.68
2	APARNA ROY .	326	IND	-0.7m/s	0:14.13
3	IRESHANI SACHIP .	368	SRI	-0.7m/s	0:14.18
4	KANIMOZHI CHAND .	327	IND	-0.7m/s	0:14.69
5	MARIA MARATAB .	354	PAK	-0.7m/s	0:15.23
6	TAMANNA AKTER .	404	BAN	-0.7m/s	0:15.47
7	PRAMILA THARU .	395	NEPAL	-0.7m/s	0:16.38

Event # 21 MENS 400m Dash

SAG RECORDS:ROHAN PRADEEPKUMARA SRI 45.77 2004

RESULTS OF FINALS

1	ARUNA DHARSHANA .	177	SRI		0:46.69
2	LAKMAL PRIYANTH .	178	SRI		0:46.79
3	JEEVAN KAREKOPP .	119	IND		0:47.42
4	NOKAR HUSSAIN .	164	PAK		0:47.73
5	UMAR SADAT .	162	PAK		0:48.05
6	RASHID .	120	IND		0:48.14
	MOHAMMAD JAHIR .	102	BAN		DNS
	MD ABU TALEB .	107	BAN		DNS

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

05-12-201

12/3/19 - 12/7/19

, KATHMANDU, POKHARA , NEPAL

Event # 3 WOMENS 400m Dash

SAG RECORDS:K V DAMAYANTHI DARSHA SRI 52.11 1999

RESULTS OF FINALS

1	DILSHI MAHEESHA .	362	SRI	0:53.40
2	PRIYA HABBATHAN .	313	IND	0:54.31
3	SAHIB E ASRA .	351	PAK	0:54.58
4	VIJAYAKUMARI GO .	312	IND	0:54.78
5	KAWSHALYA MADHU .	360	SRI	0:55.63
6	SUMI AKTAR .	301	BAN	1:01.91
7	AISHATH HIMNA H .	343	MDV	1:02.25
	SHABIYA AL SOHA .	403	BAN	DNF

Event # 12 WOMENS Triple Jump

SAG RECORDS:MAYOOKHA JOHNY IND 13.85 2016

1	HASHINI PRABODH .	377	SRI	13.21m
				X (0.0), X (0.0), 12.68 (-0.9), 13.21 (0.0), 12.92 (0.0), 13.03 (0.0)
2	VIDUSHA LAKSHAN .	375	SRI	13.14m
				X (0.0), 12.36 (-0.3), 12.99 (0.0), X (0.0), 13.01 (-0.6), 13.14 (0.0)
3	BHAIRABI ROY .	334	IND	12.77m
				X (0.0), 12.14 (0.0), 12.35 (0.0), 12.64 (0.3), 12.77 (0.0), 12.51 (0.0)
4	SIVA ANBARASI M .	335	IND	12.58m
				X (0.0), 12.24 (0.0), X (0.0), 11.64 (0.0), X (0.0), 12.58 (0.0)
5	MARIA MARATAB .	354	PAK	12.10m
				11.93 (-1.0), X (0.0), 12.06 (0.0), X (0.0), 12.10 (0.0), X (0.0)
6	SHILA CHAUDHARY .	396	NEPAL	11.06m
				X (0.0), X (0.0), 11.06 (0.0), X (0.0), X (-0.5), X (0.0)

Event # 21 MENS 400m Dash

SAG RECORDS:ROHAN PRADEEPKUMARA SRI 45.77 2004

RESULTS OF FINALS

1	ARUNA DHARSHANA .	177	SRI	0:46.69
2	LAKMAL PRIYANTH .	178	SRI	0:46.79
3	JEEVAN KAREKOPP .	119	IND	0:47.42
4	NOKAR HUSSAIN .	164	PAK	0:47.73
5	UMAR SADAT .	162	PAK	0:48.05
6	RASHID .	120	IND	0:48.14
	MOHAMMAD JAHIR .	102	BAN	DNS
	MD ABU TALEB .	107	BAN	DNS

Event # 3 WOMENS 400m Dash

SAG RECORDS:K V DAMAYANTHI DARSHA SRI 52.11 1999

RESULTS OF FINALS

1	DILSHI MAHEESHA .	362	SRI	0:53.40
2	PRIYA HABBATHAN .	313	IND	0:54.31
3	SAHIB E ASRA .	351	PAK	0:54.58
4	VIJAYAKUMARI GO .	312	IND	0:54.78
5	KAWSHALYA MADHU .	360	SRI	0:55.63
6	SUMI AKTAR .	301	BAN	1:01.91
7	AISHATH HIMNA H .	343	MDV	1:02.25
	SHABIYA AL SOHA .	403	BAN	DNF

RESULT DAY 4

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13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

06-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA, NEPAL

Event # 27 MENS 400m Hurdles

# SAG RECORDS:GHULAM ABBAS PAK 50.14 1991				
1	MEHBOOB ALI .	163	PAK	0:50.71
2	JABIR MADARI PA .	133	IND	0:51.42
3	SANTHOSH KUMAR .	121	IND	0:51.98
4	ASANKA INDRAJIT .	188	SRI	0:54.33
5	ASITHA THARANGA .	189	SRI	0:54.93
6	RAM PRASAD THAR .	214	NEPAL	0:54.95
7	NIR PRATAP MAHA .	212	NEPAL	0:55.71
8	MD EBAD ALI .	235	BAN	0:55.81

Event # 31 MENS Shot Put

# SAG RECORDS:BAHADUR SINGH SAGOO IND 19.15 1999				
1	TAJINDERPAL SIN .	144	IND	20.03m #
	19.61, X, 20.03, X, X, 19.80			
2	OM PRAKASH SING .	145	IND	17.31m
	16.26, X, 17.08, 17.31, 16.46, X			
3	SAMITH MADUSANK .	202	SRI	15.55m
	14.68, 15.30, 15.52, X, 14.48, 15.55			
4	RADITH SAMITHA .	203	SRI	14.75m
	14.14, 14.21, 14.75, 14.58, 14.30, 14.45			
5	TANKA PRASAD DA .	229	NEPAL	13.09m
	X, X, 11.85, 12.96, 12.70, 13.09			
6	CHITRA BAHADUR .	230	NEPAL	12.32m
	11.97, 11.71, 12.32, X, 12.08, 12.32			

Event # 9 WOMENS 400m Hurdles

# SAG RECORDS:P.T. USHA . IND 57.18 1987				
1	NAJMA PARVEEN .	350	PAK	1:00.35
2	KAWSHALYA MADHU .	360	SRI	1:00.40
3	VEERPAL KAUR .	328	IND	1:01.38
4	NIROSHIKA LAKMA .	369	SRI	1:03.36
5	JAUNA MURMU .	329	IND	1:03.41
6	KALPANA SHRESTH .	389	NEPAL	1:11.98

Event # 24 MENS 5000m Run

# SAG RECORDS:MAN SINGH . IND 14:02.04 2016				
1	GOPI CHAND PARK .	220	NEPAL	14:54.20
2	SUNIL DAWAR .	128	IND	14:55.21
3	HARI KUMAR RIMA .	221	NEPAL	14:57.05
4	SAMANTHA PUSHPA .	183	SRI	14:58.57
5	BUGATHA SRINU .	127	IND	15:04.02
6	SHANMUGESWARAN .	185	SRI	15:06.59
7	GAWA ZANGPO .	113	BHU	15:16.84
8	SOHAIL AMIR .	166	PAK	15:20.68
9	NASIR ALI .	167	PAK	15:58.53
	HUSSAIN FAZEEL .	154	MDV	DNS

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Event # 6 WOMENS 5000m Run

SAG RECORDS:SURIYA LOGANATHAN IND 15:45.75 2016

1	UDA KUBURALAGE .	364	SRI	16:55.18
2	PARUL CHAUDHARY .	322	IND	16:57.49
3	PRITI LAMBA .	323	IND	17:09.32
4	SANTOSHI SHREST .	393	NEPAL	17:13.68
5	GOMA PRADHAN .	304	BHU	17:24.21
6	NIMESHA MADUISHA .	365	SRI	17:40.71
	RABIA ASHIQ .	353	PAK	DNF
	BISWARUPA BUDHA .	394	NEPAL	DNS

Event # 34 MENS 4x100m Relay

SAG RECORDS:INDIA . IND 39.91 2004

1	SRI F		SRI	0:39.14	#
	174 HIMASHA EASHAN .		191 CHANUKA SANDEEP .		
	175 VINOJ SURANJAYA .		190 YUPUN PRIYADARS .		
2	IND C		IND	0:39.97	
	135 HARJIT SINGH .		115 GURINDERVIR SIN .		
	136 PRANAV KALAPPUR .		114 AMIYA KUMAR MAL .		
3	PAK A		PAK	0:40.50	
	160 SAMI ULLAH .		169 MUHAMMAD SHAHBA		
	161 UZAIR REHMAN .		168 MUHAMMAD NAEEM .		
4	BAN D		BAN	0:40.76	
	104 ABDUR ROUF .		106 MD ISMAIL .		
	105 SHARIFUL .		237 MOHAMMED HASAN .		
5	MDV F		MDV	0:42.34	
	155 IBADULLA ADAM .		157 NUJOOM HASSAN .		
	158 MOHAMED JALAAIL .		152 SAAID HASSAN .		
6	NEPAL B		NEPAL	0:42.72	
	209 AASHISH CHAUDHA .		215 JEEVAN CHAUDHAR .		
	211 ANAND DEV CHAUD .		210 YAM SAJAN SUNAR .		

Event # 13 WOMENS Shot Put

SAG RECORDS:MANPREET KAUR IND 17.94 2016

1	ABHA KHATUA .	336	IND	15.32m
	14.89, 15.04, X, 14.80, 15.29, 15.32			
2	THARIKA KUMUDUM .	378	SRI	14.35m
	13.66, 13.52, 13.79, 14.35, 13.60, 13.64			
3	KACHNAR CHAUDHA .	337	IND	13.66m
	12.84, 12.69, 12.46, 13.17, 12.52, 13.66			
4	NADEEKA DARSHAN .	379	SRI	13.25m
	12.59, 12.78, 12.66, 12.92, 12.64, 13.25			
5	CHANDRA KALA LA .	397	NEPAL	12.52m
	11.93, 12.41, 12.17, 11.59, 12.52, 12.39			

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Event # 16 WOMENS 4x100m Relay

SAG RECORDS:SRI LANKA . . 44.63 2006

1	SRI F	356 LAKSHIKA SUGAND . 371 SADEEPA HENRY H .	SRI	370 LAKSHINI SARANG . 357 THANUJAMASHA .	0:44.89
2	IND C	308 HIMASHREE ROY . 305 ARCHANA SUSEENT .	IND	311 CHANDRALEKHA AN . 306 DANESHWARI ASHO .	0:45.36
3	PAK A	351 SAHIB E ASRA . 352 ANEELA GULZAR .	PAK	350 NAJMA PARVEEN . 355 ESHA IMRAN .	0:46.74
4	BAN D	302 MIS SHARIFA KIA . 303 SOHAGI AKTER .	BAN	404 TAMANNA AKTER . 402 SHIRIN AKT .	0:47.20
5	NEPAL B	386 KRISHNA CHADHAU . 387 ARUNA RIJAL .	NEPAL	395 PRAMILA TIHARU . 385 SARSWATI CHAUDH .	0:49.87
6	MDV E	346 MARIYAM ALHAAH . 348 SARAA MASSOOD .	MDV	343 AISHATH HIMNA H . 349 RIFA MOHAMED .	0:50.16

RESULT DAY 5

LICENSED TO: INNOVATIONS INC NEW DELHI

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Event # 36 MENS 42KM Marathon

#SAG RECORDS: B.MANANDHAR NEP 2:15.03 1987				
1	KIRAN SINGH BOG .	233	NEPAL	2:21:17.00
2	RASHPAL SINGH .	150	IND	2:21:57.00
3	SHRE SINGH .	151	IND	2:22:07.00
4	HOM LAL SHRESHT .	234	NEPAL	2:24:31.00
5	PRADEEP DHAMMIK .	207	SRI	2:28:43.00
6	SISIRA KUMARA W .	208	SRI	2:29:13.00
7	SHIFAZ MOHAMED .	159	MDV	2:58:38.00
	SOHAIL AMIR .	166	PAK	DNF

Event # 18 WOMENS 42KM Marathon

# SAG RECORDS: V SATHYABHAMA . IND 2:38.10 1995				
1	HIRUNI KESARA W .	366	SRI	2:41:24.00
2	PUSHPA BHANDARI .	401	NEPAL	2:50:11.00
3	JYOTI GAWATE	317	IND	2:52:44.00
4	MAHAMARALALAGE .	384	SRI	2:59:43.00
5	JIGMET DOLMA .	342	IND	3:07:24.00
6	MARIYAM ABDUL K .	345	MDV	3:21:54.00
	RAJPURA PACHCHA .	400	NEPAL	DNF

Event # 15 WOMENS Javelin Throw

# SAG RECORDS: SUMAN DEVI IND 59.45 2016				
1	NADEESHA DILHAN .	383	SRI	55.02m
	52.33, 49.29, X, X, X, 55.02			
2	NADEEKA LAKMALI .	382	SRI	54.41m
	48.62, 54.40, 52.05, 50.76, 50.15, 54.41			
3	KUMARI SHARMILA .	341	IND	53.64m
	49.83, X, X, 45.78, 50.34, 53.64			
4	SANJANA CHOUDHA .	340	IND	47.63m
	X, X, X, 47.63, X, 45.53			
5	LAXMI THARU .	398	NEPAL	45.27m
	38.58, 42.85, 45.27, 37.20, 43.56, X			
6	CHANDRA KALA LA .	397	NEPAL	44.42m
	37.58, 38.53, 33.81, 44.20, 44.42, 40.95			

Event # 33 MENS Javelin Throw

# SAG RECORDS: NEERAJ CHOPRA IND 82.23 2016				
1	ARSHAD NADEEM .	173	PAK	86.29m #
	78.74, X, 86.29, 83.17, 85.86, 82.13			
2	SHIVPAL SINGH .	149	IND	84.16m #
	80.24, 84.16, X, X, 82.63, 83.59			
3	SUMEDHA JAGATH .	205	SRI	74.97m
	74.30, X, X, 74.97, X, X			
4	WARUNA LAKSHAN .	206	SRI	72.33m
	71.95, 72.33, X, X, 70.23, 69.54			
5	ARSHDEEP SINGH .	148	IND	70.42m
	68.77, X, 68.04, X, 70.42, 68.49			
6	ROHIT CHAUDHARY .	232	NEPAL	59.27m
	59.15, 59.27, 51.36, X, 55.13, 53.03			

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Event # 22 MENS 800m Run

SAG RECORDS:RANJIT SUBASINGHE SRI 1:47.56 1993

1	INDUNIL MADUSHA .	179	SRI	1:50.52
2	MOHAMMED AFSAL .	123	IND	1:51.25
3	SOM BAHADUR KUM .	216	NEPAL	1:51.44
4	RUSIRU CHATHURA .	180	SRI	1:51.51
5	ANKIT .	124	IND	1:52.32
6	MUHAMMAD IKRAM .	165	PAK	1:54.19
7	HUSSAIN RIZA .	153	MDV	1:56.51
8	UMESH MARSANGDI .	217	NEPAL	1:59.55

Event # 4 WOMENS 800m Run

SAG RECORDS:SHINY WILSON . IND 1:59.85 1995

1	DICSHI MAHEESHA .	362	SRI	2:06.18
2	GUNATHILAKA THU .	363	SRI	2:08.52
3	LILY DAS .	319	IND	2:08.97
4	SARASWATI BHATT .	390	NEPAL	2:12.67
5	CHITRA PALAKBEZ .	320	IND	2:13.13
6	ANEELA GULZAR .	352	PAK	2:18.52
7	PHULMATI RANA .	391	NEPAL	2:23.84
8	AISHA/H JAAISHA .	344	MDV	2:38.02
	SUMI AKTAR .	301	BAN	DNF

Event # 35 MENS 4x400m Relay

SAG RECORDS:SRI LANKA SRI 3:05.28 2004

1	SRI S	177 ARUNA DHARSHANA	SRI	195 SENIRA DULAKSHA .	3:08.04
		193 RAHITHA NERANJA .		178 LAKMAL PRIYANTH .	
2	IND I	119 JEEVAN KAREKOPP .	IND	121 SANTHOSIT KUMAR .	3:08.21
		122 ANGRUJ SINGH .		123 JABER MADARI PA .	
3	PAK P	162 UMAR SADAT .	PAK	163 MEHBOOB ALI .	3:08.24
		170 ABDUL MUEED .		164 NOKAR HUSSAIN .	
4	BAN B	107 MD ABU TAJEB .	BAN	108 MD MASUD RANA .	3:15.50
		101 MD SAIFUL ISMAIL .		102 MOHAMMAD JAJIR .	
5	NEPAL N	214 RAM PRASAD TIJAR .	NEPAL	215 JEEVAN CHAUDHAR .	3:23.78
		213 SIMAN PANDEY .		212 NIR PRATAP MAHA .	
	MDV M		MDV		DNS
	MDV M		MDV		DNS

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Event # 17 WOMENS 4x400m Relay

SAG RECORDS:INDIA , 3:32.35 1999

1	SRI S	372	OMAYA UDAYANGLAN	SRI	363	GUNAJITHI,AKA HIU	3:41.10
		360	KAWSHALYA MADHU		362	DILSHI MAHEESHA	
2	PAK P	351	SABIB E ASRA	PAK	352	ANEFLA GULZAR	3:41.74
		353	RABIA ASHID		350	NAJMA PARVEEN	
3	IND I	313	PRIYA HABBATHAN	IND	312	VIJAYAKUMARI GO	3:41.81
		318	MANISHA KUSHWAH		314	NANCY	
4	BAN B	403	SHABIYA AL SOHA	BAN	302	MIS SHARIFA KHA	4:00.55
		304	SUMI AKTAR		402	SUJIN AKI	
5	NEPAL N	388	SANGITA MECHE	NEPAL	389	KALPANA SHRESTH	4:04.91
		387	ARUNA RIJAL		390	SARASWATI BILATT	
6	MDV M	348	SARAA MASSOOD	MDV	344	AISHATH JAAJISUA	4:31.22
		349	RIFA MOHAMED		343	AISHATH HIMNA H	

Subject Meeting of the AFP Committee

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To 'Makram sahi' <sahi49@gmail.com>, PSB <infopsb@sports.gov.pk>, sultan satti <sultan.satti@gmail.com>, Pakistan Olympic Association <info@nocpakistan.org>, 'Salman Iqbal Butt' <discuss786@gmail.com>, Army Sports Directorate <asdirectorate@gmail.com>, Wapda Sports Board <wapdasports@hotmail.com>
Date 29-05-2020 8:15 pm

**No. AFP/C-13/20****Dated: 29.05.2020**Subject: **Meeting of the AFP Committee**

In the light of POA's letter received vide No. POA-108/MGS/13th SAG dated 29th May 2020 meeting of the AFP Committee scheduled on 30-05-2020 at Jinnah Stadium Pakistan Sports Complex Islamabad is hereby postponed.

Next date of the meeting will be conveyed shortly.

Best regards,

Muhammad Zafar
Secretary General, AFP

Distribution:-

- Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP/ Vice President AAA
- Director General, PSB Islamabad
- Brig (R) Sultan Mehmood Satti, Convener of the Committee
- Muhammad Khalid Mehmood, Secretary General POA
- All Members of the Committee
- Secretary Army Sports Directorate
- General Secretary WAPDA Sports Board
- Concerned Athletes

Subject **PROVISIONAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

To Pakistan Olympic Association <info@nocpakistan.org>

Cc 'Makram sahi' <sahi49@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, sujan shrestha <sujanlal_jessica@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Dr. Waqar Ahmad <drwaqar_psb@yahoo.com>, Jee ISRAM <jee.isram@worldathletics.org>, AAA - Secretariat <sec@asianathleticsassociation.org>, Army Sports Directorate <asdirectorate@gmail.com>, Wapda Sports Board <wapdasports@hotmail.com>

Date 04-06-2020 5:35 pm



NO. AFP/C-13/07/20
Dated 03 June, 2020

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Subject: **PROVISIONAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**

Dear Sir,

Please refer to your letter No. POA-118/MGS/13th SAG dated 1.06.2020.
(Thanks for mentioning a typographical error which appeared in our earlier correspondence)

Para wise reply of the letter under reference is as under:-

1. As per clause 2.2 of Article-2 of the AFP Constitution "**AFP is the sole competent authority and governing body for the sport of Athletics in Pakistan and is recognized as such by the IAAF and AAA**". With this mandate AFP has been making all out efforts for the clean sports (Athletics) at National & International level. We understand that AAF Notice of Charge and Mandatory Provisional Suspension to Pak athletes envisages appropriate action by AFP, therefore owing to our inherent constitutional jurisdiction, AFP has placed the athletes under provisional suspension till further orders to send a strong signal to all sports persons / athletes that such an undesirable act can neither be ignored nor condoned. It clearly reflects AFP's seriousness to deal with the subject matter. WADA rules are explicit, clear and unambiguous. There is no clause in the WADA rules / IAAF's Anti Doping rules which prohibits AFP to take punitive action against the alleged athletes. As the athletes have been placed under temporary suspension on administrative grounds further proceedings will be taken as per relevant WADA rules and AFP's Constitution in due course of time. We further understand that the only person who may appeal from a provisional suspension is the athlete who has been placed under provisional suspension.

2. As per advice from NOC Nepal, AFP has since taken up the matter with authorized Lab for the analysis of B Samples of the athletes. Further measures will be taken on receipt of results from concerned quarters. Please refer to clause 4 Consequences as mentioned in the Notices issued by Chairman Anti Doping Committee, 13 SAG.

3. A self contained reply has already been forwarded vide our letter / email dated 1.06.2020.

As apprised earlier we expect that all stake holders must work in harmony and complement each other's efforts to deal with subject matter in the most fair, honest and transparent manner.

Best regards,

Muhammad Zafar
Secretary General AFP

CC:-

- Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP / Vice President AAA
- Mr. Jeevan Ram Shrestha, President, Nepal Olympic Committee
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019
- Dr. Waqar Ahmad, Chairman Anti Doping Organization of Pakistan
- Mr. Jee Isram, Member Federations Relations Senior Manager, Head of Protocol, World Athletics
- Mr. A. Shuggumarran, Secretary General, Asian Athletics Association
- Army Sports Directorate
- WAPDA Sports Board

Asian Games. It was further resolved to hold meeting of the Core Committee to discuss various matters pertaining to the 14th South Asian Games.

ITEM NO. (3) - DOPE CASES OF THREE NATIONAL ATHLETES

The house was informed regarding the three x positive dope cases of national athletes who won medals in 13th South Asian Games Nepal. It was informed that the Organizing Committee has confirmed that total 10 x Dope Tests of Pakistani Athletes were carried out during 13th South Asian Games 2019 which detail is given below:-

1)	Athletics	05	(the Athletics Federation intimated that ---athletes had been tested whereas 05 had been tested by the Nepal Anti-Doping Organisations. The matter is being investigated.)
2)	Boxing	01	
3)	Karate	01	
4)	Squash	01	
5)	Weightlifting	02	
	Total:	10	

The house was apprised that 03 x National Athletes of Athletics Team of Pakistan have been tested positive details of which are given below, and as per WADA Code since 03 x athletes have tested positive, Pakistan may be disqualified in 05 x Track events losing 2 x Gold and 3 x Bronze Medals from the total medal tally of Pakistan:-

Sr. No.	Name of Athlete	Event	Medal	Pak Athletes
1	Mehboob Ali	400 M Hurdles	Gold	Mehboob Ali
2	Mehboob Ali	4 x 400 M Relay	Bronze	Umar Sadat, Abdul Moeed, Nokar Hussain & Mehboob Ali
3	Muhammad Naeem	110 M Hurdle	Gold	Muhammad Naeem
4	Muhammad Naeem	4 x 100 M Relay	Bronze	Sami Ullah, Muhammad Shahbaz, Uzair Rehman & Muhammad Naeem
	Sami Ullah			
5	Sami Ullah	100 M	Bronze	Sami Ullah

The house was informed that the Athletics Federation of Pakistan earlier provided POA with information regarding the details of athletes taken for tests as following

- Mr. Arshad Nadeem
- Mr. Uzair Rehman
- Mr. M Naeem
- Mr. Samiullah
- Mr. Mehboob Ali
- Mr. Shamsulhaq
- Ms. Najma Parveen
- Ms. Sahib E Asra

The house was apprised that in order to substantiate the number of athletes tested, POA asked all NSFs to provide the details of the athletes whose sample were collected by the doping authority. The measures were taken to ensure correct information is available with POA since it is vital for the NOC Pakistan to ascertain information regarding doping controls from all stakeholders. In this context POA also advised AFP that the information regarding sample collection of athletes was



not shared with POA either during the Game period or through the Manager's Report. AFP was advised to obtain updated version of Manager's Report however AFP stated that the Manager's Report is only a general document and the report submitted to POA is just that. By implication it was therefore meant that no details of any sort are required to be given. Instead they stated that the contingent officials should have reported and included in their report.

The house opined that as per norms, the Manager's Report is an extremely important document based on which future remedial measures are instituted to prevent recurrence and for improvement in the system. No action can be taken if the matter is not reported in detail and with necessary recommendations. It is not possible for the POA Medical Team or Contingent Officials to know that Sample Collection has taken place if the concerned manager or Team management do not inform the concerned quarters.

The house was informed that, as stated above, POA is a signatory of WADA Code and has the obligation as per the WADA Code to probe into cases / potential violations and therefore it was the responsibility of the POA to inform of the various roles of stakeholders in the doping control mechanism as per WADA Code that included:

- Anti – Doping Organization of 13th South Asian Games was authorized to take measures including Sample Collection, Result Management & Disqualification of results.
- Pakistan Olympic Association (POA) being signatory of WADA Code has to monitor the compliance of directions and decisions by National Sports Federations and its athletes.
- National Sports Federations, are NOT a signatory to the WADA Code, but have to ensure compliance of the Code by virtue of their affiliations with respective IFs and the NOCs. Their Athletes who move for the multi-sports events move under the NOC, which in turn has to comply with the instructions/rules of the Games Organising Committee and the Games-Anti Doping Organisations formed for the purpose.

The house was apprised that the Result Management Process has been completed and three x athletes have accepted the Adverse Analytical Findings and disqualification in terms of results/medals shall be notified by ADO – Nepal Games. Sanctions beyond the event shall be notified by concerned International Federation. It was further informed that POA took measures in accordance with WADA Code that stipulates that "20.4.10 To vigorously pursue all potential anti-doping rule violations within their jurisdiction including investigation into whether Athlete Support Personnel or other Persons may have been involved in each case of doping."

POA has been closely following up with the Anti-Doping Organization of 13th South Asian Games, 2020 to process the cases in line with the WADA Code. In order to complete Result Management Process in accordance with WADA Code, POA requested AFP to relay result to athletes and obtain their replies and advised AFP on certain issues and requested information pertaining to doping controls in accordance with WADA Code. The house was informed, once again, that the NSFs, in case of International Mega Events, are under mandatory obligation to assist the ADOs/NOCs/IFs to complete the Result Management Process without fail. It was also noted that the NOCs are authorized to take measures that an NOC considers necessary for the probe / investigations into the doping control breaches and therefore NSFs should provide any data/information required. The house was further informed that the AFP requested POA to take up matter with NOC Nepal for late notification of results. After careful review of the applicable rules, POA could not ascertain whether the delay in notification of Adverse Analytical Findings of Sample A constitutes any violation of the WADA Code and in this context the recent examples of disqualification / disbarment by IOC of athletes who participated in previous editions of Olympic Games were cited.

The house was also informed that the AFP formed a Committee in context of these particular doping cases prior to finalization of Adverse Analytical Findings (AAF – B Sample) and attempted



to impose suspension upon three athletes that were already suspended by the competent authority i.e. ADO – 13SAG thus AFP acted in contradiction to the WADA Code however due to timely intervention of POA, the proceeding of the Committee were stopped. The house was also informed that AFP alleged POA of breaching communication protocols and taking measures for personal reasons. The President POA informed the house that POA has not taken any measure that does not confirm with WADA Code, and its endeavour to pursue potential or confirmed doping control breaches, is an obligation which we need to fulfill in our fight against doping for clean sports. He opined that allegations that POA's actions are intended to harass athletes and personal motives are uncalled for. He informed the house that failure of the three athletes in doping control of one sports is a very serious concern as it may jeopardize the efforts of other clean athletes.

The members of the house also observed that the Anti-Doping Organization of Pakistan needs to take concrete measures and step up in its endeavor to eradicate doping and educate athletes and NSFs frequently. The house was further informed that in accordance with the Article 9 and Article 10.8 of WADA Code, the medal tally of Pakistan could be changed as under:

Description	Medals				Medals (Disqualification)			
	Gold	Silver	Bronze	Total	Gold	Silver	Bronze	Total
Pakistan	32	41	60	133	30	41	57	128
Athletics	5	2	6	13	3	2	3	8

Decision:

The house unanimously resolved / approved:

- i. The measures taken by the Pakistan Olympic Association in context to the three x doping cases, Result Management Process and correspondences on this subject.
- ii. To hold detailed probe into the cases and for this purpose delegated authority to President POA to inquire into the dope case as well as form a probe committee with TORs including but not limited to as under:
 - I. Ascertain the awareness level of athletes about doping controls and use of medicine
 - II. Ascertain measures to enhance doping controls and procedures as per WADA code.
 - III. Examine in depth dope control measures adopted by NSFs.
 - IV. Ascertain effectiveness of internal doping controls established by AFP.
 - V. Ascertain why internal doping controls of AFP were breached.
 - VI. Ascertain the exact number of doping tests held by AFP in last three years
 - VII. Fix responsibility upon the person(s) involved, if any except athletes
 - VIII. Recommend measures for future course
- iii. To ascertain necessary information / data related to measures of doping control in last five years by Anti-Doping Organization of Pakistan and other actions taken to mitigate the risk of doping control violation(s) in Pakistan.

Subject NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Test)**From** Pakistan Olympic Association <info@nocpakistan.org>

To <president@nocpakistan.org>, <ssa@treetonline.com>, <infopsb@sports.gov.pk>, <trainingpsb@yahoo.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, <pakhandball@hotmail.co.uk>, <nrapakistan@gmail.com>, <meesaqrizvi@gmail.com>, <lubnasibtain5@gmail.com>, <mwk_71@yahoo.com> <president@nocpakistan.org>, <ssa@treetonline.com>, <infopsb@sports.gov.pk>, <trainingpsb@yahoo.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, <pakhandball@hotmail.co.uk>, <nrapakistan@gmail.com>, <meesaqrizvi@gmail.com>, <lubnasibtain5@gmail.com>, <mwk_71@yahoo.com>, <pakswimfed@gmail.com>, PAK - Athletics Federation Of Pakistan <<pak@mf.worldathletics.org>, Pakistan Badminton Federation <secretarypbf@gmail.com>, Pakistan Federation Baseball <pakistanbaseball@hotmail.com>, Shaukat Javed <shaukatpsp@hotmail.com>, Pakistan Basketball Federation <bashirsonsmall1950@gmail.com>, khalid Bashir <pakistanbasketballfederation@gmail.com>, Pakistan Bodybuilding Federation <pkbodybuilding@gmail.com>, Pakistan Boxing Federation <president@pakboxingfed.com>, M. Nasir Ijaz Tung Secretary General PBF <secretarygeneralpbf@gmail.com>, Equestrian Federation of Pakistan <efp@efp.com.pk>, <drfarooquaf@gmail.com>, Pakistan Golf Federation <info@pgf.com.pk>, Ajaz Ahad Khan <<secy@pgf.com.pk>, Pakistan Gymnastic Federation <pakgymnasticsfed@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pakistan Hockey Federation <pakhockeyfederation@gmail.com>, Pakistan Ju-Jitsu Federation <info@pjff.org>, Pakistan Ju Jitsu Federation <pjff05@gmail.com>, Pakistan Ju-Jitsu Federation <president@pjff.org>, <secretary@pjff.org>, <waqarilaskhan@gmail.com>, Pakistan Kabaddi Federation <<pakkabaddifederation@yahoo.com>, Pakistan Karate Federation <saadjahangir@yahoo.com>, <andleebsandhu@gmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Pakistan Rowing Federation <presidentpakrowingfed@gmail.com>, Pakistan Rugby Union <info@pakistanrugby.com>, <fawzi@pakistanrugby.com>, <arif@servis.com>, <president@pakistanrugby.com>, <khurram@pakistanrugby.com>, Pakistan Sailing Federation <<paksailing1969@gmail.com>, Pakistan Squash Federation <pakistansquash@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Majid Waseem <pakswimfed@gmail.com>, <veena517@gmail.com>, Winter Sports Federation Pakistan <wintersportsfedpak@gmail.com>, Softball Federation of Pakistan <lehri_softball@hotmail.com>, Softball Federation of Pakistan <asif_azeem8@yahoo.com>, Pakistan Table Tennis Federation <essemsibtain@gmail.com>, <tauqeerttf@gmail.com>, Pakistan Table Tennis Federation Ahmer Mallick <ahmer.mallick@yahoo.com>, Pakistan Taekwondo Federation <ptf_wasim@yahoo.com>, Pakistan Tennis Federation <pktenfed@comsats.net.pk>, Pakistan Tug of War Federation <rana.mja@gmail.com>, <rmasghar786@gmail.com>, Pakistan Volleyball Federation <chmuhammad.yaqub@gmail.com>, Ch. Muhammad Yaqoob <pvfsecretariat@gmail.com>, Pakistan Weightlifting Federation <pakistanwf1@gmail.com>, <amjad_butt507@yahoo.com>, Pakistan Wrestling Federation <<pak@unitedworldwrestling.org>, Pakistan Wushu Federation <aaimalikhwushu@gmail.com>, <b.olympic.a@gmail.com>, KP Olympic Association <olympickp@gmail.com>, Punjab Olympic Association <punjabolympicassociation@gmail.com>, Punjab Olympic Association <punjabolympicassociation@hotmail.com>,



Sindh Olympic Association <soa1947@yahoo.com>, Army Sports Directorate <asdirectorate@gmail.com>, Director Sports Pakistan Navy <dsports@paknavy.gov.pk>, PAF Sports Control Committee <dteofsportspaf@yahoo.com>, Pakistan Police Sports Board <policesportsboard@yahoo.com>, Pakistan Railways Sports Board <prsportsboard@yahoo.com>, WAPDA Sports Board <wapdasports@hotmail.com>, <sports@hec.gov.pk>, <muasif@hec.gov.pk>

Date 26-08-2020 3:06 pm

- 265 - Notification - Probe Committee (13th SAG - Dope Test).pdf (~815 KB)

Dear Sir / Madam,

Kindly find attached letter No. POA-265/MGS/814 dated 26 August, 2020 on the above subject for information, record and necessary action please.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-265/MGS/814
26 August, 2020

NOTIFICATION

1. In pursuance of the decision taken by the Executive Committee of Pakistan Olympic Association in its meeting held on August 08th, 2020, Lt. Gen (R) Syed Arif Hasan, President POA, in accordance with the authority delegated to the office of the President Pakistan Olympic Association has constituted the Probe Committee, in context to the three positive dope cases of Pakistani athletes tested during the 13th South Asian Games 2019, of following individuals:

- | | | |
|----|---|-----------|
| a. | Mr. Muhammad Shafiq,
President, Pakistan Handball Federation
Secretary General, Asian Handball Federation | Convener |
| b. | Mr. Javaid Shamshad Lodhi
Executive Vice President, National Rifle Association of Pakistan
Vice President, Asian Shooting Confederation | Member |
| c. | Dr. Meesaq Rizvi OLY
Former Olympian & National Champion | Member |
| d. | Dr. Lubna Sibtain
Member, POA Medical Commission | Member |
| e. | Maj (R) Majid Waseem
President, Pakistan Swimming Federation
Bureau Member AASF & Member FINA Masters Committee | Secretary |

2. The terms of reference of the Committee shall be as under:

- To ascertain the awareness level of athletes about doping controls and use of medicine.
- To ascertain measures to enhance doping controls and procedures as per WADA code.
- To examine in depth dope control measures adopted by NSFs.
- To ascertain effectiveness of internal doping controls established by AFP.
- To ascertain why internal doping controls of AFP were breached.
- To ascertain the exact number of doping tests held by AFP in last three years.
- To fix responsibility upon the person(s) involved, if any except athletes (banned by the Anti Doping Organization of 13th South Asian Games).
- To recommend measures for future course.
- To ascertain necessary information / data related to measures of doping control in last five years by Anti Doping Organization of Pakistan and other actions taken to mitigate the risk of doping control violation(s) in Pakistan.

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

3. The Committee is advised to finalize its findings within thirty days for which all the relevant stakeholders should cooperate and provide information, documents and personal appearance as the case may be.

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association



Copy to

- Lt Gen (R) Syed Arif Hasan HI(M), President, Pakistan Olympic Association.
- Director General, Pakistan Sports Board.
- Chairman, Anti Doping Organization of Pakistan.
- Convener & Members of the Committee.
- All Affiliated Member Units of POA.
- Master File.

Subject NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Tests)

Roundcube Webmail

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>**To** Pakistan Olympic Association <info@nocpakistan.org>

Cc 'Makram sahi' <sahi49@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Syed Shahid Ali <ssa@treetonline.com>, PSB <infopspb@sports.gov.pk>, trainingpsb@yahoo.com <trainingpsb@yahoo.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, meesaqrizvi@gmail.com <meesaqrizvi@gmail.com>, lubnasibtain5@gmail.com <lubnasibtain5@gmail.com> 'Makram sahi' <sahi49@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Syed Shahid Ali <ssa@treetonline.com>, PSB <infopspb@sports.gov.pk>, trainingpsb@yahoo.com <trainingpsb@yahoo.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, meesaqrizvi@gmail.com <meesaqrizvi@gmail.com>, lubnasibtain5@gmail.com <lubnasibtain5@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>, Pakistan Badminton Federation <secretarypbf@gmail.com>, Pakistan Federation Baseball <pakistanbaseball@hotmail.com>, shaukatpsp@hotmail.com <shaukatpsp@hotmail.com>, Pakistan Basketball Federation <bashirsonsmall1950@gmail.com>, khalid Bashir <pakistanbasketballfederation@gmail.com>, Pakistan Bodybuilding Federation <pkbodybuilding@gmail.com>, Pakistan Boxing Federation <president@pakboxingfed.com>, Pakistan Boxing Federation <secretarygeneralpbf@gmail.com>, Equestrian Federation of Pakistan <efp@efp.com.pk>, drfarooquaf@gmail.com <drfarooquaf@gmail.com>, PGF Secretariat <info@pgf.com.pk>, Ajaz Ahad Khan <secy@pgf.com.pk>, Pakistan Gymnastic Federation <pakgymnasticsfed@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pakistan Hockey Federation <pakhockeyfederation@gmail.com>, Pakistan Ju-Jitsu Federation <info@pjff.org>, pjff05@gmail.com <pjff05@gmail.com>, Pakistan Ju-Jitsu Federation <president@pjff.org>, secretary@pjff.org <secretary@pjff.org>, waqarilyaskhan@gmail.com <waqarilyaskhan@gmail.com>, Pakistan Kabaddi Federation <pakkabaddifederation@yahoo.com>, Pakistan Karate Federation <saadjahangir@yahoo.com>, Pakistan Karate Federation <andleebsandhu@gmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Pakistan Rowing Federation <presidentpakrowingfed@gmail.com>, info@pakistanrugby.com <info@pakistanrugby.com>, Fawzi (PRU) <fawzi@pakistanrugby.com>, Pakistan Rugby Union <arif@servis.com>, Pakistan Rugby Union <president@pakistanrugby.com>, Secretary General Pakistan Rugby Union <khurram@pakistanrugby.com>, Pakistan Sailing Federation <paksailing1969@gmail.com>, Pakistan Squash Federation <pakistansquash@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>, Veena Masud <veena517@gmail.com>, Secretary General <wintersportsfedpak@gmail.com>, Softball Federation of Pakistan <lehri_softball@hotmail.com>, Softball Federation of Pakistan <asif_azeem8@yahoo.com>, Pakistan Table Tennis Federation <essemstain@gmail.com>, tauqeerpptf@gmail.com <tauqeerpptf@gmail.com>, Pakistan Table Tennis Federation <ahmer.mallick@yahoo.com>, Pakistan Taekwondo Federation <ptf_wasim@yahoo.com>, Pakistan Tennis Federation <pktenfed@comsats.net.pk>, Pakistan Tug of War Federation <rana.mja@gmail.com>, rmasghar786@gmail.com <rmasghar786@gmail.com>, Pakistan Volleyball Federation <chmuhammad.yaqub@gmail.com>, Pakistan Volleyball Federation <pvfsecretariat@gmail.com>, Pakistan Weightlifting Federation <pakistanwf1@gmail.com>, amjad_butt507@yahoo.com

<amjad_butt507@yahoo.com>, Pakistan Wrestling Federation
<pak@unitedworldwrestling.org>, Pakistan Wushu Federation
<aaimalikwushu@gmail.com>, b.olympic.a@gmail.com
<b.olympic.a@gmail.com>, KP Olympic Association
<olympickp@gmail.com>, Punjab Olympic Association
<punjabolympicassociation@gmail.com>, Punjab Olympic Association
<punjabolympicassociation@hotmail.com>, Sindh Olympic Association
<soa1947@yahoo.com>, Army Sports Directorate
<asdirectorate@gmail.com>, Director Sports Pakistan Navy
<dsports@paknavy.gov.pk>, Air Headquarters Peshawar
<dteofsportsfaf@yahoo.com>, Pakistan Police Sports Board
<policesportsboard@yahoo.com>, Pakistan Railways Sports Board
<prsportsboard@yahoo.com>, Wapda Sports Board
<wapdasports@hotmail.com>, HEC <sports@hec.gov.pk>,
muasif@hec.gov.pk <muasif@hec.gov.pk>

Date 30-08-2020 2:09 pm

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- Letter to POA 30.08 .2020.pdf (~110 KB)

Dear Sir,

Please find attached letter No. AFP/C-16/14/20 dated 30-08-2020 on the subject matter.

Best regards,

Muhammad Zafar
Secretary General AFP

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi,
HI(M), SI(M),



Secretary General

Muhammad Zafar

Mr. Muhammad Khalid Mehmood
Secretary General,
Pakistan Olympic Association,
Lahore

No. AFP/ C -16/14/20
Dated: 30-08-2020

Subject:- **NOTIFICATION**

Please refer to your Notification circulated vide No. POA-265/MGS/814 dated 26th August 2020 and reiterated the contents of our earlier letter No. AFP / C - 16 /09/20 dated 30 July 2020.

1. Constitution of a Probe Committee in context to the 3 positive dope cases of Pakistani athletes tested during the 13th South Asian Games 2019 has been notified vide above referred Notification. In this regard, it is apprised that soon after the issuance of AAF Notice of charge and Provisional Suspension to the 3 athletes by the Chairman Anti-doping Committee 13th SAG, this Federation acted promptly to get the required formalities completed and extended full cooperation to all concerned Sports Organizations for effective resolution of the matter. Our transparent and prompt action was duly acknowledged by the Nepal Olympic Committee (NOC) and Director Doping Analysis Laboratory Qatar.

2. Later on, "B" samples of 2 athletes (Muhammad Naeem and Mehboob Ali) were analyzed as per their request and were found to be the same as sample "A". Consequently, Chairman Anti doping Committee 13th SAG Nepal vide his letter dated 11th August 2020 (addressed to concerned 3 athletes) imposed Sanction of 4 years each. In compliance of the said decision, this Federation has already taken necessary action vide our letters and Notification dated 15.08.2020 with a copy to POA and all concerned Organizations. We have also informed the Asian Athletics Association, World Athletics and World Anti Doping Agency accordingly. Concerned Departments / Affiliated Units of AFP have been directed to initiate departmental disciplinary action against the individuals under intimation to AFP.

3. In view of above, we consider that constitution of any Probe Committee is not required. It has been established that it was an individual act and the defaulters have been lawfully reprimanded / sanctioned by the Anti Doping Committee of 13th SAG under WADA Code. Proceedings stand completed under WADA Code which has exclusive jurisdiction in the matter. Hence, any further probe of this case is superfluous and also transgresses the jurisdiction of WADA, AFP and World Athletics (WA). It is

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi
HI(M), SI(M)




Secretary General

Muhammad Zafar

an open and shut case. We therefore suggest that Notification issued vide No. POA-265/MGS/814 dated 26th August, 2020 be withdrawn as no further proceedings are necessary.

Best regards,


Muhammad Zafar
Secretary General, AFP

Copy to:-

- Maj Gen (R) Muhammad Akram Sahi, HI(M). SI(M), President AFP / Vice President AAA
- Lt Gen (R) Syed Arif Hasan HI(M), President, Pakistan Olympic Association
- Director General, Pakistan Sports Board
- Chairman, Anti Doping Organization of Pakistan
- All Affiliated Member Units of POA
- Convener & Members of the Committee
- Army Sports Directorate
- WAPDA Sports Board

Subject Notification - Probe Committee (13th SAG - Dope Test)**From** Pakistan Olympic Association <info@nocpakistan.org>**To** PAK - Athletics Federation Of Pakistan <
<pak@mf.worldathletics.org>, Pakistan Badminton Federation
<secretarypbf@gmail.com>, Pakistan Federation Baseball
<pakistanbaseball@hotmail.com>, Shaukat Javed
<shaukatpsp@hotmail.com>, Pakistan Basketball Federation
<bashirsonsmall1950@gmail.com>, khalid Bashir
<pakistanbasketballfederation@gmail.com>, Pakistan Bodybuilding
Federation <pkbodybuilding@gmail.com>, Pakistan Boxing
Federation <president@pakboxingfed.com>, M. Nasir Ijaz Tung
Secretary General PBF <secretarygeneralpbf@gmail.com>,
Equestrian Federation of Pakistan <efp@efp.com.pk> PAK -
Athletics Federation Of Pakistan <<pak@mf.worldathletics.org>,
Pakistan Badminton Federation <secretarypbf@gmail.com>,
Pakistan Federation Baseball <pakistanbaseball@hotmail.com>,
Shaukat Javed <shaukatpsp@hotmail.com>, Pakistan Basketball
Federation <bashirsonsmall1950@gmail.com>, khalid Bashir
<pakistanbasketballfederation@gmail.com>, Pakistan Bodybuilding
Federation <pkbodybuilding@gmail.com>, Pakistan Boxing
Federation <president@pakboxingfed.com>, M. Nasir Ijaz Tung
Secretary General PBF <secretarygeneralpbf@gmail.com>,
Equestrian Federation of Pakistan <efp@efp.com.pk>,
<drfarooquaf@gmail.com>, Pakistan Golf Federation <
<info@pgf.com.pk>, Ajaz Ahad Khan <<secy@pgf.com.pk>,
Pakistan Gymnastic Federation <pakgymnasticsfed@gmail.com>,
Pakistan Handball Federation <pakhandball@hotmail.co.uk>,
Pakistan Hockey Federation <pakhockeyfederation@gmail.com>,
Pakistan Ju Jitsu Federation <pjjf05@gmail.com>,
<waqariyaskhan@gmail.com>, Pakistan Kabaddi Federation <
<pakkabaddifederation@yahoo.com>, Pakistan Karate Federation
<saadjahangir@yahoo.com>, <andleebsandhu@gmail.com>,
National Rifle Association of Pakistan - NRAP
<nrapakistan@gmail.com>, Pakistan Rowing Federation
<presidentpakrowingfed@gmail.com>, Pakistan Rugby Union
<info@pakistanrugby.com>, <fawzi@pakistanrugby.com>,
<arif@servis.com>, <khurram@pakistanrugby.com>, Pakistan
Sailing Federation <<paksailing1969@gmail.com>, Pakistan
Squash Federation <pakistansquash@gmail.com>, Pakistan
Swimming Federation <mwk_71@yahoo.com>, Majid Waseem
<pakswimfed@gmail.com>, <veena517@gmail.com>, Winter
Sports Federation Pakistan <wintersportsfedpak@gmail.com>,
Softball Federation of Pakistan <lehri_softball@hotmail.com>,
Softball Federation of Pakistan <asif_azeem8@yahoo.com>,
Pakistan Table Tennis Federation <essemsibtain@gmail.com>,
<tauqeerpptf@gmail.com>, Pakistan Table Tennis Federation Ahmer
Mallick <ahmer.mallick@yahoo.com>, Pakistan Taekwondo
Federation <ptf_wasim@yahoo.com>, Pakistan Tennis Federation
<pktenfed@comsats.net.pk>, Pakistan Tug of War Federation
<rana.mja@gmail.com>, <rmasghar786@gmail.com>, Pakistan
Volleyball Federation <chmuhammad.yaqub@gmail.com>, Ch.
Muhammad Yaqoob <pvfsecretariat@gmail.com>, Pakistan
Weightlifting Federation <pakistanwf1@gmail.com>,
<amjad_butt507@yahoo.com>, Pakistan Wrestling Federation <
<pak@unitedworldwrestling.org>, Pakistan Wushu Federation
<aaimalikwushu@gmail.com>**Cc** President NOC Pakistan <president@nocpakistan.org>, Info
<info@nocpakistan.org>**Bcc** President POA <arifhasan19@gmail.com>**Date** 15-09-2020 6:51 pm

-
- Questionnaire for NSFs.docx (~21 KB)

Presidents and Secretaries General of
National Sports Federations of Pakistan
Affiliated to Pakistan Olympic Association

Dear Sir/Madam,

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- Secretary General, Pakistan Olympic Association.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-
 - a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

 - b. Awareness of Doping Practices in your sport?

 - c. Knowledge about Prohibited List and methods?

 - d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

 - e. How ibid measures are implemented / ensured by your Federation?

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA
FROM THE
PAKISTAN ARCHERY FEDERATION

1. **Question No 1. Is your Federation fully cognizant of WADA Anti-Doping Code?**

Yes, Pakistan Archery Federation is cognizant of the WADA Anti Doping Code in terms of World Archery rule and by virtue of its affiliation with Pakistan Sports Board and Pakistan Olympic Association both of which are signatory of the code.

2. **Question No 2. What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-**

a. **Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?**

Pakistan Archery Federation is developing Federation and it is working to install proper and efficient Anti Doping mechanism however due to limited resources it will take some time. The whereabouts forms of its Athletes are provided if asked by NOC Pakistan

b. **Awareness of Doping Practices in your sport?**

The Affiliated Units of the Pakistan Archery Federation are advised and updated WADA Anti-Doping Rules and Regulations.

Knowledge about Prohibited List and methods?

The Federation, normally, circulates the updated WADA Anti-Doping Rules and Regulations along with the list of prohibited substances as soon as the revised Anti-Doping Rules and Regulations are issued.

c. **Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?**

Yes the Federation is very well aware of Therapeutic Use Exemption (TUE) process. In any case if an athlete required medical treatment or may have a medical issue that may require special medication that fall under the Prohibited List, it is mandatory to give a TUE Form before competition.

d. **How ibid measures are implemented / ensured by your Federation?**

The no. of archers in Pakistan is limited therefore all our units and athletes have to undertake TUEs /whereabouts etc if so asked by relevant authority.

3. Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

This requires an extensive awareness programs to educate athletes and officials provided such programs is not only supported by Govt. of Pakistan but is implemented through National Sports Federation and National Olympic Committee. Athletes have to be provide with the knowledge of the harms of taking drugs in absence of which athletes may take drugs banned substance from local medical stores. As per UNESCO, convention against doping in sports, Governments are under obligation to enact laws to control availability of banned substance in open market. There are multiple factors that needs to be assessed to devise a plan to control or limit the access of athletes and officials to such banned substance and medicine, in addition to educating them about the medical and moral harms drugs can cost on them.

4. Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

As per available record, no such test has taken place.

5. Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Due to limited international participation random test have not been performed as of now.

6. Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Again, due to limited resources, no random sampling taken place however ADOP will be requested to conduct test without any financial implication.

7. Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

As mentioned in Answer No. 3

8. **Question No 8**. In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

-----NA-----

9. **Question No 9**. While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

-----NA-----

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

-----NA-----

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Answer: Yes

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Answer: Information received from all International and National organizations is conveyed regularly to all the affiliated units of AFP for compliance and implementation.

- b. Awareness of Doping Practices in your sport?

Answer: Athletes, coaches, organizers and team managers are advised regularly to follow the instructions and rules regarding doping guidelines. Special effort is further made during the organization of an athletics event to educate athletic personnel about the harmful use of these prohibited substances.

- c. Knowledge about Prohibited List and methods?

Answer: The list and other information is shared with all affiliates of AFP

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Answer: Selected athletes are briefed during the national training camps and at the time of participation in International competitions.

- e. How ibid measures are implemented / ensured by your Federation?

Answer: Athletes and coaches are educated through the management of their units to ensure the implementation.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measures to avoid deduction of such substances?

Answer: The internet is the primary source for obtaining such information. It is our assumption that such knowledge is secured by the athletes, coaches, and trainers through electronic media sources.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Answer: Yes, AFP conducted dope tests of five (5) athletes on the occasion of 47th National Athletics Championships 2016, Quetta. The test samples of the following athletes were sent to the National dope testing laboratory, India by Anti-Doping Organization of Pakistan. The results of the Dope tests were reported by the laboratory to ADOP who informed AFP that all tests were negative. Copy of Dope test results is attached.

Names of athletes

Sr. No.	Name	Unit
1.	Muhammad Imran	WAPDA
2.	Muhammad Waseem	Army
3.	Mehboob Ali	Army
4.	Shakil Ahmad	Army
5.	Ghoar Shahbaz	WAPDA

These tests were carried out at the expenses of AFP.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Answer: Athletes are cautioned to abstain from using any illegal/prohibited substance. They are also advised to follow the doping procedures of the concerned Games / Championships anti- doping committee.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted, and finances raised?

Answer: Yes, AFP conducted 5 dope tests during the 47th National Athletics Championships, Quetta 2016. It was unfortunate that doping tests were not carried out during the 33rd National Games, Peshawar, 2019 organized by the KPK and POA.

It is the mandate of ADOP to conduct Doping tests and funds be provided to ADOP, by the Govt or POA to conduct Doping tests regularly.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Answer: The elements who procure and supply prohibited items to the sports persons are the main cause of this evil. Such bad elements should fully be identified and prosecuted to the full extent of the law.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

Answer: It was an individual act by the athletes who have been punished as per WADA rules. To probe the matter AFP constituted a committee vide Notification No. AFP/A-18/2020 dated 26 May 2020 but on the advice of POA its proceedings were not held. AFP has already taken up the matter with the parent departments of 03 athletes to initiate disciplinary actions against the defaulters. Both the departments (Army & WAPDA) have initiated the proceedings. Useful outcome of the enquiry will be shared.

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

Answer: We have considered all the possibilities and state the following reasons.

There was no national training camp before the departure of team for participation in 13th South Asian Games, Kathmandu, Nepal. Athletes were trained by their respective departments for National Games Peshawar 2019 and the Athletics Team was selected on basis of performance of athletes in the said Games. This situation clearly depicts that

there is no possibility of coaches and team managers being involved in this unfortunate incident.

As already mentioned at Answer No. 8, AFP wanted to probe the matter through a committee but on advice of POA its proceedings could not start, however, departments have initiated disciplinary proceedings against the defaulters.

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

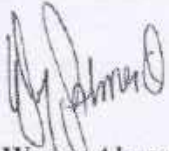
Answer:

- | | |
|-----------------------|--|
| 1. Col Ghulam Shabbir | The Then Chief Coach Army Athletics Team |
| Contact Number: | 0300-4858236 |
| 2. Muhammad Sajid | Head coach WAPDA team |
| Contact Number: | 0300-6040691 |



DOPE TESTS RESULT ATHLETICS 2016

S.#	Form No.	Sample Code Number	Name of Athlete	Date of Test	DHL		Laboratory				Result
					Invoice No.	Date	Name	Report No.	Code No.	Date	
01	317	2961857	Muhammad Imran	16-05-2016	6979930753	17-05-2016	NDTL, India	8819/2016	LC 162681	03-06-2016	No banned substance detected
02	319	2961852	Muhammad Waseem	17-05-2016	6979930753	17-05-2016	NDTL, India	8819/2016	LC 162682	03-06-2016	No banned substance detected
03	318	2961859	Ali Mehboob	17-05-2016	6979930753	17-05-2016	NDTL, India	8816/2016	LC 162683	03-06-2016	No banned substance detected
04	321	2961858	Shakil Ahmad	17-05-2016	6979930753	17-05-2016	NDTL, India	8816/2016	LC 162684	03-06-2016	No banned substance detected
05	322	2961864	Shahbaz Gohar	17-05-2016	6979930753	17-05-2016	NDTL, India	8816/2016	LC 162685	03-06-2016	No banned substance detected


Dr. Waqar Ahmad,
Chairman ADOP

Subject Notification - Probe Committee (13th SAG - Dope Test)
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>, Pakistan Swimming Federation <pakswimfed@gmail.com>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 27-09-2020 9:04 pm



- Questionnaire for NSF's.pdf (~36 KB)
- Dope tests results.jpg (~678 KB)

Major Majid Waseem (Retd)
 Secretary POA Probe Committee

Please refer to your email dated 15 September 2020 on the subject matter.

As desired reply of the Questionnaire is attached.

Best regards,

Muhammad Zafar
 Secretary General AFP



Dope tests results.jpg
 ~678 KB

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Answer: Yes

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Answer: Information received from all International and National organizations is conveyed regularly to all the affiliated units of AFP for compliance and implementation.

- b. Awareness of Doping Practices in your sport?

Answer: Athletes, coaches, organizers and team managers are advised regularly to follow the instructions and rules regarding doping guidelines. Special effort is further made during the organization of an athletics event to educate athletic personnel about the harmful use of these prohibited substances.

- c. Knowledge about Prohibited List and methods?

Answer: The list and other information is shared with all affiliates of AFP

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Answer: Selected athletes are briefed during the national training camps and at the time of participation in International competitions.

- e. How ibid measures are implemented / ensured by your Federation?

Answer: Athletes and coaches are educated through the management of their units to ensure the implementation.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measures to avoid deduction of such substances?

Answer: The internet is the primary source for obtaining such information. It is our assumption that such knowledge is secured by the athletes, coaches, and trainers through electronic media sources.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Answer: Yes, AFP conducted dope tests of five (5) athletes on the occasion of 47th National Athletics Championships 2016, Quetta. The test samples of the following athletes were sent to the National dope testing laboratory, India by Anti-Doping Organization of Pakistan. The results of the Dope tests were reported by the laboratory to ADOP who informed AFP that all tests were negative. Copy of Dope test results is attached.

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4.	Shakil Ahmad	Army
5.	Ghoar Shahbaz	WAPDA

These tests were carried out at the expenses of AFP.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Answer: Athletes are cautioned to abstain from using any illegal/prohibited substance. They are also advised to follow the doping procedures of the concerned Games / Championships anti- doping committee.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted, and finances raised?

Answer: Yes, AFP conducted 5 dope tests during the 47th National Athletics Championships, Quetta 2016. It was unfortunate that doping tests were not carried out during the 33rd National Games, Peshawar, 2019 organized by the KPK and POA.

It is the mandate of ADOP to conduct Doping tests and funds be provided to ADOP, by the Govt or POA to conduct Doping tests regularly.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Answer: The elements who procure and supply prohibited items to the sports persons are the main cause of this evil. Such bad elements should fully be identified and prosecuted to the full extent of the law.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

Answer: It was an individual act by the athletes who have been punished as per WADA rules. To probe the matter AFP constituted a committee vide Notification No. AFP/A-18/2020 dated 26 May 2020 but on the advice of POA its proceedings were not held. AFP has already taken up the matter with the parent departments of 03 athletes to initiate disciplinary actions against the defaulters. Both the departments (Army & WAPDA) have initiated the proceedings. Useful outcome of the enquiry will be shared.

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

Answer: We have considered all the possibilities and state the following reasons.

There was no national training camp before the departure of team for participation in 13th South Asian Games, Kathmandu, Nepal. Athletes were trained by their respective departments for National Games Peshawar 2019 and the Athletics Team was selected on basis of performance of athletes in the said Games. This situation clearly depicts that

there is no possibility of coaches and team managers being involved in this unfortunate incident.

As already mentioned at Answer No. 8, AFP wanted to probe the matter through a committee but on advice of POA its proceedings could not start, however, departments have initiated disciplinary proceedings against the defaulters.

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

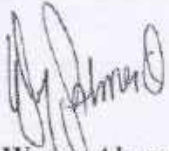
Answer:

1. Col Ghulam Shabbir The Then Chief Coach Army Athletics Team
 Contact Number: 0300-4858236
2. Muhammad Sajid Head coach WAPDA team
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DOPE TESTS RESULT ATHLETICS 2016

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Dr. Waqar Ahmad,
Chairman ADOP

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA
FROM THE
PAKISTAN BADMINTON FEDERATION

1. **Question No 1. Is your Federation fully cognizant of WADA Anti-Doping Code?**

Yes, Pakistan Badminton Federation is cognizant of WADA Anti Doping Code.

2. **Question No 2. What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-**

- a. **Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?**

There is no such Anti Doping system in the Federation for Random Testing as there is no funds available for the purpose. Whereas Athletes whereabouts forms are submitted through POA as and when required.

- b. **Awareness of Doping Practices in your sport?**

The Affiliated Units of the Pakistan Badminton Federation are advised and updated WADA Anti-Doping Rules and Regulations. This same is also addressed at the Federation's Coaching /Technical courses.

- c. **Knowledge about Prohibited List and methods?**

The Federation circulates the updated WADA Anti-Doping Rules and Regulations along with the list of prohibited substances as soon as the revised Anti-Doping Rules and Regulations are issued.

- d. **Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?**

Yes the Federation is very well aware of Therapeutic Use Exemption (TUE) process. In any case if an athlete required medical treatment or may have a medical issue that may require special medication that fall under the Prohibited List, it is mandatory to give a TUE Form before competition.

- e. **How ibid measures are implemented / ensured by your Federation?**

It is ensured that athletes shall not to take any medication without the advice of medical specialists of sports.

3. Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Athletes who take banned/ prohibited substances do not take into account the repercussion and after effects. With proper guidance about the negative impact of using prohibited substance can secure the future of such athletes.

4. Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Lack of funds the Federation has not conducted any drug during the last five years.

5. Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

During the Training and preparation camps, Athletes, Coaches are informed about the prohibited substance and its repercussions.

6. Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

No official tests are taken during national championships.

Huge funds are required to conduct doping test and it must be arranged by the Govt.

7. Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

The main hindrance is non conducting of test at National Level during the National Championships/ National Games/ National Trials as there is no fund available for the purpose

8. **Question No 8**. In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

-----NA-----

9. **Question No 9**. While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

-----NA-----

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

-----NA-----

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)

AFFILIATED WITH THE POA

Question No 1. Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes

Question No 2. What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

Give lectures about Anti-Doping. In 2012, the Pakistan Federation Baseball has organized OCA Coaching Course. Mr. Salman Butt, a lecturer nominated by POA give lecture on anti-doping to the coaches. In 2017 Federation has organized IOC Olympic Solidarity Technical Course under the supervision of US Baseball Coach Mr. George Santiago. During the course the coaches were informed about Anti Doping.

a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

We never done Random Testing in Pakistan, but our players and coaches know about it.

b. Awareness of Doping Practices in your sport?

Yes, our players and coaches having awareness about Doping Practices in Baseball by participating in international baseball events.

c. Knowledge about Prohibited List and methods?

Yes, we have knowledge about Prohibited List.

d. Know how about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Athletes may have illnesses or conditions that require them to take particular medications. If the medication an athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a Therapeutic Use Exemption (TUE) may give that athlete the authorization to take the needed medicine.

e. How ibid measures are implemented / ensured by your Federation?

The federation does not allow athletes to use prohibited drugs. During the training camp, if the player is injured or has any physical problem, the player under federation observation is treated.

Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Players can get such prohibited drugs from anywhere by searching the markets especially through the people who are involved in gym or bodybuilding.

The IOC should make strict rules in this regard. There should also be rules by the government regarding the sale of such drugs in the market.

Question No 4. Has your Federation undertaken doping test(s) during last five (5) years?

If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Most of our athletes are tested for doping before participating in any international competition. These tests are performed by anti-doping units from the Baseball Federation of Asia or the World Baseball Softball Confederation. These tests are not reported to us but are reported orally. None of our athletes have tested positive for doping since 1992.

Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

According to the rules and regulations of the international tournament, all the steps taken regarding doping are accepted by the federation.

Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

No, we don't conduct Doping Test (s) during national level competitions due to lack of funds. POA should allocate special funds for these tests during any national level competition.

Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Apart from the players and coaches, the officials of the federations have very little information in this regard. POA should organize at least 2 seminars every year in this regard.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Answer. Yes

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Answer. Pakistan Basketball Federation collected the information regarding basketball player's whereabouts. PBBF did not random dope test out of competitions.

- b. Awareness of Doping Practices in your sport?

Answer. PBBF conducted webinar regarding anti-doping practices.

- c. Knowledge about Prohibited List and methods?

Answer. The List and methods were sent by Pakistan Olympic Association was also provided to players, coaches and officials.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Answer. The Therapeutic use exemption (TUE) procedure also informed to players as well as to coaches.

- e. How ibid measures are implemented / ensured by your Federation?

Answer. PBBF strictly advise to the coaches to always supervise and mentoring the players during and out of training to observe them.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Answer.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Answer. NO

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Answer. PBBF always take the specific information regarding player's health, injury and treatment for international event.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Answer. No.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Answer. Due to lack of knowledge about doping controls, supplements used by players and coaches. If any player tested positive, he must be panelized and ban according to the WADA rules.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

Answer. By AFP

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

Answer. By AFP

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Answer. By AFP

MAJ. MAJID WASEEM (RETD), ICC, ICECP
SECRETARY POA PROBE COMMITTEE

Sub: **QUESTIONNAIRE**

Dear Sir,

ANS: 1 Yes

ANS: 2 Pakistan Bodybuilding Federation fully support the Anti-Doping Code

- a. Pakistan Bodybuilding Federation advised all the participants of Bodybuilding in events at all levels regarding Doping
- b. The Pakistan Bodybuilding Federation takes no financial assistance from Pakistan Sports Board / any financial Institution since last 6 years, which is why PBBF is unable to conduct seminars / events.
- c. The List of Prohibited Substances and Methods (List), updated annually by WADA, is the International Standard defining what is prohibited in – and out – of – competition. The list also indicates whether particular substances are banned in particular sports.
- d. TUE is an exemption that allows an athlete to use, for therapeutic purpose only. Athletes may need to use a prohibited medication to treat a legitimate condition. TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.
- e. The International Federation of Bodybuilding & Fitness is affiliated with WADA and conduct Doping Tests Internationally however PBBF is not wealthy to hold the Test randomly National level.

ANS: 3

PBBF issued warning Notice to athletes and directed their respective Association / Units to take necessary steps to avoid the prohibited substances in case if the same athlete found using the prohibited substance in future can debar him.

ANS: 4

The Pakistan Bodybuilding Federation takes no financial assistance from Pakistan Sports Board / any financial Institution since last 6 years, which is why PBBF is unable to undertake the Doping Tests Nationally.

ANS: 5

The Pakistan Building Federation had undertaken Doping Tests for International Events as the International Federation is an affiliated member of WADA.

ANS: 6

The Pakistan Bodybuilding Federation takes no financial assistance from Pakistan Sports Board / any financial Institution since last 6 years, which is why PBBF is unable to undertake the Doping Tests Nationally however if funds are granted then the PBBF will follow the pattern of International Bodybuilding Federation & WADA to conduct Doping Tests.

ANS: 7

The use of banned substances and techniques in sport is regulated by anti-doping rules coordinated by World Anti-Doping Agency.

Drugs are chemical substances that can change your body and mind.

Drugs addiction is a chronic brain disease. Certain drugs can change the structure and inner workings of the brain. With repeated use, they affect a person's self-control and interfere with ability to resist the urge to take the drug.

Substances that cause psychological dependence usually act on the brain and have on more of the following effects:

- Changes in mood
- Reduced anxiety
- Feelings of superior abilities

In my opinion make sure to stay up to date with anti-doping matters to prevent inadvertent doping and keep records of enquiries about any banned substance / supplement directed by International Bodybuilding Federation & WADA

Developing resilience over your sporting career – working with coaches, wider support team, parents and other athletes can receive sanctions for having possessions of prohibited substance or methods, even if they have not taken the substance, or used the method.

If an athlete needs to take a prohibited method for health reasons, they may be able to apply for Therapeutic Use Exemption (TUE).

Administration or attempted administration to an athlete of a prohibited substance and/or method; or assisting, encouraging, aiding, abetting, covering up or any other type of complicity involving an anti-doping rule violation or any attempted anti-doping rule violation.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA
FROM THE
PAKISTAN BOXING FEDERATION

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes, Pakistan Boxing Federation is cognizant of WADA Anti Doping Code.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. **Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?**

There is no such Anti Doping system in the Federation for Random Testing as there is no funds available for the purpose. Whereas Athletes whereabouts forms are submitted through POA as and when required.

- b. **Awareness of Doping Practices in your sport?**

The Affiliated Units of the Pakistan Boxing Federation are advised and updated WADA Anti-Doping Rules and Regulations. This same is also addressed at the Federation's Coaching /Technical courses.

- c. **Knowledge about Prohibited List and methods?**

The Federation circulates the updated WADA Anti-Doping Rules and Regulations along with the list of prohibited substances as soon as the revised Anti-Doping Rules and Regulations are issued.

- d. **Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?**

Yes the Federation is very well aware of Therapeutic Use Exemption (TUE) process. In any case if a pugilist required medical treatment or may have a medical issue that may require special medication that fall under the Prohibited List, it is mandatory to give a TUE Form before competition.

- e. **How ibid measures are implemented / ensured by your Federation?**

It is ensured that pugilists shall not to take any medication without the advice of medical specialists of sports.

3. Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Athletes who take banned/ prohibited substances do not take into account the repercussion and after effects. With proper guidance about the negative impact of using prohibited substance can secure the future of such athletes.

4. Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Lack of funds the Federation has not conducted any drug during the last five years.

5. Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

During the Training and preparation camps, Athletes, Coaches are informed about the prohibited substance and its repercussions.

6. Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

No official tests are taken during national championships.

Huge funds are required to conduct doping test and it must be arranged by the Govt.

7. Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

The main hindrance is non conducting of test at National Level during the National Championships/ National Games/ National Trials as there is no fund available for the purpose

8. **Question No 8**. In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

-----NA-----

9. **Question No 9**. While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

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10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

-----NA-----

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes, EFP is fully aware of WADA Anti-Doping code.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

N/A

- b. Awareness of Doping Practices in your sport?

N/A

- c. Knowledge about Prohibited List and methods?

Yes

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Yes, we have knowledge of TUE process

- e. How ibid measures are implemented / ensured by your Federation?

N/A

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

N/A

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

N/A

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

N/A

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

N/A

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

***Note: All NSFs less AFP will respond to questions number 1 to 7.
Whereas AFP will respond to questions number 1 to 10***

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

No

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:- **NIL**

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?
- b. Awareness of Doping Practices in your sport?
- c. Knowledge about Prohibited List and methods?
- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?
- e. How ibid measures are implemented / ensured by your Federation?

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

No Idea

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

NIL

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

NO

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Lack of Information & Role of POA & PSB

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

No. Although we have IOC & FIG Certified coaches & mostly office bearers of PGF are physical educationist but there is a need to further enhance their knowledge on anti-doping.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-
- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Awareness & information regarding Anti-Doping is already in the knowledge of coaches, trainers & gymnasts but its strict implementation needs constant pursuance.

- b. Awareness of Doping Practices in your sport?

Awareness regarding doping through lectures & seminars is yet required.

- c. Knowledge about Prohibited List and methods?

Yes. But yet its strict follow up is required.

- d. Know how about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Yes, it is used to streamline the body ingredients due to any disease & exemption of some medicine by prohibited list with the help of medical experts.

- e. How ibid measures are implemented / ensured by your Federation?
Through spreading awareness & material.

The awareness in this regard might have been given verbally in the past since nothing is on record but fact remains that lot needs to be done.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

When any player try to increase some banned performance enhancing substances through food or medicine to increase the ratio in the body for temporary boosting , their power , agility, strength, abnormally increases the optimal usage of body in an un- natural way.

The only way to give awareness of adverse effects of these banned performance enhancing substances is constant and strict supervision of the players by the coaches and proper counseling.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Prior to taking part in international competitions, Gymnasts are usually guided about prohibited list & anti-doping test system.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Not in practice so far.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

-Careless attitude of players and coaches.

-No strict punishments are enforced.

- Culture of medication without proper consultation needs to be curbed.

-Coaches are the best judge of their players so they are equally responsible for any use of banned drugs by the players

-Strict measures are required to avoid use of banned drugs by the players.

- A clause be added in their appointment letters by the respective departments that if anybody found taking drugs, his services will be Terminated or Removed.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)

AFFILIATED WITH THE POA

PAKISTAN HANDBALL FEDERATION

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Ans: Yes

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Ans: We don't have any defining control system in the Federation. As soon as Federation received information from POA, NADO, WADA about Anti-Doping sent to all affiliated units and all concerned PHF also looks after the whereabouts of the athletes during training/competition.

- b. Awareness of Doping Practices in your sport?

Ans: The athletes, coaches and team officials are informed the violation of WADA Code.

- c. Knowledge about Prohibited List and methods?

Ans: The guidance is taken from the medical experts and Athletes are instructed not to take medicine without prior permission of concerned authority.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Ans: Webinar was conducted, regarding TUE by Handball Federation.

- e. How ibid measures are implemented / ensured by your Federation?

Ans: It is ensured that any athlete is not permitted to take medicine without the advice of medical expert.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Ans: Doping substances are easily available, might be obtained from colleagues, friends, gyms, etc and these should be deduced at local level.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Ans: There were no dope tests conducted during National Championships/Games, during last five years.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Ans: Health/Medical forms are obtained from participating national and domestic athletes. Providing information, specifically about injury, treatments, hospitalization, if any.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Ans: There were no dope tests conducted during National Championships/Games, during last five years. Finances can be raised through the event sponsors, POA, local laboratories.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Ans: Lack of education regarding doping substances and its control, healthy nutrition/supplements among athletes & coaches are the main hindrances in effective drug control.

Finances should be given to Federation for making effective Drug Control Department to oversee athletes at different intervals, athletes under the influence of doping substances must be suspended and penalized strictly and the Federations must educate their officials & athletes through seminars/webinars about doping substances, its effect on body and the laws about doping.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Pakistan Hockey Federation arranges almost 5-6 camps every year for preparation of different domestic and international events. It is part and parcel of our practice to give information regarding anti-doping control system, random testing, out of competition testing and athlete whereabouts forms to the coaches, athletes and trainers during every camp.

- b. Awareness of Doping Practices in your sport?

PHF has got privilege to arrange different coaching and awareness programs throughout the year which encompass latest research regarding technical coaching points and awareness about latest advances in sports medicine. During these programs it is mandatory to aware participants about doping materials, anti-doping rules, etc.

- c. Knowledge about Prohibited List and methods?

In the form of lectures and printed material we provide updated prohibited list to every player and its is made compulsory for every athlete not to take any medicine without prior permission of concerned authorities.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Medical professionals take the history of each and every player who's participating in the camp. So, in case of any systemic disorder where prohibited medicine is required for the life of any athlete is enlisted and through TUE reported to the concerned authorities prior to any competition.

e. How ibid measures are implemented / ensured by your Federation?

- Prevention is better than cure. We ensure each and every player not to use any medication without permission of medical professional concerned.
- Lectures on doping and prevention are organized to be delivered regularly and by the grace of ALLAH not a single player found dope positive/sanctioned by WADA authorities for the last many years.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Illiteracy is the major issue of our society and being part of this society athletes have the same problems. So, usually our athletes take medicine or banned items with the guidance of uneducated gym trainers/ustads of particular sports who encourage their athletes to take these substances for their own glory and win-win situation.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

During every international event 2 or 3 players undergo doping test and fortunately no one has been found positive.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

- Code of conduct forms are duly signed by the whole team and officials prior to any international events.
- Education about doping test procedures
- WADA prohibited list and complete WADA code in detail described to the player and officials prior to any international events.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Due to financial constraints doping test during or before any national event is very difficult even than we sent request to the national anti-doping organization to assist us.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

- Random testing
- Targeted testing at national level competitions
- Proper education about prohibited substances and their side effects could be effective to avoid occurrence of doping violation.

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?
Yes (PAKISTAN JU JITSU FEDERATION)

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-
 - a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

“National data pool of jujitsu athletes is being compiled to gather information regarding athlete whereabouts. More than 6 Continued educational seminars and webinars have been conducted to educate the athletes, officials and trainers”.
 - b. Awareness of Doping Practices in your sport?

“Webinar conducted by jujitsu asian union (JJAU) in regards to anti doping practices for Pakistan JuJitsu Federation”.
 - c. Knowledge about Prohibited List and methods?

“Webinar conducted on WADA ANTIDOPING 2020 prohibited list and methods by Pakistan JuJitsu Federation and JJAU for jujitsu athletes, coaches and officials. List was also shared with all concerns”.
 - d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

“Webinar conducted on (TUE) by Pakistan JuJitsu Federation and JJAU for jujitsu athletes, coaches and officials”.
 - e. How ibid measures are implemented / ensured by your Federation?

“Clear policy of ‘NO TO DOPING’ AND “CLEAN JUJITSU” is being complied with by all local and regional jujitsu affiliates of PJJF. Continuous supervision and mentoring of athletes during and out of training is observed by coaches”.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

“Might be able to obtain through colleagues during training especially in local gyms where supplements and boosters are promoted during training periods”.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No. However, PJJF is the first organization in Pakistan which has approached in this regard to Dr.Waqar Ahmed the then DDG PSB by requesting him to conduct the dope test during its National Championship 2014, which couldn't held as Dr.Waqar replied that PSB has no funds for such tests and these tests required around 300\$ each by sending sample to designated lab in Singapore.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Health /Medical forms are obtained from participating national and domestic athletes; providing information specifically about injury, treatments, hospitalizations, if any.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

NO. However, PJJF top athletes who took medals in the First Asian Martial Arts Games,2009: Asian Beach Games2014: Asian Beach Games 2016: Asian Martial Arts Games 2017 were taken to dope test by the respective organizing committees under OCA and none of them ever tested positive.

Funds may be raised through local sponsors or POA, PSB, ADOP for national events, where top ranking athletes may be tested at random at least. twice a year

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

1. Lack of athlete, coach and officials education about doping controls and process.
2. Lack of education regarding nutrition and supplementation and usage of homeopathic or ayurvedic medications.

1. Athletes testing positive should be blacklisted and penalized
2. The membership of respective Federations should be Suspended for a period of time by PSB, If at all Federation failed to educate its athletes.

3. Financial grants to federations should be halted in case of athletes testing positive.
4. Continuous mentorship and supervision of national athletes alongwith health/medical declaration forms to be assessed on quarterly basis.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes (Pakistan Kabaddi Federation)

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

“National data pool of Kabaddi Players is being compiled to gather information regarding athlete whereabouts. Pakistan Kabaddi Federation consecutively conducted educational seminars and webinars to educate the athlete, Officials and Coaches about Anti-Doping.

- b. Awareness of Doping Practices in your sport?

Webinar conducted by International Kabaddi Federation (IKF) Asian Federation of Kabaddi in regards to anti doping practices for Kabaddi and Coaches.

- c. Knowledge about Prohibited List and methods?

Pakistan Kabaddi Federation (PKF) shared List with all concerns. PKF conducted webinar on WADA Anti-Doping 2020 prohibited list and methods for Kabaddi Players and coaches.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Webinar conducted on (TUE) by Pakistan Kabaddi Federation and IKF for Kabaddi Players, Coaches and Officials.

- e. How ibid measures are implemented / ensured by your Federation?

Clear policy of ‘STOP DOPING & CLEAN KABADDI’ is being complied with by all local and regional Kabaddi affiliates of PKF. Pakistan Kabaddi Federation continuously supervision and mentoring of Kabaddi Players.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

“Might be able to obtain through colleagues during training especially in local gyms where supplements and boosters are promoted during training periods”.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No. However, Pakistan Kabaddi Federation has approached in this regard to Dr. Waqar Ahmed, Deputy Director General, Pakistan Sports Board by requesting them to conduct the dope test during its National Championships, which couldn't held as Dr. Waqar Ahmed replied that Pakistan Sports Board has no funds for such tests.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Health/Medical forms are obtained from participating National and Domestic Kabaddi Players; providing information specifically about injury, treatments, hospitalizations, if any.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

NO. However, PKF top Kabaddi Players who took medals in the Asian Games, Asian Beach Games, SAF Games, SAF Beach Games and other International Kabaddi events were taken to dope test by the respective organizing committees under OCA/ IKF and none of them ever tested positive. Funds may be raised through local sponsors or POA, PSB, for national events, where top ranking Kabaddi Players may be tested at random at least, Once a year.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

- 1. Lack of athlete, coach and officials education about doping controls and process.**
- 2. Lack of education regarding nutrition and supplementation and usage of homeopathic**
- 3. Athletes testing positive should be blacklisted and penalized**
- 4. The membership of respective Federations should be suspended for a period of time.**

5. Financial grants to federations should be halted in case of athletes testing positive.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA
FROM THE
PAKISTAN KARATE FEDERATION

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Pakistan Karate Federation is fully cognizant of WADA Anti Doping Code.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. **Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?**

There is no such Anti Doping system in the Federation for Random Testing due to financial constraints. Whereas Athletes whereabouts forms are submitted through POA as and when required.

- b. **Awareness of Doping Practices in your sport?**

Pakistan Karate Federation updated WADA Anti-Doping Rules and Regulations through its coaches courses.

- c. **Knowledge about Prohibited List and methods?**

The Federation circulates the updated WADA Anti-Doping Rules and Regulations along with the list of prohibited substances as soon as the revised Anti-Doping Rules and Regulations are issued.

- d. **Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?**

Pakistan Karate Federation is well aware of Therapeutic Use Exemption (TUE) process. In any case if a player required medical treatment or may have a medical issue that may require special medication that fall under the Prohibited List, it is mandatory to give a TUE Form before competition.

- e. **How ibid measures are implemented / ensured by your Federation?**

It is ensured that player shall not to take any medication without the advice of medical specialists of sports.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Athletes who take banned/ prohibited substances do not take into account the repercussion and after effects. With proper guidance about the negative impact of using prohibited substance can secure the future of such athletes.

4. **Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.**

Pakistan Karate Federation has not conducted any drug during the last five years.

5. **Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?**

During the coaches courses and training camps, Athletes, Coaches are informed about the prohibited substance and its repercussions.

6. **Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?**

No official tests are taken during national championships.

Huge funds are required to conduct doping test and it must be arranged by the Govt.

7. **Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?**

The main hindrance is non conducting of test at National Level during the National Championships/ National Games/ National Trials as there is no fund available for the purpose

8. **Question No 8**. In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

-----NA-----

9. **Question No 9**. While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

-----NA-----

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

-----NA-----

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?
 - Yes, Pakistan Rowing Federation is fully aware of WADA Anti-doping Code.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically: -
 - a. Regarding Anti-Doping Control System I.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System.
 - Pakistan Rowing Federation conducts different seminars on Anti-doping control system to raise awareness among our athletes, coaches and officials. We do not possess proper Anti-doping test system.
 - b. Awareness of Doping Practices in your sport?
 - As previously mentioned, PRF conducts seminars regarding Anti-doping controls system. Recently, PRF has organized an Online seminar on 1st-5th September 2020. Moreover, provided opportunity leading team coaches to participate in the seminar conducted by WADA representative under auspicious of POA.
 - c. Knowledge about Prohibited List and methods?
 - We regularly share the prohibited list of WADA with our athletes, Coaches and officials.
 - d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?
 - If our athletes are going through any illness during or before competition, they can request National Doping Committee for the use of TUE. After obtaining the permission from NDC, they can use TUE.
 - e. How ibid measures are implemented / ensured by your Federation?
 - Continuous supervision and mentoring of athletes during and out of training is observed by coaches”.

2. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?
 - Athletes might be able to purchase these substances through online market.

3. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.
 - NIL

4. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?
 - A formal undertaking is taken in written from the athletes confirming that no anti-doping measures have been taken by any athlete for the said competition.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?
 - Government of Pakistan
 - Organization of the concerned athlete.
 - Sponsorships

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?
 - Doping must be made easy for every federation and awareness for anti-doping must also be raised. Funding for this specific purpose must be made.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?
 - First, we don't have any proper anti-doping system. Secondly, this is not in the knowledge of the federation if they have breached it or not.

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?
 - This is purely relevant to the intentions and ambitions of the athletes themselves (if any). Therefore, the coaches are not involved of the doping violations.

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

- NA

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Pakistan Rugby Union is totally cognizant of WADA Anti-Doping Code.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Management team always look after the whereabouts of Players/Coaches/Officials, whereas our medical team organized seminars/workshops for awareness of Anti-doping control system.

- b. Awareness of Doping Practices in your sport?

Our medical team organized seminars/workshops for awareness of Anti-doping control system.

- c. Knowledge about Prohibited List and methods?

Whenever there is an update regarding list and methods of any prohibited items/products, the message to our medical team was circulated immediately and they also update it in the seminars/workshops.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Our medical team is totally aware of TUE and if there would be any issues or problem, they consult with POA medical team.

- e. How ibid measures are implemented / ensured by your Federation?

Pakistan Rugby Union have a clear policy of "BE SUPER NATURAL - KEEP RUGBY CLEAN", and this Keep Rugby Clean policy has been implemented to the grass root level strictly.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

As I have already mentioned above, the whereabouts of the Players/Coaches/Officials so we can have a better understanding of there in-take and output.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No. Never found any case yet.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

We already have Keep Rugby Clean protocols by World Rugby/Asia Rugby and prior to any National/International matches, we have to submit all the relevant forms for each and every Player.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

No. Never found any case yet.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

1. Players/Coaches/Officials should be aware of Anti-Doping.
2. If anyone found guilty, he/she should be strictly penalized.
3. Coaches/Officials strictly advised not to promote it.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA
(Pakistan Sailing Federation)

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes. Mostly aware of the WADA Anti-Doping Code.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

(1) *Lectures to players/ teams.*

(2) *Periodical Medical Check ups*

- b. Awareness of Doping Practices in your sport?

Through dissemination of information received from the world/ national sports organisations/ Associations.

- c. Knowledge about Prohibited List and methods?

Circulation of lists amongst players.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Never used so far. Less knowledge.

- e. How ibid measures are implemented / ensured by your Federation?

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

No knowledge.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Sailing team generally comprises of players from tri services. Medical checkup and fitness certificate prior each international event is must. Advance dope test is done only when required by the organizing authority. During national championships Dope Tests have not been conducted so far because it is believed that in sailing tactics dominate the extra ordinary usage of banned items.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Same as answer 4

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Not so far.

Pakistan Sports Board and/or Pakistan Olympic Association as and when required and also the federations out of their financial resources can conduct the tests.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

May be financial constraints.

Non availability of facilities at some locations.

PSB and POA may conduct surprise tests to minimize such occurrences.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

No knowledge.

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

Team management is expected to respect the sportsmen spirit and national reputation.

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Not applicable.

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Answer: Yes.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Answer:

- i. No Doping Test either random or out of competition has been possible due to financial constraints.
- ii. Athlete's whereabouts are submitted through POA wherever required before any international games.

- b. Awareness of Doping Practices in your sport?

Answer:

All athletes and officials are briefed from time to time, especially during training camps before international events about the consequences of Doping violations.

- c. Knowledge about Prohibited List and methods?

Answer:

Yes. List of all prohibited medicines / substances are circulated to all the units as and when received from international bodies or Pakistan Doping Authority.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Answer:

Yes. Before any International Games, forms are distributed to participating athletes to provide the details of any medicine or treatment they are getting to submit to NRAP in writing which if any received are submitted to POA.

- e. How ibid measures are implemented / ensured by your Federation?

Answer:

It is only done through verbal counseling to athletes and coaches.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Answer:

- i. In our opinion, each National athlete & Coach is fully aware of the banned performance enhancing substances which the athletes can easily obtain from medical stores.

- ii. In the absence of any other option available i.e. conducting of doping test during important National events(National Championships & National Games) due to financial constraints, **we strongly recommend that thorough search of athletes'/coaches'/managers' luggage be conducted by the senior POA designated officials before boarding the flights and after arrival of teams at International Games venues/camps.**

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Answer:

None. No Doping Test in Pakistan has ever been conducted during last 5 years either during National Championships or National Games due to financial constraints.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Answer:

Only verbal warning is given to athletes & officials prior to participation in International Competitions.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Answer:

- i. **No.**
- ii. Finances have to be allocated especially during National Games & National Championships for conducting Dope Test especially in individual event sports in which athletes are more liable to use performance enhancing substances. Main sports following in this category are Athletics, Swimming, Shooting, Judo, Karate, boxing, Weightlifting and Wrestling.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Answer:

Main hindrances are non-conducting of Doping Test at National Level both at National Championship, National Games & National Trials as no funds are provided / available for conducting Doping Tests.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

YES PAKISTAN SQUASH FEDERATION (PSF) IS FULLY AWARE OF ANTI-DOPING RULES & REGULATIONS.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

PAKISTAN SQUASH FEDERATION (PSF) HAS DISSEMINATED THE DOPING GUIDES RECEIVED FROM PAKISTAN OLYMPIC ASSOCIATION, TO ALL PROVINCIAL SQUASH ASSOCIATIONS & AFFILIATED MEMBERS FOR THEIR CIRCULATION TO THEIR PLAYERS, COACHES & OFFICIALS, NO LESS THAN THREE TIMES IN THE LAST ONE MONTH.

- b. Awareness of Doping Practices in your sport?

THE GUIDELINES ON DOPING HAVE BEEN WIDELY PUBLICIZED FOR THE AWARENESS OF PLAYERS, COACHES & OFFICIALS.

- c. Knowledge about Prohibited List and methods?

THE LIST OF PROHIBITED DRUGS HAS BEEN CIRCULATED TO ALL PLAYERS, COACHES & OFFICIALS THROUGH PROVINCIAL SQUASH ASSOCIATIONS & AFFILIATED MEMBERS OF PSF FOR GUIDANCE & COMPLIANCE OF THE INSTRUCTIONS ISSUED BY POA.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

PRESCRIBED INSTRUCTIONS PROFORMA ON THERAPEUTIC USE EXEMPTION (TUE) HAVE BEEN DISTRIBUTED THROUGH PROVINCIAL SQUASH ASSOCIATIONS & DEPARTMENTS WITH INSTRUCTIONS TO SUBMIT THE SAME TO PSF FOR THE RESPECTIVE PLAYERS (IF ANY).

- e. How ibid measures are implemented / ensured by your Federation?

BY ISSUANCE OF INSTRUCTIONS FROM PAKISTAN SQUASH FEDERATION (PSF) TO THE PROVINCIAL SQUASH ASSOCIATIONS & AFFILIATED MEMBERS FOR COMPLIANCE IN TRUE LETTER & SPIRIT.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such **substances**?

MOST OF THE SQUASH PLAYERS ARE NOT WELL EDUCATED. THEY MAY NOT HAVE EVEN KNOWLEDGE / INFORMATION ABOUT MOST OF PROHIBITED DRUGS AND CANNOT EVEN UNDERSTAND ENGLISH LANGUAGE. THEREFORE, THEY HAVE TO BE EDUCATED AND PSF HAS ALREADY CIRCULATED DOPING GUIDELINES EVEN IN URDU VERSION SO THAT THEY COULD BE WELL AWARE OF THE PROHIBITED MEDICINES / DRUGS TO AVOID ANY EMBARRASSMENT DURING INTERNATIONAL EVENTS PARTICIPATION.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

NO, PAKISTAN SQUASH FEDERATION (PSF) HAS NOT CONDUCTED ANY DOPING TESTS DURING LAST FIVE YEARS.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

DETAILED BRIEFINGS ARE GIVEN TO THE PLAYERS, COACHES & OFFICIALS ON DOPING RULES & REGULATIONS WELL BEFORE PROCEEDING FOR ANY INTERNATIONAL SQUASH EVENT IN PAKISTAN OR ABROAD.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

PAKISTAN SQUASH FEDERATION (PSF) DOES NOT CONDUCT ANY DOPING TESTS DURING NATIONAL SQUASH TOURNAMENTS IN PAKISTAN. HOWEVER, NATIONAL DOPING ASSOCIATION OF PAKISTAN MAY CONDUCT SUCH TESTS (IF REQUIRED) AT NO COST TO THE FEDERATION DURING NATIONAL SQUASH TOURNAMENTS.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

PLAYERS, COACHES & OFFICIALS NEED TO BE EDUCATED WELL ON THE DOPING RULES, REGULATIONS, PROCEDURES IN AN ORGANIZED SEMINAR, COMPULSORY FOR ALL THE COACHES & PLAYERS, AND ITS CONSEQUENCES ON COUNTRY'S IMAGE. ABSENTEES ARE TO BE BANNED BY POA FOR 6 MONTHS FROM RESPECTIVE SPORT.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

NOT APPLICABLE.

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

NOT APPLICABLE.

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

NOT APPLICABLE.

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

From the
PAKISTAN SWIMMING FEDERATION

1. **Question No 1. Is your Federation fully cognizant of WADA Anti-Doping Code?**

Although the Pakistan Swimming Federation is well cognizant of WADA Anti-Doping Code. Nevertheless, Federation feels that awareness level is much lacking. Federation maintains strict rules regarding the WADA Anti-Doping Code and has a formal document signed by its swimmers regarding the use of medications and supplements they may be taking along with the signed medical prescriptions by the Doctor.

2. **Question No 2. What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-**

a. **Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?**

Unfortunately, Pakistan has no official running Anti-Doping testing system. It is an expensive procedure and funds are not provided to the Federation to avail this facility to test their swimmers.. However the swimmers are in line with the International Swimming Federation (FINA) regarding FINA's Athletes Whereabouts System and are available if and when they are required for random dope testing conducted by FINA.

b. **Awareness of Doping Practices in your sport?**

The Affiliated Units of the Pakistan Swimming Federation with their swimmers and coaches are reminded by regular official emails of the updated WADA Anti-Doping Rules and Regulations. This is also addressed at the Federation's Coaching and Technical Workshops/Clinics.

c. **Knowledge about Prohibited List and methods?**

The Pakistan Swimming Federation circulates the undated list of WADA Anti-Doping Rules and Regulations along with the list of prohibited substances as soon as the revised Anti-Doping Rules and Regulations are issued.

d. **Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?**

Yes the Federation is very well aware of TUE process. If in any case a swimmer(s) may have a medical issue that may require special medication i.e. asthma, the swimmers are required to fill in TUE form (available on Federation website) along with signed prescription by his/her doctor and submitted to NADO.

e. **How ibid measures are implemented / ensured by your Federation?**

When swimmers are selected for international events, the swimmers are required to provide a signed official legal document with any medication/supplements they are using. Any official prescription must be signed by their Doctors. If there is any doubt the Federation will seek an alternative medical report.

3. **Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?**

There is a lot of information available on the internet / social media on performance enhancing drugs and supplements. Many protein supplements that are available in supermarkets and drug stores contain steroids that profess to make stronger muscles. Many players/athletes take these not realizing that they may prove drug positive because of these additives. There are some homeopathic and herbal medications that are cheaply available in the local market that may also prove drug positive. Growth hormones supplements can also prove drug positive. The new fad of taking highly concentrated caffeine tablets and highly concentrated caffeine drinks that are available all over the counter, may prove the athlete/player drug positive. There is dire need that an aggressive campaign on regular basis at National level may be undertaken. Moreover, NADO, which is currently dormant, must be made to play active part to curb this menace. Mere sending of emails doesn't serve the purpose. Athletes must be tested on regular basis (On and Off Competition) to create real deterrence and date maintained.

4. **Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.**

Because of the paucity of funds the Pakistan Swimming Federation has not conducted any drug tests but has continued to emphasis the importance of the dangers of using banned substance to all its swimmers and takes extra caution by getting signed documents from their swimmers on any medication/supplements they may be taking with their doctor's signature.

5. **Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?**

Swimmers have to give signed legal document that they are not taking any illegal substance. If the swimmer is under age the swimmer's parents are required to also sign the document. If by chance the swimmer is on any medication(s), the medication(s) must be listed along with the official signed Doctor's prescription. It must be mentioned that 2 swimmers were randomly tested at the Commonwealth Games, one in Melbourne 2006, and the other at Glasgow 2014, since both the swimmers were proved drug free no written documents were given.

6. **Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?**

No official doping tests are taken during national championships. This is because the Federation has no funds to facilitate the testing. National Championships are financed through limited sponsorship. However, at the Team Managers Meeting before the start of the event, all Team Managers are again reminded about the abuse of prohibited substances. The Team Officials also keep a careful watch on whether any swimmer is taking any prohibited substances or injecting any illegal drugs etc. However, there must be a proper experienced medical team that is trained to facilitate and conduct testing at all National Championships of all sports.

7. **Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?**

The National Anti-Doping Organization of Pakistan (NADO) must be more efficient and must conduct dope testing for all medal winners at National Championships and must also introduce Random Testing, Out of Competition Testing and Athletes Whereabouts System as is done by the International Swimming Federation (FINA). All swimmers are required to submit their whereabouts to ensure that they can be tested without prior notice. This has been a major success with FINA to eliminate the use of illegal drugs.

8. **Question No 8**. In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

-----NA-----

9. **Question No 9**. While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

-----NA-----

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

-----NA-----

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

Pakistan Table Tennis Federation

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?
No

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-
 - a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?
No
 - b. Awareness of Doping Practices in your sport?
In Process
 - c. Knowledge about Prohibited List and methods?
Partial Knowledge on account of various seminars organized by POA
 - d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?
No
 - e. How ibid measures are implemented / ensured by your Federation?
Needs No Reply

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?
Awareness required on subject matter.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.
Not at Federation Level.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?
All Players are fully cognizant of the banned substances on account of printed material available and provided to banned by the Federation.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

No

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Awareness and above all guidelines / details of prohibited substances must be made available for circulation among the players.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

Requires no comments.

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

Requires no comments.

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Requires no comments.

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

**QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA**

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Answer: Yes

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Answer: All the athletes informed through lectures before commencement of any National / International Competition.

- b. Awareness of Doping Practices in your sport?

Answer: Through already circulated material duly received from POA / World Taekwondo and Anti Doping Agency.

- c. Knowledge about Prohibited List and methods?

Answer: Duly circulated amongst all affiliated units, provincial associations, clubs accordingly.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Answer: Yes we know.

- e. How ibid measures are implemented / ensured by your Federation?

Answer: Due to non-availability of funds only lectures and verbal discussion made between officials / coaches and athletes to ensure maximum implementation of necessary actions. However, during International Competitions specially in Games coaches and Managers are made responsible to ensure it.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Answer: No.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Answer: No, In South Asian Games 2016, Islamic Games 2017 and Asian Games 2018 the athletes tested by organizing committee and no record held with Federation. However, all the athletes being tested in said games declared Negative.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Answer: All the athletes informed verbally before commencement of any International Competition and follow the guidelines of World Taekwondo.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Answer: No due to non-availability of funds. However, the finances can be raised through sponsorships as we do to conduct National Championship / Coaching Seminars etc.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Answer: It is time that POA must intimate PSB to have Modern Testing Anti Doping Lab for ensuring this facility for the Elite Athletes. Pakistan Army Sports Directorate can also facilitate the NSFs in collaboration with AFIRM.

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-
 - a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System? ***International Tennis Federation's anti-doping information has been shared with players/coaches.***

 - b. Awareness of Doping Practices in your sport? ***Yes, this information is shared, especially players/coaches competing in international events.***

 - c. Knowledge about Prohibited List and methods? ***Yes, all the latest ITF information is communicated to players/coaches.***

 - d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used? ***Yes, information has been shared with players/coaches.***

 - e. How ibid measures are implemented / ensured by your Federation? ***Sharing of latest updates on ITF anti-doping policies and practices, as well as supervision.***

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances? ***Through training partners/coaches /fitness trainers.***

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents. **No. However, our players have been tested randomly in international events, and have always tested negative.**

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition? ***Sharing of latest updates on ITF anti-doping policies and practices.***

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised? ***No, but for Davis Cup ties held in Pakistan, we do have a doping set-up (as per requirement of ITF), in coordination with PSB.***

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

a) Lack of relevant information in players/coaches/parents/officials

b) Strict punitive measures to be taken against any player testing positive

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10



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PAKISTAN TOG OF WAR FEDERATION.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)

AFFILIATED WITH THE POA

1. Question No 1. Is your Federation fully cognizant of WADA Anti-Doping Code?

YES.

2. Question No 2. What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

From time to time the P.T.W.F do warn all their affiliated units to be ware off WADA ANTIDOPING Code.

b. Awareness of Doping Practices in your sport?

All the athlete are given Stern warning if found involved in doping. then they will come under BANE FOR FUTURE.

c. Knowledge about Prohibited List and methods?

NOT MUCH.

d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

No. knowledge.

e. How ibid measures are implemented / ensured by your Federation?

So FOR NONE

3. Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

NO-IDEA.

4. Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

NO!

5. Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

VERBALLY WARNED, Prior to competition

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PAKISTAN Fed of WARR FEDERATION

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No.

2

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Federation is not financially strong to bear the expense.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

If financial help is offered from P.O.A. The Federation will certainly conduct.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

No Idea.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

Can't not comment.

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

We know about the involvement of three athletes. This should eye opener for coaches & Team Managers & other officials.

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

NONE.

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

Pakistan Volleyball Federation

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

There is no such Anti-Doping Control System in the Federation. However the information about Anti-Doping as and when received from POA, ADOP and WADA is always shared / sent to all affiliates, coaches and athletes directly and through coaches. Further the team management looks after the whereabouts of the athletes during the training camps and competitions.

- b. Awareness of Doping Practices in your sport?

The coaches, athletes and team officials are informed that violation of WADA Code and / or use of any prohibited substances falls under the Doping practices and the athlete whose dope test is found positive, will be penalized / banned for participation in all national and international competitions accordingly to WADA Rules.

- c. Knowledge about Prohibited List and methods?

For this purpose, the guidance is taken from the medical experts and the athletes are instructed not to take any medicine without prior permission of concerned authorities.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

If an athlete is required particular medications for treatment for the life subject to prescription of a Doctor and that medicines fall under the Prohibited List of WADA, it is obligatory for that athlete to give a Therapeutic Use Exemption (TUE) Certificate before participation in any competition to safeguard his/her right.

- e. How ibid measures are implemented / ensured by your Federation?

It is ensured that any athlete not to take medications without the advice of medical professional of sports.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

In our opinion, athlete who takes prohibited substances do not take into account the repercussions and after affects and Illiteracy is a major issue. Providing them proper guidance through medical professionals time to time and information about the negative impact of using prohibited substance can safeguard the future of all athletes for which regular seminars on doping are required at national level.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

The whole management i.e. team officials, coaches, athletes are informed about the prohibited substances and its repercussions. The lectures from medical professionals are also arranged during training camps and the team management does allow athletes to go outside athletes village or accommodation place with prior permission and with their coach(es).

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

No. It is not possible for the Federation to conduct doping test as it have very limited funds and huge funds are required to conduct doping test for a team sport. It must be arranged and sponsored by government .

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Hindrances:

- Illiteracy and lack of Education
- Misguidance / negative coaching
- Using banned substances to enhance performance wishing to go on top or to become part of a team

Proposals:

- Awareness campaign in schools and universities
- Awareness campaign through print and electronic media
- Regular Seminars / Workshops on Doping Control
- Government must arrange funds for rand

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

YES – PAKISTAN WEIGHTLIFTING FEDERATION (PWLF)

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

PWLF organize anti-doping seminar with its national championships. It also provided whereabouts of its elite/national athletes to International weightlifting federation every quarter of the year. All national players and coaches are very much aware of the random testing/ out of competition testing

- b. Awareness of Doping Practices in your sport?

Almost all national athletes are aware that random testing/ out of competitions can be done any time by the national federation or by international federation.

- c. Knowledge about Prohibited List and methods?

As soon as PWLF received prohibited list from IWF, it is sent to every affiliated unit of the federation.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

All national players and coaches know about the Therapeutic use Exemption process. However before and during the selection of national teams for international participation the players and coaches were informed and asked about the use of this process, if any

- e. How ibid measures are implemented / ensured by your Federation?

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

In almost each body building clubs there is availability of doping substances and there is also a good advertisement is available. Coaches also advise the players to use domestically as there is no alarm of testing and no fear of penalty for coaches.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

We have not tested domestically during the last five years. Last domestic testing was done in 2012. However we are participating in Youth, Junoir and senior international championships where testing is done and every national player is aware of this

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

PWLF not only inform the players and coaches about the dope testing during the international competitions but also asked the players to undertake to pay the penalty if he/she tested +ve and will also be banned for four years.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Not regularly now, but before 2013 we usually undertook 2 to 3 tests during the national championships, financed by the federation.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

- Lack of education about nutrition and supplementation.
- Lack of sports medicine experts associated with federations.
- In active National Anti-doping organization.
- Zero budgets for this purpose at POA, PSB, NADO and federations level
- Encouragement at the level of department/provincial level coaches to win the medals as they don't fear of testing.
- All coaches associated with the +ve tested athletes should also be banned for life.
- Departmental sports administration and coaches should also be involved in this regard. They must take responsibility of their players.
- Every year selected players must undergo dope testing by NADO/POA/PSB/Federations
- Penalties for players and coaches may also be fixed and publicized.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?
9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?
10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Answer: - Federation is cognizant with anti-doping code, furthermore will seek guidance from National Anti-doping Agency.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically: -

(a.) Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Answer: - Guideline document (Urdu) of POA regarding anti-doping code guide has been disseminated to all regional association, international athletes and departmental Ski associations. Furthermore, efforts are in hand to hold a seminar / training session for all coaches, international athletes and management in coordination with NDA.

(b.) Awareness of Doping Practices in your sport?

Answer: - Previously, regular Anti-doping test was not carried out, however, now onward federation is planning to conduct test of all international athletes prior to international participation.

(c) Knowledge about Prohibited List and methods?

Answer: - Revise list of prohibited medicine and methods has been disseminated to all concern

(d) Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Answer: - All the international level athletes are advices to maintain record and inform the federation immediately if the use of prohibited medicine is unavoidable due to health reasons.

(e) How ibid measures are implemented / ensured by your Federation?

Answer: - zero tolerance policy for all those who try to dodge the system and earn bad name for the country.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Answer: - Mostly athletes use the substance due to following reasons.

- a. Lack of awareness
- b. Lack of Anti-doping test prior to participation

c. Advice of non-qualified trainer.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Answer: - Negative, no doping test was conducted by federation in last five years. However, athletes prior to departure for international competition do undergo blood test precautionary for drug usage.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Answer: -All international athletes undergo Dope test prior to international event especially winter Olympic games.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Answer: - No, we don't undertake tests at national competitions. Random tests may be carried out during national competitions and funds for the said purpose may be arranged through sponsors and Pakistan Sports Board.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Answer: - Lack of awareness among the athletes / coaches regarding the usage of drugs, medicine and nutrition. And lack of funds for conduct of test.

(a) Pakistan Olympic association in coordination with national doping agency may conduct seminar / training sessions for all international level athletes, coaches and management of federations regarding the usage of drugs medicine nutrition substances. This seminar should cover from the basic level to the latest procedures.

(b) All athletes prior to international participation must undergo dope tests.

(c) Lecture may be prepared by National Anti Doping Agency in coordination with POA for covering all the aspect regarding WADA roll in simply form. Furthermore this lecture may all be updated annually and forwarded to all Federation and Association to train the athletes and the trainers.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes (Pakistan Wrestling Federation).

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

“National data pool of Wrestlers is being compiled to gather information regarding athlete whereabouts. Pakistan Wrestling Federation consecutively conducted educational seminars and webinars to educate the athlete, Officials and Coaches about Anti-Doping.

- b. Awareness of Doping Practices in your sport?

Webinar conducted by United World Wrestling (UWW) international federation of Wrestling in regards to anti doping practices for wrestlers and Coaches.

- c. Knowledge about Prohibited List and methods?

Pakistan Wrestling Federation (PWF) shared List with all concerns. PWF conducted webinar on WADA Anti-Doping 2020 prohibited list and methods for Wrestlers and coaches.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Webinar conducted on (TUE) by Pakistan Wrestling Federation and UWW for Wrestlers, Coaches and Officials.

- e. How ibid measures are implemented / ensured by your Federation?

Clear policy of ‘STOP DOPING & CLEAN WRESTLING’ is being complied with by all local and regional wrestling affiliates of PWF. Pakistan Wrestling federation continuously supervision and mentoring of Wrestlers.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

“Might be able to obtain through colleagues during training especially in local gyms where supplements and boosters are promoted during training periods”.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No. However, Pakistan Wrestling Federation has approached in this regard to Dr.Waqar Ahmed the then DDG PSB by requesting them to conduct the dope test during its National Championships, which couldn't held as Dr.Waqar replied that PSB has no funds for such tests.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Health /Medical forms are obtained from participating national and domestic Wrestlers; providing information specifically about injury, treatments, hospitalizations, if any

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

NO. However, PWF top Wrestlers who took medals in the Commonwealth Game 2018, ANOC World Beach Games 2019 and other International Wrestling Events were taken to dope test by the respective organizing committees under OCA/ UWW and none of them ever tested positive. Funds may be raised through local sponsors or POA, PSB, for national events, where top ranking Wrestlers may be tested at random at least, Once a year.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

1. Lack of athlete, coach and officials education about doping controls and process.
2. Lack of education regarding nutrition and supplementation and usage of homeopathic
3. Athletes testing positive should be blacklisted and penalized
4. The membership of respective Federations should be suspended for a period of time.
5. Financial grants to federations should be halted in case of athletes testing positive.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

PAKISTAN WUSHU FEDERATION

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?
Yes

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-
 - a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?
 - 2: a) We Regularly Collect Data about Players from their Relative Associations, Coaches and Clubs to observe the whereabouts of athletes.

 - b. Awareness of Doping Practices in your sport?
 - b) PWUF Regularly Conduct the workshops, Webinars and awareness Campaigns regarding anti doping.

 - c. Knowledge about Prohibited List and methods?
 - c) Regular courses and webinars conducted by the PWUF on WADA 2020 Prohibited list and methods.

 - d. Know how about Therapeutic Use Exemption (TUE) process? Why and how it is used?
 - d) Different Programs conducted by the PWUF on TUE process for coaches and trainers.

 - e. How ibid measures are implemented / ensured by your Federation?
 - e) ZERO Tolerance policy is been adopted by the PWUF on Doping as much as we do observe the athletes regularly and supervise them through their Coaches and Officials of the Relative associations.

Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

3: Athlete might be obtains Due to colleagues, some video material, peer group and local gyms etc where these sort of products might be introduced to the athletes. We take measures to avoid these kind of substances to monitor and observe them at randomly and give awareness about dangerous consequences use of prohibited substances.

Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete (s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

4: No, we requested to the Sports Board but they do not have such facility to conduct the dope test.

Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

5: PWUF collect the medical certificates and History of the participant prior to the competition and Appointed A Qualified Doctor DR. Zulfiqar Ahmad to observe the Certificates and athletes Thoroughly.

Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

6: No But Our Athletes has been tested by WADA multiple times during the international Championships and Games. Never a Wushu Athlete has become positive. Not yet, any higher authority sponsor us.

Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

7:

1. Lack of awareness about the prohibited Substances and their Side effects to the athletes and coaches
2. Lack of facilities to conduct the Dope test.
3. we can take steps to avoid it, as every sport need a separate Nutritionist who can guide coaches and athletes to fulfill their diet needs.
4. Strict Actions must be carried out to the guilty.

Question No 8. In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

Question No 9. While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

Question No 10. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

Subject Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Dr. Waqar Ahmad <drwaqarahmad@live.com>
Cc President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>, Info <info@nocpakistan.org>
Date 15-09-2020 7:20 pm



-
- Questionnaire for NADO.docx (~15 KB)

Dr. Waqar Ahmad

Chairman

Anti-Doping Organization of Pakistan (ADOP / NADO)

Subject: **Notification - Probe Committee (13th SAG - Dope Test)**

Dear Sir,

Reference subject.

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.



Subject Re: Notification - Probe Committee (13th SAG - Dope Test)
From Waqar Ahmad <drwaqarahmad@live.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>
Date 15-10-2020 11:33 am

-
- QUESTIONNAIRE FOR NATIONAL ANTI DOPING ORGANISATION (NADO).pdf (~142 KB)

Mr. Muhammad Khalid Mahmood,
Secretary General,
Pakistan Olympic Association

Dear Sir,

Reference letter of Secretary POA Probe Committee on the above mentioned subject. Please find attached reply to the Questionnaire duly completed.

In case of any query feel free to contact the undersigned.

Profound regards,

Dr. Waqar Ahmad

Copy to:

Lt Gen (R) Syed Arif Hasan HI(M), President, Pakistan Olympic Association

From: Pakistan Olympic Association <info@nocpakistan.org>
Sent: Wednesday, October 7, 2020 7:11 PM
To: Dr. Waqar Ahmad <drwaqarahmad@live.com>
Cc: President NOC Pakistan <president@nocpakistan.org>; Pakistan Handball Federation <pakhandball@hotmail.co.uk>; National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>; Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>; Lubna Sibtain <lubnasibtain5@gmail.com>; Pakistan Swimming Federation <mwk_71@yahoo.com>; Pakistan Swimming Federation <pakswimfed@gmail.com>; Info <info@nocpakistan.org>
Subject: Fwd: Notification - Probe Committee (13th SAG - Dope Test)

Dr. Waqar Ahmad
Chairman
Anti-Doping Organization of Pakistan (ADOP / NADO)

Dear Sir,
Reference subject and reminders dated 15 September, 2020, 29 September, 2020 and 05 October, 2020.
In the interest of Pak athletes, you are again requested to ensure to send **attached** Questionnaire duly completed latest by **14 October, 2020** without fail.
In case of any query feel free to contact the undersigned.
Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.

----- Original Message -----

Subject:Fwd: Notification - Probe Committee (13th SAG - Dope Test)
Date:05-10-2020 12:27 pm
From:Pakistan Olympic Association <info@nocpakistan.org>
To:"Dr. Waqar Ahmad" <drwaqarahmad@live.com>

----- Original Message -----

Subject:Notification - Probe Committee (13th SAG - Dope Test)
Date:15-09-2020 7:20 pm
From:Pakistan Olympic Association <info@nocpakistan.org>
To:"Dr. Waqar Ahmad" <drwaqarahmad@live.com>
Cc:President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, "Dr. Meesaq Rizvi" <meesaqrizvi@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>, Info <info@nocpakistan.org>

Dr. Waqar Ahmad
Chairman
Anti-Doping Organization of Pakistan (ADOP / NADO)

Subject: **Notification - Probe Committee (13th SAG - Dope Test)**

Dear Sir,
Reference subject.
In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.
In case of any query feel free to contact the undersigned.
Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842
Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.

QUESTIONNAIRE FOR NATIONAL ANTI DOPING ORGANISATION (NADO)

Question No 1. Since when NADO is in force?

Since POA is Signatory to Wada Code and Government of Pakistan ratified the International Convention against Doping in Sports and the Instrument of Ratification was signed by the President of Pakistan on 28th November, 2007. By ratifying and signing WADA Code and UNESCO Convention it is obligatory for NOC and Government to take actions according to the WADA Code.

One of the obligations is the creation of National Anti-Doping Organization (NADO). In compliance of the Code/UNESCO Convention Anti-Doping Organization of Pakistan was created in 2008. Dr. Waqar Ahmad was appointed as first and founder Chairman of Anti-Doping Organization of Pakistan (ADOP) by both POA and Government of Pakistan. Anti-doping Organization of Pakistan (ADOP) is in force since 2008.

Question No 2. What is the organization of NADO (give complete details)?

The National Anti-Doping Organization (NADO) is the National Organization responsible for promoting, coordinating, and monitoring the doping control program in sports all over the country. The National Anti-Doping Organizations (NADOs) are affiliated with the World Anti-Doping Agency (WADA). The Anti-doping Organization of Pakistan is NADO and is required for testing nation's athletes as well as running anti-doping programmes for all athletes competing at events held within the country's borders. Currently in Pakistan, Anti-doping Organization of Pakistan (ADOP) is NADO and its duties, responsibilities and salient features are to:-

- a) Protect the fundamental value of clean sport and the Olympic movements
- b) Liaise with all National Federation and Provincial Sports Boards and POA regarding anti-doping rules and policies and procedures.
- c) Prepare and publish hand book/guide in Urdu for athletes.
- d) Training of Doping Control Officers.
- e) Educational/awareness programmes particularly for national/international athletes/coaches and generally for people of Pakistan.
- f) Develop educational programmes to inform athletes and sport personnel about the risks of doping through the distribution of materials and the development and hosting of relevant courses.
- g) In and out of competition dope testing of athletes and on request of the National Sports Federations.
- h) Result management, if anti-doping violation occurs.
- i) Updates to the Sports Federations on prohibited methods and prohibited substances.

Question No 3. What is the selection criteria and authority that selects NADO members and for what duration do they hold office?

NADO members are selected by both NOC and Government mutually. If there is conflict the NOC appointed members will hold the office.

Question No 4. As per data available on NADO Website, two (2) seminars have been conducted during the years 2010 and 2011. Has NADO conducted any seminar there after? Please furnish details.

Seminars were being organized till 2018. Due to unavoidable circumstance and non-availability of funds it was stopped since then. However, lectures were delivered during training camps to athletes and coaches. Study literature in Urdu and English and updates on WADA Code and Prohibited methods is disseminated very regularly through emails with the help of POA.

Question No 5. When was last NADO Website updated?

NADO Website was updated 5 years back. Due to some technical problems and non-funding by the government it was shut down by the service provider and with a new address it was again launched in 2015 through personal savings. The present website which was available for National athletes, National Federations & people of Pakistan is once again shut down due to nonpayment.

Question No 6. How NADO is funded?

National Anti-Doping Organizations (NADOs) are Government and/or Sports movement funded organizations. ADOP was never funded by any WADA Signatory. However ADOP was supported in organizing anti-doping seminars from time to time both by POA and PSB.

Question No 7. How much funds have been released to NADO during last ten (10) years and how same have been utilized? Give year wise details.

No funds have been released to NADO during the last 10 years.

Question No 8. How much staff is available to NADO to perform its duties? Are they permanently employed? Give details of staff with date of employment.

The NADO staff is currently working on honorary basis. It has never been funded by any WADA Signatory. Following are the office bearers of ADOP:-

S. No	Name	Designation
1.	Dr. Waqar Ahmad	Chairman
2.	Dr. Syed Meesaq Hussain Rizvi	Member
3.	Brig. Dr. Muhammad Yousaf Baig	Member
4.	Dr. K. A. Pervez Rizvi	Member
5.	Major (Retd) Dr. Mrs. Lubna Sibtain	Member
6.	Dr. Javed Iqbal Batish	Member

7.	Mr. Bilal Ahmad Khan Awan	Coordinator
8.	Malik Khalid Mahmood	Senior Doping Control Officer (WADA Certified)
9.	Mr. Arif Haleem	Leading Doping Control Officer (WADA Certified)
10.	Mr. Abid Hussain	Phlebotomist (Blood Control Officer (ADOP Certified))
11.	Mr. Muhammad Jamil	Chaperone

Question No 9. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

- 1) Convincing Government of Pakistan to become compliant to international agreements i.e UNESCO Convention on Anti-Doping in Sports and Copenhagen declaration.
- 2) Provision of budget for dope testing to every National Federation according to their size and participation by Government of Pakistan.
- 3) Non Compliance of anti-doping testing/awareness programs by some National Federations according to periodic instructions of their relevant International Federation.
- 4) Non Provision of whereabouts of athletes by few National Federations for testing pool.
- 5) Selection of athletes support personnel without any basic criteria of selection is often a big hindrance in drug free sport.
- 6) Most of times no interaction/meetings between athletes and accompanied staff during events.

- 7) All the Urdu/English anti-doping material posted to National Federations through POA be provided to athletes in hard copy (especially Therapeutic Use Exemption certificate) for Compliance.
- 8) During camps it should be mandatory for every athlete to provide coach/manager a list of every medicine or supplements he is using even it is not in prohibited list of WADA.
- 9) POA should issue a policy of No Syringe usage/availability during any departmental, National/International Camp/venue or in possession/kitbag anywhere in Pakistan or out of country except those who are having a valid Therapeutic use Exemption certificate.
- 10) To curb the menace of doping in Pakistan a biannual meeting should be held among all stakeholders for their feedback to improve anti-doping measures.
- 11) A guide book of SOP's in Urdu separately for athletes, Coaches, Managers and CDM to conduct drug free National/international events.
- 12) Special awards to those athletes who retire after achieving the targeted goals with clean body throughout their carriers.
- 13) Mandatory in competition and Target testing should be conducted during National Games and National Championships.
- 14) Out of competition testing quota must be allocated every year on intelligence basis.

Question No 10. How many tests have been conducted by NADO since its inception? Please give year wise details. How many positive tests were returned and what sanctions were imposed on positive cases?

In last five years 257 dope tests were conducted and most of them were cricketers. The tests were done on the request of relevant sports federations.

Adverse Analytical Findings during last 5 years

S.No	Name of athlete	Sport	Sample Code No.	Year
1.	Mr. Muhammad Shakil	Cycling	4095621	2019
2.	Mr. Waqas Mehboob	Cycling	4095622	2019
3.	*Mr. Ahmad Shahzad	Cricket	4154865	2018
4.	Mr. Imran Butt	Cricket	4154928	2017
5.	Mr. Muhammad Shahzad Akhtar	Shooting	4099892	2017
6.	Mr. Raza Hassan	Cricket	3847396	2015

*. Mr. Muhammad Shahzad's dope test was carried out in Islamic Solidarity Games held at Azerbaijan in 2017. His urine sample was found positive having prohibited substance and the Result management was done by ADOP.

Result management was conducted on anti-doping rule violations and sanctions were imposed according to WADA code which were later shared and ratified by WADA.

Subject Violation of Anti Doping Rules in 13 South Asian Games.
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, pak@mf.worldathletics.org <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>
Date 20-05-2020 6:15 pm



-
- RM Notification A Ali Mehbob May 20.pdf (~585 KB)
 - RM Notification A Naeem Muhammad May20.pdf (~586 KB)
 - RM Notification A Samiullah May 20.pdf (~584 KB)

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Ali Mehbob**; Kasuwor, Pakistan]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [13th South Asian Games] Anti-Doping Rules

Dear [**Ali Mehbob**],

I am writing to give you formal notice that you are being charged with a violation of the [13th South Asian Games] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [13th South Asian Games] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 6, 2019], a [13th South Asian Games] Doping Control Officer ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300904] (the "A *Sample*") and B [4300904] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti-Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] is listed as an exogenous [S1] under [s1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] in a *Sample* provided by you on [December 6, 2019] numbered A [4300904], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions*, *Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the *AAF* made in relation to your A *Sample*.

7.2 If you choose to have your B *Sample* analyzed, the analysis will take place at the Laboratory at a date and time to be advised. You are entitled to attend the opening and analysis of the B *Sample*, or the Laboratory will arrange for an independent third party to be present.

7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 6, 2019];
- Analysis Results Record dated [January 16, 2020];

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Naeem Muhammad**; M.Naeem, Pakistan]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [**13th South Asian Games**] Anti-Doping Rules

Dear [**Naeem Muhammad**],

I am writing to give you formal notice that you are being charged with a violation of the [**13th South Asian Games**] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [**13th South Asian Games**] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 5, 2019], a [**13th South Asian Games**] *Doping Control Officer* ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300915] (the "A *Sample*") and B [4300915] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] is listed as an exogenous [S1] under

[S1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in a *Sample* provided by you on [December 5, 2019] numbered A [4300915], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions, Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the *AAF* made in relation to your A *Sample*.

7.2 If you choose to have your B *Sample* analyzed, the analysis will take place at the Laboratory at a date and time to be advised. You are entitled to attend the opening and analysis of the B *Sample*, or the Laboratory will arrange for an independent third party to be present.

7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 5, 2019];
- Analysis Results Record dated [January 16, 2020];

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Samiullah**; *Peshawar Pakistan*]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [13th South Asian Games**] Anti-Doping Rules**

Dear [**Samiullah**],

I am writing to give you formal notice that you are being charged with a violation of the [**13th South Asian Games**] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [**13th South Asian Games**] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 3, 2019], a [**13th South Asian Games**] *Doping Control Officer* ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300910] (the "A *Sample*") and B [4300910] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti-Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] is listed as an exogenous [S1] under [S1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in a *Sample* provided by you on [December 3, 2019] numbered A [4300910], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions*, *Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

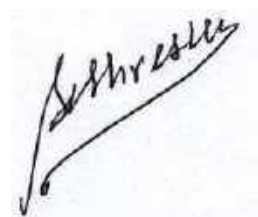
7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the AAF made in relation to your A *Sample*.

7.2 If you choose to have your B *Sample* analyzed, the analysis will take place at the Laboratory at a date and time to be advised. You are entitled to attend the opening and analysis of the B *Sample*, or the Laboratory will arrange for an independent third party to be present.

7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- **[13th South Asian Games]**;
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 3, 2019];
- Analysis Results Record dated [January 16, 2020];

Subject Fwd: Violation of Anti Doping Rules in 13 South Asian Games.
From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.iaaf.org>
Cc akram sahi <sahi49@gmail.com>
Date 21-05-2020 1:49 am



Confidential & Most Urgent

Dear Sir

Please confirm acknowledgement of the below email by all concerned ensuring appropriate actions within timelines.

Best regards

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

----- Original Message -----

Subject: Violation of Anti Doping Rules in 13 South Asian Games.

Date: 20-05-2020 6:15 pm

From: sujan shrestha <sujanlal_jessica@yahoo.com>

To: Pakistan Olympic Association <info@nocpakistan.org>

Cc: Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, "pak@mf.worldathletics.org" <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

Subject Fw: Violation of Anti Doping Rules in 13 South Asian Games.
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Army Sports Directorate <asdirectorate@gmail.com>
Cc 'Makram sahi' <sahi49@gmail.com>, Pakistan Olympic Association <info@nocpakistan.org>
Date 21-05-2020 2:14 pm



- RM Notification A Ali Mehbob May 20.pdf (~568 KB)
- RM Notification A Naeem Muhammad May20.pdf (~569 KB)

Confidential & Most Urgent

The Secretary
Army Sports Directorate
Rawalpindi

Please find enclosed herewith Results Management (RM) notifications in respect of Mehboob Ali and Muhammad Naeem (athletes), issued by the Chairman Anti-Doping Committee, 13 SAG and received through Pakistan Olympic Association vide their below mentioned email.

Notices may be served to both the athletes immediately for appropriate action within the time line given by the Chairman Anti-Doping Committee 13 SAG.

Best regards,

Muhammad Zafar
Secretary General, AFP

From: Pakistan Olympic Association <info@nocpakistan.org>
Sent: Thursday, May 21, 2020 1:49 AM
To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc: akram sahi <sahi49@gmail.com>
Subject: Fwd: Violation of Anti Doping Rules in 13 South Asian Games.

Confidential & Most Urgent

Dear Sir

Please confirm acknowledgement of the below email by all concerned ensuring appropriate actions within timelines.

Best regards

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

----- Original Message -----

Subject: Violation of Anti Doping Rules in 13 South Asian Games.

Date: 20-05-2020 6:15 pm

From: sujan shrestha <sujanlal_jessica@yahoo.com>

To: Pakistan Olympic Association <info@nocpakistan.org>

Cc: Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, "pak@mf.worldathletics.org" <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,
Sujan Lal Shrestha
Executive Secretary

Nepal Olympic Committee
Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Ali Mehbob**; Kasuwor, Pakistan]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [13th South Asian Games] Anti-Doping Rules

Dear [**Ali Mehbob**],

I am writing to give you formal notice that you are being charged with a violation of the [13th South Asian Games] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [13th South Asian Games] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 6, 2019], a [13th South Asian Games] Doping Control Officer ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300904] (the "A *Sample*") and B [4300904] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti-Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] is listed as an exogenous [S1] under [s1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] in a *Sample* provided by you on [December 6, 2019] numbered A [4300904], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions*, *Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the *AAF* made in relation to your A *Sample*.

7.2 If you choose to have your B *Sample* analyzed, the analysis will take place at the Laboratory at a date and time to be advised. You are entitled to attend the opening and analysis of the B *Sample*, or the Laboratory will arrange for an independent third party to be present.

7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 6, 2019];
- Analysis Results Record dated [January 16, 2020];

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Naeem Muhammad**; M.Naeem, Pakistan]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [**13th South Asian Games**] Anti-Doping Rules

Dear [**Naeem Muhammad**],

I am writing to give you formal notice that you are being charged with a violation of the [**13th South Asian Games**] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [**13th South Asian Games**] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 5, 2019], a [**13th South Asian Games**] *Doping Control Officer* ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300915] (the "A *Sample*") and B [4300915] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] is listed as an exogenous [S1] under

[S1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in a *Sample* provided by you on [December 5, 2019] numbered A [4300915], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions, Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the *AAF* made in relation to your A *Sample*.

7.2 If you choose to have your B *Sample* analyzed, the analysis will take place at the Laboratory at a date and time to be advised. You are entitled to attend the opening and analysis of the B *Sample*, or the Laboratory will arrange for an independent third party to be present.

7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 5, 2019];
- Analysis Results Record dated [January 16, 2020];

Subject Fw: Violation of Anti Doping Rules in 13 South Asian Games.
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Wapda Sports Board <wapdasports@hotmail.com>
Cc 'Makram sahi' <sahi49@gmail.com>, Pakistan Olympic Association <info@nocpakistan.org>
Date 21-05-2020 2:15 pm



- RM Notification A Samiullah May 20.pdf (~568 KB)

Confidential & Most Urgent

General Secretary
WAPDA Sports Board
Lahore

Please find enclosed herewith Results Management (RM) notification in respect of Samiullah (athlete), issued by the Chairman Anti-Doping Committee, 13 SAG and received through Pakistan Olympic Association vide their below mentioned email.

Notice may be served to the athlete immediately for appropriate action within the time line given by the Chairman Anti-Doping Committee 13 SAG.

Best regards,

Muhammad Zafar
Secretary General, AFP

From: Pakistan Olympic Association <info@nocpakistan.org>
Sent: Thursday, May 21, 2020 1:49 AM
To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc: akram sahi <sahi49@gmail.com>
Subject: Fwd: Violation of Anti Doping Rules in 13 South Asian Games.

Confidential & Most Urgent

Dear Sir
Please confirm acknowledgement of the below email by all concerned ensuring appropriate actions within timelines.

Best regards
Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

----- Original Message -----

Subject: Violation of Anti Doping Rules in 13 South Asian Games.
Date: 20-05-2020 6:15 pm
From: sujan shrestha <sujanlal_jessica@yahoo.com>
To: Pakistan Olympic Association <info@nocpakistan.org>
Cc: Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, "pak@mf.worldathletics.org" <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,
Sujan Lal Shrestha
Executive Secretary

Nepal Olympic Committee
Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Samiullah**; *Peshawar Pakistan*]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [13th South Asian Games**] Anti-Doping Rules**

Dear [**Samiullah**],

I am writing to give you formal notice that you are being charged with a violation of the [**13th South Asian Games**] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [**13th South Asian Games**] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 3, 2019], a [**13th South Asian Games**] *Doping Control Officer* ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300910] (the "A *Sample*") and B [4300910] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti-Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] is listed as an exogenous [S1] under [S1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in a *Sample* provided by you on [December 3, 2019] numbered A [4300910], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions*, *Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

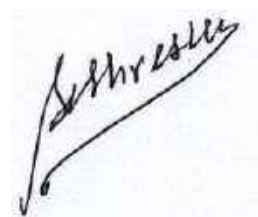
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7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 3, 2019];
- Analysis Results Record dated [January 16, 2020];

Subject Fw: Violation of Anti Doping Rules in 13 South Asian Games.
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Date 22-05-2020 10:40 am



Dear Sir,

Please refer to your below mentioned email on the subject matter.

It is informed that enclosures have not received to this Federation please send the same by return email.

Best regards,

Muhammad Zafar
Secretary General AFP

From: Pakistan Olympic Association <info@nocpakistan.org>
Sent: Thursday, May 21, 2020 1:49 AM
To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc: akram sahi <sahi49@gmail.com>
Subject: Fwd: Violation of Anti Doping Rules in 13 South Asian Games.

Confidential & Most Urgent

Dear Sir

Please confirm acknowledgement of the below email by all concerned ensuring appropriate actions within timelines.

Best regards

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

----- Original Message -----

Subject: Violation of Anti Doping Rules in 13 South Asian Games.
Date: 20-05-2020 6:15 pm
From: sujan shrestha <sujanlal_jessica@yahoo.com>
To: Pakistan Olympic Association <info@nocpakistan.org>
Cc: Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, "pak@mf.worldathletics.org" <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Subject Fw: Violation of Anti Doping Rules in 13 South Asian Games.
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Date 22-05-2020 11:48 am



Dear Sir,

Please refer to your below mentioned email on the subject matter.

It is informed that enclosures have not been received to this Federation. Please send the same by return email.

Best regards,

Muhammad Zafar
Secretary General AFP

From: Pakistan Olympic Association <info@nocpakistan.org>
Sent: Thursday, May 21, 2020 1:49 AM
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Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Subject Re: Fw: Violation of Anti Doping Rules in 13 South Asian Games.
From <info@nocpakistan.org>
To PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc <sahi49@gmail.com>
Date 22-05-2020 11:58 pm



Confidential

Dear Sir

Please confirm receipt of Nepal Olympic Committee email dated May 20, 2020 and ensure appropriate action as asked for.

Your emails in this context are not understood.

Please ensure strictest confidentiality during this whole process.

Best regards
Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

On 22 May 2020 11:48 am, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org> wrote:

Dear Sir,

Please refer to your below mentioned email on the subject matter.

It is informed that enclosures have not been received to this Federation. Please send the same by return email.

Best regards,

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Secretary General AFP

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Best regards

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Secretary General

Pakistan Olympic Association

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Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Confidential

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Secretary General
Pakistan Olympic Association

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Subject: Fwd: Violation of Anti Doping Rules in 13 South Asian Games.

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Secretary General
Pakistan Olympic Association

----- Original Message -----

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Violation of Anti Doping Rules in 13 South Asian Games.

Date:
20-05-2020 6:15 pm
From:
sujan shrestha <sujanlal_jessica@yahoo.com>
To:
Pakistan Olympic Association <info@nocpakistan.org>
Cc:
Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>,
"pak@mf.worldathletics.org" <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Subject Re: Violation of Anti Doping Rules in 13 South Asian Games.
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To info@nocpakistan.org <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 23-05-2020 4:45 am



Dear Sir,

Yes we have received email from Nepal Olympic Committee on 20-05-2020.

It is apprised that following documents have not been received with RM notifications to this office.

1. WADA [2019] Prohibited List
2. Doping control form dated [December 3, 2019]
3. Analysis results record dated [January 16, 2020]

Best regards,

Muhammad Zafar
Secretary General AFP

From: info@nocpakistan.org <info@nocpakistan.org>
Sent: Friday, May 22, 2020 11:58 PM
To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc: sahi49@gmail.com <sahi49@gmail.com>
Subject: Re: Fw: Violation of Anti Doping Rules in 13 South Asian Games.

Confidential

Dear Sir

Please confirm receipt of Nepal Olympic Committee email dated May 20, 2020 and ensure appropriate action as asked for.

Your emails in this context are not understood.

Please ensure strictest confidentiality during this whole process.

Best regards
Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

On 22 May 2020 11:48 am, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org> wrote:

Dear Sir,

Please refer to your below mentioned email on the subject matter.

It is informed that enclosures have not been received to this Federation. Please send the same by return email.

Best regards,

Muhammad Zafar
Secretary General AFP

From: Pakistan Olympic Association <info@nocpakistan.org>
Sent: Thursday, May 21, 2020 1:49 AM
To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc: akram sahi <sahi49@gmail.com>
Subject: Fwd: Violation of Anti Doping Rules in 13 South Asian Games.

Confidential & Most Urgent

Dear Sir

Please confirm acknowledgement of the below email by all concerned ensuring appropriate actions within timelines.

Best regards

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

----- Original Message -----

Subject: Violation of Anti Doping Rules in 13 South Asian Games.

Date: 20-05-2020 6:15 pm

From: sujan shrestha <sujanlal_jessica@yahoo.com>

To: Pakistan Olympic Association <info@nocpakistan.org>

Cc: Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, "pak@mf.worldathletics.org" <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha

Executive Secretary

Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

Subject Re: Violation of Anti Doping Rules in 13 South Asian Games.
From <info@nocpakistan.org>
To sujan shrestha <sujanlal_jessica@yahoo.com>
Cc Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, <info@nocnepal.org.np>
Date 24-05-2020 7:33 am



Dear Sir

The enclosures referred to in your Email/RM Notification(s) have not been provided so far.

Kindly do the needful.

Best regards
Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

On 20 May 2020 6:15 pm, sujan shrestha <sujanlal_jessica@yahoo.com> wrote:

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Dear Sir

The enclosures referred to in your Email/RM Notification(s) have not been provided so far.

Kindly do the needful.

Best regards
Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

On 20 May 2020 6:15 pm, sujan shrestha <sujanlal_jessica@yahoo.com> wrote:

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Subject Violation of Anti Doping Rules in 13th South Asian Games

From Pakistan Olympic Association <info@nocpakistan.org>

To Dr. Waqar Ahmad <drwaqarahmad@live.com>

Cc President NOC Pakistan <president@nocpakistan.org>, President POA <arifhasan19@gmail.com>, NOC Nepal <info@nocnepal.org.np>, NOC Nepal <sujanlal_jessica@yahoo.com>

Date 25-05-2020 9:18 pm



-
- ADOP - Violation of Anti Doping Rules - 13th SAG.pdf (~121 KB)
 - Email from NOC Nepal (20-05-2020) & Notifications.pdf (~1.7 MB)
 - Email from POA to AFP (21-05-2020) - Violation of Anti Doping Rules in 13 South Asian Games.pdf (~82 KB)
 - Email from POA to NOC Nepal (24-05-2020) - Violation of Anti Doping Rules in 13th SAG.pdf (~86 KB)

Dr. Waqar Ahmad

Chairman

Anti Doping Organization of Pakistan (ADOP)

Dear Dr. Waqar Ahmad,

Please find attached POA's letter dated 25 May, 2020 alongwith its enclosures regarding the subject for information and further necessary action.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association / NOC Pakistan

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

25 May, 2020

Dr. Waqar Ahmad
Chairman
Anti Doping Organization of Pakistan (ADOP)
drwaqarahmad@live.com

Subject: **Violation of Anti Doping Rules in 13th South Asian Games**

Dear Dr. Waqar Ahmad,

This is to inform that Pakistan Olympic Association has received an email on subject from the NOC Nepal relaying three x AAFs / RMAs.

We are forwarding the correspondence on the subject matter for your information, record and necessary action as per the applicable rules of WADA:-

1. Email from NOC Nepal to POA and copy to AFP dated 20-05-2020 alongwith its enclosure (3 x Notifications).
2. Email from POA to AFP dated 21-05-2020
3. Email from POA to NOC Nepal dated 24-05-2020

While NOC Pakistan is reviewing the matter closely, you are requested to take necessary measures as the Anti Doping Organization of Pakistan.

NOC Pakistan is readily available to assist you for the promotion of Olympic Movement and foremost for the protection of clean athletes.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

CC:

Lt Gen (R) Syed Arif Hasan HI(M), President POA.
The Secretary General, NOC Nepal.

Subject Violation of Anti Doping Rules in 13 South Asian Games.
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, pak@mf.worldathletics.org <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>
Date 20-05-2020 6:15 pm



-
- RM Notification A Ali Mehbob May 20.pdf (~585 KB)
 - RM Notification A Naeem Muhammad May20.pdf (~586 KB)
 - RM Notification A Samiullah May 20.pdf (~584 KB)

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Ali Mehbob**; Kasuwor, Pakistan]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [13th South Asian Games] Anti-Doping Rules

Dear [**Ali Mehbob**],

I am writing to give you formal notice that you are being charged with a violation of the [13th South Asian Games] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [13th South Asian Games] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 6, 2019], a [13th South Asian Games] *Doping Control Officer* ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300904] (the "*A Sample*") and B [4300904] (the "*B Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti-Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the *A Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the *A Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] is listed as an exogenous [S1] under [s1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] in a *Sample* provided by you on [December 6, 2019] numbered A [4300904], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions, Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the *AAF* made in relation to your A *Sample*.

7.2 If you choose to have your B *Sample* analyzed, the analysis will take place at the Laboratory at a date and time to be advised. You are entitled to attend the opening and analysis of the B *Sample*, or the Laboratory will arrange for an independent third party to be present.

7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 6, 2019];
- Analysis Results Record dated [January 16, 2020];

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Naeem Muhammad**; M.Naeem, Pakistan]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [**13th South Asian Games**] Anti-Doping Rules

Dear [**Naeem Muhammad**],

I am writing to give you formal notice that you are being charged with a violation of the [**13th South Asian Games**] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [**13th South Asian Games**] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 5, 2019], a [**13th South Asian Games**] *Doping Control Officer* ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300915] (the "A *Sample*") and B [4300915] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] is listed as an exogenous [S1] under

[S1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in a *Sample* provided by you on [December 5, 2019] numbered A [4300915], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions, Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

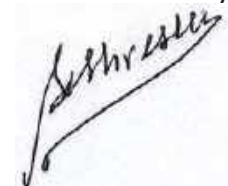
7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the *AAF* made in relation to your A *Sample*.

7.2 If you choose to have your B *Sample* analyzed, the analysis will take place at the Laboratory at a date and time to be advised. You are entitled to attend the opening and analysis of the B *Sample*, or the Laboratory will arrange for an independent third party to be present.

7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 5, 2019];
- Analysis Results Record dated [January 16, 2020];

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Samiullah**; *Peshawar Pakistan*]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [13th South Asian Games**] Anti-Doping Rules**

Dear [**Samiullah**],

I am writing to give you formal notice that you are being charged with a violation of the [**13th South Asian Games**] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [**13th South Asian Games**] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 3, 2019], a [**13th South Asian Games**] *Doping Control Officer* ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300910] (the "A *Sample*") and B [4300910] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti-Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] is listed as an exogenous [S1] under [S1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in a *Sample* provided by you on [December 3, 2019] numbered A [4300910], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions*, *Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

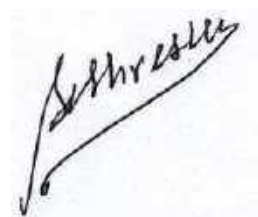
7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the AAF made in relation to your A *Sample*.

7.2 If you choose to have your B *Sample* analyzed, the analysis will take place at the Laboratory at a date and time to be advised. You are entitled to attend the opening and analysis of the B *Sample*, or the Laboratory will arrange for an independent third party to be present.

7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 3, 2019];
- Analysis Results Record dated [January 16, 2020];

Subject Fwd: Violation of Anti Doping Rules in 13 South Asian Games.
From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.iaaf.org>
Cc akram sahi <sahi49@gmail.com>
Date 21-05-2020 1:49 am



Confidential & Most Urgent

Dear Sir

Please confirm acknowledgement of the below email by all concerned ensuring appropriate actions within timelines.

Best regards

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

----- Original Message -----

Subject: Violation of Anti Doping Rules in 13 South Asian Games.

Date: 20-05-2020 6:15 pm

From: sujan shrestha <sujanlal_jessica@yahoo.com>

To: Pakistan Olympic Association <info@nocpakistan.org>

Cc: Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, "pak@mf.worldathletics.org" <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha

Executive Secretary

Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

Subject Re: Violation of Anti Doping Rules in 13 South Asian Games.
From <info@nocpakistan.org>
To sujan shrestha <sujanlal_jessica@yahoo.com>
Cc Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, <info@nocnepal.org.np>
Date 24-05-2020 7:33 am



Dear Sir

The enclosures referred to in your Email/RM Notification(s) have not been provided so far.

Kindly do the needful.

Best regards
Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

On 20 May 2020 6:15 pm, sujan shrestha <sujanlal_jessica@yahoo.com> wrote:

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Stay safe and take care.

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Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

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Best regards
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Secretary General
Pakistan Olympic Association

On 20 May 2020 6:15 pm, sujan shrestha <sujanlal_jessica@yahoo.com> wrote:

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Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

Subject Violation of Anti Doping Rules in 13th South Asian Games
From Pakistan Olympic Association <info@nocpakistan.org>
To Dr. Waqar Ahmad <drwaqarahmad@live.com>
Cc President NOC Pakistan <president@nocpakistan.org>, President POA <arifhasan19@gmail.com>, Athletics Federation of Pakistan <pak@mf.worldathletics.org>
Date 25-05-2020 10:52 pm



-
- ADOP 1- Violation of Anti Doping Rules - 13th SAG.pdf (~121 KB)
 - 1. Email from NOC Nepal (20-05-2020) & Notifications.pdf (~1.7 MB)
 - 2. Email from POA to AFP (21-05-2020) - Violation of Anti Doping Rules in 13 South Asian Games.pdf (~82 KB)
 - 3. Email from AFP to Army (21-05-2020) - Violation of Anti Doping Rules in 13th SAG.pdf (~120 KB)
 - 4. Email from AFP to WAPDA (21-05-2020) - Violation of Anti Doping Rules in 13th SAG.pdf (~120 KB)
 - 5. Email from AFP to POA (23-05-2020) - Violation of Anti Doping Rules in 13th SAG.pdf (~120 KB)

Dr. Waqar Ahmad

Chairman

Anti Doping Organization of Pakistan (ADOP)

Dear Dr. Waqar Ahmad,

Please find attached POA's letter dated 25 May, 2020 alongwith its enclosures regarding the subject for information and further necessary action.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association / NOC Pakistan

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

25 May, 2020

Dr. Waqar Ahmad
Chairman
Anti Doping Organization of Pakistan (ADOP)
drwaqarahmad@live.com

Subject: **Violation of Anti Doping Rules in 13th South Asian Games**

Dear Dr. Waqar Ahmad,

We are forwarding the correspondence on the subject matter for your information, record and necessary action as per the applicable rules of WADA.

1. Email from NOC Nepal to POA and copy to AFP dated 20-05-2020 alongwith its enclosure (3 x Notifications).
2. Email from POA to AFP dated 21-05-2020
3. Email from AFP to Army Sports Directorate dated 21-05-2020
4. Email from AFP to WAPDA Sports Board dated 21-05-2020
5. Email from AFP to POA dated 23-05-2020

While NOC Pakistan is reviewing the matter closely, you are requested to take necessary measures as the Anti Doping Organization of Pakistan.

NOC Pakistan is readily available to assist you for the promotion of Olympic Movement and foremost for the protection of clean athletes.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

CC:

Lt Gen (R) Syed Arif Hasan HI(M), President POA.
Mr. Muhammad Zafar, Secretary General, Athletics Federation of Pakistan.

Subject Violation of Anti Doping Rules in 13 South Asian Games.
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, pak@mf.worldathletics.org <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>
Date 20-05-2020 6:15 pm



-
- RM Notification A Ali Mehbob May 20.pdf (~585 KB)
 - RM Notification A Naeem Muhammad May20.pdf (~586 KB)
 - RM Notification A Samiullah May 20.pdf (~584 KB)

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Ali Mehbob**; Kasuwor, Pakistan]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [13th South Asian Games] Anti-Doping Rules

Dear [**Ali Mehbob**],

I am writing to give you formal notice that you are being charged with a violation of the [13th South Asian Games] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [13th South Asian Games] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 6, 2019], a [13th South Asian Games] Doping Control Officer ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300904] (the "A *Sample*") and B [4300904] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti-Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] is listed as an exogenous [S1] under [s1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one**] in a *Sample* provided by you on [December 6, 2019] numbered A [4300904], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions, Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the *AAF* made in relation to your A *Sample*.

7.2 If you choose to have your B *Sample* analyzed, the analysis will take place at the Laboratory at a date and time to be advised. You are entitled to attend the opening and analysis of the B *Sample*, or the Laboratory will arrange for an independent third party to be present.

7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 6, 2019];
- Analysis Results Record dated [January 16, 2020];

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Naeem Muhammad**; M.Naeem, Pakistan]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [**13th South Asian Games**] Anti-Doping Rules

Dear [**Naeem Muhammad**],

I am writing to give you formal notice that you are being charged with a violation of the [**13th South Asian Games**] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [**13th South Asian Games**] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 5, 2019], a [**13th South Asian Games**] *Doping Control Officer* ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300915] (the "A *Sample*") and B [4300915] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] is listed as an exogenous [S1] under

[S1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in a *Sample* provided by you on [December 5, 2019] numbered A [4300915], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions, Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

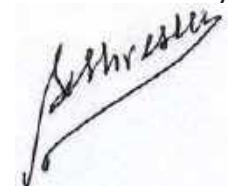
7.1 You have the right to have your B *Sample* analyzed to confirm (or otherwise) the *AAF* made in relation to your A *Sample*.

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7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 5, 2019];
- Analysis Results Record dated [January 16, 2020];

AAF Notice of charge and Mandatory *Provisional Suspension* (*Non-Specified Substances*)

CONFIDENTIAL

[Athlete's Name and Address: **Samiullah**; *Peshawar Pakistan*]

e-mail: [info@nocpakistan.org, pak@mf.worldathletics.org]

[date: May 20, 2020]

Notice of Charge and *Provisional Suspension* under the [13th South Asian Games**] Anti-Doping Rules**

Dear [**Samiullah**],

I am writing to give you formal notice that you are being charged with a violation of the [**13th South Asian Games**] Anti-Doping Rules [rules]. These are referred to as "the ADR" in this letter.

1. The Anti-Doping Rules

1.1 You are subject to and bound to comply with the ADR. Capitalized terms used but not defined in this letter are as defined in the ADR.

1.2 Pursuant to the ADR, [**13th South Asian Games**] is responsible for conducting the anti-doping disciplinary proceedings associated with this matter.

2. Facts

2.1 On [December 3, 2019], a [**13th South Asian Games**] *Doping Control Officer* ("DCO") collected a urine *Sample* from you. Assisted by the DCO, you split the *Sample* into two separate bottles, which were given reference numbers A [4300910] (the "A *Sample*") and B [4300910] (the "B *Sample*").

2.2 Both *Samples* were transported to the World Anti-Doping Agency ("WADA") - accredited Laboratory in [Doha], the [Anti-Doping Lab Qatar] (the "Laboratory"). The Laboratory analyzed the A *Sample* in accordance with the procedures set out in WADA's International Standard for Laboratories. Analysis of the A *Sample* returned an *Adverse Analytical Finding* ("AAF") for the following:

2.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**]

2.3 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] is listed as an exogenous [S1] under [S1.1] of WADA's [2019] *Prohibited List*.

2.4 According to our records, you do not have a Therapeutic Use Exemption ("TUE") to justify the Presence of [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in your system.

3. Charge

3.1 The AAF in your A *Sample* has been reviewed (in accordance with Article [7.2] ADR), and it has been determined that you have a case to answer for a violation of Article [2.1] ADR), namely the Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*.

3.2 You are hereby formally charged with the commission of an anti-doping rule violation ('ADRV') for the Presence of:

3.2.1 [**S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one**] in a *Sample* provided by you on [December 3, 2019] numbered A [4300910], in violation of Article [2.1] ADR.

4. Consequences

4.1 You will be subject to the *Consequences* as deemed fit by respective federation and/or National Olympic Committee.

5. Provisional Suspension

5.1 Subject to paragraph 5.2 below, from [16:00 hours] on [May 27, 2020], and in accordance with Article [7.6.1] ADR, you are hereby provisionally suspended from participating in any [IF]-sanctioned *Competition* prior to the final decision being reached at a hearing of this matter. Your *Provisional Suspension* will extend to all *Competitions*, *Events* or other activities that are organized, convened, authorized or recognized by any other World Anti-Doping Code-compliant body.

5.2 You may avoid the application of this *Provisional Suspension* if you are able to provide [ADO] with an adequate explanation for the AAF before [16:00 hours] on [May 27, 2020]. Failure to do so will result in the *Provisional Suspension* becoming effective on the date and time given above.

6. What happens next

6.1 As per the decision made by respective sports federation and/or National Olympic Committee.

7. Optional B *Sample* analysis

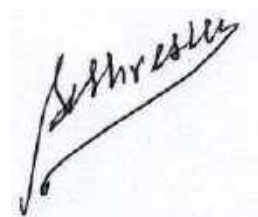
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7.3 Alternatively, you may waive your right to a B *Sample* analysis. In those circumstances, you will be deemed to have accepted the A *Sample* result, but you may still challenge the matter at a hearing if you wish.

Your identity may be publicly disclosed after receipt of this notice, but no earlier than the effective date and time of the *Provisional Suspension* outlined in paragraph 5 above.

Yours sincerely,



Dr. Saroj K. Shrestha
Chairman
Anti-Doping Committee, 13 SAG

cc: NF, IF, WADA

Enclosures:

- [13th **South Asian Games**];
- WADA [2019] *Prohibited List*;
- *Doping Control* form dated [December 3, 2019];
- Analysis Results Record dated [January 16, 2020];

Subject Fwd: Violation of Anti Doping Rules in 13 South Asian Games.
From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.iaaf.org>
Cc akram sahi <sahi49@gmail.com>
Date 21-05-2020 1:49 am



Confidential & Most Urgent

Dear Sir

Please confirm acknowledgement of the below email by all concerned ensuring appropriate actions within timelines.

Best regards

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

----- Original Message -----

Subject: Violation of Anti Doping Rules in 13 South Asian Games.

Date: 20-05-2020 6:15 pm

From: sujan shrestha <sujanlal_jessica@yahoo.com>

To: Pakistan Olympic Association <info@nocpakistan.org>

Cc: Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, "pak@mf.worldathletics.org" <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha

Executive Secretary

Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

Subject Fw: Violation of Anti Doping Rules in 13 South Asian Games.
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Army Sports Directorate <asdirectorat@gmail.com>
Cc 'Makram sahi' <sahi49@gmail.com>, Pakistan Olympic Association <info@nocpakistan.org>
Date 21-05-2020 2:14 pm



-
- RM Notification A Ali Mehbob May 20.pdf (~568 KB)
 - RM Notification A Naeem Muhammad May20.pdf (~569 KB)

Confidential & Most Urgent

The Secretary
Army Sports Directorate
Rawalpindi

Please find enclosed herewith Results Management (RM) notifications in respect of Mehboob Ali and Muhammad Naeem (athletes), issued by the Chairman Anti-Doping Committee, 13 SAG and received through Pakistan Olympic Association vide their below mentioned email.

Notices may be served to both the athletes immediately for appropriate action within the time line given by the Chairman Anti-Doping Committee 13 SAG.

Best regards,

Muhammad Zafar
Secretary General, AFP

From: Pakistan Olympic Association <info@nocpakistan.org>
Sent: Thursday, May 21, 2020 1:49 AM
To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc: akram sahi <sahi49@gmail.com>
Subject: Fwd: Violation of Anti Doping Rules in 13 South Asian Games.

Confidential & Most Urgent

Dear Sir

Please confirm acknowledgement of the below email by all concerned ensuring appropriate actions within timelines.

Best regards

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

----- Original Message -----

Subject: Violation of Anti Doping Rules in 13 South Asian Games.

Date: 20-05-2020 6:15 pm

From: sujan shrestha <sujanlal_jessica@yahoo.com>

To: Pakistan Olympic Association <info@nocpakistan.org>

Cc: Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, "pak@mf.worldathletics.org" <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha

Executive Secretary

Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

Subject Fw: Violation of Anti Doping Rules in 13 South Asian Games.
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Wapda Sports Board <wapdasports@hotmail.com>
Cc 'Makram sahi' <sahi49@gmail.com>, Pakistan Olympic Association <info@nocpakistan.org>
Date 21-05-2020 2:15 pm



- RM Notification A Samiullah May 20.pdf (~568 KB)

Confidential & Most Urgent

General Secretary
WAPDA Sports Board
Lahore

Please find enclosed herewith Results Management (RM) notification in respect of Samiullah (athlete), issued by the Chairman Anti-Doping Committee, 13 SAG and received through Pakistan Olympic Association vide their below mentioned email.

Notice may be served to the athlete immediately for appropriate action within the time line given by the Chairman Anti-Doping Committee 13 SAG.

Best regards,

Muhammad Zafar
Secretary General, AFP

From: Pakistan Olympic Association <info@nocpakistan.org>
Sent: Thursday, May 21, 2020 1:49 AM
To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc: akram sahi <sahi49@gmail.com>
Subject: Fwd: Violation of Anti Doping Rules in 13 South Asian Games.

Confidential & Most Urgent

Dear Sir

Please confirm acknowledgement of the below email by all concerned ensuring appropriate actions within timelines.

Best regards

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

----- Original Message -----

Subject: Violation of Anti Doping Rules in 13 South Asian Games.

Date: 20-05-2020 6:15 pm

From: sujan shrestha <sujanlal_jessica@yahoo.com>

To: Pakistan Olympic Association <info@nocpakistan.org>

Cc: Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, "pak@mf.worldathletics.org" <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at

the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha

Executive Secretary

Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

Subject Re: Violation of Anti Doping Rules in 13 South Asian Games.
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To info@nocpakistan.org <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 23-05-2020 4:45 am



Dear Sir,

Yes we have received email from Nepal Olympic Committee on 20-05-2020.

It is apprised that following documents have not been received with RM notifications to this office.

1. WADA [2019] Prohibited List
2. Doping control form dated [December 3, 2019]
3. Analysis results record dated [January 16, 2020]

Best regards,

Muhammad Zafar
Secretary General AFP

From: info@nocpakistan.org <info@nocpakistan.org>
Sent: Friday, May 22, 2020 11:58 PM
To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc: sahi49@gmail.com <sahi49@gmail.com>
Subject: Re: Fw: Violation of Anti Doping Rules in 13 South Asian Games.

Confidential

Dear Sir

Please confirm receipt of Nepal Olympic Committee email dated May 20, 2020 and ensure appropriate action as asked for.

Your emails in this context are not understood.

Please ensure strictest confidentiality during this whole process.

Best regards
Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

On 22 May 2020 11:48 am, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org> wrote:

Dear Sir,

Please refer to your below mentioned email on the subject matter.

It is informed that enclosures have not been received to this Federation. Please send the same by return email.

Best regards,

Muhammad Zafar
Secretary General AFP

From: Pakistan Olympic Association <info@nocpakistan.org>
Sent: Thursday, May 21, 2020 1:49 AM
To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

Cc: akram sahi <sahi49@gmail.com>

Subject: Fwd: Violation of Anti Doping Rules in 13 South Asian Games.

Confidential & Most Urgent

Dear Sir

Please confirm acknowledgement of the below email by all concerned ensuring appropriate actions within timelines.

Best regards

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

----- Original Message -----

Subject: Violation of Anti Doping Rules in 13 South Asian Games.

Date: 20-05-2020 6:15 pm

From: sujan shrestha <sujanlal_jessica@yahoo.com>

To: Pakistan Olympic Association <info@nocpakistan.org>

Cc: Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, "pak@mf.worldathletics.org" <pak@mf.worldathletics.org>, Nepal Olympic Committee <info@nocnepal.org.np>

Dear Sir:

Greetings from Nepal Olympic Committee. We hope that you and entire NOC Pakistan families are safe and healthy at the difficult moment.

In regard to the above subject, we have enclosed herewith RM Notification of it.

Stay safe and take care.

Best regards,

Sujan Lal Shrestha

Executive Secretary

Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

Subject AAF 13 SAG

From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Dr Saroj Shreesta <saroshmanepal@gmail.com>, Jeewan Nepal <jibanram@yahoo.com>
Date 26-05-2020 5:52 pm



-
- 4300904.pdf (~103 KB)
 - 4300910.pdf (~104 KB)
 - 4300915.pdf (~102 KB)
 - DCF Naeem Muhammad.pdf (~1.1 MB)
 - DCF Ali Mehbob.pdf (~1.5 MB)
 - DCF Samiullah.pdf (~2.3 MB)

Dear Mr. Khalid:

Greetings from Nepal Olympic Committee.

Regarding the Adverse Analytical Findings of the three Pakistani athletes during the 13th South Asian Games in Nepal, we have enclosed herewith the associated documents. Please note that these documents are highly confidential and should be used for appeal purposes only and not for other purposes.

Prohibited list 2019 can be downloaded from the website: https://www.wada-ama.org/sites/default/files/wada_2019_english_prohibited_list.pdf

Should you require any further information, please let us know.

Thanking you.

Regards

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Antidoping Lab Qatar - Doping Analysis Lab
 Sports City Road, Aspire Zone PO BOX 27775
 Doha
 QATAR
 Tel: (974) 4413 2991
 Fax: (974) 4413 2997

Test Report/ Rapport de Contrôle CONFIDENTIAL / CONFIDENTIEL

SCA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute
 of Sports Abadah Ufaa Magu, Henveiru
 Grounds
 Male Male
 MALDIVES 20034

TA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute of Sports
 Abadah Ufaa Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

RMA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National
 Institute of Sports Abadah Ufaa
 Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

Test result / Résultat du contrôle	: AAF - Adverse Analytical Finding
Sample Code / Code d'échantillon	: 4300904
Sample A/B / Échantillon A/B	: A
Sample Specific gravity (ITP) / Gravité spécifique d'échantillon (PAI)	: 1.013
Sample Specific gravity (CP) / Gravité spécifique d'échantillon (PC)	: 1.012
pH	: 5.9
Lab Reference # / No de référence de labo	: AU13056
Test Mission Code / Code de mission	: SAG201915
Type of Test / Nature du contrôle	: In competition
Sport-Discipline / Sport-Discipline	: Athletics - Athletics
Collection Date / Date du prélèvement	: 06-Dec-2019
Collection Site / Lieu du prélèvement	: Kathmandu NEPAL
Date of Receipt / Date de réception	: 17-Dec-2019
Sample Type / Nature de l'échantillon	: Urine
Gender / Sexe	: M
LH Analysis / analyse	:

Analysis Details / Explanation / Opinion
 Détails de l'analyse / Explication / Opinion:
N/A

The sample was analysed using Laboratory test method(s)
 L'échantillon a été examiné selon les méthodes d'analyse du laboratoire:
The sample was analysed for stimulants, narcotics, anabolic and masking agents, diuretics, sg, pH, hCG and LH using the methods SOP009, SOP015, SOP102, SOP103, and SOP118.

Results / Résultats:

The analysis of the sample identified above has shown the presence of /

L'analyse de l'échantillon mentionné ci-dessus par les méthodes du laboratoire a révélé la présence de:

AAF - Adverse Analytical Finding

- S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one.

Details concerning Finding:
N/A

Cc: WADA-AMA, S-ASIA-RADO, World Athletics - AIU

Lab results status / Etat du résultat de laboratoire: Submitted	Modified on / Mis à jour le: 16-Jan-2020
Submitted by / Soumis par: Georgakopoulos, Costas	Printed on / Imprimé le: 26-Feb-2020
Submitted on / Soumis le: 16-Jan-2020	Printed by / Imprimé par : Mouhandes, Ahmad Ibrahim

Antidoping Lab Qatar - Doping Analysis Lab
 Sports City Road, Aspire Zone PO BOX 27775
 Doha
 QATAR
 Tel: (974) 4413 2991
 Fax: (974) 4413 2997

Test Report/ Rapport de Contrôle CONFIDENTIAL / CONFIDENTIEL

SCA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute
 of Sports Abadah Ufaa Magu, Henveiru
 Grounds
 Male Male
 MALDIVES 20034

TA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute of Sports
 Abadah Ufaa Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

RMA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National
 Institute of Sports Abadah Ufaa
 Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

Test result / <i>Résultat du contrôle</i>	: AAF - Adverse Analytical Finding
Sample Code / <i>Code d'échantillon</i>	: 4300910
Sample A/B / <i>Échantillon A/B</i>	: A
Sample Specific gravity (ITP) / <i>Gravité spécifique d'échantillon (PAI)</i>	: 1.026
Sample Specific gravity (CP) / <i>Gravité spécifique d'échantillon (PC)</i>	: 1.026
pH	: 5.3
Lab Reference # / <i>No de référence de labo</i>	: AU12700
Test Mission Code / <i>Code de mission</i>	: SAG201901
Type of Test / <i>Nature du contrôle</i>	: In competition
Sport-Discipline / <i>Sport-Discipline</i>	: Athletics - Athletics
Collection Date / <i>Date du prélèvement</i>	: 03-Dec-2019
Collection Site / <i>Lieu du prélèvement</i>	: NEPAL
Date of Receipt / <i>Date de réception</i>	: 08-Dec-2019
Sample Type / <i>Nature de l'échantillon</i>	: Urine
Gender / <i>Sexe</i>	: M
LH Analysis / <i>analyse</i>	:

Analysis Details / Explanation / Opinion
Détails de l'analyse / Explication / Opinion:
N/A

The sample was analysed using Laboratory test method(s)
L'échantillon a été examiné selon les méthodes d'analyse du laboratoire:
The sample was analysed for stimulants, narcotics, anabolic and masking agents, diuretics, sg, pH, hCG and LH using the methods SOP009, SOP015, SOP102, SOP103, and SOP118.

Results / Résultats:

The analysis of the sample identified above has shown the presence of /

L'analyse de l'échantillon mentionné ci-dessus par les méthodes du laboratoire a révélé la présence de:

AAF - Adverse Analytical Finding

- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17A-methyandrost-1,4,13-trien-3-one.

Details concerning Finding:
N/A

- S9. Glucocorticoids/dexamethasone.

Cc: **WADA-AMA, S-ASIA-RADO, World Athletics - AIU**

Lab results status / Etat du résultat de laboratoire: Submitted	Modified on / Mis à jour le: 16-Jan-2020
Submitted by / Soumis par: Georgakopoulos, Costas	Printed on / Imprimé le: 26-Feb-2020
Submitted on / Soumis le: 16-Jan-2020	Printed by / Imprimé par : Mouhandes, Ahmad Ibrahim

Antidoping Lab Qatar - Doping Analysis Lab
Sports City Road, Aspire Zone PO BOX 27775
Doha
QATAR
Tel: (974) 4413 2991
Fax: (974) 4413 2997

Details concerning Finding:

TUE Inquiry was not raised by the Laboratory due to the AAF of S1.

Cc: **WADA-AMA, S-ASIA-RADO, World Athletics - AIU**

Lab results status / Etat du résultat de laboratoire: Submitted	Modified on / Mis à jour le: 16-Jan-2020
Submitted by / Soumis par: Georgakopoulos, Costas	Printed on / Imprimé le: 26-Feb-2020
Submitted on / Soumis le: 16-Jan-2020	Printed by / Imprimé par : Mouhandes, Ahmad Ibrahim

Antidoping Lab Qatar - Doping Analysis Lab
 Sports City Road, Aspire Zone PO BOX 27775
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Test Report/ Rapport de Contrôle CONFIDENTIAL / CONFIDENTIEL

SCA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute
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 Male Male
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 Abadah Ufaa Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

RMA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National
 Institute of Sports Abadah Ufaa
 Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

Test result / <i>Résultat du contrôle</i>	: AAF - Adverse Analytical Finding
Sample Code / <i>Code d'échantillon</i>	: 4300915
Sample A/B / <i>Échantillon A/B</i>	: A
Sample Specific gravity (ITP) / <i>Gravité spécifique d'échantillon (PAI)</i>	: 1.018
Sample Specific gravity (CP) / <i>Gravité spécifique d'échantillon (PC)</i>	: 1.019
pH	: 6.9
Lab Reference # / <i>No de référence de labo</i>	: AU12849
Test Mission Code / <i>Code de mission</i>	: SAG201910
Type of Test / <i>Nature du contrôle</i>	: In competition
Sport-Discipline / <i>Sport-Discipline</i>	: Athletics - Sprint 400m or less
Collection Date / <i>Date du prélèvement</i>	: 05-Dec-2019
Collection Site / <i>Lieu du prélèvement</i>	: NEPAL
Date of Receipt / <i>Date de réception</i>	: 11-Dec-2019
Sample Type / <i>Nature de l'échantillon</i>	: Urine
Gender / <i>Sexe</i>	: M
LH Analysis / <i>analyse</i>	:

Analysis Details / Explanation / Opinion
Détails de l'analyse / Explication / Opinion:
N/A

The sample was analysed using Laboratory test method(s)
L'échantillon a été examiné selon les méthodes d'analyse du laboratoire:
The sample was analysed for stimulants, narcotics, anabolic and masking agents, diuretics, sg, pH, hCG and LH using the methods SOP009, SOP015, SOP102, SOP103, and SOP118.

Results / Résultats:

The analysis of the sample identified above has shown the presence of /

L'analyse de l'échantillon mentionné ci-dessus par les méthodes du laboratoire a révélé la présence de:

AAF - Adverse Analytical Finding

- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17A-methyandro-1,4,13-trien-3-one.

Details concerning Finding:
N/A

Cc: **WADA-AMA, S-ASIA-RADO, World Athletics - AIU**

Lab results status / Etat du résultat de laboratoire: Submitted	Modified on / Mis à jour le: 16-Jan-2020
Submitted by / Soumis par: Georgakopoulos, Costas	Printed on / Imprimé le: 26-Feb-2020
Submitted on / Soumis le: 16-Jan-2020	Printed by / Imprimé par : Mouhandes, Ahmad Ibrahim

DOPING CONTROL FORM FORMULAIRE DE CONTRÔLE DU DOPAGE

1. ATHLETE NOTIFICATION - NOTIFICATION DU SPORTIF

NAME (NOM) NAEEM	SURNAME (NOM DE FAMILLE) MOHAMMAD	DATE OF BIRTH (DATE DE NAISSANCE) 18/02/1995	YOUR SIGNATURE (VOTRE SIGNATURE) SARAAD WADA-AMA ANTI-DOPING COMMITTEE (COMITÉ ANTI-DOPAGE WADA-AMA) YOUR SIGNATURE (VOTRE SIGNATURE) SARAAD
COUNTRY (PAYS) PAKISTAN	SPORT (SPORT) ACC	EVENT NUMBER (NUMÉRO DE L'ÉVÉNEMENT) 40371	
YEAR OF SAMPLE COLLECTION (ANNÉE DE LA COLLECTE DE L'ÉCHANTILLON) X 05/12/2019 09:07		I HEREBY DECLARE THAT I HAVE PROVIDED AND HAVE PROVIDED ALL INFORMATION INCLUDING THE SAMPLE NUMBER AND IDENTIFICATION, AND THE INFORMATION OF MY AGENCY, AND I AGREE TO PROVIDE SAMPLES AS REQUESTED THROUGHOUT THE PERIOD OF MY PARTICIPATION IN THIS EVENT AND I AGREE TO PROVIDE SAMPLES AS REQUESTED THROUGHOUT THE PERIOD OF MY PARTICIPATION IN THIS EVENT. I AGREE TO PROVIDE SAMPLES AS REQUESTED THROUGHOUT THE PERIOD OF MY PARTICIPATION IN THIS EVENT. I AGREE TO PROVIDE SAMPLES AS REQUESTED THROUGHOUT THE PERIOD OF MY PARTICIPATION IN THIS EVENT.	
SIGNATURE OF THE ATHLETE (SIGNATURE DU SPORTIF) Dr. SUMIT RAUF		SIGNATURE OF THE OFFICIAL (SIGNATURE DE L'OFFICIER) Leop	

2. ATHLETE INFORMATION - INFORMATION CONCERNANT LE SPORTIF

DATE OF BIRTH (DATE DE NAISSANCE) 09/51	NAME (NOM) M. Naeem	COUNTRY (PAYS) Pakistan	
SPORT (SPORT) PAY	CONTACT NO. (NUMÉRO DE CONTACT) () 934-048548	PHONE (TÉLÉPHONE) ---	EMAIL (EMAIL) ---

3. INFORMATION FOR ANALYSIS - INFORMATIONS CONCERNANT L'ÉPREUVE

<input checked="" type="checkbox"/> ANALYSIS (ANALYSE) <input type="checkbox"/> NO ANALYSIS (PAS D'ANALYSE)	SAMPLE COLLECTION DATE (DATE DE LA COLLECTE DE L'ÉCHANTILLON) 05/12/2019	EVENT (ÉVÉNEMENT) X	SAMPLE NUMBER (NUMÉRO DE L'ÉCHANTILLON) 816201710					
NAME (NOM) Atletics		EVENT (ÉVÉNEMENT) 110m Hurdles						
PARTIAL SAMPLES (ÉCHANTILLONS PARTIELS) UREA (URÉE) [] CREATININE (CRÉATINE) [] BUN (URÉE) [] CREA (CRÉATINE) []								
NO. 1	TIME (TEMPS) 1:50	TIME (TEMPS) 10:10	TIME (TEMPS) 4:30	TIME (TEMPS) 00:09	TIME (TEMPS) 1:5	TIME (TEMPS) 1:01	NAME (NOM) SUMIT RAUF	NAME (NOM) B.B.
NO. 2	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	NAME (NOM) ---	NAME (NOM) ---
NO. 3	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	NAME (NOM) ---	NAME (NOM) ---
NO. 4	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	NAME (NOM) ---	NAME (NOM) ---
NO. 5	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	TIME (TEMPS) ---	NAME (NOM) ---	NAME (NOM) ---

I HAVE USED THE FOLLOWING SUPPLEMENTS (J'AI UTILISÉ LES COMPLÉMENTS SUIVANTS)
Optimax, Fishes (Food supplement) X 2 month

I HAVE USED THE FOLLOWING MEDICATIONS (J'AI UTILISÉ LES MÉDICAMENTS SUIVANTS)
 YES NO

4. CONFIRMATION OF PROCEDURE FOR URINE AND/OR BLOOD TESTING - CONFIRMATION DE LA PROCÉDURE POUR LE CONTRÔLE D'URINE ET/OU DE SANG

I HAVE READ AND UNDERSTAND THE PROCEDURE FOR URINE AND/OR BLOOD TESTING (J'AI LUE ET COMPRENS LA PROCÉDURE POUR LE CONTRÔLE D'URINE ET/OU DE SANG)

IT WAS A GOOD PROCEDURE OVERALL (C'ÉTAIT UNE BONNE PROCÉDURE GÉNÉRALEMENT)

I HAVE READ AND UNDERSTAND THE PROCEDURE FOR URINE AND/OR BLOOD TESTING (J'AI LUE ET COMPRENS LA PROCÉDURE POUR LE CONTRÔLE D'URINE ET/OU DE SANG)

NAME (NOM)
SANDHYA PRAKASH

SIGNATURE (SIGNATURE)
Sandhya

DATE (DATE)
05/12/2019 10:14

I HAVE READ AND UNDERSTAND THE PROCEDURE FOR URINE AND/OR BLOOD TESTING (J'AI LUE ET COMPRENS LA PROCÉDURE POUR LE CONTRÔLE D'URINE ET/OU DE SANG)

SIGNATURE (SIGNATURE)
Leop

SRI LANKA ANTI DOPING AGENCY (SLADA)

DOPING CONTROL FORM

TEST AUTHORIZED BY: SARADO
 SAMPLE COLLECTION AUTHORITY: 13th SAG AD COMMITTEE
 RESULTS MANAGEMENT AUTHORITY: SARADO

1. ATHLETE INFORMATION

FAMILY NAME: ALI GIVEN NAME: MEHBOB DATE OF BIRTH: 10 09 1990
 NATIONALITY: PAKISTANI SPORT DISCIPLINE: ATHLETICS - 400m Hurdles
 ADDRESS: KASUWAR CHANGAMANGA CITY/TOWN: STATE/PROVINCE: DOCUMENT TYPE: ACC
 COUNTRY: Pakistan () CONTACT TEL (INCL. COUNTRY CODE): 03025458903 E-MAIL: ASGARH COACH'S NAME: DOCTOR'S NAME:

2. NOTIFICATION

TYPE OF TEST REQUIRED: X DATE: 06 12 2019 COUNTRY: NEPAL CITY: KATHMANDU TIME: 09:05
 I HEREBY ACKNOWLEDGE THAT I HAVE RECEIVED AND READ THIS NOTICE, INCLUDING THE ATHLETE RIGHTS AND RESPONSIBILITIES TEXT ON THE OVERLEAF OF COPY 1, AND I CONSENT TO PROVIDE SAMPLE(S) AS REQUESTED (I UNDERSTAND THAT FAILURE OR REFUSAL TO PROVIDE A SAMPLE MAY CONSTITUTE AN ANTI-DOPING RULE VIOLATION).
 ATHLETE'S SIGNATURE: [Signature]
 DOCTOR/PRACTITIONER NAME: Dr. Rakesh Neupane
 DOCTOR/PRACTITIONER SIGNATURE: [Signature]

3. INFORMATION FOR ANALYSIS

OUT OF COMPETITION: IN COMPETITION: X DATE OF TEST: 06 12 2019 GENDER: X TEST NUMBER CODE: SAG201915
 SAMPLE 1 BLOOD: N/A X A/B [Graphs] SAMPLE 2 BLOOD: A/B [Graphs]
 PARTIAL SAMPLE: N/A [Graphs]
 URINE: A/B 4300904 VOL (ml): 140 TIME (min): 40:31 SPECIFIC GRAVITY: 1.012
 ADDITIONAL SAMPLE: N/A A/B [Graphs]
 DECLARATION OF MEDICATION USE AND BLOOD TRANSFUSIONS: LIST ANY PRESCRIPTION / NON-PRESCRIPTION MEDICATIONS (OR SUPPLEMENTS FOR E.G. BETA 2 AGONISTS) AND GLUCOCORTICOSTEROIDS, WHEN GIVEN THE PAST 7 DAYS (INCLUDE DOSAGE WHERE POSSIBLE) AND ANY TRANSFUSIONS RECEIVED OVER THE LAST SIX MONTHS.
 None -> OPTIMAN, AVIOL, FISH OIL
 SUPPLEMENTARY REPORT FORM: []
 I ACCEPT: X REFUSE: []
 SIGNATURE: _____

4. CONFIRMATION OF PROCEDURE FOR URINE AND/ OR BLOOD TESTING

COMMENTS: ANY COMMENTS SHOULD BE NOTED HERE. IF NECESSARY CONTINUE ON A SUPPLEMENTARY REPORT FORM.
 URINE SAMPLE CODE NUMBER: [Handwritten] SUPPLEMENTARY REPORT FORM: []
 I CERTIFY THAT SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES
 URINE SAMPLE WITNESS: NAME: Dr. Rakesh Neupane SIGNATURE: [Signature]
 BLOOD COLLECTION OFFICER: [] NAME: SIGNATURE: []
 ATHLETE REPRESENTATIVE: [] NAME: POSITION: SIGNATURE: []
 DOPING CONTROL OFFICER: NAME: GYANENDRA SHAH SIGNATURE: [Signature] DATE: 06 12 2019 TIME OF COLLECTION: 10:36
 I DECLARE THAT THE INFORMATION I HAVE GIVEN ON THIS DOCUMENT IS CORRECT. I DECLARE THAT, SUBJECT TO COMMENTS MADE IN SECTION 4, SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES FOR SAMPLE COLLECTION (I ACCEPT THAT ALL INFORMATION RELATED TO DOPING CONTROL, INCLUDING BUT NOT LIMITED TO LABORATORY RESULTS AND POSSIBLE SANCTIONS, SHALL BE SHARED WITH RELEVANT BODIES IN ACCORDANCE WITH THE WORLD ANTI-DOPING CODE. I HAVE READ AND UNDERSTOOD THE TEXT OVERLEAF AND I CONSENT TO THE PROCESSING OF MY PERSONAL DATA THROUGH ADAMS.
 ATHLETE'S SIGNATURE: [Signature]

Subject **CONSTITUTION OF AFP COMMITTEE TO HEAR AND DECIDE THE ALLEGED DOPING CASES**

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

To Pakistan Olympic Association <info@nocpakistan.org>, Dr. Waqar Ahmad <drwaqar_psb@yahoo.com>, sultan satti <sultan.satti@gmail.com>, Salman Iqbal Butt <discuss786@gmail.com>, Army Sports Directorate <asdirdirectorate@gmail.com>, Wapda Sports Board <wapdasports@hotmail.com>

Cc 'Makram sahi' <sahi49@gmail.com>

Date 26-05-2020 7:27 pm



No. AFP/A-18/2020
Dated: 26 May 2020

CONFIDENTIAL

SUBJECT: CONSTITUTION OF AFP COMMITTEE TO HEAR AND DECIDE THE ALLEGED DOPING CASES

A Committee comprising the following is hereby constituted to hear and decide the Doping cases of Mr. Mehboob Ali, Mr. Muhammad Naeem and Mr. Samiullah national athletes:-

- | | |
|---|--------------------|
| 1. Brig (R) Sultan Mehmood Satti
Chairman Promotion & Development Commission AFP | Convener |
| 2. Brig (R) Dr. Noureen Satti
Chairman Medical & Health Commission AFP | Member |
| 3. Dr. Waqar Ahmad
Chairman Anti Doping Organization Pakistan | Observer |
| 4. Syed Habib Shah
Ex Deputy DG Pakistan Sports Board | Member |
| 5. Mr. Salman Iqbal Butt
General Secretary Punjab Athletics Association | Member |
| 6. Mr. Muhammad Zafar
Secretary General AFP | Member / Secretary |

The committee will hold its meeting within 7 days to hear the above mentioned athletes and finalize its findings and recommendations.

Muhammad Zafar
Secretary General AFP

Distribution: -

- Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP/Vice President AAA
- Muhammad Khalid Mehmood, Secretary General POA
- Dr. Waqar Ahmad, Chairman Anti Doping Organization Pakistan
- Brig (R) Sultan Mehmood Satti, Convener of the Committee
- Members of the Committee
- Army Sports Directorate
- WAPDA Sports Board
- Concerned Athletes

Subject Re: CONSTITUTION OF AFP COMMITTEE TO HEAR AND DECIDE THE ALLEGED DOPING CASES

From Waqar Ahmad <drwaqar_psb@yahoo.com>

To PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

Cc Pakistan Olympic Association <info@nocpakistan.org>, sultan satti <sultan.satti@gmail.com>, Salman Iqbal Butt <discuss786@gmail.com>, Army Sports Directorate <asdirectorate@gmail.com>, Wapda Sports Board <wapdasports@hotmail.com>, Makram sahi <sahi49@gmail.com>

Date 26-05-2020 8:01 pm



Dear Sir

Thank you for your e-mail. As I informed telephonically also that as Chairman Anti Doping Org. Of Pakistan I can not be a part of Result Management or disciplinary committee according to WADA result management guide/ code. I regret to say that I may not be available for subject committee.

Dr Waqar Ahmad

Sent from my iPhone

On 26-May-2020, at 7:27 PM, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org> wrote:

No. AFP/A-18/2020
Dated: 26 May 2020

CONFIDENTIAL

SUBJECT: CONSTITUTION OF AFP COMMITTEE TO HEAR AND DECIDE THE ALLEGED DOPING CASES

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Chairman Anti Doping Organization Pakistan | Observer |
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Ex Deputy DG Pakistan Sports Board | Member |
| 5. Mr. Salman Iqbal Butt
General Secretary Punjab Athletics Association | Member |
| 6. Mr. Muhammad Zafar
Secretary General AFP | Member / Secretary |

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Muhammad Zafar
Secretary General AFP

Distribution: -

- Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP/Vice President AAA
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- Dr. Waqar Ahmad, Chairman Anti Doping Organization Pakistan
- Brig (R) Sultan Mehmood Satti, Convener of the Committee
- Members of the Committee
- Army Sports Directorate
- WAPDA Sports Board
- Concerned Athletes

Subject Fwd: AAF 13 SAG

From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>
Cc <sahi49@gmail.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>
Date 26-05-2020 11:27 pm



- 4300904.pdf (~100 KB)
- 4300910.pdf (~101 KB)
- 4300915.pdf (~99 KB)
- DCF Naeem Muhammod.pdf (~1.1 MB)
- DCF Ali Mehbob.pdf (~1.4 MB)
- DCF Samiullah.pdf (~2.3 MB)

Confidential & Most Urgent

Dear Secretary General,

We are forwarding the email received from the Nepal Olympic Committee for your information.

We once again advise Athletics Federation of Pakistan to ensure strict confidentiality of the whole process as has been indicated in the correspondence on the subject as well as the rules.

In the meanwhile Pakistan Olympic Association is closely monitoring the situation and related developments and shall take measures in accordance with the applicable rules.

Best regards,

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

----- Original Message -----

Subject:AAF 13 SAG

Date:26-05-2020 5:52 pm

From:sujan shrestha <sujanlal_jessica@yahoo.com>

To:Pakistan Olympic Association <info@nocpakistan.org>

Cc:Dr Saroj Shreesta <saroshmanepal@gmail.com>, Jeewan Nepal <jibanram@yahoo.com>

Dear Mr. Khalid:

Greetings from Nepal Olympic Committee.

Regarding the Adverse Analytical Findings of the three Pakistani athletes during the 13th South Asian Games in Nepal, we have enclosed herewith the associated documents. Please note that these documents are highly confidential and should be used for appeal purposes only and not for other purposes.

Prohibited list 2019 can be downloaded from the website: https://www.wada-ama.org/sites/default/files/wada_2019_english_prohibited_list.pdf

Should you require any further information, please let us know.

Thanking you.

Regards

Sujan Lal Shrestha

Executive Secretary

Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website :www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Antidoping Lab Qatar - Doping Analysis Lab
 Sports City Road, Aspire Zone PO BOX 27775
 Doha
 QATAR
 Tel: (974) 4413 2991
 Fax: (974) 4413 2997

Test Report/ Rapport de Contrôle CONFIDENTIAL / CONFIDENTIEL

SCA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute
 of Sports Abadah Ufaa Magu, Henveiru
 Grounds
 Male Male
 MALDIVES 20034

TA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute of Sports
 Abadah Ufaa Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

RMA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National
 Institute of Sports Abadah Ufaa
 Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

Test result / Résultat du contrôle	: AAF - Adverse Analytical Finding
Sample Code / Code d'échantillon	: 4300904
Sample A/B / Échantillon A/B	: A
Sample Specific gravity (ITP) / Gravité spécifique d'échantillon (PAI)	: 1.013
Sample Specific gravity (CP) / Gravité spécifique d'échantillon (PC)	: 1.012
pH	: 5.9
Lab Reference # / No de référence de labo	: AU13056
Test Mission Code / Code de mission	: SAG201915
Type of Test / Nature du contrôle	: In competition
Sport-Discipline / Sport-Discipline	: Athletics - Athletics
Collection Date / Date du prélèvement	: 06-Dec-2019
Collection Site / Lieu du prélèvement	: Kathmandu NEPAL
Date of Receipt / Date de réception	: 17-Dec-2019
Sample Type / Nature de l'échantillon	: Urine
Gender / Sexe	: M
LH Analysis / analyse	:

Analysis Details / Explanation / Opinion
 Détails de l'analyse / Explication / Opinion:
N/A

The sample was analysed using Laboratory test method(s)
 L'échantillon a été examiné selon les méthodes d'analyse du laboratoire:
The sample was analysed for stimulants, narcotics, anabolic and masking agents, diuretics, sg, pH, hCG and LH using the methods SOP009, SOP015, SOP102, SOP103, and SOP118.

Results / Résultats:

The analysis of the sample identified above has shown the presence of /

L'analyse de l'échantillon mentionné ci-dessus par les méthodes du laboratoire a révélé la présence de:

AAF - Adverse Analytical Finding

- S1.1 Anabolic Androgenic Steroids (AAS)/oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B-hydroxymethyl-17A-methyl-18-nor-2-oxa-5A-androst-13-en-3-one.

Details concerning Finding:
N/A

Cc: WADA-AMA, S-ASIA-RADO, World Athletics - AIU

Lab results status / Etat du résultat de laboratoire: Submitted	Modified on / Mis à jour le: 16-Jan-2020
Submitted by / Soumis par: Georgakopoulos, Costas	Printed on / Imprimé le: 26-Feb-2020
Submitted on / Soumis le: 16-Jan-2020	Printed by / Imprimé par : Mouhandes, Ahmad Ibrahim

Antidoping Lab Qatar - Doping Analysis Lab
 Sports City Road, Aspire Zone PO BOX 27775
 Doha
 QATAR
 Tel: (974) 4413 2991
 Fax: (974) 4413 2997

Test Report/ Rapport de Contrôle CONFIDENTIAL / CONFIDENTIEL

SCA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute
 of Sports Abadah Ufaa Magu, Henveiru
 Grounds
 Male Male
 MALDIVES 20034

TA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National Institute of Sports
 Abadah Ufaa Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

RMA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National
 Institute of Sports Abadah Ufaa
 Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

Test result / <i>Résultat du contrôle</i>	: AAF - Adverse Analytical Finding
Sample Code / <i>Code d'échantillon</i>	: 4300910
Sample A/B / <i>Échantillon A/B</i>	: A
Sample Specific gravity (ITP) / <i>Gravité spécifique d'échantillon (PAI)</i>	: 1.026
Sample Specific gravity (CP) / <i>Gravité spécifique d'échantillon (PC)</i>	: 1.026
pH	: 5.3
Lab Reference # / <i>No de référence de labo</i>	: AU12700
Test Mission Code / <i>Code de mission</i>	: SAG201901
Type of Test / <i>Nature du contrôle</i>	: In competition
Sport-Discipline / <i>Sport-Discipline</i>	: Athletics - Athletics
Collection Date / <i>Date du prélèvement</i>	: 03-Dec-2019
Collection Site / <i>Lieu du prélèvement</i>	: NEPAL
Date of Receipt / <i>Date de réception</i>	: 08-Dec-2019
Sample Type / <i>Nature de l'échantillon</i>	: Urine
Gender / <i>Sexe</i>	: M
LH Analysis / <i>analyse</i>	:

Analysis Details / Explanation / Opinion
Détails de l'analyse / Explication / Opinion:
N/A

The sample was analysed using Laboratory test method(s)
L'échantillon a été examiné selon les méthodes d'analyse du laboratoire:
The sample was analysed for stimulants, narcotics, anabolic and masking agents, diuretics, sg, pH, hCG and LH using the methods SOP009, SOP015, SOP102, SOP103, and SOP118.

Results / Résultats:

The analysis of the sample identified above has shown the presence of /

L'analyse de l'échantillon mentionné ci-dessus par les méthodes du laboratoire a révélé la présence de:

AAF - Adverse Analytical Finding

- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17A-methyandro-1,4,13-trien-3-one.

Details concerning Finding:
N/A

- S9. Glucocorticoids/dexamethasone.

Cc: **WADA-AMA, S-ASIA-RADO, World Athletics - AIU**

Lab results status / Etat du résultat de laboratoire: Submitted	Modified on / Mis à jour le: 16-Jan-2020
Submitted by / Soumis par: Georgakopoulos, Costas	Printed on / Imprimé le: 26-Feb-2020
Submitted on / Soumis le: 16-Jan-2020	Printed by / Imprimé par : Mouhandes, Ahmad Ibrahim

Antidoping Lab Qatar - Doping Analysis Lab
Sports City Road, Aspire Zone PO BOX 27775
Doha
QATAR
Tel: (974) 4413 2991
Fax: (974) 4413 2997

Details concerning Finding:

TUE Inquiry was not raised by the Laboratory due to the AAF of S1.

Cc: **WADA-AMA, S-ASIA-RADO, World Athletics - AIU**

Lab results status / Etat du résultat de laboratoire: Submitted	Modified on / Mis à jour le: 16-Jan-2020
Submitted by / Soumis par: Georgakopoulos, Costas	Printed on / Imprimé le: 26-Feb-2020
Submitted on / Soumis le: 16-Jan-2020	Printed by / Imprimé par : Mouhandes, Ahmad Ibrahim

Antidoping Lab Qatar - Doping Analysis Lab
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Test Report/ Rapport de Contrôle CONFIDENTIAL / CONFIDENTIEL

SCA: S-ASIA-RADO Hussain Mohamed
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 Male Male
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 Male Male
 MALDIVES 20034

RMA: S-ASIA-RADO Hussain Mohamed
 2nd Floor, Maldives National
 Institute of Sports Abadah Ufaa
 Magu, Henveiru Grounds
 Male Male
 MALDIVES 20034

Test result / Résultat du contrôle	: AAF - Adverse Analytical Finding
Sample Code / Code d'échantillon	: 4300915
Sample A/B / Échantillon A/B	: A
Sample Specific gravity (ITP) / Gravité spécifique d'échantillon (PAI)	: 1.018
Sample Specific gravity (CP) / Gravité spécifique d'échantillon (PC)	: 1.019
pH	: 6.9
Lab Reference # / No de référence de labo	: AU12849
Test Mission Code / Code de mission	: SAG201910
Type of Test / Nature du contrôle	: In competition
Sport-Discipline / Sport-Discipline	: Athletics - Sprint 400m or less
Collection Date / Date du prélèvement	: 05-Dec-2019
Collection Site / Lieu du prélèvement	: NEPAL
Date of Receipt / Date de réception	: 11-Dec-2019
Sample Type / Nature de l'échantillon	: Urine
Gender / Sexe	: M
LH Analysis / analyse	:

Analysis Details / Explanation / Opinion
 Détails de l'analyse / Explication / Opinion:
N/A

The sample was analysed using Laboratory test method(s)
 L'échantillon a été examiné selon les méthodes d'analyse du laboratoire:
The sample was analysed for stimulants, narcotics, anabolic and masking agents, diuretics, sg, pH, hCG and LH using the methods SOP009, SOP015, SOP102, SOP103, and SOP118.

Results / Résultats:

The analysis of the sample identified above has shown the presence of /

L'analyse de l'échantillon mentionné ci-dessus par les méthodes du laboratoire a révélé la présence de:

AAF - Adverse Analytical Finding

- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol , 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17A-methyandrost-1,4,13-trien-3-one.

Details concerning Finding:
N/A

Cc: **WADA-AMA, S-ASIA-RADO, World Athletics - AIU**

Lab results status / Etat du résultat de laboratoire: Submitted	Modified on / Mis à jour le: 16-Jan-2020
Submitted by / Soumis par: Georgakopoulos, Costas	Printed on / Imprimé le: 26-Feb-2020
Submitted on / Soumis le: 16-Jan-2020	Printed by / Imprimé par : Mouhandes, Ahmad Ibrahim

SRI LANKA ANTI DOPING AGENCY (SLADA)

DOPING CONTROL FORM

TEST AUTHORIZED BY: SARADO
 SAMPLE COLLECTION AUTHORITY: 13th SAG AD COMMITTEE
 RESULTS MANAGEMENT AUTHORITY: SARADO

1. ATHLETE INFORMATION

FAMILY NAME: ALI GIVEN NAME: MEHBOB DATE OF BIRTH: 10 09 1990
 NATIONALITY: PAKISTANI SPORT DISCIPLINE: ATHLETICS - 400m Hurdles ATHLETE ID PROVIDED: DOCUMENT TYPE: ACC
 ADDRESS: KASUWAR CHANGAMANGA CITY/TOWN: KASUWAR STATE/PROVINCE: CHANGAMANGA DOCUMENT NUMBER: 40370
 COUNTRY: Pakistan CONTACT TEL (INCL. COUNTRY CODE): 03025458903 E-MAIL: ASGARH COACH'S NAME: DOCTOR'S NAME:




2. NOTIFICATION

TYPE OF TEST REQUIRED: BLOOD DATE: 06 12 2019 COUNTRY: NEPAL CITY: KATHMANDU TIME: 09:05
 I HEREBY ACKNOWLEDGE THAT I HAVE RECEIVED AND READ THIS NOTICE, INCLUDING THE ATHLETE RIGHTS AND RESPONSIBILITIES TEXT ON THE OVERLEAF OF COPY 1, AND I CONSENT TO PROVIDE SAMPLE(S) AS REQUESTED (I UNDERSTAND THAT FAILURE OR REFUSAL TO PROVIDE A SAMPLE MAY CONSTITUTE AN ANTI-DOPING RULE VIOLATION).
 ATHLETE'S SIGNATURE: 
 DOCTOR/PRACTITIONER NAME: Dr. Rakesh Neupane
 DOCTOR/PRACTITIONER SIGNATURE: 

3. INFORMATION FOR ANALYSIS

OUT OF COMPETITION: IN COMPETITION: DATE OF TEST: 06 12 2019 GENDER: M F TEST NUMBER CODE: SAG201915
 SAMPLE 1 BLOOD: N/A A/B [VOLUME] [TIME] [SPECIFIC GRAVITY]
 PARTIAL SAMPLE: N/A [INITIAL SAMPLE NUMBER] [VOLUME] [TIME] [SPECIFIC GRAVITY]
 URINE: A/B 4300904 [VOLUME] 140 [TIME] 40:31 [SPECIFIC GRAVITY] 1.012
 ADDITIONAL SAMPLE: N/A A/B [VOLUME] [TIME] [SPECIFIC GRAVITY]
 DECLARATION OF MEDICATION USE AND BLOOD TRANSFUSIONS: LIST ANY PRESCRIPTION / NON-PRESCRIPTION MEDICATIONS (OR SUPPLEMENTS FOR E.G. BETA-AGONISTS) AND GLUCOCORTICOSTEROIDS, WHEN GIVEN THE PAST 7 DAYS (INCLUDE DOSAGE WHERE POSSIBLE) AND ANY TRANSFUSIONS RECEIVED OVER THE LAST SIX MONTHS.
 None → OPTIMAN, AVIOL.
 → FISH OIL
 SUPPLEMENTARY REPORT FORM: NA NUMBER
 I ACCEPT REFUSE
 SIGNATURE:

4. CONFIRMATION OF PROCEDURE FOR URINE AND/ OR BLOOD TESTING

COMMENTS: ANY COMMENTS SHOULD BE NOTED HERE. IF NECESSARY CONTINUE ON A SUPPLEMENTARY REPORT FORM.
 URINE SAMPLE CODE NUMBER: [Handwritten Code] SUPPLEMENTARY REPORT FORM: NA NUMBER
 I CERTIFY THAT SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES
 URINE SAMPLE WITNESS: NAME: Dr. Rakesh Neupane SIGNATURE:  URINE SAMPLE WITNESS: NAME: SIGNATURE:
 BLOOD COLLECTION OFFICER: NAME: SIGNATURE:
 ATHLETE REPRESENTATIVE: NAME: POSITION: SIGNATURE:
 DOPING CONTROL OFFICER: NAME: GYANENDRA SHAH SIGNATURE:  DATE: 06 12 2019 10:36
 I DECLARE THAT THE INFORMATION I HAVE GIVEN ON THIS DOCUMENT IS CORRECT. I DECLARE THAT, SUBJECT TO COMMENTS MADE IN SECTION 4, SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES FOR SAMPLE COLLECTION. I ACCEPT THAT ALL INFORMATION RELATED TO DOPING CONTROL, INCLUDING BUT NOT LIMITED TO LABORATORY RESULTS AND POSSIBLE SANCTIONS, SHALL BE SHARED WITH RELEVANT BODIES IN ACCORDANCE WITH THE WORLD ANTI-DOPING CODE. I HAVE READ AND UNDERSTOOD THE TEXT OVERLEAF AND I CONSENT TO THE PROCESSING OF MY PERSONAL DATA THROUGH ADAMS.
 ATHLETE'S SIGNATURE: 

Subject Violation of Anti Doping Rules in 13 South Asian Games
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, saroshmanepal@gmail.com <saroshmanepal@gmail.com>, jibanram@yahoo.com <jibanram@yahoo.com>
Date 27-05-2020 9:14 am



- Mehboob Ali.jpeg (~386 KB)
- Muhammad Naeem.jpeg (~383 KB)
- Samiullah .jpeg (~223 KB)

Confidential and Most Urgent
 Dear Sir,

Please refer to email received from Nepal Olympic Committee on 20-5-2020 and your email dated 21-5-2020 on the subject matter.

Replies of the AAF Notice of charge and Mandatory provisional Suspension submitted by athletes are attached for further necessary action as desired please.

Best regards,

Muhammad Zafar
 Secretary General AFP



Mehboob Ali.jpeg
 ~386 KB



Muhammad Naeem.jpeg
 ~383 KB

Samiullah .jpeg

Subject: **NOTICE OF CHARGE AND MANDATORY PROVISIONAL SUSPENSION
UNDER THE (13TH SOUTH ASIAN GAMES) ANTI- DOPING RULES**

Formal notice bring charged with a violation of the (13th South Asian Games 2019), Anti-Doping Rules referred.

1. I am athlete, **Mehboob Ali from Pakistan** and submitting my reply in connection with adverse analytical findings (AAF) found in **4300904** (Sample A) **provided during subject games** and notice issued to me for the violation of ADR during 13th South Asian Games-2019 Katmandu, Nepal.

As an international athlete, according to my knowledge about illegal substances and understanding of WADA rules, I **never took such medicine or supplement which contains steroids and prohibited items during and before the competition.** Moreover I am also requesting for the **analysis of 4300904 (Sample-B)** for more details facts against which I am ready to pay the expenditures if any.

2. Being a responsible athlete, I always respect WADA rules and will keep on promoting neat and clean sports environment in my humble capacity.

Yours sincerely


(Mehboob Ali)

Subject: **NOTICE OF CHARGE AND MANDATORY PROVISIONAL SUSPENSION
UNDER THE (13TH SOUTH ASIAN GAMES) ANTI-DOPING RULES**

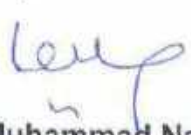
Formal notice bring charged with a violation of the (13th South Asian Games 2019), Anti-Doping Rules referred.

1. I am athlete, **Muhammad Naeem from Pakistan** and submitting my reply in connection with adverse analytical findings (AAF) found in **4300915** (Sample A) **provided during subject games** and notice issued to me for the violation of ADR during 13th South Asian Games-2019 Katmandu, Nepal.

Sir, according to my knowledge about illegal substances and understanding of WADA rules, I **never took such medicine or supplement which contains prohibited items during and before the South Asian Games 2019**. Moreover I am also requesting for the **analysis of 4300915 (Sample-B)** for more details facts against which I am ready to pay the expenditures if any.

2. Being a responsible athlete, I always respect WADA rules and will keep on promoting neat and clean sports environment in my humble capacity.

Yours sincerely


(Muhammad Naeem)

The Secretary General
Athletic Federation of Pakistan.

Sub: Notice of Charge and provisional suspension under the 13th South Asian Games Anti doping rules

Dear Sir,

The Notice is very upsetting for me and my family. Before any submission, I beg to tender unconditional apology for the results.

- I come from backward /less developed part of the country and I have extreme devotion and passion for game. My childhood spent dreaming top athletics performance for my area.
- As my luck could take me, that I had injury "Shin splint stress" in Khyber Agency during practice and thereafter remained under different types of treatment.
- It was my sincere effort to get rid of injury as swiftly as possible and could rehabilitate myself with the best of treatment available in the backward area.
- Whatever little vitamins and booster I used, were disclosed before competition and to the best of knowledge did not take any prohibited medicine in the Training Camps.

There was nothing intentional rather it may be sheer ignorance on my part that unfortunately held me accountable. I again submit unconditional apology and it is assured that there was nothing intentional and seek apology and pardon, so that I may continue to serve the game.



Sami Ullah
NIC 11101-4976236-9
Post Office Khojri khaas
Tehsial and District Bannu



Subject 13 SAG Anti Doping Rules
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Date 27-05-2020 2:51 pm



-
- 13thSOUTH ASIAN GAMES ANTI-DOPING RULES 20191105 final.pdf (~405 KB)

Dear Sir:

In regard to the above subject, please find the attached file.

Thanking you.

Regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

Subject Re: Violation of Anti Doping Rules in 13 South Asian Games
From sujan shrestha <sujanlal_jessica@yahoo.com>
To PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc Dr Saroj Shreesta <saroshmanepal@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, Jeewan Nepal <jibanram@yahoo.com>, Nabees Pradhan <nabeesman@gmail.com>, Pakistan Olympic Association <info@nocpakistan.org>
Date 27-05-2020 3:23 pm



- Mehboob Ali.jpeg (~398 KB)
- Muhammad Naeem.jpeg (~394 KB)
- Samiullah .jpeg (~230 KB)

Dear Mr. Secretary General:

We really appreciate for your prompt response on above subject matter. With reference to your below mail, we came to notice that athletes are ready to go for analysis of sample B. In this regard please contact to below mention person of Qatar Lab. For your kind information all the charges for analysis of Sample B must be borne by yourself.

"Dr. Costas Georgakopoulos" <costas@adlqatar.qa>
Doping Analysis Laboratory Director
Anti-Doping Lab Qatar
Direct: +974 4413 2991
Fax: +974 4413 2997

Should you have any queries, please feel free to contact us.

Thanking you.

Best regards.

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

On Wednesday, 27 May 2020, 11:21:59 am GMT+5:45, saroj shrestha <saroshmanepal@gmail.com> wrote:

----- Forwarded message -----

From: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Date: Wed, May 27, 2020 at 9:59 AM
Subject: Violation of Anti Doping Rules in 13 South Asian Games
To: Pakistan Olympic Association <info@nocpakistan.org>
Cc: Makram sahi <sahi49@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, saroshmanepal@gmail.com <saroshmanepal@gmail.com>, jibanram@yahoo.com <jibanram@yahoo.com>

Confidential and Most Urgent

Dear Sir,

Please refer to email received from Nepal Olympic Committee on 20-5-2020 and your email dated 21-5-2020 on the subject matter.

Replies of the AAF Notice of charge and Mandatory provisional Suspension submitted by athletes are attached for further necessary action as desired please.

Best regards,

Muhammad Zafar
Secretary General AFP



Mehboob Ali.jpeg
~398 KB



Muhammad Naeem.jpeg
~394 KB



Samiullah .jpeg
~230 KB

Subject: **NOTICE OF CHARGE AND MANDATORY PROVISIONAL SUSPENSION
UNDER THE (13TH SOUTH ASIAN GAMES) ANTI- DOPING RULES**

Formal notice bring charged with a violation of the (13th South Asian Games 2019), Anti-Doping Rules referred.

1. I am athlete, **Mehboob Ali from Pakistan** and submitting my reply in connection with adverse analytical findings (AAF) found in **4300904** (Sample A) **provided during subject games** and notice issued to me for the violation of ADR during 13th South Asian Games-2019 Katmandu, Nepal.

As an international athlete, according to my knowledge about illegal substances and understanding of WADA rules, I **never took such medicine or supplement which contains steroids and prohibited items during and before the competition.** Moreover I am also requesting for the **analysis of 4300904 (Sample-B)** for more details facts against which I am ready to pay the expenditures if any.

2. Being a responsible athlete, I always respect WADA rules and will keep on promoting neat and clean sports environment in my humble capacity.

Yours sincerely


(Mehboob Ali)

Subject: **NOTICE OF CHARGE AND MANDATORY PROVISIONAL SUSPENSION
UNDER THE (13TH SOUTH ASIAN GAMES) ANTI-DOPING RULES**

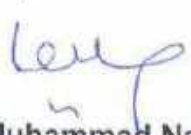
Formal notice bring charged with a violation of the (13th South Asian Games 2019), Anti-Doping Rules referred.

1. I am athlete, **Muhammad Naeem from Pakistan** and submitting my reply in connection with adverse analytical findings (AAF) found in **4300915** (Sample A) **provided during subject games** and notice issued to me for the violation of ADR during 13th South Asian Games-2019 Katmandu, Nepal.

Sir, according to my knowledge about illegal substances and understanding of WADA rules, I **never took such medicine or supplement which contains prohibited items during and before the South Asian Games 2019**. Moreover I am also requesting for the **analysis of 4300915 (Sample-B)** for more details facts against which I am ready to pay the expenditures if any.

2. Being a responsible athlete, I always respect WADA rules and will keep on promoting neat and clean sports environment in my humble capacity.

Yours sincerely


(Muhammad Naeem)

The Secretary General
Athletic Federation of Pakistan.

Sub: Notice of Charge and provisional suspension under the 13th South Asian Games Anti doping rules

Dear Sir,

The Notice is very upsetting for me and my family. Before any submission, I beg to tender unconditional apology for the results.

- I come from backward /less developed part of the country and I have extreme devotion and passion for game. My childhood spent dreaming top athletics performance for my area.
- As my luck could take me, that I had injury "Shin splint stress" in Khyber Agency during practice and thereafter remained under different types of treatment.
- It was my sincere effort to get rid of injury as swiftly as possible and could rehabilitate myself with the best of treatment available in the backward area.
- Whatever little vitamins and booster I used, were disclosed before competition and to the best of knowledge did not take any prohibited medicine in the Training Camps.

There was nothing intentional rather it may be sheer ignorance on my part that unfortunately held me accountable. I again submit unconditional apology and it is assured that there was nothing intentional and seek apology and pardon, so that I may continue to serve the game.



Sami Ullah
NIC 11101-4976236-9
Post Office Khojri khaas
Tehsial and District Bannu



Subject **CONSTITUTION OF AFP COMMITTEE TO HEAR AND DECIDE THE ALLEGED DOPING CASES**

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

To sultan satti <sultan.satti@gmail.com>

Cc 'Makram sahi' <sahi49@gmail.com>, Pakistan Olympic Association <info@nocpakistan.org>, 'Salman Iqbal Butt' <discuss786@gmail.com>, Army Sports Directorate <asdirectorate@gmail.com>, Wapda Sports Board <wapdasports@hotmail.com>

Date 27-05-2020 8:18 pm



CONFIDENTIAL

No. AFP/C-13/20

Dated: 27.05.2020

Brig (R) Sultan Mehmood Satti

Chairman Promotion & Development Commission AFP
Convener of the Committee

Subject: **CONSTITUTION OF AFP COMMITTEE TO HEAR AND DECIDE THE ALLEGED DOPING CASES**

It is informed that name of Dr. Waqar Ahmad, Chairman Anti Doping Organization Pakistan (Observer) is hereby deleted from the constitution of Committee notified vide office order No. AFP/A-18/2020 dated 26-05-2020. Dr. Abdul Qudoos, Medical Officer PSB Islamabad is hereby included in the Committee as member.

Other contents of the earlier Notification will remain intact.

Best regards,

Muhammad Zafar
Secretary General AFP

Distribution: -

- Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP/Vice President AAA
- Muhammad Khalid Mehmood, Secretary General POA
- Dr. Waqar Ahmad, Chairman Anti Doping Organization Pakistan
- Members of the Committee
- Army Sports Directorate
- WAPDA Sports Board
- Concerned Athletes

Subject Violation of Anti Doping Rules in 13 South Asian Games
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 27-05-2020 11:48 pm



CONFIDENTIAL

Dear Sir,

It is apprised that in compliance of the deadline given by the Chairman Anti Doping Committee 13th SAG replies of the AAF Notices of charge and mandatory provisional suspension, submitted by the athletes, have been sent to you vide our email dated 27-05-2020. However, it is not understood that why the matter has been reported by the Nepal Olympic Committee to NOC Pakistan so late i.e. on 20-05-2020 asking for replies from athletes by 27-05-2020 (during Eid Holidays from 22-05-2020 to 27-05-2020)

It has been noticed that Samples of the athletes were taken on 3 December and 6 December 2019 but Test reports have been conveyed after about six months.

The above mentioned situation has caused embarrassment to the AFP, POA and other concerned circles. Had it been conveyed earlier the athletes would not have been awarded cash incentives by the Govt.

It would be appreciated if a clarification is sought from the Nepal Olympic Association / Chairman Anti Doping Committee 13th SAG on this matter.

Best regards,

Muhammad Zafar
Secretary General AFP

Subject 13TH South Asian Games, 2019 –Doping Cases
From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>
Cc President NOC Pakistan <president@nocpakistan.org>, PSB <infopsb@sports.gov.pk>, Pakistan Sports Board <trainingpsb@yahoo.com>
Date 29-05-2020 1:08 pm



-
- 108 - (AFP - Violation of Anti-Doping Rules - 13th SAG).pdf (~309 KB)
 - Annex A (Manager Report).pdf (~3.1 MB)

Dear Sir,

Please find **attached** letter No. POA-108/MGS/13th SAG dated 29 May, 2020 regarding the subject.

Best regards,

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-108/MGS/13th SAG
29 May, 2020

Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Subject: **13TH South Asian Games, 2019 –Doping Cases**

Dear Sir,

Pakistan Olympic Association has already informed that it is closely reviewing the developments regarding the positive dope cases of three x athletes representing Pakistan Athletics Team in 13 SAG and the measures taken by the Athletics Federation of Pakistan.

We would like to refer the Manager Report of the Athletics Team (**Annex A**) submitted to Pakistan Olympic Association vide email dated 05 January, 2020. Unfortunately there was no mention of any Dope Test carried out by SAG Dope Testing Committee. Since the details of sample collection have not been mentioned/concealed in the Manager's Report and the Athletics Federation of Pakistan did not raise any query regarding the outcome of the Analysis of such samples prior to receipt of Adverse Analytical Findings of three athletes. On a query from the Pakistan Olympic Association the Secretary General AFP sent a message on Whatsapp dated 27th May, 2020 providing the details of the athletes whose samples were collected as part of the Doping Controls. To put the record straight, may we request AFP to please send us the list through an official correspondence giving not only the details of the Athletes whose Dope Test were carried out but also include the copies of the Athletes Doping Control Forms of each Athlete mentioned in the Whatsapp message. This should also be added to the Manager's Report already submitted as an additional document attached. As far as the matter of Government of Pakistan's Cash Awards, AFP should have first taken confirmations from all concerned organizations. POA was not informed of the awards scheduled and neither was it consulted.

Till such time that all AFFs procedures and formalities are completed the panel detailed by AFP should be put on hold pending final clearance. At this point in time, we will wait for the final conclusion of AAFs to take further measures.

Thanking you for your understanding.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Copy to:

- Lt Gen (R) Syed Arif Hasan, President, Pakistan Olympic Association.
- Director General, Pakistan Sports Board, Islamabad.

MANAGER REPORT

13TH SOUTH ASIAN GAMES 2019, KATHMANDU, NEPAL

13th South Asian Federations Games were held from 01-10 December 2019 at Kathmandu, Nepal. The following members of Pakistan Athletics Team participated in the event.

OFFICIALS		
Sr#	Name	Status
1.	Mrs. Humaira Mahmood	Team Leader
2.	Mr. Qaiser Mahmood Khan	Team Manager
3.	Mr. Asghar Ali Gill	Coach
4.	Syed Faiz Hussain Bokhari	Coach
5.	Mr. Muhammad Shahid Faqeer	Coach
6.	Miss. Seemi Rizvi Coach	Coach

ATHLETES			
Sr#	Name	Sr#	Name
1.	Mr. Arshad Nadeem	2	Mr. Umar Sadat
3.	Mr. Abdul Moeed	4.	Mr. Muhammad Ikram
5.	Mr. Sami Ullah	6.	Mr. Sohail Amir
7.	Mr. Nasir Ali	8.	Mr. Uzair Rehman
9.	Mr. Sharoz Khan	10.	Mr. Mehboob Ali
11.	Mr. Muhammad Shahbaz	12.	Mr. Muhammad Naeem
13.	Mr. Nokar Hussain	14.	Mr. Shams Ul Haq
15.	Ms. Sahib e Asra	16.	Ms. Najma Parveen
17.	Ms. Maria Maratab	18.	Ms. Rabia Ashiq
19.	Ms. Aneela Gulzar	20.	Ms. Esha Imran

PAKISTAN CONTIGENT ACCOMMODATION IN KATHMANDU, NEPAL

Pakistan contingent was provided accommodation in Skyline Hotel, Kathmandu, The hotel was located in a convenient location. The hotel Management and Staff were very co-operative and courteous, a farewell reception was given to our Team by the hotel Management.

FOOD & BEVERAGES

A variety of foods and juices were provided to the Pakistani Athletes, which were quite nutriment and sufficient for the athletes.

MEDICAL FACILITIES

The necessary and good medical facilities were available for Pakistani Contingent, which were provided by the organizing committee..

TRANSPORTATION

The proper transportation was provided by the organizing committee from Air Port to hotels, competition/warm-up and training venues.

TECHNICAL MEETING

Technical (Managers) Meetings held on 5th and 6th December 2019 in Kathmundu, Nepal.

TRAINING / COMPETITION VENUE

The best training facilities were provided to the Pakistani contingent by the organizers at the competition venue. Our Athletes took full advantages of these excellent facilities.

PERFORMANCE

The performance of Pakistani Athletes was excellent. The amazing performance of some of the team member was great like Mr. Arshad Nadeem for Javelin Throw with an amazing 86.29 meter which is a new South Asian Federation Games record, and with this new SAF record Mr. Arshad Nadeem also qualified for Tokyo Olympics 2020. Individual performance of athletes as under:-

Sr#	Name	Event	Medal
1	Arshad Nadeem	Javelin Throw	Gold
2	Uzair Rehman	200m	Gold
3	Mehboob Ali	400m Hurdles	Gold
4	Muhammad Naeem	110m Hurdles	Gold
5	Najma Parveen	400m Hurdles	Gold
6	Najma Parveen	200m	Silver
7	Sahib e Asra	4x400m Relay (W)	Silver
	Najma Parveen		
	Aneela Gulzar		
	Rabia Ashiq		
8	Samiullah	100m	Bronze
9	Sahib e Asra	400m	Bronze
10	Shams Ul Haq	Discuss Throw	Bronze
11	Umar Sadat	4x400m Relay (M)	Bronze
	Mehboob Ali		
	Abdul Moeed		
	Nokar Hussain		
12	Samiullah	4x100m Relay (M)	Bronze
	Muhammad Shahbaz		
	Uzair Rehman		
	Muhammad Naeem		
13	Sahib e Asra	4x100m Relay (W)	Bronze
	Najma Parveen		
	Aneela Gulzar		
	Esha Imran		

RECOMMENDATION/ SUGGESTION

We worked as a Team which resulted in exceptionally good results. All the team members were very co-operative and most of them followed the rules set by the Federation.

Pakistan Ambassador to Nepal Dr. Mazhar Javed was part of Medal award ceremony and also greeted the Pakistani Athletes. Secretary Ministry of IPC Govt of Pakistan Mr. Akbar Hussain Durrani was also among the dignitaries who visited the Pakistani contingent.

The team performed tremendously well under the leadership of President Athletics Federation of Pakistan, Major General (R) Muhammad Akram Sahi HI(M), SI(M), and due to his vision Pakistani team were able to win number of Medals.

In the end, I suggest that the extensive training session and modern techniques should be adopted for the Athletes. The talented and capable Athletes must be sent abroad for training which can bring outstanding results in the upcoming events.

It is very strongly recommended that our Javelin Thrower, Arshad Nadeem must be trained by a foreign Coach. He is a potential medal winner in the 2020 Tokyo Olympics. It is once in a century chance for Pakistan to win a Medal in Individual event in Olympics. It needs special attention by the Govt and POA.



Humaira Mahmood
Team Leader for 13th South Asian Games

Subject Re: 13th SOUTH ASIAN GAMES 1 – 10 DECEMBER, 2019
KATHMANDU – POKHARA, NEPAL – TEAM MANAGER'S
REPORT – "ANOTHER REMINDER"
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 05-01-2020 4:25 pm



-
- Manager Report.pdf (~224 KB)
 - ResultsDocumentation.pdf (~2.8 MB)

Dear Sir,

Please refer to your email dated 16/12/2019 on the subject matter.

As desired team leader/manager report along with complete results for the athletics competition of the subject mentioned games is attached.

OBSERVATIONS/COMMENTS AND RECOMMENDATIONS OF AFP ARE AS UNDER:

OBSERVATIONS/COMMENTS

On receipt of schedule of 13 South Asian Games AFP in various meetings of POA and PSB proposed strength of 30 male athletes, 12 female athletes and 08 officials for participation. The desired strength of the athletics contingent was not allocated/ approved so we were restricted to send the entries by number and by name to participate in the maximum events but restriction of participation of one athlete in two events was there.

We also requested POA to take up the matter for inclusion of Hammer Throw & Pole Vault (Men/Women) as we had bright chances of Gold Medals in these events but the same were not included in the championships.

In spite of all odds, absence of long term national training camp and less number of athletes, as compared to other participating countries, performance of Pak athletics team was exceptional and historical. Our athletes won 13 medals as detailed in the report. Not only our male athletes but also female athletes performed exceptionally well. Ms. Najma Parveen won 4 medals (1 Gold, 2 Silver, 1 Bronze) in the Games which never happened before. Mr. Arshad Nadeem established the New National Record, South Asian Federations Games Record and also qualified for the Tokyo Olympics 2020.

RECOMMENDATIONS

1. National Training camps for longer duration to impart training on scientific lines to the athletes

are essential and the same may be arranged for participation in the further international competitions.

2. Monetary incentives may be announced and awarded to the medal winners of the Games at the earliest. It is necessary for their motivation and acknowledgement of their performance.
3. A qualified foreign Coach may be hired for the coaching of our Javelin Thrower. In this regard AFP has already taken up the matter with PSB. We also requested World Athletics (IAAF) for the training of Mr. Arshad Nadeem through a foreign Coach. It has been replied that we should contact our NOC if the athletes can benefit from a scholarship from Olympic Solidarity. In this regard necessary steps may please be taken up.

Best regards,

Muhammad Zafar
Secretary General, AFP

From: Pakistan Olympic Association <info@nocpakistan.org>
Sent: Thursday, January 2, 2020 6:57 PM
To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>; PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc: President NOC Pakistan <president@nocpakistan.org>
Subject: 13th SOUTH ASIAN GAMES 1 – 10 DECEMBER, 2019 KATHMANDU – POKHARA, NEPAL – TEAM MANAGER'S REPORT – "ANOTHER REMINDER"

REMINDER

Dear Mr. Muhammad Zafar,
Kind attention is invited to below email of POA dated 28.12.2019. Required information / Report is still awaited from your side. Please send it to POA Secretariat without fail.
Thanking you for your understanding and cooperation.
Best regards,

Muhammad Khalid Mahmood,
Secretary General, POA

On 28-12-2019 12:07 pm, Pakistan Olympic Association wrote:

Dear Sir,
Kind attention is invited to below email of POA dated 21.12.2019. Required information / Report is still awaited from your side. Please send it to POA Secretariat without fail.
Thanking you for your understanding and cooperation.
Best regards,

Muhammad Khalid Mahmood

Secretary General, POA

On 21-12-2019 12:21 pm, Pakistan Olympic Association wrote:

Dear Sir,
Kind attention is invited to below email of POA dated 16.12.2019. Required information / Report is still awaited from your side. Please ensure to collect the same from your manager and send it to POA Secretariat on immediate basis.
Thanking you for your understanding and cooperation.
Best regards,

Muhammad Khalid Mahmood,

Secretary General, POA

----- Original Message -----

Subject: 13TH SOUTH ASIAN GAMES 1-10 DECEMBER, 2019 KATHMANDU-POKHARA, NEPAL - TEAM MANAGER'S REPORT

Date: 16-12-2019 8:52 pm

From: Pakistan Olympic Association <info@nocpakistan.org>

To: President NOC Pakistan <president@nocpakistan.org>

Dear Sir,

As a mandatory part, each Team Manager participate in the Games has to submit his/her Report to Pakistan Olympic Association directly or through its National Federation. All Team Managers were requested to provide their report during the 13th South Asian Games which is still awaited.

It is requested to please collect the same and send it to POA Secretariat latest by **20 December, 2019**.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood
Secretary General, POA

RESULT DAY 1

03-12-2019

Page 1 of 2

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

12/3/19 - 12/7/19

KATHMANDU, POKHARA, NEPAL

Event # 1 WOMENS 100m Dash

SAG RECORDS:K V DAMAYANTI HI DARSHA SRI 11.91 15

RESULTS OF FINALS Heat 1

1	ARCHANA SUSEENT .	IND	305	0:11.86
2	THANUJI AMASHA .	SRI	357	0:11.82
3	LAKSHIKA SUGAND .	SRI	356	0:11.84
4	HIMASHREE ROY .	IND	308	0:11.88
5	SHIRIN AKTER .	BAN	402	0:12.32
6	MIS SHARIFA KIA .	BAN	302	0:12.53
7	SARSWATI CHAUDH .	NEPAL	385	0:12.55
8	ESHA IMRAN .	PAK	355	0:12.69

RESULTS OF PRELIMS Heat 1

1	ARCHANA SUSEENT .	IND	305	0:11.99
2	THANUJI AMASHA .	SRI	357	0:12.07
3	MIS SHARIFA KIA .	BAN	302	0:12.55
4	ESHA IMRAN .	PAK	355	0:12.86
5	KRISINA CHADHAU	NEPAL	386	0:13.24

RESULTS OF PRELIMS Heat 2

1	LAKSHIKA SUGAND .	SRI	356	0:12.00
2	HIMASHREE ROY .	IND	308	0:12.11
3	SHIRIN AKTER .	BAN	402	0:12.40
4	SARSWATI CHAUDH .	NEPAL	385	0:12.57

Event # 5 WOMENS 1500m Run

SAG RECORDS:SUNITA RANI IND 4:14.23 1999

1	UDA KUBURALAGE .	SRI	364	4:34.34
2	CIANDA .	IND	321	4:34.51
3	CHITRA PALAKEEZ .	IND	320	4:35.46
4	GUNATHILAKA THU .	SRI	303	4:36.34
5	SARASWATI BHATT .	NLPAL	390	4:41.66
6	RABIA ASHIO .	PAK	353	5:05.52
7	SANU MAYA KARKI .	NEPAL	392	5:06.27
8	AISHATH JAJSIHA .	MDV	344	5:28.69
	NIMALI WALIWARS .	SRI	361	DNS

Event # 7 WOMENS 10000m Run

SAG RECORDS:SURIYA LOGANATHIAN IND 32:39.86 201

1	SANTOSHI SIREST .	NEPAL	393	35:07.94
2	KAVITA YADAV .	IND	325	35:07.95
3	NILANTHI LANKA .	SRI	367	35:59.02
4	HIRUNI KESARA W .	SRI	366	36:22.85
5	ARATI DATTATRAY .	IND	324	37:27.99
6	BISWARUPA BUDHA .	NEPAL	394	38:25.03
7	MARIYAM ABDUL K .	MDV	345	42:08.62

Event # 11 WOMENS High Jump

QUALIFY STARTING HEIGHT 140M

PROGRESSION OF HEIGHTS 140-150-155

160-165-169-173-175-2CM

SAG RECORDS:SANGEETHA MOHAN IND 1.81 2004

1	JISHNA M .	IND	351	1.73m
2	DULANJALBE KUMA .	SRI	373	1.69m
3	RUBINA YADAV .	IND	330	1.69m
4	MIUDITHA MADIUS .	SRI	374	1.65m
5	PLABONI HAQUE .	BAN	405	1.55m
	SHILA CHAUDHARY .	NEPAL	396	NM

Event # 19 MENS 100m Dash

RESULTS OF FINALS Heat 1

Event Meet Manager, www.goeagm.com

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

2/3/19 - 12/7/19

KATHMANDU, POKHARA, NEPAL

Event # 19 MENS 100m Dash**RESULTS OF FINALS Heat 1**

1	SAAID HASSAN .	MDV	152	0:10.49
2	IIMASHA EASHAN .	SRI	174	0:10.50
3	SAMI ULLAH .	PAK	160	0:10.66
4	UZAIR REHMAN .	PAK	161	0:10.70
5	MD ISMAIL .	BAN	106	0:10.75
6	VINOJ SURANJAYA .	SRI	175	0:10.79
7	GURINDERVIR SIN .	IND	115	0:10.81
8	MOHAMMED HASAN .	BAN	237	0:10.92

RESULTS OF PRELIMS Heat 1

1	IIMASHA LASHAN .	SRI	174	0:10.51
2	GURINDERVIR SIN .	IND	115	0:10.60
3	MD ISMAIL .	BAN	106	0:10.70
4	UZAIR REHMAN .	PAK	161	0:10.74
5	AASHISH CHALDHA .	NEPAL	209	0:11.01

RESULTS OF PRELIMS Heat 2

1	SAAID HASSAN .	MDV	152	0:10.66
2	SAMI ULLAH .	PAK	160	0:10.75
3	VINOJ SURANJAYA .	SRI	175	0:10.82
4	MOHAMMED HASAN .	BAN	237	0:10.96
5	YAM SAJAN SUNAR .	NEPAL	210	0:11.15

Event # 23 MENS 1500m Run

1	AJAY KUMAR SARO .	IND	125	3:54.81
2	AJEET KUMAR .	IND	126	3:57.18
3	TANKA KARKI .	NEPAL	218	3:59.20
4	SAJFEWA LAKMAL .	SRI	182	4:00.60
5	NASIR ALI .	PAK	167	4:07.11
6	KUPUN KUSHANTHA .	SRI	181	4:13.29
7	MADAV KUMAR CHA .	NEPAL	219	4:16.76
8	HUSSAIN RIZA .	MDV	153	4:22.89

Event # 29 MENS High Jump

QUALIFY STARTING HEIGHT 175 CM

PROGRESSION OF HEIGHTS 175-185-190

195-200-204-208-210+2CM

#SAG RECORDS:M.WIJESLAKARA SRI 2.20 2004

1	SARVESH ANIL KU .	IND	137	2.21m#
2	MAHFUZUR RAHMAN .	BAN	109	2.16m
3	CHETHAN BALASUB .	IND	138	2.14m
4	USHAN THIWANKA .	SRI	196	2.10m
5	SIAROZ KHAN .	PAK	171	2.04m
6	SURYA BHADUR K .	NEPAL	228	1.95m
6	SANJU THARUKA P .	SRI	197	1.95m

RESULT DAY 2

13TH SOUTH ASIAN GAMES 2019 KATHMANDU NEPAL						
RESULT DAY-2 04/12/2019						
Event # 25 MENS 10000m Run						
# SAG RECORDS:T GOPI . IND 29:10.53 2016						
1	SURESH KUMAR .	129	IND		29:33.61	
2	SHANMUGESWARAN .	185	SRI		30:49.20	
3	DEEPAK ADHIKARI .	222	NEPAL		30:50.06	
4	RANJEET KUMAR P .	130	IND		31:18.54	
5	GAJENDRA RAI .	223	NEPAL		31:45.95	
6	SANGAY .	112	BHU		32:47.22	
7	HUSSAIN FAZEEL .	154	MDV		35:01.74	
	SOHAIL AMIR .	165	PAK		DNF	
	SAMANTHA PUSHPA .	183	SRI		DNF	
Event # 32 MENS Discus Throw						
# SAG RECORDS:SHAKTI SINGH . IND 57.78 1995						
1	KIRPAL SINGH BA .	147	IND		57.88m	NMR
	55.62, 57.88, 56.54, 54.70, 56.68, 55.36					
2	GAGANDEEP SINGH .	146	IND		53.57m	
	51.78, 52.89, 51.93, X, X, 53.57					
3	SHAMS UL HAQ .	172	PAK		44.31m	
	44.31, 40.54, 43.35, X, X, X					
4	JANAKA THUSARA .	204	SRI		42.55m	
	41.17, 40.82, X, 38.17, 41.81, 42.55					
5	CHITRA BAHADUR .	230	NEPAL		39.65m	
	X, 38.23, X, X, 39.65, 37.90					
6	BINOD RAI .	231	NEPAL		37.84m	
	37.84, X, X, 36.53, X, 36.75					
Event # 28 MENS Long Jump						
# SAG RECORDS:ANKIT SHARMA . IND 7.89 2016						
1	LOKESH SATHYANA .	139	IND		7.87m	
	7.74 (0.0), X (0.0), 7.69 (0.0), X (0.0), 7.87 (0.0), X (0.0)					
2	SWAMINATHAN RAV .	140	IND		7.77m	
	7.54 (0.0), 7.62 (0.0), 7.46 (0.0), 7.57 (0.0), 7.51 (0.0), 7.77 (0.0)					
3	AL AMIN .	110	BAN		7.60m	
	7.16 (0.0), 7.39 (0.0), 7.50 (0.0), 7.50 (0.0), 7.60 (0.0), 7.49 (0.0)					
4	AMILA JAYASIRI .	198	SRI		7.59m	
	7.56 (-0.1), X (0.0), X (0.0), X (0.0), 7.52 (0.0), 7.59 (0.0)					
5	GAYAN SAMPATH J .	199	SRI		7.42m	
	6.93 (0.0), 7.42 (0.0), 7.33 (0.0), 7.41 (0.0), 7.39 (0.0), X (0.2)					
6	SHERBHADUR BIST .	225	NEPAL		6.85m	
	6.76 (0.0), 6.85 (0.0), 6.67 (0.0), X (0.0), X (0.3), 6.68 (0.0)					
7	BHUVAN MAHATO .	226	NEPAL		6.76m	
	X (0.0), 6.76 (0.0), 6.53 (0.0), 6.39 (0.0), X (0.1), X (0.0)					
Event # 20 MENS 200m Dash						
# SAG RECORDS:ROHAN PRADEEPKUMARA SRI 20.99 2004						
RESULTS OF FINALS Heat 1						
1	UZAIR REHMAN .	161	PAK	-0.3m/s	0:21.15	
2	VINOJ SURANJAYA .	175	SRI	-0.3m/s	0:21.19	
3	SAAD HASSAN .	152	MDV	-0.3m/s	0:21.22	
4	MUHAMMAD SHAHBA .	169	PAK	-0.3m/s	0:21.54	
5	SHASHIKANT VEER .	117	IND	-0.3m/s	0:21.61	
6	SHANMUGA SRINIV .	116	IND	-0.3m/s	0:21.64	
7	MD SAIFUL ISMAI .	101	BAN	-0.3m/s	0:21.70	
8	MOHAMED SAFAN A .	176	SRI	-0.3m/s	0:22.29	

RESULTS OF PRELIMS Heat 1						
1	MUHAMMAD SHAHBA .	169	PAK	-0.9m/s	0:21	Q
2	VINOJ SURANJAYA .	175	SRI	-0.9m/s	0:21	Q
3	SAAID HASSAN .	152	MDV	-0.9m/s	0:21	Q
4	SHASHIKANT VEER .	117	IND	-0.9m/s	0:22	q
5	AASHISH CHAUDHA .	209	NEPAL	-0.9m/s	0:22.47	
RESULTS OF PRELIMS Heat 2						
1	UZAIR REHMAN .	161	PAK	-0.5m/s	0:21	Q
2	MOHAMED SAFAN A .	176	SRI	-0.5m/s	0:21	Q
3	MD SAIFUL ISMAI .	101	BAN	-0.5m/s	0:22	Q
4	SHANMUGA SRINIV .	116	IND	-0.5m/s	0:22	q
5	ANAND DEV CHAUD .	211	NEPAL	-0.5m/s	0:24.02	
Event # 2 WOMENS 200m Dash						
# SAG RECORDS:K V DAMAYANTHI DARSHA SRI 22.68 1999						
RESULTS OF FINALS Heat 1						
1	ARCHANA SUSEENT .	305	IND	+0.7m/s	0:23.68	
2	NAJMA PARVEEN .	350	PAK	+0.7m/s	0:23.69	
3	CHANDRALEKHA AN .	311	IND	+0.7m/s	0:24.27	
4	NONA SHARMILA J .	358	SRI	+0.7m/s	0:24.37	
5	SAHIB E ASRA .	351	PAK	+0.7m/s	0:24.46	
6	THANUJI AMASHA .	357	SRI	+0.7m/s	0:24.54	
7	SHIRIN AKTER .	402	BAN	+0.7m/s	0:25.59	
8	SARSWATI CHAUDH .	385	NEPAL	+0.7m/s	0:26.26	
RESULTS OF PRELIMS Heat 1						
1	NAJMA PARVEEN .	350	PAK	-1.1m/s	0:24	Q
2	CHANDRALEKHA AN .	311	IND	-1.1m/s	0:25	Q
3	THANUJI AMASHA .	357	SRI	-1.1m/s	0:25	Q
4	SHIRIN AKTER .	402	BAN	-1.1m/s	0:25	q
5	KRISHNA CHADHAU .	386	NEPAL	-1.1m/s	0:27.49	
RESULTS OF PRELIMS Heat 2						
1	ARCHANA SUSEENT .	305	IND	+0.8m/s	0:24	Q
2	NONA SHARMILA J .	358	SRI	+0.8m/s	0:24	Q
3	SAHIB E ASRA .	351	PAK	+0.8m/s	0:24	Q
4	SARSWATI CHAUDH .	385	NEPAL	+0.8m/s	0:26	q
5	AISHATH HIMNA H .	343	MDV	+0.8m/s	0:26.22	
Event # 14 WOMENS Discus Throw						
1	NAVJEET KAUR DH .	338	IND		49.85m	
49.85, 48.38, 48.75, X, 49.08, X						
2	SURAVI BISWAS .	339	IND		47.31m	
45.82, X, 47.16, 46.11, 44.58, 47.31						
3	ISHARA MADURANG .	381	SRI		41.29m	
38.51, 41.29, 40.93, 39.92, 39.85, 40.27						
4	VINODENI VISHAN .	380	SRI		40.77m	
39.69, X, 38.88, 38.64, 36.82, 40.77						
5	AMRITA MAHATO .	399	NEPAL		40.15m	
X, 40.15, 37.81, 36.57, 38.04, 35.34						
Event # 10 WOMENS Long Jump						
# SAG RECORDS:MAYOOKHA JOHNY IND 6.43 2016						
1	LAKSHINI SARANG .	370	SRI		6.38m	
6.13 (0.0), 6.38 (0.0), 6.16 (-0.2), 6.25 (0.0), X (0.0), 5.98 (0.0)						
2	ANJANI UTHPALA .	376	SRI		6.11m	
6.11 (0.0), 6.05 (0.0), X (0.0), X (0.0), X (0.0), 6.06 (-0.1)						
3	SANDRA BABU .	332	IND		6.02m	
5.94 (0.0), X (0.0), X (0.0), 6.02 (0.0), X (0.0), X (0.0)						
4	PRIYANKA KERKET .	333	IND		5.94m	
5.38 (0.0), 5.85 (0.0), X (0.0), X (0.0), 5.78 (0.0), 5.94 (0.0)						

5	MST RINKI KHATU	406		BAN		5.70m		
	5.70 (0.0), X (0.0), X (0.0), 5.14 (0.0), X (0.0), 5.30 (0.0)							
6	SHILA CHAUDHARY	396		NEPAL		5.33m		
	5.14 (0.0), 5.31 (0.0), 5.33 (0.0), X (0.0), 5.18 (0.0), 5.16 (0.0)							

RESULT DAY 3

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, KATHMANDU, POKHARA , NEPAL

Event # 26 MENS 110m Hurdles

SAG RECORDS:GHULAM ABBAS PAK 14.11 1989

1	MUHAMMAD NAEEM .	168	PAK	-0.6m/s	0:14.30
2	SUREN DHAR JAYAK .	131	IND	-0.6m/s	0:14.37
3	ROSHAN DAMMIKA .	186	SRI	-0.6m/s	0:14.42
4	MAYMON POULOSE .	132	IND	-0.6m/s	0:14.56
5	HASHITH NIRMAL .	187	SRI	-0.6m/s	0:15.09
6	JEEVAN CHAUDHAR .	215	NEPAL	-0.6m/s	0:15.60
7	MIRZA HASAN .	103	BAN	-0.6m/s	0:15.73
8	CHANDRA DEV JOS .	224	NEPAL	-0.6m/s	0:16.39

Event # 30 MENS Triple Jump

SAG RECORDS:RENJIT MAHESWARY IND 16.45 2016

1	KARTHIK UNNIKRI .	141	IND		16.47m #
				15.51 (0.0), 16.25 (0.0), 16.47 (0.0), X (0.0), 15.85 (0.0), 16.34 (0.0)	
2	MOHAMMED SALAHU .	142	IND		16.16m
				X (0.0), 16.16 (0.0), X (0.0), X (0.0), 15.65 (0.0), X (0.0)	
3	SAFREEN AHMED N .	200	SRI		15.95m
				15.24 (0.0), 15.66 (0.0), 13.84 (0.0), X (0.0), 15.95 (0.0), X (0.0)	
4	SHRESHAN DHANAN .	201	SRI		15.91m
				X (0.0), 15.66 (0.0), 15.91 (0.0), 15.70 (0.0), 15.77 (0.0), 15.51 (-0.9)	
5	MD SHOHEL RANA .	111	BAN		14.29m
				13.51 (0.0), 14.29 (0.0), 14.26 (0.0), X (0.0), 14.15 (0.0), X (0.0)	
6	DILLI KHATRI .	227	NEPAL		14.01m
				X (0.0), X (0.0), 14.01 (0.0), X (0.0), 13.58 (0.0), 13.85 (0.0)	
7	BHUVAN MAHATO .	226	NEPAL		13.53m
				13.53 (0.0), 13.43 (0.0), X (0.0), X (0.0), X (-0.2), 13.40 (0.0)	

Event # 8 WOMENS 100m Hurdles

SAG RECORDS:SRIYANI KULAWANSA SRI 13.12 1999

1	LAKSHIKA SUGAND .	356	SRI	-0.7m/s	0:13.68
2	APARNA ROY .	326	IND	-0.7m/s	0:14.13
3	IRESHANI SACHIP .	368	SRI	-0.7m/s	0:14.18
4	KANIMOZHI CHAND .	327	IND	-0.7m/s	0:14.69
5	MARIA MARATAB .	354	PAK	-0.7m/s	0:15.23
6	TAMANNA AKTER .	404	BAN	-0.7m/s	0:15.47
7	PRAMILA THARU .	395	NEPAL	-0.7m/s	0:16.38

Event # 21 MENS 400m Dash

SAG RECORDS:ROHAN PRADEEPKUMARA SRI 45.77 2004

RESULTS OF FINALS

1	ARUNA DHARSHANA .	177	SRI		0:46.69
2	LAKMAL PRIYANTH .	178	SRI		0:46.79
3	JEEVAN KAREKOPP .	119	IND		0:47.42
4	NOKAR HUSSAIN .	164	PAK		0:47.73
5	UMAR SADAT .	162	PAK		0:48.05
6	RASHID .	120	IND		0:48.14
	MOHAMMAD JAHIR .	102	BAN		DNS
	MD ABU TALEB .	107	BAN		DNS

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, KATHMANDU, POKHARA , NEPAL

Event # 3 WOMENS 400m Dash

SAG RECORDS:K V DAMAYANTHI DARSHA SRI 52.11 1999

RESULTS OF FINALS

1	DILSHI MAHEESHA .	362	SRI	0:53.40
2	PRIYA HABBATHAN .	313	IND	0:54.31
3	SAHIB E ASRA .	351	PAK	0:54.58
4	VIJAYAKUMARI GO .	312	IND	0:54.78
5	KAWSHALYA MADHU .	360	SRI	0:55.63
6	SUMI AKTAR .	301	BAN	1:01.91
7	AISHATH HIMNA H .	343	MDV	1:02.25
	SHABIYA AL SOHA .	403	BAN	DNF

Event # 12 WOMENS Triple Jump

SAG RECORDS:MAYOOKHA JOHNY IND 13.85 2016

1	HASHINI PRABODH .	377	SRI	13.21m
				X (0.0), X (0.0), 12.68 (-0.9), 13.21 (0.0), 12.92 (0.0), 13.03 (0.0)
2	VIDUSHA LAKSHAN .	375	SRI	13.14m
				X (0.0), 12.36 (-0.3), 12.99 (0.0), X (0.0), 13.01 (-0.6), 13.14 (0.0)
3	BHAIRABI ROY .	334	IND	12.77m
				X (0.0), 12.14 (0.0), 12.35 (0.0), 12.64 (0.3), 12.77 (0.0), 12.51 (0.0)
4	SIVA ANBARASI M .	335	IND	12.58m
				X (0.0), 12.24 (0.0), X (0.0), 11.64 (0.0), X (0.0), 12.58 (0.0)
5	MARIA MARATAB .	354	PAK	12.10m
				11.93 (-1.0), X (0.0), 12.06 (0.0), X (0.0), 12.10 (0.0), X (0.0)
6	SHILA CHAUDHARY .	396	NEPAL	11.06m
				X (0.0), X (0.0), 11.06 (0.0), X (0.0), X (-0.5), X (0.0)

Event # 21 MENS 400m Dash

SAG RECORDS:ROHAN PRADEEPKUMARA SRI 45.77 2004

RESULTS OF FINALS

1	ARUNA DHARSHANA .	177	SRI	0:46.69
2	LAKMAL PRIYANTH .	178	SRI	0:46.79
3	JEEVAN KAREKOPP .	119	IND	0:47.42
4	NOKAR HUSSAIN .	164	PAK	0:47.73
5	UMAR SADAT .	162	PAK	0:48.05
6	RASHID .	120	IND	0:48.14
	MOHAMMAD JAHIR .	102	BAN	DNS
	MD ABU TALEB .	107	BAN	DNS

Event # 3 WOMENS 400m Dash

SAG RECORDS:K V DAMAYANTHI DARSHA SRI 52.11 1999

RESULTS OF FINALS

1	DILSHI MAHEESHA .	362	SRI	0:53.40
2	PRIYA HABBATHAN .	313	IND	0:54.31
3	SAHIB E ASRA .	351	PAK	0:54.58
4	VIJAYAKUMARI GO .	312	IND	0:54.78
5	KAWSHALYA MADHU .	360	SRI	0:55.63
6	SUMI AKTAR .	301	BAN	1:01.91
7	AISHATH HIMNA H .	343	MDV	1:02.25
	SHABIYA AL SOHA .	403	BAN	DNF

RESULT DAY 4

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, KATHMANDU, POKHARA , NEPAL

Event # 27 MENS 400m Hurdles

SAG RECORDS:GHULAM ABBAS PAK 50.14 1991

1	MEHBOOB ALI .	163	PAK	0:50.71
2	JABIR MADARI PA .	133	IND	0:51.42
3	SANTHOSH KUMAR .	121	IND	0:51.98
4	ASANKA INDRAJIT .	188	SRI	0:54.33
5	ASITHA THARANGA .	189	SRI	0:54.93
6	RAM PRASAD THAR .	214	NEPAL	0:54.95
7	NIR PRATAP MAHA .	212	NEPAL	0:55.71
8	MD EBAD ALI .	235	BAN	0:55.81

Event # 31 MENS Shot Put

SAG RECORDS:BAHADUR SINGH SAGOO IND 19.15 1999

1	TAJINDERPAL SIN .	144	IND	20.03m #
	19.61, X, 20.03, X, X, 19.80			
2	OM PRAKASH SING .	145	IND	17.31m
	16.26, X, 17.08, 17.31, 16.46, X			
3	SAMITH MADUSANK .	202	SRI	15.55m
	14.68, 15.30, 15.52, X, 14.48, 15.55			
4	RADITH SAMITHA .	203	SRI	14.75m
	14.14, 14.21, 14.75, 14.58, 14.30, 14.45			
5	TANKA PRASAD DA .	229	NEPAL	13.09m
	X, X, 11.85, 12.96, 12.70, 13.09			
6	CHITRA BHADUR .	230	NEPAL	12.32m
	11.97, 11.71, 12.32, X, 12.08, 12.12			

Event # 9 WOMENS 400m Hurdles

SAG RECORDS:P.T. USHA .IND 57.18 1987

1	NAJMA PARVEEN .	350	PAK	1:00.35
2	KAWSHALYA MADHU .	360	SRI	1:00.40
3	VEERPAL KAUR .	328	IND	1:01.38
4	NIROSHIKA LAKMA .	369	SRI	1:03.36
5	JAUNA MURMU .	329	IND	1:03.41
6	KALPANA SHRESTH .	389	NEPAL	1:11.98

Event # 24 MENS 5000m Run

SAG RECORDS:MAN SINGH .IND 14:02.04 2016

1	GOPI CHAND PARK .	220	NEPAL	14:54.20
2	SUNIL DAWAR .	128	IND	14:55.21
3	HARI KUMAR RIMA .	221	NEPAL	14:57.05
4	SAMANTHA PUSHPA .	183	SRI	14:58.57
5	BUGATHA SRINU .	127	IND	15:04.02
6	SHANMUGESWARAN .	185	SRI	15:06.59
7	GAWA ZANGPO .	113	BHU	15:16.84
8	SOHAIL AMIR .	166	PAK	15:20.68
9	NASIR ALI .	167	PAK	15:58.53
	HUSSAIN FAZEEL .	154	MDV	DNS

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, KATHMANDU, POKHARA , NEPAL

Event # 6 WOMENS 5000m Run

SAG RECORDS:SURIYA LOGANATHAN IND 15:45.75 2016

1	UDA KUBURALAGE .	364	SRI	16:55.18
2	PARUL CHAUDHARY .	322	IND	16:57.49
3	PRITI LAMBA .	323	IND	17:09.32
4	SANTOSHI SHREST .	393	NEPAL	17:13.68
5	GOMA PRADHAN .	304	BHU	17:24.21
6	NIMESHA MADUSHA .	365	SRI	17:40.71
	RABIA ASHIQ .	353	PAK	DNF
	BISWARUPA BUDHA .	394	NEPAL	DNS

Event # 34 MENS 4x100m Relay

SAG RECORDS:INDIA . IND 39.91 2004

1	SRI F		SRI	0:39.14	#
	174 HIMASHA EASHAN .		191 CHANUKA SANDEEP .		
	175 VINOJ SURANJAYA .		190 YUPUN PRIYADARS .		
2	IND C		IND	0:39.97	
	135 HARJIT SINGH .		115 GURINDERVIR SIN .		
	136 PRANAV KALAPPUR .		114 AMIYA KUMAR MAL .		
3	PAK A		PAK	0:40.50	
	160 SAMI ULLAH .		169 MUHAMMAD SHAHBA		
	161 UZAIR REHMAN .		168 MUHAMMAD NAEEM .		
4	BAN D		BAN	0:40.76	
	104 ABDUR ROUF .		106 MD ISMAIL .		
	105 SHARIFUL .		237 MOHAMMED HASAN .		
5	MDV F		MDV	0:42.34	
	155 IBADULLA ADAM .		157 NUJOOM HASSAN .		
	158 MOHAMED JALAAIL .		152 SAAID HASSAN .		
6	NEPAL B		NEPAL	0:42.72	
	209 AASHISH CHAUDHA .		215 JEEVAN CHAUDHAR .		
	211 ANAND DEV CHAUD .		210 YAM SAJAN SUNAR .		

Event # 13 WOMENS Shot Put

SAG RECORDS:MANPREET KAUR IND 17.94 2016

1	ABHA KHATUA .	336	IND	15.32m
	14.89, 15.04, X, 14.80, 15.29, 15.32			
2	THARIKA KUMUDUM .	378	SRI	14.35m
	13.66, 13.52, 13.79, 14.35, 13.60, 13.64			
3	KACHNAR CHAUDHA .	337	IND	13.66m
	12.84, 12.69, 12.46, 13.17, 12.52, 13.66			
4	NADEEKA DARSHAN .	379	SRI	13.25m
	12.59, 12.78, 12.66, 12.92, 12.64, 13.25			
5	CHANDRA KALA LA .	397	NEPAL	12.52m
	11.93, 12.41, 12.17, 11.59, 12.52, 12.39			

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, KATHMANDU, POKHARA, NEPAL**Event # 16 WOMENS 4x100m Relay**

SAG RECORDS:SRI LANKA . . 44.63 2006

1	SRI F	356 LAKSHIKA SUGAND . 371 SADEEPA HENRY H .	SRI	370 LAKSHINI SARANG . 357 THANUJI AMASHA .	0:44.89
2	IND C	308 HIMASHREE ROY . 305 ARCHANA SUSEENT .	IND	311 CHANDRALEKHA AN . 306 DANESHWARI ASHO .	0:45.36
3	PAK A	351 SAHIB E ASRA . 352 ANEELA GULZAR .	PAK	350 NAJMA PARVEEN . 355 ESHA IMRAN .	0:46.74
4	BAN D	302 MIS SHARIFA KHA . 303 SOHAGI AKTER .	BAN	404 TAMANNA AKTER . 402 SHIRIN AKT .	0:47.20
5	NEPAL B	386 KRISHNA CHADHAU . 387 ARUNA RIJAL .	NEPAL	395 PRAMILA THARU . 385 SARSWATI CHAUDH .	0:49.87
6	MDV E	346 MARIYAM ALHAA H . 348 SARAA MASSOOD .	MDV	343 AISHATH HIMNA H . 349 RIFA MOHAMED .	0:50.16

RESULT DAY 5

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, KATHMANDU, POKHARA, NEPAL

Event # 36 MENS 42KM Marathon

#SAG RECORDS:B.MANANDHAR NEP 2::15.03 1987

1	KIRAN SINGH BOG .	233	NEPAL	2:21:17.00
2	RASHPAL SINGH .	150	IND	2:21:57.00
3	SHRE SINGH .	151	IND	2:22:07.00
4	HOM LAL SHRESHT .	234	NEPAL	2:24:31.00
5	PRADEEP DHAMMIK .	207	SRI	2:28:43.00
6	SISIRA KUMARA W .	208	SRI	2:29:13.00
7	SHIFAZ MOHAMED .	159	MDV	2:58:38.00
	SOHAIL AMIR .	166	PAK	DNF

Event # 18 WOMENS 42KM Marathon

SAG RECORDS:V SATHYABHAMA . IND 2:38.10 1995

1	HIRUNI KESARA W .	366	SRI	2:41:24.00
2	PUSHPA BHANDARI .	401	NEPAL	2:50:11.00
3	JYOTI GAWATE	317	IND	2:52:44.00
4	MAHAMARALALAGE .	384	SRI	2:59:43.00
5	JIGMET DOLMA .	342	IND	3:07:24.00
6	MARIYAM ABDUL K .	345	MDV	3:21:54.00
	RAJPURA PACHCHA .	400	NEPAL	DNF

Event # 15 WOMENS Javelin Throw

SAG RECORDS:SUMAN DEVI IND 59.45 2016

1	NADEESHA DILHAN .	383	SRI	55.02m
	52.33, 49.29, X, X, X, 55.02			
2	NADEEKA LAKMALI .	382	SRI	54.41m
	48.62, 54.40, 52.05, 50.76, 50.15, 54.41			
3	KUMARI SHARMILA .	341	IND	53.64m
	49.83, X, X, 45.78, 50.34, 53.64			
4	SANJANA CHOUDHA .	340	IND	47.63m
	X, X, X, 47.63, X, 45.53			
5	LAXMI THARU .	398	NEPAL	45.27m
	38.58, 42.85, 45.27, 37.20, 43.56, X			
6	CHANDRA KALA LA .	397	NEPAL	44.42m
	37.58, 38.53, 33.81, 44.20, 44.42, 40.95			

Event # 33 MENS Javelin Throw

SAG RECORDS:NEERAJ CHOPRA IND 82.23 2016

1	ARSHAD NADEEM .	173	PAK	86.29m #
	78.74, X, 86.29, 83.17, 85.86, 82.13			
2	SHIVPAL SINGH .	149	IND	84.16m #
	80.24, 84.16, X, X, 82.63, 83.59			
3	SUMEDHA JAGATH .	205	SRI	74.97m
	74.30, X, X, 74.97, X, X			
4	WARUNA LAKSHAN .	206	SRI	72.33m
	71.95, 72.33, X, X, 70.23, 69.54			
5	ARSHDEEP SINGH .	148	IND	70.42m
	68.77, X, 68.04, X, 70.42, 68.49			
6	ROHIT CHAUDHARY .	232	NEPAL	59.27m
	59.15, 59.27, 51.36, X, 55.13, 53.03			

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

07-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA , NEPAL

Event # 22 MENS 800m Run

# SAG RECORDS:RANJIT SUBASINGHE SRI 1:47.56 1993				
1	INDUNIL MADUSHA .	179	SRI	1:50.52
2	MOHAMMED AFSAL .	123	IND	1:51.25
3	SOM BAHADUR KUM .	216	NEPAL	1:51.44
4	RUSIRU CHATHJURA .	180	SRI	1:51.51
5	ANKIT .	124	IND	1:52.32
6	MUHAMMAD IKRAM .	165	PAK	1:54.19
7	HUSSAIN RIZA .	153	MDV	1:56.51
8	UMESH MARSANGDI .	217	NEPAL	1:59.55

Event # 4 WOMENS 800m Run

# SAG RECORDS:SHINY WILSON . IND 1:59.85 1995				
1	DULSHI MAHEESHA .	362	SRI	2:06.18
2	GUNAIHILAKA THU .	363	SRI	2:08.52
3	LILY DAS .	319	IND	2:08.97
4	SARASWATI BHATT .	390	NEPAL	2:12.67
5	CHITRA PALAKELEZ .	320	IND	2:13.13
6	ANEELA GULZAR .	352	PAK	2:18.52
7	PHUMATI RANA .	391	NEPAL	2:23.84
8	AISHATH JAAISHA .	344	MDV	2:38.02
	SUMI AKTAR .	301	BAN	DNF

Event # 35 MENS 4x400m Relay

# SAG RECORDS:SRI LANKA SRI 3:05.28 2004					
1	SRI S		SRI		3:08.04
		177 ARLNA DHARSHANA .		195 SENIRA DUJAKSHA .	
		193 RAJITHANERANJA .		178 LAKMAL PRIYANTU .	
2	IND I		IND		3:08.21
		119 JEEVAN KAREKOPP .		121 SANTHOSH KUMAR .	
		122 ANGREJ SINGH .		133 JABIR MADARI PA .	
3	PAK P		PAK		3:08.24
		162 UMAR SADAT .		163 MEHBOOB ALI .	
		170 ABDUL MOHID .		164 NOKAR HUSSAIN .	
4	BAN B		BAN		3:15.50
		107 MD ABC TALEB .		108 MD MASUD RANA .	
		101 MD SAIFUL ISMAIL .		102 MOHAMMAD JAHIR .	
5	NEPAL N		NEPAL		3:23.78
		214 RAM PRASAD THAR .		215 JEEVAN CHAUDHAR .	
		213 SIMAN PANDEY .		212 NIR PRATAP MAHA .	
	MDV M		MDV		DNS
	MDV M		MDV		DNS

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

07-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA , NEPAL

Event # 17 WOMENS 4x400m Relay

SAG RECORDS:INDIA . . 3:32.35 1999

1	SRI S		SRI		3:41.10
	372	OMAYA UDAYANGAN .	363	GUNATHILAKA THU .	
	360	KAWSILALIYA MADHU .	362	DILSHI MAHEESHA .	
2	PAK P		PAK		3:41.74
	351	SAHIB F ASRA .	352	ANEEL A GULZAR .	
	353	RAMA ASHIQ .	350	NAJMA PARVEEN .	
3	IND I		IND		3:41.81
	313	PRIYA HABBATHAN .	312	VIJAYAKUMARI GO .	
	318	MANTSHA KUSHWAL .	314	NANCY .	
4	BAN B		BAN		4:00.55
	403	SHABIYA AL SOHA .	302	MIS SHARIFA KHA .	
	301	SUMI AK TAR .	402	SHIRIN AKT .	
5	NEPAL N		NEPAL		4:04.91
	388	SANGITA MECHE .	389	KALPANA SHRESTHI .	
	387	ARUNA RIJAL .	390	SARASWATI BHATT .	
6	MDV M		MDV		4:31.22
	348	SARAA MASSOOD .	344	AISHATH JAAJISHA .	
	349	RIFA MOHAMED .	343	AISHWATHI HIMNA H	

Subject Meeting of the AFP Committee

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To 'Makram sahi' <sahi49@gmail.com>, PSB <infopsb@sports.gov.pk>, sultan satti <sultan.satti@gmail.com>, Pakistan Olympic Association <info@nocpakistan.org>, 'Salman Iqbal Butt' <discuss786@gmail.com>, Army Sports Directorate <asdirectorate@gmail.com>, Wapda Sports Board <wapdasports@hotmail.com>
Date 29-05-2020 8:15 pm

**No. AFP/C-13/20****Dated: 29.05.2020**Subject: **Meeting of the AFP Committee**

In the light of POA's letter received vide No. POA-108/MGS/13th SAG dated 29th May 2020 meeting of the AFP Committee scheduled on 30-05-2020 at Jinnah Stadium Pakistan Sports Complex Islamabad is hereby postponed.

Next date of the meeting will be conveyed shortly.

Best regards,

Muhammad Zafar
Secretary General, AFP

Distribution:-

- Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP/ Vice President AAA
- Director General, PSB Islamabad
- Brig (R) Sultan Mehmood Satti, Convener of the Committee
- Muhammad Khalid Mehmood, Secretary General POA
- All Members of the Committee
- Secretary Army Sports Directorate
- General Secretary WAPDA Sports Board
- Concerned Athletes



Subject Fw: Doping control form.
From hafizimran butt <hafizimranbutt@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Reply-To hafizimranbutt@yahoo.com <hafizimranbutt@yahoo.com>
Date 30-05-2020 4:41 pm

- New Doc 2020-05-30_1.jpg (~96 KB)
- New Doc 2020-05-30 (1)_1.jpg (~127 KB)

Dear sir

Doping forms of weight lifters given during SA games

Sent from Yahoo Mail on Android

----- Forwarded message -----

From: "Ali Salmi" <alisalmi15058@yahoo.com>
To: "Hafizimran Butt" <hafizimranbutt@yahoo.com>
Cc:
Sent: Sat, 30 May 2020 at 16:02
Subject: Doping control form.

Sent from Yahoo Mail on Android

DOPING CONTROL FORM

1. ATHLETE INFORMATION

TEST APPROVED BY: SARAFI	DATE OF BIRTH: 02/02/1995
MAPA COLLECTION AUTHORITY: SAG ANTI-DOPING COMMITTEE	WEIGHT: 400g
TEST MANAGEMENT AUTHORITY: SARAFI	RECORD TYPE: ACC
TEAM NAME: ALI	SPORT/DEPARTMENT: WEIGHT-LIFTING
COUNTRY: PAKISTAN	ORGANIZATION: PAKISTANI NDOC
ADDRESS: ()	COACH NAME: HAMIDAN NAZIR

2. NOTIFICATION

TYPE OF TEST REQUESTED: URINE BLOOD

DATE OF SAMPLE: 06/12/2019

LOCATION: NEPAL

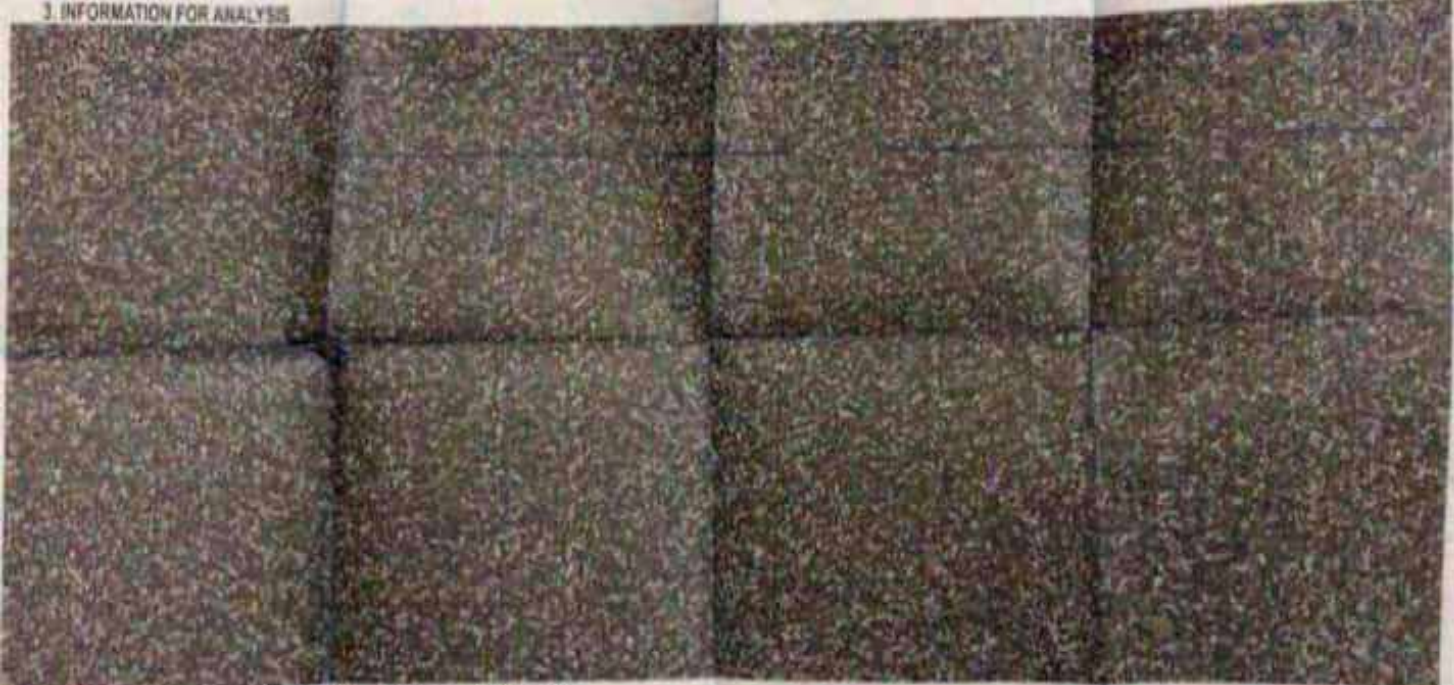
TIME: 16:29

TEST OFFICER NAME: SOPHIYA SHRESTHA

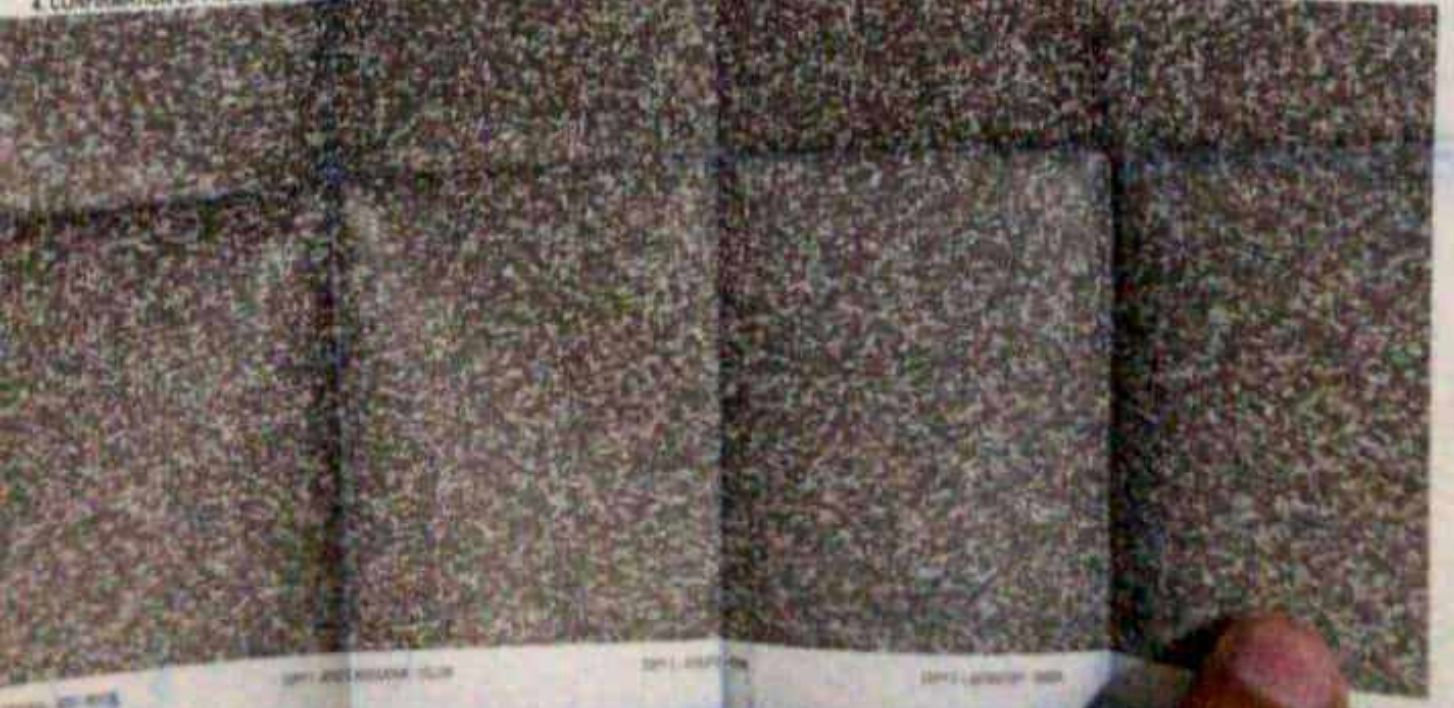
TEST OFFICER SIGNATURE: *[Signature]*

ATHLETE SIGNATURE: *[Signature]*

3. INFORMATION FOR ANALYSIS



4. CONFIRMATION OF PROCEDURE FOR URINE AND/OR BLOOD TESTING



Subject **PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To 'Makram sahi' <sahi49@gmail.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, sujan shrestha <sujanlal_jessica@yahoo.com>, aaa <sec@asianathleticsassociation.org>, Jee ISRAM <jee.isram@worldathletics.org>, Pakistan Olympic Association <info@nocpakistan.org>, Army Sports Directorate <asdirectorate@gmail.com>
Date 30-05-2020 6:11 pm



No. AFP/ C - 13/20
Dated: 30-05-2020

Mr. Mehboob Ali
Athlete

Subject : **PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**

You, Mr. Mehboob Ali athlete, were the part of the Pak Athletics team which participated in the 13th South Asian Games held from 1-10 December 2019 at Kathmandu, Nepal. Subsequently on 20-05-2020 the Chairman Anti-doping Committee 13th South Asian Games (SAG) issued AAF Notice of Charge and Mandatory Provisional Suspension on the basis of Adverse Analytical Findings (AAF) of **Sample A** given by you during the 13th SAG.

Reply of the notice has since been given by you to the Chairman Anti-Doping committee 13th South Asian Games on 27-05-2020.

Keeping in view the ongoing mentioned proceedings of the Anti-Doping organization 13th SAG, the management of AFP has decided to place you under provisional suspension with immediate effect till the final outcome / decisions in the matter.

Muhammad Zafar
Secretary General, AFP

Distribution:-

- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Dr. Saroj K. Shrestha, Chairman Anti doping Organization 13th SAG
- Sujan Lal Shrestha, Executive Secretary, Nepal Olympic Committee with reference email dated 20-05-2020
- General Secretary Asian Athletics Association
- Mr. Jee Isram, Member Federations Relations Senior Manager, Head of Protocol, World Athletics
- Secretary General Pakistan Olympic Association
- Secretary Army Sports Directorate

Subject **PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To 'Makram sahi' <sahi49@gmail.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, sujan shrestha <sujanlal_jessica@yahoo.com>, aaa <sec@asianathleticsassociation.org>, Jee ISRAM <jee.isram@worldathletics.org>, Pakistan Olympic Association <info@nocpakistan.org>, Army Sports Directorate <asdirectorat@gmail.com>
Date 30-05-2020 6:17 pm



No. AFP/ C - 13/20
Dated: 30-05-2020

Mr. Muhammad Naeem
Athlete

Subject : **PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**

You, Mr. Muhammad Naeem athlete, were the part of the Pak Athletics team which participated in the 13th South Asian Games held from 1-10 December 2019 at Kathmandu, Nepal. Subsequently on 20-05-2020 the Chairman Anti-doping Committee 13th South Asian Games (SAG) issued AAF Notice of Charge and Mandatory Provisional Suspension on the basis of Adverse Analytical Findings (AAF) of **Sample A** given by you during the 13th SAG.

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Muhammad Zafar
Secretary General, AFP

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- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Dr. Saroj K. Shrestha, Chairman Anti doping Organization 13th SAG
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- General Secretary Asian Athletics Association
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- Secretary General Pakistan Olympic Association
- Secretary Army Sports Directorate

Subject **PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To 'Makram sahi' <sahi49@gmail.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, sujan shrestha <sujanlal_jessica@yahoo.com>, aaa <sec@asianathleticsassociation.org>, Jee ISRAM <jee.isram@worldathletics.org>, Pakistan Olympic Association <info@nocpakistan.org>, Wapda Sports Board <wapdasports@hotmail.com>
Date 30-05-2020 6:20 pm



No. AFP/ C - 13/20
Dated: 30-05-2020

**Mr. Samiullah
Athlete**

Subject : **PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**

You, Mr. Samiullah athlete, were the part of the Pak Athletics team which participated in the 13th South Asian Games held from 1-10 December 2019 at Kathmandu, Nepal. Subsequently on 20-05-2020 the Chairman Anti-doping Committee 13th South Asian Games (SAG) issued AAF Notice of Charge and Mandatory Provisional Suspension on the basis of Adverse Analytical Findings (AAF) of **Sample A** given by you during the 13th SAG.

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Secretary General, AFP

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- Dr. Saroj K. Shrestha, Chairman Anti doping Organization 13th SAG
- Sujan Lal Shrestha, Executive Secretary, Nepal Olympic Committee with reference email dated 20-05-2020
- General Secretary Asian Athletics Association
- Mr. Jee Isram, Member Federations Relations Senior Manager, Head of Protocol, World Athletics
- Secretary General Pakistan Olympic Association
- General Secretary WAPDA Sports Board

Subject Re: 13th South Asian Games, 2019 – Final Consequences of Adverse Analytical Findings & Hearing Proceedings & Doping Cases
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc President NOC Pakistan <president@nocpakistan.org>, <saroshmanepal@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, Nilendra Shrestha <nilendrashrestha@gmail.com>
Date 31-05-2020 8:32 pm



-
- Letter from NOC Nepal.pdf (~125 KB)

Dear Sir:

With reference to your below mail & letter, please find the attached file which is self explanatory.

Thanking you.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

On Friday, 29 May 2020, 11:34:25 am GMT+5:45, Pakistan Olympic Association <info@nocpakistan.org> wrote:

Dear Sir,

Hope this email finds you well, safe and healthy during this difficult time of pandemic.

Please find **attached** letter regarding the subject for your kind perusal.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association / NOC Pakistan



Nepal Olympic Committee



Mr. Mohammad Khalid
Secretary General
Pakistan Olympic Committee

Re: 13th South Asian Games, 2019-Final Consequences of AAF

Dear Mr. Khalid:

Greetings from Nepal Olympic Committee.

In regard to the above subject, we received your letter and well noted .

Regarding your queries on above subject matter, we have already sent you the address of WADA accredited lab ,its report and 13 SAG Anti-Doping Rules which we had received from the 13 SAG Anti-Doping Committee. We believe that you are pretty much clear on this issues and you are well aware of all the rules and its consequences of Adverse Analytical Finding.

Therefore we request you to proceed for the analysis of the B Sample as per the code. Further necessary action will be taken after receiving results of B Sample.

Thanking you in advance for your understanding.

Kathmandu, May 31, 2020

Best regards,

Nilendra Raj Shrestha
Secretary General



Subject Re: Re: 13th South Asian Games, 2019 – Final Consequences of Adverse Analytical Findings & Hearing Proceedings & Doping Cases
From arif hasan <arifhasan19@gmail.com>
To POA <info@nocpakistan.org>
Date 01-06-2020 3:38 am



Please ask AFP for immediate necessary action.

On Sun, 31 May 2020, 20:40 , <info@nocpakistan.org> wrote:

Respected Sir

The email received from NOC Nepal on subject is attached for your kind perusal please.

Highest regards
Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

----- Forwarded message -----

From: sujan shrestha <sujanlal_jessica@yahoo.com>

Date: 31 May 2020 8:32 pm

Subject: Re: 13th South Asian Games, 2019 – Final Consequences of Adverse Analytical Findings & Hearing Proceedings & Doping Cases

To: Pakistan Olympic Association <info@nocpakistan.org>

Cc: President NOC Pakistan <president@nocpakistan.org>, saroshmanepal@gmail.com, Nepal Olympic Committee

<info@nocnepal.org.np>, Nilendra Shrestha <nilendrashrestha@gmail.com>

Dear Sir:

With reference to your below mail & letter, please find the attached file which is self explanatory.

Thanking you.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

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Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association / NOC Pakistan

Subject **PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**
From aaa . <sec@asianathleticsassociation.org>
To PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, 'Makram sahi' <sahi49@gmail.com>, 'Dr Saroj Shreesta' <saroshmanepal@gmail.com>, 'sujan shrestha' <sujanlal_jessica@yahoo.com>, Jee ISRAM <jee.isram@worldathletics.org>, 'Pakistan Olympic Association' <info@nocpakistan.org>, 'Army Sports Directorate' <asdirectorate@gmail.com>
Cc <president@asianathleticsassociation.org>, <irfvas@gmail.com>
Date 01-06-2020 11:22 am



Dear Mr Zafar,

Thank you for the email informing us about your 3 athletes. We appreciate your prompt action taken by the Athletic Federation of Pakistan and Asian AA stands in line with you to deal with the case in accordance to WADA rules.

Thank you and with kind regards

A Shuggumarran
Secretary General
Asian AA

From: PAK - Athletics Federation Of Pakistan <[pak@mf.worldathletics.org](mailto: pak@mf.worldathletics.org)>
Sent: 30 พฤษภาคม 2020 20:11
To: 'Makram sahi' <[sahi49@gmail.com](mailto: sahi49@gmail.com)>; Dr Saroj Shreesta <[saroshmanepal@gmail.com](mailto: saroshmanepal@gmail.com)>; sujan shrestha <[sujanlal_jessica@yahoo.com](mailto: sujanlal_jessica@yahoo.com)>; aaa <[sec@asianathleticsassociation.org](mailto: sec@asianathleticsassociation.org)>; Jee ISRAM <[jee.isram@worldathletics.org](mailto: jee.isram@worldathletics.org)>; Pakistan Olympic Association <[info@nocpakistan.org](mailto: info@nocpakistan.org)>; Army Sports Directorate <[asdirectorate@gmail.com](mailto: asdirectorate@gmail.com)>
Subject: PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY

No. AFP/ C - 13/20

Dated: 30-05-2020

Mr. Mehboob Ali

Athlete

Subject : **PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**

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Reply of the notice has since been given by you to the Chairman Anti-Doping committee 13th South Asian Games on 27-05-2020.

Keeping in view the ongoing mentioned proceedings of the Anti-Doping organization 13th SAG, the management of AFP has decided to place you under provisional suspension with immediate effect till the final outcome / decisions in the matter.

Muhammad Zafar

Secretary General, AFP

Distribution:-

- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Dr. Saroj K. Shrestha, Chairman Anti doping Organization 13th SAG
- Sujan Lal Shrestha, Executive Secretary, Nepal Olympic Committee with reference email dated 20-05-2020
- General Secretary Asian Athletics Association
- Mr. Jee Isram, Member Federations Relations Senior Manager, Head of Protocol, World Athletics
- Secretary General Pakistan Olympic Association
- Secretary Army Sports Directorate

Subject Adverse Analytical Findings – 13th South Asian Games, 2019
From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>
Cc President NOC Pakistan <president@nocpakistan.org>, Info <info@nocpakistan.org>, Nepal Olympic Committee <info@nocnepal.org.np>, Nilendra Shrestha <nilendrashrestha@gmail.com>, <saroshmanepal@gmail.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, sujan shrestha <sujanlal_jessica@yahoo.com>
Date 01-06-2020 11:08 am



-
- 112 - (AFP - Violation of Anti-Doping Rules - 13th SAG).pdf (~310 KB)

POA-112/MGS/13th SAG

01 June, 2020

Mr. Muhammad Zafar

Secretary General

Athletics Federation of Pakistan

Dear Sir,

As advised by the NOC Nepal vide email / letter dated 31 May, 2020, you may proceed for the B Sample Analysis of athletes strictly in accordance with WADA Code & Guidelines. The matter shall be further processed after receipt of the results of the B Sample as per the advice of the NOC Nepal in accordance with the Anti Doping Rules.

An immediate action shall be highly appreciated.

Best regards,

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

Copy to:

- Lt Gen (R) Syed Arif Hasan, President, Pakistan Olympic Association / NOC Pakistan.
- Mr. Jeevan Ram Shrestha, President, Nepal Olympic Committee.
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019.
- Dr. Waqar Ahmad, Chairman Anti Doping Organization of Pakistan.

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-112/MGS/13th SAG
01 June, 2020

Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Subject: **Adverse Analytical Findings – 13th South Asian Games, 2019**

Dear Sir,

As advised by the NOC Nepal vide email / letter dated 31 May, 2020, you may proceed for the B Sample Analysis of athletes strictly in accordance with WADA Code & Guidelines. The matter shall be further processed after receipt of the results of the B Sample as per the advice of the NOC Nepal in accordance with the Anti Doping Rules.

An immediate action shall be highly appreciated.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Copy to:

- Lt Gen (R) Syed Arif Hasan, President, Pakistan Olympic Association / NOC Pakistan.
- Mr. Jeevan Ram Shrestha, President, Nepal Olympic Committee.
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019.
- Dr. Waqar Ahmad, Chairman Anti Doping Organization of Pakistan.



Subject Re: **PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To aaa . <sec@asianathleticsassociation.org>
Cc 'Makram sahi' <sahi49@gmail.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, sujan shrestha <sujanlal_jessica@yahoo.com>, Jee ISRAM <jee.isram@worldathletics.org>, Pakistan Olympic Association <info@nocpakistan.org>, Army Sports Directorate <asdirecatorate@gmail.com>, president@asianathleticsassociation.org <president@asianathleticsassociation.org>, irfvas@gmail.com <irfvas@gmail.com>
Date 01-06-2020 5:17 pm

Dear Mr. Shuggumarran,

Thanks for your encouragement and appreciation. We assure you that further proceedings in the subject matter, will be taken in the light of laid down codal formalities and procedures.

Best regards,

Muhammad Zafar
Secretary General, AFP

From: aaa . <sec@asianathleticsassociation.org>
Sent: Monday, June 1, 2020 11:22 AM
To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>; 'Makram sahi' <sahi49@gmail.com>; 'Dr Saroj Shreesta' <saroshmanepal@gmail.com>; 'sujan shrestha' <sujanlal_jessica@yahoo.com>; Jee ISRAM <jee.isram@worldathletics.org>; 'Pakistan Olympic Association' <info@nocpakistan.org>; 'Army Sports Directorate' <asdirecatorate@gmail.com>
Cc: president@asianathleticsassociation.org <president@asianathleticsassociation.org>; irfvas@gmail.com <irfvas@gmail.com>
Subject: PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY

Dear Mr Zafar,

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Secretary General
Asian AA

From: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Sent: 30 พฤษภาคม 2020 20:11
To: 'Makram sahi' <sahi49@gmail.com>; Dr Saroj Shreesta <saroshmanepal@gmail.com>; sujan shrestha <sujanlal_jessica@yahoo.com>; aaa <sec@asianathleticsassociation.org>; Jee ISRAM <jee.isram@worldathletics.org>; Pakistan Olympic Association <info@nocpakistan.org>; Army Sports Directorate <asdirecatorate@gmail.com>
Subject: PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY

No. AFP/ C - 13/20
Dated: 30-05-2020

Mr. Mehboob Ali
Athlete

Subject : **PROVINCIAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**

You, Mr. Mehboob Ali athlete, were the part of the Pak Athletics team which participated in the 13th South Asian Games held from 1-10 December 2019 at Kathmandu, Nepal. Subsequently on 20-05-2020 the Chairman Anti-doping Committee 13th South Asian Games (SAG) issued AAF Notice of Charge and Mandatory Provisional Suspension on the basis of Adverse Analytical Findings (AAF) of **Sample A** given by you during the 13th SAG.

Reply of the notice has since been given by you to the Chairman Anti-Doping committee 13th South Asian Games on 27-05-2020.

Keeping in view the ongoing mentioned proceedings of the Anti-Doping organization 13th SAG, the management of AFP has decided to place you under provisional suspension with immediate effect till the final outcome / decisions in the matter.

Muhammad Zafar
Secretary General, AFP

Distribution:-

- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Dr. Saroj K. Shrestha, Chairman Anti doping Organization 13th SAG
- Sujan Lal Shrestha, Executive Secretary, Nepal Olympic Committee with reference email dated 20-05-2020
- General Secretary Asian Athletics Association
- Mr. Jee Isram, Member Federations Relations Senior Manager, Head of Protocol, World Athletics
- Secretary General Pakistan Olympic Association
- Secretary Army Sports Directorate

Subject 13TH SOUTH ASIAN GAMES, 2019 – DOPING CASES
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>, PSB <infopsb@sports.gov.pk>
Date 01-06-2020 7:47 pm



Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Subject: 13TH SOUTH ASIAN GAMES, 2019 – DOPING CASES

Dear Sir,

Please refer to your letter No. POA-108/MGS/13th SAG dated 29-05-2020.

We understand that the above referred letter has been written in the background of our email dated 27-05-2020 vide which we requested for a clarification from Nepal Olympic Association regarding delayed transmittal of dope tests of Pak athletes.

In the light of concluding Para of your above referred letter, scheduled meeting of AFP committee was postponed. The meeting was scheduled to have some details from the concerned athletes to proceed further as per laid down codal procedures. We expect early reply from you for further proceedings of the Committee.

To put the record straight, our comments on the other contents of your letter under reference are as under:-

13th South Asian Games were organized by the Organizing Committee of Nepal Olympic Association. Participation of the national teams was through the respective NOCs of all member countries.

AFP selected the team on the basis of performance of the athletes in National Games held at Peshawar from 10-16 November 2019 under the umbrella of POA. No National training Camp was established before departure of Athletics team for participation in 13th SAGs.

It's a normal practice that during the Games, meeting of the Team Leaders / Managers / Coaches are held, under the supervision of POA officials, to discuss daily activities. We believe that doping tests of the players of different teams would have been discussed during said meetings chaired by the POA officials who should have known all the activities by the Pakistan contingent.

The word concealment is uncalled for as dope test is a routine matter in any competition. Manager's report is always of General nature. No specific format was given to the team Manager, specifying that Dope test of athletes will be covered in the Manager's report.

AFP like POA was not aware of the fate of dope tests so there was no question of confirmation from any organization.

Cash awards to the athletes were awarded by the Government of Pakistan as per existing SOPs inviting the athletes and AFP management. There is no SOP on the subject suggesting any consultation with NOC. It has never happened in the past therefore the procedure and practice in vogue was followed. There was neither any aberration nor violation of any laid down instructions on the subject.

In view of above, it is apprised that we all are stake holders in the subject matter so it will be dealt with in the National interest to protect image of our beloved Country as per laid down procedures. All stake holders must work in harmony and complement each other's efforts to deal with the subject matter in the most fair, honest and transparent manner.

Best regards,

Muhammad Zafar
Secretary General, AFP

CC:-

- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Director General Pakistan Sports Board Islamabad

Subject PROVISIONAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY



From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>
Cc President NOC Pakistan <president@nocpakistan.org>, NOC Nepal <info@nocnepal.org.np>, NOC Nepal <sujanlal_jessica@yahoo.com>, <saroshmanepal@gmail.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, Jee ISRAM <jee.isram@worldathletics.org>, <sec@asianathleticsassociation.org>, Army Sports Directorate <asdirector@at@gmail.com>, WAPDA Sports Board <wapdasports@hotmail.com>, Info <info@nocpakistan.org>
Date 01-06-2020 8:18 pm

- 118 - (AFP - Provisional Suspension of athletes).pdf (~237 KB)
- Annex A.pdf (~3.4 MB)

Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Dear Sir,

Please find attached letter No. POA-118/MGS/13th SAG dated 01 June, 2020 alongwith its enclosure regarding the subject.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-118/MGS/13th SAG
01 June, 2020

Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Subject: **PROVISIONAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**

Dear Sir,

(This is a reply to the email subject of which should be read "Provisional Suspension" instead of Provincial Suspension please).

1. We have taken note of your email dated 30 May, 2020 by which AFP's management has imposed "Provisional Suspension" upon three x athlete(s). Could you please clarify :-
 - a. Whether AFP's email imposing "provisional suspension" on three athletes today is in line with Para 5 of the AAF Notice of charge and Mandatory Provisional Suspension (Non-Specified Substances) or otherwise?
 - b. Whether it is in line with the WADA Rules and the WADA Results Management, Hearings and Decisions Guidelines.
2. As per our record, proceedings are still pending and we await confirmation from the ADC in accordance with para (5) above. We will be grateful if you can share any rules / regulation by which AFP has "Provisionally Suspended" three x Athletes.
3. We would like to refer to POA letter numbered POA-108/MGS/13th SAG dated 29th May 2020 (**Annex A**). Kindly provide us the requested information / documents on an urgent basis.
4. An immediate reply, not later than 03 June, 2020, may please be furnished to this letter please.

We are confident that extreme diligence shall be exercised by all concerned to process the cases flawlessly.

Thanking you for your understanding and cooperation.

Best regards

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

cc:

- Lt Gen (R) Syed Arif Hasan, President, Pakistan Olympic Association / NOC Pakistan.
- Mr. Jeevan Ram Shrestha, President, Nepal Olympic Committee.
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019.
- Dr. Waqar Ahmad, Chairman Anti Doping Organization of Pakistan.
- Mr. Jee Isram, Senior Manager, IAAF
- Mr. A. Shuggumarran, Secretary General, Asian Athletics Association with reference to his email also forwarded by AFP today.
- Army Sports Directorate.
- WAPDA Sports Board.

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-108/MGS/13th SAG
29 May, 2020

Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Subject: **13TH South Asian Games, 2019 –Doping Cases**

Dear Sir,

Pakistan Olympic Association has already informed that it is closely reviewing the developments regarding the positive dope cases of three x athletes representing Pakistan Athletics Team in 13 SAG and the measures taken by the Athletics Federation of Pakistan.

We would like to refer the Manager Report of the Athletics Team (**Annex A**) submitted to Pakistan Olympic Association vide email dated 05 January, 2020. Unfortunately there was no mention of any Dope Test carried out by SAG Dope Testing Committee. Since the details of sample collection have not been mentioned/concealed in the Manager's Report and the Athletics Federation of Pakistan did not raise any query regarding the outcome of the Analysis of such samples prior to receipt of Adverse Analytical Findings of three athletes. On a query from the Pakistan Olympic Association the Secretary General AFP sent a message on Whatsapp dated 27th May, 2020 providing the details of the athletes whose samples were collected as part of the Doping Controls. To put the record straight, may we request AFP to please send us the list through an official correspondence giving not only the details of the Athletes whose Dope Test were carried out but also include the copies of the Athletes Doping Control Forms of each Athlete mentioned in the Whatsapp message. This should also be added to the Manager's Report already submitted as an additional document attached. As far as the matter of Government of Pakistan's Cash Awards, AFP should have first taken confirmations from all concerned organizations. POA was not informed of the awards scheduled and neither was it consulted.

Till such time that all AFFs procedures and formalities are completed the panel detailed by AFP should be put on hold pending final clearance. At this point in time, we will wait for the final conclusion of AAFs to take further measures.

Thanking you for your understanding.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Copy to:

- Lt Gen (R) Syed Arif Hasan, President, Pakistan Olympic Association.
- Director General, Pakistan Sports Board, Islamabad.

MANAGER REPORT

13TH SOUTH ASIAN GAMES 2019, KATHMANDU, NEPAL

13th South Asian Federations Games were held from 01-10 December 2019 at Kathmandu, Nepal. The following members of Pakistan Athletics Team participated in the event.

OFFICIALS		
Sr#	Name	Status
1.	Mrs. Humaira Mahmood	Team Leader
2.	Mr. Qaiser Mahmood Khan	Team Manager
3.	Mr. Asghar Ali Gill	Coach
4.	Syed Faiz Hussain Bokhari	Coach
5.	Mr. Muhammad Shahid Faqeer	Coach
6.	Miss. Seemi Rizvi Coach	Coach

ATHLETES			
Sr#	Name	Sr#	Name
1.	Mr. Arshad Nadeem	2	Mr. Umar Sadat
3.	Mr. Abdul Moeed	4.	Mr. Muhammad Ikram
5.	Mr. Sami Ullah	6.	Mr. Sohail Amir
7.	Mr. Nasir Ali	8.	Mr. Uzair Rehman
9.	Mr. Sharoz Khan	10.	Mr. Mehboob Ali
11.	Mr. Muhammad Shahbaz	12.	Mr. Muhammad Naeem
13.	Mr. Nokar Hussain	14.	Mr. Shams Ul Haq
15.	Ms. Sahib e Asra	16.	Ms. Najma Parveen
17.	Ms. Maria Maratab	18.	Ms. Rabia Ashiq
19.	Ms. Aneela Gulzar	20.	Ms. Esha Imran

PAKISTAN CONTIGENT ACCOMMODATION IN KATHMANDU, NEPAL

Pakistan contingent was provided accommodation in Skyline Hotel, Kathmandu, The hotel was located in a convenient location. The hotel Management and Staff were very co-operative and courteous, a farewell reception was given to our Team by the hotel Management.

FOOD & BEVERAGES

A variety of foods and juices were provided to the Pakistani Athletes, which were quite nutriment and sufficient for the athletes.

MEDICAL FACILITIES

The necessary and good medical facilities were available for Pakistani Contingent, which were provided by the organizing committee..

TRANSPORTATION

The proper transportation was provided by the organizing committee from Air Port to hotels, competition/warm-up and training venues.

TECHNICAL MEETING

Technical (Managers) Meetings held on 5th and 6th December 2019 in Kathmundu, Nepal.

TRAINING / COMPETITION VENUE

The best training facilities were provided to the Pakistani contingent by the organizers at the competition venue. Our Athletes took full advantages of these excellent facilities.

PERFORMANCE

The performance of Pakistani Athletes was excellent. The amazing performance of some of the team member was great like Mr. Arshad Nadeem for Javelin Throw with an amazing 86.29 meter which is a new South Asian Federation Games record, and with this new SAF record Mr. Arshad Nadeem also qualified for Tokyo Olympics 2020. Individual performance of athletes as under:-

Sr#	Name	Event	Medal
1	Arshad Nadeem	Javelin Throw	Gold
2	Uzair Rehman	200m	Gold
3	Mehboob Ali	400m Hurdles	Gold
4	Muhammad Naeem	110m Hurdles	Gold
5	Najma Parveen	400m Hurdles	Gold
6	Najma Parveen	200m	Silver
7	Sahib e Asra	4x400m Relay (W)	Silver
	Najma Parveen		
	Aneela Gulzar		
	Rabia Ashiq		
8	Samiullah	100m	Bronze
9	Sahib e Asra	400m	Bronze
10	Shams Ul Haq	Discuss Throw	Bronze
11	Umar Sadat	4x400m Relay (M)	Bronze
	Mehboob Ali		
	Abdul Moeed		
	Nokar Hussain		
12	Samiullah	4x100m Relay (M)	Bronze
	Muhammad Shahbaz		
	Uzair Rehman		
	Muhammad Naeem		
13	Sahib e Asra	4x100m Relay (W)	Bronze
	Najma Parveen		
	Aneela Gulzar		
	Esha Imran		

RECOMMENDATION/ SUGGESTION

We worked as a Team which resulted in exceptionally good results. All the team members were very co-operative and most of them followed the rules set by the Federation.

Pakistan Ambassador to Nepal Dr. Mazhar Javed was part of Medal award ceremony and also greeted the Pakistani Athletes. Secretary Ministry of IPC Govt of Pakistan Mr. Akbar Hussain Durrani was also among the dignitaries who visited the Pakistani contingent.

The team performed tremendously well under the leadership of President Athletics Federation of Pakistan, Major General (R) Muhammad Akram Sahi HI(M), SI(M), and due to his vision Pakistani team were able to win number of Medals.

In the end, I suggest that the extensive training session and modern techniques should be adopted for the Athletes. The talented and capable Athletes must be sent abroad for training which can bring outstanding results in the upcoming events.

It is very strongly recommended that our Javelin Thrower, Arshad Nadeem must be trained by a foreign Coach. He is a potential medal winner in the 2020 Tokyo Olympics. It is once in a century chance for Pakistan to win a Medal in Individual event in Olympics. It needs special attention by the Govt and POA.



Humaira Mahmood
Team Leader for 13th South Asian Games

Subject Re: 13th SOUTH ASIAN GAMES 1 – 10 DECEMBER, 2019
KATHMANDU – POKHARA, NEPAL – TEAM MANAGER'S
REPORT – "ANOTHER REMINDER"
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 05-01-2020 4:25 pm



-
- Manager Report.pdf (~224 KB)
 - ResultsDocumentation.pdf (~2.8 MB)

Dear Sir,

Please refer to your email dated 16/12/2019 on the subject matter.

As desired team leader/manager report along with complete results for the athletics competition of the subject mentioned games is attached.

OBSERVATIONS/COMMENTS AND RECOMMENDATIONS OF AFP ARE AS UNDER:

OBSERVATIONS/COMMENTS

On receipt of schedule of 13 South Asian Games AFP in various meetings of POA and PSB proposed strength of 30 male athletes, 12 female athletes and 08 officials for participation. The desired strength of the athletics contingent was not allocated/ approved so we were restricted to send the entries by number and by name to participate in the maximum events but restriction of participation of one athlete in two events was there.

We also requested POA to take up the matter for inclusion of Hammer Throw & Pole Vault (Men/Women) as we had bright chances of Gold Medals in these events but the same were not included in the championships.

In spite of all odds, absence of long term national training camp and less number of athletes, as compared to other participating countries, performance of Pak athletics team was exceptional and historical. Our athletes won 13 medals as detailed in the report. Not only our male athletes but also female athletes performed exceptionally well. Ms. Najma Parveen won 4 medals (1 Gold, 2 Silver, 1 Bronze) in the Games which never happened before. Mr. Arshad Nadeem established the New National Record, South Asian Federations Games Record and also qualified for the Tokyo Olympics 2020.

RECOMMENDATIONS

1. National Training camps for longer duration to impart training on scientific lines to the athletes

are essential and the same may be arranged for participation in the further international competitions.

2. Monetary incentives may be announced and awarded to the medal winners of the Games at the earliest. It is necessary for their motivation and acknowledgement of their performance.
3. A qualified foreign Coach may be hired for the coaching of our Javelin Thrower. In this regard AFP has already taken up the matter with PSB. We also requested World Athletics (IAAF) for the training of Mr. Arshad Nadeem through a foreign Coach. It has been replied that we should contact our NOC if the athletes can benefit from a scholarship from Olympic Solidarity. In this regard necessary steps may please be taken up.

Best regards,

Muhammad Zafar
Secretary General, AFP

From: Pakistan Olympic Association <info@nocpakistan.org>

Sent: Thursday, January 2, 2020 6:57 PM

To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>; PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

Cc: President NOC Pakistan <president@nocpakistan.org>

Subject: 13th SOUTH ASIAN GAMES 1 – 10 DECEMBER, 2019 KATHMANDU – POKHARA, NEPAL – TEAM MANAGER'S REPORT – "ANOTHER REMINDER"

REMINDER

Dear Mr. Muhammad Zafar,

Kind attention is invited to below email of POA dated 28.12.2019. Required information / Report is still awaited from your side.

Please send it to POA Secretariat without fail.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood,

Secretary General, POA

On 28-12-2019 12:07 pm, Pakistan Olympic Association wrote:

Dear Sir,

Kind attention is invited to below email of POA dated 21.12.2019. Required information / Report is still awaited from your side.

Please send it to POA Secretariat without fail.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood

Secretary General, POA

On 21-12-2019 12:21 pm, Pakistan Olympic Association wrote:

Dear Sir,

Kind attention is invited to below email of POA dated 16.12.2019. Required information / Report is still awaited from your side.

Please ensure to collect the same from your manager and send it to POA Secretariat on immediate basis.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood,

Secretary General, POA

----- Original Message -----

Subject: 13TH SOUTH ASIAN GAMES 1-10 DECEMBER, 2019 KATHMANDU-POKHARA, NEPAL - TEAM MANAGER'S REPORT

Date: 16-12-2019 8:52 pm

From: Pakistan Olympic Association <info@nocpakistan.org>

To: President NOC Pakistan <president@nocpakistan.org>

Dear Sir,

As a mandatory part, each Team Manager participate in the Games has to submit his/her Report to Pakistan Olympic Association directly or through its National Federation. All Team Managers were requested to provide their report during the 13th South Asian Games which is still awaited.

It is requested to please collect the same and send it to POA Secretariat latest by **20 December, 2019**.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood
Secretary General, POA

RESULT DAY 1

03-12-2019

Page 1 of 2

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

12/3/19 - 12/7/19

KATHMANDU, POKHARA, NEPAL

Event # 1 WOMENS 100m Dash

SAG RECORDS:K V DAMAYANTI HI DARSHA SRI 11.91 15

RESULTS OF FINALS Heat 1

1	ARCHANA SUSEENT .	IND	305	0:11.86
2	THANUJI AMASHA .	SRI	357	0:11.82
3	LAKSHIKA SUGAND .	SRI	356	0:11.84
4	HIMASHREE ROY .	IND	308	0:11.88
5	SHIRIN AKTER .	BAN	402	0:12.32
6	MIS SHARIFA KIA .	BAN	302	0:12.53
7	SARSWATI CHAUDH .	NEPAL	385	0:12.55
8	ESHA IMRAN .	PAK	355	0:12.69

RESULTS OF PRELIMS Heat 1

1	ARCHANA SUSEENT .	IND	305	0:11.99
2	THANUJI AMASHA .	SRI	357	0:12.07
3	MIS SHARIFA KIA .	BAN	302	0:12.55
4	ESHA IMRAN .	PAK	355	0:12.86
5	KRISINA CHADHAU	NEPAL	386	0:13.24

RESULTS OF PRELIMS Heat 2

1	LAKSHIKA SUGAND .	SRI	356	0:12.00
2	HIMASHREE ROY .	IND	308	0:12.11
3	SHIRIN AKTER .	BAN	402	0:12.40
4	SARSWATI CHAUDH .	NEPAL	385	0:12.57

Event # 5 WOMENS 1500m Run

SAG RECORDS:SUNITA RANI IND 4:14.23 1999

1	UDA KUBURALAGE .	SRI	364	4:34.34
2	CHIANDA .	IND	321	4:34.51
3	CHITRA PALAKEEZ .	IND	320	4:35.46
4	GUNATHILAKA THU .	SRI	303	4:36.34
5	SARASWATI BHATT .	NLPAL	390	4:41.66
6	RABIA ASHIO .	PAK	353	5:05.52
7	SANU MAYA KARKI .	NEPAL	392	5:06.27
8	AISHATH JAJSIHA .	MDV	344	5:28.69
	NIMALI WALIWARS .	SRI	361	DNS

Event # 7 WOMENS 10000m Run

SAG RECORDS:SURIYA LOGANATHIAN IND 32:39.86 201

1	SANTOSHI SIREST .	NEPAL	393	35:07.94
2	KAVITA YADAV .	IND	325	35:07.95
3	NILANTHI LANKA .	SRI	367	35:59.02
4	HIRUNI KESARA W .	SRI	366	36:22.85
5	ARATI DATTATRAY .	IND	324	37:27.99
6	BISWARUPA BUDHA .	NEPAL	394	38:25.03
7	MARIYAM ABDUL K .	MDV	345	42:08.62

Event # 11 WOMENS High Jump

QUALIFY STARTING HEIGHT 140M

PROGRESSION OF HEIGHTS 140-150-155

160-165-169-173-175-2CM

SAG RECORDS:SANGEETHA MOHAN IND 1.81 2004

1	JISHNA M .	IND	351	1.73m
2	DULANJALBE KUMA .	SRI	373	1.69m
3	RUBINA YADAV .	IND	330	1.69m
4	MIUDITHA MADIUS .	SRI	374	1.65m
5	PLABONI HAQUE .	BAN	405	1.55m
	SHILA CHAUDHARY .	NEPAL	396	NM

Event # 19 MENS 100m Dash

RESULTS OF FINALS Heat 1

Event Meet Manager, www.goeagm.com

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

2/3/19 - 12/7/19

KATHMANDU, POKHARA, NEPAL

Event # 19 MENS 100m Dash**RESULTS OF FINALS Heat 1**

1	SAAID HASSAN .	MDV	152	0:10.49
2	IIMASHA EASHAN .	SRI	174	0:10.50
3	SAMI ULLAH .	PAK	160	0:10.66
4	UZAIR REHMAN .	PAK	161	0:10.70
5	MD ISMAIL .	BAN	106	0:10.75
6	VINOJ SURANJAYA .	SRI	175	0:10.79
7	GURINDERVIR SIN .	IND	115	0:10.81
8	MOHAMMED HASAN .	BAN	237	0:10.92

RESULTS OF PRELIMS Heat 1

1	IIMASHA LASHAN .	SRI	174	0:10.51
2	GURINDERVIR SIN .	IND	115	0:10.60
3	MD ISMAIL .	BAN	106	0:10.70
4	UZAIR REHMAN .	PAK	161	0:10.74
5	AASHISH CHALDHA .	NEPAL	209	0:11.01

RESULTS OF PRELIMS Heat 2

1	SAAID HASSAN .	MDV	152	0:10.66
2	SAMI ULLAH .	PAK	160	0:10.75
3	VINOJ SURANJAYA .	SRI	175	0:10.82
4	MOHAMMED HASAN .	BAN	237	0:10.96
5	YAM SAJAN SUNAR .	NEPAL	210	0:11.15

Event # 23 MENS 1500m Run

1	AJAY KUMAR SARO .	IND	125	3:54.81
2	AJEET KUMAR .	IND	126	3:57.18
3	TANKA KARKI .	NEPAL	218	3:59.20
4	SAJFEWA LAKMAL .	SRI	182	4:00.60
5	NASIR ALI .	PAK	167	4:07.11
6	KUPUN KUSHANTHA .	SRI	181	4:13.29
7	MADAV KUMAR CHA .	NEPAL	219	4:16.76
8	HUSSAIN RIZA .	MDV	153	4:22.89

Event # 29 MENS High Jump

QUALIFY STARTING HEIGHT 175 CM

PROGRESSION OF HEIGHTS 175-185-190

195-200-204-208-210+2CM

#SAG RECORDS:M.WIJESLAKARA SRI 2.20 2004

1	SARVESH ANIL KU .	IND	137	2.21m#
2	MAHFUZUR RAHMAN .	BAN	109	2.16m
3	CHETHAN BALASUB .	IND	138	2.14m
4	USHAN THIWANKA .	SRI	196	2.10m
5	SIARAZ KHAN .	PAK	171	2.04m
6	SURYA BHADUR K .	NEPAL	228	1.95m
6	SANJU THARUKA P .	SRI	197	1.95m

RESULT DAY 2

13TH SOUTH ASIAN GAMES 2019 KATHMANDU NEPAL						
RESULT DAY-2 04/12/2019						
Event # 25 MENS 10000m Run						
# SAG RECORDS:T GOPI . IND 29:10.53 2016						
1	SURESH KUMAR .	129	IND		29:33.61	
2	SHANMUGESWARAN .	185	SRI		30:49.20	
3	DEEPAK ADHIKARI .	222	NEPAL		30:50.06	
4	RANJEET KUMAR P .	130	IND		31:18.54	
5	GAJENDRA RAI .	223	NEPAL		31:45.95	
6	SANGAY .	112	BHU		32:47.22	
7	HUSSAIN FAZEEL .	154	MDV		35:01.74	
	SOHAIL AMIR .	165	PAK		DNF	
	SAMANTHA PUSHPA .	183	SRI		DNF	
Event # 32 MENS Discus Throw						
# SAG RECORDS:SHAKTI SINGH . IND 57.78 1995						
1	KIRPAL SINGH BA .	147	IND		57.88m	NMR
	55.62, 57.88, 56.54, 54.70, 56.68, 55.36					
2	GAGANDEEP SINGH .	146	IND		53.57m	
	51.78, 52.89, 51.93, X, X, 53.57					
3	SHAMS UL HAQ .	172	PAK		44.31m	
	44.31, 40.54, 43.35, X, X, X					
4	JANAKA THUSARA .	204	SRI		42.55m	
	41.17, 40.82, X, 38.17, 41.81, 42.55					
5	CHITRA BAHADUR .	230	NEPAL		39.65m	
	X, 38.23, X, X, 39.65, 37.90					
6	BINOD RAI .	231	NEPAL		37.84m	
	37.84, X, X, 36.53, X, 36.75					
Event # 28 MENS Long Jump						
# SAG RECORDS:ANKIT SHARMA . IND 7.89 2016						
1	LOKESH SATHYANA .	139	IND		7.87m	
	7.74 (0.0), X (0.0), 7.69 (0.0), X (0.0), 7.87 (0.0), X (0.0)					
2	SWAMINATHAN RAV .	140	IND		7.77m	
	7.54 (0.0), 7.62 (0.0), 7.46 (0.0), 7.57 (0.0), 7.51 (0.0), 7.77 (0.0)					
3	AL AMIN .	110	BAN		7.60m	
	7.16 (0.0), 7.39 (0.0), 7.50 (0.0), 7.50 (0.0), 7.60 (0.0), 7.49 (0.0)					
4	AMILA JAYASIRI .	198	SRI		7.59m	
	7.56 (-0.1), X (0.0), X (0.0), X (0.0), 7.52 (0.0), 7.59 (0.0)					
5	GAYAN SAMPATH J .	199	SRI		7.42m	
	6.93 (0.0), 7.42 (0.0), 7.33 (0.0), 7.41 (0.0), 7.39 (0.0), X (0.2)					
6	SHERBHADUR BIST .	225	NEPAL		6.85m	
	6.76 (0.0), 6.85 (0.0), 6.67 (0.0), X (0.0), X (0.3), 6.68 (0.0)					
7	BHUVAN MAHATO .	226	NEPAL		6.76m	
	X (0.0), 6.76 (0.0), 6.53 (0.0), 6.39 (0.0), X (0.1), X (0.0)					
Event # 20 MENS 200m Dash						
# SAG RECORDS:ROHAN PRADEEPKUMARA SRI 20.99 2004						
RESULTS OF FINALS Heat 1						
1	UZAIR REHMAN .	161	PAK	-0.3m/s	0:21.15	
2	VINOJ SURANJAYA .	175	SRI	-0.3m/s	0:21.19	
3	SAAD HASSAN .	152	MDV	-0.3m/s	0:21.22	
4	MUHAMMAD SHAHBA .	169	PAK	-0.3m/s	0:21.54	
5	SHASHIKANT VEER .	117	IND	-0.3m/s	0:21.61	
6	SHANMUGA SRINIV .	116	IND	-0.3m/s	0:21.64	
7	MD SAIFUL ISMAI .	101	BAN	-0.3m/s	0:21.70	
8	MOHAMED SAFAN A .	176	SRI	-0.3m/s	0:22.29	

RESULTS OF PRELIMS Heat 1						
1	MUHAMMAD SHAHBA .	169	PAK	-0.9m/s	0:21	Q
2	VINOJ SURANJAYA .	175	SRI	-0.9m/s	0:21	Q
3	SAAID HASSAN .	152	MDV	-0.9m/s	0:21	Q
4	SHASHIKANT VEER .	117	IND	-0.9m/s	0:22	q
5	AASHISH CHAUDHA .	209	NEPAL	-0.9m/s	0:22.47	
RESULTS OF PRELIMS Heat 2						
1	UZAIR REHMAN .	161	PAK	-0.5m/s	0:21	Q
2	MOHAMED SAFAN A .	176	SRI	-0.5m/s	0:21	Q
3	MD SAIFUL ISMAI .	101	BAN	-0.5m/s	0:22	Q
4	SHANMUGA SRINIV .	116	IND	-0.5m/s	0:22	q
5	ANAND DEV CHAUD .	211	NEPAL	-0.5m/s	0:24.02	
Event # 2 WOMENS 200m Dash						
# SAG RECORDS:K V DAMAYANTHI DARSHA SRI 22.68 1999						
RESULTS OF FINALS Heat 1						
1	ARCHANA SUSEENT .	305	IND	+0.7m/s	0:23.68	
2	NAJMA PARVEEN .	350	PAK	+0.7m/s	0:23.69	
3	CHANDRALEKHA AN .	311	IND	+0.7m/s	0:24.27	
4	NONA SHARMILA J .	358	SRI	+0.7m/s	0:24.37	
5	SAHIB E ASRA .	351	PAK	+0.7m/s	0:24.46	
6	THANUJI AMASHA .	357	SRI	+0.7m/s	0:24.54	
7	SHIRIN AKTER .	402	BAN	+0.7m/s	0:25.59	
8	SARSWATI CHAUDH .	385	NEPAL	+0.7m/s	0:26.26	
RESULTS OF PRELIMS Heat 1						
1	NAJMA PARVEEN .	350	PAK	-1.1m/s	0:24	Q
2	CHANDRALEKHA AN .	311	IND	-1.1m/s	0:25	Q
3	THANUJI AMASHA .	357	SRI	-1.1m/s	0:25	Q
4	SHIRIN AKTER .	402	BAN	-1.1m/s	0:25	q
5	KRISHNA CHADHAU .	386	NEPAL	-1.1m/s	0:27.49	
RESULTS OF PRELIMS Heat 2						
1	ARCHANA SUSEENT .	305	IND	+0.8m/s	0:24	Q
2	NONA SHARMILA J .	358	SRI	+0.8m/s	0:24	Q
3	SAHIB E ASRA .	351	PAK	+0.8m/s	0:24	Q
4	SARSWATI CHAUDH .	385	NEPAL	+0.8m/s	0:26	q
5	AISHATH HIMNA H .	343	MDV	+0.8m/s	0:26.22	
Event # 14 WOMENS Discus Throw						
1	NAVJEET KAUR DH .	338	IND			49.85m
49.85, 48.38, 48.75, X, 49.08, X						
2	SURAVI BISWAS .	339	IND			47.31m
45.82, X, 47.16, 46.11, 44.58, 47.31						
3	ISHARA MADURANG .	381	SRI			41.29m
38.51, 41.29, 40.93, 39.92, 39.85, 40.27						
4	VINODENI VISHAN .	380	SRI			40.77m
39.69, X, 38.88, 38.64, 36.82, 40.77						
5	AMRITA MAHATO .	399	NEPAL			40.15m
X, 40.15, 37.81, 36.57, 38.04, 35.34						
Event # 10 WOMENS Long Jump						
# SAG RECORDS:MAYOOKHA JOHNY IND 6.43 2016						
1	LAKSHINI SARANG .	370	SRI			6.38m
6.13 (0.0), 6.38 (0.0), 6.16 (-0.2), 6.25 (0.0), X (0.0), 5.98 (0.0)						
2	ANJANI UTHPALA .	376	SRI			6.11m
6.11 (0.0), 6.05 (0.0), X (0.0), X (0.0), X (0.0), 6.06 (-0.1)						
3	SANDRA BABU .	332	IND			6.02m
5.94 (0.0), X (0.0), X (0.0), 6.02 (0.0), X (0.0), X (0.0)						
4	PRIYANKA KERKET .	333	IND			5.94m
5.38 (0.0), 5.85 (0.0), X (0.0), X (0.0), 5.78 (0.0), 5.94 (0.0)						

5	MST RINKI KHATU	406		BAN		5.70m		
5.70 (0.0), X (0.0), X (0.0), 5.14 (0.0), X (0.0), 5.30 (0.0)								
6	SHILA CHAUDHARY	396		NEPAL		5.33m		
5.14 (0.0), 5.31 (0.0), 5.33 (0.0), X (0.0), 5.18 (0.0), 5.16 (0.0)								

RESULT DAY 3

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, KATHMANDU, POKHARA , NEPAL

Event # 26 MENS 110m Hurdles

SAG RECORDS:GHULAM ABBAS PAK 14.11 1989

1	MUHAMMAD NAEEM .	168	PAK	-0.6m/s	0:14.30
2	SURENDHAR JAYAK .	131	IND	-0.6m/s	0:14.37
3	ROSHAN DAMMIKA .	186	SRI	-0.6m/s	0:14.42
4	MAYMON POULOSE .	132	IND	-0.6m/s	0:14.56
5	HASHITH NIRMAL .	187	SRI	-0.6m/s	0:15.09
6	JEEVAN CHAUDHAR .	215	NEPAL	-0.6m/s	0:15.60
7	MIRZA HASAN .	103	BAN	-0.6m/s	0:15.73
8	CHANDRA DEV JOS .	224	NEPAL	-0.6m/s	0:16.39

Event # 30 MENS Triple Jump

SAG RECORDS:RENJIT MAHESWARY IND 16.45 2016

1	KARTHIK UNNIKRI .	141	IND		16.47m #
				15.51 (0.0), 16.25 (0.0), 16.47 (0.0), X (0.0), 15.85 (0.0), 16.34 (0.0)	
2	MOHAMMED SALAHU .	142	IND		16.16m
				X (0.0), 16.16 (0.0), X (0.0), X (0.0), 15.65 (0.0), X (0.0)	
3	SAFREEN AHMED N .	200	SRI		15.95m
				15.24 (0.0), 15.66 (0.0), 13.84 (0.0), X (0.0), 15.95 (0.0), X (0.0)	
4	SHRESHAN DHANAN .	201	SRI		15.91m
				X (0.0), 15.66 (0.0), 15.91 (0.0), 15.70 (0.0), 15.77 (0.0), 15.51 (-0.9)	
5	MD SHOHEL RANA .	111	BAN		14.29m
				13.51 (0.0), 14.29 (0.0), 14.26 (0.0), X (0.0), 14.15 (0.0), X (0.0)	
6	DILLI KHATRI .	227	NEPAL		14.01m
				X (0.0), X (0.0), 14.01 (0.0), X (0.0), 13.58 (0.0), 13.85 (0.0)	
7	BHUVAN MAHATO .	226	NEPAL		13.53m
				13.53 (0.0), 13.43 (0.0), X (0.0), X (0.0), X (-0.2), 13.40 (0.0)	

Event # 8 WOMENS 100m Hurdles

SAG RECORDS:SRIYANI KULAWANSA SRI 13.12 1999

1	LAKSHIKA SUGAND .	356	SRI	-0.7m/s	0:13.68
2	APARNA ROY .	326	IND	-0.7m/s	0:14.13
3	IRESHANI SACHIP .	368	SRI	-0.7m/s	0:14.18
4	KANIMOZHI CHAND .	327	IND	-0.7m/s	0:14.69
5	MARIA MARATAB .	354	PAK	-0.7m/s	0:15.23
6	TAMANNA AKTER .	404	BAN	-0.7m/s	0:15.47
7	PRAMILA THARU .	395	NEPAL	-0.7m/s	0:16.38

Event # 21 MENS 400m Dash

SAG RECORDS:ROHAN PRADEEPKUMARA SRI 45.77 2004

RESULTS OF FINALS

1	ARUNA DHARSHANA .	177	SRI		0:46.69
2	LAKMAL PRIYANTH .	178	SRI		0:46.79
3	JEEVAN KAREKOPP .	119	IND		0:47.42
4	NOKAR HUSSAIN .	164	PAK		0:47.73
5	UMAR SADAT .	162	PAK		0:48.05
6	RASHID .	120	IND		0:48.14
	MOHAMMAD JAHIR .	102	BAN		DNS
	MD ABU TALEB .	107	BAN		DNS

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, KATHMANDU, POKHARA , NEPAL

Event # 3 WOMENS 400m Dash

SAG RECORDS:K V DAMAYANTHI DARSHA SRI 52.11 1999

RESULTS OF FINALS

1	DILSHI MAHEESHA .	362	SRI	0:53.40
2	PRIYA HABBATHAN .	313	IND	0:54.31
3	SAHIB E ASRA .	351	PAK	0:54.58
4	VIJAYAKUMARI GO .	312	IND	0:54.78
5	KAWSHALYA MADHU .	360	SRI	0:55.63
6	SUMI AKTAR .	301	BAN	1:01.91
7	AISHATH HIMNA H .	343	MDV	1:02.25
	SHABIYA AL SOHA .	403	BAN	DNF

Event # 12 WOMENS Triple Jump

SAG RECORDS:MAYOOKHA JOHNY IND 13.85 2016

1	HASHINI PRABODH .	377	SRI	13.21m
				X (0.0), X (0.0), 12.68 (-0.9), 13.21 (0.0), 12.92 (0.0), 13.03 (0.0)
2	VIDUSHA LAKSHAN .	375	SRI	13.14m
				X (0.0), 12.36 (-0.3), 12.99 (0.0), X (0.0), 13.01 (-0.6), 13.14 (0.0)
3	BHAIRABI ROY .	334	IND	12.77m
				X (0.0), 12.14 (0.0), 12.35 (0.0), 12.64 (0.3), 12.77 (0.0), 12.51 (0.0)
4	SIVA ANBARASI M .	335	IND	12.58m
				X (0.0), 12.24 (0.0), X (0.0), 11.64 (0.0), X (0.0), 12.58 (0.0)
5	MARIA MARATAB .	354	PAK	12.10m
				11.93 (-1.0), X (0.0), 12.06 (0.0), X (0.0), 12.10 (0.0), X (0.0)
6	SHILA CHAUDHARY .	396	NEPAL	11.06m
				X (0.0), X (0.0), 11.06 (0.0), X (0.0), X (-0.5), X (0.0)

Event # 21 MENS 400m Dash

SAG RECORDS:ROHAN PRADEEPKUMARA SRI 45.77 2004

RESULTS OF FINALS

1	ARUNA DHARSHANA .	177	SRI	0:46.69
2	LAKMAL PRIYANTH .	178	SRI	0:46.79
3	JEEVAN KAREKOPP .	119	IND	0:47.42
4	NOKAR HUSSAIN .	164	PAK	0:47.73
5	UMAR SADAT .	162	PAK	0:48.05
6	RASHID .	120	IND	0:48.14
	MOHAMMAD JAHIR .	102	BAN	DNS
	MD ABU TALEB .	107	BAN	DNS

Event # 3 WOMENS 400m Dash

SAG RECORDS:K V DAMAYANTHI DARSHA SRI 52.11 1999

RESULTS OF FINALS

1	DILSHI MAHEESHA .	362	SRI	0:53.40
2	PRIYA HABBATHAN .	313	IND	0:54.31
3	SAHIB E ASRA .	351	PAK	0:54.58
4	VIJAYAKUMARI GO .	312	IND	0:54.78
5	KAWSHALYA MADHU .	360	SRI	0:55.63
6	SUMI AKTAR .	301	BAN	1:01.91
7	AISHATH HIMNA H .	343	MDV	1:02.25
	SHABIYA AL SOHA .	403	BAN	DNF

RESULT DAY 4

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, KATHMANDU, POKHARA , NEPAL

Event # 27 MENS 400m Hurdles

SAG RECORDS:GHULAM ABBAS PAK 50.14 1991

1	MEHBOOB ALI .	163	PAK	0:50.71
2	JABIR MADARI PA .	133	IND	0:51.42
3	SANTHOSH KUMAR .	121	IND	0:51.98
4	ASANKA INDRAJIT .	188	SRI	0:54.33
5	ASITHA THARANGA .	189	SRI	0:54.93
6	RAM PRASAD THAR .	214	NEPAL	0:54.95
7	NIR PRATAP MAHA .	212	NEPAL	0:55.71
8	MD EBAD ALI .	235	BAN	0:55.81

Event # 31 MENS Shot Put

SAG RECORDS:BAHADUR SINGH SAGOO IND 19.15 1999

1	TAJINDERPAL SIN .	144	IND	20.03m #
	19.61, X, 20.03, X, X, 19.80			
2	OM PRAKASH SING .	145	IND	17.31m
	16.26, X, 17.08, 17.31, 16.46, X			
3	SAMITH MADUSANK .	202	SRI	15.55m
	14.68, 15.30, 15.52, X, 14.48, 15.55			
4	RADITH SAMITHA .	203	SRI	14.75m
	14.14, 14.21, 14.75, 14.58, 14.30, 14.45			
5	TANKA PRASAD DA .	229	NEPAL	13.09m
	X, X, 11.85, 12.96, 12.70, 13.09			
6	CHITRA BHADUR .	230	NEPAL	12.32m
	11.97, 11.71, 12.32, X, 12.08, 12.12			

Event # 9 WOMENS 400m Hurdles

SAG RECORDS:P.T. USHA .IND 57.18 1987

1	NAJMA PARVEEN .	350	PAK	1:00.35
2	KAWSHALYA MADHU .	360	SRI	1:00.40
3	VEERPAL KAUR .	328	IND	1:01.38
4	NIROSHIKA LAKMA .	369	SRI	1:03.36
5	JAUNA MURMU .	329	IND	1:03.41
6	KALPANA SHRESTH .	389	NEPAL	1:11.98

Event # 24 MENS 5000m Run

SAG RECORDS:MAN SINGH .IND 14:02.04 2016

1	GOPI CHAND PARK .	220	NEPAL	14:54.20
2	SUNIL DAWAR .	128	IND	14:55.21
3	HARI KUMAR RIMA .	221	NEPAL	14:57.05
4	SAMANTHA PUSHPA .	183	SRI	14:58.57
5	BUGATHA SRINU .	127	IND	15:04.02
6	SHANMUGESWARAN .	185	SRI	15:06.59
7	GAWA ZANGPO .	113	BHU	15:16.84
8	SOHAIL AMIR .	166	PAK	15:20.68
9	NASIR ALI .	167	PAK	15:58.53
	HUSSAIN FAZEEL .	154	MDV	DNS

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, KATHMANDU, POKHARA , NEPAL

Event # 6 WOMENS 5000m Run

SAG RECORDS:SURIYA LOGANATHAN IND 15:45.75 2016

1	UDA KUBURALAGE .	364	SRI	16:55.18
2	PARUL CHAUDHARY .	322	IND	16:57.49
3	PRITI LAMBA .	323	IND	17:09.32
4	SANTOSHI SHREST .	393	NEPAL	17:13.68
5	GOMA PRADHAN .	304	BHU	17:24.21
6	NIMESHA MADUSHA .	365	SRI	17:40.71
	RABIA ASHIQ .	353	PAK	DNF
	BISWARUPA BUDHA .	394	NEPAL	DNS

Event # 34 MENS 4x100m Relay

SAG RECORDS:INDIA . IND 39.91 2004

1	SRI F		SRI	0:39.14	#
	174 HIMASHA EASHAN .		191 CHANUKA SANDEEP .		
	175 VINOJ SURANJAYA .		190 YUPUN PRIYADARS .		
2	IND C		IND	0:39.97	
	135 HARJIT SINGH .		115 GURINDERVIR SIN .		
	136 PRANAV KALAPPUR .		114 AMIYA KUMAR MAL .		
3	PAK A		PAK	0:40.50	
	160 SAMI ULLAH .		169 MUHAMMAD SHAHBA		
	161 UZAIR REHMAN .		168 MUHAMMAD NAEEM .		
4	BAN D		BAN	0:40.76	
	104 ABDUR ROUF .		106 MD ISMAIL .		
	105 SHARIFUL .		237 MOHAMMED HASAN .		
5	MDV F		MDV	0:42.34	
	155 IBADULLA ADAM .		157 NUJOOM HASSAN .		
	158 MOHAMED JALAAIL .		152 SAAID HASSAN .		
6	NEPAL B		NEPAL	0:42.72	
	209 AASHISH CHAUDHA .		215 JEEVAN CHAUDHAR .		
	211 ANAND DEV CHAUD .		210 YAM SAJAN SUNAR .		

Event # 13 WOMENS Shot Put

SAG RECORDS:MANPREET KAUR IND 17.94 2016

1	ABHA KHATUA .	336	IND	15.32m
	14.89, 15.04, X, 14.80, 15.29, 15.32			
2	THARIKA KUMUDUM .	378	SRI	14.35m
	13.66, 13.52, 13.79, 14.35, 13.60, 13.64			
3	KACHNAR CHAUDHA .	337	IND	13.66m
	12.84, 12.69, 12.46, 13.17, 12.52, 13.66			
4	NADEEKA DARSHAN .	379	SRI	13.25m
	12.59, 12.78, 12.66, 12.92, 12.64, 13.25			
5	CHANDRA KALA LA .	397	NEPAL	12.52m
	11.93, 12.41, 12.17, 11.59, 12.52, 12.39			

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12/3/19 - 12/7/19

, KATHMANDU, POKHARA, NEPAL**Event # 16 WOMENS 4x100m Relay**

SAG RECORDS:SRI LANKA . . 44.63 2006

1	SRI F	356 LAKSHIKA SUGAND . 371 SADEEPA HENRY H .	SRI	370 LAKSHINI SARANG . 357 THANUJI AMASHA .	0:44.89
2	IND C	308 HIMASHREE ROY . 305 ARCHANA SUSEENT .	IND	311 CHANDRALEKHA AN . 306 DANESHWARI ASHO .	0:45.36
3	PAK A	351 SAHIB E ASRA . 352 ANEELA GULZAR .	PAK	350 NAJMA PARVEEN . 355 ESHA IMRAN .	0:46.74
4	BAN D	302 MIS SHARIFA KHA . 303 SOHAGI AKTER .	BAN	404 TAMANNA AKTER . 402 SHIRIN AKT .	0:47.20
5	NEPAL B	386 KRISHNA CHADHAU . 387 ARUNA RIJAL .	NEPAL	395 PRAMILA THARU . 385 SARSWATI CHAUDH .	0:49.87
6	MDV E	346 MARIYAM ALHAA H . 348 SARAA MASSOOD .	MDV	343 AISHATH HIMNA H . 349 RIFA MOHAMED .	0:50.16

RESULT DAY 5

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, KATHMANDU, POKHARA, NEPAL

Event # 36 MENS 42KM Marathon

#SAG RECORDS:B.MANANDHAR NEP 2::15.03 1987

1	KIRAN SINGH BOG .	233	NEPAL	2:21:17.00
2	RASHPAL SINGH .	150	IND	2:21:57.00
3	SHRE SINGH .	151	IND	2:22:07.00
4	HOM LAL SHRESHT .	234	NEPAL	2:24:31.00
5	PRADEEP DHAMMIK .	207	SRI	2:28:43.00
6	SISIRA KUMARA W .	208	SRI	2:29:13.00
7	SHIFAZ MOHAMED .	159	MDV	2:58:38.00
	SOHAIL AMIR .	166	PAK	DNF

Event # 18 WOMENS 42KM Marathon

SAG RECORDS:V SATHYABHAMA . IND 2:38.10 1995

1	HIRUNI KESARA W .	366	SRI	2:41:24.00
2	PUSHPA BHANDARI .	401	NEPAL	2:50:11.00
3	JYOTI GAWATE	317	IND	2:52:44.00
4	MAHAMARALALAGE .	384	SRI	2:59:43.00
5	JIGMET DOLMA .	342	IND	3:07:24.00
6	MARIYAM ABDUL K .	345	MDV	3:21:54.00
	RAJPURA PACHCHA .	400	NEPAL	DNF

Event # 15 WOMENS Javelin Throw

SAG RECORDS:SUMAN DEVI IND 59.45 2016

1	NADEESHA DILHAN .	383	SRI	55.02m
	52.33, 49.29, X, X, X, 55.02			
2	NADEEKA LAKMALI .	382	SRI	54.41m
	48.62, 54.40, 52.05, 50.76, 50.15, 54.41			
3	KUMARI SHARMILA .	341	IND	53.64m
	49.83, X, X, 45.78, 50.34, 53.64			
4	SANJANA CHOUDHA .	340	IND	47.63m
	X, X, X, 47.63, X, 45.53			
5	LAXMI THARU .	398	NEPAL	45.27m
	38.58, 42.85, 45.27, 37.20, 43.56, X			
6	CHANDRA KALA LA .	397	NEPAL	44.42m
	37.58, 38.53, 33.81, 44.20, 44.42, 40.95			

Event # 33 MENS Javelin Throw

SAG RECORDS:NEERAJ CHOPRA IND 82.23 2016

1	ARSHAD NADEEM .	173	PAK	86.29m #
	78.74, X, 86.29, 83.17, 85.86, 82.13			
2	SHIVPAL SINGH .	149	IND	84.16m #
	80.24, 84.16, X, X, 82.63, 83.59			
3	SUMEDHA JAGATH .	205	SRI	74.97m
	74.30, X, X, 74.97, X, X			
4	WARUNA LAKSHAN .	206	SRI	72.33m
	71.95, 72.33, X, X, 70.23, 69.54			
5	ARSHDEEP SINGH .	148	IND	70.42m
	68.77, X, 68.04, X, 70.42, 68.49			
6	ROHIT CHAUDHARY .	232	NEPAL	59.27m
	59.15, 59.27, 51.36, X, 55.13, 53.03			

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

07-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA , NEPAL

Event # 22 MENS 800m Run

# SAG RECORDS:RANJIT SUBASINGHE SRI 1:47.56 1993				
1	INDUNIL MADUSHA .	179	SRI	1:50.52
2	MOHAMMED AFSAL .	123	IND	1:51.25
3	SOM BAHADUR KUM .	216	NEPAL	1:51.44
4	RUSIRU CHATHJURA .	180	SRI	1:51.51
5	ANKIT .	124	IND	1:52.32
6	MUHAMMAD IKRAM .	165	PAK	1:54.19
7	HUSSAIN RIZA .	153	MDV	1:56.51
8	UMESH MARSANGDI .	217	NEPAL	1:59.55

Event # 4 WOMENS 800m Run

# SAG RECORDS:SHINY WILSON . IND 1:59.85 1995				
1	DULSHI MAHEESHA .	362	SRI	2:06.18
2	GUNAIHILAKA THU .	363	SRI	2:08.52
3	LILY DAS .	319	IND	2:08.97
4	SARASWATI BHATT .	390	NEPAL	2:12.67
5	CHITRA PALAKELEZ .	320	IND	2:13.13
6	ANEELA GULZAR .	352	PAK	2:18.52
7	PHUMATI RANA .	391	NEPAL	2:23.84
8	AISHATH JAAISHA .	344	MDV	2:38.02
	SUMI AKTAR .	301	BAN	DNF

Event # 35 MENS 4x400m Relay

# SAG RECORDS:SRI LANKA SRI 3:05.28 2004				
1	SRI S		SRI	3:08.04
	177 ARLNA DHARSHANA .		195 SENIRA DUJAKSHA .	
	193 RAJITHANERANJA .		178 LAKMAL PRIYANTU .	
2	IND I		IND	3:08.21
	119 JEEVAN KAREKOPP .		121 SANTHOSH KUMAR .	
	122 ANGREJ SINGH .		133 JABIR MADARI PA .	
3	PAK P		PAK	3:08.24
	162 UMAR SADAT .		163 MEHBOOB ALI .	
	170 ABDUL MOHID .		164 NOKAR HUSSAIN .	
4	BAN B		BAN	3:15.50
	107 MD ABC TALEB .		108 MD MASUD RANA .	
	101 MD SAIFUL ISMAIL .		102 MOHAMMAD JAHIR .	
5	NEPAL N		NEPAL	3:23.78
	214 RAM PRASAD THAR .		215 JEEVAN CHAUDHAR .	
	213 SIMAN PANDEY .		212 NIR PRATAP MAHA .	
	MDV M		MDV	DNS
	MDV M		MDV	DNS

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

07-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA , NEPAL

Event # 17 WOMENS 4x400m Relay

SAG RECORDS:INDIA . . 3:32.35 1999

1	SRI S		SRI		3:41.10
	372	OMAYA UDAYANGAN .	363	GUNATHILAKA THU .	
	360	KAWSILAIYA MADHU .	362	DILSHI MAHEESHA .	
2	PAK P		PAK		3:41.74
	351	SAHIB F ASRA .	352	ANEHA GULZAR .	
	353	RAMA ASHIQ .	350	NAJMA PARVEEN .	
3	IND I		IND		3:41.81
	313	PRIYA HABBATHAN .	312	VIJAYAKUMARI GO .	
	318	MANTSHA KUSHWAL .	314	NANCY .	
4	BAN B		BAN		4:00.55
	403	SHABIYA AL SOHA .	302	MIS SHARIFA KHA .	
	301	SUMI AK TAR .	402	SHIRIN AKT .	
5	NEPAL N		NEPAL		4:04.91
	388	SANGITA MECHE .	389	KALPANA SHRESTHI .	
	387	ARUNA RIJAL .	390	SARASWATI BHATT .	
6	MDV M		MDV		4:31.22
	348	SARAA MASSOOD .	344	AISHATH JAAJISHA .	
	349	RIFA MOHAMED .	343	AISHATHI HUMNA H	

Subject RE: PROVISIONAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY

From Secretariat - Pakistan Olympic Association <info@nocpakistan.org>

To Athletics Federation of Pakistan <pak@mf.worldathletics.org>

Cc President NOC Pakistan <president@nocpakistan.org>, NOC Nepal <info@nocnepal.org.np>, NOC Nepal <sujanlal_jessica@yahoo.com>, saroshmanepal@gmail.com <saroshmanepal@gmail.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, Jee ISRAM <jee.isram@worldathletics.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, Army Sports Directorate <asdirectorate@gmail.com>, WAPDA Sports Board <wapdasports@hotmail.com>

Date 01-06-2020 9:44 pm

Priority Normal



-
- 118 (AFP - Provisional Suspension of Athletes).pdf (~380 KB)
 - Annex A.pdf (~3.5 MB)

Dear Sir

The POA Letter Numbered POA - 118/MGS/13th SAG dated 01 June, 2020 is substituted with the attached letter of same number and date please rectifying an inadvertent error occurred in para 2 of this letter by indicating the reference to the Notice of Charges served upon athletes.

Inconvenience caused, if any, is regretted please.

Best regards

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

From: [Pakistan Olympic Association](#)

Sent: Monday, June 1, 2020 8:18 PM

To: [Athletics Federation of Pakistan](#)

Cc: [President NOC Pakistan](#); [NOC Nepal](#); [NOC Nepal](#); saroshmanepal@gmail.com; [Dr. Waqar Ahmad](#); [Jee ISRAM](#); sec@asianathleticsassociation.org; [Army Sports Directorate](#); [WAPDA Sports Board](#); [Info](#)

Subject: PROVISIONAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY

Mr. Muhammad Zafar

Secretary General

Athletics Federation of Pakistan

Dear Sir,

Please find attached letter No. POA-118/MGS/13th SAG dated 01 June, 2020 alongwith its enclosure regarding the subject.

Best regards,

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-118/MGS/13th SAG
01 June, 2020

Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Subject: **PROVISIONAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETIC ACTIVITY**

Dear Sir,

(This is a reply to the email subject of which should be read "Provisional Suspension" instead of Provincial Suspension please).

1. We have taken note of your email dated 30 May, 2020 by which AFP's management has imposed "Provisional Suspension" upon three x athlete(s). Could you please clarify :-
 - a. Whether AFP's email imposing "provisional suspension" on three athletes today is in line with Para 5 of the AAF Notice of charge and Mandatory Provisional Suspension (Non-Specified Substances) or otherwise?
 - b. Whether it is in line with the WADA Rules and the WADA Results Management, Hearings and Decisions Guidelines.
2. As per our record, proceedings are still pending and we await confirmation from the ADC in accordance with para (5) above. We will be grateful if you can share any rules / regulation by which AFP has "Provisionally Suspended" three x Athletes.
3. We would like to refer to POA letter numbered POA-108/MGS/13th SAG dated 29th May 2020 (**Annex A**). Kindly provide us the requested information / documents on an urgent basis.
4. An immediate reply, not later than 03 June, 2020, may please be furnished to this letter please.

We are confident that extreme diligence shall be exercised by all concerned to process the cases flawlessly.

Thanking you for your understanding and cooperation.

Best regards

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

cc:

- Lt Gen (R) Syed Arif Hasan, President, Pakistan Olympic Association / NOC Pakistan.
- Mr. Jeevan Ram Shrestha, President, Nepal Olympic Committee.
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019.
- Dr. Waqar Ahmad, Chairman Anti Doping Organization of Pakistan.
- Mr. Jee Isram, Senior Manager, IAAF
- Mr. A. Shuggumarran, Secretary General, Asian Athletics Association with reference to his email also forwarded by AFP today.
- Army Sports Directorate.
- WAPDA Sports Board.

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-108/MGS/13th SAG
29 May, 2020

Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Subject: **13TH South Asian Games, 2019 –Doping Cases**

Dear Sir,

Pakistan Olympic Association has already informed that it is closely reviewing the developments regarding the positive dope cases of three x athletes representing Pakistan Athletics Team in 13 SAG and the measures taken by the Athletics Federation of Pakistan.

We would like to refer the Manager Report of the Athletics Team (**Annex A**) submitted to Pakistan Olympic Association vide email dated 05 January, 2020. Unfortunately there was no mention of any Dope Test carried out by SAG Dope Testing Committee. Since the details of sample collection have not been mentioned/concealed in the Manager's Report and the Athletics Federation of Pakistan did not raise any query regarding the outcome of the Analysis of such samples prior to receipt of Adverse Analytical Findings of three athletes. On a query from the Pakistan Olympic Association the Secretary General AFP sent a message on Whatsapp dated 27th May, 2020 providing the details of the athletes whose samples were collected as part of the Doping Controls. To put the record straight, may we request AFP to please send us the list through an official correspondence giving not only the details of the Athletes whose Dope Test were carried out but also include the copies of the Athletes Doping Control Forms of each Athlete mentioned in the Whatsapp message. This should also be added to the Manager's Report already submitted as an additional document attached. As far as the matter of Government of Pakistan's Cash Awards, AFP should have first taken confirmations from all concerned organizations. POA was not informed of the awards scheduled and neither was it consulted.

Till such time that all AFFs procedures and formalities are completed the panel detailed by AFP should be put on hold pending final clearance. At this point in time, we will wait for the final conclusion of AAFs to take further measures.

Thanking you for your understanding.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Copy to:

- Lt Gen (R) Syed Arif Hasan, President, Pakistan Olympic Association.
- Director General, Pakistan Sports Board, Islamabad.

MANAGER REPORT

13TH SOUTH ASIAN GAMES 2019, KATHMANDU, NEPAL

13th South Asian Federations Games were held from 01-10 December 2019 at Kathmandu, Nepal. The following members of Pakistan Athletics Team participated in the event.

OFFICIALS		
Sr#	Name	Status
1.	Mrs. Humaira Mahmood	Team Leader
2.	Mr. Qaiser Mahmood Khan	Team Manager
3.	Mr. Asghar Ali Gill	Coach
4.	Syed Faiz Hussain Bokhari	Coach
5.	Mr. Muhammad Shahid Faqeer	Coach
6.	Miss. Seemi Rizvi Coach	Coach

ATHLETES			
Sr#	Name	Sr#	Name
1.	Mr. Arshad Nadeem	2	Mr. Umar Sadat
3.	Mr. Abdul Moeed	4.	Mr. Muhammad Ikram
5.	Mr. Sami Ullah	6.	Mr. Sohail Amir
7.	Mr. Nasir Ali	8.	Mr. Uzair Rehman
9.	Mr. Sharoz Khan	10.	Mr. Mehboob Ali
11.	Mr. Muhammad Shahbaz	12.	Mr. Muhammad Naeem
13.	Mr. Nokar Hussain	14.	Mr. Shams Ul Haq
15.	Ms. Sahib e Asra	16.	Ms. Najma Parveen
17.	Ms. Maria Maratab	18.	Ms. Rabia Ashiq
19.	Ms. Aneela Gulzar	20.	Ms. Esha Imran

PAKISTAN CONTIGENT ACCOMMODATION IN KATHMANDU, NEPAL

Pakistan contingent was provided accommodation in Skyline Hotel, Kathmandu, The hotel was located in a convenient location. The hotel Management and Staff were very co-operative and courteous, a farewell reception was given to our Team by the hotel Management.

FOOD & BEVERAGES

A variety of foods and juices were provided to the Pakistani Athletes, which were quite nutriment and sufficient for the athletes.

MEDICAL FACILITIES

The necessary and good medical facilities were available for Pakistani Contingent, which were provided by the organizing committee..

TRANSPORTATION

The proper transportation was provided by the organizing committee from Air Port to hotels, competition/warm-up and training venues.

TECHNICAL MEETING

Technical (Managers) Meetings held on 5th and 6th December 2019 in Kathmundu, Nepal.

TRAINING / COMPETITION VENUE

The best training facilities were provided to the Pakistani contingent by the organizers at the competition venue. Our Athletes took full advantages of these excellent facilities.

PERFORMANCE

The performance of Pakistani Athletes was excellent. The amazing performance of some of the team member was great like Mr. Arshad Nadeem for Javelin Throw with an amazing 86.29 meter which is a new South Asian Federation Games record, and with this new SAF record Mr. Arshad Nadeem also qualified for Tokyo Olympics 2020. Individual performance of athletes as under:-

Sr#	Name	Event	Medal
1	Arshad Nadeem	Javelin Throw	Gold
2	Uzair Rehman	200m	Gold
3	Mehboob Ali	400m Hurdles	Gold
4	Muhammad Naeem	110m Hurdles	Gold
5	Najma Parveen	400m Hurdles	Gold
6	Najma Parveen	200m	Silver
7	Sahib e Asra	4x400m Relay (W)	Silver
	Najma Parveen		
	Aneela Gulzar		
	Rabia Ashiq		
8	Samiullah	100m	Bronze
9	Sahib e Asra	400m	Bronze
10	Shams Ul Haq	Discuss Throw	Bronze
11	Umar Sadat	4x400m Relay (M)	Bronze
	Mehboob Ali		
	Abdul Moeed		
	Nokar Hussain		
12	Samiullah	4x100m Relay (M)	Bronze
	Muhammad Shahbaz		
	Uzair Rehman		
	Muhammad Naeem		
13	Sahib e Asra	4x100m Relay (W)	Bronze
	Najma Parveen		
	Aneela Gulzar		
	Esha Imran		

RECOMMENDATION/ SUGGESTION

We worked as a Team which resulted in exceptionally good results. All the team members were very co-operative and most of them followed the rules set by the Federation.

Pakistan Ambassador to Nepal Dr. Mazhar Javed was part of Medal award ceremony and also greeted the Pakistani Athletes. Secretary Ministry of IPC Govt of Pakistan Mr. Akbar Hussain Durrani was also among the dignitaries who visited the Pakistani contingent.

The team performed tremendously well under the leadership of President Athletics Federation of Pakistan, Major General (R) Muhammad Akram Sahi HI(M), SI(M), and due to his vision Pakistani team were able to win number of Medals.

In the end, I suggest that the extensive training session and modern techniques should be adopted for the Athletes. The talented and capable Athletes must be sent abroad for training which can bring outstanding results in the upcoming events.

It is very strongly recommended that our Javelin Thrower, Arshad Nadeem must be trained by a foreign Coach. He is a potential medal winner in the 2020 Tokyo Olympics. It is once in a century chance for Pakistan to win a Medal in Individual event in Olympics. It needs special attention by the Govt and POA.



Humaira Mahmood
Team Leader for 13th South Asian Games

Subject Re: 13th SOUTH ASIAN GAMES 1 – 10 DECEMBER, 2019
KATHMANDU – POKHARA, NEPAL – TEAM MANAGER'S
REPORT – "ANOTHER REMINDER"
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 05-01-2020 4:25 pm



-
- Manager Report.pdf (~224 KB)
 - ResultsDocumentation.pdf (~2.8 MB)

Dear Sir,

Please refer to your email dated 16/12/2019 on the subject matter.

As desired team leader/manager report along with complete results for the athletics competition of the subject mentioned games is attached.

OBSERVATIONS/COMMENTS AND RECOMMENDATIONS OF AFP ARE AS UNDER:

OBSERVATIONS/COMMENTS

On receipt of schedule of 13 South Asian Games AFP in various meetings of POA and PSB proposed strength of 30 male athletes, 12 female athletes and 08 officials for participation. The desired strength of the athletics contingent was not allocated/ approved so we were restricted to send the entries by number and by name to participate in the maximum events but restriction of participation of one athlete in two events was there.

We also requested POA to take up the matter for inclusion of Hammer Throw & Pole Vault (Men/Women) as we had bright chances of Gold Medals in these events but the same were not included in the championships.

In spite of all odds, absence of long term national training camp and less number of athletes, as compared to other participating countries, performance of Pak athletics team was exceptional and historical. Our athletes won 13 medals as detailed in the report. Not only our male athletes but also female athletes performed exceptionally well. Ms. Najma Parveen won 4 medals (1 Gold, 2 Silver, 1 Bronze) in the Games which never happened before. Mr. Arshad Nadeem established the New National Record, South Asian Federations Games Record and also qualified for the Tokyo Olympics 2020.

RECOMMENDATIONS

1. National Training camps for longer duration to impart training on scientific lines to the athletes

are essential and the same may be arranged for participation in the further international competitions.

2. Monetary incentives may be announced and awarded to the medal winners of the Games at the earliest. It is necessary for their motivation and acknowledgement of their performance.
3. A qualified foreign Coach may be hired for the coaching of our Javelin Thrower. In this regard AFP has already taken up the matter with PSB. We also requested World Athletics (IAAF) for the training of Mr. Arshad Nadeem through a foreign Coach. It has been replied that we should contact our NOC if the athletes can benefit from a scholarship from Olympic Solidarity. In this regard necessary steps may please be taken up.

Best regards,

Muhammad Zafar
Secretary General, AFP

From: Pakistan Olympic Association <info@nocpakistan.org>

Sent: Thursday, January 2, 2020 6:57 PM

To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>; PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

Cc: President NOC Pakistan <president@nocpakistan.org>

Subject: 13th SOUTH ASIAN GAMES 1 – 10 DECEMBER, 2019 KATHMANDU – POKHARA, NEPAL – TEAM MANAGER'S REPORT – "ANOTHER REMINDER"

REMINDER

Dear Mr. Muhammad Zafar,

Kind attention is invited to below email of POA dated 28.12.2019. Required information / Report is still awaited from your side.

Please send it to POA Secretariat without fail.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood,

Secretary General, POA

On 28-12-2019 12:07 pm, Pakistan Olympic Association wrote:

Dear Sir,

Kind attention is invited to below email of POA dated 21.12.2019. Required information / Report is still awaited from your side.

Please send it to POA Secretariat without fail.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood

Secretary General, POA

On 21-12-2019 12:21 pm, Pakistan Olympic Association wrote:

Dear Sir,

Kind attention is invited to below email of POA dated 16.12.2019. Required information / Report is still awaited from your side.

Please ensure to collect the same from your manager and send it to POA Secretariat on immediate basis.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood,

Secretary General, POA

----- Original Message -----

Subject: 13TH SOUTH ASIAN GAMES 1-10 DECEMBER, 2019 KATHMANDU-POKHARA, NEPAL - TEAM MANAGER'S REPORT

Date: 16-12-2019 8:52 pm

From: Pakistan Olympic Association <info@nocpakistan.org>

To: President NOC Pakistan <president@nocpakistan.org>

Dear Sir,

As a mandatory part, each Team Manager participate in the Games has to submit his/her Report to Pakistan Olympic Association directly or through its National Federation. All Team Managers were requested to provide their report during the 13th South Asian Games which is still awaited.

It is requested to please collect the same and send it to POA Secretariat latest by **20 December, 2019**.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood
Secretary General, POA

RESULT DAY 1

03-12-2019

Page 1 of 2

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

12/3/19 - 12/7/19

KATHMANDU, POKHARA, NEPAL

Event # 1 WOMENS 100m Dash

SAG RECORDS:K V DAMAYANTI HI DARSHA SRI 11.91 15

RESULTS OF FINALS Heat 1

1	ARCHANA SUSEENT .	IND	305	0:11.86
2	THANUJI AMASHA .	SRI	357	0:11.82
3	LAKSHIKA SUGAND .	SRI	356	0:11.84
4	HIMASHREE ROY .	IND	308	0:11.88
5	SHIRIN AKTER .	BAN	402	0:12.32
6	MIS SHARIFA KIA .	BAN	302	0:12.53
7	SARSWATI CHAUDH .	NEPAL	385	0:12.55
8	ESHA IMRAN .	PAK	355	0:12.69

RESULTS OF PRELIMS Heat 1

1	ARCHANA SUSEENT .	IND	305	0:11.99
2	THANUJI AMASHA .	SRI	357	0:12.07
3	MIS SHARIFA KIA .	BAN	302	0:12.55
4	ESHA IMRAN .	PAK	355	0:12.86
5	KRISINA CHADHAU	NEPAL	386	0:13.24

RESULTS OF PRELIMS Heat 2

1	LAKSHIKA SUGAND .	SRI	356	0:12.00
2	HIMASHREE ROY .	IND	308	0:12.11
3	SHIRIN AKTER .	BAN	402	0:12.40
4	SARSWATI CHAUDH .	NEPAL	385	0:12.57

Event # 5 WOMENS 1500m Run

SAG RECORDS:SUNITA RANI IND 4:14.23 1999

1	UDA KUBURALAGE .	SRI	364	4:34.34
2	CHIANDA .	IND	321	4:34.51
3	CHITRA PALAKEEZ .	IND	320	4:35.46
4	GUNATHILAKA THU .	SRI	303	4:36.34
5	SARASWATI BHATT .	NLPAL	390	4:41.66
6	RABIA ASHIO .	PAK	353	5:05.52
7	SANU MAYA KARKI .	NEPAL	392	5:06.27
8	AISHATH JAJSIIA .	MDV	344	5:28.69
	NIMALI WALIWARS .	SRI	361	DNS

Event # 7 WOMENS 10000m Run

SAG RECORDS:SURIYA LOGANATHIAN IND 32:39.86 201

1	SANTOSHI SIREST .	NEPAL	393	35:07.94
2	KAVITA YADAV .	IND	325	35:07.95
3	NILANTHI LANKA .	SRI	307	35:59.02
4	HIRUNI KESARA W .	SRI	306	36:22.85
5	ARATI DATTATRAY .	IND	324	37:27.99
6	BISWARUPA BUDILA .	NEPAL	394	38:25.03
7	MARIYAM ABDUL K .	MDV	345	42:08.62

Event # 11 WOMENS High Jump

QUALIFY STARTING HEIGHT 140M

PROGRESSION OF HEIGHTS 140-150-155

160-165-169-173-175-2CM

SAG RECORDS:SANGEETHA MOHAN IND 1.81 2004

1	JISHNA M .	IND	351	1.73m
2	DULANJALBE KUMA .	SRI	373	1.69m
3	RUBINA YADAV .	IND	330	1.69m
4	MIUDITHA MADIUS .	SRI	374	1.65m
5	PLABONI HAQUE .	BAN	405	1.55m
	SHILA CHAUDHARY .	NEPAL	396	NM

Event # 19 MENS 100m Dash

RESULTS OF FINALS Heat 1

Event Meet Manager, www.goeagm.com

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

2/3/19 - 12/7/19

KATHMANDU, POKHARA, NEPAL

Event # 19 MENS 100m Dash**RESULTS OF FINALS Heat 1**

1	SAAID HASSAN .	MDV	152	0:10.49
2	IIMASHA EASHAN .	SRI	174	0:10.50
3	SAMI ULLAH .	PAK	160	0:10.66
4	UZAIR REHMAN .	PAK	161	0:10.70
5	MD ISMAIL .	BAN	106	0:10.75
6	VINOJ SURANJAYA .	SRI	175	0:10.79
7	GURINDERVIR SIN .	IND	115	0:10.81
8	MOHAMMED HASAN .	BAN	237	0:10.92

RESULTS OF PRELIMS Heat 1

1	IIMASHA LASHAN .	SRI	174	0:10.51
2	GURINDERVIR SIN .	IND	115	0:10.60
3	MD ISMAIL .	BAN	106	0:10.70
4	UZAIR REHMAN .	PAK	161	0:10.74
5	AASHISH CHALDHA .	NEPAL	209	0:11.01

RESULTS OF PRELIMS Heat 2

1	SAAID HASSAN .	MDV	152	0:10.66
2	SAMI ULLAH .	PAK	160	0:10.75
3	VINOJ SURANJAYA .	SRI	175	0:10.82
4	MOHAMMED HASAN .	BAN	237	0:10.96
5	YAM SAJAN SUNAR .	NEPAL	210	0:11.15

Event # 23 MENS 1500m Run

1	AJAY KUMAR SARO .	IND	125	3:54.81
2	AJEET KUMAR .	IND	126	3:57.18
3	TANKA KARKI .	NEPAL	218	3:59.20
4	SAJFEWA LAKMAL .	SRI	182	4:00.60
5	NASIR ALI .	PAK	167	4:07.11
6	KUPUN KUSHANTHA .	SRI	181	4:13.29
7	MADAV KUMAR CHA .	NEPAL	219	4:16.76
8	HUSSAIN RIZA .	MDV	153	4:22.89

Event # 29 MENS High Jump

QUALIFY STARTING HEIGHT 175 CM

PROGRESSION OF HEIGHTS 175-185-190

195-200-204-208-210+2CM

#SAG RECORDS:M.WIJESLAKARA SRI 2.20 2004

1	SARVESH ANIL KU .	IND	137	2.21m#
2	MAHFUZUR RAHMAN .	BAN	109	2.16m
3	CHETHAN BALASUB .	IND	138	2.14m
4	USHAN THIWANKA .	SRI	196	2.10m
5	SIAROZ KHAN .	PAK	171	2.04m
6	SURYA BAHADUR K .	NEPAL	228	1.95m
6	SANJU THARUKA P .	SRI	197	1.95m

RESULT DAY 2

13TH SOUTH ASIAN GAMES 2019 KATHMANDU NEPAL						
RESULT DAY-2 04/12/2019						
Event # 25 MENS 10000m Run						
# SAG RECORDS:T GOPI . IND 29:10.53 2016						
1	SURESH KUMAR .	129	IND		29:33.61	
2	SHANMUGESWARAN .	185	SRI		30:49.20	
3	DEEPAK ADHIKARI .	222	NEPAL		30:50.06	
4	RANJEET KUMAR P .	130	IND		31:18.54	
5	GAJENDRA RAI .	223	NEPAL		31:45.95	
6	SANGAY .	112	BHU		32:47.22	
7	HUSSAIN FAZEEL .	154	MDV		35:01.74	
	SOHAIL AMIR .	165	PAK		DNF	
	SAMANTHA PUSHPA .	183	SRI		DNF	
Event # 32 MENS Discus Throw						
# SAG RECORDS:SHAKTI SINGH . IND 57.78 1995						
1	KIRPAL SINGH BA .	147	IND		57.88m	NMR
	55.62, 57.88, 56.54, 54.70, 56.68, 55.36					
2	GAGANDEEP SINGH .	146	IND		53.57m	
	51.78, 52.89, 51.93, X, X, 53.57					
3	SHAMS UL HAQ .	172	PAK		44.31m	
	44.31, 40.54, 43.35, X, X, X					
4	JANAKA THUSARA .	204	SRI		42.55m	
	41.17, 40.82, X, 38.17, 41.81, 42.55					
5	CHITRA BAHADUR .	230	NEPAL		39.65m	
	X, 38.23, X, X, 39.65, 37.90					
6	BINOD RAI .	231	NEPAL		37.84m	
	37.84, X, X, 36.53, X, 36.75					
Event # 28 MENS Long Jump						
# SAG RECORDS:ANKIT SHARMA . IND 7.89 2016						
1	LOKESH SATHYANA .	139	IND		7.87m	
	7.74 (0.0), X (0.0), 7.69 (0.0), X (0.0), 7.87 (0.0), X (0.0)					
2	SWAMINATHAN RAV .	140	IND		7.77m	
	7.54 (0.0), 7.62 (0.0), 7.46 (0.0), 7.57 (0.0), 7.51 (0.0), 7.77 (0.0)					
3	AL AMIN .	110	BAN		7.60m	
	7.16 (0.0), 7.39 (0.0), 7.50 (0.0), 7.50 (0.0), 7.60 (0.0), 7.49 (0.0)					
4	AMILA JAYASIRI .	198	SRI		7.59m	
	7.56 (-0.1), X (0.0), X (0.0), X (0.0), 7.52 (0.0), 7.59 (0.0)					
5	GAYAN SAMPATH J .	199	SRI		7.42m	
	6.93 (0.0), 7.42 (0.0), 7.33 (0.0), 7.41 (0.0), 7.39 (0.0), X (0.2)					
6	SHERBHADUR BIST .	225	NEPAL		6.85m	
	6.76 (0.0), 6.85 (0.0), 6.67 (0.0), X (0.0), X (0.3), 6.68 (0.0)					
7	BHUVAN MAHATO .	226	NEPAL		6.76m	
	X (0.0), 6.76 (0.0), 6.53 (0.0), 6.39 (0.0), X (0.1), X (0.0)					
Event # 20 MENS 200m Dash						
# SAG RECORDS:ROHAN PRADEEPKUMARA SRI 20.99 2004						
RESULTS OF FINALS Heat 1						
1	UZAIR REHMAN .	161	PAK	-0.3m/s	0:21.15	
2	VINOJ SURANJAYA .	175	SRI	-0.3m/s	0:21.19	
3	SAAD HASSAN .	152	MDV	-0.3m/s	0:21.22	
4	MUHAMMAD SHAHBA .	169	PAK	-0.3m/s	0:21.54	
5	SHASHIKANT VEER .	117	IND	-0.3m/s	0:21.61	
6	SHANMUGA SRINIV .	116	IND	-0.3m/s	0:21.64	
7	MD SAIFUL ISMAI .	101	BAN	-0.3m/s	0:21.70	
8	MOHAMED SAFAN A .	176	SRI	-0.3m/s	0:22.29	

RESULTS OF PRELIMS Heat 1						
1	MUHAMMAD SHAHBA .	169	PAK	-0.9m/s	0:21	Q
2	VINOJ SURANJAYA .	175	SRI	-0.9m/s	0:21	Q
3	SAAID HASSAN .	152	MDV	-0.9m/s	0:21	Q
4	SHASHIKANT VEER .	117	IND	-0.9m/s	0:22	q
5	AASHISH CHAUDHA .	209	NEPAL	-0.9m/s	0:22.47	
RESULTS OF PRELIMS Heat 2						
1	UZAIR REHMAN .	161	PAK	-0.5m/s	0:21	Q
2	MOHAMED SAFAN A .	176	SRI	-0.5m/s	0:21	Q
3	MD SAIFUL ISMAI .	101	BAN	-0.5m/s	0:22	Q
4	SHANMUGA SRINIV .	116	IND	-0.5m/s	0:22	q
5	ANAND DEV CHAUD .	211	NEPAL	-0.5m/s	0:24.02	
Event # 2 WOMENS 200m Dash						
# SAG RECORDS:K V DAMAYANTHI DARSHA SRI 22.68 1999						
RESULTS OF FINALS Heat 1						
1	ARCHANA SUSEENT .	305	IND	+0.7m/s	0:23.68	
2	NAJMA PARVEEN .	350	PAK	+0.7m/s	0:23.69	
3	CHANDRALEKHA AN .	311	IND	+0.7m/s	0:24.27	
4	NONA SHARMILA J .	358	SRI	+0.7m/s	0:24.37	
5	SAHIB E ASRA .	351	PAK	+0.7m/s	0:24.46	
6	THANUJI AMASHA .	357	SRI	+0.7m/s	0:24.54	
7	SHIRIN AKTER .	402	BAN	+0.7m/s	0:25.59	
8	SARSWATI CHAUDH .	385	NEPAL	+0.7m/s	0:26.26	
RESULTS OF PRELIMS Heat 1						
1	NAJMA PARVEEN .	350	PAK	-1.1m/s	0:24	Q
2	CHANDRALEKHA AN .	311	IND	-1.1m/s	0:25	Q
3	THANUJI AMASHA .	357	SRI	-1.1m/s	0:25	Q
4	SHIRIN AKTER .	402	BAN	-1.1m/s	0:25	q
5	KRISHNA CHADHAU .	386	NEPAL	-1.1m/s	0:27.49	
RESULTS OF PRELIMS Heat 2						
1	ARCHANA SUSEENT .	305	IND	+0.8m/s	0:24	Q
2	NONA SHARMILA J .	358	SRI	+0.8m/s	0:24	Q
3	SAHIB E ASRA .	351	PAK	+0.8m/s	0:24	Q
4	SARSWATI CHAUDH .	385	NEPAL	+0.8m/s	0:26	q
5	AISHATH HIMNA H .	343	MDV	+0.8m/s	0:26.22	
Event # 14 WOMENS Discus Throw						
1	NAVJEET KAUR DH .	338	IND			49.85m
49.85, 48.38, 48.75, X, 49.08, X						
2	SURAVI BISWAS .	339	IND			47.31m
45.82, X, 47.16, 46.11, 44.58, 47.31						
3	ISHARA MADURANG .	381	SRI			41.29m
38.51, 41.29, 40.93, 39.92, 39.85, 40.27						
4	VINODENI VISHAN .	380	SRI			40.77m
39.69, X, 38.88, 38.64, 36.82, 40.77						
5	AMRITA MAHATO .	399	NEPAL			40.15m
X, 40.15, 37.81, 36.57, 38.04, 35.34						
Event # 10 WOMENS Long Jump						
# SAG RECORDS:MAYOOKHA JOHNY IND 6.43 2016						
1	LAKSHINI SARANG .	370	SRI			6.38m
6.13 (0.0), 6.38 (0.0), 6.16 (-0.2), 6.25 (0.0), X (0.0), 5.98 (0.0)						
2	ANJANI UTHPALA .	376	SRI			6.11m
6.11 (0.0), 6.05 (0.0), X (0.0), X (0.0), X (0.0), 6.06 (-0.1)						
3	SANDRA BABU .	332	IND			6.02m
5.94 (0.0), X (0.0), X (0.0), 6.02 (0.0), X (0.0), X (0.0)						
4	PRIYANKA KERKET .	333	IND			5.94m
5.38 (0.0), 5.85 (0.0), X (0.0), X (0.0), 5.78 (0.0), 5.94 (0.0)						

5	MST RINKI KHATU	406		BAN		5.70m		
5.70 (0.0), X (0.0), X (0.0), 5.14 (0.0), X (0.0), 5.30 (0.0)								
6	SHILA CHAUDHARY	396		NEPAL		5.33m		
5.14 (0.0), 5.31 (0.0), 5.33 (0.0), X (0.0), 5.18 (0.0), 5.16 (0.0)								

RESULT DAY 3

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, KATHMANDU, POKHARA , NEPAL

Event # 26 MENS 110m Hurdles

SAG RECORDS:GHULAM ABBAS PAK 14.11 1989

1	MUHAMMAD NAEEM .	168	PAK	-0.6m/s	0:14.30
2	SUREN DHAR JAYAK .	131	IND	-0.6m/s	0:14.37
3	ROSHAN DAMMIKA .	186	SRI	-0.6m/s	0:14.42
4	MAYMON POULOSE .	132	IND	-0.6m/s	0:14.56
5	HASHITH NIRMAL .	187	SRI	-0.6m/s	0:15.09
6	JEEVAN CHAUDHAR .	215	NEPAL	-0.6m/s	0:15.60
7	MIRZA HASAN .	103	BAN	-0.6m/s	0:15.73
8	CHANDRA DEV JOS .	224	NEPAL	-0.6m/s	0:16.39

Event # 30 MENS Triple Jump

SAG RECORDS:RENJIT MAHESWARY IND 16.45 2016

1	KARTHIK UNNIKRI .	141	IND		16.47m #
				15.51 (0.0), 16.25 (0.0), 16.47 (0.0), X (0.0), 15.85 (0.0), 16.34 (0.0)	
2	MOHAMMED SALAHU .	142	IND		16.16m
				X (0.0), 16.16 (0.0), X (0.0), X (0.0), 15.65 (0.0), X (0.0)	
3	SAFREEN AHMED N .	200	SRI		15.95m
				15.24 (0.0), 15.66 (0.0), 13.84 (0.0), X (0.0), 15.95 (0.0), X (0.0)	
4	SHRESHAN DHANAN .	201	SRI		15.91m
				X (0.0), 15.66 (0.0), 15.91 (0.0), 15.70 (0.0), 15.77 (0.0), 15.51 (-0.9)	
5	MD SHOHEL RANA .	111	BAN		14.29m
				13.51 (0.0), 14.29 (0.0), 14.26 (0.0), X (0.0), 14.15 (0.0), X (0.0)	
6	DILLI KHATRI .	227	NEPAL		14.01m
				X (0.0), X (0.0), 14.01 (0.0), X (0.0), 13.58 (0.0), 13.85 (0.0)	
7	BHUVAN MAHATO .	226	NEPAL		13.53m
				13.53 (0.0), 13.43 (0.0), X (0.0), X (0.0), X (-0.2), 13.40 (0.0)	

Event # 8 WOMENS 100m Hurdles

SAG RECORDS:SRIYANI KULAWANSA SRI 13.12 1999

1	LAKSHIKA SUGAND .	356	SRI	-0.7m/s	0:13.68
2	APARNA ROY .	326	IND	-0.7m/s	0:14.13
3	IRESHANI SACHIP .	368	SRI	-0.7m/s	0:14.18
4	KANIMOZHI CHAND .	327	IND	-0.7m/s	0:14.69
5	MARIA MARATAB .	354	PAK	-0.7m/s	0:15.23
6	TAMANNA AKTER .	404	BAN	-0.7m/s	0:15.47
7	PRAMILA THARU .	395	NEPAL	-0.7m/s	0:16.38

Event # 21 MENS 400m Dash

SAG RECORDS:ROHAN PRADEEPKUMARA SRI 45.77 2004

RESULTS OF FINALS

1	ARUNA DHARSHANA .	177	SRI		0:46.69
2	LAKMAL PRIYANTH .	178	SRI		0:46.79
3	JEEVAN KAREKOPP .	119	IND		0:47.42
4	NOKAR HUSSAIN .	164	PAK		0:47.73
5	UMAR SADAT .	162	PAK		0:48.05
6	RASHID .	120	IND		0:48.14
	MOHAMMAD JAHIR .	102	BAN		DNS
	MD ABU TALEB .	107	BAN		DNS

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, KATHMANDU, POKHARA , NEPAL

Event # 3 WOMENS 400m Dash

SAG RECORDS:K V DAMAYANTHI DARSHA SRI 52.11 1999

RESULTS OF FINALS

1	DILSHI MAHEESHA .	362	SRI	0:53.40
2	PRIYA HABBATHAN .	313	IND	0:54.31
3	SAHIB E ASRA .	351	PAK	0:54.58
4	VIJAYAKUMARI GO .	312	IND	0:54.78
5	KAWSHALYA MADHU .	360	SRI	0:55.63
6	SUMI AKTAR .	301	BAN	1:01.91
7	AISHATH HIMNA H .	343	MDV	1:02.25
	SHABIYA AL SOHA .	403	BAN	DNF

Event # 12 WOMENS Triple Jump

SAG RECORDS:MAYOOKHA JOHNY IND 13.85 2016

1	HASHINI PRABODH .	377	SRI	13.21m
				X (0.0), X (0.0), 12.68 (-0.9), 13.21 (0.0), 12.92 (0.0), 13.03 (0.0)
2	VIDUSHA LAKSHAN .	375	SRI	13.14m
				X (0.0), 12.36 (-0.3), 12.99 (0.0), X (0.0), 13.01 (-0.6), 13.14 (0.0)
3	BHAIRABI ROY .	334	IND	12.77m
				X (0.0), 12.14 (0.0), 12.35 (0.0), 12.64 (0.3), 12.77 (0.0), 12.51 (0.0)
4	SIVA ANBARASI M .	335	IND	12.58m
				X (0.0), 12.24 (0.0), X (0.0), 11.64 (0.0), X (0.0), 12.58 (0.0)
5	MARIA MARATAB .	354	PAK	12.10m
				11.93 (-1.0), X (0.0), 12.06 (0.0), X (0.0), 12.10 (0.0), X (0.0)
6	SHILA CHAUDHARY .	396	NEPAL	11.06m
				X (0.0), X (0.0), 11.06 (0.0), X (0.0), X (-0.5), X (0.0)

Event # 21 MENS 400m Dash

SAG RECORDS:ROHAN PRADEEPKUMARA SRI 45.77 2004

RESULTS OF FINALS

1	ARUNA DHARSHANA .	177	SRI	0:46.69
2	LAKMAL PRIYANTH .	178	SRI	0:46.79
3	JEEVAN KAREKOPP .	119	IND	0:47.42
4	NOKAR HUSSAIN .	164	PAK	0:47.73
5	UMAR SADAT .	162	PAK	0:48.05
6	RASHID .	120	IND	0:48.14
	MOHAMMAD JAHIR .	102	BAN	DNS
	MD ABU TALEB .	107	BAN	DNS

Event # 3 WOMENS 400m Dash

SAG RECORDS:K V DAMAYANTHI DARSHA SRI 52.11 1999

RESULTS OF FINALS

1	DILSHI MAHEESHA .	362	SRI	0:53.40
2	PRIYA HABBATHAN .	313	IND	0:54.31
3	SAHIB E ASRA .	351	PAK	0:54.58
4	VIJAYAKUMARI GO .	312	IND	0:54.78
5	KAWSHALYA MADHU .	360	SRI	0:55.63
6	SUMI AKTAR .	301	BAN	1:01.91
7	AISHATH HIMNA H .	343	MDV	1:02.25
	SHABIYA AL SOHA .	403	BAN	DNF

RESULT DAY 4

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, KATHMANDU, POKHARA , NEPAL

Event # 27 MENS 400m Hurdles

SAG RECORDS:GHULAM ABBAS PAK 50.14 1991

1	MEHBOOB ALI .	163	PAK	0:50.71
2	JABIR MADARI PA .	133	IND	0:51.42
3	SANTHOSH KUMAR .	121	IND	0:51.98
4	ASANKA INDRAJIT .	188	SRI	0:54.33
5	ASITHA THARANGA .	189	SRI	0:54.93
6	RAM PRASAD THAR .	214	NEPAL	0:54.95
7	NIR PRATAP MAHA .	212	NEPAL	0:55.71
8	MD EBAD ALI .	235	BAN	0:55.81

Event # 31 MENS Shot Put

SAG RECORDS:BAHADUR SINGH SAGOO IND 19.15 1999

1	TAJINDERPAL SIN .	144	IND	20.03m #
	19.61, X, 20.03, X, X, 19.80			
2	OM PRAKASH SING .	145	IND	17.31m
	16.26, X, 17.08, 17.31, 16.46, X			
3	SAMITH MADUSANK .	202	SRI	15.55m
	14.68, 15.30, 15.52, X, 14.48, 15.55			
4	RADITH SAMITHA .	203	SRI	14.75m
	14.14, 14.21, 14.75, 14.58, 14.30, 14.45			
5	TANKA PRASAD DA .	229	NEPAL	13.09m
	X, X, 11.85, 12.96, 12.70, 13.09			
6	CHITRA BHADUR .	230	NEPAL	12.32m
	11.97, 11.71, 12.32, X, 12.08, 12.12			

Event # 9 WOMENS 400m Hurdles

SAG RECORDS:P.T. USHA .IND 57.18 1987

1	NAJMA PARVEEN .	350	PAK	1:00.35
2	KAWSHALYA MADHU .	360	SRI	1:00.40
3	VEERPAL KAUR .	328	IND	1:01.38
4	NIROSHIKA LAKMA .	369	SRI	1:03.36
5	JAUNA MURMU .	329	IND	1:03.41
6	KALPANA SHRESTH .	389	NEPAL	1:11.98

Event # 24 MENS 5000m Run

SAG RECORDS:MAN SINGH .IND 14:02.04 2016

1	GOPI CHAND PARK .	220	NEPAL	14:54.20
2	SUNIL DAWAR .	128	IND	14:55.21
3	HARI KUMAR RIMA .	221	NEPAL	14:57.05
4	SAMANTHA PUSHPA .	183	SRI	14:58.57
5	BUGATHA SRINU .	127	IND	15:04.02
6	SHANMUGESWARAN .	185	SRI	15:06.59
7	GAWA ZANGPO .	113	BHU	15:16.84
8	SOHAIL AMIR .	166	PAK	15:20.68
9	NASIR ALI .	167	PAK	15:58.53
	HUSSAIN FAZEEL .	154	MDV	DNS

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, KATHMANDU, POKHARA , NEPAL

Event # 6 WOMENS 5000m Run

SAG RECORDS:SURIYA LOGANATHAN IND 15:45.75 2016

1	UDA KUBURALAGE .	364	SRI	16:55.18
2	PARUL CHAUDHARY .	322	IND	16:57.49
3	PRITI LAMBA .	323	IND	17:09.32
4	SANTOSHI SHREST .	393	NEPAL	17:13.68
5	GOMA PRADHAN .	304	BHU	17:24.21
6	NIMESHA MADUSHA .	365	SRI	17:40.71
	RABIA ASHIQ .	353	PAK	DNF
	BISWARUPA BUDHA .	394	NEPAL	DNS

Event # 34 MENS 4x100m Relay

SAG RECORDS:INDIA . IND 39.91 2004

1	SRI F		SRI	0:39.14	#
	174 HIMASHA EASHAN .		191 CHANUKA SANDEEP .		
	175 VINOJ SURANJAYA .		190 YUPUN PRIYADARS .		
2	IND C		IND	0:39.97	
	135 HARJIT SINGH .		115 GURINDERVIR SIN .		
	136 PRANAV KALAPPUR .		114 AMIYA KUMAR MAL .		
3	PAK A		PAK	0:40.50	
	160 SAMI ULLAH .		169 MUHAMMAD SHAHBA		
	161 UZAIR REHMAN .		168 MUHAMMAD NAEEM .		
4	BAN D		BAN	0:40.76	
	104 ABDUR ROUF .		106 MD ISMAIL .		
	105 SHARIFUL .		237 MOHAMMED HASAN .		
5	MDV F		MDV	0:42.34	
	155 IBADULLA ADAM .		157 NUJOOM HASSAN .		
	158 MOHAMED JALAAIL .		152 SAAID HASSAN .		
6	NEPAL B		NEPAL	0:42.72	
	209 AASHISH CHAUDHA .		215 JEEVAN CHAUDHAR .		
	211 ANAND DEV CHAUD .		210 YAM SAJAN SUNAR .		

Event # 13 WOMENS Shot Put

SAG RECORDS:MANPREET KAUR IND 17.94 2016

1	ABHA KHATUA .	336	IND	15.32m
	14.89, 15.04, X, 14.80, 15.29, 15.32			
2	THARIKA KUMUDUM .	378	SRI	14.35m
	13.66, 13.52, 13.79, 14.35, 13.60, 13.64			
3	KACHNAR CHAUDHA .	337	IND	13.66m
	12.84, 12.69, 12.46, 13.17, 12.52, 13.66			
4	NADEEKA DARSHAN .	379	SRI	13.25m
	12.59, 12.78, 12.66, 12.92, 12.64, 13.25			
5	CHANDRA KALA LA .	397	NEPAL	12.52m
	11.93, 12.41, 12.17, 11.59, 12.52, 12.39			

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12/3/19 - 12/7/19

, KATHMANDU, POKHARA, NEPAL**Event # 16 WOMENS 4x100m Relay**

SAG RECORDS:SRI LANKA . . 44.63 2006

1	SRI F	356 LAKSHIKA SUGAND . 371 SADEEPA HENRY H .	SRI	370 LAKSHINI SARANG . 357 THANUJI AMASHA .	0:44.89
2	IND C	308 HIMASHREE ROY . 305 ARCHANA SUSEENT .	IND	311 CHANDRALEKHA AN . 306 DANESHWARI ASHO .	0:45.36
3	PAK A	351 SAHIB E ASRA . 352 ANEELA GULZAR .	PAK	350 NAJMA PARVEEN . 355 ESHA IMRAN .	0:46.74
4	BAN D	302 MIS SHARIFA KHA . 303 SOHAGI AKTER .	BAN	404 TAMANNA AKTER . 402 SHIRIN AKT .	0:47.20
5	NEPAL B	386 KRISHNA CHADHAU . 387 ARUNA RIJAL .	NEPAL	395 PRAMILA THARU . 385 SARSWATI CHAUDH .	0:49.87
6	MDV E	346 MARIYAM ALHAA H . 348 SARAA MASSOOD .	MDV	343 AISHATH HIMNA H . 349 RIFA MOHAMED .	0:50.16

RESULT DAY 5

LICENSED TO: INNOVATIONS INC NEW DELHI

Page 1 of 3

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

07-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA, NEPAL

Event # 36 MENS 42KM Marathon

#SAG RECORDS:B.MANANDHAR NEP 2::15.03 1987

1	KIRAN SINGH BOG .	233	NEPAL	2:21:17.00
2	RASHPAL SINGH .	150	IND	2:21:57.00
3	SHRE SINGH .	151	IND	2:22:07.00
4	HOM LAL SHRESHT .	234	NEPAL	2:24:31.00
5	PRADEEP DHAMMIK .	207	SRI	2:28:43.00
6	SISIRA KUMARA W .	208	SRI	2:29:13.00
7	SHIFAZ MOHAMED .	159	MDV	2:58:38.00
	SOHAIL AMIR .	166	PAK	DNF

Event # 18 WOMENS 42KM Marathon

SAG RECORDS:V SATHYABHAMA . IND 2:38.10 1995

1	HIRUNI KESARA W .	366	SRI	2:41:24.00
2	PUSHPA BHANDARI .	401	NEPAL	2:50:11.00
3	JYOTI GAWATE	317	IND	2:52:44.00
4	MAHAMARALALAGE .	384	SRI	2:59:43.00
5	JIGMET DOLMA .	342	IND	3:07:24.00
6	MARIYAM ABDUL K .	345	MDV	3:21:54.00
	RAJPURA PACHCHA .	400	NEPAL	DNF

Event # 15 WOMENS Javelin Throw

SAG RECORDS:SUMAN DEVI IND 59.45 2016

1	NADEESHA DILHAN .	383	SRI	55.02m
	52.33, 49.29, X, X, X, 55.02			
2	NADEEKA LAKMALI .	382	SRI	54.41m
	48.62, 54.40, 52.05, 50.76, 50.15, 54.41			
3	KUMARI SHARMILA .	341	IND	53.64m
	49.83, X, X, 45.78, 50.34, 53.64			
4	SANJANA CHOUDHA .	340	IND	47.63m
	X, X, X, 47.63, X, 45.53			
5	LAXMI THARU .	398	NEPAL	45.27m
	38.58, 42.85, 45.27, 37.20, 43.56, X			
6	CHANDRA KALA LA .	397	NEPAL	44.42m
	37.58, 38.53, 33.81, 44.20, 44.42, 40.95			

Event # 33 MENS Javelin Throw

SAG RECORDS:NEERAJ CHOPRA IND 82.23 2016

1	ARSHAD NADEEM .	173	PAK	86.29m	#
	78.74, X, 86.29, 83.17, 85.86, 82.13				
2	SHIVPAL SINGH .	149	IND	84.16m	#
	80.24, 84.16, X, X, 82.63, 83.59				
3	SUMEDHA JAGATH .	205	SRI	74.97m	
	74.30, X, X, 74.97, X, X				
4	WARUNA LAKSHAN .	206	SRI	72.33m	
	71.95, 72.33, X, X, 70.23, 69.54				
5	ARSHDEEP SINGH .	148	IND	70.42m	
	68.77, X, 68.04, X, 70.42, 68.49				
6	ROHIT CHAUDHARY .	232	NEPAL	59.27m	
	59.15, 59.27, 51.36, X, 55.13, 53.03				

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

07-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA , NEPAL

Event # 22 MENS 800m Run

# SAG RECORDS:RANJIT SUBASINGHE SRI 1:47.56 1993				
1	INDUNIL MADUSHA .	179	SRI	1:50.52
2	MOHAMMED AFSAL .	123	IND	1:51.25
3	SOM BAHADUR KUM .	216	NEPAL	1:51.44
4	RUSIRU CHATHJURA .	180	SRI	1:51.51
5	ANKIT .	124	IND	1:52.32
6	MUHAMMAD IKRAM .	165	PAK	1:54.19
7	HUSSAIN RIZA .	153	MDV	1:56.51
8	UMESH MARSANGDI .	217	NEPAL	1:59.55

Event # 4 WOMENS 800m Run

# SAG RECORDS:SHINY WILSON . IND 1:59.85 1995				
1	DULSHI MAHEESHA .	362	SRI	2:06.18
2	GUNAIHILAKA THU .	363	SRI	2:08.52
3	LILY DAS .	319	IND	2:08.97
4	SARASWATI BHATT .	390	NEPAL	2:12.67
5	CHITRA PALAKELEZ .	320	IND	2:13.13
6	ANEELA GULZAR .	352	PAK	2:18.52
7	PHUMATI RANA .	391	NEPAL	2:23.84
8	AISHATH JAAISHA .	344	MDV	2:38.02
	SUMI AKTAR .	301	BAN	DNF

Event # 35 MENS 4x400m Relay

# SAG RECORDS:SRI LANKA SRI 3:05.28 2004					
1	SRI S		SRI		3:08.04
		177 ARLNA DHARSHANA .		195 SENIRA DJI AKSHA .	
		193 RAJITHANERANJA .		178 LAKMAL PRIYANTU .	
2	IND I		IND		3:08.21
		119 JEEVAN KAREKOPP .		121 SANTHOSH KUMAR .	
		122 ANGREJ SINGH .		133 JABIR MADARI PA .	
3	PAK P		PAK		3:08.24
		162 UMAR SADAT .		163 MEHBOOB ALI .	
		170 ABDUL MOHID .		164 NOKAR HUSSAIN .	
4	BAN B		BAN		3:15.50
		107 MD ABC TALEB .		108 MD MASUD RANA .	
		101 MD SAIFUL ISMAIL .		102 MOHAMMAD JAHIR .	
5	NEPAL N		NEPAL		3:23.78
		214 RAM PRASAD THAR .		215 JEEVAN CHAUDHAR .	
		213 SIMAN PANDEY .		212 NIR PRATAP MAHA .	
	MDV M		MDV		DNS
	MDV M		MDV		DNS

13TH SOUTH ASIAN GAMES 2019

13TH SOUTH ASIAN GAMES 2019

07-12-2019

12/3/19 - 12/7/19

, KATHMANDU, POKHARA , NEPAL

Event # 17 WOMENS 4x400m Relay

SAG RECORDS:INDIA . . 3:32.35 1999

1	SRI S		SRI		3:41.10
	372	OMAYA UDAYANGAN .	363	GUNATHILAKA THU .	
	360	KAWSILAIYA MADHU .	362	DILSHI MAHEESHA .	
2	PAK P		PAK		3:41.74
	351	SAHIB F ASRA .	352	ANEEL A GULZAR .	
	353	RAMA ASHIQ .	350	NAJMA PARVEEN .	
3	IND I		IND		3:41.81
	313	PRIYA HABBATHAN .	312	VIJAYAKUMARI GO .	
	318	MANTSHA KUSHWAL .	314	NANCY .	
4	BAN B		BAN		4:00.55
	403	SHABIYA AL SOHA .	302	MIS SHARIFA KHA .	
	301	SUMI AK TAR .	402	SHIRIN AKT .	
5	NEPAL N		NEPAL		4:04.91
	388	SANGITA MECHE .	389	KALPANA SHRESTHI .	
	387	ARUNA RIJAL .	390	SARASWATI BIJAIT .	
6	MDV M		MDV		4:31.22
	348	SARAA MASSOOD .	344	AISHATH JAAJISHA .	
	349	RIFA MOHAMED .	343	AISHATHI HUMNA H	

Subject **ANTI DOPING CASES – ANALYSIS OF B SAMPLE**
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To costas@adlqatar.qa <costas@adlqatar.qa>
Cc 'Makram sahi' <sahi49@gmail.com>, sujan shrestha <sujanlal_jessica@yahoo.com>, Pakistan Olympic Association <info@nocpakistan.org>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, Army Sports Directorate <asdirectorate@gmail.com>
Date 02-06-2020 2:40 pm



-
- Email from Nepal Olympic Committee.pdf (~150 KB)
 - Email from Secretary General POA.pdf (~67 KB)

Dr. Costas Georgakopoulos
Doping Analysis Laboratory Director
Anti Doping Lab Qatar

Subject: **ANTI DOPING CASES – ANALYSIS OF B SAMPLE**

Dear Sir,

It is apprised that Nepal Olympic Committee informed us on 20.05.2020 regarding the Adverse Analytical Findings (AAF) of 03 Pakistani athletes who participated in the 13th South Asian Games in Nepal. AAF Notice of charge and Mandatory Provisional Suspension under the 13th SAG Anti Doping rules were also issued to the athletes by the Chairman Anti Doping Committee 13th SAG with the option of **B Sample** analysis. In response 02 athletes have opted and requested to have their B Sample analyzed.

In this regard we have been advised by the Executive Secretary Nepal Olympic Committee to contact you as per his email dated 27.05.2020.

In view of above it is requested to process the analysis of B Samples of the athletes. Code of the athletes as mentioned in their Notices and Test reports of your Lab are 4300904 and 4300915.

Best regards,

Muhammad Zafar
Secretary General AFP

Distribution:-

- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Executive Secretary Nepal Olympic Committee
- Secretary General Pakistan Olympic Association with reference to email dated 1.06.2020
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games 2019
- Dr Waqar Ahmad Chairman Anti Doping Organization of Pakistan
- Secretary Army Sports Directorate for information and necessary action with reference to reply / option of the athletes. Copies of the emails dated 27.05.2020 from Nepal Olympic Committee and dated 1.06.2020 from Secretary General POA are also attached.
- Concerned athletes

Re: Violation of Anti Doping Rules in 13 South Asian Games

sujan shrestha <sujanlal_jessica@yahoo.com>

Wed 5/27/2020 3:23 PM

To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

Cc: Dr Saroj Shreesta <saroshmanepal@gmail.com>; Nepal Olympic Committee <info@nocnepal.org.np>; Jeewan Nepal <jibanram@yahoo.com>; Nabees Pradhan <nabeesman@gmail.com>; Pakistan Olympic Association <info@nocpakistan.org>

3 attachments (1 MB)

Mehboob Ali.jpeg; Muhammad Naeem.jpeg; Samiullah .jpeg;

Dear Mr. Secretary General:

We really appreciate for your prompt response on above subject matter. With reference to your below mail, we came to notice that athletes are ready to go for analysis of sample B. In this regard please contact to below mention person of Qatar Lab. For your kind information all the charges for analysis of Sample B must be borne by yourself.

"Dr. Costas Georgakopoulos" <costas@adlqatar.qa>
Doping Analysis Laboratory Director
Anti-Doping Lab Qatar
Direct: +974 4413 2991
Fax: +974 4413 2997

Should you have any queries, please feel free to contact us.

Thanking you.

Best regards.

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

On Wednesday, 27 May 2020, 11:21:59 am GMT+5:45, saroj shrestha <saroshmanepal@gmail.com> wrote:

----- Forwarded message -----

From: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

Date: Wed, May 27, 2020 at 9:59 AM

Subject: Violation of Anti Doping Rules in 13 South Asian Games

To: Pakistan Olympic Association <info@nocpakistan.org>

Cc: Makram sahi <sahi49@gmail.com>, Nepal Olympic Committee

<info@nocnepal.org.np>, saroshmanepal@gmail.com

<saroshmanepal@gmail.com>, jibanram@yahoo.com <jibanram@yahoo.com>

Confidential and Most Urgent

Dear Sir,

6/2/2020

Mail - PAK - Athletics Federation Of Pakistan - Outlook

Please refer to email received from Nepal Olympic Committee on 20-5-2020 and your email dated 21-5-2020 on the subject matter.

Replies of the AAF Notice of charge and Mandatory provisional Suspension submitted by athletes are attached for further necessary action as desired please.

Best regards,

Muhammad Zafar
Secretary General AFP

Adverse Analytical Findings – 13th South Asian Games, 2019

Pakistan Olympic Association <info@nocpakistan.org>

Mon 6/1/2020 11:08 AM

To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

Cc: President NOC Pakistan <president@nocpakistan.org>; Info <info@nocpakistan.org>; Nepal Olympic Committee <info@nocnepal.org.np>; Nilendra Shrestha <nilendrashrestha@gmail.com>; saroshmanepal@gmail.com <saroshmanepal@gmail.com>; Dr. Waqar Ahmad <drwaqarahmad@live.com>; sujan shrestha <sujanlal_jessica@yahoo.com>

 1 attachments (311 KB)

112 - (AFP - Violation of Anti-Doping Rules - 13th SAG).pdf;

POA-112/MGS/13th SAG

01 June, 2020

Mr. Muhammad Zafar

Secretary General

Athletics Federation of Pakistan

Dear Sir,

As advised by the NOC Nepal vide email / letter dated 31 May, 2020, you may proceed for the B Sample Analysis of athletes strictly in accordance with WADA Code & Guidelines. The matter shall be further processed after receipt of the results of the B Sample as per the advice of the NOC Nepal in accordance with the Anti Doping Rules.

An immediate action shall be highly appreciated.

Best regards,

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

Copy to:

- Lt Gen (R) Syed Arif Hasan, President, Pakistan Olympic Association / NOC Pakistan.
- Mr. Jeevan Ram Shrestha, President, Nepal Olympic Committee.
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019.
- Dr. Waqar Ahmad, Chairman Anti Doping Organization of Pakistan.

Subject Adverse Analytical Findings – 13th South Asian Games, 2019
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>, sujan shrestha <sujanlal_jessica@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, Nilendra Shrestha <nilendrashrestha@gmail.com>
Date 02-06-2020 12:26 pm



Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Dear Sir,

Please refer to your letter No. POA-112/MGS/13th SAG dated 1-06-2020 on the subject matter.

It is informed that AFP has not received email / letter dated 31 May 2020 from NOC Nepal as mentioned in above referred letter. Please forward the email / letter of NOC Nepal to proceed further in the matter.

An urgent action is requested.

Best regards,

Muhammad Zafar
Secretary General, AFP

Copy to:

- Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP / Vice President AAA
- Mr. Jeevan Ram Shrestha, President, Nepal Olympic Committee
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019
- Dr. Waqar Ahmad, Chairman Anti Doping Organization of Pakistan

Subject RE: ANTI DOPING CASES – ANALYSIS OF B SAMPLE 4300915
From Dr. Costas Georgakopoulos <costas@adlqatar.qa>
To PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, Nasser Saad A Al-saad <nalsaad@olympic.qa>, Doping Analysis <Doping.analysis@adlqatar.qa>, Dr. Rodrigo Aguilera <raguilera@adlqatar.qa>, Dr. Alka Beotra <abeotra@adlqatar.qa>, Najib Adnan Dbes <ndbes@adlqatar.qa>, Ahmad Nofal <ANofal@adlqatar.qa>, Wadha Masoud Abushreeda <WAbushareeda@adlqatar.qa>, Dr. Ariadni Vonaparti <avonaparti@adlqatar.qa>
Cc 'Makram sahi' <sahi49@gmail.com>, sujan shrestha <sujanlal_jessica@yahoo.com>, Pakistan Olympic Association <info@nocpakistan.org>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, Army Sports Directorate <asdirdirectorate@gmail.com>
Date 03-06-2020 12:03 pm



- ADLQ Doha map.pdf (~111 KB)

Goodmorning everybody,

Dear Mr. Zafar, we arrange the analysis of the sample B-4300915 to be initiated next Monday, June 8, 2020.

The opening and resealing of the sample B-4300915 will be conducted on that day next Monday, June 8, 2020 at 10:00 am in our laboratory. Please inform ADLQ, which person(s) will attend the analysis from your Testing Authority and the athlete' side. Testing Authority has the full responsibility for the communication with the athlete. Mr. Nasser Al-Saad, Director of Qatar Antidoping Commission will be the independent observer of the opening and resealing procedure of sample B-4300915.

Please be informed that the cost of the analysis is 350 US\$ and the invoice will be issued to PAK - Athletics Federation Of Pakistan.

Please confirm the receipt and the acceptance of the message or propose different arrangements.

Without your confirmation message, ADLQ will not proceed to the B-analysis procedure.

Thank you very much
Best regards
Costas

Dr. Costas Georgakopoulos

Doping Analysis Laboratory Director



P.O Box: 27775 Doha - Qatar
Office: 974 44132991
Mobile: 974 66105075
Fax: 974 44132997
Email: costas@adlqatar.qa

P الرجاء مراعاة مسؤوليتنا تجاه البيئة قبل طباعة هذه الرسالة. Please consider your environmental responsibility before printing this email.

From: PAK - Athletics Federation Of Pakistan [mailto:pak@mf.worldathletics.org]
Sent: Tuesday, June 02, 2020 12:41 PM
To: Dr. Costas Georgakopoulos
Cc: 'Makram sahi'; sujan shrestha; Pakistan Olympic Association; Dr Saroj Shreesta; Dr. Waqar Ahmad; Army Sports Directorate
Subject: ANTI DOPING CASES – ANALYSIS OF B SAMPLE

Dr. Costas Georgakopoulos

Doping Analysis Laboratory Director
Anti Doping Lab Qatar

Subject: **ANTI DOPING CASES – ANALYSIS OF B SAMPLE**

Dear Sir,

It is apprised that Nepal Olympic Committee informed us on 20.05.2020 regarding the Adverse Analytical Findings (AAF) of 03 Pakistani athletes who participated in the 13th South Asian Games in Nepal. AAF Notice of charge and Mandatory Provisional Suspension under the 13th SAG Anti Doping rules were also issued to the athletes by the Chairman Anti Doping Committee 13th SAG with the option of **B Sample** analysis. In response 02 athletes have opted and requested to have their B Sample analyzed.

In this regard we have been advised by the Executive Secretary Nepal Olympic Committee to contact you as per his email dated 27.05.2020.

In view of above it is requested to process the analysis of B Samples of the athletes. Code of the athletes as mentioned in their Notices and Test reports of your Lab are 4300904 and 4300915.

Best regards,

Muhammad Zafar
Secretary General AFP

Distribution:-

- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Executive Secretary Nepal Olympic Committee
- Secretary General Pakistan Olympic Association with reference to email dated 1.06.2020
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games 2019
- Dr Waqar Ahmad Chairman Anti Doping Organization of Pakistan
- Secretary Army Sports Directorate for information and necessary action with reference to reply / option of the athletes. Copies of the emails dated 27.05.2020 from Nepal Olympic Committee and dated 1.06.2020 from Secretary General POA are also attached.
- Concerned athletes



Antidoping
Lab Qatar

Muhammad Zafar
Secretary General AFP

CC:-

- Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP / Vice President AAA
- Mr. Jeevan Ram Shrestha, President, Nepal Olympic Committee
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019
- Dr. Waqar Ahmad, Chairman Anti Doping Organization of Pakistan
- Mr. Jee Isram, Member Federations Relations Senior Manager, Head of Protocol, World Athletics
- Mr. A. Shuggumarran, Secretary General, Asian Athletics Association
- Army Sports Directorate
- WAPDA Sports Board

Subject Violation of Anti Doping Rules in 13 South Asian Games
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 05-06-2020 2:42 pm



Reminder 1

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Dear Sir,

Please refer to our below mentioned email on the subject matter.

Please share the feedback, if any, received from Nepal Olympic Association / Chairman Anti Doping Committee 13th South Asian Games as requested earlier.

An early reply is requested.

Best regards,

Muhammad Zafar
Secretary General, AFP

From: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Sent: Wednesday, May 27, 2020 11:48 PM
To: Pakistan Olympic Association <info@nocpakistan.org>
Cc: 'Makram sahi' <sahi49@gmail.com>
Subject: Violation of Anti Doping Rules in 13 South Asian Games

CONFIDENTIAL

Dear Sir,

It is apprised that in compliance of the deadline given by the Chairman Anti Doping Committee 13th SAG replies of the AAF Notices of charge and mandatory provisional suspension, submitted by the athletes, have been sent to you vide our email dated 27-05-2020. However, it is not understood that why the matter has been reported by the Nepal Olympic Committee to NOC Pakistan so late i.e. on 20-05-2020 asking for replies from athletes by 27-05-2020 (during Eid Holidays from 22-05-2020 to 27-05-2020)

It has been noticed that Samples of the athletes were taken on 3 December and 6 December 2019 but Test reports have been conveyed after about six months.

The above mentioned situation has caused embarrassment to the AFP, POA and other concerned circles. Had it been conveyed earlier the athletes would not have been awarded cash incentives by the Govt.

It would be appreciated if a clarification is sought from the Nepal Olympic Association / Chairman Anti Doping Committee 13th SAG on this matter.

Best regards,

Muhammad Zafar
Secretary General AFP

|

Subject Adverse Analytical Findings – 13th South Asian Games, 2019
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 05-06-2020 3:18 pm



Reminder 1

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Dear Sir,

Please refer to our below mentioned email on the subject matter.

As requested earlier copy of the email / letter dated 31 May 2020 of NOC Nepal may be sent to AFP at the earliest.

Best regards,

Muhammad Zafar
Secretary General AFP

From: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Sent: Tuesday, June 2, 2020 12:26 PM
To: Pakistan Olympic Association <info@nocpakistan.org>
Cc: 'Makram sahi' <sahi49@gmail.com>; sujan shrestha <sujanlal_jessica@yahoo.com>; Dr Saroj Shreesta <saroshmanepal@gmail.com>; Dr. Waqar Ahmad <drwaqarahmad@live.com>; Nilendra Shrestha <nilendrashrestha@gmail.com>
Subject: Adverse Analytical Findings – 13th South Asian Games, 2019

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Dear Sir,

Please refer to your letter No. POA-112/MGS/13th SAG dated 1-06-2020 on the subject matter.

It is informed that AFP has not received email / letter dated 31 May 2020 from NOC Nepal as mentioned in above referred letter. Please forward the email / letter of NOC Nepal to proceed further in the matter.

An urgent action is requested.

Best regards,

Muhammad Zafar
Secretary General, AFP

Copy to:

- Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP / Vice President AAA
- Mr. Jeevan Ram Shrestha, President, Nepal Olympic Committee

- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019
- Dr. Waqar Ahmad, Chairman Anti Doping Organization of Pakistan

Subject Urgent !!!

From sujan shrestha <sujanlal_jessica@yahoo.com>
To PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc Pakistan Olympic Association <info@nocpakistan.org>, Nepal Olympic Committee <info@nocnepal.org.np>
Date 07-06-2020 11:32 am



Dear Sir:

Greetings from Nepal Olympic Committee.

As you are aware of that the South Asian Games is under umbrella of South Asian Olympic Council. As per the rules any issues of the Games should be done through NOC of the respective countries. Therefore if you have any issues on Games, please come through NOC Pakistan.

Thank you.

Regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Subject Violation of Anti Doping Rules in 13 South Asian Games
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 08-06-2020 7:31 pm



Reminder 2

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Dear Sir,

Reply of our email dated 27.05.2020 is still awaited. Kindly expedite the same.

Best regards,

Muhammad Zafar
Secretary General AFP

Subject Adverse Analytical Findings – 13th South Asian Games, 2019
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 08-06-2020 8:01 pm



Reminder 2

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Dear Sir,

Reply of our email dated 02.06.2020 is still awaited. Kindly expedite the same.

Best regards,

Muhammad Zafar
Secretary General AFP

Subject RE: ANTI DOPING CASES – ANALYSIS OF B SAMPLE 4300915
From Doping Analysis <Doping.analysis@adlqatar.qa>
To Dr. Costas Georgakopoulos <costas@adlqatar.qa>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, Nasser Saad A Al-saad <nalsaad@olympic.qa>, Dr. Rodrigo Aguilera <raguilera@adlqatar.qa>, Dr. Alka Beotra <abeotra@adlqatar.qa>, Najib Adnan Dbes <ndbes@adlqatar.qa>, Ahmad Nofal <ANofal@adlqatar.qa>, Wadha Masoud Abushreeda <WAbushareeda@adlqatar.qa>, Dr. Ariadni Vonaparti <avonaparti@adlqatar.qa>
Cc 'Makram sahi' <sahi49@gmail.com>, sujan shrestha <sujanlal_jessica@yahoo.com>, Pakistan Olympic Association <info@nocpakistan.org>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, Army Sports Directorate <asdirector@adlqatar.qa>
Date 08-06-2020 3:36 pm



- Resealing & Integrity Confirmation Forms.pdf (~295 KB)

Dear All,

Please find attached resealing & Integrity confirmation forms for below samples:

Doping Analysis

Doping analysis



P.O Box: 27775 Doha - Qatar
Office:
Mobile:
Fax: 974 44132997
Email: Doping.analysis@adlqatar.qa

P الرجاء مراعاة مسؤوليتنا تجاه البيئة قبل طباعة هذه الرسالة. Please consider your environmental responsibility before printing this email.

From: Dr. Costas Georgakopoulos
Sent: 03 June, 2020 10:03 AM
To: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>; Nasser Saad A Al-saad <nalsaad@olympic.qa>; Doping Analysis <Doping.analysis@adlqatar.qa>; Dr. Rodrigo Aguilera <raguilera@adlqatar.qa>; Dr. Alka Beotra <abeotra@adlqatar.qa>; Najib Adnan Dbes <ndbes@adlqatar.qa>; Ahmad Nofal <ANofal@adlqatar.qa>; Wadha Masoud Abushreeda <WAbushareeda@adlqatar.qa>; Dr. Ariadni Vonaparti <avonaparti@adlqatar.qa>
Cc: 'Makram sahi' <sahi49@gmail.com>; sujan shrestha <sujanlal_jessica@yahoo.com>; Pakistan Olympic Association <info@nocpakistan.org>; Dr Saroj Shreesta <saroshmanepal@gmail.com>; Dr. Waqar Ahmad <drwaqarahmad@live.com>; Army Sports Directorate <asdirector@adlqatar.qa>
Subject: RE: ANTI DOPING CASES – ANALYSIS OF B SAMPLE 4300915

Goodmorning everybody,

Dear Mr. Zafar, we arrange the analysis of the sample B-4300915 to be initiated next Monday, June 8, 2020.

The opening and resealing of the sample B-4300915 will be conducted on that day next Monday, June 8, 2020 at 10:00 am in our laboratory. Please inform ADLQ, which person(s) will attend the analysis from your Testing Authority and the athlete' side. Testing Authority has the full responsibility for the communication with the athlete. Mr. Nasser Al-Saad, Director of Qatar Antidoping

Commission will be the independent observer of the opening and resealing procedure of sample B-4300915.

Please be informed that the cost of the analysis is 350 US\$ and the invoice will be issued to PAK - Athletics Federation Of Pakistan.

Please confirm the receipt and the acceptance of the message or propose different arrangements.

Without your confirmation message, ADLQ will not proceed to the B-analysis procedure.

Thank you very much

Best regards

Costas

Dr. Costas Georgakopoulos

Doping Analysis Laboratory Director



P.O Box: 27775 Doha - Qatar

Office: 974 44132991

Mobile: 974 66105075

Fax: 974 44132997

Email: costas@adlqatar.qa

P الرجاء مراعاة مسؤوليتنا تجاه البيئة قبل طباعة هذه الرسالة. Please consider your environmental responsibility before printing this email.

From: PAK - Athletics Federation Of Pakistan [<mailto:pak@mf.worldathletics.org>]

Sent: Tuesday, June 02, 2020 12:41 PM

To: Dr. Costas Georgakopoulos

Cc: 'Makram sahi'; sujan shrestha; Pakistan Olympic Association; Dr Saroj Shreesta; Dr. Waqar Ahmad; Army Sports Directorate

Subject: ANTI DOPING CASES – ANALYSIS OF B SAMPLE

Dr. Costas Georgakopoulos

Doping Analysis Laboratory Director

Anti Doping Lab Qatar

Subject: **ANTI DOPING CASES – ANALYSIS OF B SAMPLE**

Dear Sir,

It is apprised that Nepal Olympic Committee informed us on 20.05.2020 regarding the Adverse Analytical Findings (AAF) of 03 Pakistani athletes who participated in the 13th South Asian Games in Nepal. AAF Notice of charge and Mandatory Provisional Suspension under the 13th SAG Anti Doping rules were also issued to the athletes by the Chairman Anti Doping Committee 13th SAG with the option of **B Sample** analysis. In response 02 athletes have opted and requested to have their B Sample analyzed.

In this regard we have been advised by the Executive Secretary Nepal Olympic Committee to contact you as per his email dated 27.05.2020.

In view of above it is requested to process the analysis of B Samples of the athletes. Code of the athletes as mentioned in their Notices and Test reports of your Lab are 4300904 and 4300915.

Best regards,

Muhammad Zafar

Secretary General AFP

Distribution:-

- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Executive Secretary Nepal Olympic Committee
- Secretary General Pakistan Olympic Association with reference to email dated 1.06.2020
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games 2019
- Dr Waqar Ahmad Chairman Anti Doping Organization of Pakistan
- Secretary Army Sports Directorate for information and necessary action with reference to reply / option of the athletes. Copies of the emails dated 27.05.2020 from Nepal Olympic Committee and dated 1.06.2020 from Secretary General POA are also attached.
- Concerned athletes



ADLQ DOPING ANALYSIS LAB, SOP 014, WORKING FORM 11 – B-SUBSAMPLE INTEGRITY CONFIRMATION FORM, Authors : CGG, Version : 02

ANNEX 014.11. : B-SUBSAMPLE INTEGRITY CONFIRMATION FORM

A / B Subsample Code	:	B-4300915
Subsample Laboratory Code	:	BU-12849
Event	:	ATHLETICS
Antidoping Sports Authority	:	SARADO
Collection site / date	:	5/12/2019 - NEPAL

The undersigned persons, who are present at the analysis of the B-subsample, with the above mentioned identities, confirm that the B-subsample bottle seal is intact.

Doha, 8 / 6 / 2020

Time 9:45

Name of the present person, ID or passport, function	Signature
Costas Georgakopoulos, 26330000021, Doping Analysis Lab Director, ADLQ	
Alka Beotra, Ph.D., 25635611503 Risk and Quality Director, Anti Doping Lab Qatar	
Nasser AlSaad	
Suhaib Alsaadi	



ADLQ DOPING ANALYSIS LAB, SOP 014, WORKING FORM 12 – B-SUBSAMPLE RESEALING CONFIRMATION FORM, Authors : CGG, Version : 02

ANNEX 014.12. : B-SUBAMPLE RESEALING CONFIRMATION FORM

A / B Subsample Code	:	B-4300915
Subsample Laboratory Code	:	BU-12849
New cap code for B-Subsample	:	3773148
Event	:	ATHLETICS
Antidoping Sports Authority	:	SARADO
Collection site / date	:	5/12/19 - NEPAL

The undersigned persons, who are present at the analysis of the B-subsample, with the above mentioned identities, confirm the resealing of the B-subsample bottle with a new cap coded

.....3773148

Doha, 8 / 6 / 20 20

Time 9:50

Name of the present person, ID or passport, function	Signature
Costas Georgakopoulos, 26330000021, Doping Analysis Lab Director, ADLQ	
Alka Beotra, Ph.D., 25635611503 Risk and Quality Director, Anti Doping Lab Qatar	
Nasser Alsaad	
Suhaib Alsaadi	



ADLQ DOPING ANALYSIS LAB, SOP 014, WORKING FORM 12 – B-SUBSAMPLE RESEALING CONFIRMATION FORM, Authors : CGG, Version : 02

ANNEX 014.12. : B-SUBAMPLE RESEALING CONFIRMATION FORM

A / B Subsample Code	:	B-4300904
Subsample Laboratory Code	:	B4-13056
New cap code for B-Subsample	:	3773211
Event	:	ATHLETICS
Antidoping Sports Authority	:	SARADO
Collection site / date	:	0/12/19 - NEPAL

The undersigned persons, who are present at the analysis of the B-subsample, with the above mentioned identities, confirm the resealing of the B-subsample bottle with a new cap coded3773211

Doha, 8 / 6 / 2020 Time 10 : 05

Name of the present person, ID or passport, function	Signature
Costas Georgakopoulos, 26330000021, Doping Analysis Lab Director, ADLQ	
Alka Beotra, Ph.D., 25635611503 Risk and Quality Director, Anti Doping Lab Qatar	
Nasser AlSaadi	
Suhaib AlSaadi	



ADLQ DOPING ANALYSIS LAB, SOP 014, WORKING FORM 11 – B-SUBSAMPLE INTEGRITY CONFIRMATION FORM, Authors : CGG, Version : 02

ANNEX 014.11. : B-SUBSAMPLE INTEGRITY CONFIRMATION FORM

A / B Subsample Code	:	B-4300904
Subsample Laboratory Code	:	BU-13056
Event	:	ATHLETICS
Antidoping Sports Authority	:	SARADO
Collection site / date	:	6/12/19 - NEPAL

The undersigned persons, who are present at the analysis of the B-subsample, with the above mentioned identities, confirm that the B-subsample bottle seal is intact.

Doha, 8 / 6 / 2020 Time 10 : 00

Name of the present person, ID or passport, function	Signature
Costas Georgakopoulos, 26330000021, Doping Analysis Lab Director, ADLQ	
Alka Beotra, Ph.D., 25635611503 Risk and Quality Director, Anti Doping Lab Qatar	
Nasser AlSaud	
Suhaib Alsaadi	

Subject **Provisional Suspension from Participation in Any Athletics Activity**
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 16-06-2020 7:21 pm



Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Subject: **Provisional Suspension from Participation in Any Athletics Activity**

No. AFP/C-16/08/20

Dated: 16 June 2020

Dear Sir,

Please refer to your letter No. POA - 130/MGS/13th SAG dated 10.06.2020.

We understand that following two issues, raised by AFP, have been confused in the reply received vide your above quoted letter.

1. It was requested vide our email dated 27.05.2020 to enquire from Nepal Olympic Committee for the delayed transmittal of Adverse Analytical Findings (AAF) of doping samples of Pakistani athletes taken in the month of December 2019 (their email dated 20.05.2020 refers). This inordinate delay has caused embarrassment to all stake holders in Pakistan.
2. We asked for the email / letter dated 31.05.2020 from Nepal Olympic Committee referred in your letter No. POA-112/MGS/13th SAG dated 1.06.2020 for our reference, record and appropriate response to your email dated 1.06.2020.

It is highlighted that Nepal Olympic Committee has been endorsing its correspondence made with POA to AFP and other concerned quarters, therefore, it was necessary to get copy of their letter / email dated 31.05.2020. In some cases they have directly addressed to AFP. We understand that a request to our own NOC is absolutely legitimate and is not a breach of any discipline or the laid down principles of communication as highlighted and overly exaggerated in the letter under reference.

Again to put the record straight, it is brought to your notice that we have not received any mail from Nepal Olympic Committee (Dated June 7, 2020) as mentioned in para 2 of your letter under reference.

Please rest assured that we fully understand the protocols of communication very well and we are being compelled to ask Nepal Olympic Committee directly to send us the protocols of communication as pointed out by you.

We are unable to comprehend that for what purpose the letter under reference has been endorsed to other departments while our reminders were restricted to POA. In fact communication protocols have been breached by you by endorsing mutual communication to other departments, whereas AFP had restricted emails to POA only to uphold the principles of sensitivity and confidentiality.

You should be mindful of the fact that shifting / evading responsibility by any one will complicate the issue rather than resolving it. As responsible persons, we have to be careful and sensible before causing any such insinuation.

Necessary development of the B Samples of the athletes will be shared in due course of time.

Best regards,

Muhammad Zafar

Secretary General AFP

CC:-

Maj Gen Muhammad Akram Sahi, HI(M), SI(M), President AFP / Vice President AAA

Subject Analysis of Sample B
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Dr Saroj Shreesta <saroshmanepal@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, Nilendra Shrestha <nilendrashrestha@gmail.com>, Jeewan Nepal <jibanram@yahoo.com>
Date 09-07-2020 11:55 am



Mr. Muhammed Khalid Mahmood
Secretary General
Pakistan Olympic Association

Dear Sir:

Hope this mail finds you in good health and safe.

In regard to the Analysis of Sample B of your athletes of Athletics discipline, we were being informed by the Qatar Lab that both of them were not appeared in the Lab on stipulated date & time which had been dedicated to them by the lab upon request by themselves.

Therefore why don't we proceed for the further necessary action as per the rules of the World Anti Doping. Looking forward to your prompt response on this matter.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Subject Analysis of B Sample
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc DG SARADO <dg@sa-rado.org>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, Nilendra Shrestha <nilendrashrestha@gmail.com>, Jeewan Nepal <jibanram@yahoo.com>, Dr. Waqar Ahmad <drwaqar_psb@yahoo.com>
Date 19-07-2020 2:21 pm



Mr. Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Dear Sir:

Greetings from Nepal Olympic Committee. Hope this mail finds you in good health and safe at this difficult moment.

In regard to the Analysis of B sample of your athletes of athletics, we received the results of it from the Lab. We regret to inform you that the result of the B samples are (AAF) same as an A Samples. Do you accept the analysis of B sample or go to appeal on it, please let us know at the earliest.

Thanking you.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Subject RE: Analysis of B Sample

From Secretariat - Pakistan Olympic Association <info@nocpakistan.org>
To PAK - Athletics Federation Of Pakistan <<pak@mf.worldathletics.org>
Cc DG SARADO <dg@sa-rado.org>, Nilendra Shrestha <nilendrashrestha@gmail.com>, Jeewan Nepal <jibanram@yahoo.com>, Dr. Waqar Ahmad <drwaqar_psb@yahoo.com>, sujan shrestha <sujanlal_jessica@yahoo.com>, President NOC Pakistan <president@nocpakistan.org>
Date 19-07-2020 5:46 pm
Priority Normal



Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Dear Sir

Reference is made to the email below (dated 19th July, 2020) received from NOC Nepal that has also been copied to AFP. The result of B Sample Analysis (of two athletes) are same as Sample A. Further it has been inquired that "Do you (athletes charged with Adverse Analytical Finding) accept the analysis of B Sample or go to appeal on it?"

You are advised to immediately obtain the decision from the concerned athletes whether they would like to avail the opportunity to appeal as per WADA Code and email referred below. Otherwise the concerned quarters shall be informed to proceed further. Their (athletes) decision must be submitted on or before 21st July, 2020.

Best regards

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

From: [sujan shrestha](#)
Sent: Sunday, July 19, 2020 2:21 PM
To: [Pakistan Olympic Association](#)
Cc: [DG SARADO](#); [PAK - Athletics Federation Of Pakistan](#); [Nilendra Shrestha](#); [Jeewan Nepal](#); [Dr. Waqar Ahmad](#)
Subject: Analysis of B Sample

Mr. Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Dear Sir:

Greetings from Nepal Olympic Committee. Hope this mail finds you in good health and safe at this difficult moment.

In regard to the Analysis of B sample of your athletes of athletics, we received the results of it from the Lab. We regret to inform you that the result of the B samples are (AAF) same as an A Samples. Do you accept the analysis of B sample or go to appeal on it, please let us know at the earliest.

Thanking you.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com

Website :www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

Subject Fwd: RE: Analysis of B Sample

From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>
Cc President NOC Pakistan <president@nocpakistan.org>, Waqar Ahmad" <drwaqar_psb@yahoo.com>
Date 22-07-2020 2:57 pm

**Reminder 1**

Dear Sir,

Pakistan Olympic Association had advised AFP to provide information, detailed in emails of NOC Nepal and POA dated July 19, 2020 appended below, on or before 21 July, 2020 however the information is still awaited.

You are once again advised to do the needful immediately.

Best regards,

Muhammad Khalid Mahmood

Secretary General, POA

----- Original Message -----

Subject:RE: Analysis of B Sample

Date:19-07-2020 5:46 pm

From:Secretariat - Pakistan Olympic Association <info@nocpakistan.org>

To:"PAK - Athletics Federation Of Pakistan <" <pak@mf.worldathletics.org>

Cc:DG SARADO <dg@sa-rado.org>, Nilendra Shrestha <nilendrashrestha@gmail.com>, Jeewan Nepal <jibanram@yahoo.com>, "Dr. Waqar Ahmad" <drwaqar_psb@yahoo.com>, sujan shrestha <sujanlal_jessica@yahoo.com>, President NOC Pakistan <president@nocpakistan.org>

Mr. Muhammad Zafar

Secretary General

Athletics Federation of Pakistan

Dear Sir

Reference is made to the email below (dated 19th July, 2020) received from NOC Nepal that has also been copied to AFP.

The result of B Sample Analysis (of two athletes) are same as Sample A. Further it has been inquired that "Do you (athletes charged with Adverse Analytical Finding) accept the analysis of B Sample or go to appeal on it?"

You are advised to immediately obtain the decision from the concerned athletes whether they would like to avail the opportunity to appeal as per WADA Code and email referred below. Otherwise the concerned quarters shall be informed to proceed further. Their (athletes) decision must be submitted on or before 21st July, 2020.

Best regards

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

From: [sujan shrestha](#)
Sent: Sunday, July 19, 2020 2:21 PM
To: [Pakistan Olympic Association](#)
Cc: [DG SARADO](#); [PAK - Athletics Federation Of Pakistan](#); [Nilendra Shrestha](#); [Jeewan Nepal](#); [Dr. Waqar Ahmad](#)
Subject: Analysis of B Sample

Mr. Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

Dear Sir:

Greetings from Nepal Olympic Committee. Hope this mail finds you in good health and safe at this difficult moment.

In regard to the Analysis of B sample of your athletes of athletics, we received the results of it from the Lab. We regret to inform you that the result of the B samples are (AAF) same as an A Samples. Do you accept the analysis of B sample or go to appeal on it, please let us know at the earliest.

Thanking you.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur

Subject Analysis of B Samples

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

To Pakistan Olympic Association <info@nocpakistan.org>

Cc 'Makram sahi' <sahi49@gmail.com>

Date 23-07-2020 11:28 pm



-
- Mehboob Ali.pdf (~88 KB)
 - Muhammad Naeem.pdf (~89 KB)

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

Dear Sir,

Please refer to your email dated 19.07.2020 on the subject matter.

As desired replies of athletes are attached.

Best regards,

Muhammad Zafar

Secretary General AFP

Dated: 23/07/2020

Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Subject: **Analysis of Sample B**

Dear Sir,

This is with reference to email from Nepal Olympic Committee to Pakistan Olympic Association and received to me through Athletics Federation of Pakistan regarding analysis of my Sample B.

It is submitted that I accept the result of B Sample and do not want to file any appeal.

Yours sincerely,


(Mehboob Ali)

Dated: 23/07/2020

Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

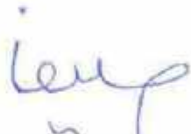
Subject: **Analysis of Sample B**

Dear Sir,

This is with reference to email from Nepal Olympic Committee to Pakistan Olympic Association and received to me through Athletics Federation of Pakistan regarding analysis of my Sample B.

It is submitted that I accept the result of B Sample and do not want to file any appeal.

Yours sincerely,


(Muhammad Naeem)

Subject RE: Analysis of B Sample

From Secretariat - Pakistan Olympic Association <info@nocpakistan.org>
To sujan shrestha <sujanlal_jessica@yahoo.com>, Nilendra Shrestha <nilendrashrestha@gmail.com>
Cc DG SARADO <dg@sa-rado.org>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, Jeewan Nepal <jibanram@yahoo.com>, Dr. Waqar Ahmad <drwaqar_psb@yahoo.com>, President NOC Pakistan <president@nocpakistan.org>
Date 24-07-2020 4:47 pm
Priority Normal



-
- 23072020 - PAK Athletes B Sample Reply.pdf (~236 KB)

Dear Sir

We are hopeful that this email finds you in best of health and spirits.

This is with reference to NOC Nepal's email below (dated July 19th, 2020). It is informed that the Athletics Federation of Pakistan (AFP) has obtained the stance of concerned athletes and their statements. The email of Athletics Federation of Pakistan dated 23rd July, 2020 along with statements of athletes is forwarded for information and appropriate actions as stipulated in the applicable rules.

Thanking you for your understanding and cooperation.

Best regards

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

From: [sujan shrestha](#)

Sent: Sunday, July 19, 2020 2:21 PM

To: [Pakistan Olympic Association](#)

Cc: [DG SARADO](#); [PAK - Athletics Federation Of Pakistan](#); [Nilendra Shrestha](#); [Jeewan Nepal](#); [Dr. Waqar Ahmad](#)

Subject: Analysis of B Sample

Mr. Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Dear Sir:

Greetings from Nepal Olympic Committee. Hope this mail finds you in good health and safe at this difficult moment.

In regard to the Analysis of B sample of your athletes of athletics, we received the results of it from the Lab. We regret to inform you that the result of the B samples are (AAF) same as an A Samples. Do you accept the analysis of B sample or go to appeal on it, please let us know at the earliest.

Thanking you.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455
Satdobato, Lalitpur

Dated: 23/07/2020

Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Subject: **Analysis of Sample B**

Dear Sir,

This is with reference to email from Nepal Olympic Committee to Pakistan Olympic Association and received to me through Athletics Federation of Pakistan regarding analysis of my Sample B.

It is submitted that I accept the result of B Sample and do not want to file any appeal.

Yours sincerely,


(Mehboob Ali)

Dated: 23/07/2020

Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

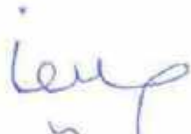
Subject: **Analysis of Sample B**

Dear Sir,

This is with reference to email from Nepal Olympic Committee to Pakistan Olympic Association and received to me through Athletics Federation of Pakistan regarding analysis of my Sample B.

It is submitted that I accept the result of B Sample and do not want to file any appeal.

Yours sincerely,



(Muhammad Naeem)

Subject Analysis of B Samples
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 23-07-2020 11:28 pm

- Mehboob Ali.pdf (~88 KB)
- Muhammad Naeem.pdf (~89 KB)

Muhammad Khalid Mahmood

Secretary General
Pakistan Olympic Association

Dear Sir,

Please refer to your email dated 19.07.2020 on the subject matter.

As desired replies of athletes are attached.

Best regards,

Muhammad Zafar
Secretary General AFP

Subject RE: Provisional Suspension from Participation in Any Athletics Activity
From Secretariat - Pakistan Olympic Association <info@nocpakistan.org>
To PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc 'Makram sahi' <sahi49@gmail.com>
Date 24-07-2020 5:17 pm
Priority Normal



Dear Sir

The contents of your email below (dated June 16, 2020) are, as usual, an attempt to mislead and divert from the core issue. The fact of the matter remains that AFP failed to submit the relevant information as and when required. The sensitivity of the issue requires concrete measures, instead of forging pretexts, for which information had been solicited time and again. It is once again emphasized that the norms of communications must be followed, something that we feel, you are finding difficult to understand.

You are once again advised to provide following information and documents without any further delay:

1. Doping Control Forms of following athletes who were taken for test as per your statement
 - a. Mr. Arshad Nadeem
 - b. Mr. Uzair Rehman
 - c. Ms. Najma Parveen
 - d. Mr. Shamsulhaq
 - e. Ms. Sahib e Asra
2. Updated Manager's Report indicating the sample collection of athletes.

The above forms and the Manager's report must reach this office on or before 30th July, 2020 failing which it will be deemed AFP has committed misrepresentation with National Olympic Committee.

Best regards

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

From: [PAK - Athletics Federation Of Pakistan](#)

Sent: Tuesday, June 16, 2020 7:22 PM

To: [Pakistan Olympic Association](#)

Cc: 'Makram sahi'

Subject: Provisional Suspension from Participation in Any Athletics Activity

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

No. AFP/C-16/08/20

Subject: Provisional Suspension from Participation in Any Athletics Activity

Dated: 16 June 2020

Dear Sir,

Please refer to your letter No. POA - 130/MGS/13th SAG dated 10.06.2020.

We understand that following two issues, raised by AFP, have been confused in the reply received vide your above quoted letter.

1. It was requested vide our email dated 27.05.2020 to enquire from Nepal Olympic Committee for the delayed transmittal of Adverse Analytical Findings (AAF) of doping samples of Pakistani athletes taken in the month of

December 2019 (their email dated 20.05.2020 refers). This inordinate delay has caused embarrassment to all stake holders in Pakistan.

2. We asked for the email / letter dated 31.05.2020 from Nepal Olympic Committee referred in your letter No. POA-112/MGS/13th SAG dated 1.06.2020 for our reference, record and appropriate response to your email dated 1.06.2020.

It is highlighted that Nepal Olympic Committee has been endorsing its correspondence made with POA to AFP and other concerned quarters, therefore, it was necessary to get copy of their letter / email dated 31.05.2020. In some cases they have directly addressed to AFP. We understand that a request to our own NOC is absolutely legitimate and is not a breach of any discipline or the laid down principles of communication as highlighted and overly exaggerated in the letter under reference.

Again to put the record straight, it is brought to your notice that we have not received any mail from Nepal Olympic Committee (Dated June 7, 2020) as mentioned in para 2 of your letter under reference.

Please rest assured that we fully understand the protocols of communication very well and we are being compelled to ask Nepal Olympic Committee directly to send us the protocols of communication as pointed out by you.

We are unable to comprehend that for what purpose the letter under reference has been endorsed to other departments while our reminders were restricted to POA. In fact communication protocols have been breached by you by endorsing mutual communication to other departments, whereas AFP had restricted emails to POA only to uphold the principles of sensitivity and confidentiality.

You should be mindful of the fact that shifting / evading responsibility by any one will complicate the issue rather than resolving it. As responsible persons, we have to be careful and sensible before causing any such insinuation.

Necessary development of the B Samples of the athletes will be shared in due course of time.

Best regards,

Muhammad Zafar

Secretary General AFP

CC:-

Maj Gen Muhammad Akram Sahi, HI(M), SI(M), President AFP / Vice President AAA

Subject Re: NUMBER OF ATHLETES TESTED UNDER DOPING CONTROL – 13TH SOUTH ASIAN GAMES NEPAL

From sujan shrestha <sujanlal_jessica@yahoo.com>

To Jeewan Nepal <jibanram@yahoo.com>, Secretariat - Pakistan Olympic Association <info@nocpakistan.org>

Cc Dr Saroj Shreesta <saroshmanepal@gmail.com>, President NOC Pakistan <president@nocpakistan.org>

Date 29-07-2020 3:21 pm



Dear Mr. Secretary General:

With reference to your below mail, regarding the number of athletes tested under doping control during the 13 South Asian Games, as per the Anti Doping Committee of 13 SAG, please find mention below the actual numbers of the athletes:

1) Athletics	5
2) Boxing	1
3) Karate	1
4) Squash	1
5) Weightlifting	2
Total	10

Thank you.

Regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

On Friday, 24 July 2020, 06:27:09 pm GMT+5:45, Secretariat - Pakistan Olympic Association <info@nocpakistan.org> wrote:

Dear Sir

We are hopeful that this letter shall find you in best of your health and spirits.

The Executive Committee of NOC Pakistan is holding its meeting on 08th August, 2020 wherein the Committee will review the dope cases of athletes of Pakistan and measures to enhance the doping control processes.

In order to strengthen the doping control regime in Pakistan, we would request you, in accordance with WADA Code Article 20.4.12, 20.6.8 and 21.3.3, to kindly confirm the number of athletes per sports whose sample had been collected for dope tests / analysis. As per record, following information is available with NOC Pakistan:

1. Athletics	Four (04)
2. Boxing	One (01)
3. Squash	One (01)
4. Weightlifting	Two (02)
5. Karate	One (01)

Thanking you for your understanding and cooperation.

Best regards

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Subject PROVISIONAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETICS ACTIVITY

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

To Pakistan Olympic Association <info@nocpakistan.org>

Cc 'Makram sahi' <sahi49@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Syed Arif Hasan <arifhasan19@gmail.com>

Date 30-07-2020 11:48 pm



- Letter to POA..pdf (~150 KB)
- Arshad Nadeem Page 2.jpeg (~188 KB)
- Arshad Nadeem Page 1.jpeg (~144 KB)
- Uzair Rehman.jpeg (~123 KB)

Dear Sir,

Please find attached letter No. AFP/C-16/09/20 dated 30 July 2020 on the subject matter.

Best regards,

Muhammad Zafar
Secretary General AFP



Arshad Nadeem Page 2.jpeg
~188 KB



Arshad Nadeem Page 1.jpeg
~144 KB

Uzair Rehman.jpeg
~123 KB



ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi,
HI(M), SI(M),



Secretary General

Muhammad Zafar

No. AFP/ C -16/09/20
Dated: 30 July 2020

Muhammad Khalid Mehmood
Secretary General
Pakistan Olympic Association

Subject: **PROVISIONAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETICS ACTIVITY**

Dear Sir,

Please refer to your email dated 24th July 2020.

1. A prompt reply of our email dated June 16, 2020 has been made by you vide email dated July 24th 2020 (lapse of 05 weeks) which clearly demonstrates the efficiency of the office of the Secretary General of POA as well as the sensitivity and concern of the NOC on the subject.
2. Sadly, your email is utterly devoid of any decency and the well-established norms/decorum of official correspondence. Your baseless, unfounded, and concocted insinuations against AFP (attempt to mislead, divert from the core issue and forging pretexts etc) are strongly condemned, outrightly rejected and vehemently rebutted. From the very start of this matter we have been providing required information to you and completing the formalities as conveyed by Nepal Olympic Committee. Nothing has been forged from our side, however, we have noticed that POA did not share certain things with us as requested by AFP. Our prompt response / actions on the matter have been appreciated by the Nepal Olympic Committee.
3. In the interest of our sport we would like to make a final attempt to address and answer the issues created by you.
 - a) The Manager's report has already been submitted by AFP and it truly details all events of the Pakistan Athletics team at Nepal. No objection was raised on the report and was accepted by you. Now, belatedly, you are demanding that a supplementary

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President

Maj Gen (R) Muhammad Akram Sahi
HI(M), SI(M)



Secretary General

Muhammad Zafar

portion indicating '*the sample collection of athletes*' may be added to it. We have reviewed the Manager's reports from the past, a time when you were the Secretary General of AFP and there was no mention of any '*sample collection of athletes*' in these manager's reports. So, it is established that it is neither mandatory nor customary to mention '*the sample collection of athletes*' in a manager's report as dope tests of athletes during the National / International competitions are a routine activity. Tests of Pak athletes were not an exception.

Manager Report has already been conveyed and any revision at this stage will be considered unethical and inappropriate. The Manager is not willing to make any change to the report which has already been forwarded.

- b) Two of the Pakistani athletes who were taken for sample collection have provided copies of the doping forms which are attached. Any further unnecessary investigation will put them into a state of distress which must be avoided to protect our Athletes from further harassment. We understand that a medical team was also a part of the POA contingent to Nepal. The foremost and sole responsibility of this medical team should have been to coordinate with the anti-doping committee of the Games and also collect all doping control forms from the athletes. Kindly check with the members of this accompanying medical team as well as POA officials with the Pakistan contingent in Nepal.

4. You are reminded that AFP or for that matter any National Sports Federation (NSF) is not your subordinate. In fact, all NSFs are affiliated with POA for a specific purpose i.e participation in Olympic/Asian Games and to show solidarity with Olympic Movement. Each Federation maintains its autonomy and integrity as per its constitution and constitution of its World Body. Therefore, it is unwarranted for POA to play the role of a Policeman and display an authoritarian attitude. May we remind you that POA is a conglomeration of Federations whereas all Federations are independent entities who have the inherent capability to operate and exist on their own.

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President

Maj Gen (R) Muhammad Akram Sahi
HI(M), SI(M)



Secretary General


Muhammad Zafar

5. Maintenance of cordial relations and harmony as enshrined in IOC charter demands mutual respect, trust, understanding and cooperation. Your email defies all this, leading to acrimony, hatred and severing of official relationship between POA and AFP. In order to maintain cordiality and harmony, we expect and urge the President POA to take notice of the insinuations, tone and tenor of the above referred email and direct the Secretary General to perform his official obligations inline with the dictates of the Olympic Charter as well as well-established norms/decorum of official correspondence.

6. As for as our understanding of the issues is concerned, we profoundly realize that ever since you were ousted from AFP, you are hell bent to destroy the autonomy and integrity of AFP. You started this malicious campaign by creating a parallel Federation to AFP. For which you were banned for life by the General Council of AFP in its meeting dated 24 May 2013. The veracity of our understanding is strongly cemented by your dealings / attitude towards AFP since your ouster from this Federation.

7. In view of above, it is requested that email dated 24th July 2020 be withdrawn/ cancelled ab-initio and let the things move as per WADA Code in the best interest of our National Sports and Olympic movement. Otherwise we will be compelled to make no further correspondence on the subject matter.

Best regards,


Muhammad Zafar
Secretary General, AFP

Copy to:-

- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Lt Gen (R) Syed Arif Hasan, President Pakistan Olympic Association

DOPING CONTROL FORM

TEST AUTHORIZED BY SA-RADO
SAMPLE COLLECTION AUTHORITY 13th SA RADO COMMITTEE
RESULTS MANAGEMENT AUTHORITY SA-RADO

1. ATHLETE INFORMATION

FAMILY NAME: WADEEM
FIRST NAME: ARSHAD
DATE OF BIRTH: 02/01/1987
RESIDENCY: [Blank]
SPORT DISCIPLINE: ATHLETICS - JAVELIN
ATHLETE ID PREFIX: [X] DOCUMENT TYPE: ACC
ADDRESS: [Handwritten address]
DOCUMENT NUMBER: 40369
COUNTRY: [Blank]
CONTACT TEL. (incl. country code): [Handwritten]
STATE PROVINCE: [Blank]
COACH'S NAME: STEPHEN E. HODGSON
DOCTOR'S NAME: [Blank]

2. NOTIFICATION

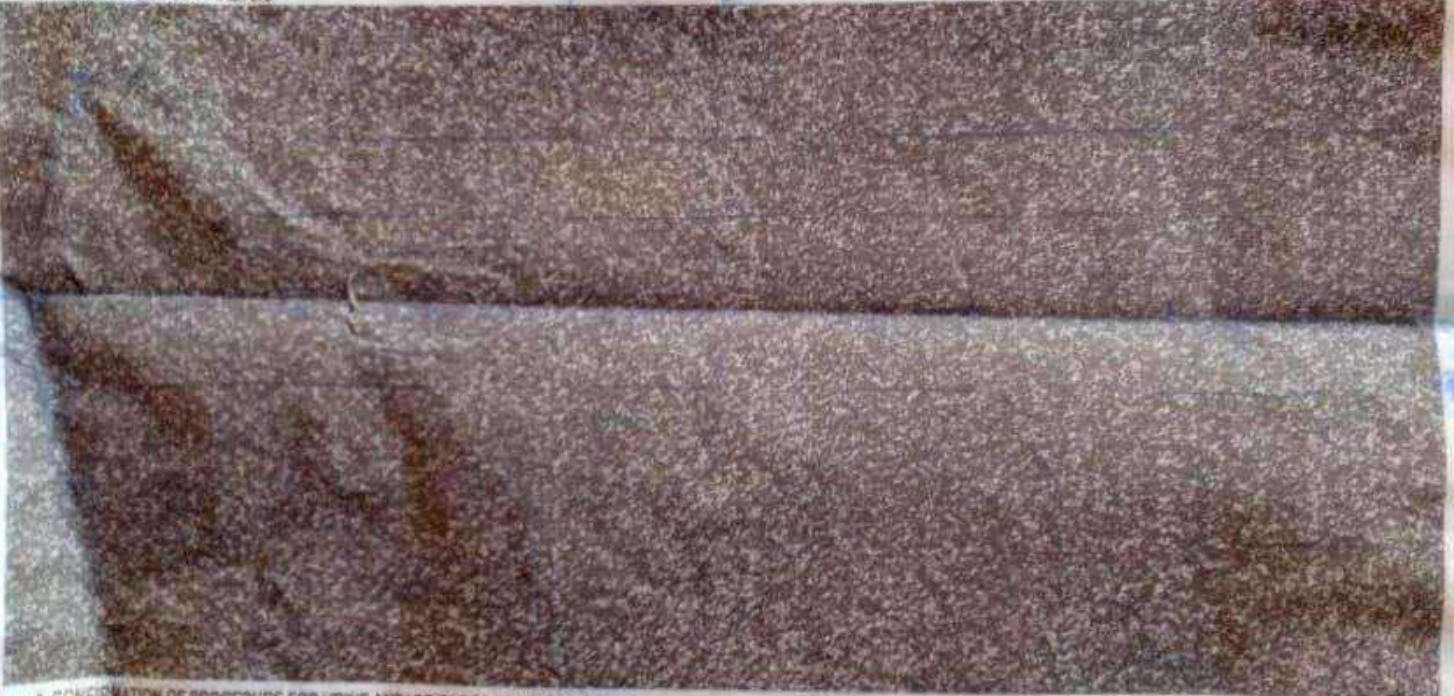
TYPE OF TEST REQUIRED: [X] SAM [] SPM []
DATE: 07/22/2019
COUNTRY: NEPAL
CITY: KATHMANDU

I HEREBY ACKNOWLEDGE THAT I HAVE RECEIVED AND READ THIS NOTICE, INCLUDING THE ATHLETE RIGHTS AND RESPONSIBILITIES TEXT ON THE OVERLEAF OF COPY 1, AND I CONSENT TO PROVIDE SAMPLES AS REQUESTED. I UNDERSTAND THAT FAILURE OR REFUSAL TO PROVIDE A SAMPLE MAY CONSTITUTE AN ANTI-DOPING RULE VIOLATION.

[Signature]
ATHLETE'S SIGNATURE

WITNESS NAME: SR SUMIT RAUT
WITNESS SIGNATURE: [Signature]

3. INFORMATION FOR ANALYSIS



4. CONFIRMATION OF PROCEDURE FOR URINE AND/ OR BLOOD TESTING



DOPING CONTROL FORM

TEXT AUTHORIZED BY SA-RADO
 SAMPLE COLLECTION AUTHORITY 13th SA GAD COMMITTEE
 RESULTS MANAGEMENT AUTHORITY SA-RADO

1. ATHLETE INFORMATION

FAMILY NAME: NADEEM GIVEN NAME: ARSHAD DATE OF BIRTH: 02/01/1977
 NATIONALITY: IND SPORT DISCIPLINE: ATHLETICS - JAVELIN ATHLETE'S PINNACLED: YES NO DOCUMENT TYPE: ACC
 ADDRESS: Chh. 12, 1st floor, 1st block, Jharkhand, India CITY/TOWN: STATE PROVINCE: COUNTRY: INDIA
 CONTACT TO (INCL. COUNTRY CODE): 0091 300-919410 COACH'S NAME: STEVEN Z HONDA GOKHARI

2. NOTIFICATION

TYPE OF TEST REQUIRED: URINE BLOOD SALIVA
 DATE: 07/12/2019 TIME: 11:55 COUNTRY: NEPAL CITY/TOWN: KATHMANDU PIN: 1193
 I HEREBY ACKNOWLEDGE THAT I HAVE RECEIVED AND READ THIS NOTICE, INCLUDING THE ATHLETE RIGHTS AND RESPONSIBILITIES TEXT ON THE OVERLEAF OF COPY 1, AND I CONSENT TO PROVIDE SAMPLE(S) AS REQUESTED; I UNDERSTAND THAT FAILURE OR REFUSAL TO PROVIDE A SAMPLE MAY CONSTITUTE AN ANTI-DOPING RULE VIOLATION.
 ATHLETE'S SIGNATURE: [Signature] SCOWAPERINE NAME: R SUMIT RAUT
 SCOWAPERINE SIGNATURE: [Signature]

3. INFORMATION FOR ANALYSIS

OUT OF COMPETITION: IN COMPETITION: DATE OF TEST: 07/12/2019 GENDER: M F TEST MISSION CODE: SA G 20 19 19
 SAMPLE 1: BLOOD: N/A A/B PARTIAL SAMPLE: N/A
 URINE: A/B 4518293 VOLUME: 145 SPECIFIC GRAVITY: 1.015
 ADDITIONAL SAMPLE: N/A A/B VOLUME: SPECIFIC GRAVITY:
 DECLARATION OF MEDICATION USE AND BLOOD TRANSFUSION: Evon methocel cap 600 mg
 CONSENT FOR RESEARCH (OPTIONAL): YES NO
 SUPPLEMENTARY REPORT FORM: YES NO
 SIGNATURE: [Signature]

4. CONFIRMATION OF PROCEDURE FOR URINE AND/OR BLOOD TESTING

COMMENTS (ANY COMMENTS SHOULD BE NOTED HERE, IF NECESSARY CONTINUE ON A SUPPLEMENTARY REPORT FORM): NONE
 URINE SAMPLE CODE NUMBER: SUPPLEMENTARY REPORT FORM: YES NO
 I CERTIFY THAT SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES
 URINE SAMPLE WITNESS: NAME: DR SUMIT RAUT SIGNATURE: [Signature] NAME: SIGNATURE:
 BLOOD COLLECTION OFFICER: NAME: SIGNATURE:
 ATHLETE'S REPRESENTATIVE: NAME: STEVE FIAZ HUSSAIN BOLHARI POSITION: COACH SIGNATURE: [Signature]
 DOPING CONTROL OFFICER: NAME: SUSHAN YADYA SIGNATURE: [Signature] DATE: 07/12/2019 TIME OF COMPLETION: 12:55

I DECLARE THAT THE INFORMATION I HAVE GIVEN ON THIS DOCUMENT IS CORRECT. I DECLARE THAT, SUBJECT TO COMMENTS MADE IN SECTION 4, SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES FOR SAMPLE COLLECTION. I ACCEPT THAT ALL INFORMATION RELATES TO DOPING CONTROL, INCLUDING BUT NOT LIMITED TO LABORATORY RESULTS AND POSSIBLE SANCTIONS, SHALL BE SHARED WITH RELEVANT BODIES IN ACCORDANCE WITH THE WORLD ANTI-DOPING CODE. I HAVE READ AND UNDERSTOOD THE TEXT OVERLEAF AND I CONSENT TO THE PROCESSING OF MY PERSONAL DATA THROUGH ADAMS.

ATHLETE'S SIGNATURE: [Signature]

DOPING CONTROL FORM FORMULAIRE DE CONTRÔLE DU DOPAGE

1. ATHLETE NOTIFICATION - NOTIFICATION DU SPORTIF

ATHLETE NAME / NOM DU SPORTIF: LEHMAN
 NATIONALITY / NATIONALITÉ: PARISIEN
 TYPE OF SAMPLE REQUESTED / TYPE D'ÉCHANTILLON DEMANDÉ:
 URINE BLOOD
 DATE: 04/12/2019 TIME: 14:00
 ATHLETE SIGNATURE / SIGNATURE DU SPORTIF: [Signature]
 COMPETITION NAME / NOM DE LA COMPÉTITION: [Blank]
 COMPETITION CITY / VILLE DE LA COMPÉTITION: [Blank]

TESTING AUTHORITY / AUTORITÉ DE CONTRÔLE: CPADA
 SAMPLE COLLECTION KEYWORD / MOT-CLÉ DE COLLECTE D'ÉCHANTILLON: PARISIEN Anti-Doping Control
 ATHLETE MANAGEMENT AUTHORITY / AUTORITÉ DE GESTION DES ATHLÈTES: CPADA
 DATE OF BIRTH / DATE DE NAISSANCE: 08/11/1993
 REGISTER NUMBER / NUMÉRO DE DOCUMENT: 40273
 I HEREBY ACKNOWLEDGE THAT I HAVE RECEIVED AND READ THIS NOTICE, INCLUDING THE ATHLETE RIGHTS AND RESPONSIBILITIES TEST ON THE DAY OF THE SAMPLE, AND I AGREE TO PROVIDE SAMPLES AS REQUESTED. I UNDERSTAND THAT FAILURE OR REFUSAL TO PROVIDE A SAMPLE MAY CONSTITUTE AN ANTI-DOPING RULE VIOLATION.
 JE DÉCLARE AVOIR PRIS CONSCIENCE ET LIRE CE DOCUMENT, Y COMPRIS LES DROITS ET LES RESPONSABILITÉS DU SPORTIF PENDANT UN ÉCHANTILLONNAGE DE DOPAGE À JOURNÉE / J'AI ACCEPTÉ D'ÊTRE ÉCHANTILLONNÉ TEL QU'INDIQUÉ DANS LE DOCUMENT ET JE CONVIENS DE FOURNIR DES ÉCHANTILLONS À DEMANDE. JE SAIS QUE LE REFUS DE FAIRE UN ÉCHANTILLONNAGE À JOURNÉE PEUT CONSTITUER UNE VIOLATION DE LA RÈGLE ANTI-DOPAGE.

2. ATHLETE INFORMATION - INFORMATION CONCERNANT LE SPORTIF

ATHLETE ID: 11111
 NAME / NOM: ATHAK, P.S. ASANABDUL
 SEX / SEXE: MALE
 COUNTRY / PAYS: PARISIEN (03) 110599993
 CLUB / ÉQUIPE: [Blank]

3. INFORMATION FOR ANALYSIS - INFORMATIONS CONCERNANT L'ANALYSE

ANALYSIS TYPE / TYPE D'ANALYSE: URINE BLOOD
 SAMPLE COLLECTION DATE / DATE DE PRÉLÈVEMENT DE L'ÉCHANTILLON: 04/12/2019 TIME: 14:00
 TEST NUMBER / NUMÉRO DE CONTRÔLE: 5192019103
 SPORT: ATHLETICS RECIPE: 200m male
 PARTIAL SAMPLE / ÉCHANTILLON PARTIEL: [Blank]

NO.	REL. NO.	TIME TESTED / HEURE DE L'ANALYSE	A/B	SAMPLE USE NUMBER / NUMÉRO D'USAGE DE L'ÉCHANTILLON	CRUISE QUANTITY / QUANTITÉ	OTHER SAMPLE ATTACHED / AUTRE ÉCHANTILLON JOINT	OTHER SAMPLE METHOD / AUTRE MÉTHODE D'ÉCHANTILLONNAGE
U	11110	12:02	A/B	4518883	140112	On Release Paper	[Signature]
B							
U			A/B		140		
B							
U			A/B		140		
B							
U			A/B		140		
B							

DECLARATION OF MEDICATION USE AND BLOOD TEST RESULTS: I AM A COMPETITOR / NON-COMPETITOR AND I HAVE RECEIVED AND READ THIS NOTICE AND I AGREE TO PROVIDE SAMPLES AS REQUESTED. I UNDERSTAND THAT FAILURE OR REFUSAL TO PROVIDE A SAMPLE MAY CONSTITUTE AN ANTI-DOPING RULE VIOLATION.
 DÉCLARATION D'USAGE DE MÉDICAMENTS ET DE RÉSULTATS DES ÉCHANTILLONS DE SANG: JE SUIS UN CONCURRENT / NON CONCURRENT ET J'AI PRIS CONSCIENCE ET LIRE CE DOCUMENT ET JE CONVIENS DE FOURNIR DES ÉCHANTILLONS À DEMANDE. JE SAIS QUE LE REFUS DE FAIRE UN ÉCHANTILLONNAGE À JOURNÉE PEUT CONSTITUER UNE VIOLATION DE LA RÈGLE ANTI-DOPAGE.

NONE

4. CONFIRMATION OF PROCEDURE FOR URINE AND / OR BLOOD TESTING - CONFIRMATION DE LA PROCÉDURE POUR LE CONTRÔLE D'URINE ET/OU DE SANG

COMMENTS: ANY COMMENTS SHOULD BE NOTED HERE. IF NONE, PLEASE CONTINUE TO A SUPPLEMENTARY REPORT FORM.
 COMMENTAIRES: TOUTES LES COMMENTAIRES DEVRAIENT ÊTRE NOTÉS ICI. SI AUCUN, POURSUIVRE LE FORMULAIRE DE RAPPORT SUPPLÉMENTAIRE.
Good, no issue.

ATHLETE REPRESENTATIVE / REPRÉSENTANT DU SPORTIF: [Blank]
 DOPING CONTROL OFFICER / AGENT DE CONTRÔLE DU DOPAGE:
 NAME / NOM: Dr. Farzana Akhter Bhuiyan SIGNATURE: [Signature]
 DATE: 04/12/2019 TIME: 12:04

I DECLARE THAT THE INFORMATION I HAVE GIVEN ON THIS DOCUMENT IS CORRECT. I DECLARE THAT, SUBJECT TO COMMENTS MADE ON THE FORM, SAMPLE COLLECTION AND CERTIFICATE IS ACCORDANCE WITH THE RELEVANT PROCEDURES FOR SAMPLE COLLECTION. I AGREE THAT THE INFORMATION RELATED TO DOPING CONTROL, INCLUDING BUT NOT LIMITED TO LABORATORY RESULTS AND POSSIBLE SANCTIONS, SHALL BE MADE AVAILABLE TO THE ATHLETE AND THE ATHLETE'S REPRESENTATIVE.
 JE DÉCLARE QUE L'INFORMATION FOURNIE DANS CE DOCUMENT EST CORRECTE. JE DÉCLARE, EN TENANT COMPTE DES COMMENTAIRES INDICQUÉS DANS LA SECTION 4, QUE LE PRÉLÈVEMENT D'ÉCHANTILLONS EST RÉVÉLÉ EN CONFORMITÉ AVEC LES PROCÉDURES APPLICABLES. J'ACCEPTÉ QUE TOUTES LES INFORMATIONS RELATIVES AU CONTRÔLE DU DOPAGE, Y COMPRIS MAIS NON LIMITÉES AUX RÉSULTATS DE LABORATOIRE ET AUX SANCTIONS POSSIBLES, SERONT RENDUS DISPONIBLES À L'ATHLÈTE ET À SON REPRÉSENTANT.

REPORT DOPING IN SPORT: <https://speakup.wada-ama.org> - SIGNALER UN ACTE DE DOPAGE DANS LE SPORT: <https://speakup.wada-ama.org>

Subject Violation of Anti Doping Rules in 13 South Asian Games**From** Pakistan Olympic Association <info@nocpakistan.org>**To** NOC Nepal <sujanlal_jessica@yahoo.com>, NOC Nepal <info@nocnepal.org.np>**Date** 06-08-2020 7:04 pm

- Acknowledged email from NOC Nepal dated 27-05-2020.pdf (~117 KB)
- Samiullah .jpeg (~223 KB)
- Mehboob Ali.jpeg (~386 KB)
- Muhammad Naeem.jpeg (~383 KB)

Dear Mr. Sujan,

Reference is made to your message of today.

Please find **attached** the requested document i.e. reply of Mr. Samiullah, Athlete (Athletics) which was sent by Athletics Federation of Pakistan vide their email dated 27 May, 2020 to NOC Pakistan with cc to NOC Nepal. It was acknowledged by NOC Nepal on the same date i.e. 27 May, 2020. Copy of the acknowledged email by NOC Nepal alongwith email of Athletics Federation of Pakistan dated 27 May, 2020 containing reply of the athletes (Mr. Samiullah) is forwarded for ready reference.

Please feel free to contact the undersigned for any query you may have.

Best regards,

Muhammad Khalid Mahmood

Secretary General

NOC Pakistan



Samiullah .jpeg
~223 KB



Mehboob Ali.jpeg
~386 KB

Muhammad Naeem.jpeg

Subject Re: Violation of Anti Doping Rules in 13 South Asian Games
From sujan shrestha <sujanlal_jessica@yahoo.com>
To PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc Dr Saroj Shreesta <saroshmanepal@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, Jeewan Nepal <jibanram@yahoo.com>, Nabees Pradhan <nabeesman@gmail.com>, Pakistan Olympic Association <info@nocpakistan.org>
Date 27-05-2020 3:23 pm



- Mehboob Ali.jpeg (~398 KB)
- Muhammad Naeem.jpeg (~394 KB)
- Samiullah .jpeg (~230 KB)

Dear Mr. Secretary General:

We really appreciate for your prompt response on above subject matter. With reference to your below mail, we came to notice that athletes are ready to go for analysis of sample B. In this regard please contact to below mention person of Qatar Lab. For your kind information all the charges for analysis of Sample B must be borne by yourself.

"Dr. Costas Georgakopoulos" <costas@adlqatar.qa>
Doping Analysis Laboratory Director
Anti-Doping Lab Qatar
Direct: +974 4413 2991
Fax: +974 4413 2997

Should you have any queries, please feel free to contact us.

Thanking you.

Best regards.

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur

On Wednesday, 27 May 2020, 11:21:59 am GMT+5:45, saroj shrestha <saroshmanepal@gmail.com> wrote:

----- Forwarded message -----

From: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Date: Wed, May 27, 2020 at 9:59 AM
Subject: Violation of Anti Doping Rules in 13 South Asian Games
To: Pakistan Olympic Association <info@nocpakistan.org>
Cc: Makram sahi <sahi49@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, saroshmanepal@gmail.com <saroshmanepal@gmail.com>, jibanram@yahoo.com <jibanram@yahoo.com>

Confidential and Most Urgent
Dear Sir,

Please refer to email received from Nepal Olympic Committee on 20-5-2020 and your email dated 21-5-2020 on the subject matter.

Replies of the AAF Notice of charge and Mandatory provisional Suspension submitted by athletes are attached for further necessary action as desired please.

Best regards,

Muhammad Zafar
Secretary General AFP



Mehboob Ali.jpeg
~398 KB



Muhammad Naeem.jpeg
~394 KB



Samiullah .jpeg
~230 KB

The Secretary General
Athletic Federation of Pakistan.

Sub: Notice of Charge and provisional suspension under the 13th South Asian Games Anti doping rules

Dear Sir,

The Notice is very upsetting for me and my family. Before any submission,
I beg to tender unconditional apology for the results.

- I come from backward /less developed part of the country and I have extreme devotion and passion for game. My childhood spent dreaming top athletics performance for my area.
- As my luck could take me, that I had injury "Shin splint stress" in Khyber Agency during practice and thereafter remained under different types of treatment.
- It was my sincere effort to get rid of injury as swiftly as possible and could rehabilitate myself with the best of treatment available in the backward area.
- Whatever little vitamins and booster I used, were disclosed before competition and to the best of knowledge did not take any prohibited medicine in the Training Camps.

There was nothing intentional rather it may be sheer ignorance on my part that unfortunately held me accountable. I again submit unconditional apology and it is assured that there was nothing intentional and seek apology and pardon, so that I may continue to serve the game.



Sami Ullah
NIC 11101-4976236-9
Post Office Khojri khaas
Tehsial and Distrct Bannu



Subject: **NOTICE OF CHARGE AND MANDATORY PROVISIONAL SUSPENSION
UNDER THE (13TH SOUTH ASIAN GAMES) ANTI- DOPING RULES**

Formal notice bring charged with a violation of the (13th South Asian Games 2019), Anti-Doping Rules referred.

1. I am athlete, **Mehboob Ali from Pakistan** and submitting my reply in connection with adverse analytical findings (AAF) found in **4300904** (Sample A) **provided during subject games** and notice issued to me for the violation of ADR during 13th South Asian Games-2019 Katmandu, Nepal.

As an international athlete, according to my knowledge about illegal substances and understanding of WADA rules, I **never took such medicine or supplement which contains steroids and prohibited items during and before the competition.** Moreover I am also requesting for the **analysis of 4300904 (Sample-B)** for more details facts against which I am ready to pay the expenditures if any.

2. Being a responsible athlete, I always respect WADA rules and will keep on promoting neat and clean sports environment in my humble capacity.

Yours sincerely


(Mehboob Ali)

Subject: **NOTICE OF CHARGE AND MANDATORY PROVISIONAL SUSPENSION UNDER THE (13TH SOUTH ASIAN GAMES) ANTI- DOPING RULES**

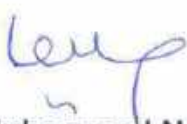
Formal notice bring charged with a violation of the (13th South Asian Games 2019), Anti-Doping Rules referred.

1. I am athlete, **Muhammad Naeem from Pakistan** and submitting my reply in connection with adverse analytical findings (**AAF**) found in **4300915** (Sample A) **provided during subject games** and notice issued to me for the violation of ADR during 13th South Asian Games-2019 Katmandu, Nepal.

Sir, according to my knowledge about illegal substances and understanding of WADA rules, I **never took such medicine or supplement which contains prohibited items during and before the South Asian Games 2019**. Moreover I am also requesting for the **analysis of 4300915 (Sample-B)** for more details facts against which I am ready to pay the expenditures if any.

2. Being a responsible athlete, I always respect WADA rules and will keep on promoting neat and clean sports environment in my humble capacity.

Yours sincerely


(Muhammad Naeem)

Subject Sanction Letter from the Anti Doping Committee of 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, tom.may@wada-ama.org <tom.may@wada-ama.org>, DG SARADO <dg@sa-rado.org>, HUSSAIN Mohamed <info@sa-rado.org>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, chiho.miki@wada-ama.org <chiho.miki@wada-ama.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, Nepal Olympic Committee <info@nocnepal.org.np>
Date 11-08-2020 2:33 pm



- muhammad naem 1.jpg (~1.7 MB)
- muhammad naem 2.jpg (~700 KB)

Attn: Mr. Muhammad Naem
Athlete (Athletics, 100 M Hurdles)
Pakistan

Dear Mr. Naem:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha
 Executive Secretary
 Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.com

Website : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur



muhammad naem 1.jpg
 ~1.7 MB

muhammad naem 2.jpg
 ~700 KB



१३ औं दक्षिण एशियाली खेलकुद-२०१९
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०१९, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



ब.नं./Ref.No.:

मिति/Date:
August 7, 2020

To,
Mr. Muhammad Naeem
Athlete (Athletics, 100 m Hurdles)
Pakistan

Sub : Sanctions of Individuals

Dear Mr.Muhammad Naeem:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur in December 1 to10, 2019. You Mr.Muhammad Naeem from Pakistan Athlete 100 meter Huddles your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300915 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300915) on 5th December 2019 in Kathmandu . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was Reported (- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol, 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.). In our record there was no TUE of yours. You were informed about the test result of A Sample and you requested us that you wanted to go for B sample analysis. We inform the Qatar Anti-doping lab. The Qatar Anti-Doping Lab gave you the date of 8th June 2020 for B sample Analysis. B sample analysis was carried out on 8th June 2020. The Lab sent the report on 16 June 2020 Stating that B Sample Test Result stating AAF – Adverse Analytical Finding. (S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol, 17A-Methyl-5B-androstane-3A,17B-diol,18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.)

The Finding of B Sample confirms the Presence of the Prohibited Substance found in the Athlete's A Sample. You were informed about it and on you wrote to us on 27 July 2020 stating that You accept the result of B sample and do not want to file any appeal.



च.सं./Ref.No.:

मिति/Date:

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.1 Mr Muhammad Naeem Your Ineligibility (Sanction} will be Four Years From 6th December 2019 to 5th December 2023.

Thanking for you kind Co-Operation.

With Regards


Dr. Saroj Krishna Shrestha
Charman, Anti-Doping Committee
13th South Asian Games, Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)



Subject Sanction Letter from Anti Doping Committee of 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Nepal Olympic Committee <info@nocnepal.org.np>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Chiho Miki <chiho.miki@wada-ama.org>, tom.may@wada-ama.org <tom.may@wada-ama.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, DG SARADO <dg@sa-rado.org>, HUSSAIN Mohamed <info@sa-rado.org>
Date 11-08-2020 2:38 pm

- mehbob ali .jpg (~1.7 MB)
- mehbob ali 2.jpg (~652 KB)

Attn : Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan.

Dear Mr. Ali:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha

Executive Secretary
 Nepal Olympic Committee

Tel / Fax : 977-1-5202668
 Cell : 977 9841306140
 E-mail : sujanlal_jessica@yahoo.com
 Website : www.nocnepal.org.np
 P.O. Box : 11455
 Satdobato, Lalitpur



mehbob ali .jpg
 ~1.7 MB

mehbob ali 2.jpg
 ~652 KB



च.नं./Ref.No.:

मिति/Date:

August 7, 2020

To,
Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan

Sub : Sanctions of Individuals

Dear Mr. Mehbob Ali:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur in December 1 to10, 2019. You Mr. Mohbob Ali from Pakistan Athlete 400 meter Huddles Your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300904 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300904) on 6th December 2019 in Kathmandu . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was found.(S1.1 Anabolic Androgenic Steroids (AAS) /oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B hydroxymethyl-18-nor-2-oxy-5A-androst-13-en-3-one). In our record there was no TUE of yours. You were informed about the test result of A Sample and you requested us that you want to go for B sample analysis. We inform the Qatar Anti-doping lab. The Qatar Anti-Doping Lab gave you the date of 8th June 2020 for B sample Analysis. B sample analysis was carried out on 8th June 2020. The Lab sent the report on 16 June 2020 Stating that B Sample Test Result stating AAF – Adverse Analytical Finding. (S1.1 Anabolic Androgenic Steroids (AAS) /oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B hydroxymethyl-18-nor-2-oxy-5A-androst-13-en-3-one.)

The Finding of B Sample confirms the Presence of the Prohibited Substance found in the Athlete's A Sample . You were informed about it and on you wrote to us on 27 July 2020 stating that You accept the result of B sample and do not want to file any appeal.



च.नं./Ref.No.:

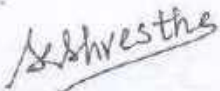
मिति/Date:

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.Mr. Mehbob Ali Your Ineligibility (Sanction) will be Four Years From 6th December 2019 to 5th December 2023.

Thanking for you kind Co-Operation

With Regards



Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)

Subject Disqualification of Results**From** sujan shrestha <sujanlal_jessica@yahoo.com>**To** Pakistan Olympic Association <info@nocpakistan.org>**Date** 11-08-2020 5:58 pm

- Disqualification of Results (Mehbob Ali).jpg (~2.4 MB)
- Disqualification of Results of Naeem.jpg (~2.3 MB)

Attn :

Mr. Muhammad Naeem
Athlete (Athletics, 100 M Hurdles)

and

Mr. Mehbob Ali:
Athlete (Athletics , 400 M Hurdles)
Pakistan

Dear sirs:

In regard to the above subject, please find the attached file which is self explanatory.

Thank you.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.comWebsite : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur



Disqualification of Results (Mehbob Ali).jpg
~2.4 MB

Disqualification of Results of Naeem.jpg
~2.3 MB





सं.सं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan

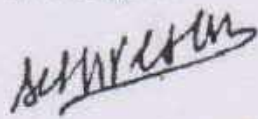
Sub : Disqualification of Results

Dear Mr. Mehbob Ali:

In addition to our previous letter, we would like to inform you that World Anti-Doping Code 2015 article 10.8 as applicable to you. Therefore as per the article 10.8, please return the medal and certificate to the South Asia Olympic Council (SAOC).

Thanking for you kind Co-Operation

With Regards



Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal



१३ औं दक्षिण एशियाली खेलकुद-२०१९
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०१९, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Muhammad Naeem
Athlete (Athletics, 100 m Hurdles)
Pakistan

Sub : Disqualification of Results

Dear Mr. Muhammad Naeem :

In addition to our previous letter, we would like to inform you that World Anti-Doping Code 2015 article 10.8 as applicable to you. Therefore as per the article 10.8, please return the medal and certificate to the South Asia Olympic Council (SAOC).

Thanking for you kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal

Subject Sanctions of Individuals

From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, DG SARADO <dg@sa-rado.org>, Aaa . <sec@asianathleticsassociation.org>, Nilendra Shrestha <nilendrashrestha@gmail.com>, chiho.miki@wada-ama.org <chiho.miki@wada-ama.org>, tom.may@wada-ama.org <tom.may@wada-ama.org>, HUSSAIN Mohamed <info@sa-rado.org>
Date 11-08-2020 6:04 pm



-
- Sanction of Individual (Mr. Sami Ullah).pdf (~771 KB)

Attn: Mr. Sami Ullah
Athlete (Athletics, 100 M Sprint)
Pakistan

Dear Mr. Ullah:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur



१३ औं दक्षिण एशियाली खेलकुद-२०१९

एन्टि डोपिङ्ग समिति

मंसिर १५-२४, २०१९, काठमाडौं-पोखरा

13th South Asian Games (SAG)-2019

Anti-Doping Committee

Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Sami Ullah
Athlete (Athletic 100 m Sprint)
Pakistan

Sub : Sanctions of Individuals

Dear Mr. Sami Ullah:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur from 1 to 10 December 2019. You Mr. Sami Ullah from Pakistan Athlete 100 m Sprint Your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300910 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300910) on 3rd December 2019 in Kathmandu, Nepal . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was Reported (- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.) The Finding of A Sample bottle no: 4300910 confirms, the Presence of the Prohibited Substance. In our record you have not submitted any TUE. You were informed about the test result of A Sample. Since you did not request for further Analysis (B Sample analysis) in the time. We assume that you have accepted the result of Sample A .

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless



१३ औं दक्षिण एशियाली खेलकुद-२०७६
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०७६, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.1 Mr. Sami Ullah Your Ineligibility (Sanction) will be Four Years From 3rd December 2019 to 2nd December 2023 and World Anti- Doping code article No 10.8 as applicable to you. So please return your Medal to South Asia Olympic Council.

Thanking for you for your kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games
Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)

Subject VIOLATION OF ANTI-DOPING RULES

From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>, Army Sports Directorate <asdiretorate@gmail.com>
Cc President NOC Pakistan <president@nocpakistan.org>, Pakistan Sports Board <trainingpsb@yahoo.com>, PSB <infopsb@sports.gov.pk>, Dr. Waqar Ahmad <drwaqarahmad@live.com>
Date 12-08-2020 3:12 pm



-
- 228 (Violation of Anti-Doping Rules - 13th SAG 2019) - Muhammad Naeem.pdf (~271 KB)
 - Sanction Letter from the Anti Doping Committee of 13 SAG (Muhammad Naeem).pdf (~1.4 MB)
 - Disqualification of Results of Muhammad Naeem.pdf (~230 KB)

POA-228/MGS/SAG/814

12 August 2020

Mr. Muhammad Naeem

Through - Athletics Federation of Pakistan

Through - Army Sports Directorate

Dear Mr. Muhammad Naeem,

The self - explanatory letter(s), imposing sanction & disqualification, issued by Dr. Saroj Krishna Shrestha, Chairman, Anti-Doping Committee of 13th South Asian Games, Nepal is hereby **forwarded** for information, record and necessary actions.

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

Copy to:

- Lt Gen (R) Syed Arif Hasan, President Pakistan Olympic Association.
- Director General, Pakistan Sports Board.
- Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan.
- Mr. Muhammad Zafar, Secretary General, Athletics Federation of Pakistan - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.
- Col Sadaf Akram, Secretary, Army Sports Directorate - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502


POA-228/MGS/SAG/814
12 August 2020

Mr. Muhammad Naeem
Through - Athletics Federation of Pakistan
Through - Army Sports Directorate

Subject: **VIOLATION OF ANTI-DOPING RULES**

Dear Mr. Muhammad Naeem,

The self - explanatory letter(s), imposing sanction & disqualification, issued by Dr. Saroj Krishna Shrestha, Chairman, Anti-Doping Committee of 13th South Asian Games, Nepal is hereby **forwarded** for information, record and necessary actions.


Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association



Copy to:

- Lt Gen (R) Syed Arif Hasan, President Pakistan Olympic Association.
- Director General, Pakistan Sports Board.
- Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan.
- Mr. Muhammad Zafar, Secretary General, Athletics Federation of Pakistan - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.
- Col. Sadaf Akram, Secretary, Army Sports Directorate - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.



Subject Sanction Letter from the Anti Doping Committee of 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, tom.may@wada-ama.org <tom.may@wada-ama.org>, DG SARADO <dg@sa-rado.org>, HUSSAIN Mohamed <info@sa-rado.org>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, chiho.miki@wada-ama.org <chiho.miki@wada-ama.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, Nepal Olympic Committee <info@nocnepal.org.np>
Date 11-08-2020 2:33 pm

- muhammad naeem 1.jpg (~1.7 MB)
- muhammad naeem 2.jpg (~700 KB)

**Attn: Mr. Muhammad Naeem
 Athlete (Athletics, 100 M Hurdles)
 Pakistan**

Dear Mr. Naeem:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha
 Executive Secretary
 Nepal Olympic Committee

Tel / Fax : 977-1-5202668
 Cell : 977 9841306140
 E-mail : sujanlal_jessica@yahoo.com
 Website : www.nocnepal.org.np
 P.O. Box : 11455
 Satdobato, Lalitpur



muhammad naeem 1.jpg
 ~1.7 MB

muhammad naeem 2.jpg
 ~700 KB





च.नं./Ref.No.:

मिति/Date:
August 7, 2020

To,
Mr. Muhammad Naeem
Athlete (Athletics, 100 m Hurdles)
Pakistan

Sub : Sanctions of Individuals

Dear Mr.Muhammad Naeem:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur in December 1 to 10, 2019. You Mr. Muhammad Naeem from Pakistan Athlete 100 meter Hurdles your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300915 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300915) on 5th December 2019 in Kathmandu . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was Reported (- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol, 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.). In our record there was no TUE of yours. You were informed about the test result of A Sample and you requested us that you wanted to go for B sample analysis. We inform the Qatar Anti-doping lab. The Qatar Anti-Doping Lab gave you the date of 8th June 2020 for B sample Analysis. B sample analysis was carried out on 8th June 2020. The Lab sent the report on 16 June 2020 Stating that B Sample Test Result stating AAF – Adverse Analytical Finding. (S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol, 17A-Methyl-5B-androstane-3A,17B-diol,18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.)

The Finding of B Sample confirms the Presence of the Prohibited Substance found in the Athlete's A Sample. You were informed about it and on you wrote to us on 27 July 2020 stating that You accept the result of B sample and do not want to file any appeal.



च.नं./Ref.No.:


मिति/Date:

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.1 Mr Muhammad Naeem Your Ineligibility (Sanction) will be Four Years From 6th December 2019 to 5th December 2023.

Thanking for you kind Co-Operation.

With Regards


Dr. Saroj Krishna Shrestha
Charman, Anti-Doping Committee
13th South Asian Games, Nepal

Cc: -

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)



१३ औं दक्षिण एशियाली खेलकुद-२०१९
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०१९, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



स.न./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Muhammad Naeem
Athlete (Athletics, 100 m Hurdles)
Pakistan

Sub : Disqualification of Results

Dear Mr. Muhammad Naeem :

In addition to our previous letter, we would like to inform you that World Anti-Doping Code 2015 article 10.8 as applicable to you. Therefore as per the article 10.8, please return the medal and certificate to the South Asia Olympic Council (SAOC).

Thanking for you kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal

Subject VIOLATION OF ANTI-DOPING RULES

From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>, Army Sports Directorate <asdirectorate@gmail.com>
Cc President NOC Pakistan <president@nocpakistan.org>, Pakistan Sports Board <trainingpsb@yahoo.com>, PSB <infopsb@sports.gov.pk>, Dr. Waqar Ahmad <drwaqarahmad@live.com>
Date 12-08-2020 3:15 pm



-
- 229 (Violation of Anti-Doping Rules - 13th SAG 2019) - Mehboob Ali.pdf (~271 KB)
 - Sanction Letter from the Anti Doping Committee of 13 SAG (Mehboob Ali).pdf (~1.3 MB)
 - Disqualification of Results (Mehboob Ali).pdf (~229 KB)

POA-229/MGS/SAG/814

12 August 2020

Mr. Mehboob Ali

Through - Athletics Federation of Pakistan

Through - Army Sports Directorate

Dear Mr. Mehboob Ali,

The self - explanatory letter(s), imposing sanction & disqualification, issued by Dr. Saroj Krishna Shrestha, Chairman, Anti-Doping Committee of 13th South Asian Games, Nepal is hereby **forwarded** for information, record and necessary actions.

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

Copy to:

- Lt Gen (R) Syed Arif Hasan, President Pakistan Olympic Association.
- Director General, Pakistan Sports Board.
- Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan.
- Mr. Muhammad Zafar, Secretary General, Athletics Federation of Pakistan - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.
- Col Sadaf Akram, Secretary, Army Sports Directorate - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502


POA-229/MGS/SAG/814
12 August 2020

Mr. Mehboob Ali
Through - Athletics Federation of Pakistan
Through - Army Sports Directorate

Subject: **VIOLATION OF ANTI-DOPING RULES**

Dear Mr. Mehboob Ali,

The self - explanatory letter(s), imposing sanction & disqualification, issued by Dr. Saroj Krishna Shrestha, Chairman, Anti-Doping Committee of 13th South Asian Games, Nepal is hereby **forwarded** for information, record and necessary actions,


Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association



Copy to:

- Lt Gen (R) Syed Arif Hasan, President Pakistan Olympic Association.
- Director General, Pakistan Sports Board.
- Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan.
- Mr. Muhammad Zafar, Secretary General, Athletics Federation of Pakistan - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.
- Col. Sadaf Akram, Secretary, Army Sports Directorate - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.



Subject Sanction Letter from Anti Doping Committee of 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Nepal Olympic Committee <info@nocnepal.org.np>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Chiho Miki <chiho.miki@wada-ama.org>, tom.may@wada-ama.org <tom.may@wada-ama.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, DG SARADO <dg@sa-rado.org>, HUSSAIN Mohamed <info@sa-rado.org>
Date 11-08-2020 2:38 pm

- mehbob ali .jpg (~1.7 MB)
- mehbob ali 2.jpg (~652 KB)

Attn : Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan.

Dear Mr. Ali:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha

Executive Secretary
 Nepal Olympic Committee

Tel / Fax : 977-1-5202668
 Cell : 977 9841306140
 E-mail : sujanlal_jessica@yahoo.com
 Website : www.nocnepal.org.np
 P.O. Box : 11455
 Satdobato, Lalitpur



mehbob ali .jpg
 ~1.7 MB

mehbob ali 2.jpg
 ~652 KB



च.न./Ref.No.:

मिति/Date:

August 7, 2020

To,
Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan

Sub : Sanctions of Individuals

Dear Mr. Mehbob Ali:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur in December 1 to 10, 2019. You Mr. Mehbob Ali from Pakistan Athlete 400 meter Hurdles Your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300904 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300904) on 6th December 2019 in Kathmandu . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was found. (S1.1 Anabolic Androgenic Steroids (AAS) /oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B hydroxymethyl-18-nor-2-oxy-5A-androst-13-en-3-one). In our record there was no TUE of yours. You were informed about the test result of A Sample and you requested us that you want to go for B sample analysis. We inform the Qatar Anti-doping lab. The Qatar Anti-Doping Lab gave you the date of 8th June 2020 for B sample Analysis. B sample analysis was carried out on 8th June 2020. The Lab sent the report on 16 June 2020 Stating that B Sample Test Result stating AAF – Adverse Analytical Finding. (S1.1 Anabolic Androgenic Steroids (AAS) /oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B hydroxymethyl-18-nor-2-oxy-5A-androst-13-en-3-one.)

The Finding of B Sample confirms the Presence of the Prohibited Substance found in the Athlete's A Sample . You were informed about it and on you wrote to us on 27 July 2020 stating that You accept the result of B sample and do not want to file any appeal.



च.ब./Ref.No.:

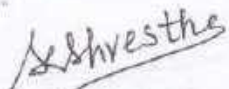
मिति/Date:

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.Mr. Mehbob Ali Your Ineligibility (Sanction} will be Four Years From 6th December 2019 to 5th December 2023.

Thanking for you kind Co-Operation

With Regards


Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)



१३ औं दक्षिण एशियाली खेलकुद-२०७६
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०७६, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



स.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan

Sub : Disqualification of Results

Dear Mr. Mehbob Ali:

In addition to our previous letter, we would like to inform you that World Anti-Doping Code 2015 article 10.8 as applicable to you. Therefore as per the article 10.8, please return the medal and certificate to the South Asia Olympic Council (SAOC).

Thanking for you kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal

Subject VIOLATION OF ANTI-DOPING RULES

From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>, Wapda Sports Board <wapdasports@hotmail.com>
Cc President NOC Pakistan <president@nocpakistan.org>, Pakistan Sports Board <trainingpsb@yahoo.com>, PSB <infopsb@sports.gov.pk>, Dr. Waqar Ahmad <drwaqarahmad@live.com>
Date 12-08-2020 3:50 pm



-
- 230 (Violation of Anti-Doping Rules - 13th SAG 2019) - Sami Ullah.pdf (~270 KB)
 - Letter - Sanctions of Individual (Sami Ullah).pdf (~883 KB)

POA-230/MGS/SAG/814

12 August 2020

Mr. Sami Ullah

Through - Athletics Federation of Pakistan

Through – WAPDA Sports Board

Dear Mr. Sami Ullah,

The self - explanatory letter(s), imposing sanction & disqualification, issued by Dr. Saroj Krishna Shrestha, Chairman, Anti-Doping Committee of 13th South Asian Games, Nepal is hereby **forwarded** for information, record and necessary actions.

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association

Copy to:

- Lt Gen (R) Syed Arif Hasan, President Pakistan Olympic Association.
- Director General, Pakistan Sports Board.
- Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan.
- Mr. Muhammad Zafar, Secretary General, Athletics Federation of Pakistan - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.
- Mr. Muhammad Razzaq, General Secretary, WAPDA Sports Board - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-230/MGS/SAG/814
12 August 2020

Mr. Sami Ullah
Through - Athletics Federation of Pakistan
Through - WAPDA Sports Board

Subject: **VIOLATION OF ANTI-DOPING RULES**

Dear Mr. Sami Ullah,

The self - explanatory letter(s), imposing sanction & disqualification, issued by Dr. Saroj Krishna Shrestha, Chairman, Anti-Doping Committee of 13th South Asian Games, Nepal is hereby **forwarded** for information, record and necessary actions.


Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association



Copy to:

- Lt Gen (R) Syed Arif Hasan, President Pakistan Olympic Association.
- Director General, Pakistan Sports Board.
- Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan.
- Mr. Muhammad Zafar, Secretary General, Athletics Federation of Pakistan - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.
- Mr. Muhammad Razzaq, General Secretary, WAPDA Sports Board - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.

Subject Sanctions of Individuals

From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, DG SARADO <dg@sa-rado.org>, Aaa . <sec@asianathleticsassociation.org>, Nilendra Shrestha <nilendrashrestha@gmail.com>, chiho.miki@wada-ama.org <chiho.miki@wada-ama.org>, tom.may@wada-ama.org <tom.may@wada-ama.org>, HUSSAIN Mohamed <info@sa-rado.org>
Date 11-08-2020 6:04 pm



- Sanction of Individual (Mr. Sami Ullah).pdf (~771 KB)

Attn: Mr. Sami Ullah
Athlete (Athletics, 100 M Sprint)
Pakistan

Dear Mr. Ullah:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur



१३ औं दक्षिण एशियाली खेलकुद-२०१९

एन्टि डोपिङ्ग समिति

मंसिर १५-२४, २०१९, काठमाडौं-पोखरा

13th South Asian Games (SAG)-2019

Anti-Doping Committee

Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Sami Ullah
Athlete (Athletic 100 m Sprint)
Pakistan

Sub : Sanctions of Individuals

Dear Mr. Sami Ullah:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur from 1 to 10 December 2019. You Mr. Sami Ullah from Pakistan Athlete 100 m Sprint Your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300910 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300910) on 3rd December 2019 in Kathmandu, Nepal . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was Reported (- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.) The Finding of A Sample bottle no: 4300910 confirms, the Presence of the Prohibited Substance. In our record you have not submitted any TUE. You were informed about the test result of A Sample. Since you did not request for further Analysis (B Sample analysis) in the time. We assume that you have accepted the result of Sample A .

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless



१३ औं दक्षिण एशियाली खेलकुद-२०७६
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०७६, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.1 Mr. Sami Ullah Your Ineligibility (Sanction) will be Four Years From 3rd December 2019 to 2nd December 2023 and World Anti- Doping code article No 10.8 as applicable to you. So please return your Medal to South Asia Olympic Council.

Thanking for you for your kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games
Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)

Subject IMPOSITION OF BAN ON ATHLETES

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

To Army Sports Directorate <asdirectorate@gmail.com>

Cc 'Makram sahi' <sahi49@gmail.com>, PSB <infopsb@sports.gov.pk>, Pakistan Olympic Association <info@nocpakistan.org>, Dr. Waqar Ahmad <drwaqarahmad@live.com>

Date 15-08-2020 10:18 pm



-
- Letter to Army Sports Directorate..pdf (~78 KB)

Dear Sir,

Please find attached letter No. AFP / C- 16 /10/20 dated 15 August 2020 on the subject matter.

Best regards,

Muhammad Zafar
Secretary General AFP

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi,
HI(M), SI(M),



Secretary General

Muhammad Zafar

No. AFP/ C -16/10/20

Dated: 15-08-2020

The Secretary
Army Sports Directorate
Rawalpindi

Subject: **IMPOSITION OF BAN ON ATHLETES**

Dear Sir,

It is apprised that copies of the letters dated August 7, 2020 and dated August 11, 2020 received from Dr. Saroj Krishna Shrestha, Chairman Anti Doping Committee 13th South Asian Games Nepal, addressed to Mr. Mehboob Ali and Mr. Muhammad Naeem (athletes) have already been forwarded to Army Sports Directorate.

As per WADA rules on findings of illegal substances in urine samples of both athletes, they have been banned by the Anti Doping Committee of 13th South Asian Games Nepal for 4 years (from 6th December 2019 to 5th December 2023).

Due to unlawful act of the athletes, name of our beloved country has been irreparably damaged in the sports community. Athletics Federation of Pakistan therefore urges to take following actions against the athletes: -

1. Departmental enquiry and disciplinary action against the athletes and their coaches on top priority
2. They should not be allowed to take part in any sports activity / competition during the above mentioned ineligibility period of 4 years
3. Cash reward awarded by Govt of Pakistan be recovered and returned to Pakistan Sports Board immediately

i. Mr. Mehboob Ali	Rs. 1,250,000	(twelve lac fifty thousand)
ii. Mr. Muhammad Naeem	Rs. 1,250,000	(twelve lac fifty thousand)

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi
HI(M), SI(M)




Secretary General

Muhammad Zafar

4. Medals and certificates be collected from the individuals and returned to the South Asian Olympic Council (SAOC) immediately

Thanking you for the cooperation.

Best regards,


Muhammad Zafar
Secretary General, AFP

Copy to:

- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Director General, Pakistan Sports Board, Islamabad
- Secretary General, Pakistan Olympic Association, Lahore
- Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan

Subject IMPOSITION OF BAN ON ATHLETES

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

To Wapda Sports Board <wapdasports@hotmail.com>

Cc 'Makram sahi' <sahi49@gmail.com>, PSB <infopsb@sports.gov.pk>, Pakistan Olympic Association <info@nocpakistan.org>, Dr. Waqar Ahmad <drwaqarahmad@live.com>

Date 15-08-2020 10:26 pm



-
- Letter to WAPDA Sports Board.pdf (~43 KB)

Dear General Secretary,

Please find attached letter No. AFP / C- 16 /11/20 dated 15 August 2020 on the subject matter.

Best regards,

Muhammad Zafar
Secretary General AFP

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi,
HI(M), SI(M),



Secretary General

Muhammad Zafar

No. AFP/ C -16/11/20

Dated: 15-08-2020

General Secretary
WAPDA Sports Board
Lahore

Subject: **IMPOSITION OF BAN ON ATHLETES**

Dear General Secretary,

It is apprised that copy of the letter dated August 7, 2020 received from Dr. Saroj Krishna Shrestha, Chairman Anti Doping Committee 13th South Asian Games Nepal, addressed to Mr. Sami Ullah (athlete) has already been forwarded to WAPDA Sports Board.


As per WADA rules on findings of illegal substances in urine sample of the athlete, he has been banned by the Anti Doping Committee of 13th South Asian Games Nepal for 4 years (from 3rd December 2019 to 2nd December 2023).

Due to unlawful act of the athlete, name of our beloved country has been irreparably damaged in the sports community. Athletics Federation of Pakistan therefore urges to take following actions against the athlete: -

1. Departmental enquiry and disciplinary action against the athlete and his coach at the earliest
2. He should not be allowed to take part in any sports activity / competition during the ineligibility period of 4 years
3. Cash reward amounting to Rs. 500,000 (five lac only) awarded by Govt of Pakistan be recovered and returned to Pakistan Sports Board immediately.
4. Medal and certificate be collected from the individual and returned to the South Asian Olympic Council (SAOC) immediately

Thanking you for the cooperation.

Best regards,


Muhammad Zafar
Secretary General, AFP

Copy to:

- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Director General, Pakistan Sports Board, Islamabad
- Secretary General, Pakistan Olympic Association, Lahore
- Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan

Subject IMPOSITION OF BAN ON ATHLETES

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Army Sports Directorate <asdirectorate@gmail.com>, Wapda Sports Board <wapdasports@hotmail.com>, Pakistan Railways Sports Board <prsportsboard@yahoo.com>, HEC <sports@hec.gov.pk>, 'Salman Iqbal Butt' <discuss786@gmail.com>, adrdha@hotmail.com <adrdha@hotmail.com>, Taj Muhammad Mahar <tajmuhammadmahar786@gmail.com>, Qaiser Mehmood <qaisermahmood72@yahoo.com>, Rashid Shah <rashid.jillani000@gmail.com>, Habib ur Rehman Afridi <kpa000111@gmail.com> [49 more...](#)
Cc 'Makram sahi' <sahi49@gmail.com>
Date 15-08-2020 11:30 pm



-
- Notification.pdf (~44 KB)

Dear All,

Please find attached notification No. AFP/ C -16/12/20 dated 15 August 2020 on the subject matter.

Best regards,

Muhammad Zafar
Secretary General AFP

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi,
HI(M), SI(M),



Secretary General

Muhammad Zafar

No. AFP/ C -16/12/20

Dated: 15-08-2020

NOTIFICATION


Subject: **IMPOSITION OF BAN ON ATHLETES**

It is informed to all concerned that the following athletes from Pakistan participated in the 13th South Asian Games Nepal, held from 1st - 10th December 2019. During the said Games doping samples of the athletes were taken by the Anti Doping Committee of the Games. The findings of the samples confirmed the presence of the prohibited substances and in accordance with the world anti doping code they have been sanctioned 4 years ban.

Sr. No.	Name of athlete	Ineligibility period
1.	Mr. Mehboob Ali (400m hurdles)	6 th December 2019 to 5 th December 2023
2.	Mr. Muhammad Naeem (110m hurdles)	
3.	Mr. Sami Ullah (100m)	3 rd December 2019 to 2 nd December 2023

The above mentioned athletes are ineligible to participate in the sports activities / competitions at National and International level till the completion of ineligibility period.

Best regards,


Muhammad Zafar
Secretary General, AFP

Distribution

- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Director General, Pakistan Sports Board, Islamabad
- Secretary General, Pakistan Olympic Association, Lahore
- Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan
- All National Sports Federations
- All affiliated units of AFP

Subject Re: Draft - Notification of the Probe Committee (Doping Controls)
From arif hasan <arifhasan19@gmail.com>
To Secretariat - Pakistan Olympic Association <info@nocpakistan.org>
Cc President NOC Pakistan <president@nocpakistan.org>, Secretary General NOC Pakistan <secretarygeneral@nocpakistan.org>
Date 26-08-2020 10:27 am



Approved, please proceed.

On Tue, 25 Aug 2020, 23:45 Secretariat - Pakistan Olympic Association, <info@nocpakistan.org> wrote:

Respected Sir

1. As desired, the notification of subject committee is being submitted for kind perusal and approval please.
2. The given TORs have been duly approved by the POA Executive Committee.
3. Submitted for kind perusal and approval please.

Highest regards

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Subject NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Test)

From Pakistan Olympic Association <info@nocpakistan.org>
To <president@nocpakistan.org>, <infopsb@sports.gov.pk>, <trainingpsb@yahoo.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, <pakhandball@hotmail.co.uk>, <nrapakistan@gmail.com>, <meesaqrizvi@gmail.com>, <lubnasibtain5@gmail.com>, <mwk_71@yahoo.com>, <pakswimfed@gmail.com> <president@nocpakistan.org>, <infopsb@sports.gov.pk>, <trainingpsb@yahoo.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, <pakhandball@hotmail.co.uk>, <nrapakistan@gmail.com>, <meesaqrizvi@gmail.com>, <lubnasibtain5@gmail.com>, <mwk_71@yahoo.com>, <pakswimfed@gmail.com>, PAK - Athletics Federation Of Pakistan < <pak@mf.worldathletics.org>, Pakistan Badminton Federation <secretarypbf@gmail.com>, Pakistan Federation Baseball <pakistanbaseball@hotmail.com>, Shaukat Javed <shaukatpsh@hotmail.com>, Pakistan Basketball Federation <bashirsonsmall1950@gmail.com>, Khalid Bashir <pakistanbasketballfederation@gmail.com>, Pakistan Bodybuilding Federation <pkbodybuilding@gmail.com>, Pakistan Boxing Federation <president@pakboxingfed.com>, M. Nasir Ijaz Tung Secretary General PBF <secretarygeneralpbf@gmail.com>, Equestrian Federation of Pakistan <efp@efp.com.pk>, <drfarooquaf@gmail.com>, Pakistan Golf Federation < <info@pgf.com.pk>, Ajaz Ahad Khan < <secy@pgf.com.pk>, Pakistan Gymnastic Federation <pakgymnasticsfed@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pakistan Hockey Federation <pakhockeyfederation@gmail.com>, Pakistan Ju-Jitsu Federation <info@pjff.org>, Pakistan Ju Jitsu Federation <pjff05@gmail.com>, Pakistan Ju-Jitsu Federation <president@pjff.org>, <secretary@pjff.org>, <waqariyaskhan@gmail.com>, Pakistan Kabaddi Federation < <pakkabaddifederation@yahoo.com>, Pakistan Karate Federation <saadjahangir@yahoo.com>, <andleebsandhu@gmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Pakistan Rowing Federation <presidentpakrowingfed@gmail.com>, Pakistan Rugby Union <info@pakistanrugby.com>, <fawzi@pakistanrugby.com>, <arif@servis.com>, <president@pakistanrugby.com>, <khurram@pakistanrugby.com>, Pakistan Sailing Federation < <paksailing1969@gmail.com>, Pakistan Squash Federation <pakistansquash@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Majid Waseem <pakswimfed@gmail.com>, <veena517@gmail.com>, Winter Sports Federation Pakistan <wintersportsfedpak@gmail.com>, Softball Federation of Pakistan <lehri_softball@hotmail.com>, Softball Federation of Pakistan <asif_azeem8@yahoo.com>, Pakistan Table Tennis Federation <essemsibtain@gmail.com>, <tauqeerptff@gmail.com>, Pakistan Table Tennis Federation Ahmer Mallick <ahmer.mallick@yahoo.com>, Pakistan Taekwondo Federation <ptf_wasim@yahoo.com>, Pakistan Tennis Federation <pktenfed@comsats.net.pk>, Pakistan Tug of War Federation <rana.mja@gmail.com>, <rmasghar786@gmail.com>, Pakistan Volleyball Federation <chmuhammad.yaqub@gmail.com>, Ch. Muhammad Yaqoob <pvfsecretariat@gmail.com>, Pakistan Weightlifting Federation <pakistanwf1@gmail.com>, <amjad_butt507@yahoo.com>, Pakistan Wrestling Federation < <pak@unitedworldwrestling.org>, Pakistan Wushu Federation <aaimalikwushu@gmail.com>

Date 26-08-2020 12:22 pm

- 265 - Notificiation - Probe Committee (13th SAG - Dope Test).pdf (~815 KB)

Dear Sir / Madam,

Kindly find attached letter No. POA-265/MGS/814 dated 26 August, 2020 on the above subject for information, record and necessary action please.

Best regards,

Muhammad Khalid Mahmood
 Secretary General
 Pakistan Olympic Association

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-265/MGS/814
26 August, 2020

NOTIFICATION

1. In pursuance of the decision taken by the Executive Committee of Pakistan Olympic Association in its meeting held on August 08th, 2020, Lt. Gen (R) Syed Arif Hasan, President POA, in accordance with the authority delegated to the office of the President Pakistan Olympic Association has constituted the Probe Committee, in context to the three positive dope cases of Pakistani athletes tested during the 13th South Asian Games 2019, of following individuals:

- | | | |
|----|--|-----------|
| a. | Mr. Muhammad Shafiq,
President, Pakistan Handball Federation
Secretary General, Asian Handball Federation | Convener |
| b. | Mr. Javaid Shamsah Lodhi
Executive Vice President, National Rifle Association of Pakistan
Vice President, Asian Shooting Confederation | Member |
| c. | Dr. Meesaq Rizvi OLY
Former Olympian & National Champion | Member |
| d. | Dr. Lubna Sibtain
Member, POA Medical Commission | Member |
| e. | Maj (R) Majid Waseem
President, Pakistan Swimming Federation
Bureau Member AASF & Member FINA Masters Committee | Secretary |

2. The terms of reference of the Committee shall be as under:

- To ascertain the awareness level of athletes about doping controls and use of medicine.
- To ascertain measures to enhance doping controls and procedures as per WADA code.
- To examine in depth dope control measures adopted by NSFs.
- To ascertain effectiveness of internal doping controls established by AFP.
- To ascertain why internal doping controls of AFP were breached.
- To ascertain the exact number of doping tests held by AFP in last three years.
- To fix responsibility upon the person(s) involved, if any except athletes (banned by the Anti Doping Organization of 13th South Asian Games).
- To recommend measures for future course.
- To ascertain necessary information / data related to measures of doping control in last five years by Anti Doping Organization of Pakistan and other actions taken to mitigate the risk of doping control violation(s) in Pakistan.

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

3. The Committee is advised to finalize its findings within thirty days for which all the relevant stakeholders should cooperate and provide information, documents and personal appearance as the case may be.

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association



Copy to

- Lt Gen (R) Syed Arif Hasan HI(M), President, Pakistan Olympic Association.
- Director General, Pakistan Sports Board.
- Chairman, Anti Doping Organization of Pakistan.
- Convener & Members of the Committee.
- All Affiliated Member Units of POA.
- Master File.

Subject Re: NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Test)
From lubna sibtain <lubnasibtain5@gmail.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc <president@nocpakistan.org>, <ssa@treetonline.com>, <infopsb@sports.gov.pk>, <trainingspb@yahoo.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, <meesaqrizvi@gmail.com>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, Pakistan Badminton Federation <secretarypbf@gmail.com>, Pakistan Federation Baseball <pakistanbaseball@hotmail.com>, Shaukat Javed <shaukatpsp@hotmail.com>
[61 more...](#)
Date 26-08-2020 5:56 pm



Respected Mr Mohammad Khalid Mehmood,
Your e.mail is well recieved.
Best regards.

On Wed, Aug 26, 2020, 3:07 PM Pakistan Olympic Association <info@nocpakistan.org> wrote:

Dear Sir / Madam,

Kindly find attached letter No. POA-265/MGS/814 dated 26 August, 2020 on the above subject for information, record and necessary action please.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Subject Re: NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Test)
From Meesaq Rizvi <meesaqrizvi@gmail.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Date 26-08-2020 8:52 pm



Dear Sir,
I acknowledge receipt if you enail and the attachments. Also accept the WhatsApp's invite.
Thank you very much for the honour, will fo our best for justice to be done in the time frame suggested.
Regards

On Wed, Aug 26, 2020 at 3:22 AM Pakistan Olympic Association <info@nocpakistan.org> wrote:

Dear Sir / Madam,

Kindly find attached letter No. POA-265/MGS/814 dated 26 August, 2020 on the above subject for information, record and necessary action please.

Best regards,

Muhammad Khalid Mahmood
Secretary General

Pakistan Olympic Association

Subject NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Tests)
From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc 'Makram sahi' <sahi49@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Syed Shahid Ali <ssa@treetonline.com>, PSB <infopsb@sports.gov.pk>, trainingpsb@yahoo.com <trainingpsb@yahoo.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, meesaqrizvi@gmail.com <meesaqrizvi@gmail.com>, lubnasibtain5@gmail.com <lubnasibtain5@gmail.com> [66 more...](#)
Date 30-08-2020 2:09 pm



-
- Letter to POA 30.08 .2020.pdf (~110 KB)

Dear Sir,

Please find attached letter No. AFP/C-16/14/20 dated 30-08-2020 on the subject matter.

Best regards,

Muhammad Zafar
Secretary General AFP

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi,
HI(M), SI(M),



Secretary General

Muhammad Zafar

Mr. Muhammad Khalid Mehmood
Secretary General,
Pakistan Olympic Association,
Lahore

No. AFP/ C -16/14/20
Dated: 30-08-2020

Subject:- **NOTIFICATION**

Please refer to your Notification circulated vide No. POA-265/MGS/814 dated 26th August 2020 and reiterated the contents of our earlier letter No. AFP / C - 16 /09/20 dated 30 July 2020.

1. Constitution of a Probe Committee in context to the 3 positive dope cases of Pakistani athletes tested during the 13th South Asian Games 2019 has been notified vide above referred Notification. In this regard, it is apprised that soon after the issuance of AAF Notice of charge and Provisional Suspension to the 3 athletes by the Chairman Anti-doping Committee 13th SAG, this Federation acted promptly to get the required formalities completed and extended full cooperation to all concerned Sports Organizations for effective resolution of the matter. Our transparent and prompt action was duly acknowledged by the Nepal Olympic Committee (NOC) and Director Doping Analysis Laboratory Qatar.

2. Later on, "B" samples of 2 athletes (Muhammad Naeem and Mehboob Ali) were analyzed as per their request and were found to be the same as sample "A". Consequently, Chairman Anti doping Committee 13th SAG Nepal vide his letter dated 11th August 2020 (addressed to concerned 3 athletes) imposed Sanction of 4 years each. In compliance of the said decision, this Federation has already taken necessary action vide our letters and Notification dated 15.08.2020 with a copy to POA and all concerned Organizations. We have also informed the Asian Athletics Association, World Athletics and World Anti Doping Agency accordingly. Concerned Departments / Affiliated Units of AFP have been directed to initiate departmental disciplinary action against the individuals under intimation to AFP.

3. In view of above, we consider that constitution of any Probe Committee is not required. It has been established that it was an individual act and the defaulters have been lawfully reprimanded / sanctioned by the Anti Doping Committee of 13th SAG under WADA Code. Proceedings stand completed under WADA Code which has exclusive jurisdiction in the matter. Hence, any further probe of this case is superfluous and also transgresses the jurisdiction of WADA, AFP and World Athletics (WA). It is

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi
HI(M), SI(M)




Secretary General

Muhammad Zafar

an open and shut case. We therefore suggest that Notification issued vide No. POA-265/MGS/814 dated 26th August, 2020 be withdrawn as no further proceedings are necessary.

Best regards,


Muhammad Zafar
Secretary General, AFP

Copy to:-

- Maj Gen (R) Muhammad Akram Sahi, HI(M). SI(M), President AFP / Vice President AAA
- Lt Gen (R) Syed Arif Hasan HI(M), President, Pakistan Olympic Association
- Director General, Pakistan Sports Board
- Chairman, Anti Doping Organization of Pakistan
- All Affiliated Member Units of POA
- Convener & Members of the Committee
- Army Sports Directorate
- WAPDA Sports Board

Subject RE: Fwd: NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Tests)
From arifhasan <arifhasan19@gmail.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Date 31-08-2020 2:49 pm



No. Have to follow up as per the mandate of WADA

Sent from my Samsung Galaxy smartphone.

----- Original message -----

From: Pakistan Olympic Association <info@nocpakistan.org>
Date: 31/08/2020 14:11 (GMT+05:00)
To: President POA <arifhasan19@gmail.com>
Subject: Fwd: NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Tests)

Respected Sir,

The email received from AFP on the subject is forwarded for your kind perusal please.

Highest regards,

Muhammad Khalid Mahmood

Secretary General, POA

----- Original Message -----

Subject:NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Tests)

Date:30-08-2020 2:09 pm

From:PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

To:Pakistan Olympic Association <info@nocpakistan.org>

Cc:'Makram sahi' <sahi49@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Syed Shahid Ali <ssa@tretonline.com>, PSB <infopsb@sports.gov.pk>, "trainingspb@yahoo.com" <trainingspb@yahoo.com>, "Dr. Waqar Ahmad" <drwaqarahmad@live.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrakistan@gmail.com>, "meesaqrizvi@gmail.com" <meesaqrizvi@gmail.com>, "lubnasibtain5@gmail.com" <lubnasibtain5@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>, Pakistan Badminton Federation <secretarypbf@gmail.com>, Pakistan Federation Baseball <pakistanbaseball@hotmail.com>, "shaukatpsp@hotmail.com" <shaukatpsp@hotmail.com>, Pakistan Basketball Federation <bashirsonsmall1950@gmail.com>, khalid Bashir <pakistanbasketballfederation@gmail.com>, Pakistan Bodybuilding Federation <pkbodybuilding@gmail.com>, Pakistan Boxing Federation <president@pakboxingfed.com>, Pakistan Boxing Federation <secretarygeneralpbf@gmail.com>, Equestrian Federation of Pakistan <efp@efp.com.pk>, "drfarooquaf@gmail.com" <drfarooquaf@gmail.com>, PGF Secretariat <info@pgf.com.pk>, Ajaz Ahad Khan <secy@pgf.com.pk>, Pakistan Gymnastic Federation <pakgymnasticsfed@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pakistan Hockey Federation <pakhockeyfederation@gmail.com>, Pakistan Ju-Jitsu Federation <info@pjff.org>, "pjff05@gmail.com" <pjff05@gmail.com>, Pakistan Ju-Jitsu Federation <president@pjff.org>, "secretary@pjff.org" <secretary@pjff.org>, "waqariyaskhan@gmail.com" <waqariyaskhan@gmail.com>, Pakistan Kabaddi Federation <pakkabaddifederation@yahoo.com>, Pakistan Karate Federation <saadjahangir@yahoo.com>, Pakistan Karate Federation <andleebsandhu@gmail.com>, National Rifle Association of Pakistan - NRAP <nrakistan@gmail.com>, Pakistan Rowing Federation <presidentpakrowingfed@gmail.com>, "info@pakistanrugby.com" <info@pakistanrugby.com>, "Fawzi (PRU)" <fawzi@pakistanrugby.com>, Pakistan Rugby Union <arif@servis.com>, Pakistan Rugby Union <president@pakistanrugby.com>, Secretary General Pakistan Rugby Union <khurram@pakistanrugby.com>, Pakistan Sailing Federation <paksailing1969@gmail.com>, Pakistan Squash Federation <pakistansquash@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>, Veena Masud <veena517@gmail.com>, Secretary General <wintersportsfedpak@gmail.com>, Softball Federation of Pakistan <lehri_softball@hotmail.com>, Softball Federation of Pakistan <asif_azeem8@yahoo.com>, Pakistan Table Tennis Federation <essemisibtain@gmail.com>, "tauqeerpptf@gmail.com" <tauqeerpptf@gmail.com>, Pakistan Table Tennis Federation <ahmer.mallick@yahoo.com>, Pakistan Taekwondo Federation <ptf_wasim@yahoo.com>, Pakistan Tennis Federation <pktenfed@comsats.net.pk>, Pakistan Tug of War Federation <rana.mja@gmail.com>, "rmasghar786@gmail.com" <rmasghar786@gmail.com>, Pakistan Volleyball Federation <chmuhammad.yaqub@gmail.com>, Pakistan Volleyball Federation <pvfsecretariat@gmail.com>, Pakistan Weightlifting Federation <pakistanwf1@gmail.com>, "amjad_butt507@yahoo.com" <amjad_butt507@yahoo.com>, Pakistan Wrestling Federation <pak@unitedworldwrestling.org>, Pakistan Wushu Federation <aaimalikwushu@gmail.com>, "b.olympic.a@gmail.com" <b.olympic.a@gmail.com>, KP Olympic Association <olympickp@gmail.com>, Punjab Olympic Association <punjabolympicassociation@gmail.com>, Punjab Olympic Association <punjabolympicassociation@hotmail.com> ,

Sindh Olympic Association <soa1947@yahoo.com>, Army Sports Directorate <asdirectorate@gmail.com>, Director Sports Pakistan Navy <dsports@paknavy.gov.pk>, Air Headquarters Peshawar <dteofsportspaf@yahoo.com>, Pakistan Police Sports Board <policesportsboard@yahoo.com>, Pakistan Railways Sports Board <prsportsboard@yahoo.com>, Wapda Sports Board <wapdasports@hotmail.com>, HEC <sports@hec.gov.pk>, "muasif@hec.gov.pk" <muasif@hec.gov.pk>

Dear Sir,

Please find attached letter No. AFP/C-16/14/20 dated 30-08-2020 on the subject matter.

Best regards,

Muhammad Zafar
Secretary General AFP

Subject Provision of Assistance - Army Athletes Declared Dope Positive
From ARMY SPORTS DIRECTORATE <asdirdirectorate@gmail.com>
To PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
Cc NOC Pakistan <info@nocpakistan.org>
Date 04-09-2020 7:11 pm



- Letter to Federation.jpg (~620 KB)

Dear Sir,

Hope this email finds you in good health and ture spirit.

Please find enclosed scanned letter.

Regards

ARMY SPORTS DIRECTORATE
Telephone # 051-9270298
Fax # 051-5584583



Letter to Federation.jpg
~620 KB

Army Sports Directorate
IGT&E Branch
General Headquarters
Rawalpindi
Telephone: 9270298
6874/369/AS Dte
4 September 2020

To: **GENERAL SECRETARY**
Athletics Federation of Pakistan
Room No.123 Pakistan Sports Complex
Islamabad
Email: pak@mf.worldathletics.org

Information: **SECRETARY GENERAL**
Pakistan Olympic Association
Olympic House, 2-Hameed Nizami (Temple) Road
Lahore

Subject: **Provision of Assistance – Army Athletes Declared Dope Positive**

Athletics Federation of Pakistan letter no.AFP/C-16/10/20 dated 15 August 2020 reference.


1. As you are well aware that Army Athlete's dope tests declared positive which were taken during 13th South Asian Games 2019, Nepal. As per the direction / instructions of Athletics Federation of Pakistan, departmental inquiry is in process at Army Sports Directorate, General Headquarters, Rawalpindi. Following queries are raised by the board constituted for departmental inquiry to finalize the proceedings: -

- a. Complete report of Dope Test of Mehboob, Naeem (Army) & Sami (WAPDA).
- b. Substances found in the report are either injectable or oral.
- c. Are the contraband substances exist in supplements (**Nitraflex Booster, Micronized Creatine Powder, Fish Oil, C4 Booster& Optimen**).
- d. Availability of **Mr Qaiser & Mr Asghar Gill** who were part of Pakistan Athletics Team during 13th South Asian Games as Team Manager / Coach for cross questioning to ascertain the facts.

2. Keeping above in view, it is requested that above mentioned details and individuals be made available to this Directorate to ascertain the facts & findings for finalizing the departmental inquiry.

3. Forwarded for favourable action, please.




Colonel
Secretary
Army Sports Directorate
(Sadaf Akram)

Subject 13th South Asian Games, 2019 – Anti Doping Rules

From Pakistan Olympic Association <info@nocpakistan.org>

To NOC Nepal <info@nocnepal.org.np>, <nilendrashrestha@gmail.com>, NOC Nepal <sujanlal_jessica@yahoo.com>

Cc President NOC Pakistan <president@nocpakistan.org>, Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, DG SARADO <dg@sa-rado.org>, <chiho.miki@wada-ama.org>, <tom.may@wada-ama.org>, HUSSAIN Mohamed <info@sa-rado.org>, <compliance@wada-ama.org>

Date 11-09-2020 3:38 pm



-
- 111 - (NOC Nepal) - Violation of Anti-Doping Rules - 13th SAG.pdf (~319 KB)
 - 107 - (NOC Nepal) - Violation of Anti-Doping Rules - 13th SAG.pdf (~396 KB)
 - 13thSOUTH ASIAN GAMES ANTI-DOPING RULES 20191105 final.pdf (~394 KB)
 - Email dated 11-08-2020 - Disqualification of Results (Naeem & Mehboob Ali).pdf (~4.7 MB)
 - Sanction Letter from the Anti Doping Committee of 13 SAG (Mehboob Ali).pdf (~1.3 MB)
 - Letter - Sanctions of Individual (Sami Ullah).pdf (~883 KB)
 - Sanction Letter from the Anti Doping Committee of 13 SAG (Muhammad Naeem).pdf (~1.4 MB)

Mr. Nilendra Raj Shrestha

Secretary General

Nepal Olympic Committee

Dear Mr. Secretary General,

We hope this email finds you in best of health and spirits.

While we are taking measures in accordance with the notification of sanction(s) imposed, we would like you to please assist us by replying to our queries raised in our letters attached whereby we have highlighted certain procedural anomalies.

We would also like to have your opinion about application of rules of Anti-Doping Code of 13th South Asian Games, 2019, has the Anti-Doping Organization of the Games imposed sanctions upon positive athletes as per Article 7.1.2 & Article 10.2.2. of the Anti-Doping Rules of 13th South Asian Games, 2019 Nepal (**attached**) as well as Article 7.1.1 of WADA Anti-Doping Code.

We would be highly grateful if you may kindly provide us with the replies to the queries raised in our letters **attached** and query raised through this email as well.

Thank you for cooperation.

Best regards,

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association / NOC Pakistan

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-111/MGS/13th SAG
01 June, 2020

Mr. Nilendra Raj Shrestha
Secretary General
Nepal Olympic Committee

Subject: **13th South Asian Games, 2019 – Final Consequences of Adverse Analytical Findings & Hearing Proceedings & Doping Cases**

Dear Sir,

Thank you for your email and letter of yesterday.

In line with your letter, we are advising the Athletics Federation of Pakistan to proceed for B Sample Analysis strictly following the WADA Guidelines.

You will kindly agree that our queries, that were forwarded to concerned offices (of 13 SAG) after examining and in pursuance of the correspondences and applicable Anti Doping Rules (ADRs) that you have mentioned in your letter, have not been addressed therefore we would once again request your good office to please review the queries raised in letter No. POA -107/MGS/13th SAG dated 29 May, 2020.

It is once again requested that the Anti Doping Committee of 13 South Asian Games, 2019 must confirm its procedures in line with the ADRs of 13th South Asian Games. The three x "AAF Notice of Charge and Mandatory Provisional Suspension (Non-Specified Substances)" sent to NOC Pakistan on May 20, 2020, did not contain documents required under WADA Code and ADRs, and also as these Notices were not served in accordance with the Article 7.2.4 therefore we are not in a position to proceed particularly as the three athletes charged with ADRVs have denied the charges. To elaborate it is pointed out that the athletes have been deprived of their right to obtain the copy of the Laboratory Documentation Package by not informing them of this right as is enshrined in Article 7.2.4 of ADRs. As for the option of B Sample, please note as per WADA Guidelines the cost of B Sample analysis is only paid by the athlete in case their B Sample is tested Positive. In case there is any other Rule made by the ADC specifying the cost to be paid by athletes, please share the same.

We should also bring this on record that ADRs were sent to NOC Pakistan only on May 27, 2020 and we are not aware if the concerned athletes have been provided with this document by the ADC till to date.

In this context, ADC is once again requested to review the discrepancies in the process and proceed in line with the ADRs. It is also imperative to delegate the authority, if at all legally possible, to either National Federation or National Olympic Committee to assume the control of the further proceedings.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association / NOC Pakistan

Copy to:

- Lt Gen (R) Syed Arif Hasan, President, Pakistan Olympic Association / NOC Pakistan.
- Mr. Jeevan Ram Shrestha, President, Nepal Olympic Committee.
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019.

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-107/MGS/13th SAG
29 May, 2020

Mr. Nilendra Raj Shrestha
Secretary General
Nepal Olympic Committee

Subject: **13th South Asian Games, 2019 – Final Consequences of Adverse Analytical Findings & Hearing Proceedings & Doping Cases**

Dear Sir,

Pakistan Olympic Association has been informed, approximately after 170 days of the sample collection, about the Adverse Analytical Findings (AAFs) of three athletes. You have also been informed by the National Federation that two of the Athletes desire to have their B sample tested while the third athlete, while not having asked for B sample testing has denied having used any prohibited substance. Do we assume that in the case of this third Athlete the SAG Doping Committee will exercise its prerogative to test his B sample as stipulated vide *Comment to Article 2.1.2: "The Anti-Doping Organization with results management responsibility may, at its discretion, choose to have the B Sample analyzed even if the Athlete does not request the analysis of the B Sample."*

In the Notifications sent to the Athletes we have noted an anomaly which is contrary to the Anti Doping Rules (ADRs) of South Asian Games, 2019 clarity of which is essential to proceed further:-

- The ADR 2019 makes no mention of any role of the NF presumably due to a conflict of interest situation. In para 4 of your letters for the athletes (AAF Notice of Charge and Mandatory Provisional Suspension (Non-Specified Substances) which have been forwarded vide your email of 20 May you have stated "4.1 You will be subject to the Consequences as deemed fit by respective federation and/or National Olympic Committee. However vide ADR para 7.1.1 SAG *Anti-Doping* Committee shall be responsible for results management and the conduct of hearings for anti-doping rule violations arising under these Anti-Doping Rules in relation to the consequences that are specified at Articles 9, 10.1 and 10.2.1. In case the hearing is being delegated (if at all it could be done legally) it must be notified. It also may be specified as to who is responsible and not left in a situation of "either/ or". In this connection your attention is also invited to Article 8, Right to Fair Hearing in general and Article 8.1, Setting up a Disciplinary Panel specifically which states "The SAG *Anti-Doping* Committee Chair shall immediately set up a SAG Anti-Doping Disciplinary Panel of three experts."
- Please also confirm whether the Athletes in question have been "Provisionally Suspended". Would a notification in this regard be issued or should we assume this process to be automatic.
- Please confirm if the Doping Control Process has concluded and all results have been shared in totality confirming the samples collected and analyzed by the WADA accredited Laboratory.
- Please confirm if the AAFs have been shared with the concerned International Federation, NADO and WADA.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood
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Copy to:

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- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019.

South Asia Olympic Council

ANTI-DOPING RULES

Applicable to the

13th South Asian Games

(Based on the World Anti-Doping Code)

June 2019

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South Asia Olympic Council ANTI-DOPING RULES

INTRODUCTION

Preface

These Anti-Doping Rules are adopted and implemented in accordance with SAG's (consists of National Olympic Committees of Bangladesh, Bhutan, India, Maldives, Nepal Pakistan and Sri Lanka) responsibilities under the *Code*, and in furtherance of SAG's continuing efforts to eradicate doping in sport.

These Anti-Doping Rules are rules governing the conditions under which sport is played. Aimed at enforcing anti-doping principles in a global and harmonized manner, they are distinct in nature from criminal and civil laws, and are not intended to be subject to or limited by any national requirements and legal standards applicable to criminal or civil proceedings. When reviewing the facts and the law of a given case, all courts, arbitral tribunals and other adjudicating bodies should be aware of and respect the distinct nature of these Anti-Doping Rules implementing the *Code* and the fact that these rules represent the consensus of a broad spectrum of stakeholders around the world as to what is necessary to protect and ensure fair sport.

The Executive Committee of SAG appoints a SAG Anti-Doping Committee which is responsible to implement these Anti-Doping Rules.

Fundamental Rationale for the *Code* and SAG's Anti-Doping Rules

Anti-doping programs seek to preserve what is intrinsically valuable about sport. This intrinsic value is often referred to as "the spirit of sport". It is the essence of Olympism; the pursuit of human excellence through the dedicated perfection of each person's natural talents. It is how we play true. The spirit of sport is the celebration of the human spirit, body and mind, and is reflected in values we find in and through sport, including:

- Ethics, fair play and honesty
- Health
- Excellence in performance
- Character and education
- Fun and joy
- Teamwork
- Dedication and commitment
- Respect for rules and laws
- Respect for self and other *Participants*
- Courage
- Community and solidarity

Doping is fundamentally contrary to the spirit of sport.

Scope of these Anti-Doping Rules

These Anti-Doping Rules shall apply automatically to (a) SAG; (b) all *Athletes* entered in one of SAG's *Events* or who have otherwise been made subject to the authority of SAG for a future *Event*; (c) all *Athlete Support Personnel* supporting such *Athletes*; (d) other *Persons* participating in the activities of SAG; and (e) any organization, body or entity operating (even if only temporarily) under the authority of SAG.

Athletes entered in one of SAG's *Events* or who have otherwise been made subject to the authority of SAG for a future *Event* are automatically bound by these Anti-Doping Rules as a condition of eligibility to participate in such *Events*.

The *Athlete Support Personnel* supporting such *Athletes* and other *Persons* participating in the activities of SAG are automatically bound by these Anti-Doping Rules as a condition of such support/participation.

Organizations, bodies or entities operating (even if only temporarily) under the authority of SAG are automatically bound by these Anti-Doping Rules as a condition of their participation in the SAG's activities.

These Anti-Doping Rules shall apply to all *Doping Controls* over which SAG has jurisdiction.

ARTICLE 1 DEFINITION OF DOPING

Doping is defined as the occurrence of one or more of the anti-doping rule violations set forth in Article 2.1 through Article 2.10 of these Anti-Doping Rules.

ARTICLE 2 ANTI-DOPING RULE VIOLATIONS

The purpose of Article 2 is to specify the circumstances and conduct which constitute anti-doping rule violations. Hearings in doping cases will proceed based on the assertion that one or more of these specific rules have been violated.

Athletes or other *Persons* shall be responsible for knowing what constitutes an anti-doping rule violation and the substances and methods which have been included on the *Prohibited List*.

The following constitute anti-doping rule violations:

2.1 Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*

2.1.1 It is each *Athlete's* personal duty to ensure that no *Prohibited Substance* enters his or her body. *Athletes* are responsible for any *Prohibited Substance* or its *Metabolites* or *Markers* found to be present in their *Samples*. Accordingly, it is not necessary that intent, *Fault*, negligence or knowing *Use* on the *Athlete's* part be demonstrated in order to establish an anti-doping rule violation under Article 2.1.

[Comment to Article 2.1.1: An anti-doping rule violation is committed under this Article without regard to an Athlete's Fault. This rule has been referred to in various CAS decisions as "Strict Liability". An Athlete's Fault is taken into consideration in determining the Consequences of this anti-doping rule violation under Article 10. This principle has consistently been upheld by CAS.]

2.1.2 Sufficient proof of an anti-doping rule violation under Article 2.1 is established by any of the following: presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in the *Athlete's A Sample* where the *Athlete* waives analysis of the *B Sample* and the *B Sample* is not analyzed; or, where the *Athlete's B Sample* is analyzed and the analysis of the *Athlete's B Sample* confirms the presence of the *Prohibited Substance* or its *Metabolites* or *Markers* found in the *Athlete's A Sample*; or, where the *Athlete's B Sample* is split into two bottles and the analysis of the second bottle confirms the presence of the *Prohibited Substance* or its *Metabolites* or *Markers* found in the first bottle.

[Comment to Article 2.1.2: The Anti-Doping Organization with results management responsibility may, at its discretion, choose to have the B Sample analyzed even if the Athlete does not request the analysis of the B Sample.]

2.1.3 Excepting those substances for which a quantitative threshold is specifically identified in the *Prohibited List*, the presence of any quantity of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample* shall constitute an anti-doping rule violation.

2.1.4 As an exception to the general rule of Article 2.1, the *Prohibited List* or *International Standards* may establish special criteria for the evaluation of *Prohibited Substances* that can also be produced endogenously.

2.2 Use or Attempted Use by an Athlete of a Prohibited Substance or a Prohibited Method

[Comment to Article 2.2: It has always been the case that Use or Attempted Use of a Prohibited Substance or Prohibited Method may be established by any reliable means. As noted in the Comment to Article 3.2, unlike the proof required to establish an anti-doping rule violation under Article 2.1, Use or Attempted Use may also be established by other reliable means such as admissions by the Athlete, witness statements, documentary evidence, conclusions drawn from longitudinal profiling, including data collected as part of the Athlete Biological Passport, or other analytical information which does not otherwise satisfy all the requirements to establish "Presence" of a Prohibited Substance under Article 2.1. For example, Use may be established based upon reliable analytical data from the analysis of an A Sample (without confirmation from an analysis of a B Sample) or from the analysis of a B Sample alone where the Anti-Doping Organization provides a satisfactory explanation for the lack of confirmation in the other Sample.]

2.2.1 It is each *Athlete's* personal duty to ensure that no *Prohibited Substance* enters his or her body and that no Prohibited Method is Used. Accordingly, it is not necessary that intent, *Fault*, negligence or knowing *Use* on the *Athlete's* part be demonstrated in order to establish an anti-doping rule violation for *Use* of a *Prohibited Substance* or a *Prohibited Method*.

2.2.2 The success or failure of the *Use* or *Attempted Use* of a *Prohibited Substance* or *Prohibited Method* is not material. It is sufficient that the *Prohibited Substance* or *Prohibited Method* was *Used* or *Attempted* to be *Used* for an anti-doping rule violation to be committed.

[Comment to Article 2.2.2: Demonstrating the "Attempted Use" of a Prohibited Substance or a Prohibited Method requires proof of intent on the Athlete's part. The fact that intent may be required to prove this particular anti-doping rule violation does not undermine the Strict Liability principle established for violations of Article 2.1 and violations of Article 2.2 in respect of Use of a Prohibited Substance or Prohibited Method.]

An Athlete's Use of a Prohibited Substance constitutes an anti-doping rule violation unless such substance is not prohibited Out-of-Competition and the Athlete's Use takes place Out-of-Competition. (However, the presence of a Prohibited Substance or its Metabolites or Markers in a Sample collected In-Competition is a violation of Article 2.1 regardless of when that substance might have been administered.)]

2.3 Evading, Refusing or Failing to Submit to Sample Collection

Evading Sample collection, or without compelling justification, refusing or failing to submit to Sample collection after notification as authorized in these Anti-Doping Rules or other applicable anti-doping rules.

[Comment to Article 2.3: For example, it would be an anti-doping rule violation of "evading Sample collection" if it were established that an Athlete was deliberately avoiding a Doping Control official to evade notification or Testing. A violation of "failing to submit to Sample collection" may be based on either intentional or negligent conduct of the Athlete, while "evading" or "refusing" Sample collection contemplates intentional conduct by the Athlete.]

2.4 Whereabouts Failures

Any combination of three missed tests and/or filing failures, as defined in the International Standard for Testing and Investigations, within a twelve-month period by an *Athlete* in a *Registered Testing Pool*.

2.5 Tampering or Attempted Tampering with any part of Doping Control

Conduct which subverts the *Doping Control* process but which would not otherwise be included in the definition of *Prohibited Methods*. *Tampering* shall include, without limitation, intentionally interfering or attempting to interfere with a *Doping Control* official, providing fraudulent information to an *Anti-Doping Organization* or intimidating or attempting to intimidate a potential witness.

[Comment to Article 2.5: For example, this Article would prohibit altering identification numbers on a Doping Control form during Testing, breaking the B bottle at the time of B Sample analysis, or altering a Sample by the addition of a foreign substance. Offensive conduct towards a Doping Control official or other Person involved in Doping Control which does not otherwise constitute Tampering shall be addressed in the disciplinary rules of sport organizations.]

2.6 Possession of a Prohibited Substance or a Prohibited Method

2.6.1 *Possession* by an *Athlete In-Competition* of any *Prohibited Substance* or any *Prohibited Method*, or *Possession* by an *Athlete Out-of-Competition* of any *Prohibited Substance* or any *Prohibited Method* which is prohibited *Out-of-Competition* unless the *Athlete* establishes that the *Possession* is consistent with a Therapeutic Use Exemption ("TUE") granted in accordance with Article 4.4 or other acceptable justification.

2.6.2 *Possession* by an *Athlete Support Person In-Competition* of any *Prohibited Substance* or any *Prohibited Method*, or *Possession* by an *Athlete Support Person Out-of-Competition* of any *Prohibited Substance* or any *Prohibited Method* which is prohibited *Out-of-Competition* in connection with an *Athlete*, *Competition* or training, unless the *Athlete Support Person* establishes that the *Possession* is consistent with a TUE granted to an *Athlete* in accordance with Article 4.4 or other acceptable justification.

[Comment to Articles 2.6.1 and 2.6.2: Acceptable justification would not include, for example, buying or Possessing a Prohibited Substance for purposes of giving it

to a friend or relative, except under justifiable medical circumstances where that Person had a physician's prescription, e.g., buying Insulin for a diabetic child.]

[Comment to Article 2.6.2: Acceptable justification would include, for example, a team doctor carrying Prohibited Substances for dealing with acute and emergency situations.]

2.7 Trafficking or Attempted Trafficking in any Prohibited Substance or Prohibited Method

2.8 Administration or Attempted Administration to any Athlete In-Competition of any Prohibited Substance or Prohibited Method, or Administration or Attempted Administration to any Athlete Out-of-Competition of any Prohibited Substance or any Prohibited Method that is prohibited Out-of-Competition

2.9 Complicity

Assisting, encouraging, aiding, abetting, conspiring, covering up or any other type of intentional complicity involving an anti-doping rule violation, Attempted anti-doping rule violation or violation of Article 10.12.1 of the Code by another Person.

2.10 Prohibited Association

Association by an Athlete or other Person subject to the authority of an Anti-Doping Organization in a professional or sport-related capacity with any Athlete Support Person who:

2.10.1 If subject to the authority of an Anti-Doping Organization, is serving a period of Ineligibility; or

2.10.2 If not subject to the authority of an Anti-Doping Organization, and where Ineligibility has not been addressed in a results management process pursuant to the Code, has been convicted or found in a criminal, disciplinary or professional proceeding to have engaged in conduct which would have constituted a violation of anti-doping rules if Code-compliant rules had been applicable to such Person. The disqualifying status of such Person shall be in force for the longer of six years from the criminal, professional or disciplinary decision or the duration of the criminal, disciplinary or professional sanction imposed; or

2.10.3 Is serving as a front or intermediary for an individual described in Article 2.10.1 or 2.10.2.

In order for this provision to apply, it is necessary that the Athlete or other Person has previously been advised in writing by an Anti-Doping Organization with jurisdiction over the Athlete or other Person, or by WADA, of the Athlete Support Person's disqualifying status and the potential Consequence of prohibited association and that the Athlete or other Person can reasonably avoid the association. The Anti-Doping Organization shall also use reasonable efforts to advise the Athlete Support Person who is the subject of the notice to the Athlete or other Person that the Athlete Support Person may, within 15 days, come forward

to the *Anti-Doping Organization* to explain that the criteria described in Articles 2.10.1 and 2.10.2 do not apply to him or her. (Notwithstanding Article 15, this Article applies even when the *Athlete Support Person's* disqualifying conduct occurred prior to the effective date provided in Article 25 of the Code.)

The burden shall be on the *Athlete* or other *Person* to establish that any association with *Athlete Support Personnel* described in Article 2.10.1 or 2.10.2 is not in a professional or sport-related capacity.

Anti-Doping Organizations that are aware of *Athlete Support Personnel* who meet the criteria described in Article 2.10.1, 2.10.2, or 2.10.3 shall submit that information to WADA.

[Comment to Article 2.10: Athletes and other Persons must not work with coaches, trainers, physicians or other Athlete Support Personnel who are Ineligible on account of an anti-doping rule violation or who have been criminally convicted or professionally disciplined in relation to doping. Some examples of the types of association which are prohibited include: obtaining training, strategy, technique, nutrition or medical advice; obtaining therapy, treatment or prescriptions; providing any bodily products for analysis; or allowing the Athlete Support Person to serve as an agent or representative. Prohibited association need not involve any form of compensation.]

ARTICLE 3 PROOF OF DOPING

3.1 Burdens and Standards of Proof

SAG shall have the burden of establishing that an anti-doping rule violation has occurred. The standard of proof shall be whether SAG has established an anti-doping rule violation to the comfortable satisfaction of the hearing panel bearing in mind the seriousness of the allegation which is made. This standard of proof in all cases is greater than a mere balance of probability but less than proof beyond a reasonable doubt. Where these Anti-Doping Rules place the burden of proof upon the *Athlete* or other *Person* alleged to have committed an anti-doping rule violation to rebut a presumption or establish specified facts or circumstances, the standard of proof shall be by a balance of probability.

[Comment to Article 3.1: This standard of proof required to be met by SAG is comparable to the standard which is applied in most countries to cases involving professional misconduct.]

3.2 Methods of Establishing Facts and Presumptions

Facts related to anti-doping rule violations may be established by any reliable means, including admissions. The following rules of proof shall be applicable in doping cases:

[Comment to Article 3.2: For example, SAG may establish an anti-doping rule violation under Article 2.2 based on the Athlete's admissions, the credible testimony of third Persons, reliable documentary evidence, reliable analytical data from either an A or B Sample as provided in the Comments to Article 2.2, or

conclusions drawn from the profile of a series of the Athlete's blood or urine Samples, such as data from the Athlete Biological Passport.]

3.2.1 Analytical methods or decision limits approved by WADA after consultation within the relevant scientific community and which have been the subject of peer review are presumed to be scientifically valid. Any *Athlete* or other *Person* seeking to rebut this presumption of scientific validity shall, as a condition precedent to any such challenge, first notify WADA of the challenge and the basis of the challenge. CAS on its own initiative may also inform WADA of any such challenge. At WADA's request, the CAS panel shall appoint an appropriate scientific expert to assist the panel in its evaluation of the challenge. Within 10 days of WADA's receipt of such notice, and WADA's receipt of the CAS file, WADA shall also have the right to intervene as a party, appear amicus curiae or otherwise provide evidence in such proceeding.

3.2.2 WADA-accredited laboratories, and other laboratories approved by WADA, are presumed to have conducted *Sample* analysis and custodial procedures in accordance with the International Standard for Laboratories. The *Athlete* or other *Person* may rebut this presumption by establishing that a departure from the International Standard for Laboratories occurred which could reasonably have caused the *Adverse Analytical Finding*. If the *Athlete* or other *Person* rebuts the preceding presumption by showing that a departure from the International Standard for Laboratories occurred which could reasonably have caused the *Adverse Analytical Finding*, then SAG shall have the burden to establish that such departure did not cause the *Adverse Analytical Finding*.

[Comment to Article 3.2.2: The burden is on the Athlete or other Person to establish, by a balance of probability, a departure from the International Standard for Laboratories that could reasonably have caused the Adverse Analytical Finding. If the Athlete or other Person does so, the burden shifts to SAG to prove to the comfortable satisfaction of the hearing panel that the departure did not cause the Adverse Analytical Finding.]

3.2.3 Departures from any other *International Standard* or other anti-doping rule or policy set forth in the *Code* or these Anti-Doping Rules which did not cause an *Adverse Analytical Finding* or other anti-doping rule violation shall not invalidate such evidence or results. If the *Athlete* or other *Person* establishes a departure from another *International Standard* or other anti-doping rule or policy which could reasonably have caused an anti-doping rule violation based on an *Adverse Analytical Finding* or other anti-doping rule violation, then SAG shall have the burden to establish that such departure did not cause the *Adverse Analytical Finding* or the factual basis for the anti-doping rule violation.

3.2.4 The facts established by a decision of a court or professional disciplinary tribunal of competent jurisdiction which is not the subject of a pending appeal shall be irrebuttable evidence against the *Athlete* or other *Person* to whom the decision pertained of those facts unless the *Athlete* or other *Person* establishes that the decision violated principles of natural justice.

3.2.5 The Disciplinary Panel in a hearing on an anti-doping rule violation may draw an inference adverse to the *Athlete* or other *Person* who is asserted to have committed an anti-doping rule violation based on the *Athlete's* or other *Person's* refusal, after a request made in a reasonable time in advance of the hearing, to appear at the hearing (either in person or telephonically as directed by the Disciplinary Panel) and to answer questions from the Disciplinary Panel or SAG.

ARTICLE 4 THE PROHIBITED LIST

4.1 Incorporation of the *Prohibited List*

These Anti-Doping Rules incorporate the *Prohibited List* which is published and revised by WADA as described in Article 4.1 of the *Code*.

4.2 *Prohibited Substances* and *Prohibited Methods* Identified on the *Prohibited List*

4.2.1 *Prohibited Substances* and *Prohibited Methods*

Unless provided otherwise in the *Prohibited List* and/or a revision, the *Prohibited List* and revisions shall go into effect under these Anti-Doping Rules three months after publication by WADA, without requiring any further action by SAG.

4.2.2 All *Athletes* and other *Persons* shall be bound by the *Prohibited List*, and any revisions thereto, from the date they go into effect, without further formality. It is the responsibility of all *Athletes* and other *Persons* to familiarize themselves with the most up-to-date version of the *Prohibited List* and all revisions thereto.

4.2.3 *Specified Substances*

For purposes of the application of Article 10, all *Prohibited Substances* shall be *Specified Substances* except substances in the classes of anabolic agents and hormones and those stimulants and hormone antagonists and modulators so identified on the *Prohibited List*. The category of *Specified Substances* shall not include *Prohibited Methods*.

[Comment to Article 4.2.3: The Specified Substances identified in Article 4.2.3 should not in any way be considered less important or less dangerous than other doping substances. Rather, they are simply substances which are more likely to have been consumed by an Athlete for a purpose other than the enhancement of sport performance.]

4.3 WADA's Determination of the *Prohibited List*

WADA's determination of the *Prohibited Substances* and *Prohibited Methods* that will be included on the *Prohibited List*, the classification of substances into categories on the *Prohibited List*, and the classification of a substance as prohibited at all times or *In-Competition* only, is final and shall not be subject to challenge

by an *Athlete* or other *Person* based on an argument that the substance or method was not a masking agent or did not have the potential to enhance performance, represent a health risk or violate the spirit of sport.

4.4 Therapeutic Use Exemptions (“TUEs”)

4.4.1 The presence of a *Prohibited Substance* or its *Metabolites* or *Markers*, and/or the *Use* or *Attempted Use*, *Possession* or *Administration* or *Attempted Administration* of a *Prohibited Substance* or *Prohibited Method* shall not be considered an anti-doping rule violation if it is consistent with the provisions of a *TUE* granted in accordance with the International Standard for Therapeutic Use Exemptions.

4.4.2 *Athletes* who wish to *Use* a *Prohibited Substance* or a *Prohibited Method* in connection with the *Event* and do not already have a *TUE* should apply to SAG’s TUE Committee (the “TUEC”) for a *TUE* as soon as the need arises and in any event (save in emergency or exceptional circumstances) at least 30 days before the *Event*. The TUEC shall promptly evaluate the application in accordance with the International Standard for Therapeutic Use Exemptions and render a decision as quickly as possible, which decisions shall be reported via Anti-Doping Administration and Management System (ADAMS). The provisions of the International Standard for Therapeutic Use Exemptions shall be complied with during the whole process and applied automatically. *TUEs* granted by the TUEC shall be effective for SAG’s *Events* only.

[*Comment to Article 4.4.2: Article 4.4.4.1 of the Code requires a Major Event Organization to ensure a process is available for an Athlete to apply for a TUE if he or she does not already have one. A Major Event Organization may appoint its own TUEC or may outsource this function to a suitably qualified third party*].

4.4.3 Where the *Athlete* already has a *TUE* granted by his or her *National Anti-Doping Organization* or *International Federation*, he/she should apply to the TUEC for recognition of that *TUE*. If that *TUE* meets the criteria set out in the International Standard for Therapeutic Use Exemptions, the TUEC must recognize it. If the TUEC decides the *TUE* does not meet those criteria and so refuses to recognize it, it must notify the *Athlete* promptly, explaining its reasons.

4.4.4 A decision by the SAG TUEC not to recognize or not to grant a *TUE* may be appealed by the *Athlete* exclusively to the independent TUE Appeal Committee established by SAG Anti-Doping Committee for that purpose. If the *Athlete* does not appeal (or the TUE Appeal Committee decides to uphold the refusal to grant/recognize the *TUE* and so rejects the appeal), the *Athlete* may not *Use* the substance or method in question in connection with the *Event*, but any *TUE* granted by his/her *National Anti-Doping Organization* or *International Federation* for that substance or method remains valid outside of that *Event*.

4.4.5 WADA may review SAG’s decisions on *TUEs* at any time, whether upon request by those affected or on its own initiative. If the *TUE* decision being reviewed meets the criteria set out in the International Standard for

Therapeutic Use Exemptions, WADA will not interfere with it. If the TUE decision does not meet those criteria, WADA will reverse it.

4.4.6 A failure to take action within a reasonable time on a properly submitted application for grant/recognition of a TUE or for review of a TUE decision shall be considered a denial of the application.

ARTICLE 5 TESTING AND INVESTIGATIONS

5.1 Purpose of Testing and Investigations

Testing and investigations shall only be undertaken for anti-doping purposes. They shall be conducted in conformity with the provisions of the International Standard for *Testing* and Investigations and the specific protocols of SAG supplementing that International Standard.

5.1.1 *Testing* shall be undertaken to obtain analytical evidence as to the *Athlete's* compliance (or non-compliance) with the strict prohibition on the presence/Use of a *Prohibited Substance* or *Prohibited Method*. Test distribution planning, *Testing*, post-*Testing* activity and all related activities shall be conducted by SAG Anti-Doping Committee in conformity with the International Standard for *Testing* and Investigations. SAG Anti-Doping Committee, working with the organising committee, shall determine the number of finishing placement tests, random tests and target tests to be performed in accordance with the criteria established by the International Standard for Testing and Investigations. All provisions of the International Standard for Testing and Investigations shall apply automatically in respect of all such *Testing*.

5.1.2 Investigations shall be undertaken:

5.1.2.1 In relation to *Atypical Findings*, in accordance with Article 7.3, gathering intelligence or evidence (including, in particular, analytical evidence) in order to determine whether an anti-doping rule violation has occurred under Article 2.1 and/or Article 2.2; and

5.1.2.2 In relation to other indications of potential anti-doping rule violations, in accordance with Articles 7.4 and 7.5, gathering intelligence or evidence (including, in particular, non-analytical evidence) in order to determine whether an anti-doping rule violation has occurred under any of Articles 2.2 to 2.10.

5.1.3 SAG Anti-Doping Committee may obtain, assess and process anti-doping intelligence from all available sources, to inform the development of an effective, intelligent and proportionate test distribution plan, to plan Target Testing, and/or to form the basis of an investigation into a possible anti-doping rule violation(s).

5.2 Authority to conduct Testing

5.2.1 Subject to the jurisdictional limitations for *Event Testing* set out in Article 5.3 of the *Code*, SAG shall have *In-Competition Testing* authority for the *Event Period* and *Out-of-Competition Testing* authority over all *Athletes* entered in one of its future *Events* or who have otherwise been made subject to the *Testing* authority of SAG for a future *Event*. At the request of SAG, any Testing during the Event Period outside of the Event Venues shall be coordinated with SAG.

5.2.2 SAG may require any *Athlete* over whom it has *Testing* authority to provide a *Sample* at any time and at any place.

[Comment to Article 5.2.2: Unless the Athlete has identified a 60-minute time-slot for Testing between the hours of 11pm and 6am, or has otherwise consented to Testing during that period, SAG will not test an Athlete during that period unless it has a serious and specific suspicions that the Athlete may be engaged in doping. A challenge to whether SAG Anti-Doping Committee had sufficient suspicion for Testing in that period shall not be a defense to an anti-doping rule violation based on such test or attempted test.]

5.2.3 Subject to Article 5.3.1 of the Code, SAG Anti-Doping Committee shall have exclusive authority to initiate and direct Testing at the Event Venue during the Event Period. In accordance with Article 5.3.1 of the Code, not only SAG Anti-Doping Committee but also other Anti-Doping Organizations with Testing authority over Athletes participating at the Event may test such Athletes during the Event Period outside of the Event Venues. Such Testing shall be coordinated with SAG Anti-Doping Committee.

5.2.4 WADA shall have *In-Competition* and *Out-of-Competition Testing* authority as set out in Article 20.7.8 of the *Code*.

5.3 Delegation of responsibility, overseeing and monitoring of Doping Control

5.3.1 SAG has the authority to appoint any *Sample Collection Authority* (as defined in the *International Standard for Testing and Investigations*) it deems appropriate to collect *Samples* on its behalf. Such *Sample Collection Authority* shall comply with the *Code* and the *International Standard for Testing and Investigations* in respect of such *Testing*.

5.3.2 SAG will be responsible for overseeing all *Doping Control* conducted by SAG and/or any *Sample Collection Authority* collecting *Samples* under its authority.

5.3.3 *Doping Control* may be monitored by members of the SAG Anti-Doping Committee or by other qualified *Persons* so authorised by SAG.

5.4 Test Distribution Planning

Consistent with the *International Standard for Testing and Investigations*, and in coordination with other *Anti-Doping Organizations* conducting *Testing* on the same

Athletes, SAG Anti-Doping Committee shall develop and implement an effective, intelligent and proportionate test distribution plan for its *Event(s)* that prioritizes appropriately between sports, disciplines, categories of *Athletes*, types of *Testing*, types of *Samples* collected, and types of *Sample* analysis, all in compliance with the requirements of the International Standard for Testing and Investigations. SAG Anti-Doping Committee shall provide *WADA and South Asia-RADO* ("SA-RADO") upon request with a copy of its test distribution plan.

5.5 Coordination of Testing

Where reasonably feasible, *Testing* shall be coordinated through *ADAMS* or another system approved by *WADA* in order to maximize the effectiveness of the combined *Testing* effort and to avoid unnecessary repetitive *Testing*.

5.6 Athlete Whereabouts Information

5.6.1 Where an *Athlete* is in a *Registered Testing Pool*, SAG Anti-Doping Committee may access his/her Whereabouts Filings (as defined in the International Standard for Testing and Investigations) for the period for which the *Athlete* is subject to SAG's *Testing* authority. SAG Anti-Doping Committee will access the *Athlete's* Whereabouts Filings not via the *Athlete* but rather via the International Federations or *National Anti-Doping Organization* that is receiving the *Athlete's* Whereabouts Filings. SAG Anti-Doping Committee will not require the *Athlete* to file any different whereabouts information with it.

5.6.2 Where an *Athlete* is not in a *Registered Testing Pool* in the period for which the *Athlete* is subject to SAG's *Testing* authority, SAG Anti-Doping Committee may require him/her to provide such information about his/her whereabouts in that period as it deems necessary and proportionate in order to conduct *Testing* upon him/her, up to and including information equivalent to the Whereabouts Filings that an *Athlete* would have to make in accordance with Annex I to the International Standard for Testing and Investigations if he/she were in a *Registered Testing Pool*.

5.6.3 Whereabouts information relating to an *Athlete* shall be maintained in strict confidence at all times, shall be used exclusively for the purposes set out in Article 5.6 of the *Code*, and shall be destroyed in accordance with the International Standard for the Protection of Privacy and Personal Information once it is no longer relevant for these purposes.

5.7 Retired Athletes Returning to Competition

5.7.1 An *Athlete* in a *Registered Testing Pool* who retires and then wishes to return to active participation in sport may not participate in SAG's *Events* until he/she has given his/her International Federation and *National Anti-Doping Organization* written notice of his/her intent to resume competing and has made him/herself available for *Testing* for a period of six months, including (if requested) complying with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations. *WADA*, in consultation with the relevant International Federation and *National Anti-Doping Organization*, may grant an exemption to the six-month written notice rule where the strict application of that rule would be manifestly unfair to an

Athlete. This decision may be appealed under Article 12. Any competitive results obtained in violation of this Article 5.6.1 shall be *Disqualified*.

5.7.2 If an *Athlete* retires from sport while subject to a period of *Ineligibility*, the *Athlete* shall not resume competing in SAG's *Events* until the *Athlete* has given six months prior written notice (or notice equivalent to the period of *Ineligibility* remaining as of the date the *Athlete* retired, if that period was longer than six months) to his/her International Federation and *National Anti-Doping Organization* of his/her intent to resume competing and has made him/herself available for *Testing* for that notice period, including (if requested) complying with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations.

5.8 Independent Observer Program

SAG shall where possible authorize and facilitate the *Independent Observer Program* at its *Event(s)*.

ARTICLE 6 ANALYSIS OF SAMPLES

Samples shall be analyzed in accordance with the following principles:

6.1 Use of Accredited and Approved Laboratories

For purposes of Article 2.1, *Samples* shall be analyzed only in laboratories accredited or otherwise approved by *WADA*. The choice of the *WADA*-accredited or *WADA*-approved laboratory used for the *Sample* analysis under these Anti-Doping Rules shall be determined by SAG Anti-Doping Committee.

[Comment to Article 6.1: Violations of Article 2.1 may be established only by Sample analysis performed by a laboratory accredited or otherwise approved by WADA. Violations of other Articles may be established using analytical results from other laboratories so long as the results are reliable.]

6.2 Purpose of Analysis of Samples

6.2.1 *Samples* shall be analyzed to detect *Prohibited Substances* and *Prohibited Methods* and other substances as may be directed by *WADA* pursuant to the Monitoring Program described in Article 4.5 of the *Code*; or to assist in profiling relevant parameters in an *Athlete's* urine, blood or other matrix, including DNA or genomic profiling; or for any other legitimate anti-doping purpose. *Samples* may be collected and stored for future analysis.

[Comment to Article 6.2.1: For example, relevant profile information could be used to direct Target Testing or to support an anti-doping rule violation proceeding under Article 2.2, or both.]

6.2.2 SAG shall ask laboratories to analyze *Samples* in conformity with Article 4.6 and Article 4.7 of the International Standard for Testing and Investigations.

6.3 Research on *Samples*

No *Sample* may be used for research without the *Athlete's* written consent. *Samples* used for purposes other than Article 6.2.1 shall have any means of identification removed such that they cannot be traced back to a particular *Athlete*.

6.4 Standards for *Sample* Analysis and Reporting

Laboratories shall analyze *Samples* and report results in conformity with the International Standard for Laboratories. To ensure effective *Testing*, the Technical Document referenced at Article 5.4.1 of the *Code* will establish risk assessment-based *Sample* analysis menus appropriate for particular sports and sport disciplines, and laboratories shall analyze *Samples* in conformity with those menus, except as follows:

6.4.1 SAG may request that laboratories analyze its *Samples* using more extensive menus than those described in the Technical Document.

6.4.2 SAG may request that laboratories analyze its *Samples* using less extensive menus than those described in the Technical Document only if it has satisfied WADA that, because of the particular circumstances of the country or sport, as set out in its test distribution plan, less extensive analysis would be appropriate.

6.4.3 As provided in the International Standard for Laboratories, laboratories at their own initiative and expense may analyze *Samples* for *Prohibited Substances* or *Prohibited Methods* not included on the *Sample* analysis menu described in the Technical Document or specified by the *Testing* authority. Results from any such analysis shall be reported and have the same validity and consequence as any other analytical result.

[Comment to Article 6.4: The objective of this Article is to extend the principle of "Intelligent Testing" to the Sample analysis menu so as to most effectively and efficiently detect doping. It is recognized that the resources available to fight doping are limited and that increasing the Sample analysis menu may, in some sports and countries, reduce the number of Samples which can be analyzed.]

6.5 Further Analysis of *Samples*

Any *Sample* may be stored and subsequently subjected to further analysis for the purposes set out in Article 6.2.1: (a) by WADA at any time; and/or (b) by SAG at any time before both the A and B *Sample* analytical results (or A *Sample* result where B *Sample* analysis has been waived or will not be performed) have been communicated by SAG Anti-Doping Committee to the *Athlete* as the asserted basis for an Article 2.1 anti-doping rule violation. Such further analysis of *Samples* shall conform with the requirements of the International Standard for Laboratories and the International Standard for Testing and Investigations.

ARTICLE 7 RESULTS MANAGEMENT

7.1 Responsibility for Conducting Results Management

7.1.1 SAG *Anti-Doping* Committee shall be responsible for results management and the conduct of hearings for anti-doping rule violations arising under these Anti-Doping Rules in relation to the consequences that are specified at Articles 9, 10.1 and 10.2.1.

7.1.1.1 SAG *Anti-Doping* Committee shall appoint a Doping Review Panel consisting of a Chair and six or more other members with experience in anti-doping. When a potential violation is referred to the Doping Review Panel by SAG *Anti-Doping* Committee, the Chair of the Doping Review Panel shall appoint one or more members of the Panel (which may include the Chair) to conduct the review discussed in this Article 7. No *Person* may be a member of the Doping Review Panel dealing with a specific case if he/she (i) has the same nationality as the *Athlete* or other *Person* concerned; (ii) has any declared or apparent conflict of interest with such *Athlete* or other *Person*, the *National Olympic Committee*, the *National Federation* or International Federation of such *Athlete* or other *Person*, or with any *Person* involved in the case in any way whatsoever; or (iii) in any way whatsoever, does not feel him/herself to be free and independent.

7.1.2 Responsibility for results management and the conduct of hearings for anti-doping rule violations arising under these Anti-Doping Rules in relation to *Consequences* that extend beyond SAG's *Event(s)* (e.g., period of *Ineligibility* for other *Events*) shall be referred to the applicable International Federation.

7.2 Review of Adverse Analytical Findings from Tests Initiated by SAG

Results management in respect of the results of tests initiated by SAG *Anti-Doping* Committee (including any tests performed by WADA pursuant to agreement with SAG) shall proceed as follows:

7.2.1 **The** results from all analyses must be sent to SAG *Anti-Doping* Committee in encoded form, in a report signed by an authorized representative of the laboratory. All communication must be conducted confidentially and in conformity with ADAMS.

7.2.2 Upon receipt of an *Adverse Analytical Finding*, the Doping Review Panel shall conduct a review to determine whether: (a) an applicable *TUE* has been granted or will be granted as provided in the International Standard for Therapeutic Use Exemptions, or (b) there is any apparent departure from the International Standard for Testing and Investigations or International Standard for Laboratories that caused the *Adverse Analytical Finding*.

7.2.3 If the review of an *Adverse Analytical Finding* under Article 7.2.2 reveals an applicable *TUE* or departure from the International Standard for Testing and Investigations or the International Standard for Laboratories that

caused the *Adverse Analytical Finding*, the entire test shall be considered negative and the *Athlete*, the *Athlete's National Anti-Doping Organization*, the *Athlete's International Federation* and *WADA* shall be so informed.

7.2.4 If the review of an *Adverse Analytical Finding* under Article 7.2.2 does not reveal an applicable *TUE* or entitlement to a *TUE* as provided in the International Standard for Therapeutic Use Exemptions, or departure from the International Standard for Testing and Investigations or the International Standard for Laboratories that caused the *Adverse Analytical Finding*, *SAG Anti-Doping Committee* shall promptly notify the *Athlete*, and simultaneously the *Athlete's NOC*, *Athlete's National Anti-Doping Organization*, the *Athlete's International Federation*, President of the *SAG* and *WADA*, in the manner set out in Article 13.1, of: (a) the *Adverse Analytical Finding*; (b) the anti-doping rule violated; (c) the *Athlete's* right to promptly request the analysis of the *B Sample* or, failing such request, that the *B Sample* analysis may be deemed waived; (d) the scheduled date, time and place for the *B Sample* analysis if the *Athlete* or *SAG Anti-Doping Committee* chooses to request an analysis of the *B Sample*; (e) the opportunity for the *Athlete* and/or the *Athlete's* representative to attend the *B Sample* opening and analysis in accordance with the International Standard for Laboratories if such analysis is requested; and (f) the *Athlete's* right to request copies of the *A* and *B Sample* laboratory documentation package which includes information as required by the International Standard for Laboratories.

7.2.5 Where requested by the *Athlete* or *SAG Anti-Doping Committee*, arrangements shall be made to analyze the *B Sample* in accordance with the International Standard for Laboratories. An *Athlete* may accept the *A Sample* analytical results by waiving the requirement for *B Sample* analysis. *SAG* may nonetheless elect to proceed with the *B Sample* analysis.

7.2.6 The *Athlete* and/or his representative shall be allowed to be present at the analysis of the *B Sample*. Also, a representative of *SAG* as well as a representative of the *Athlete's National Federation* shall be allowed to be present.

7.2.7 If the *B Sample* analysis does not confirm the *A Sample* analysis, then (unless *SAG Anti-Doping Committee* takes the case forward as an anti-doping rule violation under Article 2.2) the entire test shall be considered negative and the *Athlete*, the *Athlete's National Anti-Doping Organization*, the *Athlete's International Federation* and *WADA* shall be so informed.

7.2.8 If the *B Sample* analysis confirms the *A Sample* analysis, the findings shall be reported to the *Athlete*, the *Athlete's National Anti-Doping Organization*, the *Athlete's International Federation* and to *WADA*.

7.3 Review of Atypical Findings

7.3.1 As provided in the International Standard for Laboratories, in some circumstances, laboratories are directed to report the presence of *Prohibited Substances*, which may also be produced endogenously, as *Atypical Findings*, i.e., as findings that are subject to further investigation.

7.3.2 Upon receipt of an *Atypical Finding*, the Doping Review Panel shall conduct a review to determine whether: (a) an applicable *TUE* has been granted or will be granted as provided in the International Standard for Therapeutic Use Exemptions, or (b) there is any apparent departure from the International Standard for Testing and Investigations or International Standard for Laboratories that caused the *Atypical Finding*.

7.3.3 If the review of an *Atypical Finding* under Article 7.3.2 reveals an applicable *TUE* or a departure from the International Standard for Testing and Investigations or the International Standard for Laboratories that caused the *Atypical Finding*, the entire test shall be considered negative and the *Athlete*, the *Athlete's NOC*, the *Athlete's National Anti-Doping Organization*, the *Athlete's International Federation* and *WADA* shall be so informed.

7.3.4 If that review does not reveal an applicable *TUE* or a departure from the International Standard for Testing and Investigations or the International Standard for Laboratories that caused the *Atypical Finding*, SAG Anti-Doping Committee shall conduct the required investigation or cause it to be conducted. After the investigation is completed, either the *Atypical Finding* will be brought forward as an *Adverse Analytical Finding*, in accordance with Article 7.2.4, or else the *Athlete*, the *Athlete's National Anti-Doping Organization*, the *Athlete's International Federation* and *WADA* shall be notified that the *Atypical Finding* will not be brought forward as an *Adverse Analytical Finding*.

7.3.5 SAG *Anti-Doping* Committee will not provide notice of an *Atypical Finding* until it has completed its investigation and has decided whether it will bring the *Atypical Finding* forward as an *Adverse Analytical Finding* unless one of the following circumstances exists:

7.3.5.1 If SAG *Anti-Doping* Committee determines the *B Sample* should be analyzed prior to the conclusion of its investigation, it may conduct the *B Sample* analysis after notifying the *Athlete*, with such notice to include a description of the *Atypical Finding* and the information described in Article 7.2.4(d) - (f).

7.3.5.2 If SAG *Anti-Doping* Committee is asked (a) by another *Major Event Organization* shortly before one of its *Events*, or (b) by a sport organization responsible for meeting an imminent deadline for selecting team members for an *International Event* or *National Event*, to disclose whether any *Athlete* identified on a list provided by the other *Major Event Organization* or sport organization has a pending *Atypical Finding*, SAG *Anti-Doping* Committee shall so advise the other *Major event Organization* or sports organization after first providing notice of the *Atypical Finding* to the *Athlete*.

7.4 Review of Whereabouts Failures

7.4.1 SAG *Anti-Doping* Committee shall refer potential filing failures and missed tests (as defined in the International Standard for Testing and Investigations) to whichever of the *Athlete's International Federation* and *National Anti-Doping Organization* receives that *Athlete's* whereabouts filings

and so has responsibility for results management of whereabouts failures by that *Athlete*.

7.5 Review of Other Anti-Doping Rule Violations Not Covered by Articles 7.2 – 7.4

SAG *Anti-Doping* Committee shall conduct any follow-up investigation required into a possible anti-doping rule violation not covered by Articles 7.2 to 7.4. At such time as SAG *Anti-Doping* Committee is satisfied that an anti-doping rule violation has occurred, it shall promptly give the *Athlete* or other *Person* (and simultaneously the *Athlete's* or other *Person's National Anti-Doping Organization*, the *Athlete's* International Federation and *WADA*) notice of the anti-doping rule violation asserted, and the basis of that assertion.

7.6 Provisional Suspensions

7.6.1 Mandatory Provisional Suspension: If analysis of an *A Sample* has resulted in an *Adverse Analytical Finding* for a *Prohibited Substance* that is not a *Specified Substance*, or for a *Prohibited Method*, and a review in accordance with Article 7.2.2 does not reveal an applicable *TUE* or departure from the International Standard for Testing and Investigations or the International Standard for Laboratories that caused the *Adverse Analytical Finding*, a *Provisional Suspension* shall be imposed upon or promptly after the notification described in Article 7.2.4.

7.6.2 Optional Provisional Suspension: In case of an *Adverse Analytical Finding* for a *Specified Substance*, or in the case of any other anti-doping rule violations not covered by Article 7.6.1, SAG may impose a *Provisional Suspension* on the *Athlete* or other *Person* against whom the anti-doping rule violation is asserted at any time after the review and notification described in Articles 7.2-7.5 and prior to the final hearing as described in Article 8.

7.6.3 Where a *Provisional Suspension* is imposed, whether pursuant to Article 7.6.1 or Article 7.6.2, the *Athlete* or other *Person* shall be given either: (a) an opportunity for a *Provisional Hearing* either before or on a timely basis after imposition of the *Provisional Suspension*; or (b) an opportunity for an expedited final hearing in accordance with Article 8 on a timely basis after imposition of the *Provisional Suspension*. Furthermore, the *Athlete* or other *Person* has a right to appeal from the *Provisional Suspension* in accordance with Article 12.2 (save as set out in Article 7.6.3.1).

7.6.3.1 The *Provisional Suspension* may be lifted if the *Athlete* demonstrates to the hearing panel that the violation is likely to have involved a *Contaminated Product*. A hearing panel's decision not to lift a mandatory *Provisional Suspension* on account of the *Athlete's* assertion regarding a *Contaminated Product* shall not be appealable.

7.6.3.2 The *Provisional Suspension* shall be imposed (or shall not be lifted) unless the *Athlete* or other *Person* establishes that: (a) the

assertion of an anti-doping rule violation has no reasonable prospect of being upheld, e.g., because of a patent flaw in the case against the *Athlete* or other *Person*; or (b) the *Athlete* or other *Person* has a strong arguable case that he/she bears *No Fault or Negligence* for the anti-doping rule violation(s) asserted, so that any period of *Ineligibility* that might otherwise be imposed for such a violation is likely to be completely eliminated by application of Article 10.4 of the *Code*; or (c) some other facts exist that make it clearly unfair, in all of the circumstances, to impose a *Provisional Suspension* prior to a final hearing in accordance with Article 8. This ground is to be construed narrowly, and applied only in truly exceptional circumstances. For example, the fact that the *Provisional Suspension* would prevent the *Athlete* or other *Person* participating in a particular *Competition* or *Event* shall not qualify as exceptional circumstances for these purposes.

7.6.4 If a *Provisional Suspension* is imposed based on an *A Sample Adverse Analytical Finding* and subsequent analysis of the *B Sample* does not confirm the *A Sample* analysis, then the *Athlete* shall not be subject to any further *Provisional Suspension* on account of a violation of Article 2.1. In circumstances where the *Athlete* (or the *Athlete's* team) has been removed from a *Competition* based on a violation of Article 2.1 and the subsequent *B Sample* analysis does not confirm the *A Sample* finding, then if it is still possible for the *Athlete* or team to be reinserted without otherwise affecting the *Competition*, the *Athlete* or team may continue to take part in the *Competition*. In addition, the *Athlete* or team may thereafter take part in other *Competitions* in the same *Event*.

7.6.5 In all cases where an *Athlete* or other *Person* has been notified of an anti-doping rule violation but a *Provisional Suspension* has not been imposed on him or her, the *Athlete* or other *Person* shall be offered the opportunity to accept a *Provisional Suspension* voluntarily pending the resolution of the matter.

[Comment to Article 7.6: Athletes and other Persons shall receive credit for a Provisional Suspension against any period of Ineligibility which is ultimately imposed.]

7.7 Resolution Without a Hearing

7.7.1 An *Athlete* or other *Person* against whom an anti-doping rule violation is asserted may admit that violation at any time, waive a hearing, and accept the consequences that are mandated by these Anti-Doping Rules or (where some discretion as to *Consequences* exists under these Anti-Doping Rules) that have been offered by SAG.

7.7.2 Alternatively, if the *Athlete* or other *Person* against whom an anti-doping rule violation is asserted fails to dispute that assertion within the deadline specified in the notice sent by the SAG *Anti-Doping* Committee asserting the violation, then he/she shall be deemed to have admitted the violation, to have waived a hearing, and to have accepted the consequences that are mandated by these Anti-Doping Rules or (where some discretion as to *Consequences* under these Anti-Doping Rules) that have been offered by SAG.

7.7.3 In cases where Article 7.7.1 or Article 7.7.2 applies, a hearing before a hearing panel shall not be required. Instead SAG shall promptly issue a written decision confirming the commission of the anti-doping rule violation and the *Consequences* imposed as a result. SAG shall send copies of that decision to other *Anti-Doping Organizations* with a right to appeal under Article 12.2.2, and shall *Publicly Disclose* that decision in accordance with Article 13.3.2.

7.8 Notification of Results Management Decisions

In all cases where SAG has asserted the commission of an anti-doping rule violation, withdrawn the assertion of an anti-doping rule violation, imposed a *Provisional Suspension*, or agreed with an *Athlete* or other *Person* on the imposition of *Consequences* without a hearing, SAG shall give notice thereof in accordance with Article 13.2.1 to other *Anti-Doping Organizations* with a right to appeal under Article 12.2.2.

7.9 Retirement from Sport

If an *Athlete* or other *Person* retires while SAG *Anti-Doping* Committee is conducting the results management process, SAG retains jurisdiction to complete its results management process. If an *Athlete* or other *Person* retires before any results management process has begun, and SAG would have had results management authority over the *Athlete* or other *Person* at the time the *Athlete* or other *Person* committed an anti-doping rule violation, SAG has authority to conduct results management in respect of that anti-doping rule violation.

ARTICLE 8 RIGHT TO A FAIR HEARING

8.1 Setting up a Disciplinary Panel

The SAG *Anti-Doping* Committee Chair shall immediately set up a SAG *Anti-Doping* Disciplinary Panel of three experts.

8.2 Hearings following the SAG's result management

8.2.1 When SAG *Anti-Doping* Committee sends a notice to an *Athlete* or other *Person* asserting an anti-doping rule violation, and the *Athlete* or other *Person* does not waive a hearing in accordance with Article 7.7.1 or Article 7.7.2, then the case shall be referred to the SAG *Anti-Doping* Disciplinary Panel for hearing and adjudication.

8.2.2 Hearings shall be scheduled and completed within a reasonable time. Hearings held in connection with *Events* that are subject to these *Anti-Doping* Rules may be conducted by an expedited process where permitted by the SAG *Anti-Doping* Disciplinary Panel.

8.2.3 The SAG Anti-Doping Disciplinary Panel shall determine the procedure to be followed at the hearing.

8.2.4 WADA and the *National Anti-Doping Organization* and International Federation of the *Athlete* or other *Person* may attend the hearing as observers. In any event, SAG shall keep them fully apprised as to the status of pending cases and the result of all hearings.

8.2.5 The SAG Anti-Doping Disciplinary Panel shall act in a fair and impartial manner towards all parties at all times.

8.2.6 The SAG Anti-Doping Disciplinary Panel shall issue a timely reasoned decision. That decision shall be *Publicly Disclosed* as provided in Article 13.3 and may be appealed as provided in Article 12. The principles contained at Article 13.3.6 shall be applied in cases involving a *Minor*.

ARTICLE 9 AUTOMATIC DISQUALIFICATION OF INDIVIDUAL RESULTS

An anti-doping rule violation in *Individual Sports* in connection with an *In-Competition* test automatically leads to *Disqualification* of the result obtained in that *Competition* with all resulting *Consequences*, including forfeiture of any medals, points and prizes.

[Comment to Article 9: For Team Sports, any awards received by individual players will be Disqualified. However, Disqualification of the team will be as provided in Article 11. In sports which are not Team Sports but where awards are given to teams, Disqualification or other disciplinary action against the team when one or more team members have committed an anti-doping rule violation shall be as provided in the applicable rules of the International Federation.]

ARTICLE 10 SANCTIONS ON INDIVIDUALS

10.1 Disqualification of Results in the Event during which an Anti-Doping Rule Violation Occurs

An anti-doping rule violation occurring during or in connection with an *Event* may, upon the decision of the SAG Anti-Doping Disciplinary Panel, lead to *Disqualification* of all of the *Athlete's* individual results obtained in that *Event* with all *Consequences*, including forfeiture of all medals, points and prizes, except as provided in Article 10.1.1.

Factors to be included in considering whether to *Disqualify* other results in an *Event* might include, for example, the seriousness of the *Athlete's* anti-doping rule violation and whether the *Athlete* tested negative in the other *Competitions*.

[Comment to Article 10.1: Whereas Article 9 Disqualifies the result in a single Competition in which the Athlete tested positive (e.g., the 100 meter backstroke), this Article may lead to Disqualification of all results in all races during the Event (e.g., the FINA World Championships).]

10.1.1 If the *Athlete* establishes that he or she bears *No Fault or Negligence* for the violation, the *Athlete's* individual results in the other *Competitions* shall not be *Disqualified*, unless the *Athlete's* results in *Competitions* other than the *Competition* in which the anti-doping rule violation occurred were likely to have been affected by the *Athlete's* anti-doping rule violation.

10.2 Ineligibility

10.2.1 Should an *Athlete* or other *Person* be found to have committed an anti-doping rule violation before he/she has actually participated in a *Competition* at the *Event* or, in the case where an *Athlete* or other *Person* has already participated in a *Competition* at the *Event* but is scheduled to participate in additional *Competitions* at the *Event*, the SAG Anti-Doping Disciplinary Panel may declare the *Athlete* or other *Person* ineligible for such *Competitions* at the *Event* in which he/she has not yet participated, along with other *Consequences* which may follow, such as exclusion of the *Athlete* and other *Persons* concerned from the *Event* and the loss of accreditation.

10.2.2 In accordance with Article 7.1.2, responsibility for results management in terms of sanctions beyond the *Event* itself shall be referred to the applicable International Federation. In this context, the *Consequences* for anti-doping rule violations as mentioned and specified under the following Articles of the *Code* shall apply:

Article 10.2 *Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method*

Article 10.3 *Ineligibility for Other Anti-Doping Rule Violations*

Article 10.4 *Elimination of the Period of Ineligibility where there is No Fault or Negligence*

Article 10.5 *Reduction of the Period of Ineligibility based on No Significant Fault or Negligence*

Article 10.6 *Elimination, Reduction, or Suspension of Period of Ineligibility or other Consequences for Reasons Other than Fault*

Article 10.7 *Multiple Violations*

Article 10.11 *Commencement of Ineligibility Period*

Article 10.12 *Status During Ineligibility*

10.3 Disqualification of Results in Competitions Subsequent to Sample Collection or Commission of an Anti-Doping Rule Violation

In addition to the automatic *Disqualification* of the results in the *Competition* which produced the positive *Sample* under Article 9, all other competitive results of the *Athlete* obtained from the date a positive *Sample* was collected (whether *In-Competition* or *Out-of-Competition*), or other anti-doping rule violation occurred,

through the commencement of any *Provisional Suspension* or *Ineligibility* period, shall, unless fairness requires otherwise, be *Disqualified* with all of the resulting *Consequences* including forfeiture of any medals, points and prizes.

[Comment to Article 10.3: Nothing in these Anti-Doping Rules precludes clean Athletes or other Persons who have been damaged by the actions of a Person who has committed an anti-doping rule violation from pursuing any right which they would otherwise have to seek damages from such Person.]

10.4 Allocation of CAS Cost Awards and Forfeited Prize Money

The priority for repayment of CAS cost awards and forfeited prize money shall be: first, payment of costs awarded by CAS; second, reallocation of forfeited prize money to other *Athletes* if provided for in the rules of the applicable International Federation; and third, reimbursement of the expenses of SAG.

10.5 Financial Consequences

Article 10.5 intentionally left blank.

10.6 Automatic Publication of Sanction

A mandatory part of each sanction shall include automatic publication, as provided in Article 13.3.

[Comment to Article 10: Harmonization of sanctions has been one of the most discussed and debated areas of anti-doping. Harmonization means that the same rules and criteria are applied to assess the unique facts of each case. Arguments against requiring harmonization of sanctions are based on differences between sports including, for example, the following: in some sports the Athletes are professionals making a sizable income from the sport and in others the Athletes are true amateurs; in those sports where an Athlete's career is short, a standard period of Ineligibility has a much more significant effect on the Athlete than in sports where careers are traditionally much longer. A primary argument in favor of harmonization is that it is simply not right that two Athletes from the same country who test positive for the same Prohibited Substance under similar circumstances should receive different sanctions only because they participate in different sports. In addition, flexibility in sanctioning has often been viewed as an unacceptable opportunity for some sporting organizations to be more lenient with dopers. The lack of harmonization of sanctions has also frequently been the source of jurisdictional conflicts between International Federations and National Anti-Doping Organizations.]

ARTICLE 11 CONSEQUENCES TO TEAMS

11.1 Testing of Team Sports

Where more than one member of a team in a *Team Sport* has been notified of an anti-doping rule violation under Article 7 in connection with an *Event*, SAG *Anti-*

Doping Committee shall conduct appropriate *Target Testing* of the team during the *Event Period*.

11.2 Consequences for Team Sports

If more than two members of a team in a *Team Sport* are found to have committed an anti-doping rule violation during an *Event Period*, the SAG Anti-Doping Disciplinary Panel shall impose an appropriate sanction on the team (e.g., loss of points, *Disqualification* from a *Competition* or *Event*, or other sanction) in addition to any consequences imposed upon the individual *Athletes* committing the anti-doping rule violation.

11.3 Event Ruling Body may Establish Stricter Consequences for Teams Sports

SAG may elect to establish rules for the *Event* which impose *Consequences* for *Team Sports* stricter than those in Article 11.2 for purposes of the *Event*.

[Comment to Article 11.3: For example, SAG could establish rules which would require Disqualification of a team from the Event based on a lesser number of anti-doping rule violations during the period of the Event.]

ARTICLE 12 APPEALS

12.1 Decisions Subject to Appeal

Decisions made under these Anti-Doping Rules may be appealed as set forth below in Article 12.2 through 12.6 or as otherwise provided in these Anti-Doping Rules, the *Code* or the *International Standards*. Such decisions shall remain in effect while under appeal unless the appellate body orders otherwise.

12.1.1 Scope of Review Not Limited

The scope of review on appeal includes all issues relevant to the matter and is expressly not limited to the issues or scope of review before the initial decision maker.

12.1.2 CAS Shall Not Defer to the Findings Being Appealed

In making its decision, CAS need not give deference to the discretion exercised by the body whose decision is being appealed.

[Comment to Article 12.1.2: CAS proceedings are de novo. Prior proceedings do not limit the evidence or carry weight in the hearing before CAS.]

12.1.3 WADA Not Required to Exhaust Internal Remedies

Where *WADA* has a right to appeal under Article 12 and no other party has appealed a final decision within the SAG's process, *WADA* may appeal such

decision directly to CAS without having to exhaust other remedies in the SAG's process.

Comment to Article 12.1.3: Where a decision has been rendered before the final stage of SAG's process (for example, a first hearing) and no party elects to appeal that decision to the next level of SAG's process (e.g., the Managing Board), then WADA may bypass the remaining steps in SAG's internal process and appeal directly to CAS.]

12.2 Appeals from Decisions Regarding Anti-Doping Rule Violations, Consequences, Provisional Suspensions, Recognition of Decisions and Jurisdiction

A decision that an anti-doping rule violation was committed, a decision imposing *Consequences* or not imposing *Consequences* for an anti-doping rule violation, or a decision that no anti-doping rule violation was committed; a decision that an anti-doping rule violation proceeding cannot go forward for procedural reasons (including, for example, prescription); a decision by WADA not to grant an exception to the six months' notice requirement for a retired *Athlete* to return to *Competition* under Article 5.6.1; a decision by WADA assigning results management under Article 7.1 of the *Code*; a decision by SAG not to bring forward an *Adverse Analytical Finding* or an *Atypical Finding* as an anti-doping rule violation, or a decision not to go forward with an anti-doping rule violation after an investigation under Article 7.5; a decision to impose a *Provisional Suspension* as a result of a *Provisional Hearing*; SAG's failure to comply with Article 7.6; a decision that SAG lacks jurisdiction to rule on an alleged anti-doping rule violation or its *Consequences*; and a decision by SAG not to recognize another *Anti-Doping Organization's* decision under Article 14 may be appealed exclusively as provided in this Article 12.

12.2.1 In cases arising from the *Event*, the decision may be appealed exclusively to CAS.

[Comment to Article 12.2.1: CAS decisions are final and binding except for any review required by law applicable to the annulment or enforcement of arbitral awards.]

12.2.2 Persons Entitled to Appeal

The following parties shall have the right to appeal to CAS: (a) the *Athlete* or other *Person* who is the subject of the decision being appealed; (b) SAG; (c) the relevant International Federation; (d) the *National Anti-Doping Organization* of the *Person's* country of residence or countries where the *Person* is a national or license holder; (e) the International Olympic Committee or International Paralympic Committee, as applicable, where the decision may have an effect in relation to the Olympic Games or Paralympic Games, including decisions affecting eligibility for the Olympic Games or Paralympic Games; and (f) WADA.

Notwithstanding any other provision herein, the only *Person* who may appeal from a *Provisional Suspension* is the *Athlete* or other *Person* upon whom the *Provisional Suspension* is imposed.

12.2.3 Cross Appeals and other Subsequent Appeals Allowed

Cross appeals and other subsequent appeals by any respondent named in cases brought to CAS under the Code are specifically permitted. Any party with a right to appeal under this Article 12 must file a cross appeal or subsequent appeal at the latest with the party's answer.

[Comment to Article 12.2.3: This provision is necessary because since 2011, CAS rules no longer permit an Athlete the right to cross appeal when an Anti-Doping Organization appeals a decision after the Athlete's time for appeal has expired. This provision permits a full hearing for all parties.]

12.3 Failure to Render a Timely Decision

Where, in a particular case, SAG or the SAG Anti-Doping Disciplinary Panel fails to render a decision with respect to whether an anti-doping rule violation was committed within a reasonable deadline set by WADA, WADA may elect to appeal directly to CAS as if SAG or the SAG Anti-Doping Disciplinary Panel had rendered a decision finding no anti-doping rule violation. If the CAS hearing panel determines that an anti-doping rule violation was committed and that WADA acted reasonably in electing to appeal directly to CAS, then WADA's costs and attorney fees in prosecuting the appeal shall be reimbursed to WADA by SAG.

[Comment to Article 12.3: Given the different circumstances of each anti-doping rule violation investigation and results management process, it is not feasible to establish a fixed time period for SAG to render a decision before WADA may intervene by appealing directly to CAS. Before taking such action, however, WADA will consult with SAG and give SAG an opportunity to explain why it has not yet rendered a decision.]

12.4 Appeals Relating to TUEs

TUE decisions may be appealed exclusively as provided in Article 4.4.

12.5 Notification of Appeal Decisions

Any Anti-Doping Organization that is a party to an appeal shall promptly provide the appeal decision to the Athlete or other Person and to the other Anti-Doping Organizations that would have been entitled to appeal under Article 12.2.2 as provided under Article 13.2.

12.6 Time for Filing Appeals

The time to file an appeal to CAS shall be twenty-one days from the date of receipt of the decision by the appealing party. The above notwithstanding, the following shall apply in connection with appeals filed by a party entitled to appeal but which was not a party to the proceedings that led to the decision being appealed:

- a) Within fifteen days from notice of the decision, such party/ies shall have the right to request a copy of the case file from the body that issued the decision;

- b) If such a request is made within the fifteen-day period, then the party making such request shall have twenty-one days from receipt of the file to file an appeal to CAS.

The above notwithstanding, the filing deadline for an appeal filed by WADA shall be the later of:

- a) Twenty-one days after the last day on which any other party in the case could have appealed; or
- b) Twenty-one days after WADA's receipt of the complete file relating to the decision.

ARTICLE 13 CONFIDENTIALITY AND REPORTING

13.1 Information Concerning *Adverse Analytical Findings, Atypical Findings, and Other Asserted Anti-Doping Rule Violations*

13.1.1 Notice of Anti-Doping Rule Violations to *Athletes* and other *Persons*

Notice to *Athletes* or other *Persons* of anti-doping rule violations asserted against them shall occur as provided under Articles 7 and 13 of these Anti-Doping Rules. Notice to an *Athlete* or other *Person* who is a member of a *National Federation* may be accomplished by delivery of the notice to the *National Federation*.

13.1.2 Notice of Anti-Doping Rule Violations to *National Anti-Doping Organizations, International Federations and WADA*

Notice of the assertion of an anti-doping rule violation to *National Anti-Doping Organizations, International Federations and WADA* shall occur as provided under Articles 7 and 13 of these Anti-Doping Rules, simultaneously with the notice to the *Athlete* or other *Person*.

13.1.3 Content of an Anti-Doping Rule Violation Notice

Notification of an anti-doping rule violation under Article 2.1 shall include: the *Athlete's* name, country, sport and discipline within the sport, the *Athlete's* competitive level, whether the test was *In-Competition* or *Out-of-Competition*, the date of *Sample* collection, the analytical result reported by the laboratory, and other information as required by the International Standard for Testing and Investigations.

Notice of anti-doping rule violations other than under Article 2.1 shall include the rule violated and the basis of the asserted violation.

13.1.4 Status Reports

Except with respect to investigations which have not resulted in notice of an anti-doping rule violation pursuant to Article 13.1.1, *National Anti-Doping*

Organizations, International Federations and WADA shall be regularly updated on the status and findings of any review or proceedings conducted pursuant to Article 7, 8 or 12 and shall be provided with a prompt written reasoned explanation or decision explaining the resolution of the matter.

13.1.5 Confidentiality

The recipient organizations shall not disclose this information beyond those *Persons* with a need to know (which would include the appropriate personnel at the applicable *National Olympic Committee, National Federation*, and team in a *Team Sport*) until SAG has made *Public Disclosure* or has failed to make *Public Disclosure* as required in Article 13.3.

13.1.6 SAG shall ensure that information concerning *Adverse Analytical Findings, Atypical Findings*, and other asserted anti-doping rule violations remains confidential until such information is *Publicly Disclosed* in accordance with Article 13.3, and shall include provisions in any contract entered into between SAG and any of its employees (whether permanent or otherwise), contractors, agents and consultants, for the protection of such confidential information as well as for the investigation and disciplining of improper and/or unauthorised disclosure of such confidential information.

13.2 Notice of Anti-Doping Rule Violation Decisions and Request for Files

13.2.1 Anti-doping rule violation decisions rendered pursuant to Article 7.8, 8.2.4, 10.4 of the *Code*, 10.5 of the *Code*, 10.6 of the *Code*, 10.12.3 of the *Code* or 12.5 shall include the full reasons for the decision, including, if applicable, a justification for why the greatest possible *Consequences* were not imposed. Where the decision is not in English or French, SAG shall provide a short English or French summary of the decision and the supporting reasons.

13.2.2 An *Anti-Doping Organization* having a right to appeal a decision received pursuant to Article 13.2.1 may, within fifteen days of receipt, request a copy of the full case file pertaining to the decision.

13.3 Public Disclosure

13.3.1 The identity of any *Athlete* or other *Person* who is asserted by SAG to have committed an anti-doping rule violation may be *Publicly Disclosed* by SAG only after notice has been provided to the *Athlete* or other *Person* in accordance with Article 7 and simultaneously to WADA and the *National Anti-Doping Organization* and International Federation of the *Athlete* or other *Person* in accordance with Article 13.1.2.

13.3.2 No later than twenty days after it has been determined in a final appellate decision under Article 12.2.1, or such appeal has been waived, or a hearing in accordance with Article 8 has been waived, or the assertion of an anti-doping rule violation has not been timely challenged, SAG must *Publicly Report* the disposition of the matter, including the sport, the anti-doping rule violated, the name of the *Athlete* or other *Person* committing the violation, the *Prohibited Substance* or *Prohibited Method* involved (if any) and the

Consequences imposed. SAG must also *Publicly Report* within twenty days the results of final appeal decisions concerning anti-doping rule violations, including the information described above.

13.3.3 In any case where it is determined, after a hearing or appeal, that the *Athlete* or other *Person* did not commit an anti-doping rule violation, the decision may be *Publicly Disclosed* only with the consent of the *Athlete* or other *Person* who is the subject of the decision. SAG shall use reasonable efforts to obtain such consent. If consent is obtained, SAG shall *Publicly Disclose* the decision in its entirety or in such redacted form as the *Athlete* or other *Person* may approve.

13.3.4 Publication shall be accomplished at a minimum by placing the required information on SAG's website or publishing it through other means and leaving the information up for the longer of one month or the duration of any period of *Ineligibility*.

13.3.5 Neither SAG, nor any of its officials, shall publicly comment on the specific facts of any pending case (as opposed to general description of process and science) except in response to public comments attributed to the *Athlete* or other *Person* against whom an anti-doping rule violation is asserted, or their representatives.

13.3.6 The mandatory *Public Reporting* required in Article 13.3.2 shall not be required where the *Athlete* or other *Person* who has been found to have committed an anti-doping rule violation is a *Minor*. Any optional *Public Reporting* in a case involving a *Minor* shall be proportionate to the facts and circumstances of the case.

13.4 Statistical Reporting

SAG shall, after each *Event* under its jurisdiction, publish a general statistical report of its *Doping Control* activities, with a copy provided to WADA. SAG may also publish reports showing the name of each *Athlete* tested and the date of each *Testing*.

13.5 Doping Control Information Clearinghouse

To facilitate coordinated test distribution planning and to avoid unnecessary duplication in *Testing* by the various *Anti-Doping Organizations*, SAG shall report all *In-Competition* and *Out-of-Competition* tests on such *Athletes* to the WADA clearinghouse, using ADAMS, as soon as possible after such tests have been conducted. This information will be made accessible, where appropriate and in accordance with the applicable rules, to the *Athlete*, the *Athlete's National Anti-Doping Organization* or International Federation, and any other *Anti-Doping Organizations* with *Testing* authority over the *Athlete*.

13.6 Data Privacy

13.6.1 SAG may collect, store, process or disclose personal information relating to *Athletes* and other *Persons* where necessary and appropriate to conduct their anti-doping activities under the *Code*, the *International*

Standards (including specifically the *International Standard* for the Protection of Privacy and Personal Information) and these Anti-Doping Rules.

13.6.2 Any *Participant* who submits information including personal data to any *Person* in accordance with these Anti-Doping Rules shall be deemed to have agreed, pursuant to applicable data protection laws and otherwise, that such information may be collected, processed, disclosed and used by such *Person* for the purposes of the implementation of these Anti-Doping Rules, in accordance with the *International Standard* for the Protection of Privacy and Personal Information and otherwise as required to implement these Anti-Doping Rules.

ARTICLE 14 APPLICATION AND RECOGNITION OF DECISIONS

14.1 Subject to the right to appeal provided in Article 12, *Testing*, hearing results or other final adjudications of any *Signatory* which are consistent with the *Code* and are within that *Signatory's* authority, shall be applicable worldwide and shall be recognized and respected by SAG.

[Comment to Article 14.1: The extent of recognition of TUE decisions of other Anti-Doping Organizations shall be determined by Article 4.4 and by the International Standard for Therapeutic Use Exemptions.]

14.2 SAG shall recognize the measures taken by other bodies which have not accepted the *Code* if the rules of those bodies are otherwise consistent with the *Code*.

[Comment to Article 14.2: Where the decision of a body that has not accepted the Code is in some respects Code compliant and in other respects not Code compliant, SAG shall attempt to apply the decision in harmony with the principles of the Code. For example, if in a process consistent with the Code a non-Signatory has found an Athlete to have committed an anti-doping rule violation on account of the presence of a Prohibited Substance in his or her body but the period of Ineligibility applied is shorter than the period provided for in these Anti-Doping Rules, then SAG shall recognize the finding of an anti-doping rule violation and may conduct a hearing consistent with Article 8 to determine whether the longer period of Ineligibility provided in the Code should be imposed.]

ARTICLE 15 STATUTE OF LIMITATIONS

No anti-doping rule violation proceedings may be commenced against an *Athlete* or other *Person* unless he or she has been notified of the anti-doping rule violation as provided in Article 7, or notification has been reasonably attempted, within ten years from the date the violation is asserted to have occurred.

ARTICLE 16 COMPLIANCE REPORTS TO WADA

Article 16 intentionally left blank

ARTICLE 17 EDUCATION

SAG shall plan, implement, evaluate and monitor information, education and prevention programs for doping-free sport on at least the issues listed at Article 18.2 of the *Code*, and shall support active participation by *Athletes* and *Athlete Support Personnel* in such programs.

ARTICLE 18 AMENDMENT AND INTERPRETATION OF ANTI-DOPING RULES

18.1 These Anti-Doping Rules may be amended from time to time by SAG. They shall be issued in English.

18.2 These Anti-Doping Rules shall be interpreted as an independent and autonomous text and not by reference to existing law or statutes.

18.3 The headings used for the various Parts and Articles of these Anti-Doping Rules are for convenience only and shall not be deemed part of the substance of these Anti-Doping Rules or to affect in any way the language of the provisions to which they refer.

18.4 The *Code* and the *International Standards* shall be considered integral parts of these Anti-Doping Rules and shall prevail in case of conflict.

18.5 These Anti-Doping Rules have been adopted pursuant to the applicable provisions of the *Code* and shall be interpreted in a manner that is consistent with applicable provisions of the *Code*. The Introduction shall be considered an integral part of these Anti-Doping Rules.

18.6 The comments annotating various provisions of the *Code* and these Anti-Doping Rules shall be used to interpret these Anti-Doping Rules.

ARTICLE 19 INTERPRETATION OF THE CODE

19.1 The official text of the *Code* shall be maintained by *WADA* and shall be published in English and French. In the event of any conflict between the English and French versions, the English version shall prevail.

19.2 The comments annotating various provisions of the *Code* shall be used to interpret the *Code*.

19.3 The *Code* shall be interpreted as an independent and autonomous text and not by reference to the existing law or statutes of the *Signatories* or governments.

19.4 The headings used for the various Parts and Articles of the *Code* are for convenience only and shall not be deemed part of the substance of the *Code* or to affect in any way the language of the provisions to which they refer.

19.5 The *Code* shall not apply retroactively to matters pending before the date the *Code* is accepted by a *Signatory* and implemented in its rules. However, pre-*Code* anti-doping rule violations would continue to count as "First violations" or "Second violations" for purposes of determining sanctions under Article 10 for subsequent post-*Code* violations.

19.6 The Purpose, Scope and Organization of the World Anti-Doping Program and the *Code* and Appendix 1, Definitions, and Appendix 2, Examples of the Application of Article 10, shall be considered integral parts of the *Code*.

ARTICLE 20 ADDITIONAL ROLES AND RESPONSIBILITIES OF ATHLETES AND OTHER PERSONS

20.1 Roles and Responsibilities of *Athletes*

20.1.1 To be knowledgeable of and comply with these Anti-Doping Rules.

20.1.2 To be available for *Sample* collection at all times.

[Comment to Article 20.1.2: With due regard to an Athlete's human rights and privacy, legitimate anti-doping considerations sometimes require Sample collection late at night or early in the morning. For example, it is known that some Athletes use low doses of EPO during these hours so that it will be undetectable in the morning.]

20.1.3 To take responsibility, in the context of anti-doping, for what they ingest and *Use*.

20.1.4 To inform medical personnel of their obligation not to *Use Prohibited Substances* and *Prohibited Methods* and to take responsibility to make sure that any medical treatment received does not violate these Anti-Doping Rules.

20.1.5 To disclose to SAG any decision by a non-*Signatory* finding that the *Athlete* committed an anti-doping rule violation within the previous ten years.

20.1.6 To cooperate with *Anti-Doping Organizations* investigating anti-doping rule violations.

20.1.7 Failure by any *Athlete* to cooperate in full with *Anti-Doping Organizations* investigating anti-doping rule violations may result in a disqualification under SAG Charter (Rule 33(f) and 44).

20.2 Roles and Responsibilities of *Athlete Support Personnel*

20.2.1 To be knowledgeable of and comply with these Anti-Doping Rules.

20.2.2 To cooperate with the *Athlete Testing* program.

20.2.3 To use his or her influence on *Athlete* values and behaviour to foster anti-doping attitudes.

20.2.4 To disclose to SAG any decision by a non-*Signatory* finding that he or she committed an anti-doping rule violation within the previous ten years.

20.2.5 To cooperate with *Anti-Doping Organizations* investigating anti-doping rule violations.

20.2.6 Failure by any *Athlete Support Personnel* to cooperate in full with *Anti-Doping Organizations* investigating anti-doping rule violations may result in a disqualification under SAG Charter (Rule 33(f)).

20.2.7 *Athlete Support Personnel* shall not *Use or Possess* any *Prohibited Substance* or *Prohibited Method* without valid justification.

20.2.8 *Use or Possession* of a *Prohibited Substance* or *Prohibited Method* by an *Athlete Support Personnel* without valid justification may result in a disqualification under SAG Charter (Rule 33(f)).

APPENDIX 1 DEFINITIONS

ADAMS: The Anti-Doping Administration and Management System is a Web-based database management tool for data entry, storage, sharing, and reporting designed to assist stakeholders and WADA in their anti-doping operations in conjunction with data protection legislation.

Administration: Providing, supplying, supervising, facilitating, or otherwise participating in the Use or Attempted Use by another Person of a Prohibited Substance or Prohibited Method. However, this definition shall not include the actions of bona fide medical personnel involving a Prohibited Substance or Prohibited Method used for genuine and legal therapeutic purposes or other acceptable justification and shall not include actions involving Prohibited Substances which are not prohibited in Out-of-Competition Testing unless the circumstances as a whole demonstrate that such Prohibited Substances are not intended for genuine and legal therapeutic purposes or are intended to enhance sport performance.

Adverse Analytical Finding: A report from a WADA-accredited laboratory or other WADA-approved laboratory that, consistent with the International Standard for Laboratories and related Technical Documents, identifies in a *Sample* the presence of a *Prohibited Substance* or its *Metabolites* or *Markers* (including elevated quantities of endogenous substances) or evidence of the *Use* of a *Prohibited Method*.

Adverse Passport Finding: A report identified as an *Adverse Passport Finding* as described in the applicable *International Standards*.

Anti-Doping Organization: A *Signatory* that is responsible for adopting rules for initiating, implementing or enforcing any part of the *Doping Control* process. This includes, for example, the International Olympic Committee, the International Paralympic Committee, other *Major Event Organizations* that conduct *Testing* at their *Events*, WADA, International Federations, and *National Anti-Doping Organizations*.

Athlete: Any *Person* who competes in sport at the international level (as defined by each International Federation), or the national level (as defined by each *National Anti-Doping Organization*). An *Anti-Doping Organization* has discretion to apply anti-doping rules to an *Athlete* who is neither an *International-Level Athlete* nor a *National-Level Athlete*, and thus to bring them within the definition of "Athlete." For purposes of these Anti-Doping Rules, an *Athlete* is defined as set out in the Scope section of the Introduction to these Anti-Doping Rules.

Athlete Biological Passport: The program and methods of gathering and collating data as described in the International Standard for Testing and Investigations and International Standard for Laboratories.

Athlete Support Personnel: Any coach, trainer, manager, agent, team staff, official, medical, paramedical personnel, parent or any other *Person* working with, treating or assisting an *Athlete* participating in or preparing for sports *Competition*.

Attempt: Purposely engaging in conduct that constitutes a substantial step in a course of conduct planned to culminate in the commission of an anti-doping rule violation. Provided, however, there shall be no anti-doping rule violation based solely on an *Attempt* to commit a violation if the *Person* renounces the *Attempt* prior to it being discovered by a third party not involved in the *Attempt*.

Atypical Finding: A report from a WADA-accredited laboratory or other WADA-approved laboratory which requires further investigation as provided by the International Standard for Laboratories or related Technical Documents prior to the determination of an *Adverse Analytical Finding*.

Atypical Passport Finding: A report described as an *Atypical Passport Finding* as described in the applicable *International Standards*.

CAS: The Court of Arbitration for Sport.

Code: The World Anti-Doping Code.

Competition: A single race, match, game or singular sport contest. For example, a basketball game or the finals of the Olympic 100-meter race in athletics. For stage races and other sport contests where prizes are awarded on a daily or other interim basis the distinction between a *Competition* and an *Event* will be as provided in the rules of the applicable International Federation.

Consequences of Anti-Doping Rule Violations ("Consequences"): An *Athlete's* or other *Person's* violation of an anti-doping rule may result in one or more of the following: (a) *Disqualification* means the *Athlete's* results in a particular *Competition* or *Event* are invalidated, with all resulting *Consequences* including forfeiture of any medals, points and prizes; (b) *Ineligibility* means the *Athlete* or other *Person* is barred on account of an anti-doping rule violation for a specified period of time from participating in any *Competition* or other activity or funding as provided in Article 10.12.1 of the *Code*; (c) *Provisional Suspension* means the *Athlete* or other *Person* is barred temporarily from participating in any *Competition* or activity prior to the final decision at a hearing conducted under Article 8; (d) *Financial Consequences* means a financial sanction imposed for an anti-doping rule violation or to recover costs associated with an anti-doping rule violation; and (e) *Public Disclosure or Public Reporting* means the dissemination or distribution of information to the general public or *Persons* beyond those *Persons* entitled to earlier notification in accordance with Article 13. Teams in *Team Sports* may also be subject to *Consequences* as provided in Article 11.

Contaminated Product: A product that contains a *Prohibited Substance* that is not disclosed on the product label or in information available in a reasonable Internet search.

Disqualification: See *Consequences of Anti-Doping Rule Violations* above.

Doping Control: All steps and processes from test distribution planning through to ultimate disposition of any appeal including all steps and processes in between such as provision of whereabouts information, *Sample* collection and handling, laboratory analysis, *TUEs*, results management and hearings.

Event: A series of individual *Competitions* conducted together under one ruling body (e.g., the Olympic Games, FINA World Championships, or Pan American Games).

Event Venues: Those venues so designated by SAG.

Event Period: The period commencing on the date of opening ceremony for the *Event*, up until and including the day of the closing ceremony of the *Event*.

Fault: *Fault* is any breach of duty or any lack of care appropriate to a particular situation. Factors to be taken into consideration in assessing an *Athlete* or other *Person's* degree of *Fault* include, for example, the *Athlete's* or other *Person's* experience, whether the *Athlete* or other *Person* is a *Minor*, special considerations such as impairment, the degree of risk that should have been perceived by the *Athlete* and the level of care and investigation exercised by the *Athlete* in relation to what should have been the perceived level of risk. In assessing the *Athlete's* or other *Person's* degree of *Fault*, the circumstances considered must be specific and relevant to explain the *Athlete's* or other *Person's* departure from the expected standard of behaviour. Thus, for example, the fact that an *Athlete* would lose the opportunity to earn large sums of money during a period of *Ineligibility*, or the fact that the *Athlete* only has a short time left in his or her career, or the timing of the sporting calendar, would not be relevant factors to be considered in reducing the period of *Ineligibility* under Article 10.5.1 or 10.5.2 of the *Code*.

[*Comment: The criteria for assessing an Athlete's degree of Fault is the same under all Articles where Fault is to be considered. However, under Article 10.5.2 of the Code, no reduction of sanction is appropriate unless, when the degree of Fault is assessed, the conclusion is that No Significant Fault or Negligence on the part of the Athlete or other Person was involved.*]

Financial Consequences: See *Consequences of Anti-Doping Rule Violations* above.

In-Competition: For purposes of these Anti-Doping Rules, "In-Competition" means the *Event Period*.

Independent Observer Program: A team of observers, under the supervision of WADA, who observe and provide guidance on the Doping Control process at certain Events and report on their observations.

Individual Sport: Any sport that is not a *Team Sport*.

Ineligibility: See *Consequences of Anti-Doping Rule Violations* above.

International Event: An *Event* or *Competition* where the International Olympic Committee, the International Paralympic Committee, an International Federation, a *Major Event Organization*, or another international sport organization is the ruling body for the *Event* or appoints the technical officials for the *Event*.

International-Level Athlete: *Athletes* who compete in sport at the international level, as defined by each International Federation, consistent with the International Standard for Testing and Investigations.

[Comment: Consistent with the International Standard for Testing and Investigations, the International Federation is free to determine the criteria it will use to classify Athletes as International-Level Athletes, e.g., by ranking, by participation in particular International Events, by type of license, etc. However, it must publish those criteria in clear and concise form, so that Athletes are able to ascertain quickly and easily when they will become classified as International-Level Athletes. For example, if the criteria include participation in certain International Events, then the International Federation must publish a list of those International Events.]

International Standard: A standard adopted by WADA in support of the Code. Compliance with an *International Standard* (as opposed to another alternative standard, practice or procedure) shall be sufficient to conclude that the procedures addressed by the *International Standard* were performed properly. *International Standards* shall include any Technical Documents issued pursuant to the *International Standard*.

Major Event Organizations: The continental associations of *National Olympic Committees* and other international multi-sport organizations that function as the ruling body for any continental, regional or other *International Event*. For purposes of these Anti-Doping Rules, the *Major Event Organization* is South Asia Games Federation (SAG)

Marker: A compound, group of compounds or biological variable(s) that indicates the Use of a *Prohibited Substance* or *Prohibited Method*.

Anti-Doping Committee: As defined in the SAG Charter and Rules 33(h), a body set up to implement the SA Games Anti-Doping Rules during the SA Games.

Metabolite: Any substance produced by a biotransformation process.

Minor: A natural *Person* who has not reached the age of eighteen years.

National Anti-Doping Organization: The entity(ies) designated by each country as possessing the primary authority and responsibility to adopt and implement anti-doping rules, direct the collection of *Samples*, the management of test results, and the conduct of hearings at the national level. If this designation has not been made by the competent public authority(ies), the entity shall be the country's *National Olympic Committee* or its designee.

National Event: A sport *Event* or *Competition* involving *International-* or *National-Level Athletes* that is not an *International Event*.

National Federation: A national or regional entity which is a member of or is recognized by an International Federation as the entity governing the International Federation's sport in that nation or region.

National-Level Athlete: *Athletes* who compete in sport at the national level, as defined by each *National Anti-Doping Organization*, consistent with the International Standard for Testing and Investigations.

National Olympic Committee (NOC): The organization recognized by the International Olympic Committee. The term *National Olympic Committee* shall also include the National Sport Confederation in those countries where the National Sport Confederation assumes typical *National Olympic Committee* responsibilities in the anti-doping area.

No Fault or Negligence: The *Athlete* or other *Person's* establishing that he or she did not know or suspect, and could not reasonably have known or suspected even with the exercise of utmost caution, that he or she had *Used* or been administered the *Prohibited Substance* or *Prohibited Method* or otherwise violated an anti-doping rule. Except in the case of a *Minor*, for any violation of Article 2.1, the *Athlete* must also establish how the *Prohibited Substance* entered his or her system.

No Significant Fault or Negligence: The *Athlete* or other *Person's* establishing that his or her *Fault or negligence*, when viewed in the totality of the circumstances and taking into account the criteria for *No Fault* or negligence, was not significant in relationship to the anti-doping rule violation. Except in the case of a *Minor*, for any violation of Article 2.1, the *Athlete* must also establish how the *Prohibited Substance* entered his or her system.

[Comment: For Cannabinoids, an Athlete may establish No Significant Fault or Negligence by clearly demonstrating that the context of the Use was unrelated to sport performance.]

Out-of-Competition: Any period which is not *In-Competition*.

Participant: Any *Athlete* or *Athlete Support Person*.

Person: A natural *Person* or an organization or other entity.

Possession: The actual, physical *Possession*, or the constructive *Possession* (which shall be found only if the *Person* has exclusive control or intends to exercise control over the *Prohibited Substance* or *Prohibited Method* or the premises in which a *Prohibited Substance* or *Prohibited Method* exists); provided, however, that if the *Person* does not have exclusive control over the *Prohibited Substance* or *Prohibited Method* or the premises in which a *Prohibited Substance* or *Prohibited Method* exists, constructive *Possession* shall only be found if the *Person* knew about the presence of the *Prohibited Substance* or *Prohibited Method* and intended to exercise control over it. Provided, however, there shall be no anti-doping rule violation based solely on *Possession* if, prior to receiving notification of any kind that the *Person* has committed an anti-doping rule violation, the *Person* has taken concrete action demonstrating that the *Person* never intended to have *Possession* and has renounced *Possession* by explicitly declaring it to an *Anti-Doping Organization*. Notwithstanding anything to the contrary in this definition, the purchase (including by any electronic or other means) of a *Prohibited Substance* or *Prohibited Method* constitutes *Possession* by the *Person* who makes the purchase.

[Comment: Under this definition, steroids found in an Athlete's car would constitute a violation unless the Athlete establishes that someone else used the car; in that event, the Anti-Doping Organization must establish that, even though the Athlete did not have exclusive control over the car, the Athlete knew about the

steroids and intended to have control over the steroids. Similarly, in the example of steroids found in a home medicine cabinet under the joint control of an Athlete and spouse, the Anti-Doping Organization must establish that the Athlete knew the steroids were in the cabinet and that the Athlete intended to exercise control over the steroids. The act of purchasing a Prohibited Substance alone constitutes Possession, even where, for example, the product does not arrive, is received by someone else, or is sent to a third party address.]

Prohibited List: The List identifying the *Prohibited Substances* and *Prohibited Methods*.

Prohibited Method: Any method so described on the *Prohibited List*.

Prohibited Substance: Any substance, or class of substances, so described on the *Prohibited List*.

Provisional Hearing: For purposes of Article 7.6, an expedited abbreviated hearing occurring prior to a hearing under Article 8 that provides the *Athlete* with notice and an opportunity to be heard in either written or oral form.

[Comment: A Provisional Hearing is only a preliminary proceeding which may not involve a full review of the facts of the case. Following a Provisional Hearing, the Athlete remains entitled to a subsequent full hearing on the merits of the case. By contrast, an "expedited hearing," as that term is used in Article 7.6, is a full hearing on the merits conducted on an expedited time schedule.]

Provisional Suspension: See *Consequences of Anti-Doping Rule Violations* above.

Publicly Disclose or Publicly Report: See *Consequences of Anti-Doping Rule Violations* above.

Regional Anti-Doping Organization: A regional entity designated by member countries to coordinate and manage delegated areas of their national anti-doping programs, which may include the adoption and implementation of anti-doping rules, the planning and collection of *Samples*, the management of results, the review of *TUEs*, the conduct of hearings, and the conduct of educational programs at a regional level.

Registered Testing Pool: The pool of highest-priority *Athletes* established separately at the international level by International Federations and at the national level by *National Anti-Doping Organizations*, who are subject to focused *In-Competition* and *Out-of-Competition Testing* as part of that International Federation's or *National Anti-Doping Organization's* test distribution plan and therefore are required to provide whereabouts information as provided in Article 5.6 of the *Code* and the International Standard for Testing and Investigations.

Sample or Specimen: Any biological material collected for the purposes of *Doping Control*.

[Comment: It has sometimes been claimed that the collection of blood Samples violates the tenets of certain religious or cultural groups. It has been determined that there is no basis for any such claim.]

Signatories: Those entities signing the *Code* and agreeing to comply with the *Code*, as provided in Article 23 of the *Code*.

South Asia Regional Anti-Doping Organisation (SARADO): The Regional Anti-Doping Organisation for South Asia

Specified Substance: See Article 4.2.3.

Strict Liability: The rule which provides that under Article 2.1 and Article 2.2, it is not necessary that intent, *Fault*, negligence, or knowing *Use* on the *Athlete's* part be demonstrated by the *Anti-Doping Organization* in order to establish an anti-doping rule violation.

Substantial Assistance: For purposes of Article 10.6.1 of the *Code*, a *Person* providing *Substantial Assistance* must: (1) fully disclose in a signed written statement all information he or she possesses in relation to anti-doping rule violations, and (2) fully cooperate with the investigation and adjudication of any case related to that information, including, for example, presenting testimony at a hearing if requested to do so by an *Anti-Doping Organization* or hearing panel. Further, the information provided must be credible and must comprise an important part of any case which is initiated or, if no case is initiated, must have provided a sufficient basis on which a case could have been brought.

Tampering: Altering for an improper purpose or in an improper way; bringing improper influence to bear; interfering improperly; obstructing, misleading or engaging in any fraudulent conduct to alter results or prevent normal procedures from occurring.

Target Testing: Selection of specific *Athletes* for *Testing* based on criteria set forth in the International Standard for Testing and Investigations.

Team Sport: A sport in which the substitution of players is permitted during a *Competition*.

Testing: The parts of the *Doping Control* process involving test distribution planning, *Sample* collection, *Sample* handling, and *Sample* transport to the laboratory.

Trafficking: Selling, giving, transporting, sending, delivering or distributing (or *Possessing* for any such purpose) a *Prohibited Substance* or *Prohibited Method* (either physically or by any electronic or other means) by an *Athlete*, *Athlete Support Person* or any other *Person* subject to the jurisdiction of an *Anti-Doping Organization* to any third party; provided, however, this definition shall not include the actions of "bona fide" medical personnel involving a *Prohibited Substance* used for genuine and legal therapeutic purposes or other acceptable justification, and shall not include actions involving *Prohibited Substances* which are not prohibited in *Out-of-Competition Testing* unless the circumstances as a whole demonstrate such *Prohibited Substances* are not intended for genuine and legal therapeutic purposes or are intended to enhance sport performance.

TUE: Therapeutic Use Exemption, as described in Article 4.4.

UNESCO Convention: The International Convention against Doping in Sport adopted by the 33rd session of the UNESCO General Conference on 19 October 2005 including any and all amendments adopted by the States Parties to the Convention and the Conference of Parties to the International Convention against Doping in Sport.

Use: The utilization, application, ingestion, injection or consumption by any means whatsoever of any *Prohibited Substance* or *Prohibited Method*.

WADA: The World Anti-Doping Agency.

Subject Disqualification of Results**From** sujan shrestha <sujanlal_jessica@yahoo.com>**To** Pakistan Olympic Association <info@nocpakistan.org>**Date** 11-08-2020 5:58 pm

- Disqualification of Results (Mehbob Ali).jpg (~2.4 MB)
- Disqualification of Results of Naeem.jpg (~2.3 MB)

Attn :

Mr. Muhammad Naeem
Athlete (Athletics, 100 M Hurdles)

and

Mr. Mehbob Ali:
Athlete (Athletics , 400 M Hurdles)
Pakistan

Dear sirs:

In regard to the above subject, please find the attached file which is self explanatory.

Thank you.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.comWebsite : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur



Disqualification of Results (Mehbob Ali).jpg
~2.4 MB

Disqualification of Results of Naeem.jpg
~2.3 MB



१३ औं दक्षिण एशियाली खेलकुद-२०१९
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०१९, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan

Sub : Disqualification of Results

Dear Mr. Mehbob Ali:

In addition to our previous letter, we would like to inform you that World Anti-Doping Code 2015 article 10.8 as applicable to you. Therefore as per the article 10.8, please return the medal and certificate to the South Asia Olympic Council (SAOC).

Thanking for you kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal



१३ औं दक्षिण एशियाली खेलकुद-२०१९
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०१९, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Muhammad Naeem
Athlete (Athletics, 100 m Hurdles)
Pakistan

Sub : Disqualification of Results

Dear Mr. Muhammad Naeem :

In addition to our previous letter, we would like to inform you that World Anti-Doping Code 2015 article 10.8 as applicable to you. Therefore as per the article 10.8, please return the medal and certificate to the South Asia Olympic Council (SAOC).

Thanking for you kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal



Subject Sanction Letter from Anti Doping Committee of 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Nepal Olympic Committee <info@nocnepal.org.np>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Chiho Miki <chiho.miki@wada-ama.org>, tom.may@wada-ama.org <tom.may@wada-ama.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, DG SARADO <dg@sa-rado.org>, HUSSAIN Mohamed <info@sa-rado.org>
Date 11-08-2020 2:38 pm

- mehbob ali .jpg (~1.7 MB)
- mehbob ali 2.jpg (~652 KB)

Attn : Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan.

Dear Mr. Ali:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha

Executive Secretary
 Nepal Olympic Committee

Tel / Fax : 977-1-5202668
 Cell : 977 9841306140
 E-mail : sujanlal_jessica@yahoo.com
 Website : www.nocnepal.org.np
 P.O. Box : 11455
 Satdobato, Lalitpur



mehbob ali .jpg
 ~1.7 MB

mehbob ali 2.jpg
 ~652 KB



च.न./Ref.No.:

मिति/Date:

August 7, 2020

To,
Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan

Sub : Sanctions of Individuals

Dear Mr. Mehbob Ali:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur in December 1 to 10, 2019. You Mr. Mehbob Ali from Pakistan Athlete 400 meter Hurdles Your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300904 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300904) on 6th December 2019 in Kathmandu . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was found. (S1.1 Anabolic Androgenic Steroids (AAS) /oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B hydroxymethyl-18-nor-2-oxy-5A-androst-13-en-3-one). In our record there was no TUE of yours. You were informed about the test result of A Sample and you requested us that you want to go for B sample analysis. We inform the Qatar Anti-doping lab. The Qatar Anti-Doping Lab gave you the date of 8th June 2020 for B sample Analysis. B sample analysis was carried out on 8th June 2020. The Lab sent the report on 16 June 2020 Stating that B Sample Test Result stating AAF – Adverse Analytical Finding. (S1.1 Anabolic Androgenic Steroids (AAS) /oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B hydroxymethyl-18-nor-2-oxy-5A-androst-13-en-3-one.)

The Finding of B Sample confirms the Presence of the Prohibited Substance found in the Athlete's A Sample . You were informed about it and on you wrote to us on 27 July 2020 stating that You accept the result of B sample and do not want to file any appeal.



च.ब./Ref.No.:

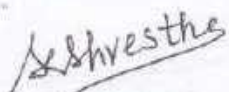
मिति/Date:

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.Mr. Mehbob Ali Your Ineligibility (Sanction} will be Four Years From 6th December 2019 to 5th December 2023.

Thanking for you kind Co-Operation

With Regards


Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)

Subject Sanctions of Individuals

From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, DG SARADO <dg@sa-rado.org>, Aaa . <sec@asianathleticsassociation.org>, Nilendra Shrestha <nilendrashrestha@gmail.com>, chiho.miki@wada-ama.org <chiho.miki@wada-ama.org>, tom.may@wada-ama.org <tom.may@wada-ama.org>, HUSSAIN Mohamed <info@sa-rado.org>
Date 11-08-2020 6:04 pm



-
- Sanction of Individual (Mr. Sami Ullah).pdf (~771 KB)

Attn: Mr. Sami Ullah
Athlete (Athletics, 100 M Sprint)
Pakistan

Dear Mr. Ullah:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur



१३ औं दक्षिण एशियाली खेलकुद-२०१९
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०१९, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Sami Ullah
Athlete (Athletic 100 m Sprint)
Pakistan

Sub : Sanctions of Individuals

Dear Mr. Sami Ullah:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur from 1 to 10 December 2019. You Mr. Sami Ullah from Pakistan Athlete 100 m Sprint Your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300910 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300910) on 3rd December 2019 in Kathmandu, Nepal . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was Reported (- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.) The Finding of A Sample bottle no: 4300910 confirms, the Presence of the Prohibited Substance. In our record you have not submitted any TUE. You were informed about the test result of A Sample. Since you did not request for further Analysis (B Sample analysis) in the time. We assume that you have accepted the result of Sample A .

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless



१३ औं दक्षिण एशियाली खेलकुद-२०७६
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०७६, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.1 Mr. Sami Ullah Your Ineligibility (Sanction) will be Four Years From 3rd December 2019 to 2nd December 2023 and World Anti- Doping code article No 10.8 as applicable to you. So please return your Medal to South Asia Olympic Council.

Thanking for you for your kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games
Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)



Subject Sanction Letter from the Anti Doping Committee of 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, tom.may@wada-ama.org <tom.may@wada-ama.org>, DG SARADO <dg@sa-rado.org>, HUSSAIN Mohamed <info@sa-rado.org>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, chiho.miki@wada-ama.org <chiho.miki@wada-ama.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, Nepal Olympic Committee <info@nocnepal.org.np>
Date 11-08-2020 2:33 pm

- muhammad naeem 1.jpg (~1.7 MB)
- muhammad naeem 2.jpg (~700 KB)

**Attn: Mr. Muhammad Naeem
 Athlete (Athletics, 100 M Hurdles)
 Pakistan**

Dear Mr. Naeem:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha
 Executive Secretary
 Nepal Olympic Committee

Tel / Fax : 977-1-5202668
 Cell : 977 9841306140
 E-mail : sujanlal_jessica@yahoo.com
 Website : www.nocnepal.org.np
 P.O. Box : 11455
 Satdobato, Lalitpur



muhammad naeem 1.jpg
 ~1.7 MB

muhammad naeem 2.jpg
 ~700 KB





च.नं./Ref.No.:

मिति/Date:
August 7, 2020

To,
Mr. Muhammad Naeem
Athlete (Athletics, 100 m Hurdles)
Pakistan

Sub : Sanctions of Individuals

Dear Mr.Muhammad Naeem:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur in December 1 to 10, 2019. You Mr. Muhammad Naeem from Pakistan Athlete 100 meter Hurdles your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300915 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300915) on 5th December 2019 in Kathmandu . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was Reported (- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol, 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.). In our record there was no TUE of yours. You were informed about the test result of A Sample and you requested us that you wanted to go for B sample analysis. We inform the Qatar Anti-doping lab. The Qatar Anti-Doping Lab gave you the date of 8th June 2020 for B sample Analysis. B sample analysis was carried out on 8th June 2020. The Lab sent the report on 16 June 2020 Stating that B Sample Test Result stating AAF – Adverse Analytical Finding. (S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol, 17A-Methyl-5B-androstane-3A,17B-diol,18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.)

The Finding of B Sample confirms the Presence of the Prohibited Substance found in the Athlete's A Sample. You were informed about it and on you wrote to us on 27 July 2020 stating that You accept the result of B sample and do not want to file any appeal.



च.नं./Ref.No.:


मिति/Date:

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.1 Mr Muhammad Naeem Your Ineligibility (Sanction) will be Four Years From 6th December 2019 to 5th December 2023.

Thanking for you kind Co-Operation.

With Regards


Dr. Saroj Krishna Shrestha
Charman, Anti-Doping Committee
13th South Asian Games, Nepal

Cc: -

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)

Subject NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Tests)
From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>
Cc President NOC Pakistan <president@nocpakistan.org>, <complaine@wada-ama.org>, <info@athleticsintegrity.org>
Date 11-09-2020 3:44 pm



-
- Email from AFP dated 30-08-2020 and encl..pdf (~176 KB)
 - Email from AFP (30-07-2020) - Provisional Suspension alongwith encl..pdf (~749 KB)

Dear Mr. Muhammad Zafar,

This is with reference to your letters numbered AFP/C-16/14/20 dated August 30th, 2020 and numbered AFP/C-16/09/20 dated July 30th, 2020 on the subject noted above. We are in not in agreement with the contents of both these AFP's letters (**attached**).

Kindly note that in pursuance of the decision of the Executive Committee of Pakistan Olympic Association (POA), taken in its meeting held on 08th August, 2020, a Probe Committee has been constituted, in accordance with the Article 20 of the WADA Anti-Doping Code, as well as the obligations of NOC Pakistan to protect Clean Athletes and our Fight against Doping in Pakistan as per Olympic Charter. However for the sake of propriety, we would like you to share with us the exact directives / rules of WADA Anti-Doping Code or World Athletics statutes restricting an NOC to probe into the doping offence.

In the meanwhile, we are hopeful that Athletics Federation of Pakistan, in the larger interests of national sports will cooperate with the Probe Committee to strengthen the Olympic Movement of Pakistan in its fight against the menace of doping.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association

Subject NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Tests)

Roundcube Webmail

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>**To** Pakistan Olympic Association <info@nocpakistan.org>

Cc 'Makram sahi' <sahi49@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Syed Shahid Ali <ssa@treetonline.com>, PSB <infopsb@sports.gov.pk>, trainingpsb@yahoo.com <trainingpsb@yahoo.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, meesaqrizvi@gmail.com <meesaqrizvi@gmail.com>, lubnasibtain5@gmail.com <lubnasibtain5@gmail.com> 'Makram sahi' <sahi49@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Syed Shahid Ali <ssa@treetonline.com>, PSB <infopsb@sports.gov.pk>, trainingpsb@yahoo.com <trainingpsb@yahoo.com>, Dr. Waqar Ahmad <drwaqarahmad@live.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, meesaqrizvi@gmail.com <meesaqrizvi@gmail.com>, lubnasibtain5@gmail.com <lubnasibtain5@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>, Pakistan Badminton Federation <secretarypbf@gmail.com>, Pakistan Federation Baseball <pakistanbaseball@hotmail.com>, shaukatpsp@hotmail.com <shaukatpsp@hotmail.com>, Pakistan Basketball Federation <bashirsonsmall1950@gmail.com>, khalid Bashir <pakistanbasketballfederation@gmail.com>, Pakistan Bodybuilding Federation <pkbodybuilding@gmail.com>, Pakistan Boxing Federation <president@pakboxingfed.com>, Pakistan Boxing Federation <secretarygeneralpbf@gmail.com>, Equestrian Federation of Pakistan <efp@efp.com.pk>, drfarooquaf@gmail.com <drfarooquaf@gmail.com>, PGF Secretariat <info@pgf.com.pk>, Ajaz Ahad Khan <secy@pgf.com.pk>, Pakistan Gymnastic Federation <pakgymnasticsfed@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pakistan Hockey Federation <pakhockeyfederation@gmail.com>, Pakistan Ju-Jitsu Federation <info@pjff.org>, pjff05@gmail.com <pjff05@gmail.com>, Pakistan Ju-Jitsu Federation <president@pjff.org>, secretary@pjff.org <secretary@pjff.org>, waqarilyaskhan@gmail.com <waqarilyaskhan@gmail.com>, Pakistan Kabaddi Federation <pakkabaddifederation@yahoo.com>, Pakistan Karate Federation <saadjahangir@yahoo.com>, Pakistan Karate Federation <andleebsandhu@gmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Pakistan Rowing Federation <presidentpakrowingfed@gmail.com>, info@pakistanrugby.com <info@pakistanrugby.com>, Fawzi (PRU) <fawzi@pakistanrugby.com>, Pakistan Rugby Union <arif@servis.com>, Pakistan Rugby Union <president@pakistanrugby.com>, Secretary General Pakistan Rugby Union <khurram@pakistanrugby.com>, Pakistan Sailing Federation <paksailing1969@gmail.com>, Pakistan Squash Federation <pakistansquash@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>, Veena Masud <veena517@gmail.com>, Secretary General <wintersportsfedpak@gmail.com>, Softball Federation of Pakistan <lehri_softball@hotmail.com>, Softball Federation of Pakistan <asif_azeem8@yahoo.com>, Pakistan Table Tennis Federation <essemstain@gmail.com>, tauqeerpptf@gmail.com <tauqeerpptf@gmail.com>, Pakistan Table Tennis Federation <ahmer.mallick@yahoo.com>, Pakistan Taekwondo Federation <ptf_wasim@yahoo.com>, Pakistan Tennis Federation <pktenfed@comsats.net.pk>, Pakistan Tug of War Federation <rana.mja@gmail.com>, rmasghar786@gmail.com <rmasghar786@gmail.com>, Pakistan Volleyball Federation <chmuhammad.yaqub@gmail.com>, Pakistan Volleyball Federation <pvfsecretariat@gmail.com>, Pakistan Weightlifting Federation <pakistanwf1@gmail.com>, amjad_butt507@yahoo.com

<amjad_butt507@yahoo.com>, Pakistan Wrestling Federation
<pak@unitedworldwrestling.org>, Pakistan Wushu Federation
<aaimalikwushu@gmail.com>, b.olympic.a@gmail.com
<b.olympic.a@gmail.com>, KP Olympic Association
<olympickp@gmail.com>, Punjab Olympic Association
<punjabolympicassociation@gmail.com>, Punjab Olympic Association
<punjabolympicassociation@hotmail.com>, Sindh Olympic Association
<soa1947@yahoo.com>, Army Sports Directorate
<asdirectorate@gmail.com>, Director Sports Pakistan Navy
<dsports@paknavy.gov.pk>, Air Headquarters Peshawar
<dteofsportsfaf@yahoo.com>, Pakistan Police Sports Board
<policesportsboard@yahoo.com>, Pakistan Railways Sports Board
<prsportsboard@yahoo.com>, Wapda Sports Board
<wapdasports@hotmail.com>, HEC <sports@hec.gov.pk>,
muasif@hec.gov.pk <muasif@hec.gov.pk>

Date 30-08-2020 2:09 pm

- Letter to POA 30.08 .2020.pdf (~110 KB)

Dear Sir,

Please find attached letter No. AFP/C-16/14/20 dated 30-08-2020 on the subject matter.

Best regards,

Muhammad Zafar
Secretary General AFP

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi,
HI(M), SI(M),



Secretary General

Muhammad Zafar

Mr. Muhammad Khalid Mehmood
Secretary General,
Pakistan Olympic Association,
Lahore

No. AFP/ C -16/14/20
Dated: 30-08-2020

Subject:- **NOTIFICATION**

Please refer to your Notification circulated vide No. POA-265/MGS/814 dated 26th August 2020 and reiterated the contents of our earlier letter No. AFP / C - 16 /09/20 dated 30 July 2020.

1. Constitution of a Probe Committee in context to the 3 positive dope cases of Pakistani athletes tested during the 13th South Asian Games 2019 has been notified vide above referred Notification. In this regard, it is apprised that soon after the issuance of AAF Notice of charge and Provisional Suspension to the 3 athletes by the Chairman Anti-doping Committee 13th SAG, this Federation acted promptly to get the required formalities completed and extended full cooperation to all concerned Sports Organizations for effective resolution of the matter. Our transparent and prompt action was duly acknowledged by the Nepal Olympic Committee (NOC) and Director Doping Analysis Laboratory Qatar.

2. Later on, "B" samples of 2 athletes (Muhammad Naeem and Mehboob Ali) were analyzed as per their request and were found to be the same as sample "A". Consequently, Chairman Anti doping Committee 13th SAG Nepal vide his letter dated 11th August 2020 (addressed to concerned 3 athletes) imposed Sanction of 4 years each. In compliance of the said decision, this Federation has already taken necessary action vide our letters and Notification dated 15.08.2020 with a copy to POA and all concerned Organizations. We have also informed the Asian Athletics Association, World Athletics and World Anti Doping Agency accordingly. Concerned Departments / Affiliated Units of AFP have been directed to initiate departmental disciplinary action against the individuals under intimation to AFP.

3. In view of above, we consider that constitution of any Probe Committee is not required. It has been established that it was an individual act and the defaulters have been lawfully reprimanded / sanctioned by the Anti Doping Committee of 13th SAG under WADA Code. Proceedings stand completed under WADA Code which has exclusive jurisdiction in the matter. Hence, any further probe of this case is superfluous and also transgresses the jurisdiction of WADA, AFP and World Athletics (WA). It is

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HI(M), SI(M)




Secretary General

Muhammad Zafar

an open and shut case. We therefore suggest that Notification issued vide No. POA-265/MGS/814 dated 26th August, 2020 be withdrawn as no further proceedings are necessary.

Best regards,


Muhammad Zafar
Secretary General, AFP

Copy to:-

- Maj Gen (R) Muhammad Akram Sahi, HI(M). SI(M), President AFP / Vice President AAA
- Lt Gen (R) Syed Arif Hasan HI(M), President, Pakistan Olympic Association
- Director General, Pakistan Sports Board
- Chairman, Anti Doping Organization of Pakistan
- All Affiliated Member Units of POA
- Convener & Members of the Committee
- Army Sports Directorate
- WAPDA Sports Board

Subject PROVISIONAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETICS ACTIVITY

From PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>

To Pakistan Olympic Association <info@nocpakistan.org>

Cc 'Makram sahi' <sahi49@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Syed Arif Hasan <arifhasan19@gmail.com>

Date 30-07-2020 11:48 pm



- Letter to POA..pdf (~150 KB)
- Arshad Nadeem Page 2.jpeg (~188 KB)
- Arshad Nadeem Page 1.jpeg (~144 KB)
- Uzair Rehman.jpeg (~123 KB)

Dear Sir,

Please find attached letter No. AFP/C-16/09/20 dated 30 July 2020 on the subject matter.

Best regards,

Muhammad Zafar
Secretary General AFP



Arshad Nadeem Page 2.jpeg
~188 KB



Arshad Nadeem Page 1.jpeg
~144 KB



Uzair Rehman.jpeg
~123 KB

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Maj Gen (R) Muhammad Akram Sahi,
HI(M), SI(M),



Secretary General

Muhammad Zafar

No. AFP/ C -16/09/20
Dated: 30 July 2020

Muhammad Khalid Mehmood
Secretary General
Pakistan Olympic Association

Subject: **PROVISIONAL SUSPENSION FROM PARTICIPATION IN ANY ATHLETICS ACTIVITY**

Dear Sir,

Please refer to your email dated 24th July 2020.

1. A prompt reply of our email dated June 16, 2020 has been made by you vide email dated July 24th 2020 (lapse of 05 weeks) which clearly demonstrates the efficiency of the office of the Secretary General of POA as well as the sensitivity and concern of the NOC on the subject.
2. Sadly, your email is utterly devoid of any decency and the well-established norms/decorum of official correspondence. Your baseless, unfounded, and concocted insinuations against AFP (attempt to mislead, divert from the core issue and forging pretexts etc) are strongly condemned, outrightly rejected and vehemently rebutted. From the very start of this matter we have been providing required information to you and completing the formalities as conveyed by Nepal Olympic Committee. Nothing has been forged from our side, however, we have noticed that POA did not share certain things with us as requested by AFP. Our prompt response / actions on the matter have been appreciated by the Nepal Olympic Committee.
3. In the interest of our sport we would like to make a final attempt to address and answer the issues created by you.
 - a) The Manager's report has already been submitted by AFP and it truly details all events of the Pakistan Athletics team at Nepal. No objection was raised on the report and was accepted by you. Now, belatedly, you are demanding that a supplementary

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Secretary General

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portion indicating '*the sample collection of athletes*' may be added to it. We have reviewed the Manager's reports from the past, a time when you were the Secretary General of AFP and there was no mention of any '*sample collection of athletes*' in these manager's reports. So, it is established that it is neither mandatory nor customary to mention '*the sample collection of athletes*' in a manager's report as dope tests of athletes during the National / International competitions are a routine activity. Tests of Pak athletes were not an exception.

Manager Report has already been conveyed and any revision at this stage will be considered unethical and inappropriate. The Manager is not willing to make any change to the report which has already been forwarded.

- b) Two of the Pakistani athletes who were taken for sample collection have provided copies of the doping forms which are attached. Any further unnecessary investigation will put them into a state of distress which must be avoided to protect our Athletes from further harassment. We understand that a medical team was also a part of the POA contingent to Nepal. The foremost and sole responsibility of this medical team should have been to coordinate with the anti-doping committee of the Games and also collect all doping control forms from the athletes. Kindly check with the members of this accompanying medical team as well as POA officials with the Pakistan contingent in Nepal.

4. You are reminded that AFP or for that matter any National Sports Federation (NSF) is not your subordinate. In fact, all NSFs are affiliated with POA for a specific purpose i.e participation in Olympic/Asian Games and to show solidarity with Olympic Movement. Each Federation maintains its autonomy and integrity as per its constitution and constitution of its World Body. Therefore, it is unwarranted for POA to play the role of a Policeman and display an authoritarian attitude. May we remind you that POA is a conglomeration of Federations whereas all Federations are independent entities who have the inherent capability to operate and exist on their own.

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5. Maintenance of cordial relations and harmony as enshrined in IOC charter demands mutual respect, trust, understanding and cooperation. Your email defies all this, leading to acrimony, hatred and severing of official relationship between POA and AFP. In order to maintain cordiality and harmony, we expect and urge the President POA to take notice of the insinuations, tone and tenor of the above referred email and direct the Secretary General to perform his official obligations inline with the dictates of the Olympic Charter as well as well-established norms/decorum of official correspondence.

6. As for as our understanding of the issues is concerned, we profoundly realize that ever since you were ousted from AFP, you are hell bent to destroy the autonomy and integrity of AFP. You started this malicious campaign by creating a parallel Federation to AFP. For which you were banned for life by the General Council of AFP in its meeting dated 24 May 2013. The veracity of our understanding is strongly cemented by your dealings / attitude towards AFP since your ouster from this Federation.

7. In view of above, it is requested that email dated 24th July 2020 be withdrawn/ cancelled ab-initio and let the things move as per WADA Code in the best interest of our National Sports and Olympic movement. Otherwise we will be compelled to make no further correspondence on the subject matter.

Best regards,


Muhammad Zafar
Secretary General, AFP

Copy to:-

- Maj Gen (R) Muhammad Akram Sahi HI(M), SI(M), President AFP / Vice President AAA
- Lt Gen (R) Syed Arif Hasan, President Pakistan Olympic Association

DOPING CONTROL FORM

TEST AUTHORIZED BY SA-RADO
 SAMPLE COLLECTION AUTHORITY 33rd SAAG AD COMMITTEE
 RESULTS MANAGEMENT AUTHORITY SA-RADO

1. ATHLETE INFORMATION

FAMILY NAME: NADEEM GIVEN NAME: ARSHAD DATE OF BIRTH: 02/01/19/19
 NATIONALITY: PAK SPORT DISCIPLINE: ATHLETICS - JAVELIN
 ADDRESS: 12/10/15/17/18/19/20/21/22/23/24/25/26/27/28/29/30/31/32/33/34/35/36/37/38/39/40/41/42/43/44/45/46/47/48/49/50/51/52/53/54/55/56/57/58/59/60/61/62/63/64/65/66/67/68/69/70/71/72/73/74/75/76/77/78/79/80/81/82/83/84/85/86/87/88/89/90/91/92/93/94/95/96/97/98/99/100/101/102/103/104/105/106/107/108/109/110/111/112/113/114/115/116/117/118/119/120/121/122/123/124/125/126/127/128/129/130/131/132/133/134/135/136/137/138/139/140/141/142/143/144/145/146/147/148/149/150/151/152/153/154/155/156/157/158/159/160/161/162/163/164/165/166/167/168/169/170/171/172/173/174/175/176/177/178/179/180/181/182/183/184/185/186/187/188/189/190/191/192/193/194/195/196/197/198/199/200/201/202/203/204/205/206/207/208/209/210/211/212/213/214/215/216/217/218/219/220/221/222/223/224/225/226/227/228/229/230/231/232/233/234/235/236/237/238/239/240/241/242/243/244/245/246/247/248/249/250/251/252/253/254/255/256/257/258/259/260/261/262/263/264/265/266/267/268/269/270/271/272/273/274/275/276/277/278/279/280/281/282/283/284/285/286/287/288/289/290/291/292/293/294/295/296/297/298/299/300/301/302/303/304/305/306/307/308/309/310/311/312/313/314/315/316/317/318/319/320/321/322/323/324/325/326/327/328/329/330/331/332/333/334/335/336/337/338/339/340/341/342/343/344/345/346/347/348/349/350/351/352/353/354/355/356/357/358/359/360/361/362/363/364/365/366/367/368/369/370/371/372/373/374/375/376/377/378/379/380/381/382/383/384/385/386/387/388/389/390/391/392/393/394/395/396/397/398/399/400/401/402/403/404/405/406/407/408/409/410/411/412/413/414/415/416/417/418/419/420/421/422/423/424/425/426/427/428/429/430/431/432/433/434/435/436/437/438/439/440/441/442/443/444/445/446/447/448/449/450/451/452/453/454/455/456/457/458/459/460/461/462/463/464/465/466/467/468/469/470/471/472/473/474/475/476/477/478/479/480/481/482/483/484/485/486/487/488/489/490/491/492/493/494/495/496/497/498/499/500/501/502/503/504/505/506/507/508/509/510/511/512/513/514/515/516/517/518/519/520/521/522/523/524/525/526/527/528/529/530/531/532/533/534/535/536/537/538/539/540/541/542/543/544/545/546/547/548/549/550/551/552/553/554/555/556/557/558/559/560/561/562/563/564/565/566/567/568/569/570/571/572/573/574/575/576/577/578/579/580/581/582/583/584/585/586/587/588/589/590/591/592/593/594/595/596/597/598/599/600/601/602/603/604/605/606/607/608/609/610/611/612/613/614/615/616/617/618/619/620/621/622/623/624/625/626/627/628/629/630/631/632/633/634/635/636/637/638/639/640/641/642/643/644/645/646/647/648/649/650/651/652/653/654/655/656/657/658/659/660/661/662/663/664/665/666/667/668/669/670/671/672/673/674/675/676/677/678/679/680/681/682/683/684/685/686/687/688/689/690/691/692/693/694/695/696/697/698/699/700/701/702/703/704/705/706/707/708/709/710/711/712/713/714/715/716/717/718/719/720/721/722/723/724/725/726/727/728/729/730/731/732/733/734/735/736/737/738/739/740/741/742/743/744/745/746/747/748/749/750/751/752/753/754/755/756/757/758/759/760/761/762/763/764/765/766/767/768/769/770/771/772/773/774/775/776/777/778/779/780/781/782/783/784/785/786/787/788/789/790/791/792/793/794/795/796/797/798/799/800/801/802/803/804/805/806/807/808/809/810/811/812/813/814/815/816/817/818/819/820/821/822/823/824/825/826/827/828/829/830/831/832/833/834/835/836/837/838/839/840/841/842/843/844/845/846/847/848/849/850/851/852/853/854/855/856/857/858/859/860/861/862/863/864/865/866/867/868/869/870/871/872/873/874/875/876/877/878/879/880/881/882/883/884/885/886/887/888/889/890/891/892/893/894/895/896/897/898/899/900/901/902/903/904/905/906/907/908/909/910/911/912/913/914/915/916/917/918/919/920/921/922/923/924/925/926/927/928/929/930/931/932/933/934/935/936/937/938/939/940/941/942/943/944/945/946/947/948/949/950/951/952/953/954/955/956/957/958/959/960/961/962/963/964/965/966/967/968/969/970/971/972/973/974/975/976/977/978/979/980/981/982/983/984/985/986/987/988/989/990/991/992/993/994/995/996/997/998/999/1000/1001/1002/1003/1004/1005/1006/1007/1008/1009/1010/1011/1012/1013/1014/1015/1016/1017/1018/1019/1020/1021/1022/1023/1024/1025/1026/1027/1028/1029/1030/1031/1032/1033/1034/1035/1036/1037/1038/1039/1040/1041/1042/1043/1044/1045/1046/1047/1048/1049/1050/1051/1052/1053/1054/1055/1056/1057/1058/1059/1060/1061/1062/1063/1064/1065/1066/1067/1068/1069/1070/1071/1072/1073/1074/1075/1076/1077/1078/1079/1080/1081/1082/1083/1084/1085/1086/1087/1088/1089/1090/1091/1092/1093/1094/1095/1096/1097/1098/1099/1100/1101/1102/1103/1104/1105/1106/1107/1108/1109/1110/1111/1112/1113/1114/1115/1116/1117/1118/1119/1120/1121/1122/1123/1124/1125/1126/1127/1128/1129/1130/1131/1132/1133/1134/1135/1136/1137/1138/1139/1140/1141/1142/1143/1144/1145/1146/1147/1148/1149/1150/1151/1152/1153/1154/1155/1156/1157/1158/1159/1160/1161/1162/1163/1164/1165/1166/1167/1168/1169/1170/1171/1172/1173/1174/1175/1176/1177/1178/1179/1180/1181/1182/1183/1184/1185/1186/1187/1188/1189/1190/1191/1192/1193/1194/1195/1196/1197/1198/1199/1200/1201/1202/1203/1204/1205/1206/1207/1208/1209/1210/1211/1212/1213/1214/1215/1216/1217/1218/1219/1220/1221/1222/1223/1224/1225/1226/1227/12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DOPING CONTROL FORM

TEST AUTHORIZED BY: SA-RADO
SAMPLE COLLECTOR AUTHORITY: 13th JAGAD COMMITTEE
RESULTS MANAGEMENT AUTHORITY: SA-RADO

1. ATHLETE INFORMATION

FAMILY NAME: NADDEM
GIVEN NAME: ARSHAD
DATE OF BIRTH: 02/01/1987
NATIONALITY: PAK
SPORT DISCIPLINE: ATHLETICS - JAVELIN
ATHLETE ID PROVIDED: DOCUMENT TYPE: ACC
ADDRESS: [Handwritten address in Urdu]
DOCUMENT NUMBER: 40369
COACH'S NAME: STEPHEN MURRAY BOKHARI
DOCTOR'S NAME: [Blank]

2. NOTIFICATION

TYPE OF TEST REQUIRED: URINE
TYPE OF CONTROL REGIONS: SAIT 07124019
COUNTRY: NEPAL
CITY: KATHMANDU
TIME: 11:30
I HEREBY ACKNOWLEDGE THAT I HAVE RECEIVED AND READ THIS NOTICE, INCLUDING THE ATHLETE RIGHTS AND RESPONSIBILITIES TEXT ON THE OVERLAP OF COPY 1, AND I CONSENT TO PROVIDE SAMPLE(S) AS REQUESTED & UNDERSTAND THAT FAILURE OR REFUSAL TO PROVIDE A SAMPLE MAY CONSTITUTE AN ANTI-DOPING RULE VIOLATION.
ATHLETE'S SIGNATURE: [Signature of Arshad NadDEM]
DOCCHAFFERINE NAME: R SUMIT RAUT
DOCCHAFFERINE SIGNATURE: [Signature]

3. INFORMATION FOR ANALYSIS



4. CONFIRMATION OF PROCEDURE FOR URINE AND/ OR BLOOD TESTING



DOPING CONTROL FORM FORMULAIRE DE CONTRÔLE DU DOPAGE

1. ATHLETE NOTIFICATION - NOTIFICATION DU SPORTIF

FAMILY NAME / NOM DE FAMILLE: KARIMAN

NATIONALITY / NATIONALITÉ: PAKISTANI

SPORT NAME / SPORT: U2000

DISCIPLINE / DISCIPLINE: ACE

TYPE OF SAMPLE REQUIRED / TYPE D'ÉCHANTILLON REQUIS: URINE BLOOD

DATE: 04/12/2019 TIME: 11:01

WORLD ANTI-DOPING AGENCY / AGENCE MONDIALE ANTI-DOPAGE: WADA

WORLD ANTI-DOPING AGENCY / AGENCE MONDIALE ANTI-DOPAGE: WADA

WORLD ANTI-DOPING AGENCY / AGENCE MONDIALE ANTI-DOPAGE: WADA

WORLD ANTI-DOPING AGENCY / AGENCE MONDIALE ANTI-DOPAGE: WADA

TESTING AUTHORITY / AUTORITÉ DE CONTRÔLE: SAADAO

SAMPLE COLLECTION AUTHORITY / AUTORITÉ DE PRÉLEVEMENT DES ÉCHANTILLONS: IAI CAS M. A. Doping Control

RESULTS MANAGEMENT AUTHORITY / AUTORITÉ DE GESTION DES RÉSULTATS: SAADAO

DATE OF BIRTH / DATE DE NAISSANCE: 07/12/1997

DOCUMENT NUMBER / NUMÉRO DE DOCUMENT: 40173

I HEREBY ACKNOWLEDGE THAT I HAVE RECEIVED AND READ THIS NOTICE, INCLUDING THE ATHLETE RIGHTS AND RESPONSIBILITIES THAT ON THE OVERLEAF OF COPY A, AND I AGREE TO PROVIDE SAMPLE(S) AS REQUESTED. I UNDERSTAND THAT FAILURE TO PROVIDE A SAMPLE MAY CONSTITUTE AN ANTI-DOPING RULE VIOLATION. JE DÉCLARE AVOIR REÇU ET LUE CE BULLETIN, Y COMPRIS LES DROITS ET LES RESPONSABILITÉS DE L'ATHLÈTE ÉNUMÉRÉS AU VERSO DE LA COPIE A, ET JE CONSENS À FOURNIR UN(S) ÉCHANTILLON(S) TEL(S) QUE DEMANDÉ(S). JE SAIS BIEN QUE LE REFUS DE LE FAIRE PEUT CONSTITUER UNE VIOLATION DE LA RÈGLE ANTI-DOPAGE.

ATHLETE'S SIGNATURE / SIGNATURE DU SPORTIF: [Signature]

2. ATHLETE INFORMATION - INFORMATION CONCERNANT LE SPORTIF

ADDRESS / ADRESSE: Atta K, P.S. ASHNA BDAL

CITY / VILLE: SAKRAL STATE / PROVINCE: SAKRAL

DOCTOR'S NAME / NOM DU MÉDECIN: [Blank]

COUNTRY / PAYS: PAKISTAN CONTACT TEL (INCL. COUNTRY CODE) / TÉL. CONTACT (YINC. CODE PAYS): (03)110599993

E MAIL / COURRIEL: [Blank] COACH'S NAME / NOM DE L'ÉDUCATEUR: [Blank]

3. INFORMATION FOR ANALYSIS - INFORMATIONS CONCERNANT L'ANALYSE

IN COMPETITION / EN COMPÉTITION: OUT OF COMPETITION / HORS COMPÉTITION:

DATE OF PRELEVEMENT DES ÉCHANTILLONS: 04/12/2019 GENDER / SEXE: M F

SPORT: ATHLETICS DISCIPLINE: 200m male

PARTIAL SAMPLE / ÉCHANTILLON PARTIEL: URINE BLOOD

U/B	RELING	TIME TAKEN / DURÉE	A/B	SAMPLE USE NUMBER / NUMÉRO D'ÉCHANTILLON	SAMPLE QUANTITY / QUANTITÉ	URINE SAMPLE WITHIN / BILAN DE L'ÉCHANTILLON	URINE SAMPLE WITHIN / BILAN DE L'ÉCHANTILLON
U	1110	12:02	A/B	4518883	1+012	Dr. Karim M. Nouran	[Signature]
B			A/B		1+0		
U			A/B		1+0		
B			A/B		1+0		

DECLARATION OF MEDICATION USE AND BLOOD TRANSFUSIONS / DÉCLARATION D'USAGE DE MÉDICAMENTS ET DE TRANSFUSIONS SANGUINES: NONE

CONSENT FOR RESEARCH / CONSENTEMENT POUR LA RECHERCHE: YES / OUI NO / NON

4. CONFIRMATION OF PROCEDURE FOR URINE AND/OR BLOOD TESTING - CONFIRMATION DE LA PROCÉDURE POUR LE CONTRÔLE D'URINE ET/OU DE SANG

COMMENTS / COMMENTAIRES: Good, no issue.

ATHLETE REPRESENTATIVE / REPRÉSENTANT DU SPORTIF: [Signature]

DOPING CONTROL OFFICER / AGENT DE CONTRÔLE DU DOPAGE: Dr. Farzana Akhter Ishuizen

DATE: 04/12/2019 TIME: 12:09

I DECLARE THAT THE INFORMATION I HAVE GIVEN ON THIS DOCUMENT IS CORRECT. I DECLARE THAT, SUBJECT TO COMMENTS MADE IN SECTION 4, SAMPLE COLLECTION WAS CONDUCTED IN ACCORDANCE WITH THE RELEVANT PROCEDURES FOR SAMPLE COLLECTION. I ACCEPT THAT ALL INFORMATION RELATED TO DOPING CONTROL, INCLUDING BUT NOT LIMITED TO LABORATORY RESULTS AND POSSIBLE SANCTIONS, SHALL BE SHARED WITH RELEVANT BODIES IN ACCORDANCE WITH THE WORLD ANTI-DOPING CODE. JE DÉCLARE QUE L'INFORMATION FOURNIE DANS CE DOCUMENT EST CORRECTE. JE DÉCLARE, EN TENANT COMPTE DES COMMENTAIRES INSÉRÉS DANS LA SECTION 4, QUE LE PRÉLEVEMENT D'ÉCHANTILLONS A ÉTÉ CONDUIT EN CONFORMITÉ AVEC LES PROCÉDURES APPLICABLES. J'ACCEPTÉ QUE TOUTES LES INFORMATIONS RELATIVES AU CONTRÔLE DU DOPAGE, Y COMPRIS MAIS NON LIMITÉES AUX RÉSULTATS DE LABORATOIRE ET AUX SANCTIONS POSSIBLES, PEUVENT ÊTRE PARTAGÉES AVEC LES ORGANISATIONS COMPÉTENTES SELON LE CODE MONDIAL ANTI-DOPAGE.

REPORT DOPING IN SPORT: <https://speakup.wada-ama.org> - SIGNALEZ UN ACTE DE DOPAGE DANS LE SPORT: <https://speakup.wada-ama.org>

Subject Fwd: 13th South Asian Games, 2019 – Anti Doping Rules

From Pakistan Olympic Association <info@nocpakistan.org>

To <wendy.butts@wada-ama.org>

Date 11-09-2020 4:43 pm



- 111 - (NOC Nepal) - Violation of Anti-Doping Rules - 13th SAG.pdf (~319 KB)
- 107 - (NOC Nepal) - Violation of Anti-Doping Rules - 13th SAG.pdf (~396 KB)
- 13thSOUTH ASIAN GAMES ANTI-DOPING RULES 20191105 final.pdf (~394 KB)
- Email dated 11-08-2020 - Disqualification of Results (Naeem & Mehboob Ali).pdf (~4.7 MB)
- Sanction Letter from the Anti Doping Committee of 13 SAG (Mehboob Ali).pdf (~1.3 MB)
- Letter - Sanctions of Individual (Sami Ullah).pdf (~883 KB)
- Sanction Letter from the Anti Doping Committee of 13 SAG (Muhammad Naeem).pdf (~1.4 MB)

Dear Sir/Madam,

As mentioned in the automatic reply received from chiho.miki@wada-ama.org vide below email, we are forwarding a copy of our communication dated 11-09-2020 for perusal, please.

Best regards,

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association / NOC Pakistan

Subject Automatic reply: 13th South Asian Games, 2019 – Anti Doping Rules

From Miki, Chiho <Chiho.Miki@wada-ama.org>

To Pakistan Olympic Association <info@nocpakistan.org>

Date 11-09-2020 3:41 pm

Thank you for your email. Please note I am currently away from the office for an extended period of time. I am not presently checking emails regularly and may therefore be unable to respond to you. In my absence, please direct all queries to my colleague, Wendy Butts at wendy.butts@wada-ama.org. Kind regards, Chiho Miki Merci pour votre message. Je suis actuellement

absente du bureau pour une période prolongée. Je ne lis pas mes courriels régulièrement et ne serais donc pas en mesure de vous répondre. Pendant mon absence, veuillez vous adresser à ma collègue, Wendy Butt à wendy.butts@wada-ama.org. Meilleures salutations, Chiho Miki

----- Original Message -----

Subject:13th South Asian Games, 2019 – Anti Doping Rules

Date:11-09-2020 3:38 pm

From:Pakistan Olympic Association <info@nocpakistan.org>

To:NOC Nepal <info@nocnepal.org.np>, nilendrashrestha@gmail.com, NOC Nepal <sujanlal_jessica@yahoo.com>

Cc:President NOC Pakistan <president@nocpakistan.org>, Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, DG SARADO <dg@sa-rado.org>, chiho.miki@wada-ama.org, tom.may@wada-ama.org, HUSSAIN Mohamed <info@sa-rado.org>, compliance@wada-ama.org

Mr. Nilendra Raj Shrestha

Secretary General

Nepal Olympic Committee

Dear Mr. Secretary General,

We hope this email finds you in best of health and spirits.

While we are taking measures in accordance with the notification of sanction(s) imposed, we would like you to please assist us by replying to our queries raised in our letters attached whereby we have highlighted certain procedural anomalies.

We would also like to have your opinion about application of rules of Anti-Doping Code of 13th South Asian Games, 2019, has the Anti-Doping Organization of the Games imposed sanctions upon positive athletes as per Article 7.1.2 & Article 10.2.2. of the Anti-Doping Rules of 13th South Asian Games, 2019 Nepal (**attached**) as well as Article 7.1.1 of WADA Anti-Doping Code.

We would be highly grateful if you may kindly provide us with the replies to the queries raised in our letters **attached** and query raised through this email as well.

Thank you for cooperation.

Best regards,

Muhammad Khalid Mahmood

Secretary General

Pakistan Olympic Association / NOC Pakistan

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-111/MGS/13th SAG
01 June, 2020

Mr. Nilendra Raj Shrestha
Secretary General
Nepal Olympic Committee

Subject: **13th South Asian Games, 2019 – Final Consequences of Adverse Analytical Findings & Hearing Proceedings & Doping Cases**

Dear Sir,

Thank you for your email and letter of yesterday.

In line with your letter, we are advising the Athletics Federation of Pakistan to proceed for B Sample Analysis strictly following the WADA Guidelines.

You will kindly agree that our queries, that were forwarded to concerned offices (of 13 SAG) after examining and in pursuance of the correspondences and applicable Anti Doping Rules (ADRs) that you have mentioned in your letter, have not been addressed therefore we would once again request your good office to please review the queries raised in letter No. POA -107/MGS/13th SAG dated 29 May, 2020.

It is once again requested that the Anti Doping Committee of 13 South Asian Games, 2019 must confirm its procedures in line with the ADRs of 13th South Asian Games. The three x "AAF Notice of Charge and Mandatory Provisional Suspension (Non-Specified Substances)" sent to NOC Pakistan on May 20, 2020, did not contain documents required under WADA Code and ADRs, and also as these Notices were not served in accordance with the Article 7.2.4 therefore we are not in a position to proceed particularly as the three athletes charged with ADRVs have denied the charges. To elaborate it is pointed out that the athletes have been deprived of their right to obtain the copy of the Laboratory Documentation Package by not informing them of this right as is enshrined in Article 7.2.4 of ADRs. As for the option of B Sample, please note as per WADA Guidelines the cost of B Sample analysis is only paid by the athlete in case their B Sample is tested Positive. In case there is any other Rule made by the ADC specifying the cost to be paid by athletes, please share the same.

We should also bring this on record that ADRs were sent to NOC Pakistan only on May 27, 2020 and we are not aware if the concerned athletes have been provided with this document by the ADC till to date.

In this context, ADC is once again requested to review the discrepancies in the process and proceed in line with the ADRs. It is also imperative to delegate the authority, if at all legally possible, to either National Federation or National Olympic Committee to assume the control of the further proceedings.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association / NOC Pakistan

Copy to:

- Lt Gen (R) Syed Arif Hasan, President, Pakistan Olympic Association / NOC Pakistan.
- Mr. Jeevan Ram Shrestha, President, Nepal Olympic Committee.
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019.

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-107/MGS/13th SAG
29 May, 2020

Mr. Nilendra Raj Shrestha
Secretary General
Nepal Olympic Committee

Subject: **13th South Asian Games, 2019 – Final Consequences of Adverse Analytical Findings & Hearing Proceedings & Doping Cases**

Dear Sir,

Pakistan Olympic Association has been informed, approximately after 170 days of the sample collection, about the Adverse Analytical Findings (AAFs) of three athletes. You have also been informed by the National Federation that two of the Athletes desire to have their B sample tested while the third athlete, while not having asked for B sample testing has denied having used any prohibited substance. Do we assume that in the case of this third Athlete the SAG Doping Committee will exercise its prerogative to test his B sample as stipulated vide *Comment to Article 2.1.2: "The Anti-Doping Organization with results management responsibility may, at its discretion, choose to have the B Sample analyzed even if the Athlete does not request the analysis of the B Sample."*

In the Notifications sent to the Athletes we have noted an anomaly which is contrary to the Anti Doping Rules (ADRs) of South Asian Games, 2019 clarity of which is essential to proceed further:-

- The ADR 2019 makes no mention of any role of the NF presumably due to a conflict of interest situation. In para 4 of your letters for the athletes (AAF Notice of Charge and Mandatory Provisional Suspension (Non-Specified Substances) which have been forwarded vide your email of 20 May you have stated "4.1 You will be subject to the Consequences as deemed fit by respective federation and/or National Olympic Committee. However vide ADR para 7.1.1 SAG *Anti-Doping* Committee shall be responsible for results management and the conduct of hearings for anti-doping rule violations arising under these Anti-Doping Rules in relation to the consequences that are specified at Articles 9, 10.1 and 10.2.1. In case the hearing is being delegated (if at all it could be done legally) it must be notified. It also may be specified as to who is responsible and not left in a situation of "either/ or". In this connection your attention is also invited to Article 8, Right to Fair Hearing in general and Article 8.1, Setting up a Disciplinary Panel specifically which states "The SAG *Anti-Doping* Committee Chair shall immediately set up a SAG Anti-Doping Disciplinary Panel of three experts."
- Please also confirm whether the Athletes in question have been "Provisionally Suspended". Would a notification in this regard be issued or should we assume this process to be automatic.
- Please confirm if the Doping Control Process has concluded and all results have been shared in totality confirming the samples collected and analyzed by the WADA accredited Laboratory.
- Please confirm if the AAFs have been shared with the concerned International Federation, NADO and WADA.

Thanking you for your understanding and cooperation.

Best regards,

Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association / NOC Pakistan

Copy to:

- Lt Gen (R) Syed Arif Hasan, President, Pakistan Olympic Association / NOC Pakistan.
- Mr. Jeevan Ram Shrestha, President, Nepal Olympic Committee.
- Dr. Saroj K. Shrestha, Chairman Anti Doping Committee – 13 South Asian Games, 2019.

South Asia Olympic Council

ANTI-DOPING RULES

Applicable to the

13th South Asian Games

(Based on the World Anti-Doping Code)

June 2019

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South Asia Olympic Council ANTI-DOPING RULES

INTRODUCTION

Preface

These Anti-Doping Rules are adopted and implemented in accordance with SAG's (consists of National Olympic Committees of Bangladesh, Bhutan, India, Maldives, Nepal Pakistan and Sri Lanka) responsibilities under the *Code*, and in furtherance of SAG's continuing efforts to eradicate doping in sport.

These Anti-Doping Rules are rules governing the conditions under which sport is played. Aimed at enforcing anti-doping principles in a global and harmonized manner, they are distinct in nature from criminal and civil laws, and are not intended to be subject to or limited by any national requirements and legal standards applicable to criminal or civil proceedings. When reviewing the facts and the law of a given case, all courts, arbitral tribunals and other adjudicating bodies should be aware of and respect the distinct nature of these Anti-Doping Rules implementing the *Code* and the fact that these rules represent the consensus of a broad spectrum of stakeholders around the world as to what is necessary to protect and ensure fair sport.

The Executive Committee of SAG appoints a SAG Anti-Doping Committee which is responsible to implement these Anti-Doping Rules.

Fundamental Rationale for the *Code* and SAG's Anti-Doping Rules

Anti-doping programs seek to preserve what is intrinsically valuable about sport. This intrinsic value is often referred to as "the spirit of sport". It is the essence of Olympism; the pursuit of human excellence through the dedicated perfection of each person's natural talents. It is how we play true. The spirit of sport is the celebration of the human spirit, body and mind, and is reflected in values we find in and through sport, including:

- Ethics, fair play and honesty
- Health
- Excellence in performance
- Character and education
- Fun and joy
- Teamwork
- Dedication and commitment
- Respect for rules and laws
- Respect for self and other *Participants*
- Courage
- Community and solidarity

Doping is fundamentally contrary to the spirit of sport.

Scope of these Anti-Doping Rules

These Anti-Doping Rules shall apply automatically to (a) SAG; (b) all *Athletes* entered in one of SAG's *Events* or who have otherwise been made subject to the authority of SAG for a future *Event*; (c) all *Athlete Support Personnel* supporting such *Athletes*; (d) other *Persons* participating in the activities of SAG; and (e) any organization, body or entity operating (even if only temporarily) under the authority of SAG.

Athletes entered in one of SAG's *Events* or who have otherwise been made subject to the authority of SAG for a future *Event* are automatically bound by these Anti-Doping Rules as a condition of eligibility to participate in such *Events*.

The *Athlete Support Personnel* supporting such *Athletes* and other *Persons* participating in the activities of SAG are automatically bound by these Anti-Doping Rules as a condition of such support/participation.

Organizations, bodies or entities operating (even if only temporarily) under the authority of SAG are automatically bound by these Anti-Doping Rules as a condition of their participation in the SAG's activities.

These Anti-Doping Rules shall apply to all *Doping Controls* over which SAG has jurisdiction.

ARTICLE 1 DEFINITION OF DOPING

Doping is defined as the occurrence of one or more of the anti-doping rule violations set forth in Article 2.1 through Article 2.10 of these Anti-Doping Rules.

ARTICLE 2 ANTI-DOPING RULE VIOLATIONS

The purpose of Article 2 is to specify the circumstances and conduct which constitute anti-doping rule violations. Hearings in doping cases will proceed based on the assertion that one or more of these specific rules have been violated.

Athletes or other *Persons* shall be responsible for knowing what constitutes an anti-doping rule violation and the substances and methods which have been included on the *Prohibited List*.

The following constitute anti-doping rule violations:

2.1 Presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample*

2.1.1 It is each *Athlete's* personal duty to ensure that no *Prohibited Substance* enters his or her body. *Athletes* are responsible for any *Prohibited Substance* or its *Metabolites* or *Markers* found to be present in their *Samples*. Accordingly, it is not necessary that intent, *Fault*, negligence or knowing *Use* on the *Athlete's* part be demonstrated in order to establish an anti-doping rule violation under Article 2.1.

[Comment to Article 2.1.1: An anti-doping rule violation is committed under this Article without regard to an Athlete's Fault. This rule has been referred to in various CAS decisions as "Strict Liability". An Athlete's Fault is taken into consideration in determining the Consequences of this anti-doping rule violation under Article 10. This principle has consistently been upheld by CAS.]

2.1.2 Sufficient proof of an anti-doping rule violation under Article 2.1 is established by any of the following: presence of a *Prohibited Substance* or its *Metabolites* or *Markers* in the *Athlete's A Sample* where the *Athlete* waives analysis of the *B Sample* and the *B Sample* is not analyzed; or, where the *Athlete's B Sample* is analyzed and the analysis of the *Athlete's B Sample* confirms the presence of the *Prohibited Substance* or its *Metabolites* or *Markers* found in the *Athlete's A Sample*; or, where the *Athlete's B Sample* is split into two bottles and the analysis of the second bottle confirms the presence of the *Prohibited Substance* or its *Metabolites* or *Markers* found in the first bottle.

[Comment to Article 2.1.2: The Anti-Doping Organization with results management responsibility may, at its discretion, choose to have the B Sample analyzed even if the Athlete does not request the analysis of the B Sample.]

2.1.3 Excepting those substances for which a quantitative threshold is specifically identified in the *Prohibited List*, the presence of any quantity of a *Prohibited Substance* or its *Metabolites* or *Markers* in an *Athlete's Sample* shall constitute an anti-doping rule violation.

2.1.4 As an exception to the general rule of Article 2.1, the *Prohibited List* or *International Standards* may establish special criteria for the evaluation of *Prohibited Substances* that can also be produced endogenously.

2.2 Use or Attempted Use by an Athlete of a Prohibited Substance or a Prohibited Method

[Comment to Article 2.2: It has always been the case that Use or Attempted Use of a Prohibited Substance or Prohibited Method may be established by any reliable means. As noted in the Comment to Article 3.2, unlike the proof required to establish an anti-doping rule violation under Article 2.1, Use or Attempted Use may also be established by other reliable means such as admissions by the Athlete, witness statements, documentary evidence, conclusions drawn from longitudinal profiling, including data collected as part of the Athlete Biological Passport, or other analytical information which does not otherwise satisfy all the requirements to establish "Presence" of a Prohibited Substance under Article 2.1. For example, Use may be established based upon reliable analytical data from the analysis of an A Sample (without confirmation from an analysis of a B Sample) or from the analysis of a B Sample alone where the Anti-Doping Organization provides a satisfactory explanation for the lack of confirmation in the other Sample.]

2.2.1 It is each *Athlete's* personal duty to ensure that no *Prohibited Substance* enters his or her body and that no Prohibited Method is Used. Accordingly, it is not necessary that intent, *Fault*, negligence or knowing *Use* on the *Athlete's* part be demonstrated in order to establish an anti-doping rule violation for *Use* of a *Prohibited Substance* or a *Prohibited Method*.

2.2.2 The success or failure of the *Use* or *Attempted Use* of a *Prohibited Substance* or *Prohibited Method* is not material. It is sufficient that the *Prohibited Substance* or *Prohibited Method* was *Used* or *Attempted* to be *Used* for an anti-doping rule violation to be committed.

[Comment to Article 2.2.2: Demonstrating the "Attempted Use" of a Prohibited Substance or a Prohibited Method requires proof of intent on the Athlete's part. The fact that intent may be required to prove this particular anti-doping rule violation does not undermine the Strict Liability principle established for violations of Article 2.1 and violations of Article 2.2 in respect of Use of a Prohibited Substance or Prohibited Method.]

An Athlete's Use of a Prohibited Substance constitutes an anti-doping rule violation unless such substance is not prohibited Out-of-Competition and the Athlete's Use takes place Out-of-Competition. (However, the presence of a Prohibited Substance or its Metabolites or Markers in a Sample collected In-Competition is a violation of Article 2.1 regardless of when that substance might have been administered.)]

2.3 Evading, Refusing or Failing to Submit to Sample Collection

Evading Sample collection, or without compelling justification, refusing or failing to submit to Sample collection after notification as authorized in these Anti-Doping Rules or other applicable anti-doping rules.

[Comment to Article 2.3: For example, it would be an anti-doping rule violation of "evading Sample collection" if it were established that an Athlete was deliberately avoiding a Doping Control official to evade notification or Testing. A violation of "failing to submit to Sample collection" may be based on either intentional or negligent conduct of the Athlete, while "evading" or "refusing" Sample collection contemplates intentional conduct by the Athlete.]

2.4 Whereabouts Failures

Any combination of three missed tests and/or filing failures, as defined in the International Standard for Testing and Investigations, within a twelve-month period by an Athlete in a *Registered Testing Pool*.

2.5 Tampering or Attempted Tampering with any part of Doping Control

Conduct which subverts the *Doping Control* process but which would not otherwise be included in the definition of *Prohibited Methods*. *Tampering* shall include, without limitation, intentionally interfering or attempting to interfere with a *Doping Control* official, providing fraudulent information to an *Anti-Doping Organization* or intimidating or attempting to intimidate a potential witness.

[Comment to Article 2.5: For example, this Article would prohibit altering identification numbers on a Doping Control form during Testing, breaking the B bottle at the time of B Sample analysis, or altering a Sample by the addition of a foreign substance. Offensive conduct towards a Doping Control official or other Person involved in Doping Control which does not otherwise constitute Tampering shall be addressed in the disciplinary rules of sport organizations.]

2.6 Possession of a Prohibited Substance or a Prohibited Method

2.6.1 *Possession* by an Athlete *In-Competition* of any *Prohibited Substance* or any *Prohibited Method*, or *Possession* by an Athlete *Out-of-Competition* of any *Prohibited Substance* or any *Prohibited Method* which is prohibited *Out-of-Competition* unless the Athlete establishes that the *Possession* is consistent with a Therapeutic Use Exemption ("TUE") granted in accordance with Article 4.4 or other acceptable justification.

2.6.2 *Possession* by an Athlete Support Person *In-Competition* of any *Prohibited Substance* or any *Prohibited Method*, or *Possession* by an Athlete Support Person *Out-of-Competition* of any *Prohibited Substance* or any *Prohibited Method* which is prohibited *Out-of-Competition* in connection with an Athlete, *Competition* or training, unless the Athlete Support Person establishes that the *Possession* is consistent with a TUE granted to an Athlete in accordance with Article 4.4 or other acceptable justification.

[Comment to Articles 2.6.1 and 2.6.2: Acceptable justification would not include, for example, buying or Possessing a Prohibited Substance for purposes of giving it

to a friend or relative, except under justifiable medical circumstances where that Person had a physician's prescription, e.g., buying Insulin for a diabetic child.]

[Comment to Article 2.6.2: Acceptable justification would include, for example, a team doctor carrying Prohibited Substances for dealing with acute and emergency situations.]

2.7 Trafficking or Attempted Trafficking in any Prohibited Substance or Prohibited Method

2.8 Administration or Attempted Administration to any Athlete In-Competition of any Prohibited Substance or Prohibited Method, or Administration or Attempted Administration to any Athlete Out-of-Competition of any Prohibited Substance or any Prohibited Method that is prohibited Out-of-Competition

2.9 Complicity

Assisting, encouraging, aiding, abetting, conspiring, covering up or any other type of intentional complicity involving an anti-doping rule violation, Attempted anti-doping rule violation or violation of Article 10.12.1 of the Code by another Person.

2.10 Prohibited Association

Association by an Athlete or other Person subject to the authority of an Anti-Doping Organization in a professional or sport-related capacity with any Athlete Support Person who:

2.10.1 If subject to the authority of an Anti-Doping Organization, is serving a period of Ineligibility; or

2.10.2 If not subject to the authority of an Anti-Doping Organization, and where Ineligibility has not been addressed in a results management process pursuant to the Code, has been convicted or found in a criminal, disciplinary or professional proceeding to have engaged in conduct which would have constituted a violation of anti-doping rules if Code-compliant rules had been applicable to such Person. The disqualifying status of such Person shall be in force for the longer of six years from the criminal, professional or disciplinary decision or the duration of the criminal, disciplinary or professional sanction imposed; or

2.10.3 Is serving as a front or intermediary for an individual described in Article 2.10.1 or 2.10.2.

In order for this provision to apply, it is necessary that the Athlete or other Person has previously been advised in writing by an Anti-Doping Organization with jurisdiction over the Athlete or other Person, or by WADA, of the Athlete Support Person's disqualifying status and the potential Consequence of prohibited association and that the Athlete or other Person can reasonably avoid the association. The Anti-Doping Organization shall also use reasonable efforts to advise the Athlete Support Person who is the subject of the notice to the Athlete or other Person that the Athlete Support Person may, within 15 days, come forward

to the *Anti-Doping Organization* to explain that the criteria described in Articles 2.10.1 and 2.10.2 do not apply to him or her. (Notwithstanding Article 15, this Article applies even when the *Athlete Support Person's* disqualifying conduct occurred prior to the effective date provided in Article 25 of the Code.)

The burden shall be on the *Athlete* or other *Person* to establish that any association with *Athlete Support Personnel* described in Article 2.10.1 or 2.10.2 is not in a professional or sport-related capacity.

Anti-Doping Organizations that are aware of *Athlete Support Personnel* who meet the criteria described in Article 2.10.1, 2.10.2, or 2.10.3 shall submit that information to WADA.

[Comment to Article 2.10: Athletes and other Persons must not work with coaches, trainers, physicians or other Athlete Support Personnel who are Ineligible on account of an anti-doping rule violation or who have been criminally convicted or professionally disciplined in relation to doping. Some examples of the types of association which are prohibited include: obtaining training, strategy, technique, nutrition or medical advice; obtaining therapy, treatment or prescriptions; providing any bodily products for analysis; or allowing the Athlete Support Person to serve as an agent or representative. Prohibited association need not involve any form of compensation.]

ARTICLE 3 PROOF OF DOPING

3.1 Burdens and Standards of Proof

SAG shall have the burden of establishing that an anti-doping rule violation has occurred. The standard of proof shall be whether SAG has established an anti-doping rule violation to the comfortable satisfaction of the hearing panel bearing in mind the seriousness of the allegation which is made. This standard of proof in all cases is greater than a mere balance of probability but less than proof beyond a reasonable doubt. Where these Anti-Doping Rules place the burden of proof upon the *Athlete* or other *Person* alleged to have committed an anti-doping rule violation to rebut a presumption or establish specified facts or circumstances, the standard of proof shall be by a balance of probability.

[Comment to Article 3.1: This standard of proof required to be met by SAG is comparable to the standard which is applied in most countries to cases involving professional misconduct.]

3.2 Methods of Establishing Facts and Presumptions

Facts related to anti-doping rule violations may be established by any reliable means, including admissions. The following rules of proof shall be applicable in doping cases:

[Comment to Article 3.2: For example, SAG may establish an anti-doping rule violation under Article 2.2 based on the Athlete's admissions, the credible testimony of third Persons, reliable documentary evidence, reliable analytical data from either an A or B Sample as provided in the Comments to Article 2.2, or

conclusions drawn from the profile of a series of the Athlete's blood or urine Samples, such as data from the Athlete Biological Passport.]

3.2.1 Analytical methods or decision limits approved by WADA after consultation within the relevant scientific community and which have been the subject of peer review are presumed to be scientifically valid. Any *Athlete* or other *Person* seeking to rebut this presumption of scientific validity shall, as a condition precedent to any such challenge, first notify WADA of the challenge and the basis of the challenge. CAS on its own initiative may also inform WADA of any such challenge. At WADA's request, the CAS panel shall appoint an appropriate scientific expert to assist the panel in its evaluation of the challenge. Within 10 days of WADA's receipt of such notice, and WADA's receipt of the CAS file, WADA shall also have the right to intervene as a party, appear amicus curiae or otherwise provide evidence in such proceeding.

3.2.2 WADA-accredited laboratories, and other laboratories approved by WADA, are presumed to have conducted *Sample* analysis and custodial procedures in accordance with the International Standard for Laboratories. The *Athlete* or other *Person* may rebut this presumption by establishing that a departure from the International Standard for Laboratories occurred which could reasonably have caused the *Adverse Analytical Finding*. If the *Athlete* or other *Person* rebuts the preceding presumption by showing that a departure from the International Standard for Laboratories occurred which could reasonably have caused the *Adverse Analytical Finding*, then SAG shall have the burden to establish that such departure did not cause the *Adverse Analytical Finding*.

[Comment to Article 3.2.2: The burden is on the Athlete or other Person to establish, by a balance of probability, a departure from the International Standard for Laboratories that could reasonably have caused the Adverse Analytical Finding. If the Athlete or other Person does so, the burden shifts to SAG to prove to the comfortable satisfaction of the hearing panel that the departure did not cause the Adverse Analytical Finding.]

3.2.3 Departures from any other *International Standard* or other anti-doping rule or policy set forth in the *Code* or these Anti-Doping Rules which did not cause an *Adverse Analytical Finding* or other anti-doping rule violation shall not invalidate such evidence or results. If the *Athlete* or other *Person* establishes a departure from another *International Standard* or other anti-doping rule or policy which could reasonably have caused an anti-doping rule violation based on an *Adverse Analytical Finding* or other anti-doping rule violation, then SAG shall have the burden to establish that such departure did not cause the *Adverse Analytical Finding* or the factual basis for the anti-doping rule violation.

3.2.4 The facts established by a decision of a court or professional disciplinary tribunal of competent jurisdiction which is not the subject of a pending appeal shall be irrebuttable evidence against the *Athlete* or other *Person* to whom the decision pertained of those facts unless the *Athlete* or other *Person* establishes that the decision violated principles of natural justice.

3.2.5 The Disciplinary Panel in a hearing on an anti-doping rule violation may draw an inference adverse to the *Athlete* or other *Person* who is asserted to have committed an anti-doping rule violation based on the *Athlete's* or other *Person's* refusal, after a request made in a reasonable time in advance of the hearing, to appear at the hearing (either in person or telephonically as directed by the Disciplinary Panel) and to answer questions from the Disciplinary Panel or SAG.

ARTICLE 4 THE PROHIBITED LIST

4.1 Incorporation of the *Prohibited List*

These Anti-Doping Rules incorporate the *Prohibited List* which is published and revised by WADA as described in Article 4.1 of the *Code*.

4.2 *Prohibited Substances* and *Prohibited Methods* Identified on the *Prohibited List*

4.2.1 *Prohibited Substances* and *Prohibited Methods*

Unless provided otherwise in the *Prohibited List* and/or a revision, the *Prohibited List* and revisions shall go into effect under these Anti-Doping Rules three months after publication by WADA, without requiring any further action by SAG.

4.2.2 All *Athletes* and other *Persons* shall be bound by the *Prohibited List*, and any revisions thereto, from the date they go into effect, without further formality. It is the responsibility of all *Athletes* and other *Persons* to familiarize themselves with the most up-to-date version of the *Prohibited List* and all revisions thereto.

4.2.3 *Specified Substances*

For purposes of the application of Article 10, all *Prohibited Substances* shall be *Specified Substances* except substances in the classes of anabolic agents and hormones and those stimulants and hormone antagonists and modulators so identified on the *Prohibited List*. The category of *Specified Substances* shall not include *Prohibited Methods*.

[Comment to Article 4.2.3: The Specified Substances identified in Article 4.2.3 should not in any way be considered less important or less dangerous than other doping substances. Rather, they are simply substances which are more likely to have been consumed by an Athlete for a purpose other than the enhancement of sport performance.]

4.3 WADA's Determination of the *Prohibited List*

WADA's determination of the *Prohibited Substances* and *Prohibited Methods* that will be included on the *Prohibited List*, the classification of substances into categories on the *Prohibited List*, and the classification of a substance as prohibited at all times or *In-Competition* only, is final and shall not be subject to challenge

by an *Athlete* or other *Person* based on an argument that the substance or method was not a masking agent or did not have the potential to enhance performance, represent a health risk or violate the spirit of sport.

4.4 Therapeutic Use Exemptions (“TUEs”)

4.4.1 The presence of a *Prohibited Substance* or its *Metabolites* or *Markers*, and/or the *Use* or *Attempted Use*, *Possession* or *Administration* or *Attempted Administration* of a *Prohibited Substance* or *Prohibited Method* shall not be considered an anti-doping rule violation if it is consistent with the provisions of a *TUE* granted in accordance with the International Standard for Therapeutic Use Exemptions.

4.4.2 *Athletes* who wish to *Use* a *Prohibited Substance* or a *Prohibited Method* in connection with the *Event* and do not already have a *TUE* should apply to SAG’s TUE Committee (the “TUEC”) for a *TUE* as soon as the need arises and in any event (save in emergency or exceptional circumstances) at least 30 days before the *Event*. The TUEC shall promptly evaluate the application in accordance with the International Standard for Therapeutic Use Exemptions and render a decision as quickly as possible, which decisions shall be reported via Anti-Doping Administration and Management System (ADAMS). The provisions of the International Standard for Therapeutic Use Exemptions shall be complied with during the whole process and applied automatically. *TUEs* granted by the TUEC shall be effective for SAG’s *Events* only.

[*Comment to Article 4.4.2: Article 4.4.4.1 of the Code requires a Major Event Organization to ensure a process is available for an Athlete to apply for a TUE if he or she does not already have one. A Major Event Organization may appoint its own TUEC or may outsource this function to a suitably qualified third party*].

4.4.3 Where the *Athlete* already has a *TUE* granted by his or her *National Anti-Doping Organization* or *International Federation*, he/she should apply to the TUEC for recognition of that *TUE*. If that *TUE* meets the criteria set out in the International Standard for Therapeutic Use Exemptions, the TUEC must recognize it. If the TUEC decides the *TUE* does not meet those criteria and so refuses to recognize it, it must notify the *Athlete* promptly, explaining its reasons.

4.4.4 A decision by the SAG TUEC not to recognize or not to grant a *TUE* may be appealed by the *Athlete* exclusively to the independent TUE Appeal Committee established by SAG Anti-Doping Committee for that purpose. If the *Athlete* does not appeal (or the TUE Appeal Committee decides to uphold the refusal to grant/recognize the *TUE* and so rejects the appeal), the *Athlete* may not *Use* the substance or method in question in connection with the *Event*, but any *TUE* granted by his/her *National Anti-Doping Organization* or *International Federation* for that substance or method remains valid outside of that *Event*.

4.4.5 WADA may review SAG’s decisions on *TUEs* at any time, whether upon request by those affected or on its own initiative. If the *TUE* decision being reviewed meets the criteria set out in the International Standard for

Therapeutic Use Exemptions, WADA will not interfere with it. If the TUE decision does not meet those criteria, WADA will reverse it.

4.4.6 A failure to take action within a reasonable time on a properly submitted application for grant/recognition of a TUE or for review of a TUE decision shall be considered a denial of the application.

ARTICLE 5 TESTING AND INVESTIGATIONS

5.1 Purpose of Testing and Investigations

Testing and investigations shall only be undertaken for anti-doping purposes. They shall be conducted in conformity with the provisions of the International Standard for *Testing* and Investigations and the specific protocols of SAG supplementing that International Standard.

5.1.1 *Testing* shall be undertaken to obtain analytical evidence as to the *Athlete's* compliance (or non-compliance) with the strict prohibition on the presence/Use of a *Prohibited Substance* or *Prohibited Method*. Test distribution planning, *Testing*, post-*Testing* activity and all related activities shall be conducted by SAG Anti-Doping Committee in conformity with the International Standard for *Testing* and Investigations. SAG Anti-Doping Committee, working with the organising committee, shall determine the number of finishing placement tests, random tests and target tests to be performed in accordance with the criteria established by the International Standard for Testing and Investigations. All provisions of the International Standard for Testing and Investigations shall apply automatically in respect of all such *Testing*.

5.1.2 Investigations shall be undertaken:

5.1.2.1 In relation to *Atypical Findings*, in accordance with Article 7.3, gathering intelligence or evidence (including, in particular, analytical evidence) in order to determine whether an anti-doping rule violation has occurred under Article 2.1 and/or Article 2.2; and

5.1.2.2 In relation to other indications of potential anti-doping rule violations, in accordance with Articles 7.4 and 7.5, gathering intelligence or evidence (including, in particular, non-analytical evidence) in order to determine whether an anti-doping rule violation has occurred under any of Articles 2.2 to 2.10.

5.1.3 SAG Anti-Doping Committee may obtain, assess and process anti-doping intelligence from all available sources, to inform the development of an effective, intelligent and proportionate test distribution plan, to plan Target Testing, and/or to form the basis of an investigation into a possible anti-doping rule violation(s).

5.2 Authority to conduct Testing

5.2.1 Subject to the jurisdictional limitations for *Event Testing* set out in Article 5.3 of the *Code*, SAG shall have *In-Competition Testing* authority for the *Event Period* and *Out-of-Competition Testing* authority over all *Athletes* entered in one of its future *Events* or who have otherwise been made subject to the *Testing* authority of SAG for a future *Event*. At the request of SAG, any Testing during the Event Period outside of the Event Venues shall be coordinated with SAG.

5.2.2 SAG may require any *Athlete* over whom it has *Testing* authority to provide a *Sample* at any time and at any place.

[Comment to Article 5.2.2: Unless the Athlete has identified a 60-minute time-slot for Testing between the hours of 11pm and 6am, or has otherwise consented to Testing during that period, SAG will not test an Athlete during that period unless it has a serious and specific suspicions that the Athlete may be engaged in doping. A challenge to whether SAG Anti-Doping Committee had sufficient suspicion for Testing in that period shall not be a defense to an anti-doping rule violation based on such test or attempted test.]

5.2.3 Subject to Article 5.3.1 of the Code, SAG Anti-Doping Committee shall have exclusive authority to initiate and direct Testing at the Event Venue during the Event Period. In accordance with Article 5.3.1 of the Code, not only SAG Anti-Doping Committee but also other Anti-Doping Organizations with Testing authority over Athletes participating at the Event may test such Athletes during the Event Period outside of the Event Venues. Such Testing shall be coordinated with SAG Anti-Doping Committee.

5.2.4 WADA shall have *In-Competition* and *Out-of-Competition Testing* authority as set out in Article 20.7.8 of the *Code*.

5.3 Delegation of responsibility, overseeing and monitoring of Doping Control

5.3.1 SAG has the authority to appoint any *Sample Collection Authority* (as defined in the *International Standard for Testing and Investigations*) it deems appropriate to collect *Samples* on its behalf. Such *Sample Collection Authority* shall comply with the *Code* and the *International Standard for Testing and Investigations* in respect of such *Testing*.

5.3.2 SAG will be responsible for overseeing all *Doping Control* conducted by SAG and/or any *Sample Collection Authority* collecting *Samples* under its authority.

5.3.3 *Doping Control* may be monitored by members of the SAG Anti-Doping Committee or by other qualified *Persons* so authorised by SAG.

5.4 Test Distribution Planning

Consistent with the *International Standard for Testing and Investigations*, and in coordination with other *Anti-Doping Organizations* conducting *Testing* on the same

Athletes, SAG Anti-Doping Committee shall develop and implement an effective, intelligent and proportionate test distribution plan for its *Event(s)* that prioritizes appropriately between sports, disciplines, categories of *Athletes*, types of *Testing*, types of *Samples* collected, and types of *Sample* analysis, all in compliance with the requirements of the International Standard for Testing and Investigations. SAG Anti-Doping Committee shall provide *WADA and South Asia-RADO* ("SA-RADO") upon request with a copy of its test distribution plan.

5.5 Coordination of Testing

Where reasonably feasible, *Testing* shall be coordinated through *ADAMS* or another system approved by *WADA* in order to maximize the effectiveness of the combined *Testing* effort and to avoid unnecessary repetitive *Testing*.

5.6 Athlete Whereabouts Information

5.6.1 Where an *Athlete* is in a *Registered Testing Pool*, SAG Anti-Doping Committee may access his/her Whereabouts Filings (as defined in the International Standard for Testing and Investigations) for the period for which the *Athlete* is subject to SAG's *Testing* authority. SAG Anti-Doping Committee will access the *Athlete's* Whereabouts Filings not via the *Athlete* but rather via the International Federations or *National Anti-Doping Organization* that is receiving the *Athlete's* Whereabouts Filings. SAG Anti-Doping Committee will not require the *Athlete* to file any different whereabouts information with it.

5.6.2 Where an *Athlete* is not in a *Registered Testing Pool* in the period for which the *Athlete* is subject to SAG's *Testing* authority, SAG Anti-Doping Committee may require him/her to provide such information about his/her whereabouts in that period as it deems necessary and proportionate in order to conduct *Testing* upon him/her, up to and including information equivalent to the Whereabouts Filings that an *Athlete* would have to make in accordance with Annex I to the International Standard for Testing and Investigations if he/she were in a *Registered Testing Pool*.

5.6.3 Whereabouts information relating to an *Athlete* shall be maintained in strict confidence at all times, shall be used exclusively for the purposes set out in Article 5.6 of the *Code*, and shall be destroyed in accordance with the International Standard for the Protection of Privacy and Personal Information once it is no longer relevant for these purposes.

5.7 Retired Athletes Returning to Competition

5.7.1 An *Athlete* in a *Registered Testing Pool* who retires and then wishes to return to active participation in sport may not participate in SAG's *Events* until he/she has given his/her International Federation and *National Anti-Doping Organization* written notice of his/her intent to resume competing and has made him/herself available for *Testing* for a period of six months, including (if requested) complying with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations. *WADA*, in consultation with the relevant International Federation and *National Anti-Doping Organization*, may grant an exemption to the six-month written notice rule where the strict application of that rule would be manifestly unfair to an

Athlete. This decision may be appealed under Article 12. Any competitive results obtained in violation of this Article 5.6.1 shall be *Disqualified*.

5.7.2 If an *Athlete* retires from sport while subject to a period of *Ineligibility*, the *Athlete* shall not resume competing in SAG's *Events* until the *Athlete* has given six months prior written notice (or notice equivalent to the period of *Ineligibility* remaining as of the date the *Athlete* retired, if that period was longer than six months) to his/her International Federation and *National Anti-Doping Organization* of his/her intent to resume competing and has made him/herself available for *Testing* for that notice period, including (if requested) complying with the whereabouts requirements of Annex I to the International Standard for Testing and Investigations.

5.8 Independent Observer Program

SAG shall where possible authorize and facilitate the *Independent Observer Program* at its *Event(s)*.

ARTICLE 6 ANALYSIS OF SAMPLES

Samples shall be analyzed in accordance with the following principles:

6.1 Use of Accredited and Approved Laboratories

For purposes of Article 2.1, *Samples* shall be analyzed only in laboratories accredited or otherwise approved by *WADA*. The choice of the *WADA*-accredited or *WADA*-approved laboratory used for the *Sample* analysis under these Anti-Doping Rules shall be determined by SAG Anti-Doping Committee.

[Comment to Article 6.1: Violations of Article 2.1 may be established only by Sample analysis performed by a laboratory accredited or otherwise approved by WADA. Violations of other Articles may be established using analytical results from other laboratories so long as the results are reliable.]

6.2 Purpose of Analysis of Samples

6.2.1 *Samples* shall be analyzed to detect *Prohibited Substances* and *Prohibited Methods* and other substances as may be directed by *WADA* pursuant to the Monitoring Program described in Article 4.5 of the *Code*; or to assist in profiling relevant parameters in an *Athlete's* urine, blood or other matrix, including DNA or genomic profiling; or for any other legitimate anti-doping purpose. *Samples* may be collected and stored for future analysis.

[Comment to Article 6.2.1: For example, relevant profile information could be used to direct Target Testing or to support an anti-doping rule violation proceeding under Article 2.2, or both.]

6.2.2 SAG shall ask laboratories to analyze *Samples* in conformity with Article 4.6 and Article 4.7 of the International Standard for Testing and Investigations.

6.3 Research on *Samples*

No *Sample* may be used for research without the *Athlete's* written consent. *Samples* used for purposes other than Article 6.2.1 shall have any means of identification removed such that they cannot be traced back to a particular *Athlete*.

6.4 Standards for *Sample* Analysis and Reporting

Laboratories shall analyze *Samples* and report results in conformity with the International Standard for Laboratories. To ensure effective *Testing*, the Technical Document referenced at Article 5.4.1 of the *Code* will establish risk assessment-based *Sample* analysis menus appropriate for particular sports and sport disciplines, and laboratories shall analyze *Samples* in conformity with those menus, except as follows:

6.4.1 SAG may request that laboratories analyze its *Samples* using more extensive menus than those described in the Technical Document.

6.4.2 SAG may request that laboratories analyze its *Samples* using less extensive menus than those described in the Technical Document only if it has satisfied WADA that, because of the particular circumstances of the country or sport, as set out in its test distribution plan, less extensive analysis would be appropriate.

6.4.3 As provided in the International Standard for Laboratories, laboratories at their own initiative and expense may analyze *Samples* for *Prohibited Substances* or *Prohibited Methods* not included on the *Sample* analysis menu described in the Technical Document or specified by the *Testing* authority. Results from any such analysis shall be reported and have the same validity and consequence as any other analytical result.

[Comment to Article 6.4: The objective of this Article is to extend the principle of "Intelligent Testing" to the Sample analysis menu so as to most effectively and efficiently detect doping. It is recognized that the resources available to fight doping are limited and that increasing the Sample analysis menu may, in some sports and countries, reduce the number of Samples which can be analyzed.]

6.5 Further Analysis of *Samples*

Any *Sample* may be stored and subsequently subjected to further analysis for the purposes set out in Article 6.2.1: (a) by WADA at any time; and/or (b) by SAG at any time before both the A and B *Sample* analytical results (or A *Sample* result where B *Sample* analysis has been waived or will not be performed) have been communicated by SAG Anti-Doping Committee to the *Athlete* as the asserted basis for an Article 2.1 anti-doping rule violation. Such further analysis of *Samples* shall conform with the requirements of the International Standard for Laboratories and the International Standard for Testing and Investigations.

ARTICLE 7 RESULTS MANAGEMENT

7.1 Responsibility for Conducting Results Management

7.1.1 SAG *Anti-Doping* Committee shall be responsible for results management and the conduct of hearings for anti-doping rule violations arising under these Anti-Doping Rules in relation to the consequences that are specified at Articles 9, 10.1 and 10.2.1.

7.1.1.1 SAG *Anti-Doping* Committee shall appoint a Doping Review Panel consisting of a Chair and six or more other members with experience in anti-doping. When a potential violation is referred to the Doping Review Panel by SAG *Anti-Doping* Committee, the Chair of the Doping Review Panel shall appoint one or more members of the Panel (which may include the Chair) to conduct the review discussed in this Article 7. No *Person* may be a member of the Doping Review Panel dealing with a specific case if he/she (i) has the same nationality as the *Athlete* or other *Person* concerned; (ii) has any declared or apparent conflict of interest with such *Athlete* or other *Person*, the *National Olympic Committee*, the *National Federation* or International Federation of such *Athlete* or other *Person*, or with any *Person* involved in the case in any way whatsoever; or (iii) in any way whatsoever, does not feel him/herself to be free and independent.

7.1.2 Responsibility for results management and the conduct of hearings for anti-doping rule violations arising under these Anti-Doping Rules in relation to *Consequences* that extend beyond SAG's *Event(s)* (e.g., period of *Ineligibility* for other *Events*) shall be referred to the applicable International Federation.

7.2 Review of Adverse Analytical Findings from Tests Initiated by SAG

Results management in respect of the results of tests initiated by SAG *Anti-Doping* Committee (including any tests performed by WADA pursuant to agreement with SAG) shall proceed as follows:

7.2.1 **The** results from all analyses must be sent to SAG *Anti-Doping* Committee in encoded form, in a report signed by an authorized representative of the laboratory. All communication must be conducted confidentially and in conformity with ADAMS.

7.2.2 Upon receipt of an *Adverse Analytical Finding*, the Doping Review Panel shall conduct a review to determine whether: (a) an applicable *TUE* has been granted or will be granted as provided in the International Standard for Therapeutic Use Exemptions, or (b) there is any apparent departure from the International Standard for Testing and Investigations or International Standard for Laboratories that caused the *Adverse Analytical Finding*.

7.2.3 If the review of an *Adverse Analytical Finding* under Article 7.2.2 reveals an applicable *TUE* or departure from the International Standard for Testing and Investigations or the International Standard for Laboratories that

caused the *Adverse Analytical Finding*, the entire test shall be considered negative and the *Athlete*, the *Athlete's National Anti-Doping Organization*, the *Athlete's International Federation* and *WADA* shall be so informed.

7.2.4 If the review of an *Adverse Analytical Finding* under Article 7.2.2 does not reveal an applicable *TUE* or entitlement to a *TUE* as provided in the International Standard for Therapeutic Use Exemptions, or departure from the International Standard for Testing and Investigations or the International Standard for Laboratories that caused the *Adverse Analytical Finding*, *SAG Anti-Doping Committee* shall promptly notify the *Athlete*, and simultaneously the *Athlete's NOC*, *Athlete's National Anti-Doping Organization*, the *Athlete's International Federation*, President of the *SAG* and *WADA*, in the manner set out in Article 13.1, of: (a) the *Adverse Analytical Finding*; (b) the anti-doping rule violated; (c) the *Athlete's* right to promptly request the analysis of the *B Sample* or, failing such request, that the *B Sample* analysis may be deemed waived; (d) the scheduled date, time and place for the *B Sample* analysis if the *Athlete* or *SAG Anti-Doping Committee* chooses to request an analysis of the *B Sample*; (e) the opportunity for the *Athlete* and/or the *Athlete's* representative to attend the *B Sample* opening and analysis in accordance with the International Standard for Laboratories if such analysis is requested; and (f) the *Athlete's* right to request copies of the *A* and *B Sample* laboratory documentation package which includes information as required by the International Standard for Laboratories.

7.2.5 Where requested by the *Athlete* or *SAG Anti-Doping Committee*, arrangements shall be made to analyze the *B Sample* in accordance with the International Standard for Laboratories. An *Athlete* may accept the *A Sample* analytical results by waiving the requirement for *B Sample* analysis. *SAG* may nonetheless elect to proceed with the *B Sample* analysis.

7.2.6 The *Athlete* and/or his representative shall be allowed to be present at the analysis of the *B Sample*. Also, a representative of *SAG* as well as a representative of the *Athlete's National Federation* shall be allowed to be present.

7.2.7 If the *B Sample* analysis does not confirm the *A Sample* analysis, then (unless *SAG Anti-Doping Committee* takes the case forward as an anti-doping rule violation under Article 2.2) the entire test shall be considered negative and the *Athlete*, the *Athlete's National Anti-Doping Organization*, the *Athlete's International Federation* and *WADA* shall be so informed.

7.2.8 If the *B Sample* analysis confirms the *A Sample* analysis, the findings shall be reported to the *Athlete*, the *Athlete's National Anti-Doping Organization*, the *Athlete's International Federation* and to *WADA*.

7.3 Review of Atypical Findings

7.3.1 As provided in the International Standard for Laboratories, in some circumstances, laboratories are directed to report the presence of *Prohibited Substances*, which may also be produced endogenously, as *Atypical Findings*, i.e., as findings that are subject to further investigation.

7.3.2 Upon receipt of an *Atypical Finding*, the Doping Review Panel shall conduct a review to determine whether: (a) an applicable *TUE* has been granted or will be granted as provided in the International Standard for Therapeutic Use Exemptions, or (b) there is any apparent departure from the International Standard for Testing and Investigations or International Standard for Laboratories that caused the *Atypical Finding*.

7.3.3 If the review of an *Atypical Finding* under Article 7.3.2 reveals an applicable *TUE* or a departure from the International Standard for Testing and Investigations or the International Standard for Laboratories that caused the *Atypical Finding*, the entire test shall be considered negative and the *Athlete*, the *Athlete's NOC*, the *Athlete's National Anti-Doping Organization*, the *Athlete's International Federation* and *WADA* shall be so informed.

7.3.4 If that review does not reveal an applicable *TUE* or a departure from the International Standard for Testing and Investigations or the International Standard for Laboratories that caused the *Atypical Finding*, SAG Anti-Doping Committee shall conduct the required investigation or cause it to be conducted. After the investigation is completed, either the *Atypical Finding* will be brought forward as an *Adverse Analytical Finding*, in accordance with Article 7.2.4, or else the *Athlete*, the *Athlete's National Anti-Doping Organization*, the *Athlete's International Federation* and *WADA* shall be notified that the *Atypical Finding* will not be brought forward as an *Adverse Analytical Finding*.

7.3.5 SAG *Anti-Doping* Committee will not provide notice of an *Atypical Finding* until it has completed its investigation and has decided whether it will bring the *Atypical Finding* forward as an *Adverse Analytical Finding* unless one of the following circumstances exists:

7.3.5.1 If SAG *Anti-Doping* Committee determines the *B Sample* should be analyzed prior to the conclusion of its investigation, it may conduct the *B Sample* analysis after notifying the *Athlete*, with such notice to include a description of the *Atypical Finding* and the information described in Article 7.2.4(d) - (f).

7.3.5.2 If SAG *Anti-Doping* Committee is asked (a) by another *Major Event Organization* shortly before one of its *Events*, or (b) by a sport organization responsible for meeting an imminent deadline for selecting team members for an *International Event* or *National Event*, to disclose whether any *Athlete* identified on a list provided by the other *Major Event Organization* or sport organization has a pending *Atypical Finding*, SAG *Anti-Doping* Committee shall so advise the other *Major event Organization* or sports organization after first providing notice of the *Atypical Finding* to the *Athlete*.

7.4 Review of Whereabouts Failures

7.4.1 SAG *Anti-Doping* Committee shall refer potential filing failures and missed tests (as defined in the International Standard for Testing and Investigations) to whichever of the *Athlete's International Federation* and *National Anti-Doping Organization* receives that *Athlete's* whereabouts filings

and so has responsibility for results management of whereabouts failures by that *Athlete*.

7.5 Review of Other Anti-Doping Rule Violations Not Covered by Articles 7.2 – 7.4

SAG *Anti-Doping* Committee shall conduct any follow-up investigation required into a possible anti-doping rule violation not covered by Articles 7.2 to 7.4. At such time as SAG *Anti-Doping* Committee is satisfied that an anti-doping rule violation has occurred, it shall promptly give the *Athlete* or other *Person* (and simultaneously the *Athlete's* or other *Person's National Anti-Doping Organization*, the *Athlete's* International Federation and *WADA*) notice of the anti-doping rule violation asserted, and the basis of that assertion.

7.6 Provisional Suspensions

7.6.1 Mandatory Provisional Suspension: If analysis of an *A Sample* has resulted in an *Adverse Analytical Finding* for a *Prohibited Substance* that is not a *Specified Substance*, or for a *Prohibited Method*, and a review in accordance with Article 7.2.2 does not reveal an applicable *TUE* or departure from the International Standard for Testing and Investigations or the International Standard for Laboratories that caused the *Adverse Analytical Finding*, a *Provisional Suspension* shall be imposed upon or promptly after the notification described in Article 7.2.4.

7.6.2 Optional Provisional Suspension: In case of an *Adverse Analytical Finding* for a *Specified Substance*, or in the case of any other anti-doping rule violations not covered by Article 7.6.1, SAG may impose a *Provisional Suspension* on the *Athlete* or other *Person* against whom the anti-doping rule violation is asserted at any time after the review and notification described in Articles 7.2-7.5 and prior to the final hearing as described in Article 8.

7.6.3 Where a *Provisional Suspension* is imposed, whether pursuant to Article 7.6.1 or Article 7.6.2, the *Athlete* or other *Person* shall be given either: (a) an opportunity for a *Provisional Hearing* either before or on a timely basis after imposition of the *Provisional Suspension*; or (b) an opportunity for an expedited final hearing in accordance with Article 8 on a timely basis after imposition of the *Provisional Suspension*. Furthermore, the *Athlete* or other *Person* has a right to appeal from the *Provisional Suspension* in accordance with Article 12.2 (save as set out in Article 7.6.3.1).

7.6.3.1 The *Provisional Suspension* may be lifted if the *Athlete* demonstrates to the hearing panel that the violation is likely to have involved a *Contaminated Product*. A hearing panel's decision not to lift a mandatory *Provisional Suspension* on account of the *Athlete's* assertion regarding a *Contaminated Product* shall not be appealable.

7.6.3.2 The *Provisional Suspension* shall be imposed (or shall not be lifted) unless the *Athlete* or other *Person* establishes that: (a) the

assertion of an anti-doping rule violation has no reasonable prospect of being upheld, e.g., because of a patent flaw in the case against the *Athlete* or other *Person*; or (b) the *Athlete* or other *Person* has a strong arguable case that he/she bears *No Fault or Negligence* for the anti-doping rule violation(s) asserted, so that any period of *Ineligibility* that might otherwise be imposed for such a violation is likely to be completely eliminated by application of Article 10.4 of the *Code*; or (c) some other facts exist that make it clearly unfair, in all of the circumstances, to impose a *Provisional Suspension* prior to a final hearing in accordance with Article 8. This ground is to be construed narrowly, and applied only in truly exceptional circumstances. For example, the fact that the *Provisional Suspension* would prevent the *Athlete* or other *Person* participating in a particular *Competition* or *Event* shall not qualify as exceptional circumstances for these purposes.

7.6.4 If a *Provisional Suspension* is imposed based on an *A Sample Adverse Analytical Finding* and subsequent analysis of the *B Sample* does not confirm the *A Sample* analysis, then the *Athlete* shall not be subject to any further *Provisional Suspension* on account of a violation of Article 2.1. In circumstances where the *Athlete* (or the *Athlete's* team) has been removed from a *Competition* based on a violation of Article 2.1 and the subsequent *B Sample* analysis does not confirm the *A Sample* finding, then if it is still possible for the *Athlete* or team to be reinserted without otherwise affecting the *Competition*, the *Athlete* or team may continue to take part in the *Competition*. In addition, the *Athlete* or team may thereafter take part in other *Competitions* in the same *Event*.

7.6.5 In all cases where an *Athlete* or other *Person* has been notified of an anti-doping rule violation but a *Provisional Suspension* has not been imposed on him or her, the *Athlete* or other *Person* shall be offered the opportunity to accept a *Provisional Suspension* voluntarily pending the resolution of the matter.

[Comment to Article 7.6: Athletes and other Persons shall receive credit for a Provisional Suspension against any period of Ineligibility which is ultimately imposed.]

7.7 Resolution Without a Hearing

7.7.1 An *Athlete* or other *Person* against whom an anti-doping rule violation is asserted may admit that violation at any time, waive a hearing, and accept the consequences that are mandated by these Anti-Doping Rules or (where some discretion as to *Consequences* exists under these Anti-Doping Rules) that have been offered by SAG.

7.7.2 Alternatively, if the *Athlete* or other *Person* against whom an anti-doping rule violation is asserted fails to dispute that assertion within the deadline specified in the notice sent by the SAG *Anti-Doping* Committee asserting the violation, then he/she shall be deemed to have admitted the violation, to have waived a hearing, and to have accepted the consequences that are mandated by these Anti-Doping Rules or (where some discretion as to *Consequences* under these Anti-Doping Rules) that have been offered by SAG.

7.7.3 In cases where Article 7.7.1 or Article 7.7.2 applies, a hearing before a hearing panel shall not be required. Instead SAG shall promptly issue a written decision confirming the commission of the anti-doping rule violation and the *Consequences* imposed as a result. SAG shall send copies of that decision to other *Anti-Doping Organizations* with a right to appeal under Article 12.2.2, and shall *Publicly Disclose* that decision in accordance with Article 13.3.2.

7.8 Notification of Results Management Decisions

In all cases where SAG has asserted the commission of an anti-doping rule violation, withdrawn the assertion of an anti-doping rule violation, imposed a *Provisional Suspension*, or agreed with an *Athlete* or other *Person* on the imposition of *Consequences* without a hearing, SAG shall give notice thereof in accordance with Article 13.2.1 to other *Anti-Doping Organizations* with a right to appeal under Article 12.2.2.

7.9 Retirement from Sport

If an *Athlete* or other *Person* retires while SAG *Anti-Doping* Committee is conducting the results management process, SAG retains jurisdiction to complete its results management process. If an *Athlete* or other *Person* retires before any results management process has begun, and SAG would have had results management authority over the *Athlete* or other *Person* at the time the *Athlete* or other *Person* committed an anti-doping rule violation, SAG has authority to conduct results management in respect of that anti-doping rule violation.

ARTICLE 8 RIGHT TO A FAIR HEARING

8.1 Setting up a Disciplinary Panel

The SAG *Anti-Doping* Committee Chair shall immediately set up a SAG *Anti-Doping* Disciplinary Panel of three experts.

8.2 Hearings following the SAG's result management

8.2.1 When SAG *Anti-Doping* Committee sends a notice to an *Athlete* or other *Person* asserting an anti-doping rule violation, and the *Athlete* or other *Person* does not waive a hearing in accordance with Article 7.7.1 or Article 7.7.2, then the case shall be referred to the SAG *Anti-Doping* Disciplinary Panel for hearing and adjudication.

8.2.2 Hearings shall be scheduled and completed within a reasonable time. Hearings held in connection with *Events* that are subject to these *Anti-Doping* Rules may be conducted by an expedited process where permitted by the SAG *Anti-Doping* Disciplinary Panel.

8.2.3 The SAG Anti-Doping Disciplinary Panel shall determine the procedure to be followed at the hearing.

8.2.4 WADA and the *National Anti-Doping Organization* and International Federation of the *Athlete* or other *Person* may attend the hearing as observers. In any event, SAG shall keep them fully apprised as to the status of pending cases and the result of all hearings.

8.2.5 The SAG Anti-Doping Disciplinary Panel shall act in a fair and impartial manner towards all parties at all times.

8.2.6 The SAG Anti-Doping Disciplinary Panel shall issue a timely reasoned decision. That decision shall be *Publicly Disclosed* as provided in Article 13.3 and may be appealed as provided in Article 12. The principles contained at Article 13.3.6 shall be applied in cases involving a *Minor*.

ARTICLE 9 AUTOMATIC DISQUALIFICATION OF INDIVIDUAL RESULTS

An anti-doping rule violation in *Individual Sports* in connection with an *In-Competition* test automatically leads to *Disqualification* of the result obtained in that *Competition* with all resulting *Consequences*, including forfeiture of any medals, points and prizes.

[Comment to Article 9: For Team Sports, any awards received by individual players will be Disqualified. However, Disqualification of the team will be as provided in Article 11. In sports which are not Team Sports but where awards are given to teams, Disqualification or other disciplinary action against the team when one or more team members have committed an anti-doping rule violation shall be as provided in the applicable rules of the International Federation.]

ARTICLE 10 SANCTIONS ON INDIVIDUALS

10.1 Disqualification of Results in the Event during which an Anti-Doping Rule Violation Occurs

An anti-doping rule violation occurring during or in connection with an *Event* may, upon the decision of the SAG Anti-Doping Disciplinary Panel, lead to *Disqualification* of all of the *Athlete's* individual results obtained in that *Event* with all *Consequences*, including forfeiture of all medals, points and prizes, except as provided in Article 10.1.1.

Factors to be included in considering whether to *Disqualify* other results in an *Event* might include, for example, the seriousness of the *Athlete's* anti-doping rule violation and whether the *Athlete* tested negative in the other *Competitions*.

[Comment to Article 10.1: Whereas Article 9 Disqualifies the result in a single Competition in which the Athlete tested positive (e.g., the 100 meter backstroke), this Article may lead to Disqualification of all results in all races during the Event (e.g., the FINA World Championships).]

10.1.1 If the *Athlete* establishes that he or she bears *No Fault or Negligence* for the violation, the *Athlete's* individual results in the other *Competitions* shall not be *Disqualified*, unless the *Athlete's* results in *Competitions* other than the *Competition* in which the anti-doping rule violation occurred were likely to have been affected by the *Athlete's* anti-doping rule violation.

10.2 Ineligibility

10.2.1 Should an *Athlete* or other *Person* be found to have committed an anti-doping rule violation before he/she has actually participated in a *Competition* at the *Event* or, in the case where an *Athlete* or other *Person* has already participated in a *Competition* at the *Event* but is scheduled to participate in additional *Competitions* at the *Event*, the SAG Anti-Doping Disciplinary Panel may declare the *Athlete* or other *Person* ineligible for such *Competitions* at the *Event* in which he/she has not yet participated, along with other *Consequences* which may follow, such as exclusion of the *Athlete* and other *Persons* concerned from the *Event* and the loss of accreditation.

10.2.2 In accordance with Article 7.1.2, responsibility for results management in terms of sanctions beyond the *Event* itself shall be referred to the applicable International Federation. In this context, the *Consequences* for anti-doping rule violations as mentioned and specified under the following Articles of the *Code* shall apply:

Article 10.2 *Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method*

Article 10.3 *Ineligibility for Other Anti-Doping Rule Violations*

Article 10.4 *Elimination of the Period of Ineligibility where there is No Fault or Negligence*

Article 10.5 *Reduction of the Period of Ineligibility based on No Significant Fault or Negligence*

Article 10.6 *Elimination, Reduction, or Suspension of Period of Ineligibility or other Consequences for Reasons Other than Fault*

Article 10.7 *Multiple Violations*

Article 10.11 *Commencement of Ineligibility Period*

Article 10.12 *Status During Ineligibility*

10.3 Disqualification of Results in Competitions Subsequent to Sample Collection or Commission of an Anti-Doping Rule Violation

In addition to the automatic *Disqualification* of the results in the *Competition* which produced the positive *Sample* under Article 9, all other competitive results of the *Athlete* obtained from the date a positive *Sample* was collected (whether *In-Competition* or *Out-of-Competition*), or other anti-doping rule violation occurred,

through the commencement of any *Provisional Suspension* or *Ineligibility* period, shall, unless fairness requires otherwise, be *Disqualified* with all of the resulting *Consequences* including forfeiture of any medals, points and prizes.

[Comment to Article 10.3: Nothing in these Anti-Doping Rules precludes clean Athletes or other Persons who have been damaged by the actions of a Person who has committed an anti-doping rule violation from pursuing any right which they would otherwise have to seek damages from such Person.]

10.4 Allocation of CAS Cost Awards and Forfeited Prize Money

The priority for repayment of CAS cost awards and forfeited prize money shall be: first, payment of costs awarded by CAS; second, reallocation of forfeited prize money to other *Athletes* if provided for in the rules of the applicable International Federation; and third, reimbursement of the expenses of SAG.

10.5 Financial Consequences

Article 10.5 intentionally left blank.

10.6 Automatic Publication of Sanction

A mandatory part of each sanction shall include automatic publication, as provided in Article 13.3.

[Comment to Article 10: Harmonization of sanctions has been one of the most discussed and debated areas of anti-doping. Harmonization means that the same rules and criteria are applied to assess the unique facts of each case. Arguments against requiring harmonization of sanctions are based on differences between sports including, for example, the following: in some sports the Athletes are professionals making a sizable income from the sport and in others the Athletes are true amateurs; in those sports where an Athlete's career is short, a standard period of Ineligibility has a much more significant effect on the Athlete than in sports where careers are traditionally much longer. A primary argument in favor of harmonization is that it is simply not right that two Athletes from the same country who test positive for the same Prohibited Substance under similar circumstances should receive different sanctions only because they participate in different sports. In addition, flexibility in sanctioning has often been viewed as an unacceptable opportunity for some sporting organizations to be more lenient with dopers. The lack of harmonization of sanctions has also frequently been the source of jurisdictional conflicts between International Federations and National Anti-Doping Organizations.]

ARTICLE 11 CONSEQUENCES TO TEAMS

11.1 Testing of Team Sports

Where more than one member of a team in a *Team Sport* has been notified of an anti-doping rule violation under Article 7 in connection with an *Event*, SAG *Anti-*

Doping Committee shall conduct appropriate *Target Testing* of the team during the *Event Period*.

11.2 Consequences for Team Sports

If more than two members of a team in a *Team Sport* are found to have committed an anti-doping rule violation during an *Event Period*, the SAG Anti-Doping Disciplinary Panel shall impose an appropriate sanction on the team (e.g., loss of points, *Disqualification* from a *Competition* or *Event*, or other sanction) in addition to any consequences imposed upon the individual *Athletes* committing the anti-doping rule violation.

11.3 Event Ruling Body may Establish Stricter Consequences for Teams Sports

SAG may elect to establish rules for the *Event* which impose *Consequences* for *Team Sports* stricter than those in Article 11.2 for purposes of the *Event*.

[Comment to Article 11.3: For example, SAG could establish rules which would require Disqualification of a team from the Event based on a lesser number of anti-doping rule violations during the period of the Event.]

ARTICLE 12 APPEALS

12.1 Decisions Subject to Appeal

Decisions made under these Anti-Doping Rules may be appealed as set forth below in Article 12.2 through 12.6 or as otherwise provided in these Anti-Doping Rules, the *Code* or the *International Standards*. Such decisions shall remain in effect while under appeal unless the appellate body orders otherwise.

12.1.1 Scope of Review Not Limited

The scope of review on appeal includes all issues relevant to the matter and is expressly not limited to the issues or scope of review before the initial decision maker.

12.1.2 CAS Shall Not Defer to the Findings Being Appealed

In making its decision, CAS need not give deference to the discretion exercised by the body whose decision is being appealed.

[Comment to Article 12.1.2: CAS proceedings are de novo. Prior proceedings do not limit the evidence or carry weight in the hearing before CAS.]

12.1.3 WADA Not Required to Exhaust Internal Remedies

Where *WADA* has a right to appeal under Article 12 and no other party has appealed a final decision within the SAG's process, *WADA* may appeal such

decision directly to CAS without having to exhaust other remedies in the SAG's process.

Comment to Article 12.1.3: Where a decision has been rendered before the final stage of SAG's process (for example, a first hearing) and no party elects to appeal that decision to the next level of SAG's process (e.g., the Managing Board), then WADA may bypass the remaining steps in SAG's internal process and appeal directly to CAS.]

12.2 Appeals from Decisions Regarding Anti-Doping Rule Violations, Consequences, Provisional Suspensions, Recognition of Decisions and Jurisdiction

A decision that an anti-doping rule violation was committed, a decision imposing *Consequences* or not imposing *Consequences* for an anti-doping rule violation, or a decision that no anti-doping rule violation was committed; a decision that an anti-doping rule violation proceeding cannot go forward for procedural reasons (including, for example, prescription); a decision by WADA not to grant an exception to the six months' notice requirement for a retired *Athlete* to return to *Competition* under Article 5.6.1; a decision by WADA assigning results management under Article 7.1 of the *Code*; a decision by SAG not to bring forward an *Adverse Analytical Finding* or an *Atypical Finding* as an anti-doping rule violation, or a decision not to go forward with an anti-doping rule violation after an investigation under Article 7.5; a decision to impose a *Provisional Suspension* as a result of a *Provisional Hearing*; SAG's failure to comply with Article 7.6; a decision that SAG lacks jurisdiction to rule on an alleged anti-doping rule violation or its *Consequences*; and a decision by SAG not to recognize another *Anti-Doping Organization's* decision under Article 14 may be appealed exclusively as provided in this Article 12.

12.2.1 In cases arising from the *Event*, the decision may be appealed exclusively to CAS.

[Comment to Article 12.2.1: CAS decisions are final and binding except for any review required by law applicable to the annulment or enforcement of arbitral awards.]

12.2.2 Persons Entitled to Appeal

The following parties shall have the right to appeal to CAS: (a) the *Athlete* or other *Person* who is the subject of the decision being appealed; (b) SAG; (c) the relevant International Federation; (d) the *National Anti-Doping Organization* of the *Person's* country of residence or countries where the *Person* is a national or license holder; (e) the International Olympic Committee or International Paralympic Committee, as applicable, where the decision may have an effect in relation to the Olympic Games or Paralympic Games, including decisions affecting eligibility for the Olympic Games or Paralympic Games; and (f) WADA.

Notwithstanding any other provision herein, the only *Person* who may appeal from a *Provisional Suspension* is the *Athlete* or other *Person* upon whom the *Provisional Suspension* is imposed.

12.2.3 Cross Appeals and other Subsequent Appeals Allowed

Cross appeals and other subsequent appeals by any respondent named in cases brought to CAS under the Code are specifically permitted. Any party with a right to appeal under this Article 12 must file a cross appeal or subsequent appeal at the latest with the party's answer.

[Comment to Article 12.2.3: This provision is necessary because since 2011, CAS rules no longer permit an Athlete the right to cross appeal when an Anti-Doping Organization appeals a decision after the Athlete's time for appeal has expired. This provision permits a full hearing for all parties.]

12.3 Failure to Render a Timely Decision

Where, in a particular case, SAG or the SAG Anti-Doping Disciplinary Panel fails to render a decision with respect to whether an anti-doping rule violation was committed within a reasonable deadline set by WADA, WADA may elect to appeal directly to CAS as if SAG or the SAG Anti-Doping Disciplinary Panel had rendered a decision finding no anti-doping rule violation. If the CAS hearing panel determines that an anti-doping rule violation was committed and that WADA acted reasonably in electing to appeal directly to CAS, then WADA's costs and attorney fees in prosecuting the appeal shall be reimbursed to WADA by SAG.

[Comment to Article 12.3: Given the different circumstances of each anti-doping rule violation investigation and results management process, it is not feasible to establish a fixed time period for SAG to render a decision before WADA may intervene by appealing directly to CAS. Before taking such action, however, WADA will consult with SAG and give SAG an opportunity to explain why it has not yet rendered a decision.]

12.4 Appeals Relating to TUEs

TUE decisions may be appealed exclusively as provided in Article 4.4.

12.5 Notification of Appeal Decisions

Any Anti-Doping Organization that is a party to an appeal shall promptly provide the appeal decision to the Athlete or other Person and to the other Anti-Doping Organizations that would have been entitled to appeal under Article 12.2.2 as provided under Article 13.2.

12.6 Time for Filing Appeals

The time to file an appeal to CAS shall be twenty-one days from the date of receipt of the decision by the appealing party. The above notwithstanding, the following shall apply in connection with appeals filed by a party entitled to appeal but which was not a party to the proceedings that led to the decision being appealed:

- a) Within fifteen days from notice of the decision, such party/ies shall have the right to request a copy of the case file from the body that issued the decision;

- b) If such a request is made within the fifteen-day period, then the party making such request shall have twenty-one days from receipt of the file to file an appeal to CAS.

The above notwithstanding, the filing deadline for an appeal filed by WADA shall be the later of:

- a) Twenty-one days after the last day on which any other party in the case could have appealed; or
- b) Twenty-one days after WADA's receipt of the complete file relating to the decision.

ARTICLE 13 CONFIDENTIALITY AND REPORTING

13.1 Information Concerning *Adverse Analytical Findings, Atypical Findings*, and Other Asserted Anti-Doping Rule Violations

13.1.1 Notice of Anti-Doping Rule Violations to *Athletes* and other *Persons*

Notice to *Athletes* or other *Persons* of anti-doping rule violations asserted against them shall occur as provided under Articles 7 and 13 of these Anti-Doping Rules. Notice to an *Athlete* or other *Person* who is a member of a *National Federation* may be accomplished by delivery of the notice to the *National Federation*.

13.1.2 Notice of Anti-Doping Rule Violations to *National Anti-Doping Organizations*, International Federations and WADA

Notice of the assertion of an anti-doping rule violation to *National Anti-Doping Organizations*, International Federations and WADA shall occur as provided under Articles 7 and 13 of these Anti-Doping Rules, simultaneously with the notice to the *Athlete* or other *Person*.

13.1.3 Content of an Anti-Doping Rule Violation Notice

Notification of an anti-doping rule violation under Article 2.1 shall include: the *Athlete's* name, country, sport and discipline within the sport, the *Athlete's* competitive level, whether the test was *In-Competition* or *Out-of-Competition*, the date of *Sample* collection, the analytical result reported by the laboratory, and other information as required by the International Standard for Testing and Investigations.

Notice of anti-doping rule violations other than under Article 2.1 shall include the rule violated and the basis of the asserted violation.

13.1.4 Status Reports

Except with respect to investigations which have not resulted in notice of an anti-doping rule violation pursuant to Article 13.1.1, *National Anti-Doping*

Organizations, International Federations and WADA shall be regularly updated on the status and findings of any review or proceedings conducted pursuant to Article 7, 8 or 12 and shall be provided with a prompt written reasoned explanation or decision explaining the resolution of the matter.

13.1.5 Confidentiality

The recipient organizations shall not disclose this information beyond those *Persons* with a need to know (which would include the appropriate personnel at the applicable *National Olympic Committee, National Federation*, and team in a *Team Sport*) until SAG has made *Public Disclosure* or has failed to make *Public Disclosure* as required in Article 13.3.

13.1.6 SAG shall ensure that information concerning *Adverse Analytical Findings, Atypical Findings*, and other asserted anti-doping rule violations remains confidential until such information is *Publicly Disclosed* in accordance with Article 13.3, and shall include provisions in any contract entered into between SAG and any of its employees (whether permanent or otherwise), contractors, agents and consultants, for the protection of such confidential information as well as for the investigation and disciplining of improper and/or unauthorised disclosure of such confidential information.

13.2 Notice of Anti-Doping Rule Violation Decisions and Request for Files

13.2.1 Anti-doping rule violation decisions rendered pursuant to Article 7.8, 8.2.4, 10.4 of the *Code*, 10.5 of the *Code*, 10.6 of the *Code*, 10.12.3 of the *Code* or 12.5 shall include the full reasons for the decision, including, if applicable, a justification for why the greatest possible *Consequences* were not imposed. Where the decision is not in English or French, SAG shall provide a short English or French summary of the decision and the supporting reasons.

13.2.2 An *Anti-Doping Organization* having a right to appeal a decision received pursuant to Article 13.2.1 may, within fifteen days of receipt, request a copy of the full case file pertaining to the decision.

13.3 Public Disclosure

13.3.1 The identity of any *Athlete* or other *Person* who is asserted by SAG to have committed an anti-doping rule violation may be *Publicly Disclosed* by SAG only after notice has been provided to the *Athlete* or other *Person* in accordance with Article 7 and simultaneously to WADA and the *National Anti-Doping Organization* and International Federation of the *Athlete* or other *Person* in accordance with Article 13.1.2.

13.3.2 No later than twenty days after it has been determined in a final appellate decision under Article 12.2.1, or such appeal has been waived, or a hearing in accordance with Article 8 has been waived, or the assertion of an anti-doping rule violation has not been timely challenged, SAG must *Publicly Report* the disposition of the matter, including the sport, the anti-doping rule violated, the name of the *Athlete* or other *Person* committing the violation, the *Prohibited Substance* or *Prohibited Method* involved (if any) and the

Consequences imposed. SAG must also *Publicly Report* within twenty days the results of final appeal decisions concerning anti-doping rule violations, including the information described above.

13.3.3 In any case where it is determined, after a hearing or appeal, that the *Athlete* or other *Person* did not commit an anti-doping rule violation, the decision may be *Publicly Disclosed* only with the consent of the *Athlete* or other *Person* who is the subject of the decision. SAG shall use reasonable efforts to obtain such consent. If consent is obtained, SAG shall *Publicly Disclose* the decision in its entirety or in such redacted form as the *Athlete* or other *Person* may approve.

13.3.4 Publication shall be accomplished at a minimum by placing the required information on SAG's website or publishing it through other means and leaving the information up for the longer of one month or the duration of any period of *Ineligibility*.

13.3.5 Neither SAG, nor any of its officials, shall publicly comment on the specific facts of any pending case (as opposed to general description of process and science) except in response to public comments attributed to the *Athlete* or other *Person* against whom an anti-doping rule violation is asserted, or their representatives.

13.3.6 The mandatory *Public Reporting* required in Article 13.3.2 shall not be required where the *Athlete* or other *Person* who has been found to have committed an anti-doping rule violation is a *Minor*. Any optional *Public Reporting* in a case involving a *Minor* shall be proportionate to the facts and circumstances of the case.

13.4 Statistical Reporting

SAG shall, after each *Event* under its jurisdiction, publish a general statistical report of its *Doping Control* activities, with a copy provided to WADA. SAG may also publish reports showing the name of each *Athlete* tested and the date of each *Testing*.

13.5 Doping Control Information Clearinghouse

To facilitate coordinated test distribution planning and to avoid unnecessary duplication in *Testing* by the various *Anti-Doping Organizations*, SAG shall report all *In-Competition* and *Out-of-Competition* tests on such *Athletes* to the WADA clearinghouse, using ADAMS, as soon as possible after such tests have been conducted. This information will be made accessible, where appropriate and in accordance with the applicable rules, to the *Athlete*, the *Athlete's National Anti-Doping Organization* or International Federation, and any other *Anti-Doping Organizations* with *Testing* authority over the *Athlete*.

13.6 Data Privacy

13.6.1 SAG may collect, store, process or disclose personal information relating to *Athletes* and other *Persons* where necessary and appropriate to conduct their anti-doping activities under the *Code*, the *International*

Standards (including specifically the *International Standard* for the Protection of Privacy and Personal Information) and these Anti-Doping Rules.

13.6.2 Any *Participant* who submits information including personal data to any *Person* in accordance with these Anti-Doping Rules shall be deemed to have agreed, pursuant to applicable data protection laws and otherwise, that such information may be collected, processed, disclosed and used by such *Person* for the purposes of the implementation of these Anti-Doping Rules, in accordance with the *International Standard* for the Protection of Privacy and Personal Information and otherwise as required to implement these Anti-Doping Rules.

ARTICLE 14 APPLICATION AND RECOGNITION OF DECISIONS

14.1 Subject to the right to appeal provided in Article 12, *Testing*, hearing results or other final adjudications of any *Signatory* which are consistent with the *Code* and are within that *Signatory's* authority, shall be applicable worldwide and shall be recognized and respected by SAG.

[Comment to Article 14.1: The extent of recognition of TUE decisions of other Anti-Doping Organizations shall be determined by Article 4.4 and by the International Standard for Therapeutic Use Exemptions.]

14.2 SAG shall recognize the measures taken by other bodies which have not accepted the *Code* if the rules of those bodies are otherwise consistent with the *Code*.

[Comment to Article 14.2: Where the decision of a body that has not accepted the Code is in some respects Code compliant and in other respects not Code compliant, SAG shall attempt to apply the decision in harmony with the principles of the Code. For example, if in a process consistent with the Code a non-Signatory has found an Athlete to have committed an anti-doping rule violation on account of the presence of a Prohibited Substance in his or her body but the period of Ineligibility applied is shorter than the period provided for in these Anti-Doping Rules, then SAG shall recognize the finding of an anti-doping rule violation and may conduct a hearing consistent with Article 8 to determine whether the longer period of Ineligibility provided in the Code should be imposed.]

ARTICLE 15 STATUTE OF LIMITATIONS

No anti-doping rule violation proceedings may be commenced against an *Athlete* or other *Person* unless he or she has been notified of the anti-doping rule violation as provided in Article 7, or notification has been reasonably attempted, within ten years from the date the violation is asserted to have occurred.

ARTICLE 16 COMPLIANCE REPORTS TO WADA

Article 16 intentionally left blank

ARTICLE 17 EDUCATION

SAG shall plan, implement, evaluate and monitor information, education and prevention programs for doping-free sport on at least the issues listed at Article 18.2 of the *Code*, and shall support active participation by *Athletes* and *Athlete Support Personnel* in such programs.

ARTICLE 18 AMENDMENT AND INTERPRETATION OF ANTI-DOPING RULES

18.1 These Anti-Doping Rules may be amended from time to time by SAG. They shall be issued in English.

18.2 These Anti-Doping Rules shall be interpreted as an independent and autonomous text and not by reference to existing law or statutes.

18.3 The headings used for the various Parts and Articles of these Anti-Doping Rules are for convenience only and shall not be deemed part of the substance of these Anti-Doping Rules or to affect in any way the language of the provisions to which they refer.

18.4 The *Code* and the *International Standards* shall be considered integral parts of these Anti-Doping Rules and shall prevail in case of conflict.

18.5 These Anti-Doping Rules have been adopted pursuant to the applicable provisions of the *Code* and shall be interpreted in a manner that is consistent with applicable provisions of the *Code*. The Introduction shall be considered an integral part of these Anti-Doping Rules.

18.6 The comments annotating various provisions of the *Code* and these Anti-Doping Rules shall be used to interpret these Anti-Doping Rules.

ARTICLE 19 INTERPRETATION OF THE CODE

19.1 The official text of the *Code* shall be maintained by *WADA* and shall be published in English and French. In the event of any conflict between the English and French versions, the English version shall prevail.

19.2 The comments annotating various provisions of the *Code* shall be used to interpret the *Code*.

19.3 The *Code* shall be interpreted as an independent and autonomous text and not by reference to the existing law or statutes of the *Signatories* or governments.

19.4 The headings used for the various Parts and Articles of the *Code* are for convenience only and shall not be deemed part of the substance of the *Code* or to affect in any way the language of the provisions to which they refer.

19.5 The *Code* shall not apply retroactively to matters pending before the date the *Code* is accepted by a *Signatory* and implemented in its rules. However, pre-*Code* anti-doping rule violations would continue to count as "First violations" or "Second violations" for purposes of determining sanctions under Article 10 for subsequent post-*Code* violations.

19.6 The Purpose, Scope and Organization of the World Anti-Doping Program and the *Code* and Appendix 1, Definitions, and Appendix 2, Examples of the Application of Article 10, shall be considered integral parts of the *Code*.

ARTICLE 20 ADDITIONAL ROLES AND RESPONSIBILITIES OF ATHLETES AND OTHER PERSONS

20.1 Roles and Responsibilities of *Athletes*

20.1.1 To be knowledgeable of and comply with these Anti-Doping Rules.

20.1.2 To be available for *Sample* collection at all times.

[Comment to Article 20.1.2: With due regard to an Athlete's human rights and privacy, legitimate anti-doping considerations sometimes require Sample collection late at night or early in the morning. For example, it is known that some Athletes use low doses of EPO during these hours so that it will be undetectable in the morning.]

20.1.3 To take responsibility, in the context of anti-doping, for what they ingest and *Use*.

20.1.4 To inform medical personnel of their obligation not to *Use Prohibited Substances* and *Prohibited Methods* and to take responsibility to make sure that any medical treatment received does not violate these Anti-Doping Rules.

20.1.5 To disclose to SAG any decision by a non-*Signatory* finding that the *Athlete* committed an anti-doping rule violation within the previous ten years.

20.1.6 To cooperate with *Anti-Doping Organizations* investigating anti-doping rule violations.

20.1.7 Failure by any *Athlete* to cooperate in full with *Anti-Doping Organizations* investigating anti-doping rule violations may result in a disqualification under SAG Charter (Rule 33(f) and 44).

20.2 Roles and Responsibilities of *Athlete Support Personnel*

20.2.1 To be knowledgeable of and comply with these Anti-Doping Rules.

20.2.2 To cooperate with the *Athlete Testing* program.

20.2.3 To use his or her influence on *Athlete* values and behaviour to foster anti-doping attitudes.

20.2.4 To disclose to SAG any decision by a non-*Signatory* finding that he or she committed an anti-doping rule violation within the previous ten years.

20.2.5 To cooperate with *Anti-Doping Organizations* investigating anti-doping rule violations.

20.2.6 Failure by any *Athlete Support Personnel* to cooperate in full with *Anti-Doping Organizations* investigating anti-doping rule violations may result in a disqualification under SAG Charter (Rule 33(f)).

20.2.7 *Athlete Support Personnel* shall not *Use or Possess* any *Prohibited Substance* or *Prohibited Method* without valid justification.

20.2.8 *Use or Possession* of a *Prohibited Substance* or *Prohibited Method* by an *Athlete Support Personnel* without valid justification may result in a disqualification under SAG Charter (Rule 33(f)).

APPENDIX 1 DEFINITIONS

ADAMS: The Anti-Doping Administration and Management System is a Web-based database management tool for data entry, storage, sharing, and reporting designed to assist stakeholders and WADA in their anti-doping operations in conjunction with data protection legislation.

Administration: Providing, supplying, supervising, facilitating, or otherwise participating in the Use or Attempted Use by another Person of a Prohibited Substance or Prohibited Method. However, this definition shall not include the actions of bona fide medical personnel involving a Prohibited Substance or Prohibited Method used for genuine and legal therapeutic purposes or other acceptable justification and shall not include actions involving Prohibited Substances which are not prohibited in Out-of-Competition Testing unless the circumstances as a whole demonstrate that such Prohibited Substances are not intended for genuine and legal therapeutic purposes or are intended to enhance sport performance.

Adverse Analytical Finding: A report from a WADA-accredited laboratory or other WADA-approved laboratory that, consistent with the International Standard for Laboratories and related Technical Documents, identifies in a *Sample* the presence of a *Prohibited Substance* or its *Metabolites* or *Markers* (including elevated quantities of endogenous substances) or evidence of the *Use* of a *Prohibited Method*.

Adverse Passport Finding: A report identified as an *Adverse Passport Finding* as described in the applicable *International Standards*.

Anti-Doping Organization: A *Signatory* that is responsible for adopting rules for initiating, implementing or enforcing any part of the *Doping Control* process. This includes, for example, the International Olympic Committee, the International Paralympic Committee, other *Major Event Organizations* that conduct *Testing* at their *Events*, WADA, International Federations, and *National Anti-Doping Organizations*.

Athlete: Any *Person* who competes in sport at the international level (as defined by each International Federation), or the national level (as defined by each *National Anti-Doping Organization*). An *Anti-Doping Organization* has discretion to apply anti-doping rules to an *Athlete* who is neither an *International-Level Athlete* nor a *National-Level Athlete*, and thus to bring them within the definition of "Athlete." For purposes of these Anti-Doping Rules, an *Athlete* is defined as set out in the Scope section of the Introduction to these Anti-Doping Rules.

Athlete Biological Passport: The program and methods of gathering and collating data as described in the International Standard for Testing and Investigations and International Standard for Laboratories.

Athlete Support Personnel: Any coach, trainer, manager, agent, team staff, official, medical, paramedical personnel, parent or any other *Person* working with, treating or assisting an *Athlete* participating in or preparing for sports *Competition*.

Attempt: Purposely engaging in conduct that constitutes a substantial step in a course of conduct planned to culminate in the commission of an anti-doping rule violation. Provided, however, there shall be no anti-doping rule violation based solely on an *Attempt* to commit a violation if the *Person* renounces the *Attempt* prior to it being discovered by a third party not involved in the *Attempt*.

Atypical Finding: A report from a WADA-accredited laboratory or other WADA-approved laboratory which requires further investigation as provided by the International Standard for Laboratories or related Technical Documents prior to the determination of an *Adverse Analytical Finding*.

Atypical Passport Finding: A report described as an *Atypical Passport Finding* as described in the applicable *International Standards*.

CAS: The Court of Arbitration for Sport.

Code: The World Anti-Doping Code.

Competition: A single race, match, game or singular sport contest. For example, a basketball game or the finals of the Olympic 100-meter race in athletics. For stage races and other sport contests where prizes are awarded on a daily or other interim basis the distinction between a *Competition* and an *Event* will be as provided in the rules of the applicable International Federation.

Consequences of Anti-Doping Rule Violations ("Consequences"): An *Athlete's* or other *Person's* violation of an anti-doping rule may result in one or more of the following: (a) *Disqualification* means the *Athlete's* results in a particular *Competition* or *Event* are invalidated, with all resulting *Consequences* including forfeiture of any medals, points and prizes; (b) *Ineligibility* means the *Athlete* or other *Person* is barred on account of an anti-doping rule violation for a specified period of time from participating in any *Competition* or other activity or funding as provided in Article 10.12.1 of the *Code*; (c) *Provisional Suspension* means the *Athlete* or other *Person* is barred temporarily from participating in any *Competition* or activity prior to the final decision at a hearing conducted under Article 8; (d) *Financial Consequences* means a financial sanction imposed for an anti-doping rule violation or to recover costs associated with an anti-doping rule violation; and (e) *Public Disclosure or Public Reporting* means the dissemination or distribution of information to the general public or *Persons* beyond those *Persons* entitled to earlier notification in accordance with Article 13. Teams in *Team Sports* may also be subject to *Consequences* as provided in Article 11.

Contaminated Product: A product that contains a *Prohibited Substance* that is not disclosed on the product label or in information available in a reasonable Internet search.

Disqualification: See *Consequences of Anti-Doping Rule Violations* above.

Doping Control: All steps and processes from test distribution planning through to ultimate disposition of any appeal including all steps and processes in between such as provision of whereabouts information, *Sample* collection and handling, laboratory analysis, *TUEs*, results management and hearings.

Event: A series of individual *Competitions* conducted together under one ruling body (e.g., the Olympic Games, FINA World Championships, or Pan American Games).

Event Venues: Those venues so designated by SAG.

Event Period: The period commencing on the date of opening ceremony for the *Event*, up until and including the day of the closing ceremony of the *Event*.

Fault: *Fault* is any breach of duty or any lack of care appropriate to a particular situation. Factors to be taken into consideration in assessing an *Athlete* or other *Person's* degree of *Fault* include, for example, the *Athlete's* or other *Person's* experience, whether the *Athlete* or other *Person* is a *Minor*, special considerations such as impairment, the degree of risk that should have been perceived by the *Athlete* and the level of care and investigation exercised by the *Athlete* in relation to what should have been the perceived level of risk. In assessing the *Athlete's* or other *Person's* degree of *Fault*, the circumstances considered must be specific and relevant to explain the *Athlete's* or other *Person's* departure from the expected standard of behaviour. Thus, for example, the fact that an *Athlete* would lose the opportunity to earn large sums of money during a period of *Ineligibility*, or the fact that the *Athlete* only has a short time left in his or her career, or the timing of the sporting calendar, would not be relevant factors to be considered in reducing the period of *Ineligibility* under Article 10.5.1 or 10.5.2 of the *Code*.

[*Comment: The criteria for assessing an Athlete's degree of Fault is the same under all Articles where Fault is to be considered. However, under Article 10.5.2 of the Code, no reduction of sanction is appropriate unless, when the degree of Fault is assessed, the conclusion is that No Significant Fault or Negligence on the part of the Athlete or other Person was involved.*]

Financial Consequences: See *Consequences of Anti-Doping Rule Violations* above.

In-Competition: For purposes of these Anti-Doping Rules, "In-Competition" means the *Event Period*.

Independent Observer Program: A team of observers, under the supervision of WADA, who observe and provide guidance on the Doping Control process at certain Events and report on their observations.

Individual Sport: Any sport that is not a *Team Sport*.

Ineligibility: See *Consequences of Anti-Doping Rule Violations* above.

International Event: An *Event* or *Competition* where the International Olympic Committee, the International Paralympic Committee, an International Federation, a *Major Event Organization*, or another international sport organization is the ruling body for the *Event* or appoints the technical officials for the *Event*.

International-Level Athlete: *Athletes* who compete in sport at the international level, as defined by each International Federation, consistent with the International Standard for Testing and Investigations.

[Comment: Consistent with the International Standard for Testing and Investigations, the International Federation is free to determine the criteria it will use to classify Athletes as International-Level Athletes, e.g., by ranking, by participation in particular International Events, by type of license, etc. However, it must publish those criteria in clear and concise form, so that Athletes are able to ascertain quickly and easily when they will become classified as International-Level Athletes. For example, if the criteria include participation in certain International Events, then the International Federation must publish a list of those International Events.]

International Standard: A standard adopted by WADA in support of the Code. Compliance with an *International Standard* (as opposed to another alternative standard, practice or procedure) shall be sufficient to conclude that the procedures addressed by the *International Standard* were performed properly. *International Standards* shall include any Technical Documents issued pursuant to the *International Standard*.

Major Event Organizations: The continental associations of *National Olympic Committees* and other international multi-sport organizations that function as the ruling body for any continental, regional or other *International Event*. For purposes of these Anti-Doping Rules, the *Major Event Organization* is South Asia Games Federation (SAG)

Marker: A compound, group of compounds or biological variable(s) that indicates the Use of a *Prohibited Substance* or *Prohibited Method*.

Anti-Doping Committee: As defined in the SAG Charter and Rules 33(h), a body set up to implement the SA Games Anti-Doping Rules during the SA Games.

Metabolite: Any substance produced by a biotransformation process.

Minor: A natural *Person* who has not reached the age of eighteen years.

National Anti-Doping Organization: The entity(ies) designated by each country as possessing the primary authority and responsibility to adopt and implement anti-doping rules, direct the collection of *Samples*, the management of test results, and the conduct of hearings at the national level. If this designation has not been made by the competent public authority(ies), the entity shall be the country's *National Olympic Committee* or its designee.

National Event: A sport *Event* or *Competition* involving *International-* or *National-Level Athletes* that is not an *International Event*.

National Federation: A national or regional entity which is a member of or is recognized by an International Federation as the entity governing the International Federation's sport in that nation or region.

National-Level Athlete: *Athletes* who compete in sport at the national level, as defined by each *National Anti-Doping Organization*, consistent with the International Standard for Testing and Investigations.

National Olympic Committee (NOC): The organization recognized by the International Olympic Committee. The term *National Olympic Committee* shall also include the National Sport Confederation in those countries where the National Sport Confederation assumes typical *National Olympic Committee* responsibilities in the anti-doping area.

No Fault or Negligence: The *Athlete* or other *Person's* establishing that he or she did not know or suspect, and could not reasonably have known or suspected even with the exercise of utmost caution, that he or she had *Used* or been administered the *Prohibited Substance* or *Prohibited Method* or otherwise violated an anti-doping rule. Except in the case of a *Minor*, for any violation of Article 2.1, the *Athlete* must also establish how the *Prohibited Substance* entered his or her system.

No Significant Fault or Negligence: The *Athlete* or other *Person's* establishing that his or her *Fault or negligence*, when viewed in the totality of the circumstances and taking into account the criteria for *No Fault* or negligence, was not significant in relationship to the anti-doping rule violation. Except in the case of a *Minor*, for any violation of Article 2.1, the *Athlete* must also establish how the *Prohibited Substance* entered his or her system.

[Comment: For Cannabinoids, an Athlete may establish No Significant Fault or Negligence by clearly demonstrating that the context of the Use was unrelated to sport performance.]

Out-of-Competition: Any period which is not *In-Competition*.

Participant: Any *Athlete* or *Athlete Support Person*.

Person: A natural *Person* or an organization or other entity.

Possession: The actual, physical *Possession*, or the constructive *Possession* (which shall be found only if the *Person* has exclusive control or intends to exercise control over the *Prohibited Substance* or *Prohibited Method* or the premises in which a *Prohibited Substance* or *Prohibited Method* exists); provided, however, that if the *Person* does not have exclusive control over the *Prohibited Substance* or *Prohibited Method* or the premises in which a *Prohibited Substance* or *Prohibited Method* exists, constructive *Possession* shall only be found if the *Person* knew about the presence of the *Prohibited Substance* or *Prohibited Method* and intended to exercise control over it. Provided, however, there shall be no anti-doping rule violation based solely on *Possession* if, prior to receiving notification of any kind that the *Person* has committed an anti-doping rule violation, the *Person* has taken concrete action demonstrating that the *Person* never intended to have *Possession* and has renounced *Possession* by explicitly declaring it to an *Anti-Doping Organization*. Notwithstanding anything to the contrary in this definition, the purchase (including by any electronic or other means) of a *Prohibited Substance* or *Prohibited Method* constitutes *Possession* by the *Person* who makes the purchase.

[Comment: Under this definition, steroids found in an Athlete's car would constitute a violation unless the Athlete establishes that someone else used the car; in that event, the Anti-Doping Organization must establish that, even though the Athlete did not have exclusive control over the car, the Athlete knew about the

steroids and intended to have control over the steroids. Similarly, in the example of steroids found in a home medicine cabinet under the joint control of an Athlete and spouse, the Anti-Doping Organization must establish that the Athlete knew the steroids were in the cabinet and that the Athlete intended to exercise control over the steroids. The act of purchasing a Prohibited Substance alone constitutes Possession, even where, for example, the product does not arrive, is received by someone else, or is sent to a third party address.]

Prohibited List: The List identifying the *Prohibited Substances* and *Prohibited Methods*.

Prohibited Method: Any method so described on the *Prohibited List*.

Prohibited Substance: Any substance, or class of substances, so described on the *Prohibited List*.

Provisional Hearing: For purposes of Article 7.6, an expedited abbreviated hearing occurring prior to a hearing under Article 8 that provides the *Athlete* with notice and an opportunity to be heard in either written or oral form.

[Comment: A Provisional Hearing is only a preliminary proceeding which may not involve a full review of the facts of the case. Following a Provisional Hearing, the Athlete remains entitled to a subsequent full hearing on the merits of the case. By contrast, an "expedited hearing," as that term is used in Article 7.6, is a full hearing on the merits conducted on an expedited time schedule.]

Provisional Suspension: See *Consequences of Anti-Doping Rule Violations* above.

Publicly Disclose or Publicly Report: See *Consequences of Anti-Doping Rule Violations* above.

Regional Anti-Doping Organization: A regional entity designated by member countries to coordinate and manage delegated areas of their national anti-doping programs, which may include the adoption and implementation of anti-doping rules, the planning and collection of *Samples*, the management of results, the review of *TUEs*, the conduct of hearings, and the conduct of educational programs at a regional level.

Registered Testing Pool: The pool of highest-priority *Athletes* established separately at the international level by International Federations and at the national level by *National Anti-Doping Organizations*, who are subject to focused *In-Competition* and *Out-of-Competition Testing* as part of that International Federation's or *National Anti-Doping Organization's* test distribution plan and therefore are required to provide whereabouts information as provided in Article 5.6 of the *Code* and the International Standard for Testing and Investigations.

Sample or Specimen: Any biological material collected for the purposes of *Doping Control*.

[Comment: It has sometimes been claimed that the collection of blood Samples violates the tenets of certain religious or cultural groups. It has been determined that there is no basis for any such claim.]

Signatories: Those entities signing the *Code* and agreeing to comply with the *Code*, as provided in Article 23 of the *Code*.

South Asia Regional Anti-Doping Organisation (SARADO): The Regional Anti-Doping Organisation for South Asia

Specified Substance: See Article 4.2.3.

Strict Liability: The rule which provides that under Article 2.1 and Article 2.2, it is not necessary that intent, *Fault*, negligence, or knowing *Use* on the *Athlete's* part be demonstrated by the *Anti-Doping Organization* in order to establish an anti-doping rule violation.

Substantial Assistance: For purposes of Article 10.6.1 of the *Code*, a *Person* providing *Substantial Assistance* must: (1) fully disclose in a signed written statement all information he or she possesses in relation to anti-doping rule violations, and (2) fully cooperate with the investigation and adjudication of any case related to that information, including, for example, presenting testimony at a hearing if requested to do so by an *Anti-Doping Organization* or hearing panel. Further, the information provided must be credible and must comprise an important part of any case which is initiated or, if no case is initiated, must have provided a sufficient basis on which a case could have been brought.

Tampering: Altering for an improper purpose or in an improper way; bringing improper influence to bear; interfering improperly; obstructing, misleading or engaging in any fraudulent conduct to alter results or prevent normal procedures from occurring.

Target Testing: Selection of specific *Athletes* for *Testing* based on criteria set forth in the International Standard for Testing and Investigations.

Team Sport: A sport in which the substitution of players is permitted during a *Competition*.

Testing: The parts of the *Doping Control* process involving test distribution planning, *Sample* collection, *Sample* handling, and *Sample* transport to the laboratory.

Trafficking: Selling, giving, transporting, sending, delivering or distributing (or *Possessing* for any such purpose) a *Prohibited Substance* or *Prohibited Method* (either physically or by any electronic or other means) by an *Athlete*, *Athlete Support Person* or any other *Person* subject to the jurisdiction of an *Anti-Doping Organization* to any third party; provided, however, this definition shall not include the actions of "bona fide" medical personnel involving a *Prohibited Substance* used for genuine and legal therapeutic purposes or other acceptable justification, and shall not include actions involving *Prohibited Substances* which are not prohibited in *Out-of-Competition Testing* unless the circumstances as a whole demonstrate such *Prohibited Substances* are not intended for genuine and legal therapeutic purposes or are intended to enhance sport performance.

TUE: Therapeutic Use Exemption, as described in Article 4.4.

UNESCO Convention: The International Convention against Doping in Sport adopted by the 33rd session of the UNESCO General Conference on 19 October 2005 including any and all amendments adopted by the States Parties to the Convention and the Conference of Parties to the International Convention against Doping in Sport.

Use: The utilization, application, ingestion, injection or consumption by any means whatsoever of any *Prohibited Substance* or *Prohibited Method*.

WADA: The World Anti-Doping Agency.

Subject Disqualification of Results**From** sujan shrestha <sujanlal_jessica@yahoo.com>**To** Pakistan Olympic Association <info@nocpakistan.org>**Date** 11-08-2020 5:58 pm

- Disqualification of Results (Mehbob Ali).jpg (~2.4 MB)
- Disqualification of Results of Naeem.jpg (~2.3 MB)

Attn :

Mr. Muhammad Naeem
Athlete (Athletics, 100 M Hurdles)

and

Mr. Mehbob Ali:
Athlete (Athletics , 400 M Hurdles)
Pakistan

Dear sirs:

In regard to the above subject, please find the attached file which is self explanatory.

Thank you.

Best regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668

Cell : 977 9841306140

E-mail : sujanlal_jessica@yahoo.comWebsite : www.nocnepal.org.np

P.O. Box : 11455

Satdobato, Lalitpur



Disqualification of Results (Mehbob Ali).jpg
~2.4 MB

Disqualification of Results of Naeem.jpg
~2.3 MB





१३ औं दक्षिण एशियाली खेलकुद-२०१९
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०१९, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan

Sub : Disqualification of Results

Dear Mr. Mehbob Ali:

In addition to our previous letter, we would like to inform you that World Anti-Doping Code 2015 article 10.8 as applicable to you. Therefore as per the article 10.8, please return the medal and certificate to the South Asia Olympic Council (SAOC).

Thanking for you kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal



१३ औं दक्षिण एशियाली खेलकुद-२०१९
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०१९, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Muhammad Naeem
Athlete (Athletics, 100 m Hurdles)
Pakistan

Sub : Disqualification of Results

Dear Mr. Muhammad Naeem :

In addition to our previous letter, we would like to inform you that World Anti-Doping Code 2015 article 10.8 as applicable to you. Therefore as per the article 10.8, please return the medal and certificate to the South Asia Olympic Council (SAOC).

Thanking for you kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal



Subject Sanction Letter from Anti Doping Committee of 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Nepal Olympic Committee <info@nocnepal.org.np>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Chiho Miki <chiho.miki@wada-ama.org>, tom.may@wada-ama.org <tom.may@wada-ama.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, DG SARADO <dg@sa-rado.org>, HUSSAIN Mohamed <info@sa-rado.org>
Date 11-08-2020 2:38 pm

- mehbob ali .jpg (~1.7 MB)
- mehbob ali 2.jpg (~652 KB)

Attn : Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan.

Dear Mr. Ali:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha

Executive Secretary
 Nepal Olympic Committee

Tel / Fax : 977-1-5202668
 Cell : 977 9841306140
 E-mail : sujanlal_jessica@yahoo.com
 Website : www.nocnepal.org.np
 P.O. Box : 11455
 Satdobato, Lalitpur



mehbob ali .jpg
 ~1.7 MB

mehbob ali 2.jpg
 ~652 KB





च.न./Ref.No.:

मिति/Date:

August 7, 2020

To,
Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan

Sub : Sanctions of Individuals

Dear Mr. Mehbob Ali:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur in December 1 to 10, 2019. You Mr. Mehbob Ali from Pakistan Athlete 400 meter Hurdles Your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300904 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300904) on 6th December 2019 in Kathmandu . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was found. (S1.1 Anabolic Androgenic Steroids (AAS) /oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B hydroxymethyl-18-nor-2-oxy-5A-androst-13-en-3-one). In our record there was no TUE of yours. You were informed about the test result of A Sample and you requested us that you want to go for B sample analysis. We inform the Qatar Anti-doping lab. The Qatar Anti-Doping Lab gave you the date of 8th June 2020 for B sample Analysis. B sample analysis was carried out on 8th June 2020. The Lab sent the report on 16 June 2020 Stating that B Sample Test Result stating AAF – Adverse Analytical Finding. (S1.1 Anabolic Androgenic Steroids (AAS) /oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B hydroxymethyl-18-nor-2-oxy-5A-androst-13-en-3-one.)

The Finding of B Sample confirms the Presence of the Prohibited Substance found in the Athlete's A Sample . You were informed about it and on you wrote to us on 27 July 2020 stating that You accept the result of B sample and do not want to file any appeal.



च.ब./Ref.No.:

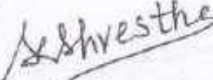
मिति/Date:

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.Mr. Mehbob Ali Your Ineligibility (Sanction} will be Four Years From 6th December 2019 to 5th December 2023.

Thanking for you kind Co-Operation

With Regards


Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)

Subject Sanctions of Individuals

From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, DG SARADO <dg@sa-rado.org>, Aaa . <sec@asianathleticsassociation.org>, Nilendra Shrestha <nilendrashrestha@gmail.com>, chiho.miki@wada-ama.org <chiho.miki@wada-ama.org>, tom.may@wada-ama.org <tom.may@wada-ama.org>, HUSSAIN Mohamed <info@sa-rado.org>
Date 11-08-2020 6:04 pm



- Sanction of Individual (Mr. Sami Ullah).pdf (~771 KB)

Attn: Mr. Sami Ullah
Athlete (Athletics, 100 M Sprint)
Pakistan

Dear Mr. Ullah:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur



१३ औं दक्षिण एशियाली खेलकुद-२०१९
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०१९, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Sami Ullah
Athlete (Athletic 100 m Sprint)
Pakistan

Sub : Sanctions of Individuals

Dear Mr. Sami Ullah:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur from 1 to 10 December 2019. You Mr. Sami Ullah from Pakistan Athlete 100 m Sprint Your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300910 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300910) on 3rd December 2019 in Kathmandu, Nepal . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was Reported (- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.) The Finding of A Sample bottle no: 4300910 confirms, the Presence of the Prohibited Substance. In our record you have not submitted any TUE. You were informed about the test result of A Sample. Since you did not request for further Analysis (B Sample analysis) in the time. We assume that you have accepted the result of Sample A .

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless



१३ औं दक्षिण एशियाली खेलकुद-२०७६
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०७६, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.1 Mr. Sami Ullah Your Ineligibility (Sanction) will be Four Years From 3rd December 2019 to 2nd December 2023 and World Anti- Doping code article No 10.8 as applicable to you. So please return your Medal to South Asia Olympic Council.

Thanking for you for your kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games
Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)



Subject Sanction Letter from the Anti Doping Committee of 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, tom.may@wada-ama.org <tom.may@wada-ama.org>, DG SARADO <dg@sa-rado.org>, HUSSAIN Mohamed <info@sa-rado.org>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, chiho.miki@wada-ama.org <chiho.miki@wada-ama.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, Nepal Olympic Committee <info@nocnepal.org.np>
Date 11-08-2020 2:33 pm

- muhammad naeem 1.jpg (~1.7 MB)
- muhammad naeem 2.jpg (~700 KB)

**Attn: Mr. Muhammad Naeem
 Athlete (Athletics, 100 M Hurdles)
 Pakistan**

Dear Mr. Naeem:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha
 Executive Secretary
 Nepal Olympic Committee

Tel / Fax : 977-1-5202668
 Cell : 977 9841306140
 E-mail : sujanlal_jessica@yahoo.com
 Website : www.nocnepal.org.np
 P.O. Box : 11455
 Satdobato, Lalitpur



muhammad naeem 1.jpg
 ~1.7 MB

muhammad naeem 2.jpg
 ~700 KB





च.नं./Ref.No.:

मिति/Date:
August 7, 2020

To,
Mr. Muhammad Naeem
Athlete (Athletics, 100 m Hurdles)
Pakistan

Sub : Sanctions of Individuals

Dear Mr.Muhammad Naeem:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur in December 1 to 10, 2019. You Mr.Muhammad Naeem from Pakistan Athlete 100 meter Hurdles your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300915 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300915) on 5th December 2019 in Kathmandu . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was Reported (- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol, 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.). In our record there was no TUE of yours. You were informed about the test result of A Sample and you requested us that you wanted to go for B sample analysis. We inform the Qatar Anti-doping lab. The Qatar Anti-Doping Lab gave you the date of 8th June 2020 for B sample Analysis. B sample analysis was carried out on 8th June 2020. The Lab sent the report on 16 June 2020 Stating that B Sample Test Result stating AAF – Adverse Analytical Finding. (S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol, 17A-Methyl-5B-androstane-3A,17B-diol,18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.)

The Finding of B Sample confirms the Presence of the Prohibited Substance found in the Athlete's A Sample. You were informed about it and on you wrote to us on 27 July 2020 stating that You accept the result of B sample and do not want to file any appeal.



च.नं./Ref.No.:


मिति/Date:

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.1 Mr Muhammad Naeem Your Ineligibility (Sanction) will be Four Years From 6th December 2019 to 5th December 2023.

Thanking for you kind Co-Operation.

With Regards


Dr. Saroj Krishna Shrestha
Charman, Anti-Doping Committee
13th South Asian Games, Nepal

Cc: -

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)

Subject NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Test)
From Pakistan Swimming Federation <pakswimfed@gmail.com>
To NOC Pakistan <info@nocpakistan.org>
Cc Gen Arif Hassan President POA <arifhasan19@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, <pakhandball@hotmail.co.uk>, <nrapakistan@gmail.com>, <meesaqrizvi@gmail.com>, lubnasibtain5 <lubnasibtain5@gmail.com>
Date 15-09-2020 9:42 am



- Questionier for NSFs.docx (~21 KB)
- Questionier fo NADO.docx (~16 KB)

Dear Mr Khalid Mahmood

Secretary General

POA

Reference POA Notification number POA-265/MGS/814 dated 26 August, 2020.

As discussed yesterday in your good office below find two emails that have to be generated immediately using POA email address as follows:-

First Email

From: info@nocpakistan.org

To: All the NSFs Affiliated with the POA

CC: President NOC, All Committee Members

Subject: NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Test)

Dear Sir / Madam,

Reference subject.

In the light of POA Notification number POA-265-MGS-814 dated 26TH August 2020 on the subject you are requested to respond to the questionnaire attached with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Second Email

From: info@nocpakistan.org

To: NADO (Dr Waqar)

CC: President NOC, All Committee Members

Subject: NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Test)

Dear Sir,

Reference subject.

In the light of POA Notification number POA-265-MGS-814 dated 26TH August 2020 on the subject you are requested to respond to the questionnaire attached with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

POA Staff deputed to undertake this task must consult me before dispatch of both emails.

Profound regards

Major Majid Waseem (Retd), ICC, ICECP

President Pakistan Swimming Federation,

Secretary SASF,

Bureau Member AASF &

Member FINA Masters Committee

Tel Mobile: +923004265255, +923215200842

Email: pakswimfed@gmail.com mwk_71@yahoo.com

URL: www.pakswimfed.org.pk

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Questions for Athletics Federation of Pakistan (AFP) Only

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

Subject Re: **NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Test)**
From Pakistan Swimming Federation <pakswimfed@gmail.com>
To NOC Pakistan <info@nocpakistan.org>
Cc Gen Arif Hassan President POA <arifhasan19@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, <pakhandball@hotmail.co.uk>, <nrapakistan@gmail.com>, <meesaqrizvi@gmail.com>, lubnasibtain5 <lubnasibtain5@gmail.com>
Date 15-09-2020 3:50 pm



- Questionier for NSFs.docx (~21 KB)

Dear Mr Khalid Mahmood

Secretary General

POA

Reference my last email on the subject.

Attach find revised questionnaire for the NSFs. Please send this copy to NSFs.

Profound regards

*Major Majid Waseem (Retd), ICC, ICECP
President Pakistan Swimming Federation,
Secretary SASF,
Bureau Member AASF &
Member FINA Masters Committee
Tel Mobile: +923004265255, +923215200842
Email: pakswimfed@gmail.com mwk_71@yahoo.com
URL: www.pakswimfed.org.pk*

On Tue, Sep 15, 2020 at 9:42 AM Pakistan Swimming Federation <pakswimfed@gmail.com> wrote:

Dear Mr Khalid Mahmood

Secretary General

POA

Reference POA Notification number POA-265/MGS/814 dated 26 August, 2020.

As discussed yesterday in your good office below find two emails that have to be generated immediately using POA email address as follows:-

First Email

From: info@nocpakistan.org

To: All the NSFs Affiliated with the POA

CC: President NOC, All Committee Members

Subject: NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Test)

Dear Sir / Madam,

Reference subject.

In the light of POA Notification number POA-265-MGS-814 dated 26TH August 2020 on the subject you are requested to respond to the questionnaire attached with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842

Second Email

From: info@nocpakistan.org

To: NADO (Dr Waqar)

CC: President NOC, All Committee Members

Subject: NOTIFICATION - PROBE COMMITTEE (13th SAG - Dope Test)

Dear Sir,

Reference subject.

In the light of POA Notification number POA-265-MGS-814 dated 26TH August 2020 on the subject you are requested to respond to the questionnaire attached with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842

POA Staff deputed to undertake this task must consult me before dispatch of both emails.

Profound regards

Major Majid Waseem (Retd), ICC, ICECP
President Pakistan Swimming Federation,
Secretary SASF,
Bureau Member AASF &
Member FINA Masters Committee
Tel Mobile: +923004265255, +923215200842
Email: pakswimfed@gmail.com mwk_71@yahoo.com

[URL: www.pakswimfed.org.pk](http://www.pakswimfed.org.pk)

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

***Note: All NSF's less AFP will respond to questions number 1 to 7.
Whereas AFP will respond to questions number 1 to 10***

Subject Notification - Probe Committee (13th SAG - Dope Test)**From** Pakistan Olympic Association <info@nocpakistan.org>**To** PAK - Athletics Federation Of Pakistan <<pak@mf.worldathletics.org>, Pakistan Badminton Federation <secretarypbf@gmail.com>, Pakistan Federation Baseball <pakistanbaseball@hotmail.com>, Shaukat Javed <shaukatpsp@hotmail.com>, Pakistan Basketball Federation <bashirsonsmall1950@gmail.com>, Khalid Bashir <pakistanbasketballfederation@gmail.com>, Pakistan Bodybuilding Federation <pkbodybuilding@gmail.com>, Pakistan Boxing Federation <president@pakboxingfed.com>, M. Nasir Ijaz Tung Secretary General PBF <secretarygeneralpbf@gmail.com>, Equestrian Federation of Pakistan <efp@efp.com.pk> PAK - Athletics Federation Of Pakistan <<pak@mf.worldathletics.org>, Pakistan Badminton Federation <secretarypbf@gmail.com>, Pakistan Federation Baseball <pakistanbaseball@hotmail.com>, Shaukat Javed <shaukatpsp@hotmail.com>, Pakistan Basketball Federation <bashirsonsmall1950@gmail.com>, Khalid Bashir <pakistanbasketballfederation@gmail.com>, Pakistan Bodybuilding Federation <pkbodybuilding@gmail.com>, Pakistan Boxing Federation <president@pakboxingfed.com>, M. Nasir Ijaz Tung Secretary General PBF <secretarygeneralpbf@gmail.com>, Equestrian Federation of Pakistan <efp@efp.com.pk>, <drfarooquaf@gmail.com>, Pakistan Golf Federation <<info@pgf.com.pk>, Ajaz Ahad Khan <<secy@pgf.com.pk>, Pakistan Gymnastic Federation <pakgymnasticsfed@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pakistan Hockey Federation <pakhockeyfederation@gmail.com>, Pakistan Ju Jitsu Federation <pjjf05@gmail.com>, <waqariyaskhan@gmail.com>, Pakistan Kabaddi Federation <<pakkabaddifederation@yahoo.com>, Pakistan Karate Federation <saadjahangir@yahoo.com>, <andleebsandhu@gmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Pakistan Rowing Federation <presidentpakrowingfed@gmail.com>, Pakistan Rugby Union <info@pakistanrugby.com>, <fawzi@pakistanrugby.com>, <arif@servis.com>, <khurram@pakistanrugby.com>, Pakistan Sailing Federation <<paksailing1969@gmail.com>, Pakistan Squash Federation <pakistansquash@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Majid Waseem <pakswimfed@gmail.com>, <veena517@gmail.com>, Winter Sports Federation Pakistan <wintersportsfedpak@gmail.com>, Softball Federation of Pakistan <lehri_softball@hotmail.com>, Softball Federation of Pakistan <asif_azeem8@yahoo.com>, Pakistan Table Tennis Federation <essemsibtain@gmail.com>, <tauqeerpptf@gmail.com>, Pakistan Table Tennis Federation Ahmer Mallick <ahmer.mallick@yahoo.com>, Pakistan Taekwondo Federation <ptf_wasim@yahoo.com>, Pakistan Tennis Federation <pktenfed@comsats.net.pk>, Pakistan Tug of War Federation <rana.mja@gmail.com>, <rmasghar786@gmail.com>, Pakistan Volleyball Federation <chmuhammad.yaqub@gmail.com>, Ch. Muhammad Yaqoob <pvfsecretariat@gmail.com>, Pakistan Weightlifting Federation <pakistanwf1@gmail.com>, <amjad_butt507@yahoo.com>, Pakistan Wrestling Federation <<pak@unitedworldwrestling.org>, Pakistan Wushu Federation <aaimalikwushu@gmail.com>**Cc** President NOC Pakistan <president@nocpakistan.org>, Info <info@nocpakistan.org>**Bcc** President POA <arifhasan19@gmail.com>**Date** 15-09-2020 6:51 pm

- Questionnaire for NSFs.docx (~21 KB)

Presidents and Secretaries General of

National Sports Federations of Pakistan

Affiliated to Pakistan Olympic Association

Dear Sir/Madam,

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- Secretary General, Pakistan Olympic Association.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-
 - a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

 - b. Awareness of Doping Practices in your sport?

 - c. Knowledge about Prohibited List and methods?

 - d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

 - e. How ibid measures are implemented / ensured by your Federation?

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

Subject Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Dr. Waqar Ahmad <drwaqarahmad@live.com>
Cc President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>, Info <info@nocpakistan.org>
Date 15-09-2020 7:20 pm



-
- Questionnaire for NADO.docx (~15 KB)

Dr. Waqar Ahmad

Chairman

Anti-Doping Organization of Pakistan (ADOP / NADO)

Subject: **Notification - Probe Committee (13th SAG - Dope Test)**

Dear Sir,

Reference subject.

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.

Subject Fwd: Adverse Analytical Findings of three athletes during South Asian Games Nepal.
From Waqar Ahmad <drwaqar_psb@yahoo.com>
To Nocpakistan Info <info@nocpakistan.org>
Date 15-09-2020 9:49 pm



Confidential

The Secretary General
Pakistan Olympic Association

Please refer to antidoping rules of ADOP(2015) article 12.3 & 12.3.2. Which are reproduced as under.

12.3 ADOP may elect to request the National Olympic Committee of Pakistan to take additional disciplinary action against National Federations with respect to recognition, the eligibility of its officials and Athletes to participate in International Events and fines based on the following:

12.3.2 More than one Athlete or other Person from a National Federation commits an Anti-Doping Rule violation during an International Event.

Since that POA is already conducting an inquiry on subject matter. POA is requested to proceed the inquiry considering article 12.3 and 12.3.2.

The outcome and recommendations may be shared with ADOP.

Dr. Waqar Ahmad
Chairman ADOP

Subject 13 SAG - Athlete Sanction Documents**From** Majid Waseem <mwk_71@yahoo.com>**To** Lubna Sibtain <lubnasibtain5@gmail.com>**Cc** Info NOC POA <info@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Meesaq Rizvi <meesaqrizvi@gmail.com>**Date** 16-09-2020 1:13 pm

-
- 228 (Violation of Anti-Doping Rules - 13th SAG 2019) - Muhammad Naeem.zip (~1.8 MB)
 - 229 (Violation of Anti-Doping Rules - 13th SAG 2019) - Mehboob Ali.zip (~1.7 MB)
 - 230 (Violation of Anti-Doping Rules - 13th SAG 2019) - Sami Ullah.zip (~1.1 MB)

Dear Dr Lubna,

Attach find required documents. For any additional requirement you may contact Mr Imran (POA) 03009492340

Profound regards

***Major Majid Waseem (Retd), ICC, ICECP
President Pakistan Swimming Federation,
Secretary SASF,
Bureau Member AASF &
Member FINA Masters Committee
Tel Mobile: +923004265255, +923215200842
Email: pakswimfed@gmail.com mwk_71@yahoo.com
URL: www.pakswimfed.org.pk***

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502


POA-228/MGS/SAG/814
12 August 2020

Mr. Muhammad Naeem
Through - Athletics Federation of Pakistan
Through - Army Sports Directorate

Subject: **VIOLATION OF ANTI-DOPING RULES**

Dear Mr. Muhammad Naeem,

The self - explanatory letter(s), imposing sanction & disqualification, issued by Dr. Saroj Krishna Shrestha, Chairman, Anti-Doping Committee of 13th South Asian Games, Nepal is hereby **forwarded** for information, record and necessary actions.


Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association



Copy to:

- Lt Gen (R) Syed Arif Hasan, President Pakistan Olympic Association.
- Director General, Pakistan Sports Board.
- Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan.
- Mr. Muhammad Zafar, Secretary General, Athletics Federation of Pakistan - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.
- Col. Sadaf Akram, Secretary, Army Sports Directorate - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.



१३ औं दक्षिण एशियाली खेलकुद-२०१९
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०१९, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



स.न./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Muhammad Naeem
Athlete (Athletics, 100 m Hurdles)
Pakistan

Sub : Disqualification of Results

Dear Mr. Muhammad Naeem :

In addition to our previous letter, we would like to inform you that World Anti-Doping Code 2015 article 10.8 as applicable to you. Therefore as per the article 10.8, please return the medal and certificate to the South Asia Olympic Council (SAOC).

Thanking for you kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal



Subject Sanction Letter from the Anti Doping Committee of 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, tom.may@wada-ama.org <tom.may@wada-ama.org>, DG SARADO <dg@sa-rado.org>, HUSSAIN Mohamed <info@sa-rado.org>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, chiho.miki@wada-ama.org <chiho.miki@wada-ama.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, Nepal Olympic Committee <info@nocnepal.org.np>
Date 11-08-2020 2:33 pm

- muhammad naeem 1.jpg (~1.7 MB)
- muhammad naeem 2.jpg (~700 KB)

**Attn: Mr. Muhammad Naeem
 Athlete (Athletics, 100 M Hurdles)
 Pakistan**

Dear Mr. Naeem:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha
 Executive Secretary
 Nepal Olympic Committee

Tel / Fax : 977-1-5202668
 Cell : 977 9841306140
 E-mail : sujanlal_jessica@yahoo.com
 Website : www.nocnepal.org.np
 P.O. Box : 11455
 Satdobato, Lalitpur



muhammad naeem 1.jpg
 ~1.7 MB

muhammad naeem 2.jpg
 ~700 KB



च.नं./Ref.No.:

मिति/Date:
August 7, 2020

To,
Mr. Muhammad Naeem
Athlete (Athletics, 100 m Hurdles)
Pakistan

Sub : Sanctions of Individuals

Dear Mr.Muhammad Naeem:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur in December 1 to 10, 2019. You Mr. Muhammad Naeem from Pakistan Athlete 100 meter Hurdles your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300915 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300915) on 5th December 2019 in Kathmandu . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was Reported (- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol, 17A-Methyl-5B-androstane-3A,17B-diol, 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.). In our record there was no TUE of yours. You were informed about the test result of A Sample and you requested us that you wanted to go for B sample analysis. We inform the Qatar Anti-doping lab. The Qatar Anti-Doping Lab gave you the date of 8th June 2020 for B sample Analysis. B sample analysis was carried out on 8th June 2020. The Lab sent the report on 16 June 2020 Stating that B Sample Test Result stating AAF – Adverse Analytical Finding. (S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolites 6B-hydroxymetandienone, Epimetendiol, 18-normetenol, 17A-Methyl-5B-androstane-3A,17B-diol,18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.)

The Finding of B Sample confirms the Presence of the Prohibited Substance found in the Athlete's A Sample. You were informed about it and on you wrote to us on 27 July 2020 stating that You accept the result of B sample and do not want to file any appeal.



च.नं./Ref.No.:


मिति/Date:

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.1 Mr Muhammad Naeem Your Ineligibility (Sanction) will be Four Years From 6th December 2019 to 5th December 2023.

Thanking for you kind Co-Operation.

With Regards


Dr. Saroj Krishna Shrestha
Charman, Anti-Doping Committee
13th South Asian Games, Nepal

Cc: -

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502

POA-229/MGS/SAG/814
12 August 2020

Mr. Mehboob Ali
Through - Athletics Federation of Pakistan
Through - Army Sports Directorate

Subject: **VIOLATION OF ANTI-DOPING RULES**

Dear Mr. Mehboob Ali,

The self - explanatory letter(s), imposing sanction & disqualification, issued by Dr. Saroj Krishna Shrestha, Chairman, Anti-Doping Committee of 13th South Asian Games, Nepal is hereby **forwarded** for information, record and necessary actions,


Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association



Copy to:

- Lt Gen (R) Syed Arif Hasan, President Pakistan Olympic Association.
- Director General, Pakistan Sports Board.
- Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan.
- Mr. Muhammad Zafar, Secretary General, Athletics Federation of Pakistan - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.
- Col. Sadaf Akram, Secretary, Army Sports Directorate - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.



१३ औं दक्षिण एशियाली खेलकुद-२०७६
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०७६, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



स.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan

Sub : Disqualification of Results

Dear Mr. Mehbob Ali:

In addition to our previous letter, we would like to inform you that World Anti-Doping Code 2015 article 10.8 as applicable to you. Therefore as per the article 10.8, please return the medal and certificate to the South Asia Olympic Council (SAOC).

Thanking for you kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal



Subject Sanction Letter from Anti Doping Committee of 13 SAG
From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Nepal Olympic Committee <info@nocnepal.org.np>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Chiho Miki <chiho.miki@wada-ama.org>, tom.may@wada-ama.org <tom.may@wada-ama.org>, sec@asianathleticsassociation.org <sec@asianathleticsassociation.org>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, DG SARADO <dg@sa-rado.org>, HUSSAIN Mohamed <info@sa-rado.org>
Date 11-08-2020 2:38 pm

- mehbob ali .jpg (~1.7 MB)
- mehbob ali 2.jpg (~652 KB)

Attn : Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan.

Dear Mr. Ali:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha

Executive Secretary
 Nepal Olympic Committee

Tel / Fax : 977-1-5202668
 Cell : 977 9841306140
 E-mail : sujanlal_jessica@yahoo.com
 Website : www.nocnepal.org.np
 P.O. Box : 11455
 Satdobato, Lalitpur



mehbob ali .jpg
 ~1.7 MB

mehbob ali 2.jpg
 ~652 KB





च.न./Ref.No.:

मिति/Date:

August 7, 2020

To,
Mr. Mehbob Ali
Athlete (Athletics, 400 m Hurdles)
Pakistan

Sub : Sanctions of Individuals

Dear Mr. Mehbob Ali:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur in December 1 to 10, 2019. You Mr. Mehbob Ali from Pakistan Athlete 400 meter Hurdles Your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300904 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300904) on 6th December 2019 in Kathmandu . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was found. (S1.1 Anabolic Androgenic Steroids (AAS) /oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B hydroxymethyl-18-nor-2-oxy-5A-androst-13-en-3-one). In our record there was no TUE of yours. You were informed about the test result of A Sample and you requested us that you want to go for B sample analysis. We inform the Qatar Anti-doping lab. The Qatar Anti-Doping Lab gave you the date of 8th June 2020 for B sample Analysis. B sample analysis was carried out on 8th June 2020. The Lab sent the report on 16 June 2020 Stating that B Sample Test Result stating AAF – Adverse Analytical Finding. (S1.1 Anabolic Androgenic Steroids (AAS) /oxandrolone metabolite 17A-hydroxymethyl-17B-methyl-18-nor-2-oxa-5A-androst-13-en-3-one and 17B hydroxymethyl-18-nor-2-oxy-5A-androst-13-en-3-one.)

The Finding of B Sample confirms the Presence of the Prohibited Substance found in the Athlete's A Sample . You were informed about it and on you wrote to us on 27 July 2020 stating that You accept the result of B sample and do not want to file any appeal.



च.ब./Ref.No.:

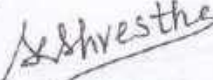
मिति/Date:

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.Mr. Mehbob Ali Your Ineligibility (Sanction} will be Four Years From 6th December 2019 to 5th December 2023.

Thanking for you kind Co-Operation

With Regards


Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games, Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)

Pakistan Olympic Association

PRESIDENT

Lt Gen (Retd)
Syed Arif Hasan HI(M)



SECRETARY GENERAL

Muhammad Khalid Mahmood
Cell : +92-300-9462502


POA-230/MGS/SAG/814
12 August 2020

Mr. Sami Ullah
Through - Athletics Federation of Pakistan
Through - WAPDA Sports Board

Subject: **VIOLATION OF ANTI-DOPING RULES**

Dear Mr. Sami Ullah,

The self - explanatory letter(s), imposing sanction & disqualification, issued by Dr. Saroj Krishna Shrestha, Chairman, Anti-Doping Committee of 13th South Asian Games, Nepal is hereby **forwarded** for information, record and necessary actions.


Muhammad Khalid Mahmood
Secretary General
Pakistan Olympic Association



Copy to:

- Lt Gen (R) Syed Arif Hasan, President Pakistan Olympic Association.
- Director General, Pakistan Sports Board.
- Dr. Waqar Ahmad, Chairman, Anti-Doping Organization of Pakistan.
- Mr. Muhammad Zafar, Secretary General, Athletics Federation of Pakistan - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.
- Mr. Muhammad Razzaq, General Secretary, WAPDA Sports Board - For subsequent transmission of this letter along with enclosure(s) to concerned athlete.

Subject Sanctions of Individuals

From sujan shrestha <sujanlal_jessica@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Jeewan Nepal <jibanram@yahoo.com>, Dr Saroj Shreesta <saroshmanepal@gmail.com>, Nepal Olympic Committee <info@nocnepal.org.np>, PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>, DG SARADO <dg@sa-rado.org>, Aaa . <sec@asianathleticsassociation.org>, Nilendra Shrestha <nilendrashrestha@gmail.com>, chiho.miki@wada-ama.org <chiho.miki@wada-ama.org>, tom.may@wada-ama.org <tom.may@wada-ama.org>, HUSSAIN Mohamed <info@sa-rado.org>
Date 11-08-2020 6:04 pm



- Sanction of Individual (Mr. Sami Ullah).pdf (~771 KB)

Attn: Mr. Sami Ullah
Athlete (Athletics, 100 M Sprint)
Pakistan

Dear Mr. Ullah:

We hope that you and your family are safe and in good health at this difficult moment.

In regard to the above subject, please find herewith the attachments.

Regards,

Sujan Lal Shrestha
Executive Secretary
Nepal Olympic Committee

Tel / Fax : 977-1-5202668
Cell : 977 9841306140
E-mail : sujanlal_jessica@yahoo.com
Website : www.nocnepal.org.np
P.O. Box : 11455
Satdobato, Lalitpur



१३ औं दक्षिण एशियाली खेलकुद-२०१९
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०१९, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

August 11, 2020

To,
Mr. Sami Ullah
Athlete (Athletic 100 m Sprint)
Pakistan

Sub : Sanctions of Individuals

Dear Mr. Sami Ullah:

Greetings from Nepal. It is kindly to inform that during the 13th South Asian Games held in Kathmandu, Pokhara and Janakpur from 1 to 10 December 2019. You Mr. Sami Ullah from Pakistan Athlete 100 m Sprint Your In-Competition Doping Control test, Urine sample was taken, Bottles No: 4300910 . (The sample of urine was poured by you in two bottles with the initial A and B with the Same Number: 4300910) on 3rd December 2019 in Kathmandu, Nepal . The samples were sent to WADA accredited lab in Anti-Doping Lab Doha Qatar. The Test Report of A Sample received on 16 January 2020 stated that in Test result AAF – Adverse Analytical Finding was Reported (- S1.1 Anabolic Androgenic Steroids (AAS)/metandienone metabolite 18-nor-17B-hydroxymethyl,17Amethyandrost-1,4,13-trien-3-one.) The Finding of A Sample bottle no: 4300910 confirms, the Presence of the Prohibited Substance. In our record you have not submitted any TUE. You were informed about the test result of A Sample. Since you did not request for further Analysis (B Sample analysis) in the time. We assume that you have accepted the result of Sample A .

So according to South Asia Olympic Council Anti-Doping Rules Applicable to the 13th South Asian Game (Based on the World Anti- Doping Code) June 2019.

In accordance to Article 10.2 (Ineligibility for Presence, Use or Attempted Use or Possession of a Prohibited Substance or Prohibited Method) In According to World Anti-Doping Code 2015 Article 10.2.1 (The period of Ineligibility shall be four years where: 10.2.1.1 (The Anti-Doping rule violation does not involve a specified Substance, Unless



१३ औं दक्षिण एशियाली खेलकुद-२०७६
एन्टि डोपिङ्ग समिति
मंसिर १५-२४, २०७६, काठमाडौं-पोखरा
13th South Asian Games (SAG)-2019
Anti-Doping Committee
Dec.1-10, 2019, Kathmandu-Pokhara



च.नं./Ref.No.:

मिति/Date:

the Athlete or other Person can establish that the Anti-Doping rule violation was not intentional). In Accordance to Article 7.1.1 and World Anti- Dope Code Article 10.2.1 and 10.2.1.1 Mr. Sami Ullah Your Ineligibility (Sanction) will be Four Years From 3rd December 2019 to 2nd December 2023 and World Anti- Doping code article No 10.8 as applicable to you. So please return your Medal to South Asia Olympic Council.

Thanking for you for your kind Co-Operation

With Regards

Dr. Saroj Krishna Shrestha
Chairman, Anti-Doping Committee
13th South Asian Games
Nepal

Cc:

- a) Pakistan Olympic Association
- b) Pakistan Athletics Association
- c) Asian Athletics Association (AAA)
- d) World Anti-doping Agency (WADA)
- e) Asia Oceania Regional Anti-Doping Organization Office
- f) SA RADO
- g) South Asia Olympic Council (SAOC)

Subject Re: 13 SAG - Athlete Sanction Documents**From** lubna sibtain <lubnasibtain5@gmail.com>**To** Majid Waseem <mwk_71@yahoo.com>**Cc** Info NOC POA <info@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Meesaq Rizvi <meesaqrizvi@gmail.com>**Date** 16-09-2020 2:18 pm

Respected Major Majid,

Thank you for the prompt response .The sanction documents give no information of the prohibited substance that was detected from the specimen of the athletes ,I wanted to get information about the prohibited substance leading to eviction in this case , so as to give guidance to Mr Lodhi.

Regards,

Dr. Maj (R) Lubna Sibtain

Member, (DCRB)&(TUEC)

Federation Internationale De Natation (Fina)

On Wed, Sep 16, 2020 at 1:13 PM Majid Waseem <mwk_71@yahoo.com> wrote:

Dear Dr Lubna,

Attach find required documents. For any additional requirement you may contact Mr Imran (POA) 03009492340

Profound regards

Major Majid Waseem (Retd), ICC, ICECP

President Pakistan Swimming Federation,

Secretary SASF,

Bureau Member AASF &

Member FINA Masters Committee

Tel Mobile: +923004265255, +923215200842

Email: pakswimfed@gmail.com mwk_71@yahoo.com

URL: www.pakswimfed.org.pk

Subject Re: 13 SAG - ATHLETE SANCTION DOCUMENTS
From National Rifle Association of Pakistan <nrapakistan@gmail.com>
To Nocpakistan Info <info@nocpakistan.org>
Cc Pakistan Swimming Federation <mwk_71@yahoo.com>, <lubnasibtain5@gmail.com>, <meesaqrizvi@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>
Date 17-09-2020 2:13 pm



MOST URGENT

To: POA

Re: **13 SAG - ATHLETE SANCTION DOCUMENTS**

Dear Sir,

Kindly ask the SAF Games Organizing Committee to send copies of banned athletes Dope Test reports **Immediately**.

Regards

Javaid Lodhi
Member Doping Probe Committee

Subject Re: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Swimming Federation <pakswimfed@gmail.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Gen Arif Hassan President POA <arifhasan19@gmail.com>, Majid Waseem President PSF <mwk_71@yahoo.com>, Fatima Lakhani Patron In Chief PWSA <lakhanif@hotmail.com>, President PWSA <veena517@yahoo.com>
Date 18-09-2020 12:46 pm



-
- Questionnaire for NSFs re Anti Doping Code.doc (~51 KB)

Dear Sir,

Reference subject.

Attach find response of the Pakistan Swimming Federation.

Profound regards

Veena Salman Masud
Secretary General Pakistan Swimming Federation,
Tel Mobile: +923008291594
Email: pakswimfed@gmail.com
URL: www.pakswimfed.org.pk

On Tue, Sep 15, 2020 at 6:51 PM Pakistan Olympic Association <info@nocpakistan.org> wrote:

Presidents and Secretaries General of
National Sports Federations of Pakistan
Affiliated to Pakistan Olympic Association

Dear Sir/Madam,

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- Secretary General, Pakistan Olympic Association.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

From the
PAKISTAN SWIMMING FEDERATION

1. **Question No 1. Is your Federation fully cognizant of WADA Anti-Doping Code?**

Although the Pakistan Swimming Federation is well cognizant of WADA Anti-Doping Code. Nevertheless, Federation feels that awareness level is much lacking. Federation maintains strict rules regarding the WADA Anti-Doping Code and has a formal document signed by its swimmers regarding the use of medications and supplements they may be taking along with the signed medical prescriptions by the Doctor.

2. **Question No 2. What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-**

a. **Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?**

Unfortunately, Pakistan has no official running Anti-Doping testing system. It is an expensive procedure and funds are not provided to the Federation to avail this facility to test their swimmers.. However the swimmers are in line with the International Swimming Federation (FINA) regarding FINA's Athletes Whereabouts System and are available if and when they are required for random dope testing conducted by FINA.

b. **Awareness of Doping Practices in your sport?**

The Affiliated Units of the Pakistan Swimming Federation with their swimmers and coaches are reminded by regular official emails of the updated WADA Anti-Doping Rules and Regulations. This is also addressed at the Federation's Coaching and Technical Workshops/Clinics.

c. **Knowledge about Prohibited List and methods?**

The Pakistan Swimming Federation circulates the undated list of WADA Anti-Doping Rules and Regulations along with the list of prohibited substances as soon as the revised Anti-Doping Rules and Regulations are issued.

d. **Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?**

Yes the Federation is very well aware of TUE process. If in any case a swimmer(s) may have a medical issue that may require special medication i.e. asthma, the swimmers are required to fill in TUE form (available on Federation website) along with signed prescription by his/her doctor and submitted to NADO.

e. **How ibid measures are implemented / ensured by your Federation?**

When swimmers are selected for international events, the swimmers are required to provide a signed official legal document with any medication/supplements they are using. Any official prescription must be signed by their Doctors. If there is any doubt the Federation will seek an alternative medical report.

3. **Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?**

There is a lot of information available on the internet / social media on performance enhancing drugs and supplements. Many protein supplements that are available in supermarkets and drug stores contain steroids that profess to make stronger muscles. Many players/athletes take these not realizing that they may prove drug positive because of these additives. There are some homeopathic and herbal medications that are cheaply available in the local market that may also prove drug positive. Growth hormones supplements can also prove drug positive. The new fad of taking highly concentrated caffeine tablets and highly concentrated caffeine drinks that are available all over the counter, may prove the athlete/player drug positive. There is dire need that an aggressive campaign on regular basis at National level may be undertaken. Moreover, NADO, which is currently dormant, must be made to play active part to curb this menace. Mere sending of emails doesn't serve the purpose. Athletes must be tested on regular basis (On and Off Competition) to create real deterrence and date maintained.

4. **Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.**

Because of the paucity of funds the Pakistan Swimming Federation has not conducted any drug tests but has continued to emphasize the importance of the dangers of using banned substance to all its swimmers and takes extra caution by getting signed documents from their swimmers on any medication/supplements they may be taking with their doctor's signature.

5. **Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?**

Swimmers have to give signed legal document that they are not taking any illegal substance. If the swimmer is under age the swimmer's parents are required to also sign the document. If by chance the swimmer is on any medication(s), the medication(s) must be listed along with the official signed Doctor's prescription. It must be mentioned that 2 swimmers were randomly tested at the Commonwealth Games, one in Melbourne 2006, and the other at Glasgow 2014, since both the swimmers were proved drug free no written documents were given.

6. **Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?**

No official doping tests are taken during national championships. This is because the Federation has no funds to facilitate the testing. National Championships are financed through limited sponsorship. However, at the Team Managers Meeting before the start of the event, all Team Managers are again reminded about the abuse of prohibited substances. The Team Officials also keep a careful watch on whether any swimmer is taking any prohibited substances or injecting any illegal drugs etc. However, there must be a proper experienced medical team that is trained to facilitate and conduct testing at all National Championships of all sports.

7. **Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?**

The National Anti-Doping Organization of Pakistan (NADO) must be more efficient and must conduct dope testing for all medal winners at National Championships and must also introduce Random Testing, Out of Competition Testing and Athletes Whereabouts System as is done by the International Swimming Federation (FINA). All swimmers are required to submit their whereabouts to ensure that they can be tested without prior notice. This has been a major success with FINA to eliminate the use of illegal drugs.

8. **Question No 8**. In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

-----NA-----

9. **Question No 9**. While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

-----NA-----

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

-----NA-----

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

Subject Re: Notification - Probe Committee (13th SAG - Dope Test)
From President Pakistan Taekwondo Federation <ptf_wasim@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Majid Wasim <mwk_71@yahoo.com>
Date 21-09-2020 6:58 pm



-
- Questionnaire for NSFs (1).doc (~47 KB)

Dear Sir,

The required information as asked by Secretary POA Probe Committee is enclosed as desired, please.

Regards,

Lt Col Raja Waseem Ahmed (R)
President
Pakistan Taekwondo Federation

On Tuesday, September 15, 2020, 06:51:41 PM GMT+5, Pakistan Olympic Association <info@nocpakistan.org> wrote:

Presidents and Secretaries General of
National Sports Federations of Pakistan
Affiliated to Pakistan Olympic Association

Dear Sir/Madam,

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- Secretary General, Pakistan Olympic Association.

**QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA**

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Answer: Yes

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Answer: All the athletes informed through lectures before commencement of any National / International Competition.

- b. Awareness of Doping Practices in your sport?

Answer: Through already circulated material duly received from POA / World Taekwondo and Anti Doping Agency.

- c. Knowledge about Prohibited List and methods?

Answer: Duly circulated amongst all affiliated units, provincial associations, clubs accordingly.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Answer: Yes we know.

- e. How ibid measures are implemented / ensured by your Federation?

Answer: Due to non-availability of funds only lectures and verbal discussion made between officials / coaches and athletes to ensure maximum implementation of necessary actions. However, during International Competitions specially in Games coaches and Managers are made responsible to ensure it.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Answer: No.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Answer: No, In South Asian Games 2016, Islamic Games 2017 and Asian Games 2018 the athletes tested by organizing committee and no record held with Federation. However, all the athletes being tested in said games declared Negative.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Answer: All the athletes informed verbally before commencement of any International Competition and follow the guidelines of World Taekwondo.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Answer: No due to non-availability of funds. However, the finances can be raised through sponsorships as we do to conduct National Championship / Coaching Seminars etc.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Answer: It is time that POA must intimate PSB to have Modern Testing Anti Doping Lab for ensuring this facility for the Elite Athletes. Pakistan Army Sports Directorate can also facilitate the NSFs in collaboration with AFIRM.

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

Subject Re: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Dr. Waqar Ahmad <drwaqarahmad@live.com>
Cc President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>
Date 29-09-2020 11:52 am



Dear Sir,

Please refer to below email. It was requested to please send us the Questionnaire duly completed by 28 September, 2020 which is still awaited. It is again requested to please provide the questionnaire duly completed by **30 September, 2020**.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

On 15-09-2020 7:20 pm, Pakistan Olympic Association wrote:

Dr. Waqar Ahmad

Chairman

Anti-Doping Organization of Pakistan (ADOP / NADO)

Subject: **Notification - Probe Committee (13th SAG - Dope Test)**

Dear Sir,

Reference subject.

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.

Subject Re: Notification - Probe Committee (13th SAG - Dope Test)**From** Pakistan Olympic Association <info@nocpakistan.org>

To PAK - Athletics Federation Of Pakistan <<pak@mf.worldathletics.org>, Pakistan Badminton Federation <secretarypbf@gmail.com>, Pakistan Federation Baseball <pakistanbaseball@hotmail.com>, Shaukat Javed <shaukatpsp@hotmail.com>, Pakistan Basketball Federation <bashirsonsmall1950@gmail.com>, Khalid Bashir <pakistanbasketballfederation@gmail.com>, Pakistan Bodybuilding Federation <pkbodybuilding@gmail.com>, Pakistan Boxing Federation <president@pakboxingfed.com>, M. Nasir Ijaz Tung Secretary General PBF <secretarygeneralpbf@gmail.com>, Equestrian Federation of Pakistan <efp@efp.com.pk> PAK - Athletics Federation Of Pakistan <<pak@mf.worldathletics.org>, Pakistan Badminton Federation <secretarypbf@gmail.com>, Pakistan Federation Baseball <pakistanbaseball@hotmail.com>, Shaukat Javed <shaukatpsp@hotmail.com>, Pakistan Basketball Federation <bashirsonsmall1950@gmail.com>, Khalid Bashir <pakistanbasketballfederation@gmail.com>, Pakistan Bodybuilding Federation <pkbodybuilding@gmail.com>, Pakistan Boxing Federation <president@pakboxingfed.com>, M. Nasir Ijaz Tung Secretary General PBF <secretarygeneralpbf@gmail.com>, Equestrian Federation of Pakistan <efp@efp.com.pk>, <drfarooquaf@gmail.com>, Pakistan Golf Federation <<info@pgf.com.pk>, Ajaz Ahad Khan <<secy@pgf.com.pk>, Pakistan Gymnastic Federation <pakgymnasticsfed@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pakistan Hockey Federation <pakhockeyfederation@gmail.com>, Pakistan Ju Jitsu Federation <pjjf05@gmail.com>, <waqariyaskhan@gmail.com>, Pakistan Kabaddi Federation <<pakkabaddifederation@yahoo.com>, Pakistan Karate Federation <saadjahangir@yahoo.com>, <andleebsandhu@gmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Pakistan Rowing Federation <presidentpakrowingfed@gmail.com>, Pakistan Rugby Union <info@pakistanrugby.com>, <fawzi@pakistanrugby.com>, <arif@servis.com>, <khurram@pakistanrugby.com>, Pakistan Sailing Federation <<paksailing1969@gmail.com>, Pakistan Squash Federation <pakistansquash@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Majid Waseem <pakswimfed@gmail.com>, <veena517@gmail.com>, Winter Sports Federation Pakistan <wintersportsfedpak@gmail.com>, Softball Federation of Pakistan <lehri_softball@hotmail.com>, Softball Federation of Pakistan <asif_azeem8@yahoo.com>, Pakistan Table Tennis Federation <essemsibtain@gmail.com>, <tauqeerpptf@gmail.com>, Pakistan Table Tennis Federation Ahmer Mallick <ahmer.mallick@yahoo.com>, Pakistan Taekwondo Federation <ptf_wasim@yahoo.com>, Pakistan Tennis Federation <pktenfed@comsats.net.pk>, Pakistan Tug of War Federation <rana.mja@gmail.com>, <rmasghar786@gmail.com>, Pakistan Volleyball Federation <chmuhammad.yaqub@gmail.com>, Ch. Muhammad Yaqoob <pvfsecretariat@gmail.com>, Pakistan Weightlifting Federation <pakistanwf1@gmail.com>, <amjad_butt507@yahoo.com>, Pakistan Wrestling Federation <<pak@unitedworldwrestling.org>, Pakistan Wushu Federation <aaimalikwushu@gmail.com>

Cc President NOC Pakistan <president@nocpakistan.org>, Info <info@nocpakistan.org>**Bcc** President POA <arifhasan19@gmail.com>**Date** 29-09-2020 12:08 pm

- Questionnaire for NSFs.docx (~21 KB)

Dear Sir/Madam,

Reference subject and trailing email.

Questionnaire was required to be sent latest by 28 September, 2020. However same is not yet received. Ensure to submit Questionnaire duly completed in all respect latest by **30 September, 2020**.

Please ignore this email if you have already submitted the Questionnaire.

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

On 15-09-2020 6:51 pm, Pakistan Olympic Association wrote:

Presidents and Secretaries General of
National Sports Federations of Pakistan
Affiliated to Pakistan Olympic Association

Dear Sir/Madam,

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- Secretary General, Pakistan Olympic Association.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-
 - a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

 - b. Awareness of Doping Practices in your sport?

 - c. Knowledge about Prohibited List and methods?

 - d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

 - e. How ibid measures are implemented / ensured by your Federation?

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

Subject Re: Notification - Probe Committee (13th SAG - Dope Test)

From Pakistan Olympic Association <info@nocpakistan.org>

To Majid Waseem <mwk_71@yahoo.com>

Cc President POA <arifhasan19@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pak Handball Fed <mshafiqpahf@hotmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Meesaq Rizvi <meesaqrizvi@gmail.com>

Date 29-09-2020 6:28 pm



- Athletics - Questionnaire for NSFs.pdf (~753 KB)
- Gymnastics - Questionnaire of NSFs.docx (~35 KB)
- Hockey - Questionnaire for NSFs.docx (~27 KB)
- Ju-Jitsu - Questionnaire for NSFs (2).pdf (~122 KB)
- Rugby - Questionnaire for NSFs.pdf (~46 KB)
- Shooting - Questionnaire - National Rifle Association of Pakistan.pdf (~103 KB)
- Swimming - Questionnaire for NSFs re Anti Doping Code.doc (~50 KB)
- Taekwondo - Questionnaire for NSFs (1).doc (~46 KB)
- Volleyball - Questionnaire for NSFs.docx (~23 KB)

Dear Sir,

The following National Sports Federations have sent the Questionnaire duly completed which are **forwarded** for kind perusal:-

1. Athletics
2. Gymnastics
3. Hockey
4. Jujitsu
5. Rugby
6. Shooting
7. Swimming
8. Taekwondo
9. Volleyball

Rest of the NSFs have sent reminder to provide the Questionnaire by 30 September, 2020. Similarly ADOP / NADO has also been reminded to send the same by 30 Sep, 2020.

Best regards,

Imran Ahmad Khan

Manager Games Services

Pakistan Olympic Association

On 28-09-2020 6:52 pm, Majid Waseem wrote:

Dear Mr Imran,

Please advise as to how many units have responded to the questionnaire till to date. Share same with all the Committee Members and prepare separate folder of it. Include all papers as we commenced proceedings.

Those who haven't responded, send them reminder to submit their response ASAP but no later than 30 September. Similarly if NADO has not responded then send them a reminder too.

Thanks

Major Majid Waseem (Retd)

Sent from Yahoo Mail on Android

On Tue, 15 Sep 2020 at 19:20, Pakistan Olympic Association <info@nocpakistan.org> wrote:

Dr. Waqar Ahmad

Chairman

Anti-Doping Organization of Pakistan (ADOP / NADO)

Subject: **Notification - Probe Committee (13th SAG - Dope Test)**

Dear Sir,

Reference subject.

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Answer: Yes

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Answer: Information received from all International and National organizations is conveyed regularly to all the affiliated units of AFP for compliance and implementation.

- b. Awareness of Doping Practices in your sport?

Answer: Athletes, coaches, organizers and team managers are advised regularly to follow the instructions and rules regarding doping guidelines. Special effort is further made during the organization of an athletics event to educate athletic personnel about the harmful use of these prohibited substances.

- c. Knowledge about Prohibited List and methods?

Answer: The list and other information is shared with all affiliates of AFP

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Answer: Selected athletes are briefed during the national training camps and at the time of participation in International competitions.

- e. How ibid measures are implemented / ensured by your Federation?

Answer: Athletes and coaches are educated through the management of their units to ensure the implementation.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measures to avoid deduction of such substances?

Answer: The internet is the primary source for obtaining such information. It is our assumption that such knowledge is secured by the athletes, coaches, and trainers through electronic media sources.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Answer: Yes, AFP conducted dope tests of five (5) athletes on the occasion of 47th National Athletics Championships 2016, Quetta. The test samples of the following athletes were sent to the National dope testing laboratory, India by Anti-Doping Organization of Pakistan. The results of the Dope tests were reported by the laboratory to ADOP who informed AFP that all tests were negative. Copy of Dope test results is attached.

Names of athletes

Sr. No.	Name	Unit
1.	Muhammad Imran	WAPDA
2.	Muhammad Waseem	Army
3.	Mehboob Ali	Army
4.	Shakil Ahmad	Army
5.	Ghoar Shahbaz	WAPDA

These tests were carried out at the expenses of AFP.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Answer: Athletes are cautioned to abstain from using any illegal/prohibited substance. They are also advised to follow the doping procedures of the concerned Games / Championships anti- doping committee.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted, and finances raised?

Answer: Yes, AFP conducted 5 dope tests during the 47th National Athletics Championships, Quetta 2016. It was unfortunate that doping tests were not carried out during the 33rd National Games, Peshawar, 2019 organized by the KPK and POA.

It is the mandate of ADOP to conduct Doping tests and funds be provided to ADOP, by the Govt or POA to conduct Doping tests regularly.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Answer: The elements who procure and supply prohibited items to the sports persons are the main cause of this evil. Such bad elements should fully be identified and prosecuted to the full extent of the law.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

Answer: It was an individual act by the athletes who have been punished as per WADA rules. To probe the matter AFP constituted a committee vide Notification No. AFP/A-18/2020 dated 26 May 2020 but on the advice of POA its proceedings were not held. AFP has already taken up the matter with the parent departments of 03 athletes to initiate disciplinary actions against the defaulters. Both the departments (Army & WAPDA) have initiated the proceedings. Useful outcome of the enquiry will be shared.

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

Answer: We have considered all the possibilities and state the following reasons.

There was no national training camp before the departure of team for participation in 13th South Asian Games, Kathmandu, Nepal. Athletes were trained by their respective departments for National Games Peshawar 2019 and the Athletics Team was selected on basis of performance of athletes in the said Games. This situation clearly depicts that

there is no possibility of coaches and team managers being involved in this unfortunate incident.

As already mentioned at Answer No. 8, AFP wanted to probe the matter through a committee but on advice of POA its proceedings could not start, however, departments have initiated disciplinary proceedings against the defaulters.

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

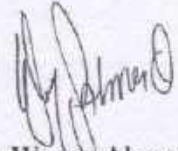
Answer:

1. Col Ghulam Shabbir The Then Chief Coach Army Athletics Team
 Contact Number: 0300-4858236
2. Muhammad Sajid Head coach WAPDA team
 Contact Number: 0300-6040691



DOPE TESTS RESULT ATHLETICS 2016

S.#	Form No.	Sample Code Number	Name of Athlete	Date of Test	DHL		Laboratory				Result
					Invoice No.	Date	Name	Report No.	Code No.	Date	
01	317	2961857	Muhammad Imran	16-05-2016	6979930753	17-05-2016	NDTL, India	8819/2016	LC 162681	03-06-2016	No banned substance detected
02	319	2961852	Muhammad Waseem	17-05-2016	6979930753	17-05-2016	NDTL, India	8819/2016	LC 162682	03-06-2016	No banned substance detected
03	318	2961859	Ali Mehboob	17-05-2016	6979930753	17-05-2016	NDTL, India	8816/2016	LC 162683	03-06-2016	No banned substance detected
04	321	2961858	Shakil Ahmad	17-05-2016	6979930753	17-05-2016	NDTL, India	8816/2016	LC 162684	03-06-2016	No banned substance detected
05	322	2961864	Shahbaz Gohar	17-05-2016	6979930753	17-05-2016	NDTL, India	8816/2016	LC 162685	03-06-2016	No banned substance detected


Dr. Waqar Ahmad,
Chairman ADOP

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

No. Although we have IOC & FIG Certified coaches & mostly office bearers of PGF are physical educationist but there is a need to further enhance their knowledge on anti-doping.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-
- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Awareness & information regarding Anti-Doping is already in the knowledge of coaches, trainers & gymnasts but its strict implementation needs constant pursuance.

- b. Awareness of Doping Practices in your sport?

Awareness regarding doping through lectures & seminars is yet required.

- c. Knowledge about Prohibited List and methods?

Yes. But yet its strict follow up is required.

- d. Know how about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Yes, it is used to streamline the body ingredients due to any disease & exemption of some medicine by prohibited list with the help of medical experts.

- e. How ibid measures are implemented / ensured by your Federation?
Through spreading awareness & material.

The awareness in this regard might have been given verbally in the past since nothing is on record but fact remains that lot needs to be done.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

When any player try to increase some banned performance enhancing substances through food or medicine to increase the ratio in the body for temporary boosting , their power , agility, strength, abnormally increases the optimal usage of body in an un- natural way.

The only way to give awareness of adverse effects of these banned performance enhancing substances is constant and strict supervision of the players by the coaches and proper counseling.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Prior to taking part in international competitions, Gymnasts are usually guided about prohibited list & anti-doping test system.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Not in practice so far.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

-Careless attitude of players and coaches.

-No strict punishments are enforced.

- Culture of medication without proper consultation needs to be curbed.

-Coaches are the best judge of their players so they are equally responsible for any use of banned drugs by the players

-Strict measures are required to avoid use of banned drugs by the players.

- A clause be added in their appointment letters by the respective departments that if anybody found taking drugs, his services will be Terminated or Removed.

8. **Question No 8**. In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9**. While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Pakistan Hockey Federation arranges almost 5-6 camps every year for preparation of different domestic and international events. It is part and parcel of our practice to give information regarding anti-doping control system, random testing, out of competition testing and athlete whereabouts forms to the coaches, athletes and trainers during every camp.

- b. Awareness of Doping Practices in your sport?

PHF has got privilege to arrange different coaching and awareness programs throughout the year which encompass latest research regarding technical coaching points and awareness about latest advances in sports medicine. During these programs it is mandatory to aware participants about doping materials, anti-doping rules, etc.

- c. Knowledge about Prohibited List and methods?

In the form of lectures and printed material we provide updated prohibited list to every player and its is made compulsory for every athlete not to take any medicine without prior permission of concerned authorities.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Medical professionals take the history of each and every player who's participating in the camp. So, in case of any systemic disorder where prohibited medicine is required for the life of any athlete is enlisted and through TUE reported to the concerned authorities prior to any competition.

e. How ibid measures are implemented / ensured by your Federation?

- Prevention is better than cure. We ensure each and every player not to use any medication without permission of medical professional concerned.
- Lectures on doping and prevention are organized to be delivered regularly and by the grace of ALLAH not a single player found dope positive/sanctioned by WADA authorities for the last many years.

3. **Question No 3**. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Illiteracy is the major issue of our society and being part of this society athletes have the same problems. So, usually out athletes take medicine or banned items with the guidance of uneducated gym trainers/ustaaads of particular sports who encourage their athletes to take these substances for their own glory and win-win situation.

4. **Question No 4**. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

During every international event 2 or 3 players undergo doping test and fortunately no one has been found positive.

5. **Question No 5**. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

- Code of conduct forms are duly signed by the whole team and officials prior to any international events.
- Education about doping test procedures
- WADA prohibited list and complete WADA code in detail described to the player and officials prior to any international events.

6. **Question No 6**. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Due to financial constraints doping test during or before any national event is very difficult even than we sent request to the national anti-doping organization to assist us.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

- Random testing
- Targeted testing at national level competitions
- Proper education about prohibited substances and their side effects could be effective to avoid occurrence of doping violation.

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?
Yes (PAKISTAN JU JITSU FEDERATION)

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-
 - a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

“National data pool of jujitsu athletes is being compiled to gather information regarding athlete whereabouts. More than 6 Continued educational seminars and webinars have been conducted to educate the athletes, officials and trainers”.
 - b. Awareness of Doping Practices in your sport?

“Webinar conducted by jujitsu asian union (JJAU) in regards to anti doping practices for Pakistan JuJitsu Federation”.
 - c. Knowledge about Prohibited List and methods?

“Webinar conducted on WADA ANTIDOPING 2020 prohibited list and methods by Pakistan JuJitsu Federation and JJAU for jujitsu athletes, coaches and officials. List was also shared with all concerns”.
 - d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

“Webinar conducted on (TUE) by Pakistan JuJitsu Federation and JJAU for jujitsu athletes, coaches and officials”.
 - e. How ibid measures are implemented / ensured by your Federation?

“Clear policy of ‘NO TO DOPING’ AND “CLEAN JUJITSU” is being complied with by all local and regional jujitsu affiliates of PJJF. Continuous supervision and mentoring of athletes during and out of training is observed by coaches”.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

“Might be able to obtain through colleagues during training especially in local gyms where supplements and boosters are promoted during training periods”.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No. However, PJJF is the first organization in Pakistan which has approached in this regard to Dr.Waqar Ahmed the then DDG PSB by requesting him to conduct the dope test during its National Championship 2014, which couldn't held as Dr.Waqar replied that PSB has no funds for such tests and these tests required around 300\$ each by sending sample to designated lab in Singapore.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Health /Medical forms are obtained from participating national and domestic athletes; providing information specifically about injury, treatments, hospitalizations, if any.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

NO. However, PJJF top athletes who took medals in the First Asian Martial Arts Games,2009: Asian Beach Games2014: Asian Beach Games 2016: Asian Martial Arts Games 2017 were taken to dope test by the respective organizing committees under OCA and none of them ever tested positive.

Funds may be raised through local sponsors or POA, PSB, ADOP for national events, where top ranking athletes may be tested at random at least. twice a year

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

1. Lack of athlete, coach and officials education about doping controls and process.
2. Lack of education regarding nutrition and supplementation and usage of homeopathic or ayurvedic medications.

1. Athletes testing positive should be blacklisted and penalized
2. The membership of respective Federations should be Suspended for a period of time by PSB, If at all Federation failed to educate its athletes.

3. Financial grants to federations should be halted in case of athletes testing positive.
4. Continuous mentorship and supervision of national athletes alongwith health/medical declaration forms to be assessed on quarterly basis.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Pakistan Rugby Union is totally cognizant of WADA Anti-Doping Code.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Management team always look after the whereabouts of Players/Coaches/Officials, whereas our medical team organized seminars/workshops for awareness of Anti-doping control system.

- b. Awareness of Doping Practices in your sport?

Our medical team organized seminars/workshops for awareness of Anti-doping control system.

- c. Knowledge about Prohibited List and methods?

Whenever there is an update regarding list and methods of any prohibited items/products, the message to our medical team was circulated immediately and they also update it in the seminars/workshops.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Our medical team is totally aware of TUE and if there would be any issues or problem, they consult with POA medical team.

- e. How ibid measures are implemented / ensured by your Federation?

Pakistan Rugby Union have a clear policy of "BE SUPER NATURAL - KEEP RUGBY CLEAN", and this Keep Rugby Clean policy has been implemented to the grass root level strictly.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

As I have already mentioned above, the whereabouts of the Players/Coaches/Officials so we can have a better understanding of there in-take and output.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No. Never found any case yet.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

We already have Keep Rugby Clean protocols by World Rugby/Asia Rugby and prior to any National/International matches, we have to submit all the relevant forms for each and every Player.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

No. Never found any case yet.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

1. Players/Coaches/Officials should be aware of Anti-Doping.
2. If anyone found guilty, he/she should be strictly penalized.
3. Coaches/Officials strictly advised not to promote it.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Answer: Yes.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Answer:

- i. No Doping Test either random or out of competition has been possible due to financial constraints.
- ii. Athlete's whereabouts are submitted through POA wherever required before any international games.

- b. Awareness of Doping Practices in your sport?

Answer:

All athletes and officials are briefed from time to time, especially during training camps before international events about the consequences of Doping violations.

- c. Knowledge about Prohibited List and methods?

Answer:

Yes. List of all prohibited medicines / substances are circulated to all the units as and when received from international bodies or Pakistan Doping Authority.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Answer:

Yes. Before any International Games, forms are distributed to participating athletes to provide the details of any medicine or treatment they are getting to submit to NRAP in writing which if any received are submitted to POA.

- e. How ibid measures are implemented / ensured by your Federation?

Answer:

It is only done through verbal counseling to athletes and coaches.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Answer:

- i. In our opinion, each National athlete & Coach is fully aware of the banned performance enhancing substances which the athletes can easily obtain from medical stores.

- ii. In the absence of any other option available i.e. conducting of doping test during important National events(National Championships & National Games) due to financial constraints, **we strongly recommend that thorough search of athletes'/coaches'/managers' luggage be conducted by the senior POA designated officials before boarding the flights and after arrival of teams at International Games venues/camps.**

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Answer:

None. No Doping Test in Pakistan has ever been conducted during last 5 years either during National Championships or National Games due to financial constraints.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Answer:

Only verbal warning is given to athletes & officials prior to participation in International Competitions.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Answer:

- i. **No.**
- ii. Finances have to be allocated especially during National Games & National Championships for conducting Dope Test especially in individual event sports in which athletes are more liable to use performance enhancing substances. Main sports following in this category are Athletics, Swimming, Shooting, Judo, Karate, boxing, Weightlifting and Wrestling.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Answer:

Main hindrances are non-conducting of Doping Test at National Level both at National Championship, National Games & National Trials as no funds are provided / available for conducting Doping Tests.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

From the
PAKISTAN SWIMMING FEDERATION

1. **Question No 1. Is your Federation fully cognizant of WADA Anti-Doping Code?**

Although the Pakistan Swimming Federation is well cognizant of WADA Anti-Doping Code. Nevertheless, Federation feels that awareness level is much lacking. Federation maintains strict rules regarding the WADA Anti-Doping Code and has a formal document signed by its swimmers regarding the use of medications and supplements they may be taking along with the signed medical prescriptions by the Doctor.

2. **Question No 2. What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-**

a. **Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?**

Unfortunately, Pakistan has no official running Anti-Doping testing system. It is an expensive procedure and funds are not provided to the Federation to avail this facility to test their swimmers.. However the swimmers are in line with the International Swimming Federation (FINA) regarding FINA's Athletes Whereabouts System and are available if and when they are required for random dope testing conducted by FINA.

b. **Awareness of Doping Practices in your sport?**

The Affiliated Units of the Pakistan Swimming Federation with their swimmers and coaches are reminded by regular official emails of the updated WADA Anti-Doping Rules and Regulations. This is also addressed at the Federation's Coaching and Technical Workshops/Clinics.

c. **Knowledge about Prohibited List and methods?**

The Pakistan Swimming Federation circulates the undated list of WADA Anti-Doping Rules and Regulations along with the list of prohibited substances as soon as the revised Anti-Doping Rules and Regulations are issued.

d. **Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?**

Yes the Federation is very well aware of TUE process. If in any case a swimmer(s) may have a medical issue that may require special medication i.e. asthma, the swimmers are required to fill in TUE form (available on Federation website) along with signed prescription by his/her doctor and submitted to NADO.

e. **How ibid measures are implemented / ensured by your Federation?**

When swimmers are selected for international events, the swimmers are required to provide a signed official legal document with any medication/supplements they are using. Any official prescription must be signed by their Doctors. If there is any doubt the Federation will seek an alternative medical report.

3. **Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?**

There is a lot of information available on the internet / social media on performance enhancing drugs and supplements. Many protein supplements that are available in supermarkets and drug stores contain steroids that profess to make stronger muscles. Many players/athletes take these not realizing that they may prove drug positive because of these additives. There are some homeopathic and herbal medications that are cheaply available in the local market that may also prove drug positive. Growth hormones supplements can also prove drug positive. The new fad of taking highly concentrated caffeine tablets and highly concentrated caffeine drinks that are available all over the counter, may prove the athlete/player drug positive. There is dire need that an aggressive campaign on regular basis at National level may be undertaken. Moreover, NADO, which is currently dormant, must be made to play active part to curb this menace. Mere sending of emails doesn't serve the purpose. Athletes must be tested on regular basis (On and Off Competition) to create real deterrence and date maintained.

4. **Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.**

Because of the paucity of funds the Pakistan Swimming Federation has not conducted any drug tests but has continued to emphasis the importance of the dangers of using banned substance to all its swimmers and takes extra caution by getting signed documents from their swimmers on any medication/supplements they may be taking with their doctor's signature.

5. **Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?**

Swimmers have to give signed legal document that they are not taking any illegal substance. If the swimmer is under age the swimmer's parents are required to also sign the document. If by chance the swimmer is on any medication(s), the medication(s) must be listed along with the official signed Doctor's prescription. It must be mentioned that 2 swimmers were randomly tested at the Commonwealth Games, one in Melbourne 2006, and the other at Glasgow 2014, since both the swimmers were proved drug free no written documents were given.

6. **Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?**

No official doping tests are taken during national championships. This is because the Federation has no funds to facilitate the testing. National Championships are financed through limited sponsorship. However, at the Team Managers Meeting before the start of the event, all Team Managers are again reminded about the abuse of prohibited substances. The Team Officials also keep a careful watch on whether any swimmer is taking any prohibited substances or injecting any illegal drugs etc. However, there must be a proper experienced medical team that is trained to facilitate and conduct testing at all National Championships of all sports.

7. **Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?**

The National Anti-Doping Organization of Pakistan (NADO) must be more efficient and must conduct dope testing for all medal winners at National Championships and must also introduce Random Testing, Out of Competition Testing and Athletes Whereabouts System as is done by the International Swimming Federation (FINA). All swimmers are required to submit their whereabouts to ensure that they can be tested without prior notice. This has been a major success with FINA to eliminate the use of illegal drugs.

8. **Question No 8**. In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

-----NA-----

9. **Question No 9**. While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

-----NA-----

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

-----NA-----

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

**QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA**

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Answer: Yes

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Answer: All the athletes informed through lectures before commencement of any National / International Competition.

- b. Awareness of Doping Practices in your sport?

Answer: Through already circulated material duly received from POA / World Taekwondo and Anti Doping Agency.

- c. Knowledge about Prohibited List and methods?

Answer: Duly circulated amongst all affiliated units, provincial associations, clubs accordingly.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Answer: Yes we know.

- e. How ibid measures are implemented / ensured by your Federation?

Answer: Due to non-availability of funds only lectures and verbal discussion made between officials / coaches and athletes to ensure maximum implementation of necessary actions. However, during International Competitions specially in Games coaches and Managers are made responsible to ensure it.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Answer: No.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Answer: No, In South Asian Games 2016, Islamic Games 2017 and Asian Games 2018 the athletes tested by organizing committee and no record held with Federation. However, all the athletes being tested in said games declared Negative.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Answer: All the athletes informed verbally before commencement of any International Competition and follow the guidelines of World Taekwondo.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Answer: No due to non-availability of funds. However, the finances can be raised through sponsorships as we do to conduct National Championship / Coaching Seminars etc.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Answer: It is time that POA must intimate PSB to have Modern Testing Anti Doping Lab for ensuring this facility for the Elite Athletes. Pakistan Army Sports Directorate can also facilitate the NSFs in collaboration with AFIRM.

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

Pakistan Volleyball Federation

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

There is no such Anti-Doping Control System in the Federation. However the information about Anti-Doping as and when received from POA, ADOP and WADA is always shared / sent to all affiliates, coaches and athletes directly and through coaches. Further the team management looks after the whereabouts of the athletes during the training camps and competitions.

- b. Awareness of Doping Practices in your sport?

The coaches, athletes and team officials are informed that violation of WADA Code and / or use of any prohibited substances falls under the Doping practices and the athlete whose dope test is found positive, will be penalized / banned for participation in all national and international competitions accordingly to WADA Rules.

- c. Knowledge about Prohibited List and methods?

For this purpose, the guidance is taken from the medical experts and the athletes are instructed not to take any medicine without prior permission of concerned authorities.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

If an athlete is required particular medications for treatment for the life subject to prescription of a Doctor and that medicines fall under the Prohibited List of WADA, it is obligatory for that athlete to give a Therapeutic Use Exemption (TUE) Certificate before participation in any competition to safeguard his/her right.

- e. How ibid measures are implemented / ensured by your Federation?

It is ensured that any athlete not to take medications without the advice of medical professional of sports.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

In our opinion, athlete who takes prohibited substances do not take into account the repercussions and after affects and Illiteracy is a major issue. Providing them proper guidance through medical professionals time to time and information about the negative impact of using prohibited substance can safeguard the future of all athletes for which regular seminars on doping are required at national level.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

The whole management i.e. team officials, coaches, athletes are informed about the prohibited substances and its repercussions. The lectures from medical professionals are also arranged during training camps and the team management does allow athletes to go outside athletes village or accommodation place with prior permission and with their coach(es).

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

No. It is not possible for the Federation to conduct doping test as it have very limited funds and huge funds are required to conduct doping test for a team sport. It must be arranged and sponsored by government .

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Hindrances:

- Illiteracy and lack of Education
- Misguidance / negative coaching
- Using banned substances to enhance performance wishing to go on top or to become part of a team

Proposals:

- Awareness campaign in schools and universities
- Awareness campaign through print and electronic media
- Regular Seminars / Workshops on Doping Control
- Government must arrange funds for rand

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

Subject Re: Notification - Probe Committee (13th SAG - Dope Test)

From Pakistan Olympic Association <info@nocpakistan.org>

To Majid Waseem <mwk_71@yahoo.com>

Cc President POA <arifhasan19@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pak Handball Fed <mshafiqpahf@hotmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Meesaq Rizvi <meesaqrizvi@gmail.com>

Date 30-09-2020 6:59 pm



- Baseball - Questionnaire_PFB.pdf (~2.2 MB)
- Golf - Questionnaire for NSFs.docx (~21 KB)
- Handball - Questionnaire for NSFs.pdf (~122 KB)
- Sailing - Questionnaire for NSFs.docx (~22 KB)
- Squash - Questionnaire for NSFs (1).docx (~27 KB)
- Tennis - Questionnaire for NSFs;anti-doping.docx (~21 KB)
- Weightlifting - POA Questionnaire for NSFs-PWLF.docx (~51 KB)
- Wrestling - Questionnaire PWF.doc (~45 KB)

Dear Sir,

Till to date and time, the following NSFs have also sent the Questionnaire which are forwarded for kind perusal:-

1. Baseball
2. Golf
3. Handball
4. Sailing
5. Squash
6. Tennis
7. Weightlifting
8. Wrestling

Best regards,

Imran

On 29-09-2020 6:28 pm, Pakistan Olympic Association wrote:

Dear Sir,

The following National Sports Federations have sent the Questionnaire duly completed which are **forwarded** for kind perusal:-

1. Athletics
2. Gymnastics
3. Hockey
4. Jujitsu
5. Rugby
6. Shooting
7. Swimming
8. Taekwondo
9. Volleyball

Rest of the NSFs have been sent reminder to provide the Questionnaire by 30 September, 2020. Similarly ADOP / NADO has also been reminded to send the same by 30 Sep, 2020.

Best regards,

Imran Ahmad Khan

Manager Games Services

Pakistan Olympic Association

On 28-09-2020 6:52 pm, Majid Waseem wrote:

Dear Mr Imran,

Please advise as to how many units have responded to the questionnaire till to date. Share same with all the Committee Members and prepare seperate folder of it. Include all papers as we commenced proceedings.

Those who haven't responded, send them reminder to submit their response ASAP but no later than 30 September. Similarly if NADO has not responded then send them a reminder too.

Thanks

Major Majid Waseem (Retd)

Sent from Yahoo Mail on Android

On Tue, 15 Sep 2020 at 19:20, Pakistan Olympic Association <info@nocpakistan.org> wrote:

Dr. Waqar Ahmad

Chairman

Anti-Doping Organization of Pakistan (ADOP / NADO)

Subject: **Notification - Probe Committee (13th SAG - Dope Test)**

Dear Sir,

Reference subject.

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)

AFFILIATED WITH THE POA

Question No 1. Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes

Question No 2. What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

Give lectures about Anti-Doping. In 2012, the Pakistan Federation Baseball has organized OCA Coaching Course. Mr. Salman Butt, a lecturer nominated by POA give lecture on anti-doping to the coaches. In 2017 Federation has organized IOC Olympic Solidarity Technical Course under the supervision of US Baseball Coach Mr. George Santiago. During the course the coaches were informed about Anti Doping.

a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

We never done Random Testing in Pakistan, but our players and coaches know about it.

b. Awareness of Doping Practices in your sport?

Yes, our players and coaches having awareness about Doping Practices in Baseball by participating in international baseball events.

c. Knowledge about Prohibited List and methods?

Yes, we have knowledge about Prohibited List.

d. Know how about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Athletes may have illnesses or conditions that require them to take particular medications. If the medication an athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a Therapeutic Use Exemption (TUE) may give that athlete the authorization to take the needed medicine.

e. How ibid measures are implemented / ensured by your Federation?

The federation does not allow athletes to use prohibited drugs. During the training camp, if the player is injured or has any physical problem, the player under federation observation is treated.

Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Players can get such prohibited drugs from anywhere by searching the markets especially through the people who are involved in gym or bodybuilding.

The IOC should make strict rules in this regard. There should also be rules by the government regarding the sale of such drugs in the market.

Question No 4. Has your Federation undertaken doping test(s) during last five (5) years?

If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Most of our athletes are tested for doping before participating in any international competition. These tests are performed by anti-doping units from the Baseball Federation of Asia or the World Baseball Softball Confederation. These tests are not reported to us but are reported orally. None of our athletes have tested positive for doping since 1992.

Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

According to the rules and regulations of the international tournament, all the steps taken regarding doping are accepted by the federation.

Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

No, we don't conduct Doping Test (s) during national level competitions due to lack of funds. POA should allocate special funds for these tests during any national level competition.

Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Apart from the players and coaches, the officials of the federations have very little information in this regard. POA should organize at least 2 seminars every year in this regard.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

No

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:- **NIL**

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?
- b. Awareness of Doping Practices in your sport?
- c. Knowledge about Prohibited List and methods?
- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?
- e. How ibid measures are implemented / ensured by your Federation?

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

No Idea

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

NIL

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

NO

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Lack of Information & Role of POA & PSB

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA
PAKISTAN HANDBALL FEDERATION

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Ans: Yes

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Ans: We don't have any defining control system in the Federation. As soon as Federation received information from POA, NADO, WADA about Anti-Doping sent to all affiliated units and all concerned PHF also looks after the whereabouts of the athletes during training/competition.

- b. Awareness of Doping Practices in your sport?

Ans: The athletes, coaches and team officials are informed the violation of WADA Code.

- c. Knowledge about Prohibited List and methods?

Ans: The guidance is taken from the medical experts and Athletes are instructed not to take medicine without prior permission of concerned authority.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Ans: Webinar was conducted, regarding TUE by Handball Federation.

- e. How ibid measures are implemented / ensured by your Federation?

Ans: It is ensured that any athlete is not permitted to take medicine without the advice of medical expert.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Ans: Doping substances are easily available, might be obtained from colleagues, friends, gyms, etc and these should be deduced at local level.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Ans: There were no dope tests conducted during National Championships/Games, during last five years.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Ans: Health/Medical forms are obtained from participating national and domestic athletes. Providing information, specifically about injury, treatments, hospitalization, if any.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Ans: There were no dope tests conducted during National Championships/Games, during last five years. Finances can be raised through the event sponsors, POA, local laboratories.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Ans: Lack of education regarding doping substances and its control, healthy nutrition/supplements among athletes & coaches are the main hindrances in effective drug control.

Finances should be given to Federation for making effective Drug Control Department to oversee athletes at different intervals, athletes under the influence of doping substances must be suspended and penalized strictly and the Federations must educate their officials & athletes through seminars/webinars about doping substances, its effect on body and the laws about doping.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA
(Pakistan Sailing Federation)

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes. Mostly aware of the WADA Anti-Doping Code.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

(1) *Lectures to players/ teams.*

(2) *Periodical Medical Check ups*

- b. Awareness of Doping Practices in your sport?

Through dissemination of information received from the world/ national sports organisations/ Associations.

- c. Knowledge about Prohibited List and methods?

Circulation of lists amongst players.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Never used so far. Less knowledge.

- e. How ibid measures are implemented / ensured by your Federation?

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

No knowledge.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Sailing team generally comprises of players from tri services. Medical checkup and fitness certificate prior each international event is must. Advance dope test is done only when required by the organizing authority. During national championships Dope Tests have not been conducted so far because it is believed that in sailing tactics dominate the extra ordinary usage of banned items.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Same as answer 4

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Not so far.

Pakistan Sports Board and/or Pakistan Olympic Association as and when required and also the federations out of their financial resources can conduct the tests.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

May be financial constraints.

Non availability of facilities at some locations.

PSB and POA may conduct surprise tests to minimize such occurrences.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

No knowledge.

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

Team management is expected to respect the sportsmen spirit and national reputation.

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Not applicable.

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

YES PAKISTAN SQUASH FEDERATION (PSF) IS FULLY AWARE OF ANTI-DOPING RULES & REGULATIONS.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

PAKISTAN SQUASH FEDERATION (PSF) HAS DISSEMINATED THE DOPING GUIDES RECEIVED FROM PAKISTAN OLYMPIC ASSOCIATION, TO ALL PROVINCIAL SQUASH ASSOCIATIONS & AFFILIATED MEMBERS FOR THEIR CIRCULATION TO THEIR PLAYERS, COACHES & OFFICIALS, NO LESS THAN THREE TIMES IN THE LAST ONE MONTH.

- b. Awareness of Doping Practices in your sport?

THE GUIDELINES ON DOPING HAVE BEEN WIDELY PUBLICIZED FOR THE AWARENESS OF PLAYERS, COACHES & OFFICIALS.

- c. Knowledge about Prohibited List and methods?

THE LIST OF PROHIBITED DRUGS HAS BEEN CIRCULATED TO ALL PLAYERS, COACHES & OFFICIALS THROUGH PROVINCIAL SQUASH ASSOCIATIONS & AFFILIATED MEMBERS OF PSF FOR GUIDANCE & COMPLIANCE OF THE INSTRUCTIONS ISSUED BY POA.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

PRESCRIBED INSTRUCTIONS PROFORMA ON THERAPEUTIC USE EXEMPTION (TUE) HAVE BEEN DISTRIBUTED THROUGH PROVINCIAL SQUASH ASSOCIATIONS & DEPARTMENTS WITH INSTRUCTIONS TO SUBMIT THE SAME TO PSF FOR THE RESPECTIVE PLAYERS (IF ANY).

- e. How ibid measures are implemented / ensured by your Federation?

BY ISSUANCE OF INSTRUCTIONS FROM PAKISTAN SQUASH FEDERATION (PSF) TO THE PROVINCIAL SQUASH ASSOCIATIONS & AFFILIATED MEMBERS FOR COMPLIANCE IN TRUE LETTER & SPIRIT.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such **substances**?

MOST OF THE SQUASH PLAYERS ARE NOT WELL EDUCATED. THEY MAY NOT HAVE EVEN KNOWLEDGE / INFORMATION ABOUT MOST OF PROHIBITED DRUGS AND CANNOT EVEN UNDERSTAND ENGLISH LANGUAGE. THEREFORE, THEY HAVE TO BE EDUCATED AND PSF HAS ALREADY CIRCULATED DOPING GUIDELINES EVEN IN URDU VERSION SO THAT THEY COULD BE WELL AWARE OF THE PROHIBITED MEDICINES / DRUGS TO AVOID ANY EMBARRASSMENT DURING INTERNATIONAL EVENTS PARTICIPATION.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

NO, PAKISTAN SQUASH FEDERATION (PSF) HAS NOT CONDUCTED ANY DOPING TESTS DURING LAST FIVE YEARS.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

DETAILED BRIEFINGS ARE GIVEN TO THE PLAYERS, COACHES & OFFICIALS ON DOPING RULES & REGULATIONS WELL BEFORE PROCEEDING FOR ANY INTERNATIONAL SQUASH EVENT IN PAKISTAN OR ABROAD.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

PAKISTAN SQUASH FEDERATION (PSF) DOES NOT CONDUCT ANY DOPING TESTS DURING NATIONAL SQUASH TOURNAMENTS IN PAKISTAN. HOWEVER, NATIONAL DOPING ASSOCIATION OF PAKISTAN MAY CONDUCT SUCH TESTS (IF REQUIRED) AT NO COST TO THE FEDERATION DURING NATIONAL SQUASH TOURNAMENTS.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

PLAYERS, COACHES & OFFICIALS NEED TO BE EDUCATED WELL ON THE DOPING RULES, REGULATIONS, PROCEDURES IN AN ORGANIZED SEMINAR, COMPULSORY FOR ALL THE COACHES & PLAYERS, AND ITS CONSEQUENCES ON COUNTRY'S IMAGE. ABSENTEES ARE TO BE BANNED BY POA FOR 6 MONTHS FROM RESPECTIVE SPORT.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

NOT APPLICABLE.

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

NOT APPLICABLE.

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

NOT APPLICABLE.

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-
 - a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System? ***International Tennis Federation's anti-doping information has been shared with players/coaches.***

 - b. Awareness of Doping Practices in your sport? ***Yes, this information is shared, especially players/coaches competing in international events.***

 - c. Knowledge about Prohibited List and methods? ***Yes, all the latest ITF information is communicated to players/coaches.***

 - d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used? ***Yes, information has been shared with players/coaches.***

 - e. How ibid measures are implemented / ensured by your Federation? ***Sharing of latest updates on ITF anti-doping policies and practices, as well as supervision.***

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances? ***Through training partners/coaches /fitness trainers.***

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents. **No. However, our players have been tested randomly in international events, and have always tested negative.**

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition? **Sharing of latest updates on ITF anti-doping policies and practices.**

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised? **No, but for Davis Cup ties held in Pakistan, we do have a doping set-up (as per requirement of ITF), in coordination with PSB.**

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

a) Lack of relevant information in players/coaches/parents/officials

b) Strict punitive measures to be taken against any player testing positive

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

YES – PAKISTAN WEIGHTLIFTING FEDERATION (PWLF)

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

PWLF organize anti-doping seminar with its national championships. It also provided whereabouts of its elite/national athletes to International weightlifting federation every quarter of the year. All national players and coaches are very much aware of the random testing/ out of competition testing

- b. Awareness of Doping Practices in your sport?

Almost all national athletes are aware that random testing/ out of competitions can be done any time by the national federation or by international federation.

- c. Knowledge about Prohibited List and methods?

As soon as PWLF received prohibited list from IWF, it is sent to every affiliated unit of the federation.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

All national players and coaches know about the Therapeutic use Exemption process. However before and during the selection of national teams for international participation the players and coaches were informed and asked about the use of this process, if any

- e. How ibid measures are implemented / ensured by your Federation?

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

In almost each body building clubs there is availability of doping substances and there is also a good advertisement is available. Coaches also advise the players to use domestically as there is no alarm of testing and no fear of penalty for coaches.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

We have not tested domestically during the last five years. Last domestic testing was done in 2012. However we are participating in Youth, Junoir and senior international championships where testing is done and every national player is aware of this

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

PWLF not only inform the players and coaches about the dope testing during the international competitions but also asked the players to undertake to pay the penalty if he/she tested +ve and will also be banned for four years.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Not regularly now, but before 2013 we usually undertook 2 to 3 tests during the national championships, financed by the federation.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

- Lack of education about nutrition and supplementation.
- Lack of sports medicine experts associated with federations.
- In active National Anti-doping organization.
- Zero budgets for this purpose at POA, PSB, NADO and federations level
- Encouragement at the level of department/provincial level coaches to win the medals as they don't fear of testing.
- All coaches associated with the +ve tested athletes should also be banned for life.
- Departmental sports administration and coaches should also be involved in this regard. They must take responsibility of their players.
- Every year selected players must undergo dope testing by NADO/POA/PSB/Federations
- Penalties for players and coaches may also be fixed and publicized.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?
9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?
10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes (Pakistan Wrestling Federation).

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

“National data pool of Wrestlers is being compiled to gather information regarding athlete whereabouts. Pakistan Wrestling Federation consecutively conducted educational seminars and webinars to educate the athlete, Officials and Coaches about Anti-Doping.

- b. Awareness of Doping Practices in your sport?

Webinar conducted by United World Wrestling (UWW) international federation of Wrestling in regards to anti doping practices for wrestlers and Coaches.

- c. Knowledge about Prohibited List and methods?

Pakistan Wrestling Federation (PWF) shared List with all concerns. PWF conducted webinar on WADA Anti-Doping 2020 prohibited list and methods for Wrestlers and coaches.

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Webinar conducted on (TUE) by Pakistan Wrestling Federation and UWW for Wrestlers, Coaches and Officials.

- e. How ibid measures are implemented / ensured by your Federation?

Clear policy of ‘STOP DOPING & CLEAN WRESTLING’ is being complied with by all local and regional wrestling affiliates of PWF. Pakistan Wrestling federation continuously supervision and mentoring of Wrestlers.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

“Might be able to obtain through colleagues during training especially in local gyms where supplements and boosters are promoted during training periods”.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No. However, Pakistan Wrestling Federation has approached in this regard to Dr.Waqar Ahmed the then DDG PSB by requesting them to conduct the dope test during its National Championships, which couldn't held as Dr.Waqar replied that PSB has no funds for such tests.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Health /Medical forms are obtained from participating national and domestic Wrestlers; providing information specifically about injury, treatments, hospitalizations, if any

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

NO. However, PWF top Wrestlers who took medals in the Commonwealth Game 2018, ANOC World Beach Games 2019 and other International Wrestling Events were taken to dope test by the respective organizing committees under OCA/ UWW and none of them ever tested positive. Funds may be raised through local sponsors or POA, PSB, for national events, where top ranking Wrestlers may be tested at random at least, Once a year.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

1. Lack of athlete, coach and officials education about doping controls and process.
2. Lack of education regarding nutrition and supplementation and usage of homeopathic
3. Athletes testing positive should be blacklisted and penalized
4. The membership of respective Federations should be suspended for a period of time.
5. Financial grants to federations should be halted in case of athletes testing positive.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

Subject Re: Notification - Probe Committee (13th SAG - Dope Test)

From Pakistan Olympic Association <info@nocpakistan.org>

To Majid Waseem <mwk_71@yahoo.com>

Cc President POA <arifhasan19@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pak Handball Fed <mshafiqpahf@hotmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Meesaq Rizvi <meesaqrizvi@gmail.com>

Date 01-10-2020 12:42 pm



- Boxing - Questionnaire for NSFs re Anti Doping Code.doc (~46 KB)
- Rowing - Questionnaire for NSFs.docx (~26 KB)
- Wushu - Questionnaire for NSFs.docx (~24 KB)

Dear Sir,

The Questionnaire received from Boxing, Rowing and Wushu are also forwarded for perusal, please.

Best regards,

On 30-09-2020 6:59 pm, Pakistan Olympic Association wrote:

Dear Sir,

Till to date and time, the following NSFs have also sent the Questionnaire which are forwarded for kind perusal:-

1. Baseball
2. Golf
3. Handball
4. Sailing
5. Squash
6. Tennis
7. Weightlifting
8. Wrestling

Best regards,

Imran

On 29-09-2020 6:28 pm, Pakistan Olympic Association wrote:

Dear Sir,

The following National Sports Federations have sent the Questionnaire duly completed which are **forwarded** for kind perusal:-

1. Athletics
2. Gymnastics
3. Hockey
4. Jujitsu
5. Rugby
6. Shooting
7. Swimming
8. Taekwondo
9. Volleyball

Rest of the NSFs have been sent reminder to provide the Questionnaire by 30 September, 2020. Similarly ADOP / NADO has also been reminded to send the same by 30 Sep, 2020.

Best regards,

Imran Ahmad Khan

Manager Games Services

Pakistan Olympic Association

On 28-09-2020 6:52 pm, Majid Waseem wrote:

Dear Mr Imran,

Please advise as to how many units have responded to the questionnaire till to date. Share same with all the Committee Members and prepare separate folder of it. Include all papers as we commenced proceedings.

Those who haven't responded, send them reminder to submit their response ASAP but no later than 30 September. Similarly if NADO has not responded then send them a reminder too.

Thanks

Major Majid Waseem (Retd)

Sent from Yahoo Mail on Android

On Tue, 15 Sep 2020 at 19:20, Pakistan Olympic Association <info@nocpakistan.org> wrote:

Dr. Waqar Ahmad

Chairman

Anti-Doping Organization of Pakistan (ADOP / NADO)

Subject: **Notification - Probe Committee (13th SAG - Dope Test)**

Dear Sir,

Reference subject.

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA
FROM THE
PAKISTAN BOXING FEDERATION

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes, Pakistan Boxing Federation is cognizant of WADA Anti Doping Code.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

a. **Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?**

There is no such Anti Doping system in the Federation for Random Testing as there is no funds available for the purpose. Whereas Athletes whereabouts forms are submitted through POA as and when required.

b. **Awareness of Doping Practices in your sport?**

The Affiliated Units of the Pakistan Boxing Federation are advised and updated WADA Anti-Doping Rules and Regulations. This same is also addressed at the Federation's Coaching /Technical courses.

c. **Knowledge about Prohibited List and methods?**

The Federation circulates the updated WADA Anti-Doping Rules and Regulations along with the list of prohibited substances as soon as the revised Anti-Doping Rules and Regulations are issued.

d. **Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?**

Yes the Federation is very well aware of Therapeutic Use Exemption (TUE) process. In any case if a pugilist required medical treatment or may have a medical issue that may require special medication that fall under the Prohibited List, it is mandatory to give a TUE Form before competition.

e. **How ibid measures are implemented / ensured by your Federation?**

It is ensured that pugilists shall not to take any medication without the advice of medical specialists of sports.

3. Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Athletes who take banned/ prohibited substances do not take into account the repercussion and after effects. With proper guidance about the negative impact of using prohibited substance can secure the future of such athletes.

4. Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Lack of funds the Federation has not conducted any drug during the last five years.

5. Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

During the Training and preparation camps, Athletes, Coaches are informed about the prohibited substance and its repercussions.

6. Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

No official tests are taken during national championships.

Huge funds are required to conduct doping test and it must be arranged by the Govt.

7. Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

The main hindrance is non conducting of test at National Level during the National Championships/ National Games/ National Trials as there is no fund available for the purpose

8. **Question No 8**. In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

-----NA-----

9. **Question No 9**. While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

-----NA-----

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

-----NA-----

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?
 - Yes, Pakistan Rowing Federation is fully aware of WADA Anti-doping Code.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically: -
 - a. Regarding Anti-Doping Control System I.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System.
 - Pakistan Rowing Federation conducts different seminars on Anti-doping control system to raise awareness among our athletes, coaches and officials. We do not possess proper Anti-doping test system.
 - b. Awareness of Doping Practices in your sport?
 - As previously mentioned, PRF conducts seminars regarding Anti-doping controls system. Recently, PRF has organized an Online seminar on 1st-5th September 2020. Moreover, provided opportunity leading team coaches to participate in the seminar conducted by WADA representative under auspicious of POA.
 - c. Knowledge about Prohibited List and methods?
 - We regularly share the prohibited list of WADA with our athletes, Coaches and officials.
 - d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?
 - If our athletes are going through any illness during or before competition, they can request National Doping Committee for the use of TUE. After obtaining the permission from NDC, they can use TUE.
 - e. How ibid measures are implemented / ensured by your Federation?
 - Continuous supervision and mentoring of athletes during and out of training is observed by coaches”.

2. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?
 - Athletes might be able to purchase these substances through online market.

3. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.
 - NIL

4. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?
 - A formal undertaking is taken in written from the athletes confirming that no anti-doping measures have been taken by any athlete for the said competition.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?
 - Government of Pakistan
 - Organization of the concerned athlete.
 - Sponsorships

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?
 - Doping must be made easy for every federation and awareness for anti-doping must also be raised. Funding for this specific purpose must be made.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?
 - First, we don't have any proper anti-doping system. Secondly, this is not in the knowledge of the federation if they have breached it or not.

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?
 - This is purely relevant to the intentions and ambitions of the athletes themselves (if any). Therefore, the coaches are not involved of the doping violations.

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

- NA

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

PAKISTAN WUSHU FEDERATION

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?
Yes

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-
 - a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?
 - 2: a) We Regularly Collect Data about Players from their Relative Associations, Coaches and Clubs to observe the whereabouts of athletes.

 - b. Awareness of Doping Practices in your sport?
 - b) PWUF Regularly Conduct the workshops, Webinars and awareness Campaigns regarding anti doping.

 - c. Knowledge about Prohibited List and methods?
 - c) Regular courses and webinars conducted by the PWUF on WADA 2020 Prohibited list and methods.

 - d. Know how about Therapeutic Use Exemption (TUE) process? Why and how it is used?
 - d) Different Programs conducted by the PWUF on TUE process for coaches and trainers.

 - e. How ibid measures are implemented / ensured by your Federation?
 - e) ZERO Tolerance policy is been adopted by the PWUF on Doping as much as we do observe the athletes regularly and supervise them through their Coaches and Officials of the Relative associations.

Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

3: Athlete might be obtains Due to colleagues, some video material, peer group and local gyms etc where these sort of products might be introduced to the athletes. We take measures to avoid these kind of substances to monitor and observe them at randomly and give awareness about dangerous consequences use of prohibited substances.

Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete (s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

4: No, we requested to the Sports Board but they do not have such facility to conduct the dope test.

Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

5: PWUF collect the medical certificates and History of the participant prior to the competition and Appointed A Qualified Doctor DR. Zulfiqar Ahmad to observe the Certificates and athletes Thoroughly.

Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

6: No But Our Athletes has been tested by WADA multiple times during the international Championships and Games. Never a Wushu Athlete has become positive. Not yet, any higher authority sponsor us.

Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

7:

1. Lack of awareness about the prohibited Substances and their Side effects to the athletes and coaches
2. Lack of facilities to conduct the Dope test.
3. we can take steps to avoid it, as every sport need a separate Nutritionist who can guide coaches and athletes to fulfill their diet needs.
4. Strict Actions must be carried out to the guilty.

Question No 8. In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

Question No 9. While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

Question No 10. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

Subject Fwd: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Dr. Waqar Ahmad <drwaqarahmad@live.com>
Cc President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>, Info <info@nocpakistan.org>
Date 07-10-2020 7:11 pm



-
- Questionnaire for NADO.docx (~15 KB)

Dr. Waqar Ahmad

Chairman

Anti-Doping Organization of Pakistan (ADOP / NADO)

Dear Sir,

Reference subject and reminders dated 15 September, 2020, 29 September, 2020 and 05 October, 2020.

In the interest of Pak athletes, you are again requested to ensure to send **attached** Questionnaire duly completed latest by **14 October, 2020** without fail.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.

----- Original Message -----

Subject:Fwd: Notification - Probe Committee (13th SAG - Dope Test)
Date:05-10-2020 12:27 pm
From:Pakistan Olympic Association <info@nocpakistan.org>
To:"Dr. Waqar Ahmad" <drwaqarahmad@live.com>

----- Original Message -----

Subject:Notification - Probe Committee (13th SAG - Dope Test)
Date:15-09-2020 7:20 pm
From:Pakistan Olympic Association <info@nocpakistan.org>
To:"Dr. Waqar Ahmad" <drwaqarahmad@live.com>
Cc:President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, "Dr. Meesaq Rizvi" <meesaqrizvi@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>, Info <info@nocpakistan.org>

Dr. Waqar Ahmad

Chairman

Anti-Doping Organization of Pakistan (ADOP / NADO)

Subject: **Notification - Probe Committee (13th SAG - Dope Test)**

Dear Sir,

Reference subject.

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.

Subject Fwd: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Pakistan Kabaddi Federation <pakkabaddifederation@yahoo.com>
Cc President NOC Pakistan <president@nocpakistan.org>, President POA <arifhasan19@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>
Date 07-10-2020 8:19 pm



-
- Questionnaire for NSFs.docx (~21 KB)

Mr. Muhammad Sarwar

Secretary General

Pakistan Kabaddi Federation

Dear Sir,

Reference subject and reminders dated 15 September, 2020 and 29 September, 2020.

Despite clear instructions, you have failed to respond to the Questionnaire. You are again advised to ensure to send **attached** Questionnaire duly completed latest by **14 October, 2020** without fail.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- President, Pakistan Kabaddi Federation.
- All Committee Members.

Subject Fwd: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Pakistan Kabaddi Federation <pakkabaddifederation@yahoo.com>
Cc President NOC Pakistan <president@nocpakistan.org>, President POA <arifhasan19@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>
Date 07-10-2020 8:19 pm



-
- Questionnaire for NSFs.docx (~21 KB)

Mr. Muhammad Sarwar

Secretary General

Pakistan Kabaddi Federation

Dear Sir,

Reference subject and reminders dated 15 September, 2020 and 29 September, 2020.

Despite clear instructions, you have failed to respond to the Questionnaire. You are again advised to ensure to send **attached** Questionnaire duly completed latest by **14 October, 2020** without fail.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- President, Pakistan Kabaddi Federation.
- All Committee Members.

Subject Fwd: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Softball Federation of Pakistan <asif_azeem8@yahoo.com>
Cc President NOC Pakistan <president@nocpakistan.org>, President POA <arifhasan19@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrpakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>
Date 07-10-2020 8:22 pm



-
- Questionnaire for NSFs.docx (~21 KB)

Mr. Asif Azeem

Secretary General

Softball Federation of Pakistan

Dear Sir,

Reference subject and reminders dated 15 September, 2020 and 29 September, 2020.

Despite clear instructions, you have failed to respond to the Questionnaire. You are again advised to ensure to send **attached** Questionnaire duly completed latest by **14 October, 2020** without fail.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- President, Softball Federation of Pakistan.
- All Committee Members.

Subject Fwd: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Pakistan Tug of War Federation <rana.mja@gmail.com>
Cc President NOC Pakistan <president@nocpakistan.org>, President POA <arifhasan19@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Tug of War Federation <rmasghar786@gmail.com>
Date 07-10-2020 8:26 pm



-
- Questionnaire for NSFs.docx (~21 KB)

Mr. Muhammad Jamil Ahmad Rana

Secretary General

Pakistan Tug of War Federation

Dear Sir,

Reference subject and reminders dated 15 September, 2020 and 29 September, 2020.

Despite clear instructions, you have failed to respond to the Questionnaire. You are again advised to ensure to send **attached** Questionnaire duly completed latest by **14 October, 2020** without fail.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- President, Pakistan Tug of War Federation.
- All Committee Members.

Subject Fwd: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Winter Sports Federation Pakistan <wintersportsfedpak@gmail.com>
Cc President NOC Pakistan <president@nocpakistan.org>, President POA <arifhasan19@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>
Date 07-10-2020 8:31 pm



-
- Questionnaire for NSFs.docx (~21 KB)

Air Commodore Nausher Khan
Secretary General
Winter Sports Federation Pakistan

Dear Sir,

Reference subject and reminders dated 15 September, 2020 and 29 September, 2020.

Despite clear instructions, you have failed to respond to the Questionnaire. You are again advised to ensure to send **attached** Questionnaire duly completed latest by **14 October, 2020** without fail.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- President, Winter Sports Federation Pakistan.
- All Committee Members.

Subject Fwd: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Equestrian Federation of Pakistan <efp@efp.com.pk>
Cc President NOC Pakistan <president@nocpakistan.org>, President POA <arifhasan19@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Equestrian Federation of Pakistan <drfarooquaf@gmail.com>
Date 07-10-2020 8:33 pm



-
- Questionnaire for NSF.s.docx (~21 KB)

Mr. Amer Munawar Siddiq
Secretary General
Equestrian Federation of Pakistan

Dear Sir,

Reference subject and reminders dated 15 September, 2020 and 29 September, 2020.

Despite clear instructions, you have failed to respond to the Questionnaire. You are again advised to ensure to send **attached** Questionnaire duly completed latest by **14 October, 2020** without fail.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- President, Equestrian Federation of Pakistan.
- All Committee Members.

Subject Fwd: RE: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Pakistan Swimming Federation <mwk_71@yahoo.com>
Cc President NOC Pakistan <president@nocpakistan.org>, President POA <arifhasan19@gmail.com>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>
Date 08-10-2020 3:18 pm



- Equestrian - Questionnaire for NSFs.docx (~21 KB)
- Bodybuilding - POA PROBE COMMITTEE.docx (~18 KB)

Dear Sir,

The reply received from Equestrian Federation of Pakistan vide below email dated 08 Oct, 2020 is **forwarded** alongwith the Questionnaire.

Questionnaire from Pakistan Bodybuilding Federation is also **attached**.

Best regards,

POA Secretariat

----- Original Message -----

Subject:RE: Notification - Probe Committee (13th SAG - Dope Test)
Date:08-10-2020 12:29 pm
From:<efp@efp.com.pk>
To:"Pakistan Olympic Association" <info@nocpakistan.org>
Cc:"President NOC Pakistan" <president@nocpakistan.org>, "Equestrian Federation of Pakistan" <drfarooquaf@gmail.com>, <president@efp.com.pk>

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Dear Sir,

Pakistan is in the OIE (World Organization for Animal Health) Red zone for the past 20 + years and not allowed to participate in any international competition outside Pakistan Nor do we hold any FEI high level international competition.

Therefore there is no need of doping tests for the equine and the athletes. Thus the enclosed WADA Anti-doping code is not applicable. However we do educate our athletes and our Vet department to follow WADA rules and regulations to avoid banned substances published by WADA and FEI.

Warm Regards,



Secretary General,
Equestrian Federation of Pakistan - EFP
Headquarters Sutlej Rangers,
33-Zarrar Shaheed Road, Cantonment.
Lahore. Punjab. Pakistan.

T: +92-42-99220028 (Ext.146)
F: +92-42-36637615

From: Pakistan Olympic Association [mailto:info@nocpakistan.org]
Sent: Wednesday, October 7, 2020 8:34 PM
To: Equestrian Federation of Pakistan
Cc: President NOC Pakistan; President POA; Pakistan Handball Federation; National Rifle Association of Pakistan - NRAP; Lubna Sibtain; Dr. Meesaq Rizvi; Pakistan Swimming Federation; Equestrian Federation of Pakistan
Subject: Fwd: Notification - Probe Committee (13th SAG - Dope Test)

Mr. Amer Munawar Siddiq
Secretary General
Equestrian Federation of Pakistan

Dear Sir,

Reference subject and reminders dated 15 September, 2020 and 29 September, 2020.

Despite clear instructions, you have failed to respond to the Questionnaire. You are again advised to ensure to send **attached** Questionnaire duly completed latest by **14 October, 2020** without fail.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- President, Equestrian Federation of Pakistan.
- All Committee Members.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes, EFP is fully aware of WADA Anti-Doping code.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

N/A

- b. Awareness of Doping Practices in your sport?

N/A

- c. Knowledge about Prohibited List and methods?

Yes

- d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Yes, we have knowledge of TUE process

- e. How ibid measures are implemented / ensured by your Federation?

N/A

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

N/A

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

N/A

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

N/A

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

N/A

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

***Note: All NSFs less AFP will respond to questions number 1 to 7.
Whereas AFP will respond to questions number 1 to 10***

MAJ. MAJID WASEEM (RETD), ICC, ICECP
SECRETARY POA PROBE COMMITTEE

Sub: **QUESTIONNAIRE**

Dear Sir,

ANS: 1 Yes

ANS: 2 Pakistan Bodybuilding Federation fully support the Anti-Doping Code

- a. Pakistan Bodybuilding Federation advised all the participants of Bodybuilding in events at all levels regarding Doping
- b. The Pakistan Bodybuilding Federation takes no financial assistance from Pakistan Sports Board / any financial Institution since last 6 years, which is why PBBF is unable to conduct seminars / events.
- c. The List of Prohibited Substances and Methods (List), updated annually by WADA, is the International Standard defining what is prohibited in – and out – of – competition. The list also indicates whether particular substances are banned in particular sports.
- d. TUE is an exemption that allows an athlete to use, for therapeutic purpose only. Athletes may need to use a prohibited medication to treat a legitimate condition. TUE approval may protect athletes from receiving a sanction if a prohibited substance is found in their sample.
- e. The International Federation of Bodybuilding & Fitness is affiliated with WADA and conduct Doping Tests Internationally however PBBF is not wealthy to hold the Test randomly National level.

ANS: 3

PBBF issued warning Notice to athletes and directed their respective Association / Units to take necessary steps to avoid the prohibited substances in case if the same athlete found using the prohibited substance in future can debar him.

ANS: 4

The Pakistan Bodybuilding Federation takes no financial assistance from Pakistan Sports Board / any financial Institution since last 6 years, which is why PBBF is unable to undertake the Doping Tests Nationally.

ANS: 5

The Pakistan Building Federation had undertaken Doping Tests for International Events as the International Federation is an affiliated member of WADA.

ANS: 6

The Pakistan Bodybuilding Federation takes no financial assistance from Pakistan Sports Board / any financial Institution since last 6 years, which is why PBBF is unable to undertake the Doping Tests Nationally however if funds are granted then the PBBF will follow the pattern of International Bodybuilding Federation & WADA to conduct Doping Tests.

ANS: 7

The use of banned substances and techniques in sport is regulated by anti-doping rules coordinated by World Anti-Doping Agency.

Drugs are chemical substances that can change your body and mind.

Drugs addiction is a chronic brain disease. Certain drugs can change the structure and inner workings of the brain. With repeated use, they affect a person's self-control and interfere with ability to resist the urge to take the drug.

Substances that cause psychological dependence usually act on the brain and have on more of the following effects:

- Changes in mood
- Reduced anxiety
- Feelings of superior abilities

In my opinion make sure to stay up to date with anti-doping matters to prevent inadvertent doping and keep records of enquiries about any banned substance / supplement directed by International Bodybuilding Federation & WADA

Developing resilience over your sporting career – working with coaches, wider support team, parents and other athletes can receive sanctions for having possessions of prohibited substance or methods, even if they have not taken the substance, or used the method.

If an athlete needs to take a prohibited method for health reasons, they may be able to apply for Therapeutic Use Exemption (TUE).

Administration or attempted administration to an athlete of a prohibited substance and/or method; or assisting, encouraging, aiding, abetting, covering up or any other type of complicity involving an anti-doping rule violation or any attempted anti-doping rule violation.



Subject Re: Notification - Probe Committee (13th SAG - Dope Test)
From Waqar Ahmad <drwaqarahmad@live.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>
Date 15-10-2020 11:33 am

-
- QUESTIONNAIRE FOR NATIONAL ANTI DOPING ORGANISATION (NADO).pdf (~142 KB)

Mr. Muhammad Khalid Mahmood,
Secretary General,
Pakistan Olympic Association

Dear Sir,

Reference letter of Secretary POA Probe Committee on the above mentioned subject. Please find attached reply to the Questionnaire duly completed.

In case of any query feel free to contact the undersigned.

Profound regards,

Dr. Waqar Ahmad

Copy to:

Lt Gen (R) Syed Arif Hasan HI(M), President, Pakistan Olympic Association

From: Pakistan Olympic Association <info@nocpakistan.org>
Sent: Wednesday, October 7, 2020 7:11 PM
To: Dr. Waqar Ahmad <drwaqarahmad@live.com>
Cc: President NOC Pakistan <president@nocpakistan.org>; Pakistan Handball Federation <pakhandball@hotmail.co.uk>; National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>; Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>; Lubna Sibtain <lubnasibtain5@gmail.com>; Pakistan Swimming Federation <mwk_71@yahoo.com>; Pakistan Swimming Federation <pakswimfed@gmail.com>; Info <info@nocpakistan.org>
Subject: Fwd: Notification - Probe Committee (13th SAG - Dope Test)

Dr. Waqar Ahmad
Chairman
Anti-Doping Organization of Pakistan (ADOP / NADO)

Dear Sir,
Reference subject and reminders dated 15 September, 2020, 29 September, 2020 and 05 October, 2020.
In the interest of Pak athletes, you are again requested to ensure to send **attached** Questionnaire duly completed latest by **14 October, 2020** without fail.
In case of any query feel free to contact the undersigned.
Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.

----- Original Message -----

Subject:Fwd: Notification - Probe Committee (13th SAG - Dope Test)
Date:05-10-2020 12:27 pm
From:Pakistan Olympic Association <info@nocpakistan.org>
To:"Dr. Waqar Ahmad" <drwaqarahmad@live.com>

----- Original Message -----

Subject:Notification - Probe Committee (13th SAG - Dope Test)
Date:15-09-2020 7:20 pm
From:Pakistan Olympic Association <info@nocpakistan.org>
To:"Dr. Waqar Ahmad" <drwaqarahmad@live.com>
Cc:President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, "Dr. Meesaq Rizvi" <meesaqrizvi@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>, Pakistan Swimming Federation <pakswimfed@gmail.com>, Info <info@nocpakistan.org>

Dr. Waqar Ahmad
Chairman
Anti-Doping Organization of Pakistan (ADOP / NADO)

Subject: **Notification - Probe Committee (13th SAG - Dope Test)**

Dear Sir,
Reference subject.
In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.
In case of any query feel free to contact the undersigned.
Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842
Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.

QUESTIONNAIRE FOR NATIONAL ANTI DOPING ORGANISATION (NADO)

Question No 1. Since when NADO is in force?

Since POA is Signatory to Wada Code and Government of Pakistan ratified the International Convention against Doping in Sports and the Instrument of Ratification was signed by the President of Pakistan on 28th November, 2007. By ratifying and signing WADA Code and UNESCO Convention it is obligatory for NOC and Government to take actions according to the WADA Code.

One of the obligations is the creation of National Anti-Doping Organization (NADO). In compliance of the Code/UNESCO Convention Anti-Doping Organization of Pakistan was created in 2008. Dr. Waqar Ahmad was appointed as first and founder Chairman of Anti-Doping Organization of Pakistan (ADOP) by both POA and Government of Pakistan. Anti-doping Organization of Pakistan (ADOP) is in force since 2008.

Question No 2. What is the organization of NADO (give complete details)?

The National Anti-Doping Organization (NADO) is the National Organization responsible for promoting, coordinating, and monitoring the doping control program in sports all over the country. The National Anti-Doping Organizations (NADOs) are affiliated with the World Anti-Doping Agency (WADA). The Anti-doping Organization of Pakistan is NADO and is required for testing nation's athletes as well as running anti-doping programmes for all athletes competing at events held within the country's borders. Currently in Pakistan, Anti-doping Organization of Pakistan (ADOP) is NADO and its duties, responsibilities and salient features are to:-

- a) Protect the fundamental value of clean sport and the Olympic movements
- b) Liaise with all National Federation and Provincial Sports Boards and POA regarding anti-doping rules and policies and procedures.
- c) Prepare and publish hand book/guide in Urdu for athletes.
- d) Training of Doping Control Officers.
- e) Educational/awareness programmes particularly for national/international athletes/coaches and generally for people of Pakistan.
- f) Develop educational programmes to inform athletes and sport personnel about the risks of doping through the distribution of materials and the development and hosting of relevant courses.
- g) In and out of competition dope testing of athletes and on request of the National Sports Federations.
- h) Result management, if anti-doping violation occurs.
- i) Updates to the Sports Federations on prohibited methods and prohibited substances.

Question No 3. What is the selection criteria and authority that selects NADO members and for what duration do they hold office?

NADO members are selected by both NOC and Government mutually. If there is conflict the NOC appointed members will hold the office.

Question No 4. As per data available on NADO Website, two (2) seminars have been conducted during the years 2010 and 2011. Has NADO conducted any seminar there after? Please furnish details.

Seminars were being organized till 2018. Due to unavoidable circumstance and non-availability of funds it was stopped since then. However, lectures were delivered during training camps to athletes and coaches. Study literature in Urdu and English and updates on WADA Code and Prohibited methods is disseminated very regularly through emails with the help of POA.

Question No 5. When was last NADO Website updated?

NADO Website was updated 5 years back. Due to some technical problems and non-funding by the government it was shut down by the service provider and with a new address it was again launched in 2015 through personal savings. The present website which was available for National athletes, National Federations & people of Pakistan is once again shut down due to nonpayment.

Question No 6. How NADO is funded?

National Anti-Doping Organizations (NADOs) are Government and/or Sports movement funded organizations. ADOP was never funded by any WADA Signatory. However ADOP was supported in organizing anti-doping seminars from time to time both by POA and PSB.

Question No 7. How much funds have been released to NADO during last ten (10) years and how same have been utilized? Give year wise details.

No funds have been released to NADO during the last 10 years.

Question No 8. How much staff is available to NADO to perform its duties? Are they permanently employed? Give details of staff with date of employment.

The NADO staff is currently working on honorary basis. It has never been funded by any WADA Signatory. Following are the office bearers of ADOP:-

S. No	Name	Designation
1.	Dr. Waqar Ahmad	Chairman
2.	Dr. Syed Meesaq Hussain Rizvi	Member
3.	Brig. Dr. Muhammad Yousaf Baig	Member
4.	Dr. K. A. Pervez Rizvi	Member
5.	Major (Retd) Dr. Mrs. Lubna Sibtain	Member
6.	Dr. Javed Iqbal Batish	Member

7.	Mr. Bilal Ahmad Khan Awan	Coordinator
8.	Malik Khalid Mahmood	Senior Doping Control Officer (WADA Certified)
9.	Mr. Arif Haleem	Leading Doping Control Officer (WADA Certified)
10.	Mr. Abid Hussain	Phlebotomist (Blood Control Officer (ADOP Certified))
11.	Mr. Muhammad Jamil	Chaperone

Question No 9. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

- 1) Convincing Government of Pakistan to become compliant to international agreements i.e UNESCO Convention on Anti-Doping in Sports and Copenhagen declaration.
- 2) Provision of budget for dope testing to every National Federation according to their size and participation by Government of Pakistan.
- 3) Non Compliance of anti-doping testing/awareness programs by some National Federations according to periodic instructions of their relevant International Federation.
- 4) Non Provision of whereabouts of athletes by few National Federations for testing pool.
- 5) Selection of athletes support personnel without any basic criteria of selection is often a big hindrance in drug free sport.
- 6) Most of times no interaction/meetings between athletes and accompanied staff during events.

- 7) All the Urdu/English anti-doping material posted to National Federations through POA be provided to athletes in hard copy (especially Therapeutic Use Exemption certificate) for Compliance.
- 8) During camps it should be mandatory for every athlete to provide coach/manager a list of every medicine or supplements he is using even it is not in prohibited list of WADA.
- 9) POA should issue a policy of No Syringe usage/availability during any departmental, National/International Camp/venue or in possession/kitbag anywhere in Pakistan or out of country except those who are having a valid Therapeutic use Exemption certificate.
- 10) To curb the menace of doping in Pakistan a biannual meeting should be held among all stakeholders for their feedback to improve anti-doping measures.
- 11) A guide book of SOP's in Urdu separately for athletes, Coaches, Managers and CDM to conduct drug free National/international events.
- 12) Special awards to those athletes who retire after achieving the targeted goals with clean body throughout their carriers.
- 13) Mandatory in competition and Target testing should be conducted during National Games and National Championships.
- 14) Out of competition testing quota must be allocated every year on intelligence basis.

Question No 10. How many tests have been conducted by NADO since its inception? Please give year wise details. How many positive tests were returned and what sanctions were imposed on positive cases?

In last five years 257 dope tests were conducted and most of them were cricketers. The tests were done on the request of relevant sports federations.

Adverse Analytical Findings during last 5 years

S.No	Name of athlete	Sport	Sample Code No.	Year
1.	Mr. Muhammad Shakil	Cycling	4095621	2019
2.	Mr. Waqas Mehboob	Cycling	4095622	2019
3.	*Mr. Ahmad Shahzad	Cricket	4154865	2018
4.	Mr. Imran Butt	Cricket	4154928	2017
5.	Mr. Muhammad Shahzad Akhtar	Shooting	4099892	2017
6.	Mr. Raza Hassan	Cricket	3847396	2015

*. Mr. Muhammad Shahzad's dope test was carried out in Islamic Solidarity Games held at Azerbaijan in 2017. His urine sample was found positive having prohibited substance and the Result management was done by ADOP.

Result management was conducted on anti-doping rule violations and sanctions were imposed according to WADA code which were later shared and ratified by WADA.

Subject Re: Notification - Probe Committee (13th SAG - Dope Test)

From Pakistan Olympic Association <info@nocpakistan.org>

To Majid Waseem <mwk_71@yahoo.com>

Cc President POA <arifhasan19@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pak Handball Fed <mshafiqpahf@hotmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Meesaq Rizvi <meesaqrizvi@gmail.com>

Date 17-10-2020 11:49 am



- Badminton - Questionnaire for NSFs re Anti Doping Code.doc (~46 KB)
- Tug of War - Questionnaire for NSFs.pdf (~238 KB)
- Winter Sports Federation Pakistan - Questionnaire for NSFs Reply.docx (~24 KB)

Dear Sir,

In continuation to below emails, the Questionnaires received from **Badminton, Tug of War** and **Winter Sports Federation Pakistan** are also forwarded for perusal, please.

Best regards,

On 02-10-2020 5:26 pm, Pakistan Olympic Association wrote:

Dear Sir,

The Questionnaires received from Basketball, Karate and Table Tennis are also forwarded for perusal, please.

Best regards,

On 01-10-2020 12:42 pm, Pakistan Olympic Association wrote:

Dear Sir,

The Questionnaire received from Boxing, Rowing and Wushu are also forwarded for perusal, please.

Best regards,

On 30-09-2020 6:59 pm, Pakistan Olympic Association wrote:

Dear Sir,

Till to date and time, the following NSFs have also sent the Questionnaire which are forwarded for kind perusal:-

1. Baseball
2. Golf
3. Handball
4. Sailing
5. Squash
6. Tennis
7. Weightlifting
8. Wrestling

Best regards,

Imran

On 29-09-2020 6:28 pm, Pakistan Olympic Association wrote:

Dear Sir,

The following National Sports Federations have sent the Questionnaire duly completed which are **forwarded** for kind perusal:-

1. Athletics
2. Gymnastics

3. Hockey
4. Jujitsu
5. Rugby
6. Shooting
7. Swimming
8. Taekwondo
9. Volleyball

Rest of the NSFs have been sent reminder to provide the Questionnaire by 30 September, 2020. Similarly ADOP / NADO has also been reminded to send the same by 30 Sep, 2020.

Best regards,

Imran Ahmad Khan
Manager Games Services
Pakistan Olympic Association

On 28-09-2020 6:52 pm, Majid Waseem wrote:

Dear Mr Imran,

Please advise as to how many units have responded to the questionnaire till to date. Share same with all the Committee Members and prepare separate folder of it. Include all papers as we commenced proceedings.

Those who haven't responded, send them reminder to submit their response ASAP but no later than 30 September. Similarly if NADO has not responded then send them a reminder too.

Thanks

Major Majid Waseem (Retd)

Sent from Yahoo Mail on Android

On Tue, 15 Sep 2020 at 19:20, Pakistan Olympic Association <info@nocpakistan.org> wrote:

Dr. Waqar Ahmad
Chairman
Anti-Doping Organization of Pakistan (ADOP / NADO)

Subject: **Notification - Probe Committee (13th SAG - Dope Test)**

Dear Sir,

Reference subject.

In the light of POA Notification number POA-265-MGS-814 dated 26th August 2020 on the subject, you are requested to respond to the questionnaire **attached** with this email as early as possible but **not later than 28 September 2020**.

In case of any query feel free to contact the undersigned.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842

Copy to:

- President, Pakistan Olympic Association.
- All Committee Members.



QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA
FROM THE
PAKISTAN BADMINTON FEDERATION

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Yes, Pakistan Badminton Federation is cognizant of WADA Anti Doping Code.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

- a. **Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?**

There is no such Anti Doping system in the Federation for Random Testing as there is no funds available for the purpose. Whereas Athletes whereabouts forms are submitted through POA as and when required.

- b. **Awareness of Doping Practices in your sport?**

The Affiliated Units of the Pakistan Badminton Federation are advised and updated WADA Anti-Doping Rules and Regulations. This same is also addressed at the Federation's Coaching /Technical courses.

- c. **Knowledge about Prohibited List and methods?**

The Federation circulates the updated WADA Anti-Doping Rules and Regulations along with the list of prohibited substances as soon as the revised Anti-Doping Rules and Regulations are issued.

- d. **Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?**

Yes the Federation is very well aware of Therapeutic Use Exemption (TUE) process. In any case if an athlete required medical treatment or may have a medical issue that may require special medication that fall under the Prohibited List, it is mandatory to give a TUE Form before competition.

- e. **How ibid measures are implemented / ensured by your Federation?**

It is ensured that athletes shall not to take any medication without the advice of medical specialists of sports.

3. Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Athletes who take banned/ prohibited substances do not take into account the repercussion and after effects. With proper guidance about the negative impact of using prohibited substance can secure the future of such athletes.

4. Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Lack of funds the Federation has not conducted any drug during the last five years.

5. Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

During the Training and preparation camps, Athletes, Coaches are informed about the prohibited substance and its repercussions.

6. Question No 6. Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

No official tests are taken during national championships.

Huge funds are required to conduct doping test and it must be arranged by the Govt.

7. Question No 7. In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

The main hindrance is non conducting of test at National Level during the National Championships/ National Games/ National Trials as there is no fund available for the purpose

8. **Question No 8**. In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

-----NA-----

9. **Question No 9**. While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

-----NA-----

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

-----NA-----

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10



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PAKISTAN TOG OF WAR FEDERATION.

QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)

AFFILIATED WITH THE POA

1. Question No 1. Is your Federation fully cognizant of WADA Anti-Doping Code?

YES.

2. Question No 2. What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically:-

a. Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

From time to time the P.T.W.F do warn all their affiliated units to be ware off WADA ANTIDOPING CODE.

b. Awareness of Doping Practices in your sport?

All the athlete are given stern warning if found involved in doping. then they will come under BANE FOR FUTURE.

c. Knowledge about Prohibited List and methods?

NOT MUCH.

d. Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

No. Ignorance.

e. How ibid measures are implemented / ensured by your Federation?

So FOR NONE

3. Question No 3. In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

NO-IDEA.

4. Question No 4. Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

NO!

5. Question No 5. What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

VERBELY WARNED, Prior to competition.

Read Only - You can't save changes to this file.



PAKISTAN Fed of WARR FEDERATION

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

No.

2

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Federation is not financially strong to bear the expense.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

If financial help is offered from P.D.A. The Federation will certainly conduct.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

No Idea.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

Can't not comment.

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

We know about the involvement of three athletes. This should eye opener for coaches & Team Managers & other officials.

10. **Question No 10.** Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

NONE.

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

**QUESTIONNAIRE FOR THE NATIONAL SPORTS FEDERATIONS (NSFs)
AFFILIATED WITH THE POA**

1. **Question No 1.** Is your Federation fully cognizant of WADA Anti-Doping Code?

Answer: - Federation is cognizant with anti-doping code, furthermore will seek guidance from National Anti-doping Agency.

2. **Question No 2.** What measures have been taken by your Federation to enhance awareness level of your athletes, coaches and officials regarding WADA Anti-Doping Code? Specifically: -

(a.) Regarding Anti-Doping Control System i.e. Random Testing, Out of Competition Testing and Athletes Whereabouts System?

Answer: - Guideline document (Urdu) of POA regarding anti-doping code guide has been disseminated to all regional association, international athletes and departmental Ski associations. Furthermore, efforts are in hand to hold a seminar / training session for all coaches, international athletes and management in coordination with NDA.

(b.) Awareness of Doping Practices in your sport?

Answer: - Previously, regular Anti-doping test was not carried out, however, now onward federation is planning to conduct test of all international athletes prior to international participation.

(c) Knowledge about Prohibited List and methods?

Answer: - Revise list of prohibited medicine and methods has been disseminated to all concern

(d) Knowhow about Therapeutic Use Exemption (TUE) process? Why and how it is used?

Answer: - All the international level athletes are advices to maintain record and inform the federation immediately if the use of prohibited medicine is unavoidable due to health reasons.

(e) How ibid measures are implemented / ensured by your Federation?

Answer: - zero tolerance policy for all those who try to dodge the system and earn bad name for the country.

3. **Question No 3.** In your opinion how an athlete might obtain banned performance enhancing substances and might take measure to avoid deduction of such substances?

Answer: - Mostly athletes use the substance due to following reasons.

- a. Lack of awareness
- b. Lack of Anti-doping test prior to participation

c. Advice of non-qualified trainer.

4. **Question No 4.** Has your Federation undertaken doping test(s) during last five (5) years? If yes then furnish complete details i.e. athlete(s) name, date of conduct of test, test result and name of Anti-Doping Centre? Attach relevant documents.

Answer: - Negative, no doping test was conducted by federation in last five years. However, athletes prior to departure for international competition do undergo blood test precautionary for drug usage.

5. **Question No 5.** What Anti-Doping measures does your Federation embrace prior to participation in any International Competition?

Answer: -All international athletes undergo Dope test prior to international event especially winter Olympic games.

6. **Question No 6.** Do you conduct / undertake doping test(s) during national level competitions? In your opinion, how these tests may be conducted and finances raised?

Answer: - No, we don't undertake tests at national competitions. Random tests may be carried out during national competitions and funds for the said purpose may be arranged through sponsors and Pakistan Sports Board.

7. **Question No 7.** In your opinion what are hindrances in terms of effective drug control measures and what can be done to make stringent protocols to avoid future occurrence of doping violations?

Answer: - Lack of awareness among the athletes / coaches regarding the usage of drugs, medicine and nutrition. And lack of funds for conduct of test.

(a) Pakistan Olympic association in coordination with national doping agency may conduct seminar / training sessions for all international level athletes, coaches and management of federations regarding the usage of drugs medicine nutrition substances. This seminar should cover from the basic level to the latest procedures.

(b) All athletes prior to international participation must undergo dope tests.

(c) Lecture may be prepared by National Anti Doping Agency in coordination with POA for covering all the aspect regarding WADA roll in simply form. Furthermore this lecture may all be updated annually and forwarded to all Federation and Association to train the athletes and the trainers.

8. **Question No 8.** In your opinion what could be the possible reason(s) for breach of WADA Anti-Doping Code by your athletes in 13th SAG 2019?

9. **Question No 9.** While three (3) x athletes of AFP have been proven drug positive and banned for four (4) years. Have you considered the possibility of involvement or prior knowledge of the coach(s) and Team Manager(s) / Official(s) about the use of banned substances by the athlete(s) who have been convicted of doping violations?

10. **Question No 10**. Provide complete details (name, address, telephone number etc) of coaches who were training the banned athletes (if other than the coaches who accompanied the athletes in 13th SAG 2019)?

Note: All NSFs less AFP will respond to questions number 1 to 7. Whereas AFP will respond to questions number 1 to 10

Subject Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>
Cc President POA <arifhasan19@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pak Handball Fed <mshafiqpahf@hotmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Meesaq Rizvi <meesaqrizvi@gmail.com>, Majid Waseem <mwk_71@yahoo.com>
Date 19-10-2020 5:37 pm



Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Dear Sir,

Reference Notification number POA-265/MGS/814 dated 26 August, 2020.

Please ensure and confirm availability / presence of following individuals on **Sunday, 25 October 2020, at 11:00 a.m. (sharp) at Pakistan Olympic House, 2-Hameed Nizami (Temple) Road, Lahore** to appear before the POA Probe Committee:-

1. Qaiser Mahmood Khan, Team Leader
2. Asghar Ali Neam ul Badal Gill, Head Coach
3. Syed Fiaz Hussain Bokhari, Coach
4. Muhammad Shahid Faqeer, Coach
5. Trainer(s) who remained involved in training of athletes
6. Mehboob Ali, Athlete
7. Muhammad Naeem, Athlete
8. Sami Ullah, Athlete

Please share the mobile numbers of all above persons.

Moreover, you are also humbly requested to be present in the POA Office on **25 October, 2020 at 2 p.m. sharp.**

Thank you for your understanding and cooperation.

Kindly acknowledge safe receipt of this email.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel Mobile: +923004265255, +923215200842

Copy to:

- Lt Gen (R) Syed Arif Hasan HI(M), President, POA.
- Muhammad Khalid Mahmood, Secretary General, POA.
- All Committee Members.

Subject Re: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>
Cc President POA <arifhasan19@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pak Handball Fed <mshafiqpahf@hotmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Meesaq Rizvi <meesaqrizvi@gmail.com>, Majid Waseem <mwk_71@yahoo.com>
Date 20-10-2020 11:00 am



- Athletes Performance Chart.docx (~15 KB)

Dear Mr. Muhammad Zafar,

In continuation to below email, please find **attached** form which may be completed and returned by email **latest by Thursday, 22 October 2020**.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel Mobile: +923004265255, +923215200842

On 19-10-2020 5:37 pm, Pakistan Olympic Association wrote:

Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

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Please share the mobile numbers of all above persons.

Moreover, you are also humbly requested to be present in the POA Office on **25 October, 2020 at 2 p.m. sharp**.

Thank you for your understanding and cooperation.

Kindly acknowledge safe receipt of this email.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel Mobile: +923004265255, +923215200842

Copy to:

- Lt Gen (R) Syed Arif Hasan HI(M), President, POA.
- Muhammad Khalid Mahmood, Secretary General, POA.
- All Committee Members.

ATHLETES PERFORMANCE CHART

Name of Athlete	Events	2015		2016		2017		2018		2019	
		Competition		Competition		Competition		Competition		Competition	
		Nat	Intl	Nat	Intl	Nat	Intl	Nat	Intl	Nat	Intl
Mehboob Ali	100 M										
	200 M										
Muhammad Naeem											
Sami Ullah											

Important Notes:

1. Write each athlete event against each row i.e. 100 M, 200 M etc. Two events are filled against Mr Mehboob Ali to illustrate the point.
2. In case an athlete has participated in more than six (6) events in a year then increase number of rows accordingly.
3. Indicate National Records bettered or equaled in **Red Colour**
4. Add additional columns under each year if more competitions held in that year.
5. Form must be submitted latest by Thursday, 22 October 2020 without fail.
6. In case of any query, feel free to contact the undersigned.

Subject Re: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>
Cc President POA <arifhasan19@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pak Handball Fed <mshafiqpahf@hotmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Meesaq Rizvi <meesaqrizvi@gmail.com>, Majid Waseem <mwk_71@yahoo.com>
Date 22-10-2020 6:15 pm



- Athletes Performance Chart.docx (~15 KB)

Dear Mr. Muhammad Zafar
Secretary General AFP

Reference subject and our email dated 19 October 2020.

Confirmation of availability / presence of individuals mentioned in our trailing email is still awaited.

Moreover, you were requested to send information as per **attached** form latest by Thursday, 22 October 2020. However, same is also awaited.

Apropos of above, you are once again requested to respond at priority but **no later than 1 pm, Friday 23 October 2020**.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel Mobile: +923004265255, +923215200842

On 20-10-2020 11:00 am, Pakistan Olympic Association wrote:

Dear Mr. Muhammad Zafar,

In continuation to below email, please find **attached** form which may be completed and returned by email **latest by Thursday, 22 October 2020**.

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Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel Mobile: +923004265255, +923215200842

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Mr. Muhammad Zafar

Secretary General

Athletics Federation of Pakistan

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6. Mehboob Ali, Athlete
7. Muhammad Naeem, Athlete
8. Sami Ullah, Athlete

Please share the mobile numbers of all above persons.

Moreover, you are also humbly requested to be present in the POA Office on **25 October, 2020 at 2 p.m. sharp.**

Thank you for your understanding and cooperation.

Kindly acknowledge safe receipt of this email.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel Mobile: +923004265255, +923215200842

Copy to:

- Lt Gen (R) Syed Arif Hasan HI(M), President, POA.
- Muhammad Khalid Mahmood, Secretary General, POA.
- All Committee Members.

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		Competition		Competition		Competition		Competition		Competition	
		Nat	Intl	Nat	Intl	Nat	Intl	Nat	Intl	Nat	Intl
Mehboob Ali	100 M										
	200 M										
Muhammad Naeem											
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Important Notes:

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3. Indicate National Records bettered or equaled in **Red Colour**
4. Add additional columns under each year if more competitions held in that year.
5. Form must be submitted latest by Thursday, 22 October 2020 without fail.
6. In case of any query, feel free to contact the undersigned.

Subject Fwd: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Pakistan Handball Federation <pakhandball@hotmail.co.uk>
Cc Info <info@nocpakistan.org>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Dr. Meesaq Rizvi <meesaqrizvi@gmail.com>, Pakistan Swimming Federation <mwk_71@yahoo.com>
Date 24-10-2020 11:57 am



-
- Letter to Maj Majid..pdf (~147 KB)

Mr. Muhammad Shafiq
Chairman
POA Probe Committee

Dear Sir,

Email received from Athletics Federation of Pakistan today on **Saturday 24 October, 2020 at 11:25 am** is forwarded herewith for your information and further necessary advice.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP
Secretary POA Probe Committee
Tel: +92-300-4265255, +92-321-5200842

----- Original Message -----

Subject:Notification - Probe Committee (13th SAG - Dope Test)
Date:24-10-2020 11:25 am
From:PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To:Pakistan Olympic Association <info@nocpakistan.org>, Pakistan Swimming Federation <mwk_71@yahoo.com>
Cc:'Makram sahi' <sahi49@gmail.com>, "Dr. Waqar Ahmad" <drwaqarahmad@live.com>, Army Sports Directorate <asdirectorate@gmail.com>, Wapda Sports Board <wapdasports@hotmail.com>

Dear Major (R) Majid Waseem,

Please find attached letter on the subject matter.

Best regards,

Muhammad Zafar
Secretary General AFP

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi,
HI(M), SI(M),



Secretary General

Muhammad Zafar

No. AFP/C -16/15/2020

Dated: 24.10.2020

Major Majid Waseem (Retd)
ICC, ICECP
Secretary POA Probe Committee

Subject: **NOTIFICATION – PROBE COMMITTEE (13TH SAG-DOPE TEST)**

Please refer to your email dated 19.10.2020 on the subject matter.

1. Athletics Federation of Pakistan (AFP) sincerely acknowledges the services of honourable members of the Probe Committee rendered for the promotion of National Sports in general and their contribution for the development of respective game in particular as office bearers of National Sports Federations. We must eradicate the menace of doping by punishing cheats and violators to the fullest extent of the law, hence, in this case we fully endorse the reprimand by the Anti-Doping Committee 13th SAGs 2019. However, we have certain reservations about the necessity of constitution of a Probe Committee notified vide No. POA-265/MGS/814 dated 26th August 2020 after the final conclusion and decision of Anti-Doping Committee of 13th South Asian Games (SAGs) 2019. The case was handled in the most befitting manner as prescribed under the WADA code which has been concluded with punishments for the guilty individuals.

2. This matter was discussed by the President AFP with you in the larger interest of our national sports. Another Member of the Committee also talked to President AFP and shared his views on the matter. This Federation extended all necessary and lawful cooperation to POA and other Organizations on receipt of the dope test results of our athletes, in the larger interest of clean sports at national / International level. We wish to highlight the following to put the record straight:-

- a. AFP being an affiliated unit of POA has always given constructive proposals for the good governance and promotion of sports activities during the POA General Council meetings. The minutes of the meetings amply vindicate our assertion. But sadly, our positive input/contribution has never been acknowledged by the POA officials (POA President & Secretary General) and continuous efforts have been made to tarnish the image of AFP and undermine its constitutional authority on one pretext or the

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi
HI(M), SI(M)



Secretary General

Muhammad Zafar

other. This sad predicament is well known to whole sports community of Pakistan that relations between AFP and POA officials are marred by mistrust and revengeful attitude. This attitude is due to the reason that President AFP contested election for the slot of President POA in 2012 and 2016. AFP is considered a rival organization by the present POA officials who are continuously undermining the credibility of AFP. Moreover, present Secretary General POA was imposed life time ban by the General Council of AFP in 2013 due to his involvement in creating a parallel Athletics Federation in Pakistan. Since then he is always biased and prejudiced about the activities of AFP. Due to his personal grudge and vendetta he tries to create opportunities to harm the management of AFP.

- b. For the sake of clarity, it is once again reiterated that Adverse Analytical Findings (AAF) in respect of 3 Pakistani athletes were received on 20.05.2020 from Chairman Anti-Doping Committee 13th SAGs 2019. In accordance to the WADA rules notices were served to the concerned athletes as per timeline given by the Committee. Our swift response and action was also appreciated by the Nepal Olympic Committee.
- c. Later on B-samples of the athletes were examined at the Doping Lab, Qatar which were also found to be positive and consequently the athletes were penalized by the Anti-Doping Committee of 13th SAGs Nepal vide notification dated 7th August 2020. This decision has already been implemented by AFP. Hence it is open and shut case and it does not warrant / justify any further probe at this stage.
- d. Any probe / investigation at this stage after the conclusion of the case by WADA authorities as per WADA rules speaks of mistrust, lack of good faith and dissatisfaction with the decision of WADA authorities by POA. All and sundry must exercise good prudence and sound judgement before challenging the decision of World Authority on the subject.

We also consider it an objectionable transgression by POA of its jurisdiction to probe/investigate the coaches and athletes of AFP. It tantamounts to undermining the constitutional authority and autonomy of AFP which we have pledged to preserve at all costs. AFP is the sole authority to investigate such matters of our athletes.

- e. It is important to mention that prior to above mentioned decision, AFP constituted a Committee vide its Notification No. AFP/A-18/2020 dated 26th May 2020 to probe the matter as per its inherent jurisdiction but on the direction of POA vide letter No. POA-108/MGS/13th SAG Dated 29th May 2020 proceedings of the committee were put on hold as the matter was being investigated by the Anti-Doping Committee 13th SAGs 2019.

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi
HI(M), SI(M)




Secretary General

Muhammad Zafar

- f. AFP has already requested the Parent Departments of the athletes (Army and WAPDA) to initiate departmental disciplinary proceedings against the 3 athletes. They have initiated the disciplinary cases against the concerned athletes and proceedings are likely to be concluded shortly. In view of the above stated reasons we see no justification for another post probe by any other Committee.
 - g. As already pointed out we have serious reservations about the need of a probe and its outcome due to our past experience and biased attitude of the POA officials. There is no precedence of any other such probe by POA previously, whereas certain sportsmen from other Federations have been found guilty and punished in the past.
3. In view of above, it is regretted to inform you that availability / presence of any individual cannot be confirmed at this stage.

Best regards,


Muhammad Zafar
Secretary General, AFP

Copy to:-

1. Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP
2. Secretary General POA
3. Dr. Waqar Ahmad, Chairman, Anti Doping Organization of Pakistan
4. Secretary Army Sports Directorate
5. WAPDA Sports Board
6. All concerned officials / athletes

Subject Fw: Notification - Probe Committee (13th SAG - Dope Test)
From Majid Waseem <mwk_71@yahoo.com>
To Pakistan Olympic Association <info@nocpakistan.org>
Cc Pakistan Handball Federation <pakhandball@hotmail.co.uk>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Meesaq Rizvi <meesaqrizvi@gmail.com>, President NOC Pakistan <president@nocpakistan.org>
Date 25-10-2020 1:31 pm



-
- Letter to Maj Majid..pdf (~151 KB)

Dear Sir,

Reference subject and trailing email received from AFP.

Please arrange to provide all previous correspondence held with AFP on the subject at priority.

Profound Regards

Major Majid Waseem (Retd), ICC, ICECP
Secretary Probe Committee
Tel Mobile: +923004265255, +923215200842
Email: mwk_71@yahoo.com

----- Forwarded Message -----

From: PAK - Athletics Federation Of Pakistan <pak@mf.worldathletics.org>
To: Pakistan Olympic Association <info@nocpakistan.org>; Pakistan Swimming Federation <mwk_71@yahoo.com>
Cc: 'Makram sahi' <sahi49@gmail.com>; Dr. Waqar Ahmad <drwaqarahmad@live.com>; Army Sports Directorate <asdirectorate@gmail.com>; Wapda Sports Board <wapdasports@hotmail.com>
Sent: Saturday, October 24, 2020, 11:25:24 AM GMT+5
Subject: Notification - Probe Committee (13th SAG - Dope Test)

Dear Major (R) Majid Waseem,

Please find attached letter on the subject matter.

Best regards,

Muhammad Zafar
Secretary General AFP

ATHLETICS FEDERATION OF PAKISTAN

Affiliated to International Association of Athletics Federations & Pakistan Olympic Association

President

Maj Gen (R) Muhammad Akram Sahi,
HI(M), SI(M),



Secretary General

Muhammad Zafar

No. AFP/C -16/15/2020

Dated: 24.10.2020

Major Majid Waseem (Retd)
ICC, ICECP
Secretary POA Probe Committee

Subject: **NOTIFICATION – PROBE COMMITTEE (13TH SAG-DOPE TEST)**

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1. Athletics Federation of Pakistan (AFP) sincerely acknowledges the services of honourable members of the Probe Committee rendered for the promotion of National Sports in general and their contribution for the development of respective game in particular as office bearers of National Sports Federations. We must eradicate the menace of doping by punishing cheats and violators to the fullest extent of the law, hence, in this case we fully endorse the reprimand by the Anti-Doping Committee 13th SAGs 2019. However, we have certain reservations about the necessity of constitution of a Probe Committee notified vide No. POA-265/MGS/814 dated 26th August 2020 after the final conclusion and decision of Anti-Doping Committee of 13th South Asian Games (SAGs) 2019. The case was handled in the most befitting manner as prescribed under the WADA code which has been concluded with punishments for the guilty individuals.

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- b. For the sake of clarity, it is once again reiterated that Adverse Analytical Findings (AAF) in respect of 3 Pakistani athletes were received on 20.05.2020 from Chairman Anti-Doping Committee 13th SAGs 2019. In accordance to the WADA rules notices were served to the concerned athletes as per timeline given by the Committee. Our swift response and action was also appreciated by the Nepal Olympic Committee.
- c. Later on B-samples of the athletes were examined at the Doping Lab, Qatar which were also found to be positive and consequently the athletes were penalized by the Anti-Doping Committee of 13th SAGs Nepal vide notification dated 7th August 2020. This decision has already been implemented by AFP. Hence it is open and shut case and it does not warrant / justify any further probe at this stage.
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HI(M), SI(M)




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Date 24-10-2020 11:25 am



-
- Letter to Maj Majid..pdf (~147 KB)

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Best regards,

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President

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HI(M), SI(M),



Secretary General

Muhammad Zafar

No. AFP/C -16/15/2020

Dated: 24.10.2020

Major Majid Waseem (Retd)
ICC, ICECP
Secretary POA Probe Committee

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- a. AFP being an affiliated unit of POA has always given constructive proposals for the good governance and promotion of sports activities during the POA General Council meetings. The minutes of the meetings amply vindicate our assertion. But sadly, our positive input/contribution has never been acknowledged by the POA officials (POA President & Secretary General) and continuous efforts have been made to tarnish the image of AFP and undermine its constitutional authority on one pretext or the

ATHLETICS FEDERATION OF PAKISTAN

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President

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HI(M), SI(M)



Secretary General

Muhammad Zafar

other. This sad predicament is well known to whole sports community of Pakistan that relations between AFP and POA officials are marred by mistrust and revengeful attitude. This attitude is due to the reason that President AFP contested election for the slot of President POA in 2012 and 2016. AFP is considered a rival organization by the present POA officials who are continuously undermining the credibility of AFP. Moreover, present Secretary General POA was imposed life time ban by the General Council of AFP in 2013 due to his involvement in creating a parallel Athletics Federation in Pakistan. Since then he is always biased and prejudiced about the activities of AFP. Due to his personal grudge and vendetta he tries to create opportunities to harm the management of AFP.

- b. For the sake of clarity, it is once again reiterated that Adverse Analytical Findings (AAF) in respect of 3 Pakistani athletes were received on 20.05.2020 from Chairman Anti-Doping Committee 13th SAGs 2019. In accordance to the WADA rules notices were served to the concerned athletes as per timeline given by the Committee. Our swift response and action was also appreciated by the Nepal Olympic Committee.
- c. Later on B-samples of the athletes were examined at the Doping Lab, Qatar which were also found to be positive and consequently the athletes were penalized by the Anti-Doping Committee of 13th SAGs Nepal vide notification dated 7th August 2020. This decision has already been implemented by AFP. Hence it is open and shut case and it does not warrant / justify any further probe at this stage.
- d. Any probe / investigation at this stage after the conclusion of the case by WADA authorities as per WADA rules speaks of mistrust, lack of good faith and dissatisfaction with the decision of WADA authorities by POA. All and sundry must exercise good prudence and sound judgement before challenging the decision of World Authority on the subject.

We also consider it an objectionable transgression by POA of its jurisdiction to probe/investigate the coaches and athletes of AFP. It tantamounts to undermining the constitutional authority and autonomy of AFP which we have pledged to preserve at all costs. AFP is the sole authority to investigate such matters of our athletes.

- e. It is important to mention that prior to above mentioned decision, AFP constituted a Committee vide its Notification No. AFP/A-18/2020 dated 26th May 2020 to probe the matter as per its inherent jurisdiction but on the direction of POA vide letter No. POA-108/MGS/13th SAG Dated 29th May 2020 proceedings of the committee were put on hold as the matter was being investigated by the Anti-Doping Committee 13th SAGs 2019.

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- f. AFP has already requested the Parent Departments of the athletes (Army and WAPDA) to initiate departmental disciplinary proceedings against the 3 athletes. They have initiated the disciplinary cases against the concerned athletes and proceedings are likely to be concluded shortly. In view of the above stated reasons we see no justification for another post probe by any other Committee.
 - g. As already pointed out we have serious reservations about the need of a probe and its outcome due to our past experience and biased attitude of the POA officials. There is no precedence of any other such probe by POA previously, whereas certain sportsmen from other Federations have been found guilty and punished in the past.
3. In view of above, it is regretted to inform you that availability / presence of any individual cannot be confirmed at this stage.

Best regards,


Muhammad Zafar
Secretary General, AFP

Copy to:-

1. Maj Gen (R) Muhammad Akram Sahi, HI(M), SI(M), President AFP
2. Secretary General POA
3. Dr. Waqar Ahmad, Chairman, Anti Doping Organization of Pakistan
4. Secretary Army Sports Directorate
5. WAPDA Sports Board
6. All concerned officials / athletes



Subject Re: Notification - Probe Committee (13th SAG - Dope Test)
From Pakistan Olympic Association <info@nocpakistan.org>
To Athletics Federation of Pakistan <pak@mf.worldathletics.org>
Cc President POA <arifhasan19@gmail.com>, President NOC Pakistan <president@nocpakistan.org>, Pakistan Handball Federation <pakhandball@hotmail.co.uk>, Pak Handball Fed <mshafiqpahf@hotmail.com>, National Rifle Association of Pakistan - NRAP <nrapakistan@gmail.com>, Lubna Sibtain <lubnasibtain5@gmail.com>, Meesaq Rizvi <meesaqrizvi@gmail.com>, Majid Waseem <mwk_71@yahoo.com>
Date 20-10-2020 11:00 am

- Athletes Performance Chart.docx (~15 KB)

Dear Mr. Muhammad Zafar,

In continuation to below email, please find **attached** form which may be completed and returned by email **latest by Thursday, 22 October 2020**.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel Mobile: +923004265255, +923215200842

On 19-10-2020 5:37 pm, Pakistan Olympic Association wrote:

Mr. Muhammad Zafar
Secretary General
Athletics Federation of Pakistan

Dear Sir,

Reference Notification number POA-265/MGS/814 dated 26 August, 2020.

Please ensure and confirm availability / presence of following individuals on **Sunday, 25 October 2020, at 11:00 a.m. (sharp) at Pakistan Olympic House, 2-Hameed Nizami (Temple) Road, Lahore** to appear before the POA Probe Committee:-

1. Qaiser Mahmood Khan, Team Leader
2. Asghar Ali Neam ul Badal Gill, Head Coach
3. Syed Fiaz Hussain Bokhari, Coach
4. Muhammad Shahid Faqeer, Coach
5. Trainer(s) who remained involved in training of athletes
6. Mehboob Ali, Athlete
7. Muhammad Naeem, Athlete
8. Sami Ullah, Athlete

Please share the mobile numbers of all above persons.

Moreover, you are also humbly requested to be present in the POA Office on **25 October, 2020 at 2 p.m. sharp**.

Thank you for your understanding and cooperation.

Kindly acknowledge safe receipt of this email.

Profound regards,

Major Majid Waseem (Retd), ICC, ICECP

Secretary POA Probe Committee

Tel Mobile: +923004265255, +923215200842

Copy to:

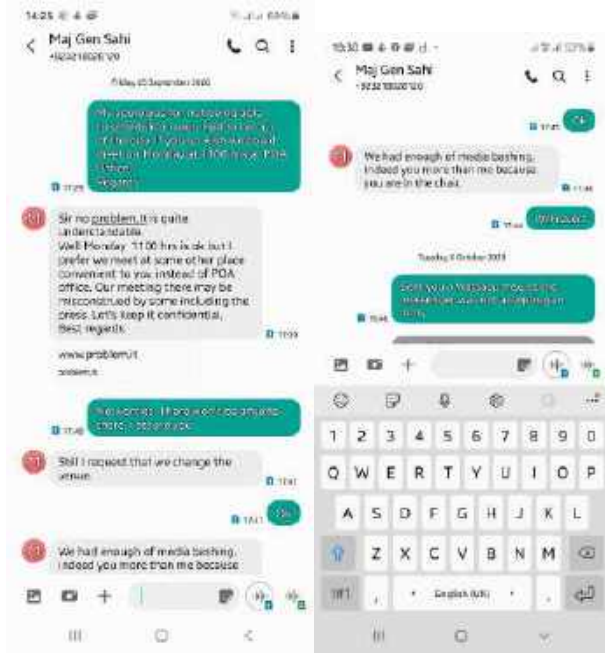
- Lt Gen (R) Syed Arif Hasan HI(M), President, POA.
- Muhammad Khalid Mahmood, Secretary General, POA.
- All Committee Members.

ATHLETES PERFORMANCE CHART

Name of Athlete	Events	2015		2016		2017		2018		2019	
		Competition		Competition		Competition		Competition		Competition	
		Nat	Intl	Nat	Intl	Nat	Intl	Nat	Intl	Nat	Intl
Mehboob Ali	100 M										
	200 M										
Muhammad Naeem											
Sami Ullah											

Important Notes:

1. Write each athlete event against each row i.e. 100 M, 200 M etc. Two events are filled against Mr Mehboob Ali to illustrate the point.
2. In case an athlete has participated in more than six (6) events in a year then increase number of rows accordingly.
3. Indicate National Records bettered or equaled in **Red Colour**
4. Add additional columns under each year if more competitions held in that year.
5. Form must be submitted latest by Thursday, 22 October 2020 without fail.
6. In case of any query, feel free to contact the undersigned.



Subject Fwd: Adverse Analytical Findings of three athletes during South Asian Games Nepal.
From Waqar Ahmad <drwaqar_psb@yahoo.com>
To Nocpakistan Info <info@nocpakistan.org>
Date 15-09-2020 9:49 pm



Confidential

The Secretary General
Pakistan Olympic Association

Please refer to antidoping rules of ADOP(2015) article 12.3 & 12.3.2. Which are reproduced as under.

12.3 ADOP may elect to request the National Olympic Committee of Pakistan to take additional disciplinary action against National Federations with respect to recognition, the eligibility of its officials and Athletes to participate in International Events and fines based on the following:

12.3.2 More than one Athlete or other Person from a National Federation commits an Anti-Doping Rule violation during an International Event.

Since that POA is already conducting an inquiry on subject matter. POA is requested to proceed the inquiry considering article 12.3 and 12.3.2.

The outcome and recommendations may be shared with ADOP.

Dr. Waqar Ahmad
Chairman ADOP